

THE CRITIC

Serving the student voice of Lyndon State College
www.lyndonstatecritic.com

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Lyndonville, Vt.

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What's Inside?

Douglas
proposes
possible merger
of UVM with
VSC

Women's
basketball hits
a speed bump

New building
shaping up

Get for ward,
and sta y for-
ward e ditorial

WWLR's
budget frozen

Skiing on
the
Kingdom
Trails

Frisbee golf course to be expanded

6:06:49

New building reactions

It's kind of hard not to notice the partially completed structure out in front of Vail Hall. LSC decided to un-squish certain departments on campus. Critic reporters interviewed LSC students about the building, which opens in September 2009.

~By Krystal Csiki~

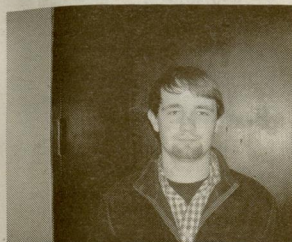


Photo by Sam Monroe.

"The new building is going to be great. Everybody benefits, not just only the meteorology and business departments. Some of the updates we're getting are long overdue, and I'm excited to be able to take advantage of them in the fall."

Andrew Chapin
Sophomore
Business

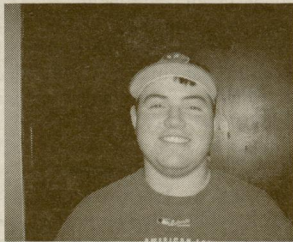


Photo by Sam Monroe.

"It's great that LSC is expanding; however, with the economic hardships the college is facing it may not have been the right time."

Sullivan Brown
Sophomore
Meteorology



Photo by Steve Cormier.

"The new building doesn't affect me at all because I don't have any classes in there."

Michael Lang
Junior
Television studies

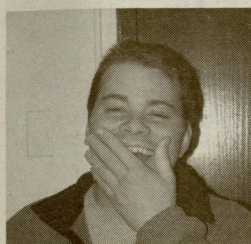


Photo by Steve Cormier.

"One thing I don't like is what the building did. Look at the number of parking spaces it took. If you're talking about increasing the number of students how are they going to cope?"

Brian Howe
Junior
Broadcast journalism



Photo by Krystal Csiki.

"It's a good thing but it's at a bad time and bad planning. Because of the economy and we [the students] have to pay an extra three hundred a semester because they [the school] didn't financially plan for it."

But "the building is something we need. We need something".
Hannah Richardson
Junior
Psychology/Human Services

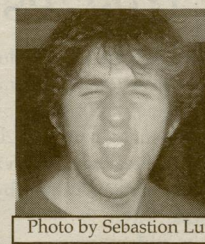


Photo by Sebastian Lury.

"It's a good, good, good thing. I'm happy about it. There's more room for shit."

Stephen Boucher
Freshman
Music business and industry



Photo by Aimee Lawton.

"The new building doesn't really affect me, but I am okay with it being put up. It's nice to see the campus expand and the departments being more spread out and separated from each other."

Mandy Berecz
Freshman
Early Education



Photo by Krystal Csiki.

"None of my classes are going to be over there, but I think it is good to separate the Graphic Design from the Meteorology. Right now they are cramped together."
(About the planned student center): "I hope that they add more, like a foosball or pool table. Maybe be open twenty-four/seven. Maybe even computers."

Kara Tomlinson
Freshman
Graphic Design

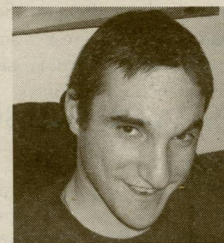


Photo by Aimee Lawton.

"I think the new building is a great addition because it makes the campus bigger. Some classes are too cramped and some classrooms are too small. This will allow classes and departments to be more spread out, and will prevent some classes from having to run so late. It will be more convenient for both students and professors."

Jon Maciel
Senior
CIS/Meteorology/Peer Math

Student government dispenses dole during discussion

Steve Cormier
Critic Staff

More than \$13,000 was dispersed from the Student Government Association's general fund on Wednesday night.

In what appeared to be a bonanza of causes three Lyndon State College clubs, the SGA executive board and the Department of Student Life each got their fund requests approved for their share of the \$13,287.70 doled out in all.

The Department of Student Life was allocated \$5,795 to extend the frisbee golf course by 9

holes and up onto President's Hill while the Critic was given \$5,340 to send a number of its staff to New York City in March for a journalism conference.

"I think it's been a great addition to the community," Jonathan Davis, director of student life, told SGA while successfully lobbying for the frisbee golf course expansion. "We're looking to bring a professional tournament here in August."

Ben Holbrook, Critic editor and club representative, justified his successful call for club funds by explaining how the trip to New York will help both journalists and the paper.

"The experience will allow newer staff to continue on after people graduate and leave," Holbrook said.

The SGA executive board received \$456.70 for a membership with the American Student Government Association and a document scanner which Tim Cappalli, SGA vice president, said would scan and convert documents into digital files in an attempt to go green.

The American Woman in Radio and Television club received \$996 to pay registration fees to attend a media forum while the Jiu Jitsu club was issued \$700 to bring Roy Harris, the cre-

ator of their association, to LSC to meet with their club.

The money distributed from the SGA general fund consists of money left over from the student activities fee following the process of LSC clubs budgeting for the year.

WWLR also came before the SGA to get the radio station's constitution passed which expired last semester after they did not get their club's paperwork in on time.

Despite the Outing Club's representative Brian Wilcock protesting that it was hard to forgive WWLR after they "messed up four or five times" their constitution was reinstated overwhelm-

ingly.

Wednesday night also found the SGA club representatives filling three vacancies among the ranks of the elected representatives.

Sean Fitzgerald, Chris Shadrock and Stephan Gingras all took their seats with no debate and overwhelming support. Fitzgerald will represent the first year class, Shadrock the third year class and Gingras the non-traditional students.

At the very end of the meeting the SGA approved the Lyndon State Republicans request to become a club.

New building shaping up

Despite the cold, progress is still moving forward on the new building in front of Vail

Krystal Csiki
Special to The Critic

In the early morning hours while LSC students lie warm in their beds, the members of the HP Cummings construction crew don hard hats to protect their heads.

I really wanted to know how they can stand working on the academic center in frigid temperatures that keep so many of us inside.

I learned the answer to my question plus much more from Tony Unica, superintendent of the project.

On an average work day, he arrives on campus before 6 a.m. and spends 12 or 13 hours overseeing the crew, who usually work from 10 to 11 hours a day – all outdoors with limited heat.

Only once since the project started has the crew not worked and that was a day it was about 30 below zero outside.

As for working in the extremely cold temperatures, "your body is pretty remarkable," says Unica, who worked outdoors for 20 years. "It adapts after so long."

I was curious about illness and how often the crew members are sick from being in the cold.

"It's really not the cold, it's the rapid changes in temperature that make us sick," Unica says. "We stay pretty healthy due to the fact that

there's not much drinking and smoking among the men, and working outdoors there is more air flow."

The crew members are outfitted with the right gear as well: Carhartt coats, jumpsuits, sweatshirts, gloves, thermals and boots.

Right now there are about 25 crew members working on the project. In about a month this number should triple. Right now they are only using certain divisions, or people with specific job qualifications. According to Unica, "there are 16 different divisions ranging from carpentry [Division 6] to electrical [Division 16], with many divisions overlapping."

After the interview, I was given a tour of the inside of the new building. Placing the hard hat on my head, I followed Unica through a makeshift door on the side into what will soon become the new student center. It is a little smaller than the Rita Bole Gym with ceilings just as high.

From there we entered the first floor area that will either be offices or classrooms. Right now the crew is putting up tracks that will soon hold walls in place.

We then climbed up the biggest and scariest ladder that I have ever seen to the second floor. Halfway up I stopped because I was shaking so badly. A crew member

held the ladder steady for me.

The second floor resembles the first except that it has a deck attached to it, which will be the observation deck used by the meteorology students. We then ventured onward and upward, another scary ladder, to the third floor, to the same view but now overlooking the observation deck.

After climbing back down and arriving safely on the ground, I was invited to come back next month when there are more divisions working.



Photo by Krystal Csiki

Crews continue work on the new academic building. Classes are scheduled in the building for the fall 2009 semester.

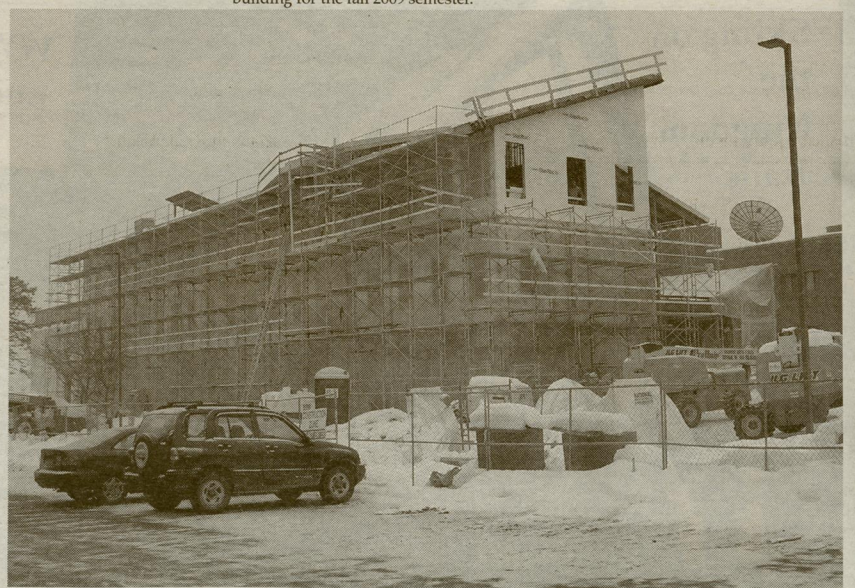


Photo by Krystal Csiki

Work crews have only missed one day this winter when temperatures were 30 below zero.

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The Critic has a new website. Go to www.lyndonstate-critic.com and tell us what you think!

Douglas proposes possible merger of UVM and VSC

Steve Cormier
Critic Staff

If the Governor of Vermont was to get his way students at Lyndon State College would have the same opportunities and resources as students at the University of Vermont.

During his January 8 inaugural address Vermont Governor James Douglas proposed a merger of UVM and the Vermont State College system, which includes LSC.

Douglas wants to create a task force to look at the possible creation of a "single organization" as the "final step" to reinvigorating the higher education system in Vermont.

"This marriage of resources – from infrastructure to administration, programs to athletics – will allow each college the freedom and flexibility to better focus on targeted academics offering the very best to each student," Douglas said.

In an e-mail LSC President Carol Moore said that it could be "valuable to go through the exercise" of seeing what might work but she has doubts.

"I believe such a merger would be detrimental to Lyndon as the University would overshadow what we do here," Moore said.

Wayne Hamilton, dean of administration at LSC, pointed out that there is a fundamental

difference between what UVM and the VSC schools focus on.

"UVM has a large research, graduate and professional school component, while the focus of the VSC is on undergraduate education," Hamilton said in an e-mail.

Both the President of UVM, Dan Fogel, and the Chancellor of the VSC, Robert Clarke, acknowledged the separate focuses. Fogel wonders how the differing missions could be brought together under a merged system and Clarke spoke of the reality of two separate institutions with "very different missions."

When asked about what potential faculty benefits that could result from a merger

math professor James Boze-man, chairman of the Faculty Assembly at LSC, would only say that "on first blush it doesn't sound too feasible" though he did say in an e-mail that he has expressed interest in serving on the governor's task force.

In terms of finances Hamilton said that it is unclear when looking at administrative and personnel costs if any substantial savings would occur. He was more optimistic concerning other areas.

"There may be potential for savings if the institutions were able to collaborate on the acquisition and use of certain services," Hamilton said. "Information technology and

telecommunications might be examples, but these types of consolidations would take years to implement."

The working task force Douglas wants to create to look into the merger will report back to him on November 15 of this year with their recommendations.

The Vermont State College system is composed of the Castleton, Johnson and Lyndon state colleges, the Vermont Technical College and the Community College of Vermont. The University of Vermont's central campus is located in Burlington.

SGA freezes WWLR's budget during first meeting

Ben Holbrook
Critic Editor

SGA's first meeting coming back from the break ended on a sour note as one of LSC's most prominent clubs, WWLR, had its budget frozen for the remainder of the year.

Despite repeated warnings from SGA's executive board and numerous opportunities to file the necessary paperwork to retain club standing, WWLR failed to comply and as a result, their budget was frozen for the rest of the year. WWLR has also

lost the right to vote during meetings and will be unable to request a budget for the 2009-2010 school year until their revised constitution is approved by the house.

WWLR's house representative failed to show up to Wednesday night's meeting.

A new club, Lyndon Emergency Responders, was officially recognized as a club during Wednesday's meeting. The purpose of the club is to get people more involved in being emergency responders, and the club will use their skills to help improve the

quality of people's lives on campus as stated in their constitution. The Lyndon Emergency Responders also requested and received \$50 to begin advertising their club.

The Twilight Players requested and received \$1000 to pay for a musical director for their spring performance of All Shook Up. The musical director had yet to be named as of Wednesday's meeting.

The SGA executive board requested and was approved for a total of \$400 to pay for their American Student Government Association annual

membership and to pay for supplies purchased through the bookstore.

Stephanie Tyler, adviser to the SGA, requested and received an additional \$2000 to pay for an increased cost in plane tickets after a filing problem in the business office resulted in Tyler being unable to purchase the tickets at the original cost.

As always, students are welcome to attend SGA meetings to voice any concerns or to have any questions answered.

Editor's Note:

As part of the regulations for any clubs on campus, I am required to attend all SGA meetings as the house representative for The Critic. As a result, reporting on any SGA business can be a conflict of interest. In an effort to remain as objective as possible, I have only reported on events as they occurred without any outside influence from other club representatives or the SGA executive board.

Mass web-based notification system employed at LSC

Josiah Stewart
Critic Staff

Lyndon State College has recently seen the installation of a web-based, mass notification system called e2Campus alert system.

"e2Campus alert system is a program that the school purchased, and during an emergency response to an event on campus, it gives us the opportunity to send out a blast message to anyone that signed up for this program," George Hacking, Director of Public Safety, said.

This new program is free to any of the students on campus who want to use it, as well as being available to faculty and staff, "and I believe to family members as well," Hacking said.

The alert system works through a network that allows Hacking and certain other designated personnel to send out a mass email, or text message alert notifying students, faculty and anyone else who has signed up for the program of any emergency situations that may occur.

"We could eventually

have LED Signage around the campus that could flash an emergency message, but that is an expense. Right now we are using what we can," Hacking said.

LSC has had programs in place before, but decided to switch over to a new system, "Last year we had Cleartext, which was another company who sold their business to someone else, so at that time we reevaluated the program and we went with e2Campus at the start of the school year," Hacking said.

Hacking believes that the

impact that a system like this will have on Lyndon State College's well being is "huge."

Hacking also used the examples of the tragic events that occurred on April 16, 2007, and more recently, the murder of a student that took place on the campus of Virginia Polytechnic Institute and State University (Virginia Tech) in Blacksburg, Virginia. "The best example that you have is Virginia Tech, and the tragedy that happened there a couple of years ago, and one of the big complaints was that

people didn't know what was happening on campus. Now they just had a second tragic event, and within seconds, thirty thousand messages were sent out through their early warning system," Hacking said, "People want to know what is going on."

Hacking encourages students to check out the public safety web-page, as well as their face book page, where students can follow a link that will allow them to sign up for the early warning program.

Oops...

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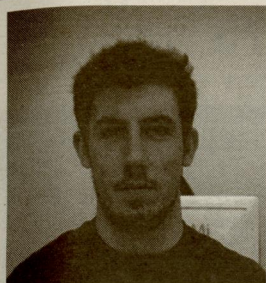
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David Rossignol
Critic Staff

Ask someone who skis why they do it, and they are most likely to tell you that it's about the thrill you get when you make that first run, or stick that landing, or... Skiing is many things to many people, and there

are a number of reasons that make skiing one of the most exciting sports worldwide, yet to someone who has never tried it an obvious question remains. What makes the people who do it come back to it time and time again? If it were all for the exhilaration, the people who do it may have found a different place to be other than in the cold. I think that skiing is more than just feeling. Skiing will give back to you what you put into it, making the excitement the proverbial cherry on top. I

have been a ski instructor for nearly two years now and the most important thing that I can offer is just that, a chance for you to gain knowledge about the sport so that you might use it to enjoy it, and to be able to continue to grow with it.

First and foremost, get forward and stay forward. I can think of nothing more important than this. What this means is to bend your ankles and knees so that your upper body is standing tall over the toes of your boots. There should be

an expected pressure on your shins from the boots when this is done correctly. The technical name for this is an athletic stance. If at any time, when you are skiing of course, you do not feel that pressure on your shins, then you are not as forward as you should be, and you will have some trouble learning any other technique performed in skiing. If you are having difficulty performing this, do not be discouraged, even the professionals get in "the back seat" from time to time. The primary reason

that this is an issue is when we think something is dangerous, ie: a big hill, we tend to hold back, and this of course is translated into leaning back with our bodies. So it is inevitable that we are going to face the challenge of big hills because after all, skiing is a gravity sport. What you can do to gain the confidence you need for this is to practice on the smaller stuff. Always remember, if you can do it slow, you can do it fast.



Ben Holbrook
Critic Editor

The one unifying factor among all the clubs at LSC is the issue of money and how there never seems to be enough of it to go around. Despite the efforts to divide money among the clubs in a fair and equal manner, there is

still an obvious pecking order as to how much each club will get.

You can always make the argument that the bigger your club is, the more money you should receive since you cater to a larger group of the student body. However, there is an obvious flaw in that logic in the sense that it doesn't matter how many people you have in your club, it only matters what you do with those people. Now in terms of money, The Critic ranks in the top eight clubs with the largest budgets, out of 23 clubs who requested budgets for the 08-09 year,

which then deserves the question, what am I complaining about?

Whether it is done intentionally, or it is done subconsciously, we place a value on every club by determining how much money they should receive. There is an obvious discrepancy when some clubs receive upwards of \$11,462.43 (AMS) while others receive \$167.64 (RPC). It never ceases to amaze me that some of the clubs on the lower end of the budget spectrum won't push for a bigger piece of the pie.

The Critic holds a unique position among all the other clubs because it functions as both a class and a club. However, as a class we don't receive any funding through the

school and rely entirely on SGA to acquire the necessary funds to operate. The problems arise when The Critic reports on SGA meetings where I, as the editor, take an active role as the house representative. Being the representative for The Critic, and reporting on the meetings becomes a serious conflict of interests as I am reporting on a group I am personally involved in. The obvious solution is to find a reporter to come to the meetings but the problem still isn't solved as my club is reporting on a organization from which we get our funding.

This problem begs the question should a club wholly dedicated to serving the student body be a servant to the

whims of other clubs? How can The Critic continue to report all the latest campus news when all it would take to see a cut in our budget is to ruffle some feathers? To remain objective The Critic must remain an independent news source and that can never happen as long as The Critic remains tied to the SGA. The Critic should receive direct funding through the school or from an outside source other than the SGA. Newspapers should not have to weigh the consequences of running a story due to the fact that their budget could be potentially cut only because someone took offense.

The Critic answers to only one master, the truth.

Letter to the Editor; Student Speaks Out

Each week, as I am walking through the corridors of LSC, I pick up a copy of the week's Critic. I browse the 'Campus News' section, seeing what sort of non-event the Critic staff is trying to turn into a controversy. I Peruse the 'Features' section to see what LSC is doing wrong with budgeting this week according to the Critic staff, browse through the 'Opinions' section and finally finish up by reading about the week's sports highlights. This has been a pretty regular occurrence for me for the four and half years I have attended LSC; all the while ignoring the rampant misspelling of words, grammatical errors, and overall poor fluidity of the writing.

These observations aside, I am writing in reference to the 'Opinions' section this semester (Fall 2008). I found myself almost infuriated after reading the weekly editorials written by the managing editor. I have yet to read a single positive thing about LSC in this section. I do understand that this is the

opinion section, and yes everyone is entitled to their opinion, however it gets to the point of redundancy. Every week this student is complaining about one Lyndon policy/procedure or another. Apparently this student is not pleased with their Lyndon experience: so leave.

Admittedly, there are plenty of things that I have not been entirely satisfied with about my education, but like most things in life, it is what you make of it. If you sit around and complain about the drinking policy, grading policy, or the procedures to having art work displayed on campus - then you're completely right. I bet college has not been a very pleasurable experience for you. However for those of us who have gone out and made college what we wanted it, Lyndon has been pretty great. I have met amazing people, great professors and administrators that really care about their jobs and their students - if they didn't, they surely wouldn't be teaching or

working at an institution like Lyndon who grossly underpays the faculty compared to other schools.

In closing, there are a lot of things that could be improved with LSC, starting with the managing editor's attitude. If you do not like the way the school does things you pretty much have two choices: leave, or do something about it. I can't help but wonder how many clubs and committees this individual is involved with that make changes and improvements to the school. Perhaps that space in the paper could be used to highlight something positive in our academic community. I can say with great certainty that the Critic is not serving my student voice here at Lyndon State, and I hope that all of the faculty and administration does not feel as though this is an accurate depiction of the way the majority of the student population feels.

Marie Beland

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

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The Kingdom Trails Cross-Country Experience



A group of skiers on Darling Ridge skiing in new snow on a cold day.

Photo by: Norman Johnson

Norman Johnson Critic Staff

With all this snow outside, it's easy to feel a little snow-bound, especially if you need to get out and work off the accumulated holiday blubber.

Kingdom Trails cross-country trail system, maintained by the casual East Burke non-profit organization, during winter months, December 15-April 1, is a well-kept secret.

"We groom about 20 km. of trails on Darling Ridge," said David Dwyer, retired Lyndon Institute cross-country coach, volunteer Kingdom Trails groomer and PR man. "The rest are on Burke Mountain." Kingdom Trails maintains a total of about 55 km. through the winter cross-country ski season.

Whether you know how to cross-country ski, or you're just a hacker, isn't important, Dwyer says—take a friend or your dog and go snowshoeing. The main thing is that you're out there.

"I got a call from somebody," Dwyer said. "He said, 'Hey, I need a ski lesson.' I said, 'I don't charge any money.' He said, 'That's even better. I weigh 300 pounds, I'm way, way out of shape and I'm 60 years old. I gotta do something.' So I gave him a lesson. I thought, 'I'll never see this guy again.' I've seen him up here five times."

A lot of people can't afford downhill skiing, or afford the time. Some people don't think they get a good enough workout.

Relative to downhill skiing, a good cross-country ex-

The main thing is that you're out there.

perience is pretty inexpensive. Kingdom Trails charges \$10 per time. For \$100 you can buy a single-user pass that allows you to use their trail system summer and winter. A family summer and winter pass will put you out \$150.

"We don't even break even," Dwyer said of their winter operations. "By the time we pay for the equipment, drag the trails, and pay for gasoline, we don't even come close."

Kingdom Trails makes up the difference when the snow's gone and mountain bikers from around the U.S. and Canada come in droves to ride the 150 km. of summer trails.

From LSC, the closest cross-country Kingdom Trails access is at the Vermont Children's Theater, north of the

Wildflower Inn on Darling Hill Rd. in Lyndonville, with a plowed parking lot, a porta potty, and a self-service pay station.

The other trailhead is at Dashney House in East Burke on the way to the ski area has returned to the Kingdom Trails trail system after 8-9 years of private ownership.



Vermont Children's Theater trailhead on Darling Hill Rd.

Photo by: Norman Johnson



The beauty of groomed-trail tree skiing. Photos by: Norman Johnson

Pizza Man arrives

The pepperoni, the cheese, and the pizzeria

Kriston Hall
Special to The Critic

There's a new man in town, The Pizza Man. Shane Switser is the man with a plan who's running the new pizzeria in Lyndonville. The Pizza Man has been open for about a month, but Switser said that renovations for the space started in the

fall and that he was involved with just about all the work. The building has good open dining space with plenty of room near the door/counter. They also have a bar style counter with a big flat screen TV to occupy you while you wait. Switser said, "It's a tough economic time to start a small business," but he has received about 150 applications so far.

There are six LSC students, of the 20 total currently employed at the pizza place. The big draw to LSC students is the on campus delivery. He said deliveries have been going to the school quite regularly. The food is just right for the college minded stomach too, with specialties like BBQ and Buffalo Chicken pizza and a lunch special with two

slices and a soda for \$4.99. On the regular menu there's a wide assortment of Italian-American and deli favorites, like calzones, subs, a whopping 18-inch pizza and tons of other stuff. The restaurant is open 11-9 Mon-Tues, 11-10 Thurs-Sat and 12-9 on Sunday. Located on 663 Broad St. (802) 626 4766.

Professor by day,
DJ on Thursdays

Emily Curtis
Entertainment Editor

During the day, Paul Searls is a mild-mannered social science professor, but once a week, he has been the radio DJ featuring groups heard no where else. From 4 to 6 p.m. on Thursdays, Searls has played music he finds on music blogs such as Skatterbrain, Take The Pills, You Ain't No Picasso, and Hits In The Car just to name a few. He uses the site HypeM.com (Hype Machine) to find links to the sites. He checks some on a regular basis, others not as often. He downloads the songs, stores them on iTunes and features them on his show. Searls says he can get

three to four hours of music when he looks. Some of his favorite bands that he features are Manhattan Loves Suicides, Minisnap, Vivian Girls, The Pain of Being Pure at Heart, and Moscow Olympics. He describes them as "incredibly amazing bands." When asked about his show, he said that he doesn't do it to be noticed, but as a love of music. He hopes to turn the station around by featuring music that no other station is broadcasting. Only a college radio station can give him the freedom to broadcast what he wants. Searls is not looking for a mass of listeners with his selection, only that his music will "oppose no one as to appeal to anyone." If it only appeals to a few people, that is all he could ask for.

Movie Review

"The Wrestler"

Nate Carter
Special to The Critic

Anyone who knows me knows that I am a huge professional wrestling fan, so it might seem that this review is a little biased. However, in an honest and unbiased opinion, "The Wrestler" is nothing less than a fantastic movie. "The Wrestler" is a riches to rags tale of Randy "The Ram" Robinson, a famous wrestler from the 80's whose life is crashing down around him. It's 20 years later and he is broken down and works in very small independent wrestling shows on the weekends for little money and works at a grocery store during the week.

He lives alone and barely comes up with enough money to pay the rent. After wrestling a hardcore match in CZW (Combat Zone Wrestling), a wrestling promotion known for its brutal matches filled with violence and weapons, he suffers heart failure and is told if he wrestles again, he will die of a heart attack from the amount of stress that will be placed on his heart. The rest of the film follows The Ram as he tries to live a normal life while battling his inner demons. As this is a movie about someone in the wrestling profession the unfortunate and nasty world of the sport is seen as well. Cutting their foreheads to bleed, using painkillers and steroids are just

some of things that you will see. Mickey Rourke as "The Ram" is the star of the movie as his acting is phenomenal and is the reason to watch the movie alone. The movie is beautifully directed even if you absolutely despise professional wrestling; The Wrestler is a film that anyone can enjoy because it's not about wrestling but is a beautiful story of a broken down man trying to get his life back on track and his attempt to achieve what he once had. The Wrestler is a great and enjoyable movie with an amazing story that anyone who is a wrestling fan or not will be able to enjoy. I would give it a 4/5.

What to do?

Movies

Catamount Theater

Cinema 1: Milk
Cinema 2: Flow
Showtimes: 7 p.m. nightly; Saturdays: 1:30 p.m., 7 p.m., & 9 p.m.; Wednesday matinees: 4 p.m.
Free to students with LSC ID
Location: 115 Eastern Ave., Johnsbury (802) 748-2600

Star Theater
Taken (PG-13): 7:15, 9:15
He's Just Not That Into You (PG-13): 7:15, 9:20
Slumdog Millionaire (R): 7:00, 9:25

Price: \$6.50 Adults
\$4.00 Kids/Seniors and matinees be-

fore 6 p.m. on Saturday
Location: 18 Eastern Ave., St. Johnsbury (802) 748-9511

On Campus

Are You Smarter Than A 5th Grader? 9 p.m. today in the Student Center

AMS Winter Ball "Escape to the Tropics" 8 p.m. to 1 a.m. today, Bole Gym. Tickets on sale at the door. \$12 for singles, \$22 for couples

Vermont All Stars, starring Colin McCaffrey, Patti Casey, and Bob Amos 8 p.m. Saturday in the Alexander Twilight Theatre

Human Bowling, 2 p.m. Sunday on Rita Bole Hill. \$5 per person. Prizes will be awarded. 1st prize: 5 free

games. 2nd prize: 3 free games.

Lyndon State's 2nd Annual Mr. Lyndon Contest, Friday, Feb. 13. Sign up at the Student Activities Office. Last day to sign up is today.

Winter Weekend "Blast from the Past," Feb. 12-14

Eighties trivia and banner presentation, 9 p.m. Feb. 12 in the Student Center.

Snowman making contest, all day Feb. 13 on Wheelock Lawn.

Rave, 9:30 p.m. Feb. 13 in Burke Mountain Room.

Scavenger hunt, 11 a.m. Feb. 14. in the Student Center.

Ice cream eating contest, 2 p.m. Feb. 14

in the Student Center.

Closing ceremony, 2:30 p.m. Feb. 14 in the Student Center.

Off Campus

Island Pond Winter Carnival, today through Monday: snow sculptures, skating, fishing derby, sled races.

Fairbanks Museum Inventor's Fair, today at the Fairbanks Museum in St. Johnsbury.

Winter Antler Meet, today at Northwoods Stewardship Center in East Charleston.

Comedy Night at Burke Mountain, Saturday.

Full Moon Snowshoe, 6 p.m. Monday at Northwoods Stewardship Center in East Charleston.

Quote of the week:
"Being right isn't as important as being loud." -Anonymous

I do say! Word find for *true* English Majors

K	J	M	G	W	G	H	W	I	P	R	Y	C	N	Z	X	Z	Q	I	K	V	F	S	S	X	
S	Z	Z	F	D	X	V	L	I	Y	A	J	V	O	I	D	I	E	S	V	A	Q	W	K	Y	
I	T	A	D	X	N	B	M	D	W	W	J	D	C	L	B	A	G	X	L	W	Q	F	G	O	
L	P	V	V	Q	M	P	Y	H	V	T	U	D	L	V	O	T	B	X	R	N	M	V	K	T	
J	C	E	N	T	R	E	L	G	L	F	F	W	V	F	X	R	G	C	D	Z	E	T	D	B	
L	Q	S	H	W	C	F	L	A	V	O	U	R	D	X	S	R	R	W	T	Q	A	A	H	O	
I	X	A	G	Q	R	M	I	P	O	Q	R	T	T	U	O	E	W	R	S	A	V	O	U	R	
T	X	V	D	F	L	A	V	O	R	M	A	V	S	N	T	G	O	A	W	V	H	X	X	D	
E	K	O	P	L	I	L	Z	J	P	K	R	N	E	E	B	V	M	E	T	R	E	G	Q	D	
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T	M	E	X	D	E	F	E	N	S	E	L	J	M	C	E	N	T	E	R	L	A	D	F	Y	

WORD FIND

Colour	Defence	Centre	Favour	Offence
Metre	Flavour	Pretence	Litre	Savour

Can you find all of the "Stateside" equivalents?



Lucky you! Two fun pages this week! That means twice the puzzles, which makes up for no paper last week. All you Sudoku buffs are more than pleased, I'm sure, because now you have two brainteasers to last you until the 13th of the month. . .
Wait? Does that mean it will be Friday the thirteenth? I guess it does. Good thing I'm not superstitious. If I was, I'd probably think that something really bad would happen to me.

Like a monster creeping up behind me. . .
Cut it out, Pazzo.
Anyway, this glorious page is not surprisingly brought to you by the same people who created the *other* Fun Page you'll no doubt find on the final page of this fine publication.
Pazzo (John Day-Fratto) hopes you enjoy the British spellings of common words, asking you to recall in your youth being told that these spellings were "wrong." These spellings are only "incorrect" in the U.S. of A.
Overlord of Fun (Eric Downing)'s only contribution to this page was actually layout, the writing of this little box, and the quote of the week. Weak!

Sudoku Corner! Level: ???

1				8		4	9	
		3		9			6	5
	9		6					
	7	8				3		
6				3				8
3				1	4	5		6
			2				4	
	4	1		6				7
		2		5		6		

Instructions: Fill in the boxes with numbers 1-9 so that each number appears only once in each row, column, and 3x3 box. The key is to work on multiple boxes simultaneously. It's a good idea to use a pencil as erasing can be inevitable. Good luck!

Created using javasudoku under the GNU free use license. Program written by Samantha Yen

Solutions to the Sudoku Puzzles!

Page 12

1	9	3	2	9	8	4	5	7
4	5	9	6	7	3	8	1	2
8	2	7	4	5	1	3	6	9
6	7	4	3	2	5	1	9	8
5	9	1	8	6	4	7	2	3
2	3	8	9	1	7	5	4	6
9	8	5	7	4	6	2	3	1
3	1	2	5	8	9	6	7	4
7	4	6	1	3	2	9	8	5

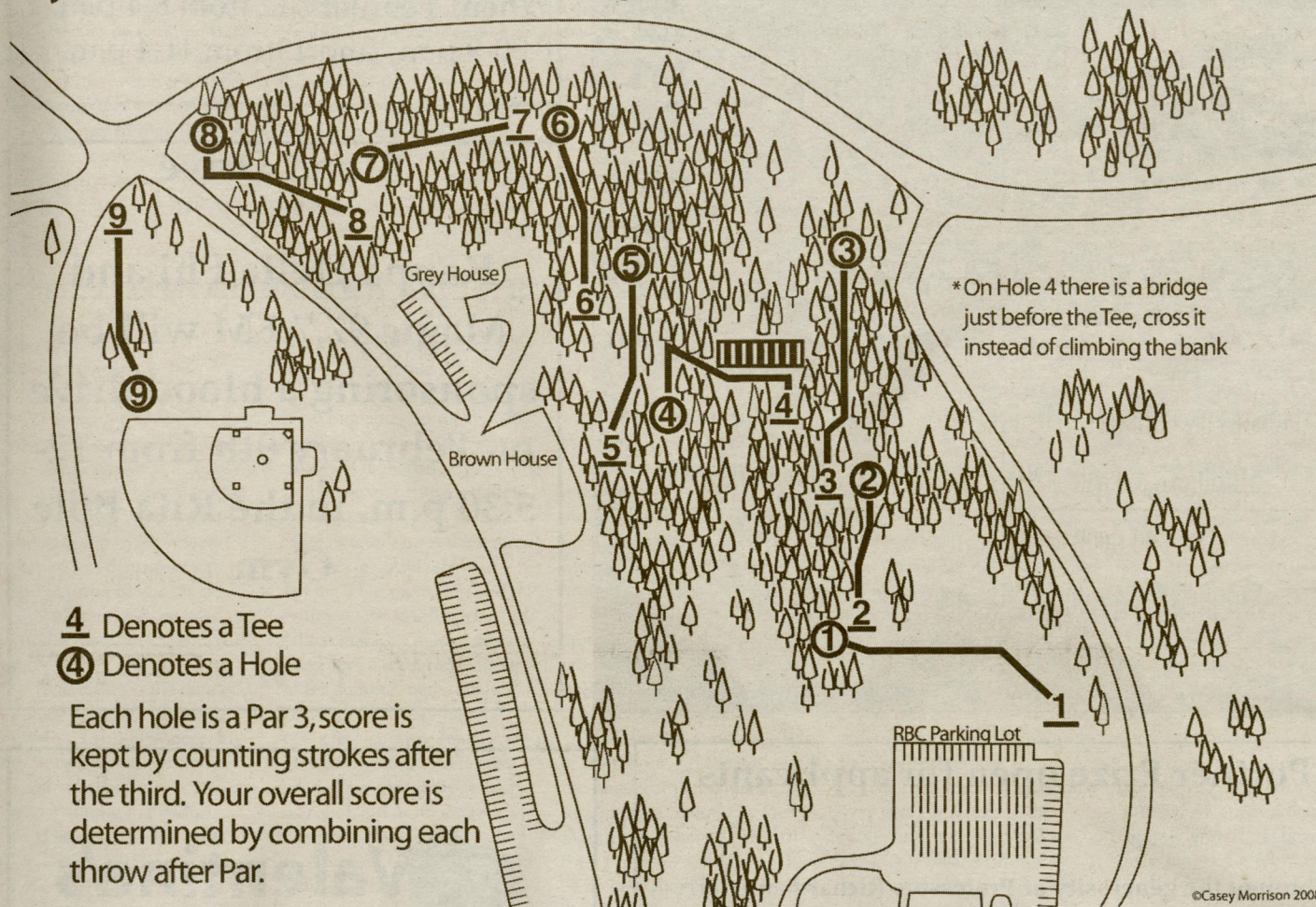
This page (don't peek!)

9	8	6	1	5	4	2	3	7
7	5	2	8	6	3	1	4	9
3	4	1	9	7	2	5	6	8
6	7	5	4	1	8	9	2	3
8	2	9	7	3	5	4	1	6
4	1	3	6	2	9	8	7	5
1	3	8	5	4	6	7	9	2
5	6	7	2	9	1	3	8	4
2	9	4	3	8	7	6	5	1

Frisbee golf course to expand to 18 holes

The frisbee golf course will be increased from the current nine holes to a full, 18 hole course which would allow LSC to host official frisbee golf tournaments

Lyndon State College Frisbee Golf Course



Above is a map that shows the expansions that will be made to the frisbee golf course. In order to be eligible to host any official frisbee golf tournaments, the course must have 18 holes.

Madison Cox
Special to the Critic

LSC now has something exciting to look forward to in the spring: a full 18-hole frisbee golf course conveniently located on campus. What is frisbee, you may be wondering? Also

known as 'disc golf', the game involves throwing Frisbees into large chained baskets instead of holes in the ground. The scoring is similar to golf, with a certain number of shots being 'par' or average, and anything below that resulting in a better score.

The decision was made at the SGA meeting on Wednesday evening to allow a nine-hole expansion of the existing course. This addition, which will cost \$5,795.00, will be finished sometime in the spring.

Jonathan Davis, who requested the additional budget

during the meeting, stated that the course will be "an asset for recreational purposes" at LSC, adding that it "doesn't impact the environment very much". The course is open to all students at any time. He even mentioned that people have recently been using the course

with snowshoes.

Adjunct faculty member Jamie Struck designed the first nine holes, and has completed designs for the addition. It currently wraps around the back of the Brown and Grey Houses, and will expand behind the tennis courts.

Tips for surviving winter at LSC

Heather Poginy
Special to The Critic

Knee-deep in snow, with no sign of a leaf for months, college students in Vermont are wondering, "Will we ever be happy again?" In the beginning of January I thought, *Perhaps this winter really is going by fast.* I was wrong. January lasted forever, didn't it? Here are some ways to survive the remaining cold, dark, dreary months:

Go tanning.

Now, I know this is against "the rules," but everyone needs a little Vita-

min D. When the sunshine is sparse and Seasonal Affective Disorder is making you feel depressed and unmotivated, tanning beds give the same effect. However, if you're not really all that ready to expose your skin to the ultraviolet rays that cause skin cancer, there are a couple things you can take. Cod liver oil will give you sufficient amounts of Vitamin D, as will tuna - so hit up the sandwich line at the dining hall.

Get outside and play.

We all understand the benefits of physical activity. Weight management is

clearly the biggest reason to exercise, and in the winter it's pretty hard to find the motivation to bundle up in your parka, hat and mittens and trudge in the slush to the fitness center. Grab your iPod and head outside for a walk, invest in a season pass to Burke, or go snowshoeing. Not only will you get a sufficient amount of exercise, if the sun's out, you might just boost your Vitamin D levels. Not to mention, when you live on campus, and your life is restricted to the dreary corridors and the small rooms, it's a good idea to get some

fresh air.

Buy boots.

It doesn't matter if you want to spend \$100 or \$30, boots are sure to make you and your toes much happier when you're ankle-deep in freshly-laden snow. Nobody wants cold wet feet.

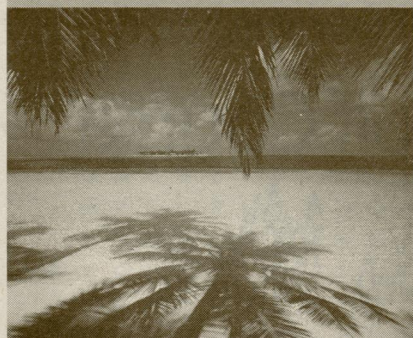
Moisturize!

If you don't invest in a good bottle of lotion, you could end up looking like an alligator come April. The moisture levels in the air are way down in the winter, causing all the water in your skin to get sucked out. Keep your skin moisturized and

you can fight cracking, dry skin.

Keep yourself warm.

Invest in a heated blanket, especially if you live off-campus. Heating costs are really expensive for poor, starving college students. Not only that, but it'd be a great way to help the environment by conserving the heating oil you've paid for. If you're worried about electricity costs and wouldn't know how to deal with an electrical fire, snuggle up close to someone and use each other's body heat.



Escape to the Tropics!
Come dance the night
away at Lyndon's only
annual semi-formal
dance.

Live DJ. Good Food. Fun Times.

A hot spot on your winter calendar!

Tickets on sale after break!

Single \$11 Couple \$20

At the door

Single \$12 Couple \$22

Friday Feb. 6th, 2009

8PM-1AM

Bole Gym

AMS WINTER BALL

Kappa Delta Phi NAS Rose Sale

What: Kappa Delta Phi NAS will be selling roses for the R.O.S.E. Fund

Where: ATT Lobby

When: February 12 from 8-4 p.m.;
6:30-9 p.m. and 13 from 11-4 p.m.

Blood Drive

**Kappa Delta Phi and
Magic 97.7 FM will be
sponsoring a blood drive
on February 9th from 12-
5:30 p.m. in the Rita Bole
Gym**

Portner Prize open for applicants

Through the generosity of Professors Richard and Terry Portner, an endowment has been created that will offer recognition of consistent interest and achievement in the Fine and Performing Arts at LSC. This may include course work, community service, internships, and extra-curricular participation in the disciplines of Music, Art, and/or Theater.

The Portner Prize is offered to juniors and seniors and will include a cash award that can be used as the student chooses. To be considered for the prize, students will:

Submit a cover letter summarizing their involvement in the Arts

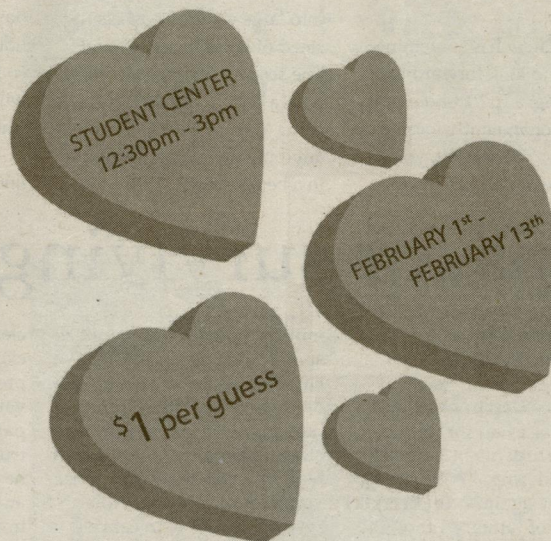
Prepare a brief explanation of why the Fine & Performing Arts are important to self, community, curriculum, etc.

Include a portfolio or DVD, CD, etc., of their work.

The Portner Prize Committee will adjudicate the submissions and will recommend the strongest candidate/s.

Please send your cover letters and materials to Pat Webster at the Samuel Read Hall Library or electronically in an attachment to patricia.webster@lyndonstate.edu. The deadline is April 3, 2009.

Valentine's Candy Count



Sweetest Guess = Jar of candy & money
Second Sweetest Guess = Frog & candy
Third sweetest guess = candy

Winner will be notified by email on Valentines Day

Lady Hornets hit rough patch in North Atlantic Conference play

Andrew R. Koch
Sports Editor

The Lyndon State women's basketball team is looking to get back into the mix in the North Atlantic Conference after a recent losing streak knocked them out of the top spots.

The Lady Hornets started this semester by winning two of their first three conference games. However, it was the little things that proved to be the difference as they lost their next three games. A big question for Lyndon was how they'd respond to this adversity.

"They handled it okay. As competitive athletes, they were frustrated," head coach Vinnie Maloney said. "The effort was there for every game beside the Johnson game. The ladies were very disappointed in their effort in that game." Maloney said that the players have done an excellent job of putting the losses behind them by coming into practice willing to work hard and get ready for the next game.

Maloney has been telling his players that they're in a very tough conference, with a lot of parity. He says an example of this was Thomas, which was previously winless in con-

ference play, beating Castleton last weekend. Prior to that game, Castleton had only one loss in the conference.

"Our goal is to play our best basketball at the end. We're close," Maloney said.

One of those games where the Hornets came up short despite a great effort was Jan. 31 against Husson. Lyndon lost that game, 95-81, despite posting their second-highest point total of the season. Maloney says that his team has the talent to score that much.

"If we share the ball and play as a team, we can be pretty tough. We showed that in putting up 81 points," Mal-

oney said.

While Maloney has been trying to keep his team together as the head coach, senior forward and captain Jen Stoddard-Imari has been doing her part in trying to keep her teammates frustrations in check.

"I told them that we needed to focus on playing together and not hanging our heads," Stoddard-Imari said. "We know what kind of team we are, whether our record shows it or not. We can't focus on losing."

Like her coach, Stoddard-Imari acknowledged that losing was frustrating. A recipient

of the conference's Women's Player of the Week award on Jan. 26, Stoddard-Imari says the individual honors don't mean as much to her as helping her team win. She feels that the team can be very competitive in the conference for the rest of the season.

"If we keep our heads and play together, we can beat any team in this league," Stoddard-Imari said.

As for Maloney, he says that making adjustments will be greatly beneficial for his team on defense when they face opponents the second time around.

How do coaches bring athletes to Lyndon State College?

Sam Monroe
Assistant Sports Editor

In collegiate sports the road to success starts well before the season does.

"Great players make good coaches great," said Vincent Maloney, the Lyndon State women's basketball coach. And in order to find those great players coaches need to look for them through recruiting.

"Recruiting is the lifeblood of your program," said Bill Johnson, Lyndon's sports information director, who coached basketball for 28 years before coming to Lyndon.

Most coaches will agree that recruiting starts with networking. This is when coaches set up relationships with high school, prep school, and junior college coaches throughout the area. Johnson liked his net-

work to extend through a 100-mile radius. While other coaches will travel through New England and the Northeast, larger schools travel nationwide to recruit.

However, being a smaller Division III school, Lyndon State does not have the luxury of offering scholarships or having a big recruiting budget with lots of recruiting coaches, which makes it harder. Maloney says a team camp he runs in the summer helps his recruiting. Chris Ummer, the LSC cross-country coach and athletic director, said he also used a summer camp to help recruit. Ummer no longer runs the camp however.

"Recruiting is selling," said Johnson. The coach needs to sell the school and entice athletes with the small things that they can't get at other schools. Johnson also said that he

would never mention another school during a recruiting visit.

Joe Krupinski, the men's basketball coach at LSC, says he tries to sell the improvement of the team and the individual to a prospect. He tells his recruits, "you can be a building block in turning this around."

Ummer tries to sell the area around the school. He sells the mountains and the plethora of outdoor activities to his prospective runners.

Maloney often uses the size of the school and the size of the classes at the school as a selling point, selling the fact that they will have access to their professors and they will be a name and a face instead of just a number in a computer.

Johnson stressed that recruiting is more than sitting in an office and looking at stats.

"Recruiting is leaving campus, because players don't walk in your door," he said. Seeing the player play is an important part of recruiting as well.

"Students are very excited when a coach walks in to see them play," said Maloney. However that can be a difficult task. This is because most high school seasons run at the same time as the college season. Both basketball coaches stressed using the semester break in December and January as well as summer tournaments as important times to do their recruiting.

The cross-country season is very short and runs at the same time as high school seasons. This means Ummer is very rarely able to actually see the runner compete. "It involves doing a lot of recruiting through results," said Ummer. He also said that he likes to go

and watch the athletes in other sports as well, just to let them know he is interested.

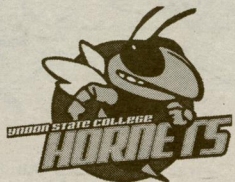
Once they have players' names, coaches will start sending letters and e-mails, followed up with a phone call to try and entice a campus visit. Most will agree a campus visit is the most important part of recruiting.

During the campus visit Ummer will often try to introduce the prospect to a current runner. "It makes them feel like they are already part of the team," he said.

"Bringing in solid athletes to make the program stronger, builds the team and helps the campus as well," is how Maloney sums up recruiting.

As for Krupinski, he puts it into one sentence: "It is about finding your niche and finding guys who are a good fit at your school and your level."

Do you like sports?
Do you have school spirit?
Do you want your voice to be heard?



The Athletic Department is looking for a new public address announcer for the fall of 2009. Must be work-study eligible and professional with a microphone.

For more information, please contact the following people: Chris Ummer, Director of Athletics: x6224, christopher.ummer@lyndonstate.edu

Bill Johnson, Assistant Director of Athletics: x6341, william.johnson@lyndonstate.edu

Andrew Koch, PA announcer: andrew.koch@lyndonstate.edu

Upcoming Events

Men's Basketball: 2/7, 2 p.m. vs. Castleton State*

Women's Basketball: 2/7, 4 p.m. vs. Castleton State*

Hockey: 2/6, 8:15 p.m. vs. Keene State; 2/13, 8:15 p.m. vs. Tufts

* Denotes North Atlantic Conference games. Home basketball games played in the Stannard Gymnasium. Home hockey games held at the Fenton Chester Arena, across from Lyndon Institute. Game times are subject to change.

Athletics introduces stinging new e-publication

Andrew R. Koch
Sports Editor

If you've looked at the LSC Athletics Web page within the last few months, you might have noticed a link at the bottom of the main page that says, "READ THE STING." Some of you might be wondering what *The Sting* is.

The Sting is a new monthly e-newsletter that is published by the Athletic Department. This newsletter contains the latest information on the sports that are in season at the times of publication, as well as season previews and wrap-ups. Feature stories will also appear in the newsletter. *The Sting* is available to everyone via the Internet, but is mainly aimed at parents, families, recruits and alumni.

"It's a sign of the times, with athletic departments hav-

ing their own page on the college's Web site," said Bill Johnson, assistant athletic director and sports information director, who publishes the newsletter. "Athletes like the recognition."

Johnson also says that in the future, he'd like to see *The Sting* advance from a monthly newsletter to a bimonthly and possibly weekly publication.

"Where we go depends on the advances in technology," Johnson said.

"We use the newsletter to promote athletics. We use it to help celebrate our student-athlete's successes," said Chris Ummer, director of athletics. "It's for people who might not take the time to go online, but can get a hold of (the paper copy of) the newsletter." Ummer also said that the newsletter can be used to improve Lyndon State's profile.

According to Johnson, one of the benefits of *The Sting* is the time it will save people who are interested in Lyndon State athletics.

"It beats clicking in and out of the links on the Web site," Johnson said, adding that people can now go to the athletics site and simply click on the *Sting* link. He also said that as opposed to The Caledonian-Record, where LSC plays second-fiddle to local high school sports, *The Sting* is dedicated solely to sports here on campus.

"It's good to have our own stage. It's basically our own newspaper," Johnson said.

With the creation of *The Sting*, Hornets players and fans will now have even more access to the latest news on Lyndon State's student-athletes.

Almost every day is a wacky weekday! I demand more holidays!

FRI 2/6 Escape Day: Gotta love that key that allows you to exit fullscreen. They should make an "APE" key.	SAT 2/7 Serpent Day: Oh my! Can we really publish this? I feel dirty just typing it up.	SUN 2/8 Purification Day: I recommend fire. I hear that pine sol works as well. Plus, a lemony fragrance.	MON 2/9 Heroes Day: Has oddly nothing to do with the TV show. From Mozambique.	TUE 2/10 Random Day: Do something random today or do nothing at all, which is kind of random, I guess.	WED 2/11 Disaster Day: Why do they MAKE these kind of days? Oh the humanity! Store your canned goods now!	THUR 2/12 Recover from Disaster Day Day: Also known as "I forgot the #\$\$% can-opener day."
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RUN! IT'S ATTACK OF THE RAGING MANS!

D O F N B J M A N M A N X F V P V R J V L X N D T
Q S J C Y N M A N O C T U T U B F C W K N A T A P
F Z Z M Y S A B N K O D D E X W F P T A M S L Y M
G J P J S R C R B E B I V R P C B O M Y N U A N A
F W K G U T S M A N K E C J N C K O X A A W A V N
T I M E M A N P W T E V X I N S W A M N F M B T G
R K B K X L V T V E O I V A N H L T A P A N A Z F
C O N C R E T E M A N J M A S A E M U M A S E C V
J L N X R D M A N Y K L M A G N E Z G M Y X B U S
N T X U V S B A X Y I O L J R R F A O Q R O O T P
W S F N U V M Z M O T P U O I A M D I M D C M M L
L H H X C L V G H O S I H F B N A S R E T V B A U
Q Z K R E W U X R U H I W K M N R C S G H A M N G
O S W W L X G P I C E M A N R A S N W A A G A K M
I O E L E E L E C M A N J O G G N T C M A Y N E A
N J O P X E Z D Z Q Q A T D N E O U X A Z L Y M N
E R P G M A N X R G W Y I W F F L G W N C G K W Q

WORD FIND

Protoman Megaman Bombman Cutman Gutsman Iceman
Roll Fireman Elecman Timeman
Can you find 10 more robot masters?

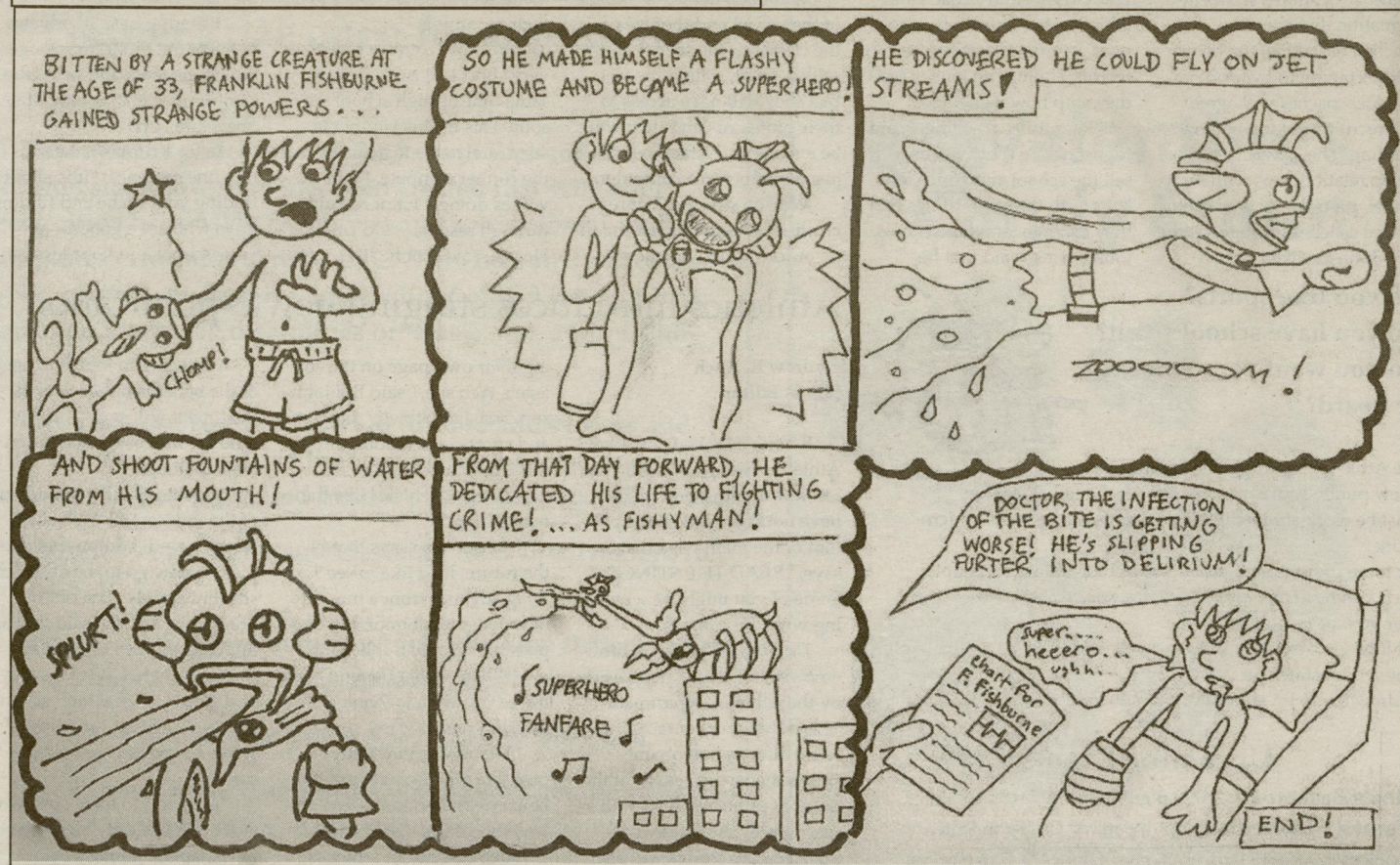
Sudoku Corner! Level: Normal

	8				1	6		
	7				5	2		
1					7			9
	4				9	8		
3	2	7						5
			5		3	4		
					4	7		
2	1	8	3					4
			8	9	2		6	

Instructions: Fill in the boxes with numbers 1-9 so that each number appears only once in each row, column, and 3x3 box. The key is to work on multiple boxes simultaneously.

Created using javasudoku under the GNU free use license. Program written by Samantha Yen

Supernatural Selection by Eric Downing and John Day-Fratto



Welcome back! The Fun Page is looking for comic artists and puzzle creators. A horoscope or other funny (short!) column would be welcome as well. I can't promise cold hard cash, but being published is satisfying and looks great in a portfolio. Layout, holidays, and comic illustration by Overlord of Fun. Puzzles engendered by Pazzo, who wishes you a cold arctic dea- I mean, candy. See you next week, space cowboy!

THE CRITIC

One copy free, extras 50 cents each


Lyndonville, Vt.

Volume 55, Number 13

www.lyndonstatecritic.com

Serving the student voice of Lyndon State College

Friday, February 13, 2009



Increased tuition talk at Lyndon State

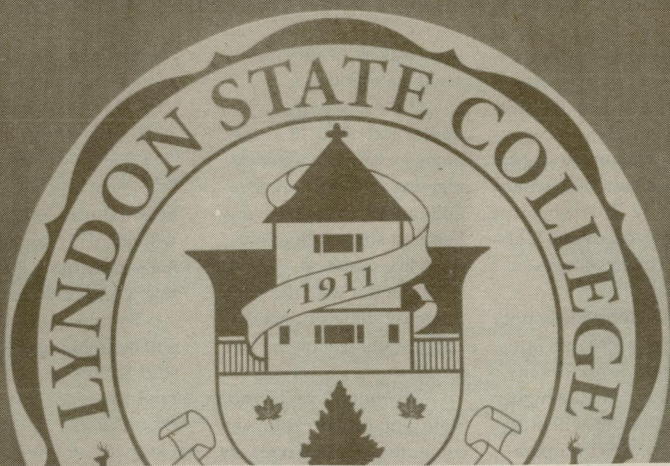


Photo by Eric Wayne

Ben Holbrook Critic Editor

Students may be facing a tuition hike for the 2009 fall semester.

Wayne Hamilton, dean of administration, addressed LSC's budget woes. Assuming that there are no further cutbacks and the state doesn't give LSC more money, tuition increases will be between 5 and 8 percent, says Hamilton. "With no other major budget changes we're looking at a range of tuition increases, not an absolute," Hamilton said.

The last round of rescission cuts totaled

\$310,000 this year, Hamilton said. The new building is on schedule and exactly on budget. The completion date is scheduled for Aug. 15, 2009.

Two major renovation projects are also in the works as both the Stonehenge residence halls and HAC will be seeing some improvements, Hamilton said.

The design work for HAC has begun as the condition of the building in terms of energy consumption is a serious consideration due to leaky windows and rooms being too hot or too cold, says Hamilton. "Facilities are critical to

student and faculty/staff satisfaction," Hamilton said. "We need to gather more data on using our facilities as efficiently and effectively as we can."

President Carol Moore discussed LSC's strategic plan and the factors that play into building a strong academic community. Moore says the most important factors impacting LSC's future are its strategic goals, student success, academic excellence, enrollment management, facilities and resource development. In relation to the strategic goals, "Sixty-one percent of the goals are completed, in-

progress or are almost completed," Moore said.

Moore also addressed the need to begin looking at new populations of students as the number of high school graduates begins to decline in Vermont.

Two new programs are in the process of being available to students in the fall semester, one in Philosophy and film studies, and one in Media Communications.

Bob Whittaker, dean of institutional advancement, said alumni appropriations to this date total \$3.6 million and there is a focus on a larger number of donors who can give modest

amounts. "At the end of this year we're going to refocus our efforts to make sure we expand our net further," Whittaker said.

NEAS&C (New England Association of Schools and Colleges) will be visiting LSC in the fall 2010 semester. NEAS&C is responsible for accrediting schools and colleges.

Moore concluded the meeting by reassuring everyone that although there has been talk of closing one of the VSC schools, there is not much traction. Moore asked that everybody work together to accomplish all of LSC's goals.

Paper waste at Lyndon State

Krystal Csiki
Critic Staff

A sign posted between two computers in the reference area of the library politely asks students to be more paper conscious.

"This stack of paper came from the recycle box by the reference computer. Unused printer copies really add up. PLEASE take a moment to be sure you are only printing what you need when doing research...Thanks for taking a moment to think about this issue."

The stack on Feb. 6 stood 7 inches tall.

The paper issue on campus has started to get more attention this year than in recent years. The college is looking to become a more sustainable and greener campus, and a place to start would be the wasted paper.

"There is a lot of stuff we could be doing online," said Susan Gallagher, director of Public Information, while pointing to a stack of papers

on her desk.

There are different departments on campus that order specific paper or colored paper based on their preferences, but the Copy

Center has bought \$4,678 worth of white paper, a total of 200 cases of 8 1/2 x 11 and 8 cases of 11 x 17. Along with that it has purchased 18 cases of colored paper for

A case holds 10 reams and a ream holds 500 sheets of paper. For 200 cases of standard, letter sized paper it cost \$4,410, which is \$22.05 a case and about \$2.20 a ream.

what is actually used.

The campus spent \$13,350 in 2007 and \$12,100 in 2008 on paper. "Toner is a large expense as well," says Wayne Hamilton.

"We are looking into a paper quota, quite a few colleges are doing it," states Hamilton, "its not about putting a limit but being able to find a number that would allow the students to do their coursework."

Janet Bennion, social sciences professor and Sustainability committee member, created a slideshow regarding what students, faculty members, and staff alike could be doing on campus to reduce paper consumption.

Her ideas include online editing of schoolwork, double sided printing, and using PBWiki to keep track of and organize other work. PBWiki is a way to organize materials such as emails, documents, and photos on your computer, reducing paper usage.

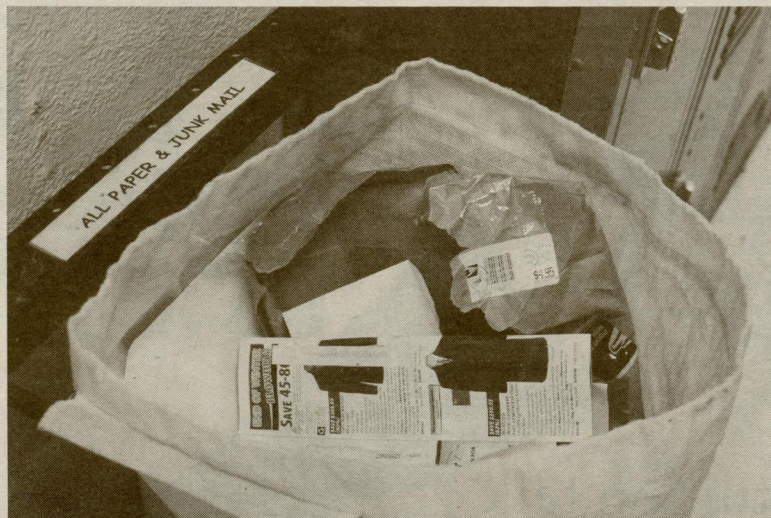


Photo by Eric Wayne

This is just one of the many recycling bags located around campus. The bags are to encourage students to recycle paper and junk mail instead of simply throwing it away.

Center in Vail, run by Dianne Rivers, gets the majority of staff and faculty paper use.

Since November 2008 the

\$1,021. "Colored is more expensive, costing anywhere between \$4.50 and \$12 a ream," Rivers says.

Broken down that doesn't seem so bad but then you look at the amounts of how much is printed and

VSAC cutting student funds; LSC has it covered

Sam Monroe
Critic Staff

Vermont State College students are getting less financial aid than originally estimated.

"All students who received full-time grants had \$50 removed from the Vermont Grant," said Irene Racz, director of public affairs at VSAC. The grants and financial aid were awarded in August, the readjustments happened in December when

funding to VSAC was cut by \$1.2 million dollars.

It is currently too early to tell whether or not more cuts will be made next year, before the fall semester. Currently the Governor's plan is to increase funding to higher education.

Racz said she would like to see the grants and financial aid grow and get larger. This is because the cost of college goes up every year and the increase in grants and aid help keep college af-

fordable for in-state students.

The governor has introduced a plan to help the cost of higher education. His plan includes reducing the money given to the public education systems, K-12. This is because the system is one of the highest funded and produces mediocre results.

This will most likely not cause the grants to rise, but they may stay level. The increased funding to the higher education systems will most likely go towards the opera-

tion costs of the different Vermont State Colleges.

At the end of the fall semester each student losing money received a letter explaining the situation. \$1.2 million split between every Vermont student does not seem like much, as it equals \$50 each. But with the current economy some students at LSC are still feeling the pinch.

"It's rough," said Lyndon State junior Kevin Hill, who commutes 40 miles one way

every day to get to class. Hill said he was notified with a letter three days before the start of the semester. He also said that he would have liked to know a little in advance so he could plan, this process will delay his refund and make it harder for the first few weeks of the semester.

Fortunately Lyndon State will be covering the money students lost this semester.

GREEN MOUNTAIN BOOKS

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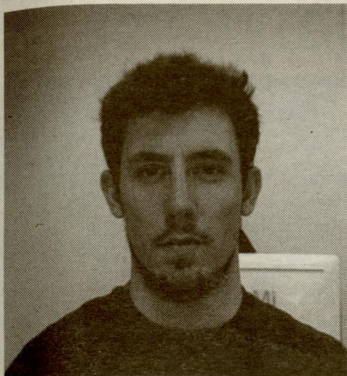
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New Website

The Critic has a new website. Go to www.lyndonstatecritic.com and tell us what you think!

If you are interested in working on the new website contact Ben Holbrook
benjamin.holbrook@lyndonstate.edu



David Rossignol
Critic Staff

Commitment, as defined in the Oxford English Dictionary is: the action of entrusting, giving in charge, or commending. So, commitment requires a trust in a specific thing, and to let that thing subsequently direct

the action. The way I see it, that thing that takes charge can either be you, or it can be everything else around you. When it comes to skiing, commitment in your mind plays a necessary role in your demeanor on the hill. By in large, you are in control of your present state of mind, and ultimately it is the same when it comes to your skiing. If there ever is a difference to account for in your skiing, it is in you.

The largest problem that a skier can have on the hill may become trusting ones self. Ultimately, the best thing that someone can do to help their skiing is to learn how to build their overall confidence. In racing, we take the racer to a steep hill, have them step into a long and

fast set of skis, and then let them go. After a ski racer has seen speeds well beyond that of their normal discipline, then they tend to gain

If there ever is a difference to account for in your skiing, it is in you.

greater confidence in their slower, perspective disciplines. Now, I am not encouraging you to straight-line it down the steepest hill you can find in order to gain some perspective. Let's face it; if you have already done so, then you already have all

the confidence it takes. For those of you who have not, it benefits you to step outside of your comfort zone, if even for a moment, because that moment may prove to enhance your experience as a skier, and will then continue to serve as a great reminder of why you love to ski. For this, a positive attitude is a must. However you do it, you must gain the necessary confidence to ski. Without it comes indecision, and with it comes success. If you continue to push yourself down the hill, then you will find the excitement every time. If you ever become bored with your skiing, remember to try something new. Who knows, that new something may give you the best day on snow that you have ever had.



Ben Holbrook
Critic Editor

The economic times must be tough indeed, since the snack bar has decided to remove the free water tap from the soda dispenser.

A snack bar employee was quoted as saying the reason behind the removal of the tap was due to students wasting paper cups. Wasting paper cups is a legitimate concern but there are a lot of things that are wasted on this campus, like your time for instance while reading this editorial. However, I highly doubt that my editorial privileges will be revoked simply because I did waste your time.

Just because students no longer having access to free water in the snack bar isn't a huge concern, it doesn't mean that you shouldn't care. After all, you never know what else might end up disappearing (If you think that toilet paper is always going to be there then you might want to reconsider how much of it you really need to use).

There is the ethical question of whether it is right to be able to sell water since it is a key component to human survival, and then of course

whether people should be able to restrict where and when you can get water. I'd like to know who the genius was who originally decided to put water in some sort of container and sell it, and conversely, the idiot who decided he would pay for water when 75 percent of this planet is covered by the stuff. However, I digress and the point I'm aiming at is that free water shouldn't simply disappear without some sort of student input.

The lines of communication between students and the administration are starting to fail and that is never a good thing. As students we need to take a more active role in how things are done on campus, otherwise we may find other conveniences no longer being available. I'm confident that the snack bar won't sink into debt if they continue offering free water to the students.

Rogers Renovations

Eric Downing
Managing Editor

Students living in the Rogers Hall have joined Arnold and Bayley Halls in being the envy of the rest of campus. Over the winter break, the building was given the upgrades of sprinklers and new windows.

The director of Physical Plant, Tom Archer said that the process was the same as for the other two halls, but went more smoothly. "Some things we found in Bayley were tweaked for Rogers," he said. The work that was done involved drilling holes in the walls for the pipes, putting in new windows, and then insulating the latter. Archer said that the processes of installing the windows and insulating them are completely separate, contrary to what one might think. When insulating the window, the workers dealt with all the area around the window cavity. "It's money well spent," Archer said. "The difference in comfort level is huge." The sprinklers have already been turned on. The decision to do the work over winter break was

initially faced with opposition, because students, unable to move their things to accommodate the workers, were inconvenienced. "We had to do it sometime," he said. Archer said that no further work is going to be done over February break. The drive to install sprinklers is "nationwide," Archer said. "(It's) due to tragedies that have happened. They aren't prevalent, but... To not (install) them would not be the right thing to do."

Archer said that the renovations will continue over the summer. Renovating the remaining bathrooms in Bayley, as well as replacing Arnold's carpeting with VCT tiling are among the projects the will hopefully be completed before the fall. He also said that Wheelock will eventually have a sprinkler system as well, although he admitted that it's probably the least flammable building. "It's on-going," Archer said about the work. "There's no way to do it all at once."

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Dining hall hours trial period comes to an end

Sebastian C. Lury
Critic Staff

Lyndon State College's Stevens Dining Hall is seeing a temporary increase in serving hours.

The increase in hours began on Feb. 2 and ends tonight with dinner. The reasoning behind the extended hours was to better observe student dining habits.

"We want to see if the change has any impact on dining hall use or snack bar use at other times of the day," said Benjamin Johnson, food service director.

ice director.

Before Feb. 2 the dining hall opened its doors at 10:30 a.m. between Monday and Friday and stopped allowing people to enter at 6:30 p.m. between Monday and Thursday, while closing at 6:00 p.m. on Friday. On the weekends the doors opened at 11 a.m. with Saturday's closing time being 6 p.m. and Sunday's being 6:30 p.m.

The extended hours added an hour to each of the dinner periods. Thus, the hall remained open until 7:30 p.m. Sunday through Thursday and

until 7 p.m. on Fridays and Saturdays. As of tomorrow the hours before Feb. 2 will take effect again.

"We want to see... if there's adequate participation to really keep the extended dining hall hours," Johnson said.

The ultimate goal is make the dining hall more available and convenient to students as Johnson says that this study is a result of "student request."

"It's really to balance student satisfaction and the reality of the...operating costs," said Johnson. "Keeping the

dining hall open later adds labor costs, food costs, energy costs, and in the long run it could wind up costing more for meal plans."

Johnson admits that there may be ways to "mitigate the costs" but "they're still under review."

The results of the study will be determined next week following the conclusion of the study. Johnson will then discuss the results with LSC officials.

Johnson says that he will compare the statistics of the two week trial to statistics

from a normal two week period. Johnson will compare these further by breaking each set of statistics into 15 minutes intervals. He says that there is no specific number of students that would need to eat at the dining hall, but rather he will look at the "participation from 6:30 p.m. to 7:30 p.m." to see if there is an increase.

According to Johnson, any permanent changes could be implemented as early as this semester.

Possibility of more rescissions as spring semester goes on

Ben Holbrook
Critic Editor

Despite the gray clouds hanging heavy in the sky outside the window of the Burke Mountain room, the budget discussion inside was not as dismal.

Lyndon State College President Carol Moore opened the December 18 budget discussion by saying that the budget woes that had been plaguing LSC all year weren't as bad as originally anticipated.

"Due to prudent fiscal management, at this time we're in good shape," Moore said.

The joint legislature met and were looking at a deficit of

\$20,000,000 which would result in two more budget rescissions for LSC, Moore said.

Part of LSC's ability to get through the most recent rescission was due to, "an up tick in enrollment and residence hall numbers," Moore said. "We are cautiously optimistic that we'll be able to get through the rescissions without impacting the LSC community."

The state budget deficit for the fall of 2009 is estimated to be around \$20,000,000, Moore said.

The budget deficit that LSC faced as of December 18 was about \$200,000, Wayne Hamilton, dean of administration, said. Cuts in the budget were made in the dorm/din-

ing budget, which totaled \$90,000.

LSC budgeted for fewer students in the residence halls because, "We were feeling more students elect to live off campus or at home," Hamilton said. However, the target numbers for the fall semester were up slightly, Hamilton said.

Typically, between 680 and 685 students live on campus during the fall semester whereas in the spring only 590 to 600 students live on campus, which means about 10 percent of the students who lived on campus in the fall leave in the spring, Hamilton said.

Due to more students liv-

ing on campus in the spring along with an additional resignation in the maintenance department, which saves about \$15,000 and by holding open a custodian position, LSC will have a budget revenue of about \$400,000, Hamilton said.

LSC is not out of the clear in terms of budget rescissions however, as the school will be looking at a possibility of two more rescissions in January / February and March / April. Estimates as to how much money could possibly be cut could range between \$400,000 to upwards of \$600,000, Hamilton said.

Hamilton is still optimistic that LSC can get through the rescissions; "Our belief is at the mo-

ment we have reason to believe we can get through this (budget rescissions) without impacting the people in place."

LSC is starting to show a shift from fewer out-of-state students and more Vermont students to a more even balance between out-of-state and Vermont students.

Moore concluded the meeting by thanking everyone for working hard and to continue to work towards student success. Moore put into perspective how LSC has fared better than some schools in terms of endowment money lost by saying, "We didn't take as big a hit as Harvard did."

Crime rate no different at LSC than at other U.S. colleges

Josiah J. Stewart
Critic Staff

Lyndon State College, as with any public institution of learning, has its share of crime related incidences.

"I would say crimes and offenses range from unlawful mischief and destruction of property, to alcohol related incidences," Director of Public Safety George Hacking said.

LSC does have its share of preventative measures in place on campus: "Mostly the preventative measures come through Res-Life, which they continue to use to try and reach the students on various problems on campus," Hack-

ing said.

Hacking believes that LSC is a typical U.S. college as far as crime statistics are concerned, and that the number of crimes on campus is determined by the number of students.

"The majority of people that we have on campus mirrors society in that they are good people," Hacking said. "They for the most part follow the rules. It doesn't mean that they don't make mistakes, because sometimes they do."

Hacking also said that because LSC has fewer students than some other Vermont colleges, "[they only] run a shift of one or two public safety of-

ficers."

Lyndon State College comes fully equipped with a gym, library, swimming pool, and its own judicial process designed to handle small offenses for which the punishments are usually handled by Jonathan Davis, director of student life.

The way that offensive incidences are handled on campus is determined by Vermont State Laws, as well as all other applicable U.S. laws.

"If it's a crime, it's a crime," Hacking said. "So in other words, if you have your car damaged, and we have an accused, they would then have the option of dealing with it

strictly on campus through our judicial process, or also having to go to the state police, who would handle it as a legal issue, and it would go through the Vermont Criminal Justice System."

Even with LSC's crime rate being "typical" for a U.S. college, Hacking agrees that LSC does have its problematic cases.

"There is a small percentage of people, who, unfortunately, like to test the limits," Hacking said.

Because LSC does not have the population of some of the other Vermont colleges, the amount of security personnel is somewhat limited. How-

ever, Hacking believes that more money could mean more involvement.

"The more people you have, the more you can do," Hacking said. "Should public safety be involved in running programs for alcohol awareness, for safety on campus, for how to get across from Lyndon State College to accessing the village, should we be involved in the programs? Yes we should. Do we have the people to do that? No we don't, but it's a balancing act, you know, everything costs money."

Oops...

If you notice any errors in The Critic please stop by the office (Vail 326) or email Editor

Ben Holbrook

benjamin.holbrook@lyndonstate.edu

Last week's cover picture was taken by Critic photo editor Eric Wayne.

The American Women in Radio and Television club did not request funds at last week's Student Government Association meeting.

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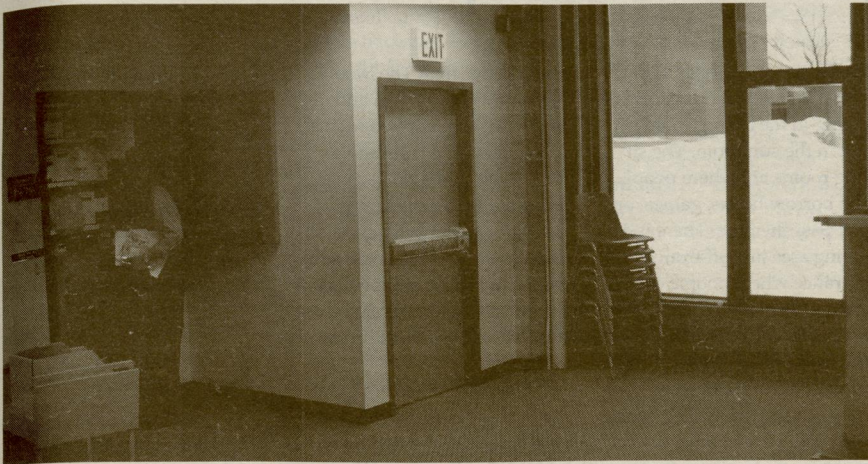
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IT department expanding help desk



Old IT help window shown with new space for help desk expansion.



Computers and gear clutter the workspace.

Photo by Norm Johnson

Norm Johnson
Critic Staff

If you've been on the second floor of the library recently, you will have noticed the children's books have moved, leaving a large empty space between the library and the IT department.

"Campus planning committee made a recommendation to give us that space," said Michael Dente, college chief technology officer. The juvenile collection took over the old media lab with new lighting and carpeting.

This expansion will create both a better help service and a larger more organized IT area. Budget constraints and emergencies, like fried internet gear (see related WiFi story), make this a slower process than Dente would like.

"We've tried to do it for the cheapest amount possible," said Dente. "We might have to wait until the summer to totally finish it."

Dente plans to add a second technician, and move their offices out front where they are closer to the library area.

"The idea is to have two offices out there with two technicians," Dente said. "So they're closer to the front. I only have one technician right now." Two computers will be added to the help desk area to make the service more efficient.

Fire code complicates the process. Code requires that the fire door located in the new space be accessible from the library in the event of an emergency. The new help desk, library interface will have to be configured to allow the library access to the fire door yet allow the IT offices to be secured at night.

"That's what we're waiting on," said Dente. "The office walls, the windows, and doors to the offices. We're going to leave the computers there so if people want to use them at night; no printer yet but we're working on it."

Right now, IT looks more like a warehouse than a work space, with computer gear stacked against walls, on desks, under tables, and in people's offices because of lack of dedicated storage space. "Basically, everybody's office is a storage room right now," Dente said.

"We're going to get a storage room back here," Dente said, "because the two technicians' offices will move out there. So we'll have a storage room to put all these computers (he points out into the cluttered work room) and in my office."

"One thing we built into the project, and we hope it doesn't get cut is air conditioning," said Dente. "It's between 90 and 100 degrees in here most of the summer. We don't have the heat on right now and it's nice and warm. Solar gain? More like computer gain with all this stuff in here."



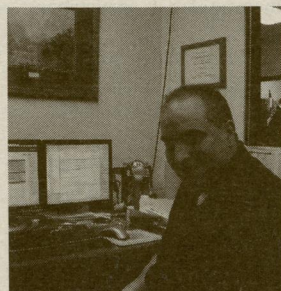
New children's collection.

Photo by Norm Johnson

LSC WiFi system damaged

Norm Johnson
Critic Staff

For the last several weeks WiFi reception on campus has been funky or not working at all. More than likely, it wasn't your computer's fault but something that left wireless gear either barely working or dead.



IT Guru Michael Dente

Photo by N. Johnson

LSC Chief Technology Officer, Michael Dente, says that two weeks ago an event like a storm may have caused a power fluctuation.

"We think we took a hit on two of the pc injectors," said Dente. "They inject power down the network for the

wireless access points. We think they took a hit and in turn hit the access points."

Wireless access points are industrial versions of the gear used to get wireless internet access around the house.

"We had two totally dead," Dente said. "When we got to them they were cooked. The one on the fourth floor of LAC which serves most of the end of the hall and the Burke Mt. Room, we replaced Monday with a brand new one. We also had to buy new power injectors."

"We lost a bunch of stuff," Dente said. "The student center lost all their adding machines. We lost one computer hard drive. Ever since then it's been funky for a couple weeks. There were two in the Student Center, one may be salvageable, I don't know."

Dente stressed that these access points aren't the ones you buy at Radio Shack. They are \$500-600 apiece: industrial strength.

I have to go to my boss, Wayne Hamilton," Dente said. "With the budget crunch,

I don't know if I can replace those. We don't do anything new, but if something dies, I need to be able to replace it. I'm going to be spending about \$1500 because I'll try to buy three of them."

"It takes time to add more and more wireless. And it's not that cheap," Dente said. "We must have about 15 access points around the campus, at 5-600 bucks a pop. Dartmouth must have hundreds."

"People ask why the residence halls aren't wireless," Dente said. "You can make anything wireless if you have the money. The problem with the residence halls is the concrete block construction. You're looking at 16 just for Wheelock, times 5-600 bucks, you know what I mean? It's thousands of dollars to get it done. Also the wiring has to be done to get it there, which doesn't exist. So we're talking tens of thousands, if not hundreds of thousands to get all that wireless."

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic
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What to do?

Campus

Winter Weekend

Friday

Snowman Making Contest
Mr. Lyndon: 7 p.m. in ATT
Rave: 9:30 p.m. in Burke Mtn.
Room

Saturday

Scavenger Hunt: 11 a.m. in
Student Center
Ice Cream Eating Contest: 2
p.m. in Student Center

Sunday

Human Bowling: 2 p.m. on
Rita Bole Hill

Star Theater

Taken (PG-13)

Sat., Sun., Mon.: 1:15, 3:15,
5:15
Fri., Sat., Sun.: 7:15, 9:15
Mon. -Thu.: 7:15

He's Just Not That Into You (PG-13)

Sat., Sun.: 1:30, 4:15
Fri., Sat., Sun.: 7:05, 9:30
Mon-Thu.: 7:15

Slumdog Millionaire (R)

Sat., Sun., Mon.: 1:35, 4:05
Fri., Sat., Sun.: 7:00, 9:25
Mon-Thu.: 7:00

Price: \$6.50 Adults
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Parents, where to put them?

Emily Curtis
Entertainment Editor

Out of the student body of Lyndon State College, about 40 percent are from out of state/country. When the time comes for the folks to visit, the big question is "where should my parents stay?"

Going around Lyndonville, I was able to locate some of the local places to stay and what they have to offer their guests.

If you're looking for a place to rest your head that is close to the campus, the Colonnade Inn offers rooms, two double beds or a queen size bed depending on your preference. The rooms go for \$55 a night for the queen size and \$65 a night for two people in the double bed rooms. Each room has cable with HBO and it is open year-round, 24 hours a day. Sorry, no pets allowed.

The Wildflower Inn is a beautiful bed and breakfast located up on Darling Hill road. This family-oriented 570 acres place has 24 rooms that have prices ranging from \$125 to \$460 depending on the room and the season. The suites have no television or phones because the inn wishes for families to spend time together.

There is a breakfast buffet served in the dining room with homemade muffins, fruit,

bread, pancakes, eggs, and more. You have your choice of eating in the dining room or out in the sun room. The sitting rooms are where people can borrow books, games, or just pass the time. There is a sitting area just off from the entrance where people can enjoy coffee and homemade chocolate chip cookies. Down the hall, there is a family room where children can enjoy a variety of toys, air hockey, foosball, and a movie played every night.

Sledding and ice skating are also offered to children, while you can enjoy the year round hot tub. The Juniper restaurant is on the property and is opened from 5 to 8:30 p.m. and is closed on Sundays. The inn caters to weddings.

For the Vermont experience, the Lynburke Motel has 24 rooms that range from \$59-\$79 per night for two double beds or a queen size bed. Each room has cable television and free wireless Internet. The motel offers a snowmobile trail, trail ski packages and access to the Kingdom Trails and their passes. In addition, the front desk is also The Covered Bridge Primitives Gift Shop where you can purchase quilts, decorations, soy candles, sweet scented soaps and gourmet baking mixes that capture the essence of Vermont.

Hospitality couldn't come

much better than The Moonlight Inn Vermont Bed and Breakfast. It offers two rooms with queen size beds and a room with two twin beds going for \$105 per night plus tax. The rooms each have a television with a VCR and a selection of videos and books for the guest. The rooms are beautifully furnished with private bathrooms.

The place is accommodating to some pets provided they get along with the two dogs and cat that live there. If not, the owners can recommend you to any other accommodation to make your stay in Lyndonville a happy one.

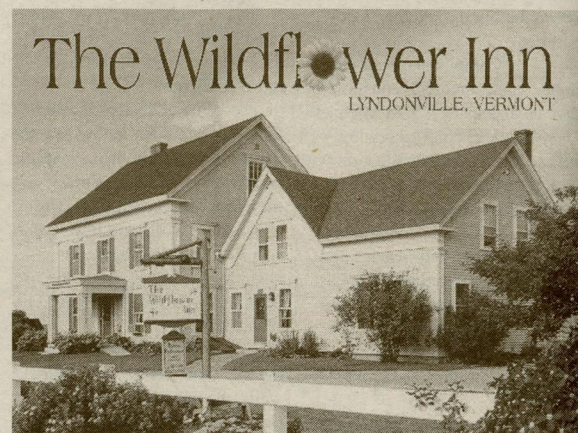
If you need anymore information or a location, here is the contact information.

Colonnade Inn
28 Back Center Rd.
802-626-9316

Wildflower Inn
2059 Darling Hill Rd.
802-626-8310
wildflowerinn.com

Lynburke Motel
791 Main St.
802-626-3169
lynburkemotel.com

Moonlight Inn Vermont B&B
801 Center St.
802-626-0780
moonlightinnvermont.com



A view of the Wildflower Inn during the springtime from their brochure. One of a number of hotels parents can stay at during their visit to Lyndon State.

Black Belt Guitar

Striving to strum at Lyndon

Jean Charles
Special to The Critic

Since first coming into the Northeast Kingdom from the "metropolitan" Burlington and Williston, I thought I had something to offer to the benefit of the community in which I live. Lyndonville indeed is reminiscent of my own hometown in Haiti, Petion-Ville.

You can sense the historic connection. I left home a long time ago and picked up along the way a lot of knowledge and wonderful experiences. The guitar has been my life-long companion. Lyndon State College is seeing the harvest.

While working briefly at Lyndon Town School, I offered a martial arts class to the kids and their parents. Past issues of the Caledonian-Record have memories of these already "good old days." Now in 2009, here I go again. In the spirit of

discipline and refinement of techniques achieved in martial arts, I am offering this column.

"Black Belt Guitar?" Why? Well, the guitar is a very popular instrument and there are many styles. The discipline, love and dedication required for the successful guitarist whatever the style, is no less than what is required for the martial arts. Chuck Norris (*Dr. Beth Norris' cousin*; just kidding) has Black Belt Patriotism. Why not Black Belt Guitar?

I practice the guitar with the same spirit, always setting goals, always refining my techniques. What is required for the successful guitarist?

First of all you need to lay out a solid foundation. You also need a direction. I hope to share both foundation and direction to LSC students. I hope this column kindles the desire in those student guitarists out

there who have abandoned the instrument due to pressing necessities of life. Mainly I want to keep it alive in those who love this instrument. How many guitarists are yet inactive?

I hope to help maintain an atmosphere in this part of Vermont and New Hampshire, a milieu in which guitar can be appreciated. There is more to it than playing notes. To me the guitar camaraderie is a subculture of its own, rich in adventure, storytelling, good humor and candor. On campus there is a pair of young students who carry the guitar and play it at any occasion. They deserve your smile; be kind to them. After all LSC is a school of music.

What else does one need? The skier needs snow; the guitarist needs a means to continually refine the techniques and pieces in their repertoire as

well as learning new pieces and enjoying recitals, all the time. Stagnation is detrimental.

One needs a place of study and staying abreast with what's out there...good conversation about it, and this must be an ongoing activity. Special attention must be paid to one's progress by polishing the techniques and sometimes renewing them. In other words, this must be a total commitment; a scheduled practice session is very helpful because most of us tend to get lazy once left on our own. I still set goals and my progress is still ongoing in a musical universe that has no end.

For many years I carried the guitar and have seen many dead spaces. I had to create my own opportunities at times. In Montreal I played in Mont Royal Park in the summer. In New York City I went to Wash-

ington Square Park and met many guitarists there.

In Vermont, I offered myself at Barnes and Noble, at the mall and some restaurants. There may be no money in it for the great majority of us. If push comes to shove I set myself on the internet and right now I am available for weddings and other special events.

Is it for the money? Who could really afford it, for the thousand hours the serious students have to practice? You do it for the love, the bucks are incidental. *Aficionados*, that's what we are.

At Lyndon State College where I have the honor to teach Guitar, they just added a new major: Music Business and Industry (MBI). Guitarists (students and adults), let's get in touch, keep in touch. Keep on strumming.

LSC hoops looking for more fan support

Sebastian C. Lury
Critic Staff

LSC's basketball teams appreciate the attendance at their games. However they would both like to have larger crowds to cheer them on.

"I think any team is obviously going to more excited when they're playing in front of their home fans," says Joe Krupinski, head coach of the men's basketball team at LSC. "Especially at a small school like this where you're basically playing in front of your friends."

"It's not like...where it's just people in the stands," Krupinski says. Krupinski adds that LSC is "such a family atmosphere," to play in.

"As an athlete, playing in front of a crowd...will give you a little energy and a little life," says Vinnie Maloney, head coach of the women's

basketball at LSC. "It's always nice to have a crowd there supporting you."

Maloney says that it doesn't matter if the crowd is for you or against you, but rather that a team feeds of the energy either way.

"I have a group of athletes that...like to play in that type of environment. Whether they are cheering for us or against us, we usually take the energy there," says Maloney. "A good crowd on an away court helps us 'cause it gets us energized."

Both teams, though thankful for the current home crowds, would like to see the stands full. Yet attendance is not the only impact on a team.

"[The team] would love to see some...other students in support of them," says Maloney. He says that the team also plays "basketball 'cause they love the game and they want to win."

Krupinski says that the team feeds off the "energy" of the collective crowd.

"If you're playing in front of your home fans you may be able to get a little extra jump in your performance," says Krupinski. "Everybody always wants to see the gym packed. We appreciate when people come out. We certainly try to do our best not to disappoint them."

"If there's more people there," Krupinski explains, "there's more of a feeling of pride in the school and what you're trying to accomplish."

"They just want to see an exciting event," says Krupinski on why fans attend.

"We need to do a better job as a campus in getting people aware and getting people to attend all events on campus," says Maloney.

"Everyone wants to have support," says Maloney.

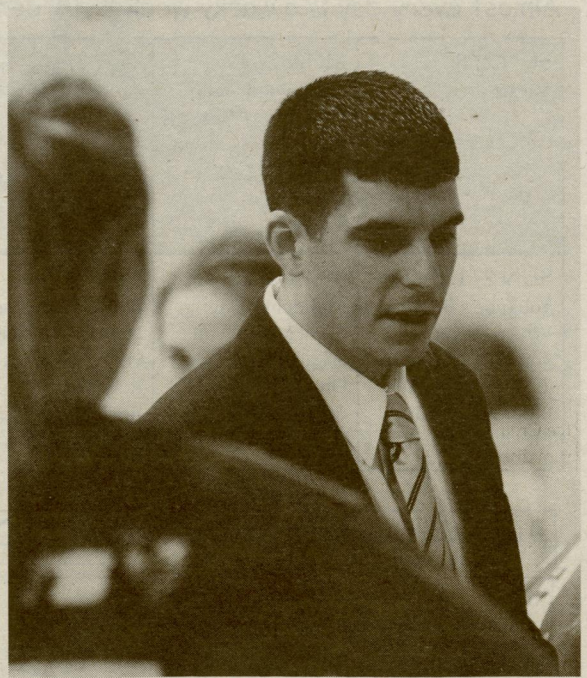


Photo by Eric Wayne

Women's head coach Vinnie Maloney talks to his players during the Hornet's game Feb. 3 against Castleton. Both basketball coaches and their players would like to see larger crowds at their home games.

Hitting the trails on a snowmobile to break winter boredom in NEK

Kriston Hall
Critic Staff

Bored? Got a couple hundred dollars laying around? Well here are a few ideas: snowshoeing, back country skiing/riding, snowmobiling and of course, more time at Burke. Snowmobiling was my first choice, and I had heard it wasn't that expensive. Upon further investigation I realized that it took a lot more than I thought.

For a few hundred to a few thousand dollars, you can

buy a used snowmobile, or a new one for around ten thousand dollars. Because I am a college student, that option was out pretty quick. Renting is the most realistic option for anyone new to the sport. Renting isn't cheap though, costing \$200-250 to rent a sled for a full day.

The first stop for information is VAST, the Vermont Association Of Snow Travelers. According to them, anyone who operates a snowmobile in Vermont on the state snowmobile trails has to have liability

insurance for damages to property in an accident. You must also complete a 6 hour safety course if you were born after July 1, 1983.

The speed limit on state lands is 35 miles per hour and the use of radar is becoming common practice on the VAST trails. You must follow posted speed limits on public roads and they must be open to snowmobile traffic. Frozen lakes are considered a public highway, and the maximum speed limit on them is 50 miles per hour.

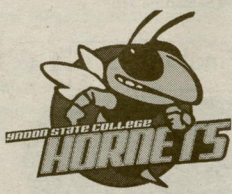
Vermont is very serious about Snowmobiling While Intoxicated (SWI) laws. They cover both drugs and alcohol. You could be charged with an SWI on VAST trails, but operating on a public highway will get you charged with a DWI instead.

On the trails, there are also basic safety rules similar to the ones covered under your car's inspection. You must have the following to be legal: a headlight, red rear light, windshield, and a fully functional brake. Helmets are mandatory

for all riders and your exhaust system must make less than 73 decibels of noise as measured from 50 feet away, under normal operation.

Any person who rides on the VAST trail system must be in a club. There are over 135 clubs to choose from and they are located throughout the state. Once you join a club, you may use any of the trails statewide. Club membership fees vary from club to club and range from five to 25 dollars.

Do you like sports?
Do you have school spirit?
Do you want your voice to be heard?



The Athletic Department is looking for a new public address announcer for the fall of 2009. Must be work-study eligible and professional with a microphone.

For more information, please contact the following people:
Chris Ummer, Director of Athletics: x6224, christopher.ummer@lyndonstate.edu
Bill Johnson, Assistant Director of Athletics: x6341, william.johnson@lyndonstate.edu
Andrew Koch, PA announcer: andrew.koch@lyndonstate.edu

Upcoming Events

Men's Basketball: 2/20, 6 p.m. vs. UMaine-Farmington*; 2/21, 2 p.m. vs. Thomas College* (Senior Day)

Women's Basketball: 2/20, 8 p.m. vs. UMaine-Farmington*; 2/21, 4 p.m. vs. Thomas College* (Senior Day)

Hockey: 2/14, 3 p.m., Alumni Game

* Denotes North Atlantic Conference games. Home basketball games played in the Stannard Gymnasium. Hockey games held at the Fenton Chester Arena, across from Lyndon Institute. Game times are subject to change.

What's the buzz? The latest news on Hornets athletics

Andrew Koch
Sports Editor

With the regular season winding down, the playoff races are heating up for the Lyndon State basketball teams.

The men's team has won each of their last two contests to break a tough seven game

losing streak. The Hornets are now 8-11 overall and sixth in the North Atlantic Conference, with a 4-6 conference record.

The Lady Hornets are in a fight for a home playoff game. Also 4-6 in the conference and 8-12 overall, the women's team finds themselves tied for fourth in the conference. The

teams will play their next three games on the road before returning home on Feb. 20 and 21 to wrap up the regular season.

Men's freshman guard Ben Sackett has been named NAC co-Rookie of the Week for the second time in the last three weeks.

Snack bar no longer offering free water from fountain

Madison Cox
Critic Staff

Upon returning from winter break, students may have noticed the absence of the water dispenser in the Hornet's Nest. This little nozzle, which was once attached to the soda fountain, allowed students access to free tap water.

The main reason for removing the dispenser, according to Hornet's Nest worker Christine Langmaid, is the amount of waste it creates. "People waste the cups when it's just tap water you can get

anywhere on campus," she said. The snack bar currently offers paper cups next to the soda fountain for beverages.

Students seemed to have mixed reactions about the lack of free water in the Hornet's Nest.

"I think they should keep the dispenser but come up with a more environmentally-friendly system. People could use Nalgene bottles instead of the paper cups," said Danielle Ploof, a sophomore. Other students complained about it being an inconvenience to have the dispenser taken away.

For the time being, students looking for tap water will have to seek it elsewhere. There are many fountains throughout the academic buildings and residence halls that offer cool, refreshing water. Brita filters are wise investments, as they clean bacteria out of the water and fit easily into small residence-hall refrigerators. Students can use their own containers, or stop by the CAB office to receive a complimentary bottle. There are many options to replace the nozzle that once inhabited the Hornet's Nest.

Almost every day is a wacky weekday! I demand more holidays!

SUN 2/8 Macho man Day	MON 2/9 Hollywood Walk Tile	TUE 2/10 Touch my body day	WED 2/11 Pancake Day!	THUR 2/12 Play with Dough day	FRI 2/13 This is not a good day to date a man with a hockey mask or a giant claw. Scary.	SAT 2/14 Single Awareness Day: Don't worry, someone cares about you. Unless you smell bad.
SUN 2/15 YouTube's B-Day: Where all your favorite videos get TOSed within 20 minutes. No music for you!	MON 2/16 Presidents' Day: Carol Moore, you are a lovely lady! Oh, you, too, old dead heads of state!	TUE 2/17 Blaine's Act passed in 1933: Which is why you can sit down with a Brewsky on your porch.	WED 2/18 Pluto was discovered in 1930: You are still a planet in our hearts, just not our star maps.	THUR 2/19 One year ago today Fidel Castro announces that he'll step down instead of waiting until he kicks the bucket.	FRI 2/20 Postal Service Act is signed in 1792, starting the Postal Service. Didn't know the band was that old.	SAT 2/21 Peace Symbol Invented

Awww! Haw original: Valentine's Day word find

K	B	J	U	N	Y	A	D	O	N	I	S	M	B	X	P	X	D	T	M	I	S	Y	V	W
F	D	T	O	X	L	O	V	E	Y	D	O	V	E	Y	K	J	C	W	T	S	E	Q	W	R
G	L	I	P	W	Z	Y	E	X	I	C	J	Q	C	J	I	L	U	B	I	Y	S	L	Y	A
G	T	S	P	B	G	Q	W	T	G	Q	J	B	L	J	R	S	G	E	A	Y	S	T	Q	E
E	K	R	R	T	Z	M	T	J	A	H	W	B	B	O	N	P	G	N	B	B	I	M	Z	B
K	F	C	A	S	Y	K	Y	W	R	L	K	C	V	M	U	D	K	I	P	T	K	R	G	Y
M	A	X	T	E	U	G	C	P	V	J	O	C	U	N	L	C	P	T	C	O	Q	D	A	D
P	K	L	T	S	H	H	X	Y	V	O	C	C	J	S	T	U	W	N	T	N	T	I	K	D
O	O	A	Y	P	C	R	L	E	F	E	A	E	O	F	K	T	K	E	X	O	G	P	K	E
H	B	A	X	V	A	C	C	W	J	H	N	B	S	H	B	S	B	L	O	C	A	D	A	T
V	X	G	T	J	V	N	Z	M	O	K	D	K	G	I	C	A	L	A	D	M	N	B	X	V
Z	G	I	C	E	A	O	T	K	X	L	Y	K	I	S	L	E	U	V	K	Q	T	V	I	Q
J	S	V	R	M	R	K	I	P	K	T	M	Q	H	R	T	R	X	S	T	D	I	P	U	C
S	F	L	O	W	E	R	S	A	D	X	M	J	M	S	R	F	J	I	P	Y	Q	W	E	J
D	F	R	S	P	K	N	I	P	L	F	Z	U	U	V	N	R	W	K	E	N	G	J	H	B
T	I	J	E	C	V	M	D	O	W	S	K	K	U	L	T	I	K	R	A	M	L	L	A	H
Z	Q	S	S	P	T	I	Y	G	A	P	H	R	O	D	I	T	E	C	Z	Z	U	Z	Y	A

WORD FIND

ROMANCE LOVEY DOVEY CUPID CANDY ADONIS

APHRODITE HALLMARK CHOCOLATE HEART ROSES

KISSES PINK TEDDY BEAR FLOWERS VALENTINE

Sudoku Corner! Level: Normal

				7	2			9
			3	9		7		
9	6	7					5	4
		1		2	5			
	8	6			9		3	
2						6		5
		2	9				1	
		5			7			
3				5		8	2	

Instructions: Fill in the boxes with numbers 1-9 so that each number appears only once in each row, column, and 3x3 box. The key is to work on multiple boxes simultaneously.

Created using javasudoku under the GNU free use license. Program written by Samantha Yen

Comic Corner

Happy V-Day By Ryan Bennie Lee

Comic by Ryan B. Lee

Final Blurb



The Wacky Weekdays and the Valentine's word find were compiled by John Day-Fratto and Eric Downing. The sudoku puzzle was created by John Day-Fratto. The nonsense that always appears in this box was written by Managing Editor and Fun Page Coordinator Eric Downing.

Happy Valentine's Day! This greeting doesn't apply to people who use and abuse others. Picture Related: It's us!

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Lyndonville, Vt.

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Friday, March 6, 2009



Photo by Jarryd Guinard.

Inside
Guatemala
IT restructure
Cooking with Cook
Letter to the editor-
Tuition's high?
Asia vs. China Moon
Hornet's sports buzz
Men's Basketball
Black belt guitar

Budgeting begins for SGA and the tension is high

Steven Cormier
Critic Staff

During the Student Government Association's annual budgeting session, club and elected representatives reduced the total budget request number by over \$30,000.

Over \$275,000 from the student activities fee was requested and debated on Wednesday night as the SGA sat to whittle that number down.

After 9 p.m. club representatives began by explaining their budget requests with SGA President Andrew Chapin ushering in the proceedings.

"The reason we are here is to decide how the student activities fee will be distributed," said Chapin, reminding those gathered of their constitutional charge.

The presentations lasted an hour with representatives instructed not to exceed five minutes, though most lasted less than two.

Beginning at 10:30 p.m. representatives began vigilantly fighting every dollar they argued was unnecessary to a club's budget and not in the interest of the student body as

a whole.

From the start the representatives showed their willingness to slice funds, cutting \$988 from the budget of High Society when it was discovered their club's representative was not in attendance.

When the Lan Party Club's Budget came up all WWLR club Rep. Nick Phelan could say when seeing a request for two Xbox 360s was, "The Xbox 360s, really?" repeating himself as the LPC club representative attempted in vain to justify the request. Eventually the SGA voted to drop \$1,492 from the budget.

As each club's budget came and went before the chopping block the growing weight of rejection played out over the slumping body language of club representatives who would have to return to their membership and explain the losses they had incurred.

The SGA cut \$4,500 from the American Women in Radio and Television club while Critic editor Ben Holbrook offered to slice \$5,000 from his club's budget saving \$9,000. Speaking for WWLR, Phelan offered to take \$4,500 from the station's requested budget. In a related matter SGA did not

approve a motion to reinstate the club's voting rights for the budgeting session.

"This means we can speak," said a frustrated Phelan, "but we cannot motion or vote."

The American Meteorological Society's budget request was put in jeopardy when the SGA's president and vice-president took the club to task for alleged drinking activities at last year's storm conference.

"There were Facebook pictures of afterhours stuff, and stories that came back – not good," Chapin said.

When SGA vice-president Tim Cappalli began talking of a need to reel that kind of stuff in, commuter Rep. Stephan Gingras wondered if their protestation was becoming a personal reprimand. Chapin assured that it was not though Cappalli sank back into his chair appearing flustered.

After the discussion had died away and some time had passed SGA cut \$250 from the money assigned to AMS's winter ball. A motion to cut \$4,250 from their storm conference to have the club go looking for sponsorship did fail to pass.

Speaking of the economy

third-year elected Rep. Chris Shadrock said that companies were "laying off people" and that "they don't have \$10,000 to give" in sponsorships.

When current monetary requests came up the relatively new Lyndon Emergency Responders Club asked for \$1,950 to pay for a wild land firefighter's class that would take place at Lyndon State College over April Break.

Asked why fundraising had not been undertaken to offset some of the cost, LER club Rep. Sean Peltier tried to explain that it was because they were a brand new club. First-year elected Rep. John Kleinhans was not buying it.

"You can work and raise some money," Kleinhans said. Ultimately the SGA chopped the request in half, approving instead \$1,000 for LER to put towards the class, thus reducing this school year's General Fund to \$14,620.85

LSC President Carol Moore also made an appearance before the congress of club and elected representatives to listen to questions and comments, confirming what she thought would be a 7 percent increase in tuition next year.

"I think it is going to be a \$200

to \$250 increase," Moore said. Responding to a question on the possibility of a Vermont State College school closing due to the current economic problems the president moved to assure that this wasn't going to happen.

"The college is an incredibly valuable resource in the community," said Moore, telling the SGA members that it would not be an issue.

Moore also addressed the censoring of artwork appearing on the campus' walls as artistic endeavors that must be regulated.

"I'm certainly open to students who want to express themselves artistically," said Moore, "but there is a process they must go through."

In more promising news Moore spoke of President Barack Obama's stimulus money being applied to programs such as work-study.

"I'm pretty sure there is going to be an increase in work-study money," said Moore, "which is a good thing since we had to cut back this year." Prior to leaving the meeting Moore said that the SGA really stepped up this year: "You're doing a lot of good things on campus."

VSC hires consulting firm for internet system upgrade

Norman Johnson
Critic Staff

Tuesday representatives of RCC Consultants, Inc. Woodbridge, N.J. held a series of meetings with administrators, faculty, and department heads for feedback about present internet system limitations and what they need from the system to meet their future needs.

"The VSC's strategic planning process has identified the network as being one of the top priorities," said Linda Hilton, VSC Chief Information Technology Officer. "We've hired RCC as consultants to help us work through the process towards a new architecture. We're including data, voice, and video." The process includes the phone system and VIT [Vermont Interactive Television].

The VSC contract with internet provider, Level-3, runs out in June.

LSC Registrar, Deb Hale, said there is a need for more seamless inter-campus communications as well as a need to process forms and records online, reducing human interaction. Hale said admissions has been pushing outreach web applications, online chat and video conferencing in recruiting. She noted 60 percent of LSC's applications come over the Web.

"What we want to have," said Steve Mandas, representative from RCC, "is the technology to be enabling, to make your job easier."

New students are technologically driven and savvy when they come to college.

"I'm seeing more and more students," said Steve Allen, local area Land Systems Administrator, "coming with two or more networking devices: laptop, desktop, X-Box, and maybe a PDA. These are students that have always

had computers."

Allen explained, rather than being critical, their concerns are with keeping the system up and running with a local infrastructure that's a mix of new and old.

"Some of these students come from homes with 3 mb. service," said Allen, "and had

the LSC system.

"We're downloading large files," said John DeLeo professor of Recreation Resource Management. "Four gig is not out of the question. Aside from mapping contracts that independently fund department projects VSC does not cover, the de-

Bruce Berryman, professor of Meteorology, wanted to know why some outside sources see the VSC system being needy for bandwidth when from inside the system they never exceed it.

"What you were talking about," said RCC's Steve Mandas, "is there's a public

cause we don't permit it. So there may be need there that won't show up on a graph."

"It might be the way to look at that," said Mandas, "is to bring a little more flexibility or spontaneity into the network."

One of the most frequently used technical words used Tuesday was bandwidth, essentially meaning "how big a pipe."

"There isn't any known problem," said Steve Allen. "They [RCC] were brought in to see the future for us."

According to Allen, the only time LSC exceeded its bandwidth was in 2004 when photos, and video with links of the Coventry Phish concert were posted on the college Web site briefly crashing the system.

"There's no piece of this network that's even used 50 percent," said Allen. "That doesn't mean there aren't issues. One of them is that we have so many hops on our route out of Vermont. If you were going to Boston, quite often your route would be from here, to Waterbury, Burlington, Plattsburg, Philadelphia, Boston; Six hops. On the southern route we'd probably use two."

"Vermont has always been slow in building the infrastructure," said Allen. "What I'd like to see eventually happen is from Plattsburg to get a direct trunk to Boston or Chicago."

"Bandwidth isn't always speed," said Allen. "It's not a one-to-one comparison. A lot of people think a bigger pipe means faster. If you have to travel all over the country, you're not going to be fast at it."

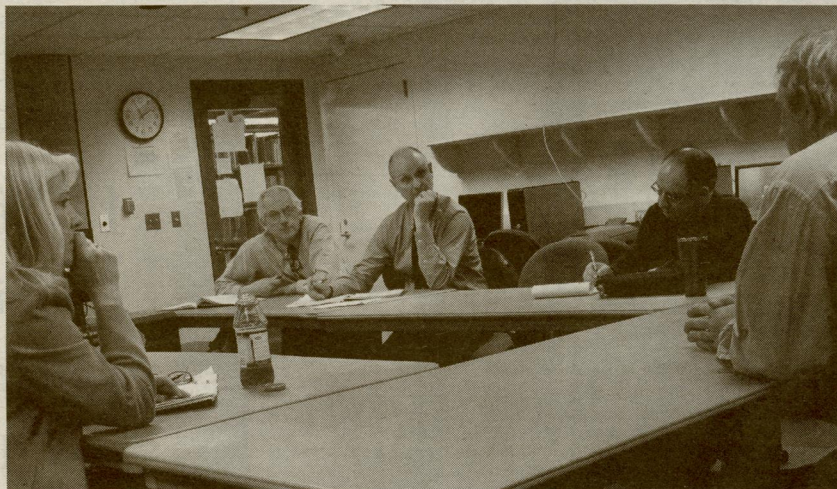


Photo by Norm Johnson

From left to right: Linda Hilton, RCC consultants Steve Mandas and Peter Berry, Steve Allen, John DeLeo

mall, where there are things to do. We need to provide them with some sort of entertainment."

David Ballou, professor of Television Studies and Darlene Bolduc-Ballou director of Broadcast Operations, said Television Studies uses high-level video in their teaching program.

With two broadcast facilities, they have to move a lot of data between them. Often they are forced to move it inefficiently using portable drives because the system doesn't meet their needs.

Recreation Resource Management, among other things, is involved with global positioning systems, geographic information system technology, aerial and satellite imagery making it the busiest data intensive department of

department is developing on-demand interactive mapping services that will increase internet traffic.

"Extreme sports and the videos of extreme sports our kids are making, are another thing," DeLeo said. "It's going up OK, we don't know how it's streaming down."

Philip Parisi, professor of Digital Arts, said artistic-oriented video is creating storage problems for them and older hardware is not capable of utilizing new software fast enough, creating lengthy processing. The department has a digital media core with concentrations in Web design, animation, e commerce and video editing all of which places; demands on the system. Some students must purchase off-site services to get the job done.

perception that the VSC network is needy. We can address this two ways in this process: make sure the network is not needy, and to try and become aware of why that public perception is there."

There are supply and demand issues as well as geographic realities that enter into the equation.

"The absence of research and all of the funding and support that comes with it," said Linda Hilton, "is not here. It's not part of our mission. But some of our departments are doing work that is very much research based. So there's a little bit of a disconnect because it is not at the core mission of the state colleges. The other thing is that we manage our bandwidth tightly. We don't run out be-

GREEN MOUNTAIN BOOKS



NEW, USED, OUT OF PRINT BOOKS

Broad Street, Lyndonville
*Hours: Mon-Fri 10-6,
Sat 9-5*

New Web site

The Critic has a new Web site. Go to www.lyndonstatecritic.com and tell us what you think!

If you are interested in working on the new Web site contact Ben Holbrook

benjamin.holbrook@lyndonstate.edu



David Rossignol
Critic Staff

Today I would like to talk about an experience that I had on the mountain recently. This experience was so bloody frightening that I almost lost it. It being, well, you know, it.

A woman was skiing straight down the mountain, locked in the 'oh my God' position with a face as white as the snow. She had one of her poles sticking straight out in front of her so as to maybe stop herself later on when she got really scared.

This is something that you do not do with your ski poles. When something is planted firmly in front of you and you are traveling towards it at a

high rate of speed, it will maim you in unimaginable ways.

The following scenario never happened, but it did in my imagination.

A ghostly resemblance of a woman was heading straight down the ski slope, throwing caution to the wind, ironically as her face had nothing but caution on it at the time. Earlier in the day she had prepared for the new experience by going to the rental shop, picking up her skis, ski boots, and her trusty ski poles.

At the slope, she spent just the right amount of time looking at what she had come to conquer. As the seconds ticked by, she carefully studied the experts before her. One skier, coming straight down the slope, looked like a marble statue as his body refused to move. Not stopping, he slammed into a rack of skis, remaining nearly motionless until the moment of impact.

Ouch! Mental note: stop before you hit something.

Another skier traversing the hill caught his downhill ski and barrel-rolled sideways. As he slapped the ground in a moment of what looked like sheer agony, his equip-

ment blew off in several directions.

Oooo! Mental note: don't move too much.

Now that she had spent the amount of time necessary to learn how to ski, she was ready to take the lift up to the top in order to do what many apparently could not. As she stumbled around on the flat ground heading to the lift, she thought nothing of her relative awkwardness on the foreign equipment. Moving forward, her arms trembled as they pushed against the poles.

This is harder than I thought, but once I get going, I bet it will be easier.

She stepped up to the lift, and off she went in a rush of excitement.

This isn't so bad.

Wobbling like a dashboard hula girl, she finally got to the top and came to rest looking down the hill.

She began her descent into the record books armed with the previous knowledge of *stop before you hit something and don't move too much.*

She blew by two onlookers who apparently weren't ready for her level of skiing.

Now, what to do with my poles? Aww, I've got it. One in front for extra stopping power, because two

would be too much.

She began to pick up more and more speed and was really starting to feel it now. But wait, there is an obstacle up ahead: a bald, fragile little girl being pushed by her father. Screaming down the hill, she prepares to come to a stop with the pole.

All in one motion she planted the pole, grunted, front-flipped and came to an abrupt landing on her back, gasping for air as a fish might out of its natural element. The girl with cancer is saved!

The point of my rendering was not to make fun of the new skier – although it is hilarious watching someone try to figure the sport out on their own. No, my point was merely to comment on the level of understanding and preparation it takes to learn how to ski. If you approach skiing haphazardly, then that will be exactly what you get out of it. Instead, listen to those who make skiing look easy. They are your best chance at learning the sport. By the way, ski poles are used to make your turns more effective, and it is your turns that slow your descent – not your poles.

Letter to the Editor: Tuition Hikes?

Dear Editor,

We need to have a more serious debate and discussion over the intended tuition hikes.

I believe we need to put these [tuition increases] to the students of Lyndon State. Yes, I understand that the economy is down and cutbacks are needed. I really don't think a 5 to 8 percent

hike is where you need to go first. I believe that all the possible ways we could change this have not been looked at.

I am a student who pays a huge amount to go to Lyndon State. President Carol Moore was quoted in last week's edition as asking everybody to work together to accomplish all of LSC's goals.

These words only help if you believe that tuition hikes are part of the goals. I hope it is not, President Moore, because I will pack up and ship

out right now.

She also said, "enrollment management" needs to be looked at. Raising prices is not going to help you complete that goal. I will once again state this: "WE NEED TO HAVE A DEBATE!!!"

James Sinko
Freshman
Meteorology Major

Thank You LSC

Dear Lyndon State Community:

The Sisters of Kappa Delta Phi N.A.S. would like to thank everybody who has supported us in our philanthropic adventures this semester. The \$305 from roses that were sold this Valentine's Day was an amazing amount for the R.O.S.E. Fund to receive.

The Cookie Walk on March 5th brought in \$132 for the March of Dimes. We would like to take the opportunity to thank all the faculty and staff who donated baked goods to the sale as well as those who donated financially.

We are so glad to be part of such a caring community.

Thank you again for your support,

The Sisters of Kappa Xi Chapter
Kappa Delta Phi N.A.S.

Student Advertising

It is free for LSC students to place advertising in the classified section of our newspaper. Just email critic@lsc.vsc.edu

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Without Us!**

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and men



Planned Parenthood
of Northern New England

www.ppnne.org

LSC experiences Guatemala



Tim, Julie, Laura, Phil, Jimmy, Becca, Dani, Katie, and Claire at a Guatemalan coffee plantation

Photo by Jarryd Guinard.

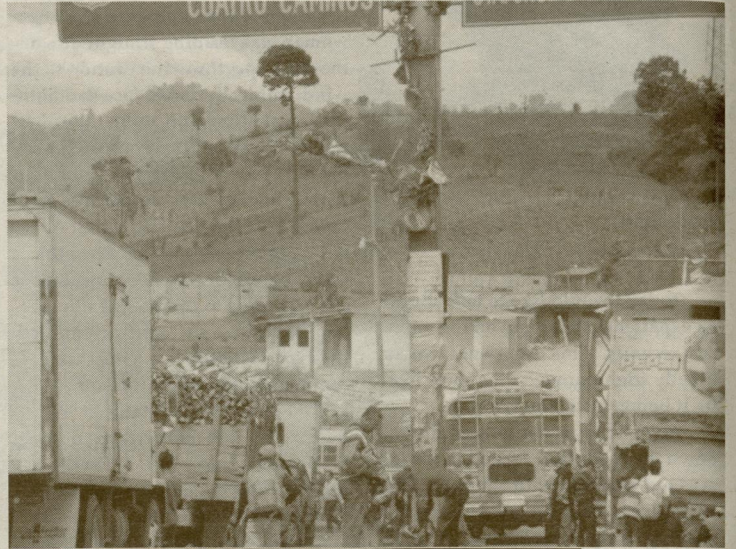


Photo of a city life in Guatemala.

Photo by Jarryd Guinard

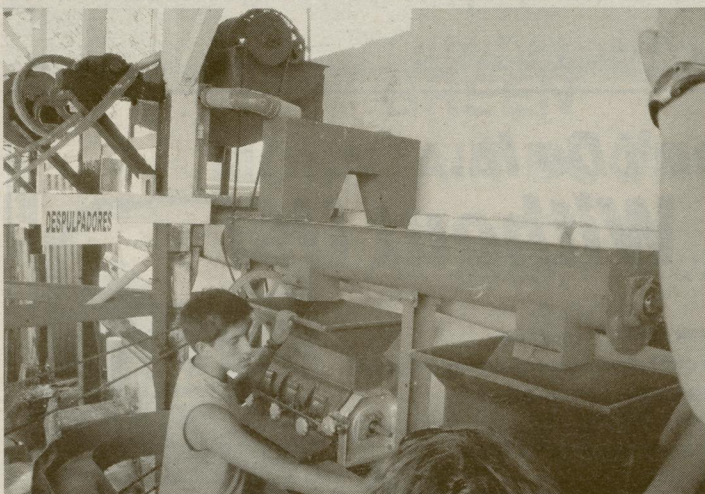


The oldest and first church built in Central America.
Photo by Jarryd Guinard.



Great ice cream place!

Photo by Jarryd Guinard.



Coffee plantation factory.

Photo by Jarryd Guinard.



Mayan masks in a museum.

Photo by Jarryd Guinard



Guatemalan Students dressed up to put on a dance for the school.

Photo by Jarryd Guinard.



Jorge, left, started this school. Photo by Jarryd Guinard.



Derrick communicates with students.

Photo by Jarryd Guinard.

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

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Guatemalans say goodbye.

Photo by Jarryd Guinard.

What to do?

Campus

Karaoke Night
March 6; 9 to 11
Student Center

Tom Rusht
March 7; 9 p.m.
Alexander Twilight Theatre

Star Theater

Watchmen (R)
Sat., Sun.: 1:00, 4:15
Fri.-Thu.: 7:30

The Wrestler (R)
Sat., Sun.: 1:20, 4:00
Fri., Sat.: 7:15, 9:25
Sun.-Thu.: 7:15

The Reader (R)
Sat., Sun.: 4:00
Fri., Sat.: 7:05, 9:25
Sun.-Thu.: 7:05

The Pink Panther 2 (PG)
Sat., Sun.: 1:30

Price: \$6.50 Adults
\$4.00 Kids, seniors and matinees

Location: 18 Eastern Ave.
St. Johnsbury
(802) 748-9511

Emily Curtis
Entertainment Editor

It's no secret that one of the most popular cultural foods that people love is Chinese food, and Lyndonville is fortunate to have two places to go to dine in or take out the tasty cuisine.

The Asia Restaurant and the China Moon have been the places to go for the locals, visitors, and of course, college students. Yet some might question, which is better? Which restaurant should I choose to go to? After looking into that question, here's what was found.

The Asia restaurant is a dining experience that has quick friendly service from its staff. Water is served at your table and is regularly refilled as well as tea. Menus are provided for you to select delicious appetizers to enjoy as your main dish is being prepared. The scallion pancakes are a delicious flaky crust with scallions cooked inside cut diagonally for you to enjoy and offer the ever-popular egg rolls that are bigger than the average Chinese restaurant. A variety of dishes that are offered are the Kung Bo, Szechuan, Szechuan Moo Shu, and Yu Shiang in your choice of chicken, pork, beef, or shrimp. The Seafood Exotic Fantasy that I had the pleasure of trying is a delicious dish with shrimp, scallops, lobster, and Chinese vegetables on a platter.

The decor of the restaurant is relaxing scenery with images of Chinese people in traditional clothing, and a beautiful tank of tropical fish to enjoy near the register where you can pick up your take out order. You have the choice to sit in a booth or a round or rectangular table depending on the size of your party.

If you want to just experience a variety of food without ordering different dishes, you can see the China Moon. At the entrance, you'll see a beautiful fountain filled with gold fish that resembles the beautiful mountains you would find in China with a water wheel and traditional housing.

Once seated, your drink order will be taken and then you can begin your walk around the buffet line where the food is clearly marked above. The main buffet table has the main dishes such as vegetable lo mein, chicken with mushrooms, garlic shrimp, Crab Rangoon, boneless ribs, fried rice, and many more. On the left side buffet table, you can help yourself to soups, carve off some roast beef, or enjoy steamed clams, salmon, or snow crab legs with nutcrackers located right next to it. On the far right, the cold buffet is offered. You can enjoy cold shrimp still in its shell, squid, and a variety of fruit dishes. A small dessert table is located right next to it offering small cakes, cookies, or pastries

with vegetarian sushi, jell-o squares and four flavors of ice cream you can scoop. If you're in a hurry, you can grab yourself a doggy bag and choose from what you want. They only recommend it be three items to a box.

Both places offer the same hours: Mondays to Thursdays 11 a.m. to 9 p.m.; Fridays and Saturdays 11 a.m. to 10 p.m. and Sundays 12 p.m. to 9 p.m. The China Moon offers the lunch buffet Monday through Saturday from 11 a.m. to 3:30 p.m. for \$5.95 for adults, children 4-10 \$3.25 and children under 4 eat for free. The dinner buffet Monday through Thursday from 4 p.m. to 9 p.m. is \$10.45 for adults and \$5.25 for children 4-10. On Friday and Saturday from 4 p.m. to 10 p.m. is \$11.45 for adults \$5.95 for children 4-10 and free for children under 4. Sunday has an all day buffet priced at \$10.45 for adults, \$5.25 for children 4-10 and free for children under 4. They also have a 10 percent off for seniors 60 and over offered everyday. For those getting take out, its \$4.29 a pound for lunch Monday through Saturday and \$5.29 a pound at dinner. The prices for the Asia Restaurant are set in their menu for both dine in or take out. Both places supply take out menus for the customers to take. Enjoy your dining experience of the Far East.

Black Belt Guitar

Chord, cadence, harmony

Jean Charles
Special to The Critic

There I was, about twenty at the time, in bed as we were required after nine p.m. each day. We had studied our lessons well and did our homework for tomorrow's day school. What does the future hold? I had lost a friend. Her parents shipped her away to study abroad in France. A shelf full of her letters was my only comfort. My own father had already immigrated to the US and lived in Brooklyn.

In the silence of night, I heard a distant voice singing. As it got closer I realized it was accompanied by a strumming guitar. These guys seemed to make a brief stop near our house under the lamp post. In those good old days, troubadours were a custom, though I wasn't one. They usually walk the village and serenade girls who are inside their homes, probably sound asleep, and their moms frowning. I heard the sound of the guitar resonating in the silent night. Nothing could be more appealing to my solitude.

Months later, I discovered who the guitarist was. I went to this kid's home during a

vacation and sat and practiced with him. I had the privilege to be a clarinet player, with about five years experience and two years at the National Conservatory. The guitar provides the cadence and harmony and is incredibly beautiful. The first song I learned has three chords like most pretty songs. The lyrics fit exactly on my feelings. The guitar is my new found love. My musical foundation and direction are classical from the start.

I had no difficulty with the guitar left-hand technique. The clarinet is kind of the same way; left thumb in the back and four fingers playing notes in the front. The right hand plucks the strings; each finger has its own string. With the proper fingering the strum pattern sets the rhythm of the song.

Say, the time signature is three beats per measure (3/4). First beat: Thumb (p) first hits the bass (and the index (i), middle (m) and ring finger (a) all pluck their strings simultaneously 3 times. Second beat: (p) (ima). Third beat: (p) (ima). The thumb (p) hits the bass first and (ima) all three strings at once, this is called 'block chords.' I still sing it on rare occasions, and LSC

have heard it twice; once at the Theater's student concert, and once in Alice Anton's French class. The left hand sets the three chords, which are C, G7, and F. These are the Tonic, Dominant and Subdominant.

On my first LSC student performance night I sang it. It gives me so much security. The strange thing is the lyrics are in French. Yup! So when I did it, Dean Dona Dalton who came to watch, mentioned after the fact several times, that it was in French. She probably was thinking: "O Jean you show off."

Nevertheless she seems quite light-hearted with it and so was I. Dr. Beth Norris needs no words, her silent smile speaks volumes. "The Spaghetti song" also uses the same three chords by the way. Thousands of songs use this harmony because it's so natural. Even the blues use this principle except they added their own (7) flavor to it. We will get to this later.

The simple triad, C chord (do mi sol) is chosen. The chord preceding the dominant is called subdominant, in this case F. These are the basic element of the three chords system, cadence-harmony to most traditional airs.

Whatever the direction you choose, country, folk, classical rock, learn a pet song that keeps you loving the guitar while learning the serious stuff of your choice. It's not going to happen overnight as some wish. It takes guts and discipline to be a serious guitarist.

Back to Haiti. So, I hurried to get my first job teaching in a local school and attend the University in the evening classes where I signed up for International Studies. I then saved enough to have some one make me a guitar. It took him several months to have it done. And I played the song over and over. Poetry is the fruit of sadness. There are two universal Classical guitar Methods in bookstores: Carulli and Carcassi. I bought the Carulli and soon I could play a little classical.

One day, I received my letter from the American Consulate. The Consul interviewed me in English. He commented that I was well prepared. I studied at the Haitian American Institute. Soon I had to leave Haiti with two pains and one joy in my soul: the girl I lost, the fear of the politics, and the visa in my passport. I was happy to

board the plane with my uncle who came to travel with me.

My younger cousin got my guitar. I showed him the C before leaving. He was about 12 and an extremely gifted kid when I left. He became an "idol" musician and famous at 17; got shot at 19. So shortly after my ETS (separation) from the US Army, I returned to NY City, finished my schooling and graduated. As if planned by destiny, I was there again to help my cousin's enfoldment as a guitarist. He (Alix (Tit) Pascal now lives in New York City. He found his career in jazz.

What is your direction? What will your foundation consist of? I find most students are familiar with Tablature which is an instant gratification, tells you where the notes are on the finger board. This opens the door for the greatest opportunity LSC offers: the finger style, though, I teach and recommend to any one. It is the "mother" of all foundations all guitarists must have. Once a month I perform at the Library.

Men's head coach reflects on first season with Hornets

Andrew R. Koch
Sports Editor

Joe Krupinski knew coming into this season that he had some work to do.

However, with three seniors on this year's team, his job became a lot less difficult.

This year, forward Kali Stoddard-Imari, center Brad Durr and guard Cesar Martinez helped eased the transition for Krupinski. In May, all three will walk across the stage to accept their diplomas at graduation. Over the last four years, those three players have had three different head coaches. They've gone from the NAIA (National Associa-

tion of Intercollegiate Athletics) to the USCAA (United States Collegiate Athletic Association) to NCAA Division III. They've morphed from a perennial Sunrise Conference power to part of the newest team struggling to compete in the North Atlantic Conference. Throughout it all, these seniors have been a big part of the team's successes over the last four years.

"It was good to have three guys who are great players," Krupinski said, referring to the three seniors. "It's good to have that kind of talent." Krupinski liked how they set a good example for the younger players.

One of the challenges facing Krupinski when he started as head coach was getting the players to buy into his style of basketball. As it turned out, getting the team, including the seniors, to buy into his system wasn't that difficult.

"They were receptive. I didn't have to sell it very hard," Krupinski said, adding that their willingness to buy into a new style of basketball is a testament to their character. "They wanted to do what was best for the team."

This season was the first time in the last three years that anyone on the team had experienced conference play. Krupinski says the team did

have its ups and downs during the course of the year, but overall thinks the team reacted well to conference play.

"I didn't sense a difference in conference versus non-conference games in terms of effort and preparedness," Krupinski said. "Conference games are a lot tougher than non-conference games. We did struggle in the second game of back-to-back games, so that's something we need to work on." The Hornets lost all four games in the second half of those back-to-back weekend games.

When the Hornets went on a seven-game losing streak in the middle of the conference

season, Krupinski did what he could to keep up morale among his players.

"We tried to focus on one game at a time. We didn't look too far ahead or behind," Krupinski said. "Our focus was on playing well in our next game. We focused on our performance in practice and getting better."

With performances like their big win against third-ranked UMaine-Farmington in the season's penultimate game, the Hornets proved that they'll be able to hang with some of the best in the North Atlantic Conference.

What's the buzz? The latest news on Hornets athletics

Sam Monroe
Assistant Sports Editor

In the Hornets' inaugural season in the North Atlantic Conference, both the men and women's basketball teams came close, but were unable to qualify for postseason play.

The men's team finished the season with a record of 10-14. Its final game of the season was an 89-81 loss to Thomas College on Feb. 20.

The women's team finished its season on a high note, defeating Thomas College 76-73 to finish the season record

with a 9-15 record.

Four Lyndon State basketball players were honored for their performances this season, being named to the All-North Atlantic Conference teams.

Senior Brad Durr was named to the All-North Atlantic Conference First Team, while senior teammate Cesar Martinez was named to the Second Team.

Durr led the team in scoring with 19 points per game. He also ranked among the league leaders in many categories. He was ranked first in rebounding, second in scoring,

third in blocked shots and fourth in field goal percentage in the NAC. In the last game of the season, Durr reached the 1,500-point mark for his career.

Martinez also put up impressive numbers in his senior season. He led the team in assists and steals while putting in 17.7 points per game. In the Hornets' final regular season game, Martinez scored his 1,000th career point.

From the women's team senior Jen Stoddard-Imari was named to the Second Team and senior Jackie Wetzel earned Honorable Mention.

Stoddard-Imari led the Hornets in scoring and rebounding. She scored 12.8 points per game and pulled down 9.2 rebounds a game. She was fifth in the NAC in scoring and rebounding.

Wetzel ranked second in the NAC in free throw percentage and was tied with Stoddard-Imari for fifth in scoring. Wetzel broke the 1,000-point mark for her career this season, also in the final game.

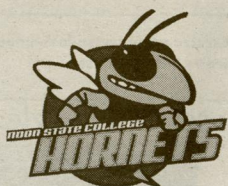
Men's freshman guard Ben Sackett was named NAC Rookie of the Week for the fourth time in six weeks for

the week ending Feb. 21.

Sackett is a candidate for NAC Rookie of the Year. For the season the freshman averaged 14.1 points per game. He knocked down 38.8 percent of his three-point attempts and shot 70.7 percent from the free-throw line.

The Lyndon State Club Hockey Team finished its season with a 5-4 overtime loss to top seeded Bates College in the NECHA Quarter Finals on Feb. 18. With the playoff loss the team finished its season with a record of 7-11.

Do you like sports?
Do you have school spirit?
Do you want your voice to be heard?



The Athletic Department is looking for a new public address announcer for the fall of 2009.

Must be work-study eligible and professional with a microphone.

For more information, please contact the following people:

Chris Ummer, Director of Athletics: x6224, christopher.ummer@lyndonstate.edu

Bill Johnson, Assistant Director of Athletics: x6341, william.johnson@lyndonstate.edu

Andrew Koch, PA announcer: andrew.koch@lyndonstate.edu

Upcoming Events

Baseball: 3/22, 1 p.m., doubleheader @ Mass. Maritime Academy

Softball: 3/22, 1 p.m., doubleheader @ Mass. Maritime Academy

Lacrosse: 3/14, 2 p.m. @ Mitchell College

Men's Tennis: 3/14, 1 p.m. @ Castleton State*

* Denotes North Atlantic Conference games. Home baseball and softball games played at the Skip Pound Baseball/Softball Complex. Home tennis matches held at the Dudley Bell Tennis Center, next to the Alumni House. Home lacrosse games held at the athletics field. Game times and locations are subject to change.

Cooking with Cook: Dishes for dudes

Gwen Cook
Critic Staff

So lately I've been hanging out with boys. How they went through this much of their life without starving is beyond me. Don't get me wrong, they are all quite smart but when they start talking about how ingenious it is that lasagna gets layered I get a little concerned. So for this issue I thought I would jot down some recipes that seem like common knowledge to me, but might actually come in handy for most.

Pork Fried Rice

Ingredients-
4 boneless pork chops, cooked and cut into pieces
2 fried rice-seasoning packets
4 tbsp water
1 bag of steam in bag mixed veggies
2 scrambled eggs
3 bags of boil in bag rice, fully cooked
Directions-

Add rice seasoning and water together in a small bowl.

Mix until dissolved and set aside. Combine the rest of the ingredients together in a large container. Add the seasoning and mix well.

Sheppard's Pie

Ingredients-
8 potatoes, peeled, chopped up, and boiled
½ cup milk
5-6 tbsp margarine
1-pound hamburger, browned
2 cans of creamed corn
1 can of whole kernel corn
1 cup of shredded cheese
Directions-

Preheat oven to 350 degrees. In a medium bowl add potatoes, butter, and milk. Mash together until desired creaminess. In a 13-inch by 9-inch casserole dish layer first the hamburger, then corn, then potatoes. Top with cheese and place into oven for 25-35 minutes or when the sides bubble.

Lasagna

Ingredients-
1 box of lasagna noodles, cooked
1 container of ricotta cheese
1 egg

½ cup breadcrumbs
½ cup shredded cheese
1 pound of hamburger, browned
1 large jar of pasta sauce
1 cup of shredded cheese
Directions-

Preheat oven to 350 degrees. In a medium bowl mix ricotta cheese, egg, breadcrumbs, and ½ cup cheese. Set aside. In a 13-inch by 9-inch casserole dish beginning first with pasta noodles covering the bottom of the pan. Next enough ricotta cheese is spread over the noodles to cover them. The hamburger is sprinkled on top using just enough to cover the cheese. A thin layer of pasta sauce completes the layer. Continue these steps until you run out of ingredients or room. Be sure to end with pasta noodles with sauce as the ending layer. Top with 1 cup of shredded cheese. Cook until cheese is melted and corners bubble, approximately 25-30 minutes.

Almost every day is a wacky weekday! Friday the 13th two months in a row? Damn.

SUN 3/1 Wimpy Man Day	MON 3/2 Break-A-Leg Day	TUE 3/3 "I need some me-time" Day	WED 3/4 Waffle Day Reprise	THUR 3/5 Make some dough day.	FRI 3/6 Frozen Food Day: Don't kill your husband with a frozen lamb leg. Just don't.	SAT 3/7 Stop Bad Service Day: Interpret this day as you will. It's activism no matter what you do!
SUN 3/8 Daylight Savings Begins: Don't forget to set your clocks ahead and lose that precious hour! FML.	MON 3/9 Panic Day: Because you forgot to set your clock and were late for your first class. BUSTED.	TUE 3/10 Mario Day: Swing your arms from side to side. . . Come on and do the Mario!	WED 3/11 Worship of Tools Day: Look out Scientology, a storm is coming! Hail the wrench!	THUR 3/12 National Workplace Napping Day: Dagwood finally gets his big break. I don't. VDM.	FRI 3/13 S--- will go down. Whether it's good or not is up to you. (By the Sports Editor)	SAT 3/14 How was yesterday? If you're still alive, congratulations!

Wordfind: This is one crazy month!

I	R	O	C	K	S	T	G	D	N	C	E	U	A	Z	J	D	M	M	L	Z	J	U	Y	J
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WORD FIND					
LION	LAMB	BAND	SPRING	ABSTINENCE	
COLBERT	MADNESS	ROME	EQUINOX	RED CROSS	
MARDIS GRAS	PATRICK	IDES	PLUTO	THIRTY-ONE	

Sudoku Corner! Level: HARD


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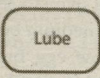


Instructions: Fill in the boxes with numbers 1-9 so that each number appears only once in each row, column, and 3x3 box. The key is to work on multiple boxes simultaneously.


Created using javasudoku under the GNU free use license. Program written by Samantha Yen

College Prank by Ryan Bennie Lee

Plot

(1) Buy Vick's Vapor Rub. 

(2) Change label.  +  = 

(3) Place bottle in roommate's closet. 

A cartoon illustration of a man in a dorm room. He is running out of the room, looking distressed. A speech bubble says "It burns!". The room has a door labeled "Dorm 111" and a sign for "Showers & Rest room".

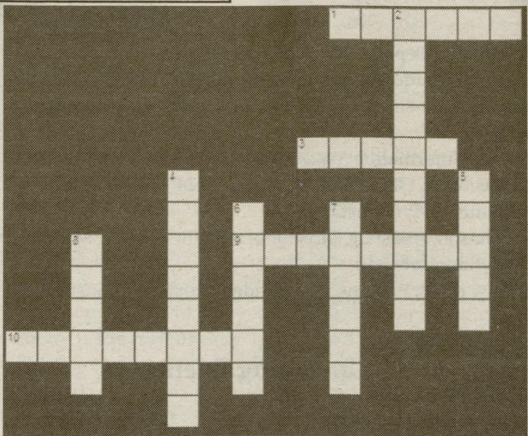
The Elusive Crossword Puzzle

ACROSS

- 1. In legend, these creatures were banished by Saint Patrick from his homeland.
- 3. Last name of LSC's president.
- 9. The only pet allowed by students at LSC lives in one of these.
- 10. The self-given title of the creator of this page, minus the "of Fun."

DOWN

- 2. The form of ballot used by most towns to vote on important matters.
- 4. The last name of the Critic's editor from last year.
- 5. Found to the left. Easy.
- 6. This nearby country's dollar has almost always been worth less than a USD.
- 7. LSC's 24-hour quiet building.
- 8. It's a blast, and also the one thing that is probably foremost on everybody's minds.



Final Word...

This is the first Fun page I've done solo in a while. No one else was here, as far as I know. I only had a strange feeling that I was being watched...

By the way, the Critic does not promote tricking roommates into lubing up with menthol-based

creams, especially not Bengay, which comes in a convenient tube which could be easily mistaken for personal lubricant.



THE CRITIC

Friday, March 13, 2009

Club cuts and tense
reps ends second
week of SGA budget-
ing.
Page 2

Serving the student voice of Lyndon State College

Volume 55, Number 15

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LSC acquires score series

Krystal Csiki
Critic Staff

Music lovers at Lyndon State College have a new resource – a large collection of orchestral scores.

The library recently purchased the Eulenburg (Oil-en-burg) Orchestral Masterwork series. The series consists of 50 different works ranging from Mozart to Beethoven. Each score booklet comes with a CD that can further the understanding of the piece.

"The college is the first institution in the Northeast Kingdom to possess the Eulenburg series," says

Gail Warnaar, the Barnet music shop owner who sold it to LSC.

"I thought it would be a great resource for the college, especially with the new music major," Warnaar says.

An orchestral score is viewed by the conductor. It includes every instrument's score.

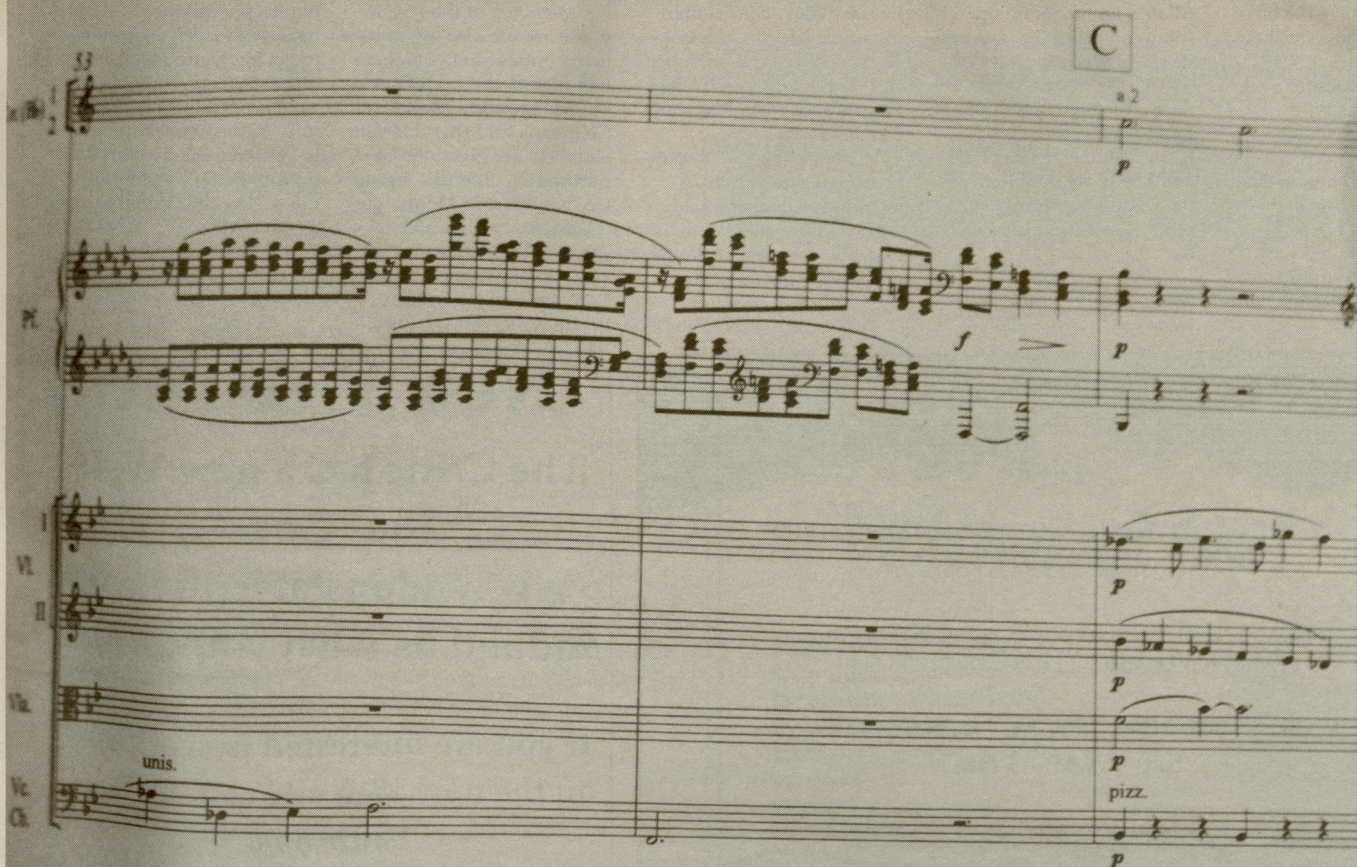
"If you were to audition for a position you would want to know everyone else's part," Warnaar says.

Warnaar runs her own shop dedicated to double reed instruments such as bassoons and oboes. Her shop is located at The Old Homestead, the bed and

breakfast that she owns in Barnet, a town 15 miles south of Lyndon. She left Michigan's Hope College in 1997 after a 34-year career as a music teacher.

Warnaar sold the scores to the college at her cost of \$340.

The series will be held as reference material, which means that the scores cannot be taken out of the library. There are private rooms for reading and practice as well as computers that can be used for listening to the CDs.



Budgeting enters second week for student government

Steve Cormier
News Editor

Student representatives were able to find nearly \$16,000 to slice during a second bout of budgeting cuts.

The Student Government Association delivered the biggest cuts to the American Meteorological Society's budget, which incurred a total loss of \$4,105 during the Wednesday night meeting.

"Somebody has got to take a hit that hasn't taken a hit yet," said Peltier. "The logical choice is them [AMS]."

Rep. Sean Peltier, of Lyndon Emergency Responders, motioned to cut AMS's \$3,000 request for the National AMS Conference explaining that the "nickel-and-diming" approach to budget cuts had to stop.

A number of club representatives said the club had not tried hard enough to ask for sponsorship of their Storm Conference which had been a point of debate during last week's meeting.

First year elected Rep. John Kleinhans agreed, stating that AMS was already getting 10 percent of the

total SGA budget, and adding, "You have to ask everybody. Why wouldn't someone be interested in sponsoring?"

During the ongoing conversation evolving around AMS's budget SGA President Andrew Chapin nearly ejected AMS club President Hayley LaPoint who was vocally defending AMS's budget to the SGA. As stated in the constitution, only club representatives and treasures can speak on behalf of their club budget during SGA budgeting.

"Hayley, this is your last warning," said Chapin. "One more time and you are out."

After LER explained that most clubs had incurred the cutting of funds for trips in the spring of 2010 the SGA voted to cut the request for the conference along with an additional \$450 from other items in AMS's budget request.

When the SGA began analyzing the Dance Team's budget request confusion overtook those assembled as the SGA executive board twice miscounted a vote motioning to cut the \$2,500 requested to pay their coach and advisor, Donna Keely.

Initially the vote failed to garner the two-thirds majority needed to cut the funds but when Chapin and SGA Secretary Nathan Carter finished counting votes with two different tallies, and then went ahead with a recount, it appeared that the motion had passed and the request was cut.

After re-entering the room following a 10 minute break between sessions the executive board announced that they had recounted the vote once more, outside the room. The new tally fell just short of the necessary votes and the request for funds survived. Eventually Dance Team club Rep. Darcy Labrie cut the request down to \$1,000.

Several SGA representatives questioned the \$1,500 increase to be paid to Keely and noted that most SGA clubs do not pay their advisors for the work they do.

"The request for the coach went up 150 percent," said Sigma Zeta club Rep. Todd Lannouette. "In this economy I don't know how that happened. I don't know why their coach gets paid at all."

Some clubs escaped having anymore funds cut as it

seemed that during last week's budgeting session their budgets has been whittled down to the bone.

Many representatives motioned to simply pass over smaller clubs who had already had large percentages of their budget requests cut, such as the Role Playing Club who cut \$50 from their request this week and whom the SGA had cut over \$300 from last week.

"I suggest we move on because we already cut most of their stuff," said commuter Rep. Stephan Gingras.

Chapin reminded the voting representatives that "you guys do need to cut money" while SGA advisor Stephanie Tyler cautioned representatives from voting by way of how much had been cut from budgets.

"You don't want to focus on how much a club's budget has been cut," Tyler said, "but instead on whether the money being cut was being put to good use."

Club Rep. Nick Phelan of WWLR suggested cutting \$200 from everything in the Campus Activities Board's budget to save money but could not introduce a mo-

tion to do so as his club is still lacking its full voting rights.

CAB treasurer Meghan Eisenhardt explained that her club had already sliced money to offset budgeting concerns.

"We have cut over \$17,000 from our budget this year," Eisenhardt said.

Chapin, speaking of the fact that CAB automatically gets a cut of the student activities fee which constitutes the money in the SGA's general fund, implied a futility to Phelan's suggestion.

"You can cut money from the CAB budget if you like but they will get half the [activities fee] money anyways," Chapin said.

When representatives asked what the altered budget amount now stood at, SGA vice-president Tim Cappalli could only give a rough estimate saying that it was in the \$240,000 range.

The SGA will continue with budgeting next Wednesday night following the regular biweekly government session which is set to start at 8 p.m. in the Burke Mountain Room.

Lyndon State College student club chooses Republican party

Aimee Lawton
Critic Staff

Students at Lyndon State College now have the opportunity to show off their conservative side.

Budget planning for next semester is in full swing and many new clubs are stepping on to the scene, making their debut on campus. One such club is the Lyndon State College Republicans, affiliated with other College Republican organizations throughout the state of Vermont.

The Vermont College Republicans is associated with the Young Republicans of Vermont, a nationally affiliated organization open for membership to state residents between the ages of 18-40. The State Chairman of the Vermont State College Republicans, John Kleinhans, is a freshman at LSC and one of the founders of the LSC Republicans. The other founder is club President Rachel Keller.

"We have about 15 active members," Kleinhans said, "and we usually get

new members every week."

Kleinhans was elected to his position in December 2008 and entered office in January 2009. Since entering office Kleinhans has seen an increase in membership in the Vermont College Republicans from 7 to about 130 members.

Though the LSC Republicans have gone to SGA meetings, Kleinhans said that when it comes to their budget, "they would rather do fundraising first, then ask for money."

He said that the club is

organizing a pancake dinner in late March or early April that will help them build up their funds.

Members of the LSC Republicans are also offered many outside benefits that will further their political knowledge and experience. Kleinhans said that this year members are given the opportunity to attend a legislative breakfast in Montpelier where they will be able to speak with Lieutenant Governor Brian Dubie as well as state representatives from Lyndonville, "who happen

to all be Republicans."

"There is also a statewide convention in late April where all college Republican clubs meet," Kleinhans said. "We always try to get big name speakers for these meetings."

This is another opportunity for members of the club to get more involved in the politics going on around them. The LSC Republicans meet on Mondays at 7 p.m. in the Rita Bole Community Room.

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If you are interested in working on the new Web site contact Ben Holbrook

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Snowboarding: Q & A With Joel Lacoss



Photo Courtesy: Gabe Holm and Bear Pond Productions

David Rossignol
Critic Staff

I had a chance to talk with Joel Lacoss recently and ask him some questions about what he does in the winter. After a few games of pool I began to see Joel's competitive side. Joel is from northern Vermont and this is where he became the snowboarder that he has evolved into today.

Where did you get your start?

I started out at Jay Peak, VT.

You currently ride Jay Peak, what makes that mountain your mountain?

I live only 10 minutes away and grew up at Jay Peak. They get the most snow in the east and as far as I can tell they have the best west like terrain for an east coast resort. I also like that it's still a fairly low key mountain. You don't have huge lift lines and you see the same locales come back every year.

It's a pretty big deal being sponsored, how did you become sponsored?

My biggest support came from Bogner clothing in 2006. I qualified for the USASA Nationals in Lake Tahoe, Calif. I couldn't afford the cost of the trip so I contacted Bogner and they offered to pay for everything (plane fair, hotels, and entrance fee) as long as I wore their gear while competing. I ended up placing third in the event. That's when I met the New England rep for Head Snowboards. A few weeks later he offered me a spot on the New England Head snowboard team.

What makes boarding extraordinary for you?

I like the fact that you can do anything, there are no rules. You basically look at your terrain and think of every possible thing you can do with it. Some stuff works and some doesn't, but there's no one there telling you its wrong or "against the rules" like in other sports.

What has been your greatest challenge?

Filming. We have a small crew that we film with and towards the end of each season we feel the pressure to get the shots we want in time.

What do you see in your future as far as boarding goes?

I plan to move out west in a few years, maybe get a job at a resort or something enough to get by with rent - just keep riding and filming.

Do you have any aspirations in influencing any aspect of your sport; are you in it to change anything?

Not really. The progression level is so high right now. I'm not trying to strive for anything crazy and new. I just like riding with friends who push me

Are you working on any new tricks?

Not really. Learning new tricks just kind of comes when I'm goofing off with friends in the park. I think good style is more important than hucking a new trick. Also learning how to bail and fall properly is

clutch - learning how not to die when you ride.

What is your favorite trick?

Big floaty back 5's.

Any advice for riders who want to pursue boarding professionally?

Ride every day and move to a resort with a good park and good freestyle scene.



Photo Courtesy: Gabe Holm and Bear Pond Productions

Letter to the Editor: Rebuttal

Dear Editor,

Last weekend (March 6-8), the AMS & NWA held the 34th annual Northeastern Storm Conference. This year boasted nearly 300 attendees representing 3 countries, 15 colleges and universities, and numerous National Weather Service offices, television stations and private industry companies. Forty talks were given, including a Banquet talk by Dr. Joshua Wurman of Discovery Channel's Storm Chasers. The conference was a resounding success for our club and for Lyndon State College because of the immense amount of hard work that is put into it by our members.

It is for this very reason that we were deeply disappointed to read the misstatement published in the March 6 edition of The Critic. The article reads that certain SGA executive board members "took the club to task for alleged drinking activities at last year's conference." While an issue was raised about the behavior of a few individuals not representative of the general attendees, the exact reason for these concerns was not given. The AMS & NWA is unaware of any complaints against our conference and would appreciate that The Critic refrain from inserting any specificity that was not verily presented at the meeting. Thank you very much for your time and consideration regarding this matter.

Sincerely,

The LSC-AMS & NWA Executive Board

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On campus or off? Students share their opinions

**Heather Poginy
Critic Staff**

If you plan to live on campus next year, have you gathered up the funds to pay your \$200 housing deposit?

There are many pros and cons to living on-campus or off, and living in a double room or a single room. Some students like the company of a roommate, and value the money saved when sharing a small space, but some find it much better to live alone and forfeiting the funds.

As of this year, the fee for living in a double room for an entire school year is \$4,472. That's a whopping \$1,190 less than the fee for a single at \$5,662. Rent in the Lyndonville area for a two-bedroom apartment varies from \$500 to \$1000 per

month shared, hopefully, between two people, which would bring it down to \$250 to \$500 per month.

Living in a double room costs an individual from September to May, \$559 per month. To live in a single, it's \$707.75. These prices are all without the luxury of your own bathroom, a living room and kitchen to cook your own food.

So – is it worth it to live on-campus with a roommate or alone?

"The thing I like most about living in a single is the privacy," said Jen Strona, a resident of Bayley. "I like having my own space and not having to worry about a roommate using my things."

Strona, who dreams of a stove next to the sink and fridge in her suite, is dia-

betic.

"I wish I could cook my own food, and not just live on microwaved Ramen noodles," Strona said, "Or go to the dining hall, which doesn't have the best food choices. They open at odd hours during the weekends, and I need to stay on a schedual, or my blood sugar goes out of whack."

Some students would give up the luxury of rolling out of bed each morning, and making the five-minute walk from their residence hall to class, to live off-campus.

Maya Boudreau, a senior Rogers resident, likes living on-campus for the convenience factor.

"It's close to classes, and you don't have to worry about making monthly payments for rent, heat, utilities,

and all that," Boudreau said. "But living off-campus you have designated rooms for cooking, hanging out, and sleeping as opposed to having it crumpled into one room."

After transferring from the University of Vermont, and living off-campus in Burlington, Boudreau found it unbearable to go to living on-campus.

"I have a great roommate and great friends that live on-campus," Boudreau said. "However, nothing can really replace the sense of freedom you have when you live off-campus. Not having to worry about when to be quiet, or when you can't access your stuff over breaks."

"If I had the money, I would definitely live off-campus," Strona said.

"There is too much drama here. Everybody knows everybody else's business. But when I think about my student loans, I know there's interest on that, but I'm in college, and I need something I'll enjoy with my experience here. In my room, alone, I'm able to focus better on my schoolwork, and that makes living on-campus a good investment."

It's a scary thought to have your own bills, your own responsibilities, and have to drive to school everyday.

"Moving off-campus is just another step to leaving the college life and starting real life," Boudreau said. "Something I greatly look forward to doing again."

Different-Sex Housing

**Madison Cox
Critic Staff**

Beginning in the fall of 2009, students at LSC will have the option of co-ed suites in the Rita Bole residence hall.

This new option will allow students to live side-by-side with members of the opposite gender in the hopes to create a more "real-world dynamic of living arrangements outside the Lyndon State College campus", according to Resident Hall Director Erin Rossetti. It is a movement that is becoming popular on many college campuses in an attempt to provide real-life experiences and meet the needs of every gender and sexual identity.

Because of the success of the 21+ suites in Rita Bole during the present year, the idea of gender-neutral suites seemed much more plausible. In order to qualify for

this new housing option, students must have at least 30 credits and have a clean judicial record dating back to September of 2008. Seniors will have priority before other students. These are the same requirements that Rita Bole has had in the past.

While there are no specific rules regarding living in this type of environment, the suite contracts that every resident fills out at the beginning of the semester will be important in establishing effective communication.

"The one expectation that we do have of all people choosing to live in this housing style is an openness to all gender and sexual identities," Rossetti said.

Students seeking more information about this new housing option can attend an informational meeting on March 17th in the Rita Bole Community Room at 7:00pm.

Who was Samuel Read Hall?

**Eric Downing
Critic Staff**

Nearly all of Lyndon State's students use the Samuel Read Hall Library, but how many of them know the man behind the name and sweeping changes the library went through before it looked like it does now?

Library Archivist Pat Webster knows not only who Samuel Read Hall was, but also the person who gave the library its name, and details of the library's history. The man who chose Hall's name was a history professor at LSC named Graham Newell, who was revered enough to make multiple designations.

"He chose names for most of the buildings on campus," Webster said. Notably, Newell gave the Stonehenge complex buildings their respective titles. Newell himself has a room in the library named for him.

Newell probably chose Hall's name because Hall was

an early pioneer in education from New England. Hall, who lived from 1795 to 1877, started a teacher education program right out of his home in Concord, Vt. in 1823. He also wrote a book of lectures on school keeping, which is one of what Webster estimates to be 60 books in the library's rare collection.

Hall's tradition of educating teachers was seen by LSC, especially when it was a teacher training school located where Lyndon Institute is now. The campus's expansion in 1951, when the Vail Manor was purchased by the school made it necessary to move roughly 12,000 books under the command of then-president Rita Bole. Amazingly it was done in a single weekend by Bole and others who had to skip church, which Webster said was a big deal.

The library, or rather the books it was comprised of, was in one of the manor's towers for more than a decade be-

fore it ended up in the Harvey Academic Center. September of 1972 saw the books in the building we now think of as the library, which then only had two floors. The library also had a walkway on its roof which won a design award in 1980 for "bridging the two sides of campus."

In 1994, Newell talked with Governor Howard Dean when they announced the construction of the library to get it to four stories. During this time, 80% of the stacks were placed in the Bole Gym for about a year. The year 1995 brought Dean back to dedicate the improved building.

Webster cited the repeated relocating of the library as well as the more recent addition of the writing center as evidence of the library's willingness to be flexible.

"Resources are changing continually," Webster said. "We keep adapting with the times."

This is... News 7

**Aimee Lawton
Critic Staff**

What better way to hear about your local news than to watch it be reported by your fellow students on your very own college news station?

News 7 is a student-run news station broadcasted throughout the Northeast Kingdom from right here on the Lyndon State College campus. The students are not only news anchors responsible for reporting to the public, but are also in charge of producing, managing, directing, and filming the broadcasts. They are the ones who are primarily in

charge of the station.

"Putting a show together at 5:30 at night is a very difficult task," said senior reporter Shane Beam. "We actually start doing this the night before when things such as meetings and sporting events are covered."

The News 7 reporters put a lot of time and effort into producing a quality news broadcast, and making sure that all of the important news is covered. In addition to standard news coverage, Beam said that the station has scanners that send them breaking news reports, so they can stay up to date on everything that

is going on at any given time and modify a broadcast if necessary.

"News 7 has a certain amount of reporters who work different shifts," Beam said. "Senior reporters work long shifts from 8 a.m. to 6 p.m., while other reporters split shifts, and work from 8 a.m. to 1 p.m., and 1 to 6 p.m.."

"It takes a collaborative effort from both the reporters and their professors decide on the content for a half-hour show, and produce a quality product for viewers," Beam said.

Right before a show, the News 7 control room is noth-

ing short of "organized chaos."

One reporter said that if things don't get done at a certain time, then it gets very hectic before deadline.

"It is important for people to remember that the reporters are learning as they go," Beam said, "and despite all the chaos that may occur, everything always manages to get done."

The News 7 reporters appreciate it when students on campus and others in the community watch their news broadcasts. Beam said that they have "sweeps" three weeks out of each semester where people submit reviews

of the show and the reporters. These sweeps occur the week before midterms, and the last two weeks of each semester.

"We love for everyone to watch," Beam said. "Any feedback and constructive criticism that we receive helps us become better as journalists."

News 7 student-journalists are genuine reporters that broadcast news to viewers on campus, and in the Northeast Kingdom. Beam says that they are working hard, and hope to return to where they were in 2004, when they were an Emmy-award winning news station.

LSC meteorologists will chase tornados for snapshots

Norman Johnson
Features Editor

How would you like to spend the next two summers out on the great plains chasing or being chased by tornados just to get some really cool pictures?

Nolan Atkins, Lyndon State College professor of meteorology, and meteorology students Tony McGee, junior, Penacook, N.H., and Rachael Ducharme, junior, Charlestown, R.I., will be doing just that May 8 for five weeks this summer. The three investigators from LSC, and 15 other national investigators are participants in the \$6.7 million VORTEX 2 project funded by the National Science Foundation. VORTEX 2 will run this summer and the following summer.

VORTEX in longhand is a mouthful: Verification of the Origins of Tornados Experiment. Atkins, McGee, and Ducharme will be one of two

photo teams that will work to get as close as they safely can to record funnel clouds and debris.

"Back in 1994, 1995 there was a program called VORTEX 1," said Atkins. "The goal of that project was to better understand how tornados form within this particular type of storm that we call supercells. Supercells are these big monster storms that tend to produce the stronger more damaging tornados, especially out on the plains."

"We need to understand why a tornado forms," Atkins said, "so we can put out better warnings, longer lead time, with more accuracy. Not all supercells produce tornados. Right now, it's a real challenge."

Accurately predicting the nature of a tornado is an extremely complex and still very elusive science.

"We're not very good at it at all," said Atkins. "Fundamentally it's a hard problem

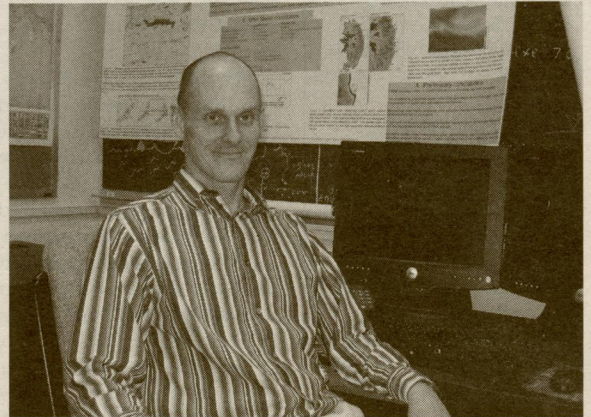
because tornados are short-lived, ten minutes, and very small, only a couple hundred meters wide. How do you observe something like that? The best resolution we have in weather from a satellite is about a kilometer by a kilometer." Besides, Atkins said, the debris within the storm would make satellite photography virtually impossible.

The experimental domain Atkins, McGee, and Ducharme will cover is huge: anywhere south of Lubbock, Texas, eastern New Mexico, eastern Colorado, all the way over to central Iowa, South Dakota and southwestern Minnesota. They call this country Tornado Alley.

"The way it's going to work," said Atkins, "is that we'll all start at the Severe Storms Lab, in Norman, O.K. We're going to look at the weather and figure out where within this domain we expect active weather to occur. Then we're going to drive there."

On the morning of an operation, they will study weather maps and predict where they think storms will form. They will talk, come up with a plan for later in the day then drive there and wait.

When a supercell evolves, they will have deployed in it on the ground up to ten Doppler radar units on flatbed trucks to scan the storm and collect wind information. Driving through the storm will be



Nolan Atkins, professor of meteorology

Photo by Norm Johnson

the two photo teams and a bunch of cars with racks of weather instruments on top collecting data. With so many ground vehicles involved, they will require a good road grid on the ground under the supercell for safety reasons.

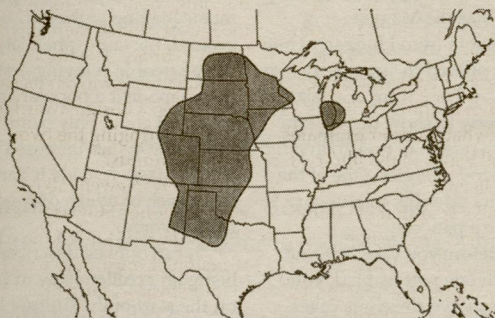
"We will have in the vehicles a real-time display of the storm," Atkins said, "a radar picture, and a GIS map of all the roads, and positions of all the teams. We'll know where everybody is and where the storm is. That will be crucial." A good road grid on the ground will be important for safety as well as information reasons.

If their planning is accurate, they hope to be within four to five kilometers of the moving funnel cloud to photograph the action. But, Atkins noted, it is still not a perfect science in spite of new technol-

ogy, so if the dragon decides to confound their best laid plans, they will have to rely on old technology: beating a hasty retreat.

The photo team will also survey storm damage. They will map damage in a very comprehensive way on the ground and from the air of every tree and building and note which direction it was thrown. Based on the type of tree or building and the extent to which it was damaged, they will estimate the wind speed using what is called the EF scale, or the Enhanced Fujita scale.

For a graphic display of the Fujita scale and some scary pictures of tornados, go to the second floor of the Library and get a look at the four images on the wall to the left of the Vermont Room 214. Nightmare material.



Data source: Nolan Atkins

Area of Great Plains states generally known as tornado alley.

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

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or

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American Life in Poetry: Column 206

BY TED KOOSER, U.S. POET LAUREATE, 2004-2006

Ah, yes, the mid-life crisis. And there's a lot of mid-life in which it can happen. Jerry Lee Lewis sang of it so well in "He's thirty-nine and holding, holding everything he can." And here's a fine poem by Matthew Vetter, portraying just such a man.

Wild Flowers

At fifty-six, having left my mother,
my father buys a motorcycle.
I imagine him because
it is the son's sorrowful assignment
to imagine his father: there,
hunched on his mount,
with black boots, with bad teeth,
between shifts at the mill,
ripping furrows in the backroads,
past barn and field and silo,
past creek and rock,
past the brown mare,
sleek in her impertinence,
never slowing until he sees
the bull. He stops, pulls
his bike to the side of the road,
where golden rod and clover grow,
walks up to the fence, admires
its horns, its wet snout snorting and blowing
its breath, its girth, its trampling
of small wild flowers.

What to do?

Campus

CAB Film: City of God
Friday, 9 p.m.
Student Center

Kidz World II
Saturday; 10:30 to 12:30
Stannard Gymnasium

Cynthia MacLeod-
Prince of Edward Island's Fidler- with Jon Matthews
Sunday, 7:00 p.m. to 9:00 p.m.
Alexander Twilight Theatre
Free with LSC ID
Non LSC: \$8.00 in advance
\$10.00 at the door
Contact: Brenda Sweet at
(802) 626-6254

Mayan Math
Monday, March 16th
3:00 to 4:15; Vail 450

St. Patrick's Day Concert
Tuesday, March 17th
12:00 to 1:00
Alexander Twilight Theater

Star Theater

Watchmen (R)
Sat., Sun.: 1:00, 4:15
Fri.-Thu.: 7:30

The Tale of Despereaux (G)
Sat., Sun.: 1:00, 3:00, 5:00
Fri., Sat.: 7:00, 9:00
Sun.-Thur.: 7:00

Valkyrie (PG-13)
Sat., Sun.: 1:30, 4:00
Fri., Sat.: 7:05, 9:25
Sun.-Thurs.: 7:05

Price: \$6.50 Adults
\$4.00 Kids, seniors and
matinees

Location: 18 Eastern Ave.
St. Johnsbury
(802) 748-9511

Watching the "Watchmen"

Matthew J. Goldstein
Special to the Critic

"Watchmen" has long been considered "the unfilmable graphic novel." After reading the book, I shared this opinion. The story is too deep, convoluted, and would go over the head of many action-hungry-movie-goers expecting to see car chases, explosions, and cartoon violence.

A comic book or graphic novel allows the reader to go back a few pages, reread missed information, and analyze dialog further. With a motion picture, you are deprived of this privilege and many complicated stories need a second viewing.

I agreed with the unfilmable sentiment. However, Zach Snyder, director of "300", managed to capture the attitude and feeling associated with the "Watchmen" graphic novel. To a loyal fan of the original material, the results are impressive.

To further appreciate and understand the story, the novel is one of Time Magazine's top 100 of the 20th century - I suggest you read it. I think the everyday moviegoer will be lost for a portion of the

plot, but Snyder and his editors are able to stitch together a coherent picture of what is happening. The original cut of the movie is allegedly 3 hours and 30 minutes long, so Snyder had to cut nearly an hour of material to please the studio.

"Watchmen" is not a superhero movie. It's not Iron Man, Spider Man or Batman. I think this will disappoint many people. Having read the novel I wasn't expecting a typical superhero movie. Apparently the family that brought their two small children were. This is not a kid's movie. The threat of imminent nuclear holocaust, graphic violence, and rape are all featured. It's deep, existential, philosophical, political, and very thought provoking. I just don't think that's what many people want in their movies. Most people want to munch on popcorn, be entertained by explosions, and become a vegetable for 90 minutes. Watchmen does have its action, but the moral and political dilemmas, relationship difficulties, personality traits, nihilism, and existentialism make you actually use your brain in the theater. It makes you think - I've seen it twice now.

When you go see the movie, do not miss the opening scene. It establishes the dystopian, alternate-reality that is Watchmen's timeline, and is also beautifully shot. To give you a taste, it's 1985, Richard Nixon is still president, and America won the Vietnam War.

Additionally, I think people will enjoy the soundtrack because there are some pretty iconic songs chosen, but honestly I didn't think it fit. I expected a dark, dramatic score, and was disappointed by the creative choices - with the exception of the inclusion of Bob Dylan's "The Times They Are A-Changin'." I thought the song choices were contrived, cliché and catered to mainstream moviegoers. Anyone with a decent iTunes collection will have these songs. It's hard to say what the ultimate goal of a movie or the studio is.

Do they want to make as much money as possible, be a cult classic, or win an Oscar? It's probably really hard to balance the financial aspect, staying true to the source material, pleasing fans of the book, and making money. It seems like Zach Snyder took on a very large challenge, and succeeded.

Serving the world on a platter

Emily Curtis
Entertainment Editor

Lyndon State College has kicked off its Thirteenth Annual Cultural Festival. For a little over a week, the students are exposed to different cultures through films, speakers, lectures, music, and of course, food.

This past Tuesday, students, faculty and visitors had the opportunity to sample dishes from around the world with their names, ingredients and country of origin listed on cards next to them.

The Student Center was packed with people in line and sitting on the couches enjoying

plates and bowls of the food offered for free.

The buffet line started out with dishes from Asia and the Middle East such as spring rolls, crab Rangoon, hummus with pita bread, and curry with rice.

Sushi was also offered from Japan along with dipping sauce.

From the European countries, there was matzo ball soup.

There was also a bit of zest added from the salsa dip with cheese and tortilla chips and the quesadillas from Mexico.

Just before students filled up on that, there was the dessert table. One delicious

dish was the Magyar Palarsinta from Hungary. They were offered in strawberry and apricot. They were also labeled properly to show the visitors which ones had nuts to avoid any food allergies. One of the servers said that in Hungary, it is like a pancake.

Before you could choose which one you wanted, you were shown delicious cakes.

There were chocolate bonbons from France and Mexican teacakes with pecans and chocolate or just pecans. They had a lightly buttered and sugared taste on the outside and had a delicious sweet filling on the inside.

Along with the cultural

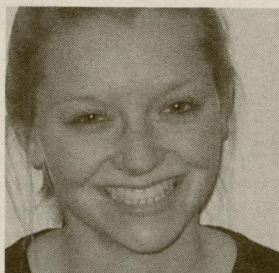
music playing in the background, the atmosphere of happy people enjoying new dishes made it a popular scene to be at. I could only name a few of the dishes because they went so fast. It made it hard to keep track of which dish was most favored.

It can only be described as being an excellent way to kick off the start of the Culture Festival. Exploring the world with your taste buds.

If you would like to learn about these recipes and others, the Lyndon State Library has a collection of cookbooks that are available for checkout.

Cooking with Cook

St. Patrick's Day feast



Gwen Cook
Critic Staff

My family loves to celebrate St. Patrick's Day in a big way. We always have a huge party with lots of food and music....and booze.

I'm not sure if listening to Celtic music while drinking everything in sight is the traditional thing to do but it's our party and we can do what we want! They do make a point of keeping the food relatively Irish themed and it is all amazing so I thought I would share some. My uncle insisted I include his drink of choice...enjoy!

Potato Candy

Ingredients
4 cups of coconut, shredded

4 cups of powdered sugar
¾ cup of mashed potatoes, cold
2 tsp vanilla
A dash of salt
1 pound of chocolate

Directions: Mix every ingredient but the chocolate together in a large mixing bowl. Cover a 9 inch pan with aluminum foil and then spray with non-stick spray. Spread the potato mixture in the pan and then refrigerate for 5 hours. Take out and cut into rectangles and then cover and freeze overnight. Melt the chocolate in a double broiler and dip the potato squares in the chocolate. Place on wax paper and refrigerate until the chocolate is hard.

Champ

Ingredients
6 large potatoes, peeled and chopped
4 scallions, diced
Salt and pepper to taste
1 stick of butter, halved

½ cup of milk

Directions: Boil the potatoes until they are very soft. Add the milk, half of the butter, and scallions and then mash the potatoes with a fork. Be sure the scallions are mixed into the potatoes completely. When serving, make a pile of potatoes with a well in the center. Put a generous amount of butter in the center and allow it to melt. Dip forkfuls of potato into the melted butter when eating.

Irish Whiskey Sour

Ingredients
3 tbsp bourbon
3 tbsp lemon juice
½ teaspoon powdered sugar
Crushed ice

Directions: Add sugar, lemon and bourbon into the ice and shake well. Strain into glass and top with a cherry and/or orange slice.

Student trainers help NEK residents, students get into shape

Sebastian C. Lury
Critic Staff

LSC provides help for students and the public alike to get rid of excess weight, keep a heart in shape, and stay generally healthy through the services of Certified Personal Trainers.

The Certified Personal Trainers (CPTs) are students enrolled in the exercise science department and are certified through the National Strength and Conditioning Association (NSCA). The students participate in the Practicum class.

The class is not required

for the degree program though. Trainers Mike Thibault and Ryan Wimble say the class is highly regarded, but is not required for the major.

"It is highly looked upon," says Thibault.

"It provides practical experience," says Wimble, adding that it helps students with "anything you [they] do in the exercise field."

The class requires its students to work at least six hours a week in the fitness center. This work is not paid in money, but in education and experience.

The service is offered to students, faculty, and community members who have purchased a membership with the fitness center.

"It's probably 50-50," says Wimble of which group takes advantage of the services.

There is currently a waiting list for students, faculty, and community members.

"We try to get as many hours as possible," says Wimble of the list. "It's harder because of conflicting schedules." There is no limit on how many hours the trainers can work.

Wimble explains that the

process begins with a consultation with a prospective client.

"We put them through pre-exercise screening," Wimble says. This consists of mostly paperwork. "Then we put them through pre-exercise testing," Wimble explains that this testing is to check the "capability" of each client by testing the "five components of fitness: 1.) body composition, 2.) flexibility, 3.) muscular strength, 4.) muscular endurance, and 5.) cardio-respiration."

"We use this to put together a program," says Wimble. Each program lasts an

average of six weeks and then the clients are retested. They are then given an individual program to continue on their own.

"It's a small community," says Wimble about the school and the town, "but it offers the same experience you would get in the real world."

"It only takes a walk in the door," says Thibault about signing up for a trainer. "Talk to the person at the front desk and they can give you the hours available and who's available to work with you."

Men's team served with new coach, new conference; ready to open season

Sam Monroe
Assistant Sports Editor

The Hornet's men tennis team will begin the season on the road, against Castleton State on Sunday, March 15, at 1 p.m.

The match will be the first of four road matches before the Hornets play a home match.

Geoff Davison, an exercise

science and physical education professor at Lyndon State, takes over as the head coach this season. It will be his first season as a coach at the collegiate level. He hopes to make his inaugural season as well as the team's inaugural season in the North Atlantic Conference a memorable one.

Returning to the team from last season are senior John Kennedy, senior Chris

Hammet, junior Brad Darby, junior Peter Dutile, and junior Paul Thibault. Senior Jeremiah Powell and junior Jimmy Gaskell are new to the team.

The team has been practicing hard and Davison likes how the team is shaping up.

"We expect to be very competitive, we have lots of players with experience," he said. Davison says he has many goals for the season. He

is hoping for the team to be very competitive and work hard in practice, he also wants his team to have fun and improve.

Davison is still trying to get to know his players and everyone's strengths and weaknesses but he has a pretty good idea of where certain players will play.

Last year the Hornets started out slow and finished

very strong. LSC won its last four games after losing five in a row. Davison hopes that the team can keep the momentum they had at the end of last year and play like they played at the end for the entire season.

The tennis team will play its home opener on March 31 at 3:30 p.m. against rival Johnson State. All home matches are played at the Bell Tennis Center.

Upcoming Events

Baseball: 3/22, 1 p.m., doubleheader @

Mass. Maritime Academy; 3/28-29, 11 a.m., doubleheaders @ Briarcliffe College

Softball: 3/28-29, noon @ Briarcliffe College

Lacrosse: 3/14, 2 p.m. @ Mitchell College;

3/21 1 p.m. @ Husson College*

Men's Tennis: 3/15, 1 p.m. @ Castleton

State*; 3/21 2 p.m. @ Thomas College*

* Denotes North Atlantic Conference games. Home baseball and softball games played at the Skip Pound Baseball/Softball Complex. Home tennis matches held at the Dudley Bell Tennis Center, next to the Alumni House. Home lacrosse games held at the athletics field. Game times and locations are subject to change. All softball games are doubleheaders.

What's the buzz? The latest news on Hornets athletics

Sam Monroe
Assistant Sports Editor

The Lyndon State women's tennis team will have a new coach next fall when it begins its 2009 campaign.

Sue Henry will take the reigns as the women's coach next year. Henry takes over for Mary Lou Bell, who has coached the team for the past 10 seasons.

The Lady Hornets struggled to adjust to play in the North Atlantic Conference this year, the team dropped its first six matches before winning two and losing and the VSC Tournament.

Look on next weeks Critic sports page for a profile on Sue Henry.

The lacrosse team had its season opener pushed back an extra week. The opening game was scheduled for March 8, but was postponed until March 14. The game was rescheduled after Mitchell College in Connecticut was hampered with 10 inches of snow.

The Lady Hornets softball team also had its opening game cancelled. The doubleheader was scheduled for March 22 against the Massachusetts Maritime Academy Buccaneers. The Buccaneers were unable to gather enough players to field a team, forcing the school to suspend the program for this season.

The team will open the season on March 28, it will be a doubleheader against Briar-

cliffe College in New York.

The men's tennis team will start its season a day later than originally planned. The Hornets' match with Castleton State was moved from Sat. March 14 till Sun. March 15.

The baseball team will open up its home schedule on April 10 with a doubleheader against Castleton State College on the Skip Pound Field.

The softball team will start its home schedule on April 6 with a double header against Massachusetts College of Liberal Arts on the Skip Pound Field.

Lacrosse will have its first home game on April 4 against Mount Ida College on the LSC Athletic Field.

Do you like sports?
Do you have school spirit?
Do you want your voice to be heard?



The Athletic Department is looking for a new public address announcer for the fall of 2009. Must be work-study eligible and professional with a microphone.

For more information, please contact the following people:
Chris Ummer, Director of Athletics: x6224, christopher.ummer@lyndonstate.edu
Bill Johnson, Assistant Director of Athletics: x6341, william.johnson@lyndonstate.edu

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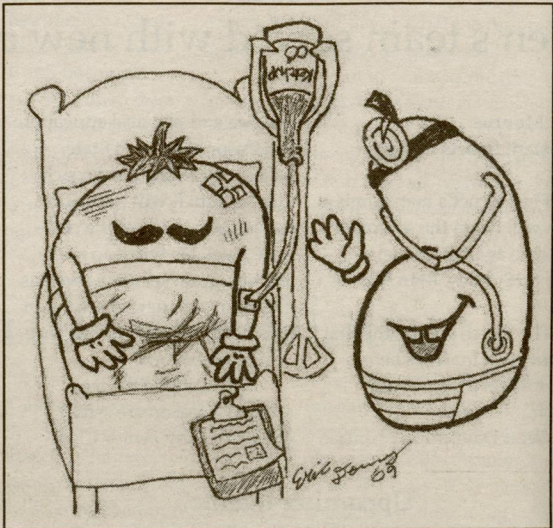
Does it even matter? You'll be hung over for most of this week.

SUN 3/8 Walk on the Beach Day	MON 3/9 She Held My Hand Day	TUE 3/10 Knew Right Away Day	WED 3/11 Not Just a One-Night Stand Day	THUR 3/12 Something Good Day	FRI 3/13 Uranus Discovered: Ha ha! I found Uranus! Uranus is big and gassy, isn't it? I've seen satellite pictures of it.	SAT 3/14 Save a Spider Day: Maybe it will bite you and give you super powers! Or you'll die from its venom.
SUN 3/15 True Confessions Day: Today, I accidentally the whole Coke bottle. It still hurts. FML	MON 3/16 Beautiful Magical Awesome Day: Truly a day in which a great event occurred nearly 20 years ago.	TUE 3/17 Rubber Band Invented in 1845: Teachers everywhere have cursed this day ever since.	WED 3/18 Forgive Mom and Dad Day: Forgive them for having you, because I sure can't.	THUR 3/19 Act Happy Day: Some people celebrate this every day! Truly happy people shut up on this day.	FRI 3/20 Made You Eat Your Parents Day	SAT 3/21 Rorschach Appreciation Day

Wordfind: The only green you'll see is absinthe

L	E	V	A	N	Y	Z	Z	U	F	Y	R	I	A	F	N	E	E	R	G	E	O	H	Y	C
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L	G	T	E	D	A	O	B	V	M	T	K	N	V	E	A	K	A	F	G	N	C	H	I	N
A	R	P	H	F	C	B	L	U	S	M	C	E	I	V	G	C	I	O	H	E	H	T	N	M
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A	H	Y	Y	K	S	I	Y	G	U	I	N	E	S	S	E	I	H	O	R	S	K	C	O	R
S	E	M	A	G	G	N	I	K	N	I	R	D	R	Y	R	M	W	P	N	R	E	V	A	T

Supernatural Selection by Eric Downing



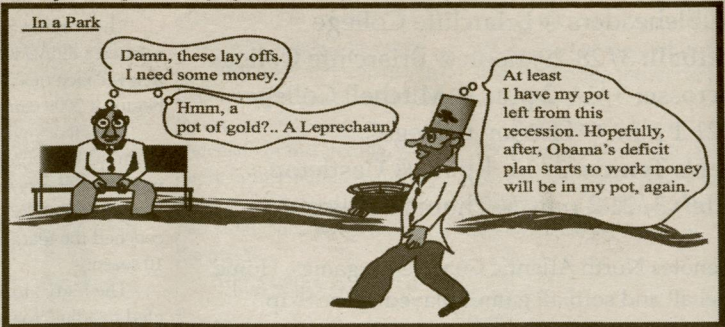
"How are those bruises doing, Mr. Ato?"

WORD FIND

Contained within this Word Find are nearly 70 words pertaining to Saint Patrick's Day and the substance that makes that day so magical for many people. To get you started:

VODKA BEER SHERRY ALE SCOTCH WHISKEY
SPIRITS GIN LAGER SNAKES DIRTY BLOODY
MARY SAKE SKYY PORT GUINNESS FUZZY NAVEL
ABSINTHE SALTED JAGERMIESTER CORONA
SMIRNOFF OLIVE JACK DANIELS SCREWDRIVER
ALCHOLISM DRINKING GAMES PINK LADY
DRUNK PUNCH APPLE TINI SHAKEN NOT
STIRRED

Eye A Leprechaun by Ryan Bennie Lee



Ryan Lee is LSC's wandering bum. He can often be found peering into trash cans with a puzzled look on his face. It's rumored that he lives in one of the heating tunnels underneath campus.

SUDOKU CORNER Level: Normal

	4							
		9		4	1		5	6
	6				2		4	3
7					8	1		
9			4			5	3	
	3				5			
			7					5
1	2	7		5			9	
		5	8		3			7

Final Blur



Two Fun Page engineers share a philosophical civilized exchange of rhetoric.

Eric Downing lives in a nuclear bomb shelter with over 9000 cans of food, but not a single can opener. He is made of win and awesome.

John Day-Fratto exists as two separate legal entities "John Day" and "John Fratto." His job sends a paycheck to each.

Mac sits still on a desk until someone pushes his buttons. His 401k runs at 56kps.

Photo by Mac

THE CRITIC

Friday, March 20, 2009

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Budgeting Gets Personal

Steve Cormier
News Editor

Accusations of a personal nature concerning hypocrisy, underage drinking and blatant lying flew across the floor of the Student Government's budgeting meeting on Wednesday night.

Overwhelming the flames of celebration that should have been the glow of a joyous final night of budget cuts the fires of personal retribution burned instead as tempers raged and emotions flared.

Third year elected Rep. Chris Shadrock accused Lyndon Emergency Responders club Rep. Sean Peltier of having "vendettas against clubs" and making budgeting cuts based on "some sort of petty feud."

"I would like to know how a person can say that drinking on a school sanctioned trip is unacceptable and yet they consume alcohol," said Shadrock at the meeting, referencing the March 11 SGA budgeting session where Peltier engaged in discussion on alleged drinking at past American Meteorological Society Storm Conferences.

"While I applaud some of our newer club representatives, including LER, in attempting to solve this campus' underage drinking, by attaching strings to the money clubs receive, there is a problem with that," Shadrock said. "The person spearheading this initiative [Peltier] cannot hold himself up to that standard."

During the March 11 budgeting meeting the drinking issue came up before SGA cut the funding for AMS's 2010 Storm Conference.

Shadrock also said that Peltier, 18, is an emergency medical technician (EMT) and it would be unethical to drink on the job and illegal because of his age.

"So how am I to know that when they are responding to my emergency they are not under the influence," asked Shadrock.



left to right: club representatives Joe Biega, Nick Phelan, Katie White and Brian Hook

Photo by Steve Cormier

Shadrock continued on, accusing Peltier and the LER of misleading the SGA while trying to acquire their requests during budgeting.

"The information that was spouted out two weeks ago, about stats to support their claims, at best are stretches of truth," Shadrock said, "and at worst are blatant lies to further their agenda."

Rising from his chair, responding to the now quieted SGA, Peltier said that Shadrock's accusations on his personal life were "shameful."

"I am deeply saddened, offended and find it inappropriate that you're bringing my personal life up in SGA," Peltier said, directing his anger across the floor of the SGA towards Shadrock. "You have no right to bring my personal life up."

Peltier also denied being

an EMT, saying that he is a firefighter, and claimed that motions to cut AMS's budget were not personal.

"We are here only to be talking about money and not what is going on in people's lives" said Nadine Grimley, club treasurer for American Women in Radio and Television.

Shadrock argued that Peltier had brought up people's personal lives by discussing alleged drinking at past AMS Storm Conferences but SGA President Andrew Chapin shot Shadrock down.

"Discussing drinking on school sanctioned events is appropriate," said Chapin, cutting off the heated discussion and moving forward with more budgeting.

After the furor had died down SGA agreed to slice LER's requests for \$1000 in

equipment, \$250 set aside for a CPR class and \$200 to go towards training.

"I don't think I've ever seen a brand new club asking for so much money," said WWLR club Rep. Nick Phelan, commenting on LER's budget requests.

The SGA went on to cut \$1,400 from the Rugby club's request (\$1,000 in fees and \$400 for a field groomer) and \$1,000 requested for a Music Director in the Twilight Player's budget request after club Rep. Amber Donato offered it up when Phelan suggested doing so.

Donna Keely, club advisor for the Dance Team, will not be compensated by the club this year as AWRT club Rep. Suzanne Proulx motioned to cut the \$1,000 requested to pay Keely with. The SGA agreed and cut the money

which had already been reduced from \$2,500 last week.

Ultimately the club and elected representatives were able to slash another \$7,340 in total from the whole SGA budget request this week and end the budgeting process to loud applause filling the Burke Mountain Room. For the first time ever clubs will be operating without a freeze, said Tim Cappalli, SGA vice-president. This means that SGA clubs will be operating with full access to the entirety of their budgets.

"This has been a very successful year for the SGA," said Chapin, speaking to the representatives prior to the meeting's adjournment after midnight.

Stimulus package: will LSC students see a cut of the money?

Sam Monroe
Critic Staff

The government is trying to fix the troubled economy with the "American Recovery and Reinvestment Act of 2009."

What are college students going to receive from this package?

"Not a thing," said one student in the ATT Theatre lobby. Another student said he had never heard of the stimulus package.

Jennifer Gray, a sophomore business major, expressed strong feelings about the Act, saying she does not think it will be beneficial to Vermont or to

College students. Gray went on to say the struggling economy needs to fix itself and is set up to do so, "its like your heart beating, no one tells it to, it just does it."

The stimulus package is worth \$787 billion. Only \$87.3 billion of the total is dedicated to education spending. Higher education will see an even smaller amount of that money. \$60 million will go to college student aid funds and \$200 million will be dedicated to college work-study programs.

Students at Lyndon State College will benefit from this. The Pell Grant

will see a significant increase. This grant is dedicated to helping students who have a low family income and may need more help than most to pay for college.

Lyndon State President Carol Moore said that the grant will be raised by \$500. She explained that the government determines eligibility, but many students at LSC will benefit from the increase.

"I would have liked to see more loan money available for students," said Dean of Administration Wayne Hamilton, who went on to say he was pleased to see the Pell Grant increased.

There will be increased amounts of work-study at LSC as well. This year there was a decrease in the amount student jobs on campus. However Hamilton said that there was not a decrease in work-study, but a decrease in the amount of money that went towards directly hiring students to work on campus. With the increase in work-study money more jobs will be available "it helps to put extra money in students pockets," said Moore.

Of the total money given to Vermont for education, \$48,602,000, it is unsure how much of that will be given to higher educa-

tion. It will first go to the state, and the state will make decisions on how to allocate it.

There may be money coming into the college that is not in the education portion of the plan. "We are looking to tap into energy funds," said Moore. The college is looking to change from oil energy to wood pellets, this project is estimated to cost \$5 million.

Hamilton said he is "optimistic the stimulus package will get the economy back on track," while Moore stated she is "cautiously optimistic," about the act.

Sudoku Selection

		3	9		7		4	
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8			5					
		6						3
3		4	2	1			5	6
				4	6			
	3	8					9	
7				9	3		6	4
				7		8		

Directions: Fill in all the boxes with the numbers one through nine, so that each number is only used once in each row, column, and 3x3 box. A key to solving the puzzle is to work on multiple rows or columns simultaneously.

This sudoku was created with the program "java sudoku" which was created by Samantha Yen. This program, as well as similar ones can be found at sourceforge.net.

Just Add Water by Skyler Edwards



What's going on?

This isn't the Fun Page, so why is there a comic and a sudoku puzzle on here?

The Critic recently decided to no longer devote an entire page to comics and puzzles. Readers can still find puzzles and comics disseminated throughout the paper.

This is change is part of the Critic's ongoing efforts to bring readers the most news possible and to cut down on wasted space.

Artists interested in submitting comics may still send their work to critic@lyndonstate.edu. No prior printed experience necessary.

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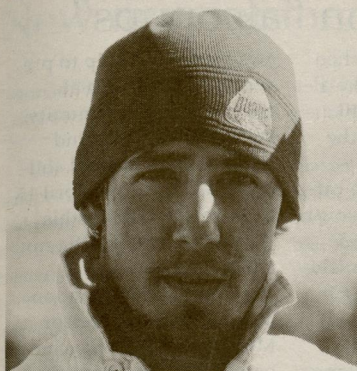
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New Web Site

The Critic has a new Web site. Go to www.lyndonstatecritic.com and tell us what you think!

If you are interested in working on the new web site contact Ben Holbrook benjamin.holbrook@lyndonstate.edu



David Rossignol
Critic Staff

With the Eastern Cups being held at Burke this week, I would like to take a minute and talk about the most fun-

damental thing in the physical movement of skiing: balance.

The reason that balance comes to mind as we prepare to watch the speed skiing at the cups is that speed gives you a certain amount of balance. This is primarily the reason that first time skiers can go to the top of the mountain and make it down relatively unscathed.

I will not bore you with the actual physics; you may ask your friendly physics professor for that. Instead I am going to talk about how

you can use this information to your advantage.

Balance is simply the action of steadying ones self under opposing forces. You're probably asking yourself right now; did he really have to give the definition? My answer to that question is always yes. Most people choose to ignore the obvious, and in this case will not think about a very fundamental concept because after all balance is more of a physical thing. If you are ever going to fully enjoy this sport, you have to think about it as well.

There are two ways that you can find balance: you

can prepare for skiing by exercising your stability off the hill, and you can go to the hill and get a little more speed than you are used to in order to keep stable.

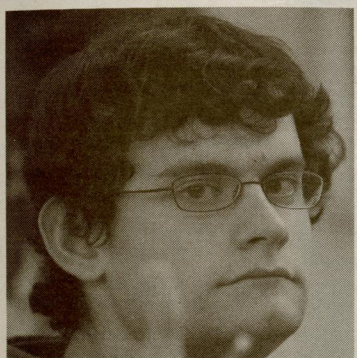
Let me qualify the part about speed giving you balance. You will apply more force to the hill the faster you go. In turn this gives you a temporary and conditional equilibrium. One condition of this is if the whole of you is stable and not flailing about, you will be able to use this force in your favor. This temporary force not only acts upon you, but it also acts upon any extra movement

that you make. Generally speaking, if you make a sincere effort to not thrash around you should be fine.

Exercising your stability can come from joining a yoga class, walking a tight rope between two buildings, becoming an Olympic gymnast, etc... All are good for your balance, yet all are not skiing. It is important to ski just as well.

Any of these are fine to use as long as you exercise both, skiing and balance. After all, what is balance without skiing and what is skiing without balance?

Get Out of Here



Ben Holbrook
Critic Editor

As you have all most likely seen on the front page of this week's Critic, controversy was the name of the game at Wednesday night's SGA meeting. It's understandable that when money is involved in anything there will always be problems that

arise, however, where does one draw the line with what is acceptable and what is not? It became very apparent that Chris Shadrock, third year elected representative, felt that the Lyndon Emergency Responders were fair game for his personal attacks by saying things such as accusing LER's rep, Sean Peltier of engaging in underage drinking on his own time, being a hypocrite and blatantly lying during SGA meetings.

In previous meetings, and Critic issues, there was discussion about AMS/NWA members engaging in underage drinking during their annual storm conference last year.

Whether those allegations are true or false is irrelevant because in all fairness, all of us are in college and we are going to make the decisions we want and as a result, we will be responsible for them.

We can't expect students to police students during trips, conventions or other extra curricular activities. What we should not tolerate is the unsupported and irresponsible presentation of "facts" as seen by Shadrock. If the Critic were to ever write a story based on the information that Shadrock presented at Wednesday's meeting then we would be sued for libel so fast it would make our heads spin.

I highly doubt anybody

would let such a grievous lack of regard for the truth to be printed. Therefore I ask you this—if you wouldn't want to see such information printed in a paper, why then would you want to hear it spouted from the lips of an elected rep who cannot back up his facts?

Not only did Shadrock inappropriately use the SGA meeting as a forum for his personal attack upon Peltier, but he did so in the name of the third year students he represented, one of whom would be myself and I can say with some authority [since I should know what I think] that I never thought Sean acted in any manner that would deserve such a heinous reprimand.

The point being of course that Shadrock was apparently representing a non-existent third year student body or a very limited one. Either way, such behavior from any elected rep is unacceptable and therefore, Chris Shadrock should resign his position as third year representative.

If he refuses to resign, then a petition should be circulated to force him out of his office because I will not be represented by ignorance and arrogance and neither should you. The SGA is a group dedicated to serving the student body but the best interests of those students cannot be pursued as long as Shadrock holds his position.

This is Sex

Sonja Eva Xing
Critic Staff

SEX. In Print. Controversial? I think so, but what is sex? As a noun, either the male or female division of a species. As a verb, to arouse sexually; to partake in intercourse. In the ancient language of Latin, it is an adjective: sex means six.

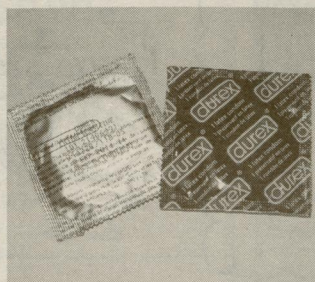
So why is it that whenever "sex" is mentioned people are either offended or they support it?

Without sex every single one of us would not be here. We are created by the act of sex. Personally, I am all for sex. Without it there would be no me, and I rather enjoy existing.

So as an audience, I am giving you two options, read, or ignore. If you decide to read, I challenge you to give me feedback: positive, negative, what you want to know, problems, anything—I am open to suggestions and feedback. If you choose to ignore this, then that is your decision.

My objective is not to offend anyone, it is just to educate and communicate that it is absolutely OK to be open about sex.

Whether you love it, or hate it—talk about it! The worst thing is to be silent, be it during sex, or about important issues. I encourage you to speak up! This is the birth of a new column, and to have a delivery a collaboration (sex) had to have happened. I look forward to writing to you next week, and remember, SPEAK UP!



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Alcohol awareness day coming in April, focus to be on "alcopops"

April is alcohol awareness month and the Macro Perspectives in Human Services class will be having a daylong awareness event. We invite you to join us April 15 from 9 a.m. to 3:30 p.m. in the Alexander Twilight Theatre lobby for games, quizzes, facts and free food to help raise awareness about alcopops.

What are alcopops? They are alcoholic energy drinks that many people are not aware of. They look and taste just like soda, fruit punch, or lemonade. These alcopops are a dangerous mix as they contain alcohol and caffeine. Alcopops are viewed as the "girly drinks" or "starter beers". They appeal mostly to young women because of the sweet, fruity taste. So why should you be concerned?

Alcopops contain more alcohol than beer: some contain up to 12% alcohol by volume. Alcopops are also cheaper than regular energy drinks and are packaged to look very similar to regular energy drinks. In fact, they are marketed directly to youth. If a store doesn't have a machine to scan merchandise then clerks will not get an alert that these drinks are alcoholic. This makes it easier for those who are underage to purchase them. What else should you know about these drinks?

According to a Wake Forest University, School of Medicine study, young adults who consume alcopops are more likely to "suffer high rates of alcohol problems, including alcohol-related traffic accidents, violence, sexual assault, and suicide." It is also important to know that when mixing a depressant like alcohol and a stimulant like caffeine, the effects of the alcohol can be hidden under the effects of the caffeine. Because of this, youth who are consuming these drinks can get dangerously drunk without realizing it. In addition to the risks involved with drinking alcopops they may also have long-term health effects. These effects can include increased blood pressure, panic attacks, anxiety, irritated bowels and insomnia.

Our mission is to raise awareness and help to prevent problems with alcopops in our community. We invite students and teachers, parents and children, to join us on April 15 to learn more about this issue, and have a little fun while doing so.

For more information please contact Professor Meri Stiles of the Psychology and Human services department at meri.stiles@lyndonstate.edu or any of the students from the Marco Perspectives course.

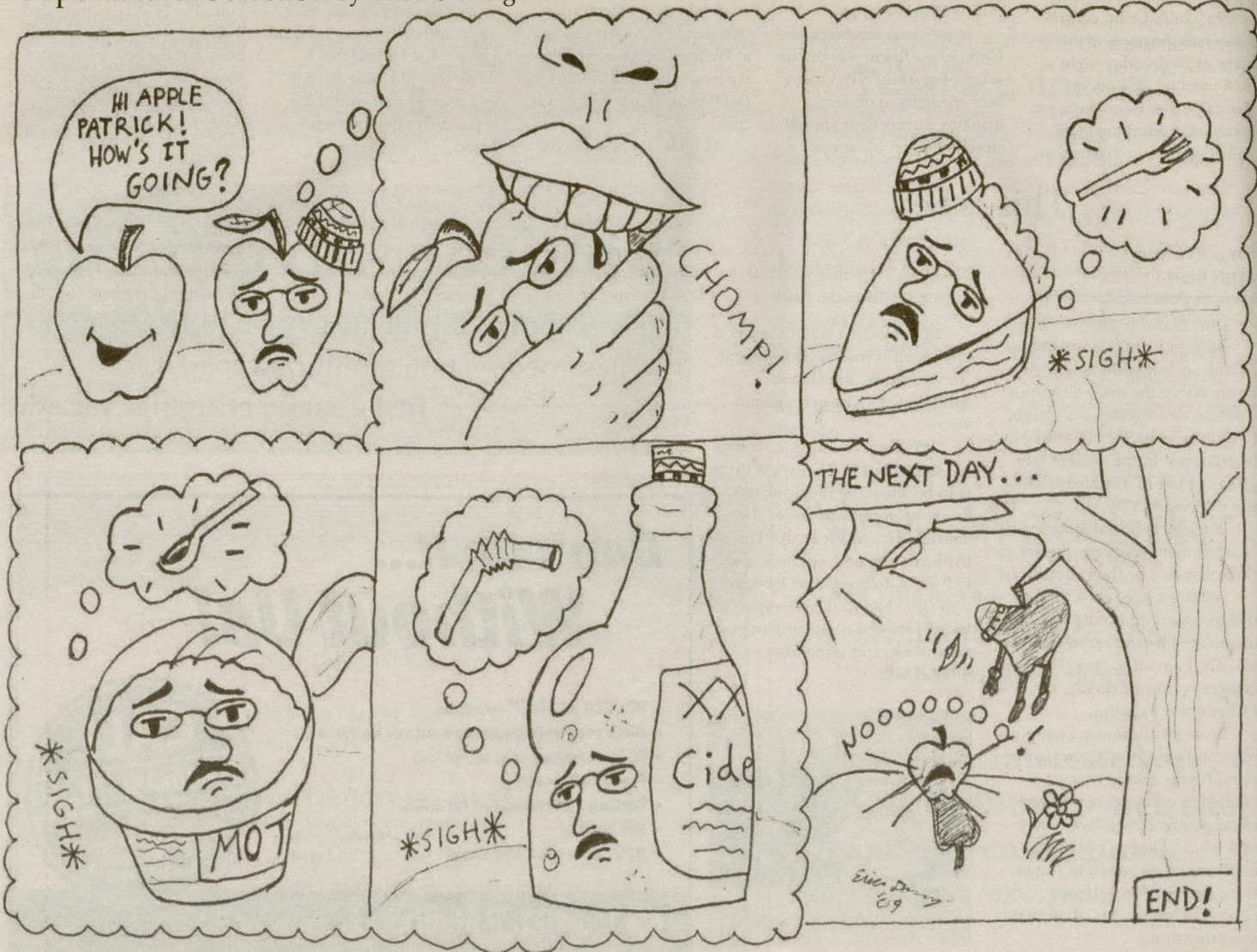
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MCINTOSH
FUJI
APPLE CRISP
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Word Find by John Day-Fratto

Supernatural Selection by Eric Downing



New developmental math coordinator no stranger to Lyndon State

Norman Johnson
Critic Staff

Dan Daley is a new assistant professor of mathematics and computer science. His job title technically is Developmental Math Coordinator, responsible for helping students who test into basic math skills. The title may be new, but Daley is anything but new to the LSC campus, a story with the twists and turns of a busy man.

Daley graduated from Lyndon Institute wanting to be a math teacher, enrolling at LSC in 1977 with that goal in mind.

"When I got into it, about the second year," Daley said, "I wasn't sure I wanted to be a teacher. So I thought I'd just be a math major. Like it is now, all my math courses were full of meteorology majors; I made some good friends."

In Daley's senior year he had some credits to blow and was talked into taking theoretical meteorology. He liked it. During his four years he had also earned an associate degree in physics. With that, and his four-year BS in math, he crammed a second bachelor's degree into his fifth year earning a BS in meteorology.

"When I finished my fifth year and graduated in '82 I was looking at options," Daley said. "I'd been accepted to grad school in New York for a masters in atmospheric science

and had interviewed at a couple of forecasting places."

In April of 1982 the headmaster at LI approached him about taking a soon to be vacant math position. He was to teach math at LI for the better part of the next 26 years.

Here's where it gets complicated. Daley taught at LI

time job at LI. At LSC he developed a reputation for helping students with math difficulties.

"I liked working with students," Daley said, "whether they were lower ability, needed remediation, or whether they had learning disabilities. Academic Support

capacity," Daley said about the college, "and it happened last spring when they opened up a full time math position; tenure track, but didn't require a Ph.D. I had come back [to LSC] in the early 90s and finished a master's degree in education. This position, Developmental Math Coordinator, didn't re-

We've found out that it's better to do them teacher-directed."

A lot of colleges are teaching courses totally by computer in a self-paced environment.

"We've always had a reputation of being a teaching institution. We've tried to provide personalized instruction. Personally I have a problem with turning someone loose on a computer module. You know, 'If you have any questions, ask me.'"

"The majority of the students I have in the pilot course," Daley said, "have a pretty good background in algebra. Not superstars, but they had some background. What I saw problems with were the study skills and work ethic. I'm not blaming anybody, it's a small minority, but when you spell out a syllabus and you say, do A,B, and C. When they don't do B, there's a consequence for that and they look at me, like, 'How come?' It surprised me the number of students that don't do the work. Just don't hand it in."

"I was never one for holding anybody's hand," Daley said. "I gave them chances, but I took the attitude of: 'I'm your employer. If you don't do the work, you don't have a job.' I tried to teach them more than just mathematic skills."

Daley loves the educational environment here and the area, saw no need to leave Lyndonville after high school.

"In high school they all said, 'You've gotta get out.'" Daley said. "And I said, 'Why?' I've traveled and been around the country, but I don't feel like I've missed anything by being somewhere else. It couldn't have turned out any better. I'm so happy to be here."



Dan Daley, assistant professor of mathematics and computer science.

Photo by Norm Johnson

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

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would put students in my classes because they knew I was going to give them more attention. That was my focus."

LSC in 1992 created the first learning specialist position and Daley filled it. He held this full time position for five years going to part time at LI. In 1997, LI approaching Daley to chair the math department at LI, a full time position, and he left LSC until the summer of 2008.

"I always said that I wanted to come back in some

quire a Ph. D. I applied and here I am."

Daley teaches basic arithmetic, algebra, and the pilot course that combines basic algebra and intermediate algebra into one semester, part of the Compass project, classes shared by the department.

"It wasn't too long ago these classes were self-paced," Daley said. "You'd get a book, we'd tell you what the protocol was, you'd work at your own pace. When you felt ready you could take a chapter test."

LSC Triathlon

Sunday May 3rd

Secure your entrance or volunteer e-mail
susan.henry@lyndonstate.edu

Registration: Individuals or teams register by **April 28th** with swim time and payment.
Day of registration is allowed at least one half hour before start, but you will be placed in the last swim heat.

Start 9 A.M. & Check-in 8:00-8:45 A.M.

Swim: 500 yards, 10 laps, in the pool. Heats of 12.
Bike: 9.5 miles, 6 laps, of a paved circuit. Helmets required.
Run: 3 miles of pavement, grass and trail.

Teams and individuals are welcome. If unsure of swim time or ability the pool is open for practice and help is available by contacting Sue Henry, ext. 6242. A maximum of 75 entrants will be allowed.

What to do?

Campus

Open Mic Night
Friday: 9 p.m.
Student Center

LSC Fun Committee
Snowshoeing
Friday: 12:15 to 1:00 p.m.
Iron Statue between Vail
and the Theater

Bus trip to Montreal
March 28, 9 a.m.
Sign-ups start Monday in
the Student Life Center in
Rita Bole Complex

Star Theater

Watchmen (R)
Fri.-Thurs.: 7:30

The Tale of Despereaux (G)
Sat., Sun.: 1:00, 3:00, 5:00

Knowing (PG-13)
Sat., Sun.: 1:30, 4:00
Fri., Sat.: 7:00, 9:25
Sun.-Thurs.: 7:00

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Don't break the bank \$ this spring break \$

Emily Curtis
Entertainment Editor

It's mid-March now. That means that every college student is making plans for that big spring break. Yet these are difficult times, and college students have never been known for having a ton of money. So how do you have fun without breaking the bank?

I asked a college student what she intended to do to save money for spring break. She told me she intends to do some carpooling with friends and family to get to her destination. "It's just convenient if you can carpool with someone and it's good for the environment," said Katee Ingram.

Another student, Kara Tomlinson commented to the remark, "I hate driving by myself." Implying how she prefers to carpool when she can.

It was a good start to finding out what the average college student should do to save, but I wanted to find out more, so I did a little research to see what experts would say.

I came across a website that had just the answers to my question. Here are a few tips from collegeuniversity.suite101.com.

Try camping. Camping is a cheap way

to spend time with your friends in the great outdoors. Cabins are a little more expensive to rent, but it's cheaper to get one in the spring than it is in the summer.

If camping is not your thing, try the ever popular tradition of college students. Road trips are always a great bonding experience with friends. Although gas prices are high, using the carpool method saves money. Research hotels along your route to find the best prices or stay with friends or relatives while seeing the sites along the way.

Visiting the big city is always a fun experience, especially if you stay with your friends. If you don't have any friends to stay with, they recommend researching to find hotels or youth hostels to stay at. A great way to save money is to get one room all together. It may get crowded, but it can save money.

If traveling isn't your thing, but you still want to do something with your time, why not help others? Volunteering with a charity or philanthropy to help others is a great way to get out there and maybe have some fun. I've found it's a great way to meet new people and to get good job recommendations.

There are several things you can do for spring break. Whether you stay home or head for "party central", here are a few

good ideas to try to save an extra buck.

Share a hotel room. The more people chip in for one room to stay in, the less money that is coming out of your pocket.

Carpooling is a great way to get where you're going. Gas prices are still a bit high in some places, and it is much cheaper to pack everyone in a car than it would be to get an airline ticket.

Bringing your own food can save a ton of money when you do not have to buy expensive restaurant food. Take some food on a road trip or buy groceries when you get to your destination. Check to see if your hotel comes with refrigerators (most of them do these days) or if they offer a continental breakfast.

Limit your consumption of alcohol. I know it sounds crazy, but it is a smart idea. Drinks are expensive in bars, clubs, and on the beach. By watching how many drinks you get, you could be saving a lot in the long run.

Although Spring break is still a couple weeks off, you should already be planning what you're going to do if you choose to go anywhere. The sooner you make your plans, the better it is for you and your wallet. Spend wisely and have fun.

Dinner from the Big Apple



Gwen Cook
Critic Staff

Thank heavens New York City has so many interesting places to walk to! I don't think I've ever eaten so much rich food in so short of a time. It was almost depressing to go home and realize that I could no longer walk a short distance to a restaurant. I went to a bunch of lectures while I was there in order to improve my column and I found that actu-

ally going out and trying different places and food was probably the best thing to do to help with a food column. It did nothing to improve my waist line though...

New York Style Cheesecake

Ingredients

4 packages of cream cheese
1 can of condensed milk
4 eggs
1 ½ tbsp vanilla
1/3 cup flour
1 ½ cups of graham crackers, crushed
1/3 cup sugar
6 tbsp margarine, melted

Directions: Mix together sugar, margarine, and crackers and press into the bottom of a 9-inch spring form pan. Whip the cream cheese until it's fluffy. Add the milk and beat until it's smooth. Add the eggs, vanilla, and flour and beat until well blended. Pour into the pan. Wrap the bottom of the pan well in aluminum foil. Put the pan in another wider pan and fill about ½ inch with boiling water. Put in oven that has been preheated to 325 degrees and cook for about 1 hour or until the edges are slightly browned. The middle will still be wiggly. Cool.

Chicken Parmesan Panini

Ingredients

1 breaded chicken patty, cut into strips
2 slices of mozzarella cheese
2 tbsp parmesan
¼ cup marinara sauce
2 slices of Panini bread

Directions: Lightly oil a pan and grill the chicken until it's hot. You can either toast or grill the bread. Place the chicken on the bread and add the mozzarella slices. Spread on the marinara and sprinkle the parmesan on top before topping the sandwich off with the other slice of bread.

Cooking with Cook

Women's tennis served with new coach, familiar face

Sam Monroe
Assistant Sports Editor

The Lyndon State women's tennis team will have a new coach when the season kicks off next fall.

Sue Henry will replace Marry Lou Bell, who retired after 10 years of leading the Lady Hornets.

Henry is currently the Intramural Athletic Director and Athletic Facility Supervisor at LSC and has been for 21 years. This will be her second stint as head coach of the women's tennis team; she was the first coach of the women's team when the sport first came to Lyndon in the early 1990's.

Henry did not start play-

ing tennis until late in her life; she first played in women's leagues when she was 30. In high school and college she was a basketball player, she played Division I basketball for the University of Massachusetts.

She has been coaching and teaching tennis since the start of her career at LSC.

Henry contemplated retirement before she found out that the coaching job was available. She said now that she has been named the coach it is a sure thing she will stick around.

"I am very excited, the returning players are very solid," said Henry with a smile on her face. She has set up in-

dividual meetings with all of the returning players and many prospective players for the coming weeks and once students return from break the team will gather to meet and "hit the ball around" she said.

All five players who were on last year's roster will be returning to play next season.

Baseball coach doesn't fear cuts, prepares for first NAC season

Sebastian C. Lury
Critic Staff

Amidst the news that the University of Vermont has cut their baseball and softball programs, LSC baseball coach Ryan Farley does not fear a similar scenario for LSC.

"I don't see that as being likely," says Farley. "If we [LSC] started cutting sports, I think you would definitely see a correlation in incoming students. I think it would directly affect the overall status of the school."

Farley sees the move to

the National Collegiate Athletic Association Division III's North Atlantic Conference as a step to strengthen the sport.

"By joining the NAC and everything we're doing in NCAA Division III, I think that we're adding," says Farley.

Rather than worrying about the future of baseball at LSC, Farley is focusing on the upcoming season.

"My concern is always getting reps, offensively seeing pitches," says Farley.

The team has spent time practicing both inside and outside in Florida. During the last

week of February, the team traveled to Cocoa Beach, Fla. for spring training. The team spent four days practicing and played a doubleheader against Capital University from Ohio.

Farley says that the team features nine to ten freshman and that all of them will see playing time this season with four or five of them winning starting positions.

"We're younger but we're a lot deeper than we have been in the past," says the fifth-year coach. Farley adds that "the guys work extremely hard."

Farley believes that the

veterans on the team will help the younger players develop.

"The upperclassmen leadership is tremendous. They all understand that we're all there for the same reason; to win baseball games, and be competitive in our new conference."

With the travel, the transitions between practice facilities, the youth of the team and the fact that the team has spent more time practicing in a gymnasium than on a baseball field, Farley believes that there will be a transition time when the season begins.

"The first six to eight games will be like a pre-season," he says.

Farley looks forward to the season and makes few predictions about the upcoming season.

"I can tell you we probably won't win every game this season and I can probably tell you we're not going to lose every game this season," says Farley. "If we do things the right way and we stay injury-free, we're going to be very, very competitive in the NAC."

LSC lacrosse off to winning start, begins conference play this weekend

Jack Carney
Special to the Critic

While most students at Lyndon State were sleeping, the LSC men's lacrosse team left the parking lot at 5:30 a.m. on March 14 for New London, Conn.

Their destination was their season opener at Mitchell College. The Hornets lost their opener to Mitchell last year, 12-1. This time, the Hornets left New London on a different note after defeating Mitchell 12-10. After boarding the bus back to Lyndon, head coach Tim Tierney stood at the front saying, "Hey guys, congratulations for the first time we are a winning team, 1-0."

This is only the Hornets' second season as a lacrosse team, but Tierney believes the program is heading in the right direction, with a strong group of players like seniors

Craig Salvagno (named player of the week) and Miles Hacking, as well as juniors Chris Mansour and Matt Adams.

Salvagno, an attacker, led the team with seven goals, while Mansour contributed four goals of his own. Midfielder Myles Hacking had four assists, and goalie Matt Adams had 17 saves. Tierney says the difference between last year's team and this year has been night and day.

"We've come so far from last year's team," Tierney said. "There is a lot of talent on this team, and I think if we can shed some of our indoor rust, we could get even better than we played today. I think we handled ourselves well. We know how close that game was, but we had a lot of opportunities show up today. We did not capitalize on all of them, but I'm just glad they are there. I think if we can cre-

ate opportunities like we did today, we have a chance to win every game."

Unlike most teams, the Hornets do not have the facilities to practice on a grass field because of the cold weather. They are forced to play in the gym, unable to use live game balls and get a real feel for the grass game. Salvagno says the indoor practice can create an "indoor rust" of sorts on the team.

"You could tell when we got out there on some of the opening faceoffs and ground balls early in the game, we were not used to playing on the grass," Salvagno said. "I think that's why they got off to the early lead and it took a little while to get used to. But once we got used to it the opportunities just started showing up everywhere."

For many players, playing on the grass was a huge differ-

ence. Most of them had not seen any field play at all since fall training, when the team practiced on the rugby field. But for some of the players it was their first time on grass at all, let alone in a game. Of the team's 23 players, 12 are freshman, some of whom have never even played the game of lacrosse.

"There were a few certain little aspects of the game some of the new guys still need to pick up," Mansour said. "The ground balls definitely gave everyone the most difficulty. But I think the new guys have done a great job picking up the game. Alex Cerrone has done the best job; he's picked up the game faster than anyone I know. I think the first game depicts the oncoming season; it's put a lot of things into perspective that we need to work on but all in all, I think we did great today."

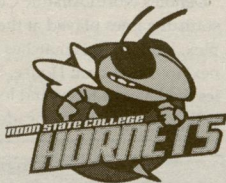
The Hornets' next game will be tomorrow, 1 p.m. at Husson. Tierney says his team will be busy all week getting ready for the game. He also pointed out that it might even play into the Hornets advantage because Husson's field is flat turf, it will be reminiscent of the gym they currently practice in. But Tierney says it is still no guarantee that tomorrow's game will be a win.

"We have one week to fix everything from our last game," Tierney said. "We need to fix our communication on the field, moving the ball, making smart passes and taking shots at the goal when we get the opportunity. The new guys have now got their first game in, so they know what a real game is. But walking away from this next game with a win will be all that counts."

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christopher.ummer@lyndonstate.edu

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Senior women reflect on four years of basketball

Andrew R. Koch
Sports Editor

The Lady Hornets will lose five of their most important players when they accept their diplomas at graduation in May. Among those who will be graduating are four starters, one 1,000-point scorer and two other 900-point scorers.

This year's seniors went through a coaching change and two national and conference affiliation changes as they looked to improve themselves by facing better competition.

"The competition is definitely better," said captain and forward Jen Stoddard-Imari. "We eliminated some easy wins, teams like Paul Smith's and UMaine-Augusta. Our record didn't show

what kind of team we were." Fellow senior Sara Fetterhoff added that the team had played several NCAA Division III teams over the last two years before moving up to Division III this past season.

Stoddard-Imari and Fetterhoff, both exercise science majors, say that they'll both miss spending time with the players on both teams.

"(I enjoyed) the girls we played with. The five of us were really close," Fetterhoff said. "The girls' and guys' teams were both pretty close."

Following their freshman year, the players had to endure the departure of long-time Lady Hornets head coach Dave Mellor. This opened the door for current head coach Vinnie Maloney to transform the team into what could possibly be a contender

in the North Atlantic Conference in the near future. Fetterhoff and Stoddard-Imari both agreed that the coaching change wasn't very big at all for them.

"We were only here for a year, so it wasn't that big an adjustment," Stoddard-Imari said. "There were only eight of us his (Maloney's) first year, so it wasn't like he had that much to do."

For their future plans, Stoddard-Imari says that she's ready to leave Vermont after graduation. As for Fetterhoff, she says she'll miss her classmates, professors and the college's friendly atmosphere. She plans on taking a year off, and is thinking about attending graduate school. The Lady Hornets will also say goodbye to Jackie Wetzel, Elizabeth Hall and Kelly Warren at graduation.

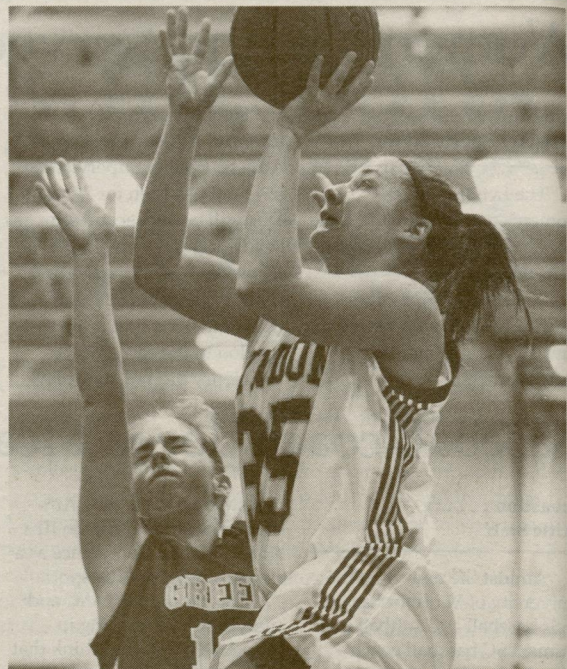


Photo by Eric Wayne
Hornets senior captain Jen Stoddard-Imari goes up for a layup during the Hornets' Feb. 3 game against Green Mountain. Stoddard-Imari says she's ready to move out of Vermont after graduation.

Game times for Hornets basketball games will not change for next season

Andrew R. Koch
Sports Editor

Hornets basketball fans may have noticed a strange change in the schedule about midway through the conference season.

The Hornets began their North Atlantic Conference schedule in January with the traditional doubleheader (women playing first followed by the men's game) holding strong.

However, when the second half of the conference season began, the schedule was reversed. The men would play first, followed by the women's game. This may have caused confusion for a number of people, including Director of Athletics Chris Ummer. However, when he asked conference officials about the schedule, they told him that it's a conference policy.

"It's a NAC policy for equity," Ummer said. He also

said that policy applies to the two other sports where men and women travel together: soccer and cross country.

"I've experienced that schedule with cross country in state and national meets," Ummer said. He says the conference has had this policy in place for a long time now.

"They've been doing this for a number of years," Ummer said. "I actually like the concept."

He felt that there was a good balance in attendance

between the men's and women's games.

Although it wasn't something he really thought about, men's basketball coach Joe Krupinski is also a fan of the conference's scheduling.

"I personally liked it," Krupinski said. "I like what the league does. They're giving the spotlight to the women. It's a nice feature. It's an equitable way of doing the schedule."

Another reason Krupinski likes the schedule is so his

players can relax during the women's game, instead of getting nervous before their game.

"We don't have to wait through the game," Krupinski said. However, he hopes that in the future, the fans will stay after the men's games.

"Hopefully the campus will realize how good our women's team is, and they'll say, 'let's stick around for these games,'" Krupinski said.

Varsity Standings

Men's Tennis				
Team	NAC Record	Overall Record	PF	PA
Castleton	1-0	2-0	13	5
Green Mountain	0-0	0-0	0	0
Johnson St.	0-0	0-0	0	0
Thomas	0-0	0-0	0	0
Lyndon St.	0-1	0-1	1	8

Men's Lacrosse				
Team	NAC Record	Overall Record	GF	GA
Thomas	1-0	1-1	18	15
Husson	0-0	1-0	14	6
Lyndon St.	0-0	1-0	12	10
Mount Ida	0-0	1-3	32	55
Green Mountian	0-0	0-0	0	0
Johnson St.	0-0	0-0	0	0
Maine Maritime	0-0	0-0	0	0
Castleton	0-0	0-2	12	34
Emerson	0-1	0-1	10	12
Saint Joseph's Coll.	0-1	0-2	13	30

Upcoming Events

Baseball: 3/22, 1 p.m., doubleheader @ Mass. Maritime Academy; 3/28-29, 11 a.m., double-headers @ Briarcliffe College
Softball: 3/28-29, noon @ Briarcliffe College
Lacrosse: 3/21, 1 p.m. @ Husson College*
Men's Tennis: 3/21, 2 p.m. @ Thomas College*
Rugby: Snow Bowl, 3/21, 10 a.m.; Men: LSC, Alumni, Johnson College. Champlain College. Women: LSC, UMaine-Farmington, Bridgewater State College

* Denotes North Atlantic Conference games. Home baseball and softball games played at the Skip Pound Baseball/Softball Complex. Home tennis matches held at the Dudley Bell Tennis Center, next to the Alumni House. Home lacrosse games held at the athletics field. Game times and locations are subject to change. All softball games are doubleheaders.

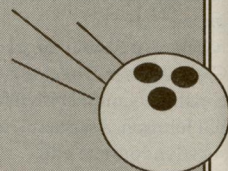
Intramural Standings

Floor Hockey				
Team	Wins (3 pts)	Losses (1 pt)	Ties (2 pts)	Points
OITSC	5	1	0	16
Blackhaze	4	2	0	14
Muffin Men	3	3	0	12
Rush	3	3	0	12
Hosers	2	4	0	10
Chiefs	1	5	0	8

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Mullen resignation leaves opportunity for new blood



Aiden "DJ Zydrate" Farnum Rendino and Adrian Creteau

Photo by Eric Wayne

Madison Cox Critic Staff

Ashley Mullen has announced her resignation as General Manager of the WWLR station after two years of holding the position. The General Manager's primary tasks are to generally oversee that the directors' duties are carried out.

When asked for her reasoning for giving up the position, Mullen stated, "The reason is lack of time mostly. I have a job, working toward a double

major, and hold the position of captain for LSC women's rugby."

Program Director Nick Phelan and Business Director Stephan Gingras are the two candidates for the open position. Phelan will be announcing a meeting to determine who will be taking over as General Manager, according to Mullen.

When asked how Mullen would feel about leaving WWLR in someone else's hands, she said, "We have a great group of members and

directors; I believe they will do a great job. Transition of management can be tough for any club, so I plan on working closely with the directors to ensure that this process is as smooth as possible." She will continue to stay involved with WWLR.

The radio station remains optimistic about the changes taking place. Mullen said, "I believe with new blood will be new motivation, and that could be a great thing for our beloved WWLR."

Featured inside:

What really happens at AMS conferences?	page 2
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AMS storm conference controversy confusion

Ben Holbrook
Critic Editor

The AMS/NWA [American Meteorological Society and National Weather Association] club is likely to make members sign contracts of good behavior in light of underage drinking controversy after an incident at this year's storm conference.

In the March 6 edition of The Critic, during an SGA meeting the AMS/NWA club was reprimanded for members drinking who were underage at last year's storm conference. AMS/NWA denied any allegations of such events taking place despite Andrew Chapin, SGA president, saying he saw pictures on Facebook.

Hayley LaPoint, president of Lyndon State's chapter of the AMS/NWA, confirmed that an incident during this year's conference did occur and hotel security was involved.

The student involved in the incident was not from LSC, LaPoint said.

To prevent such incidents from happening next year, especially with LSC students, the AMS/NWA will most likely be instituting terms of agreement where a student would sign a contract saying they will behave in a professional manner. "I spend hours and hours putting this conference together and it makes me quite upset that students

do this," LaPoint said.

When contacted, the Marriott in Springfield, Mass. where the conference is held, declined to comment.

With all the recent controversy surrounding past storm conferences, this incident comes at an inopportune time for the

There was no physical damage done to the hotel, Chapin said.

During Wednesday night's SGA meeting, the AMS/NWA club gave a presentation on the storm conference and told the assembled club reps and senators that they would be moving

after the conference hours when people went back to their hotel rooms. Redinger and LaPoint both stressed neither of them had been contacted by the hotel about any incidents that occurred.

The assistant manager at the Marriott in-

further," Chapin said.

This year's storm conference could not be held in Saratoga Springs because the hotel where it would be held wasn't available, LaPoint said in the email.

Anthony McGee, AMS/NWA club treasurer, reiterated the desire to change locations by saying in an email, "This decision was based purely on evaluations we received pertaining to Springfield's shady neighborhoods and our own evaluations that we needed more

"We shouldn't be policing students because we don't have the authority or jurisdiction to do so"

Hayley LaPoint

AMS/NWA club. LaPoint was able to comment on the incident at the convention, saying it was a single student who was intoxicated, and who was later removed from the hotel premises by security. "We shouldn't be policing students because we don't have the authority or jurisdiction to do so," LaPoint said. "It's hotel security's job to do that."

Andrew Chapin, SGA president, contacted the assistant general manager of the Marriott and said the intoxicated student had been causing a "ruckus" and was then removed from the premises. After being removed from the hotel, the student then tried to sleep in a parking garage before being removed due to liability issues. The student then returned to the hotel where some friends took him in, Chapin said.

next year's conference to a new location because, "Attendants were not fond of the Springfield area."

The new location was set for Saratoga Springs, N.Y. In an email, LaPoint said the move was not due to the incident that occurred this year and in past years, citing a response from Elizabeth Gonneville, senior event manager at the Marriott, who said the Marriott would like to have the conference at their hotel again. LaPoint also said the reason for the move is based largely on evaluations from the students who attend the conference, many of whom expressed an interest in having the conference in Saratoga Springs where it originated.

Josh Redinger, AMS/NWA vice president, said all the bad activity that occurred at the conference happened

formed Chapin that there were a number of incidents including drinking, noise complaints and students congregating in the hallways. As a result of these complaints, the Marriott reimbursed guests.

Chapin also said the hotel on a typical Saturday night will have about a half page of incidents that security documents. During the storm conference there were about four pages of incidents, Chapin said. "We decided to meet with the AMS/NWA executive board to talk about these incidents," Chapin said. "I felt like it was appropriate [to meet] since I'm the president of an organization giving \$8,500 to fund this event."

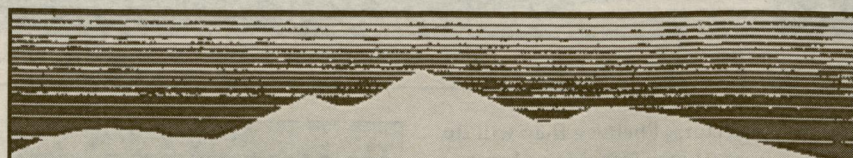
"The point of the meeting was to get them [AMS/NWA] to recognize it as an issue, there is not need to pursue it

space."

In an email to LaPoint from Gonneville, Gonneville had nothing but good things to say about the conference and the LSC chapter of the AMS/NWA. The e-mail did not however, include any information about the incident that occurred or any actions that would be taken because of it.

Before the conference, an email was sent out by McGee to all the club members urging them to behave appropriately.

Redinger was adamant about AMS/NWA being unaware of any incidents saying they weren't notified of any problems with the hotel until well after the conference had ended. "We aren't trying to cover anything up," Redinger said, "All that we heard was that everything went well."



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If you are interested in working on the new web site contact Ben Holbrook
benjamin.holbrook@lyndonstate.edu



David Rossignol
Critic Staff

With the season winding

down and most thinking about breaking out their rock skis, I have to take a moment to reflect on a tradition that a lot of mountains have. I am of course talking about pond skimming.

For those who do not know what pond skimming is, let me help you to envision such a thing.

As the sun teases the slope, the temperature has barely crept above freezing.

Some guy stands at the end of a trail filling a long basin with a fire hose. The vapor from the water rises slowly, not because it is hot water coming out of the end of that torture device, no, no; it's because it is as cold as water can get before it stops moving. The guy grins from missing tooth to missing tooth, for he knows that what he is about to see will be both painful and funny at the same time.

You see, it seems that skiers all over enjoy heading

straight for a gigantic pool of water, if not to see if they can make it, then to see how cold the water actually is. All the while, a professional diver stands in the water adorned in a dry suit and drinking a constant supply of hot cocoa, ready to step in and save all who underestimate the task at hand. A massive crowd roars as it loves to see people fail time and time again. It's all fun and games until someone gets hypothermia.

I have just painted a

pretty grim picture of pond skimming that I will now recant. It is actually a lot of fun, even just to watch. The people who participate pay a nominal fee and are judged for style. As the crowd celebrates the end of the season, they are just as entertained. In the end, one talented participant brings home a cash pot and, of course, the glory. All in all it makes for a great day and is usually very warm compared to the long winter.

Letters to the Editor

Lack of work study hurts student

I am very sick of the lack of jobs in Lyndonville. I have been looking for a job since September, and I still have yet to find one. I have put my name out there all over town. Since I cannot get a job, I have lost my car for lack of gas money and now that has made it even harder to find a job.

I currently do not qualify for a work study job because my parents make too much money. They have nothing to do with my education. I am paying for college all by myself. It is getting to the point where I do not even have enough money to go out and get a soda or even snacks. I have to constantly think about where my money is and how much I have, and how long it will last me.

If this continues I may not be able to continue to go to school. I have already taken out a lot of loans, and I have used up all but \$82 of my saved money. What am I supposed to do with myself? What if some emergency happens and I need to pay for a doctor's visit or some sort of family emergency and I need to get home? \$82 can only get you so far. Life would be just a bit easier if there was a job

out there that I could partake in. I do not think it is fair that the school cannot help me get a job because of my parents. I think that everyone should have the same option for a job. The school should have some sort of program in which students can work on campus, even if it was just a few hours a week doing some sort of work. A little bit helps.

I do not want the fact that I don't have a job to be the

reason I do not graduate. I am trying my hardest to keep on going as far as I can. Until I run out of money I will still be going to Lyndon State. But I foresee that date is catching up quickly. I'm hoping that soon something will open up and I can possibly keep on going to school. But I guess time will only tell how I will manage that one.

Treg Butler

Technically Outraged

I graduated from a Vermont high school in 2008. I never really thought twice about my education being inadequate until I reached college. My writing, math, and of course social skills were all just fine. The pressing issue became my computer skills.

Most of my classes here at Lyndon State College require me to be familiar with online applications through blackboard or other various sites. I felt like I am two steps behind everyone else because my computer knowledge consisted of using Microsoft to type papers, and a slight

knowledge of PowerPoint. When teachers said that part of classes would consist of online work, my mind came to a halt. Internet? Mixing with school? The concept was out of my grasp.

My Internet skills were using Facebook and Google for the most part. My high schools did not really teach us any computer skills that would help us in the future, outside of researching for papers that is. In some schools they provide courses such as introduction to applications, web design, or accounting. Courses that would teach computer skills that allow us to function in the real world.

When I transferred to a new school my sophomore

year there were classes for web design and intro to apps. The next year when I wanted to take intro to apps, to familiarize myself with different programs, it was no longer offered. The teacher had been let go and there were no more computer classes in the high school. They did provide us with the opportunity to join a computer based program in the Technical Career Center, but that is not the same thing.

To go to the tech center you have to devote your junior or senior year to being there. Instead of just getting a taste of computers to help you get by, you would be fully committed into the program, meaning you'd be in

that classroom most of the day with just information/teaching on computers.

There was still an Information Technology technician working for the school. I never understood why the school did not ask him to teach a basic class on computers. We were cut off from that very important educational aspect. I was outraged! Schools teach me math and science skills that I will most likely never use in the future, but take away computer classes when our society is rapidly growing technologically.

I understand that there may have been budget cuts or something that would pre-

vent the teacher from being able to return, especially because of the community I lived in that did not vote to increase our budget.

I just find it hard to accept when the school commissioned a floor mural to be put in, and the gym floors to be re-done. This is a technological era, and while other schools put in treadmills with TVs and other advanced computerized "toys" for kids to succeed with, ours seems to be cutting off what little technological connection we had to begin with.

Sincerely,
Moriah Pratt

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Brief Sex History

Sonja Eva Xing (SEX)

It all started in the 1960's. I mean, it was around before then, otherwise the human race would have died out, but it took off to new heights. It became casual and powerful. Peoples' attitudes had changed. The United States had embarked on a SEXUAL

REVOLUTION. I am not a historian, but this, in my opinion, was a major turning point in American History.

Fornication (sex before marriage) became acceptable. Love had a certain power to it and sex became natural. Many believe that hippies were the front-runners of this movement, with their long slogan being

"Peace & Love".

They weren't the only people who were experimenting with open sex (inside and outside of open marriage), contraception methods (including the introduction of the pill), public nudity, homosexual liberation, and pornography. This was a drastic change from the conservative period from

the 1930's-1950's.

When it comes to personal opinion about this, I believe the 1960's set the stage for society today. When you really think about it, most television shows, movies, and songs all revolve around sex, or include sexual innuendos in them. I will admit, I rather enjoy most of these "whoopee" connota-

tions, especially if they are in a comedic, passionate, or romantic manner.

Keep and eye out for my next article, "SEX AND SONGS". This means I need your help. Send me songs that you like to have sex to, fantasize having sex to, or hate having sex to. Let me know what songs get you off.

Letters to the Editor

Soda Machines of the past cause problems here in the future

Almost every day I go to the soda machine downstairs in the Crevecoeur residence hall. I usually get grape soda from the first soda machine, but this week they seemed to be out.

I walked over to the other soda machine to see the selection and I decided on orange soda. In my mind I could already taste the delicious orange flavor in my mouth.

I pressed the button for the soda; I could hear it fall down the dispenser and hit

the opening where you get the soda. I bent down to grab it when I realized it was not orange soda. How could this be? I pressed the right button but got the wrong drink. I stood in front of the machine in shock.

After a few moments of wondering how this could happen, I looked closer at the drink. It was an iced tea. I hate iced tea. I tried to think of what I could do but I was unable to do anything. I was stuck with an iced tea because of the men who changed the soda.

They didn't take the time to inform people about the recent soda changes by changing the labels. Instead they left the labels, giving everyone false promises of

orange soda, and maybe even other Pepsi products.

I told others in my suite my tragic story; some said that this happened to them also.

Like me, they just sucked it up, and moved on with life without any orange soda. They also had regretted trusting a machine. Just bringing up the subject to the other people made them furious about trusting a soda machine.

A few days later I tried to block out what had happened. I went back to the soda machine; something inside me said that this time it would be different. I walked over to the machine, finally hoping to get my orange soda. I pressed the button

and reached down to grab the orange soda. Once again it was iced tea. This couldn't be right. I'd been misinformed again. How many times could this happen to one person?

Stressed by my stupidity of trusting a machine, I took my iced tea and walked away. Later that week I noticed that they had changed the labels and taken away orange soda.

Each day millions of people put their trust in soda machines hoping to get what they ask for. Many succeed with getting their favorite flavor, but others like me fail and are upset with what they get, even though we take what we get and live with it. The exception is

some people who will spend the extra money to try their luck at the soda machines again.

Many soda machines now have glass or clear plastic on them; so you can be sure you're getting the right soda. Why aren't all soda machines like this?

Wouldn't it be better to have the consumer know what they're getting before they buy it? It's like when you go into a store to buy something. You get to see the product before you buy it. Shouldn't you also be able to see a drink before you buy it?

Heather Rego

How far will MLB go?

Over the last few years baseball players have tried to break records at any cost.

Some of them have used steroids to make themselves stronger and sacrificed their dignity and honor in the process.

I am very angry about the casual use of steroids by Major League Baseball players. Roger Maris held the home run record which he gained fare and square.

What about all the young

children that look up to these players? What does this type of behavior teach kids...get what you want at any cost?

Some players take steroids to break records, and to become more valuable to their teams, which creates a higher ability to earn more money. They receive more offers for commercial advertisements too.

Bud Selig, Major League Baseball Commissioner stayed away from drug testing for years due to the opposition from the Players Association. When an athlete on steroids breaks a record, the record

keepers put an asterisk by the athlete's name on the list to signify he broke the record while using steroids. Where is the punishment?

The Mitchell investigation concluded that Roger Clemens, a pitcher for the Yankees, used steroids. Roger still denies the allegation. The only speculation of punishment is that possibly he will be kept out of the Hall of Fame.

I think the event that has enraged me the most is when Alex Rodriguez admitted steroid use, and his teammates welcomed him back to the

team at spring training. He was treated like it was no big deal. Where are the consequences?

Mr. Selig, please use stricter enforcement of the ban on steroids!

I have found out that in the spring of 2006 Major League Baseball (MLB) initiated new steroid penalties. Players have to undergo tests at least once a year. They may be subject to more than once a year testing if they are found to be suspicious.

The MLB is prohibited from releasing any information about the results of any

drug test. Based on the new rules, the first positive test results will lead to the suspension of 50 games; the second for 100 games, and the third will result in a lifetime suspension.

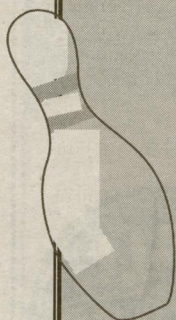
This still leaves me perplexed about the situation with Alex Rodriguez. Is he still allowed to play because he admitted to use of steroids in 2003 and there is no test results proving it or is his hip surgery a cover up for being suspended for 50 games?

Elaine Fournier

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Television Studies department working to meet the future

Norman Johnson
Critic Staff

Journalism isn't what it used to be: newspapers are folding and broadcast stations are downsizing every day it seems. If you're interested in being a journalist, you're going to have to be good at a few more things than simply writing or pointing a camera. The LSC Television Studies department is working to stay current in a market that's changing daily.

This fall, the department has considered bringing on a working professional for a team-teaching curriculum. "The beta test could be very interesting," said David Ballou, professor of Television Studies at Lyndon State College. "We'd hand-pick five or

six kids; not necessarily the most gung-ho. We would want to test out kids that really understand that they may need to shoot their own stories sometimes. On a simple story, they may go in, set up a

camera, frame it up, and to the interview." If a story is more complex, they may have to do it as a team Ballou said. "That's a hybrid model, and I suspect that's what we'll end up being."



Photo by Norman Johnson

David Ballou, professor of Television Studies.

"Photojournalism shares more between still and video than most students think it would," said Ballou. "A good piece of video may roll after it's cut four seconds; somewhere in the middle there's an image that tells the story. It's no different than if I had two Leicas or a shoulder-cam. It's getting the decisive moment."

"If you're studying journalism, regardless of what roof you're under, broadcast or print," said Ballou, "you really have to be platform independent, or you're limiting the possibilities. One of our board members refers to it as 'platform agnostic' meaning you can't owe your soul to any platform."

"Peter Martin, the owner of WCAX television," Ballou

said, "said that they are now platform independent. They will push to the Web with breaking news before they put it on the air. That's pretty much true everywhere now." LSC's channel 7 NewsLINC can get it on the air faster than on cable to the Web.

Educators are trying to keep pace with an industry that is changing daily. "We're wrestling with that curriculum wise," Ballou said. "I think a student, needs to be open to versatility. You know, you see yourself going into some Web journalism environment, and all of a sudden, you find a really cool thing with some small paper somewhere and you manage to survive and decide that's where you want to live—go for it."

Inside the new academic and student center

Krystal Csiki
Critic Staff

Students will be able to kick back and relax in the new student center come this fall. The center will be able to hold about 180 people and will also serve as a banquet hall for campus events.

The area will take pressure off of Alexander Twilight Theatre and the Burke Mountain Room, where many of LSC's banquets and large

functions are held. The area will also be ideal for students. Right now students are struggling to find seating at the current student center, especially around noon when everyone is getting a bite to eat.

"It will be outfitted with a small stage, have a large projection screen for movies and such, and will be a large open space," Hamilton says. The room will have an "open wood slat ceiling, which the

contractors call a cloud ceiling."

"The Academic and Student Activities Center" is what Wayne Hamilton says LSC is currently calling the building that is being constructed on campus. Boring, yes, but the idea of the students getting a chance to choose who the building gets named after is out there. "Having a poll on what to name it might be what happens."

The new building will be the new home of the exercise science, business, and meteorology majors. The first floor will belong to the exercise science majors, the second will

cater to the business majors and the third will be for meteorology majors. Meteorology will have the added feature of an observation deck.

New fall courses

Aimee Lawton
Critic Staff

Class registration time is upon us, and many new courses being offered in the fall 2009 semester are likely to appear on many students' schedules.

One of the many new courses being offered this fall is a CIS course where students build virtual worlds while gaining a better understanding of the methods of computer programming. Debbie Hughes, the Assistant Professor of CIS said that she will be using the "Alice programming environment" to teach the programming fundamentals in this new course. According to their website, "Alice is an innovative 3D programming environment that makes it easy to create an animation for telling a story, playing an interactive game, or a video to share on the web."

"In this course, students will be able to get the creatures to do what they want them to while learning computer programming at the same time," Professor Hughes said. "This is a more fun way of learning computer programming."

Professor Hughes also

said that she hopes that students will learn better by using a graphic approach.

Another of the new courses being offered in the fall is an English course exploring "dangerous" literature. In this course, being taught by Professor Elaine Razzano, students will be given the opportunity to read pieces of literature that have been banned or censored in countries all over the world. They will also learn the different influences that caused these pieces to be placed in such a category.

LSC Registrar Debra Hale discussed many other new courses that are being offered in the fall as well. These include courses in the areas of Anthropology, Business, Film, Programming, Physical Education, and Recreation.

"I'm not sure what all of them are off the top of my head, as I deal with about 500 courses a semester," Hale said.

Such a wide array of new courses being offered in the fall semester of the 2009-2010 academic year will give both new and returning Lyndon State students the opportunity to explore something new, and expand their learning experience.

LSC Bookstore clothing meets fair labor work codes

Sebastian C. Lury
Critic Staff

The LSC Bookstore says that the clothing they sell is not produced by workers whose rights are abused. The clothing in the bookstore comes from JanSport. The company is known for making outdoor and collegiate apparel.

"Follett [the company that runs the bookstore] requires all suppliers of wearing apparel, gifts and sundries to commit to Follett's Vendor Labor Code of Conduct," said Store Manager Anita Little-Drown in an e-mail.

The Labor Code, found on the Follett website, requires companies to act in the interest of human rights, fair wages, fair hours, safe working environments, safe environmental practices, all

applicable laws, economic and political justice as well as providing and maintaining the right for employees to union.

The Labor Code states that "Products and materials shall not be manufactured or produced in any country where the political, social or economic environment would threaten Follett's reputation and/or commercial or other interests, as determined by Follett in its sole discretion." "95 percent of the Follett's clothing suppliers and more than 50 percent of our gift vendors are affiliated with the FLA [Fair Labor Association]," said Little-Drown. Director of Campus Relations, Elio DiStaola, explained in an e-mail that the other companies act in accordance with Follett's Vendor Labor Code of Conduct.

"These vendors do, however, agree and sign our Vendor Labor Code of Conduct," says DiStaola. DiStaola further explained that the Labor Code "mirrors that of the Fair Labor Association." The interest in the origins of bookstore clothing stems from an editorial in the March 12 edition of the Villanova school paper, The Villanovan. The story revealed that the school has stopped placing orders to the apparel provider, Russell Athletics, for unethical business decisions and poor treatment of workers.

The article lists Harvard, Penn State, and Georgetown as having ended relations with the outfitter of athletic apparel and calls for Villanova to do the same.

What to do?

Campus

LSC Community Orchestra
Sunday, 1:00 p.m.
Alexander Twilight Theatre

The U.S. National Debt
March 30, 7:00 p.m.
Alexander Twilight Theatre

Conversations on Social
Class - Take Two
March 31, 12:30 to 1:30 p.m.
Alumni Dining Room in
Stevens Dining Hall.
Lunch provided

Renewable Energy Fair
Friday through Sunday

Star Theater

Monsters vs. Aliens (PG)
Sat., Sun.: 1:00, 3:00, 5:00
Fri., Sat.: 7:00, 9:00
Sun.-Thurs.: 7:00

A Haunting in Connecticut
(PG-13)
Sat., Sun.: 1:20, 3:20, 5:20
Fri., Sat.: 7:20, 9:20
Sun.-Thurs.: 7:20

Knowing (PG-13)
Sat., Sun.: 1:00, 3:00, 5:00
Fri., Sat.: 7:00, 9:00
Sun.-Thurs.: 7:20

Price: \$6.50 Adults
\$4.00 Kids and seniors
\$4.00 Tuesday nights and
weekend matinees

Location: 18 Eastern Ave.
St. Johnsbury
(802) 748-9511

A how-to for hollow hanging eggs

Emily Curtis
Entertainment Editor

It's that time of year again.
It's time to color those eggs for
Easter.

I have always loved Easter
not because of the jelly beans
and chocolate bunnies left for
me in a basket, but because I
could make beautiful hol-
lowed hanging Easter eggs
with my mom.

They are fun to make and
look beautiful when they're
done. I can bet you Peter Cot-
tontail never left eggs like
these.



What you will need

- White eggs
- 2 medium size bowls for the eggs and the yoke
- A small thin nail (about an inch tall works best)
- A hammer or something to gently tap the nail
- Vinegar with food coloring (or the egg dyes from the store)
- Women's nylon pantyhose
- Containers for the dyes (coffee cups work best)
- Spoons for each color
- A piece of plastic grocery bag (optional)
- Paper towels
- Scissors
- Glue (A hot glue gun works best, but super glue will do)
- Color craft ribbon (about half a centimeter wide)

Directions

1. Take the egg from the carton. Make sure it doesn't have any large cracks in the shell.
2. Taking the hammer and nail, gently tap a small hole at the top and bottom of the egg. Using a pencil to make a mark is very helpful.
3. Once the egg has two clear holes, use your mouth to blow out the insides of the egg. This can take some time and a lot of muscle work for the mouth. Gently shaking the egg and run water through the openings to help make it easier to get it out. Best to have a bowl or access to a sink.
4. Once the egg is empty, run the egg through water and blow out anything that is left.

Dry it out and place it in a bowl. Repeat steps 1-4 until you get the number of desired eggs.

5. Taking the mugs, enough vinegar to submerge the egg in each cup and add a few drops of food coloring for the desired color. Or you can just purchase the color dye tablets for eggs.

6. Taking some nylon pantyhose cut a piece from the legs enough to cover the entire egg and tie it off. If you want to add a picture on your egg like a bunny,

here's how. Taking a piece of a plastic grocery bag, cut out the image you want to put on your egg, you may want to draw it out with a pen before cutting it out. Wet the plastic with a little water and place it where you want it on the egg. Smooth it over the surface so it won't wrinkle. Be sure to hold it in place when you put the nylon over it so it doesn't shift.

7. Place the egg in the dye. The egg will float on the surface, so use your spoon to hold it under. Keep them in the dye for about thirty minutes.

8. Remove them from the dye and place them on some paper towels on a flat surface. Wait until the nylon completely dries. This may take a few hours.

9. Once dry, cut the nylon off the eggs and pat dry with a paper towels. Run some water through the egg and blow it out to get any dye out of the egg and pat dry.

10. Remove the plastic image from the egg and pat dry.

11. Taking a piece of ribbon and some glue, place a little glue on the tip of the egg and place the end of the ribbon and let dry. This will both cover the holes and make it easier to hold.

12. Letting the ribbon wrap alongside the egg, place a little glue at the center of the round bottom of the egg.

13. Coming back up the other side, place a little glue at the top and place the ribbon over it.

14. Make a loop with the ribbon and cut.

15. Take the end and glue it at the top.

16. Your egg is ready to hang or make a lovely gift.

Here's how you can make a lovely centerpiece with them. Take a vase or container with some florist foam (it's the green foam square found in bouquets).

Stick some branches in the foam to make a tree. Add some Easter grass on the bottom and hang the eggs on the branches. It will make any Easter a memorable one.

Cooking with Cook

Ramen gone gourmet



Gwen Cook
Critic Staff

Every student has eaten a ramen noodle at least once in his or her college career.

We're all aware that they are unhealthy, but they're so damn cheap that they're

hard to say no to.

My friend, who surprisingly thought these all up way before he actually went to college.

He suggested these simple recipes to me as a healthier alternative.

What it came down to was a bunch of different meals that amazingly enough consisted of a lot of the same materials.

Another plus is that with all the meals listed, you leave out the salty flavor packet.

Sweet and Sour Chicken

Ingredients: 6-8 microwavable breaded chicken nuggets

1 jar of sweet & sour sauce

Directions: Cook two ramen according to the directions on the package. Drain all excess water.

Combine the rest of the ingredients in with the noodles

Chicken

Noodle Soup

Ingredients: 1 can of light chicken broth

1 cup of mixed veggies

4-5 microwavable breaded chicken nuggets

Directions: Cook one ramen according to the directions on the package.

Drain all excess water.

Combine the rest of the ingredients in with the ramen.

Chicken Alfredo

Ingredients: 1 jar of Alfredo sauce (more or less if desired)

10 microwavable breaded chicken nuggets (heated and chopped up)

*1 cup mixed veggies can be added

Directions: Cook two ramen according to the directions on the package.

Drain all excess water.

Combine all ingredients in with the noodles.

Chicken Parmesan

Ingredients: 6-8 microwavable breaded chicken nuggets (heated and broken up)

1 can of spaghetti sauce

4 slices of mozzarella cheese (added to top of noodle mixture)

2 tbsp Parmesan cheese

Directions: Cook two ramen according to the directions on the package. Drain all excess water.

Combine with rest of the ingredients.

Softball team prepares for start of season, move from gym to field

Sam Monroe
Assistant Sports Editor

The Lyndon State Lady Hornet's softball team will open the season this weekend with four games against Briarcliffe College in New York.

This year will mark the first season in the North Atlantic Conference (NAC) for the Lady Hornets. Conference play will not begin for the Hornets until April 8, against Castleton. This will give the team eight games with non-conference opponents before then.

"We're real young," said head coach Jennifer Kirchoff. Only five players from last year's squad returned to the team this year. Kirchoff went on to say the girls who are joining the team this season are very talented, and combined with the sophomores that returned from last year the team will be very good for a long time. She also said she likes the talent that the team brings to the NAC and it should be a competitive season.

"We have trouble with our pitching," Kirchoff said, a

position that is vital for the success of any team. However the Lady Hornet's should make up for the lack of pitching with stellar defense, strong offense and a good strategy. Referring to her offense as "unstoppable," Kirchoff explained that the team expects to play a lot of "short ball," a strategy that involves lots of bunting, stealing and good decision-making on the base paths.

This weekend will be the first time that the team plays on an actual field, with the exception of a couple of pop ups

that the team took on nice days.

The Lady Hornets, like every other Lyndon sports team this spring, have been practicing in the Standard Gymnasium. That could be a problem when they take to the field this weekend.

Kirchoff said the team should be able to make any adjustments after the first game. "[It could affect] how a pitcher comes off the mound, and we could see a lot of overthrowing," she went on to say. She also said she is going to tell her team, "don't

let the atmosphere change your game."

As for the rest of the season, Kirchoff expects the Lady Hornets to "stay a team" and is hoping to finish in the top three of the NAC. In the pre-season coaches poll, Husson College, University of Maine-Farmington, and Thomas College occupied those spots. LSC sits in a tie with Green Mountain College for fifth.

The team will play its first home game on April 6 against the Massachusetts College of Liberal Arts.

Two Hornets named to NECHA All-Star game

Andrew Koch
Sports Editor

The Hornets hockey club will be sending two players to the Gutterson Fieldhouse this weekend.

Junior co-captains Ricky Paparo and Jordan Mosher have been chosen to partici-

pate in the 2009 Northeast College Hockey Association All-Star Game. The skills competition will be held tomorrow, with the game itself being held on Sunday.

Both Mosher and Paparo will be competing in the hardest shot contest. Mosher will also participate in the fastest

skater event, while Paparo will take part in the accuracy competition.

Mosher tied for the team lead in scoring this season with 26 goals and 14 assists while playing in all 18 games. Paparo was third in scoring with 17 goals and 19 assists.

The Buzz around LSC athletics

Sam Monroe
Assistant Sports Editor

Spring sports will make a debut on the Lyndon State campus in the coming days.

The men's tennis team will play its first game at the Dudley Bell Tennis Center on March 31, when the Hornets play host to rival Johnson State. The team is 0-2 heading into this weekend. The Hornets will travel to Green Mountain on Saturday and then head to Mitchell on Sunday.

The 1-1 Lacrosse team heads to Emerson College this weekend, before playing its

first home game against Johnson State on April 1.

Both the baseball and softball team will head to New York this weekend to play four games against Briarcliffe College. The baseball team is 0-2 heading into play, while the softball team will open its season on Saturday.

Craig Salvagno, a senior attacker on the lacrosse team, was named Player of the Week for the week of March 16. He was honored for his performance in the team's season opener, a 12-11 win for the Hornets over Mitchell.

Salvagno scored seven goals and had an assist in the win.

Upcoming Events

Baseball: 3/28-29, 11 a.m., doubleheaders @ Briarcliffe College
Softball: 3/28-29, noon @ Briarcliffe College
Lacrosse: 3/28, 2 p.m. @ Emerson College*; 4/1, 4 p.m. Johnson State*; 4/4, 1 p.m. vs. Mount Ida*
Men's Tennis: 3/28, 1 p.m. @ Green Mountain*; 3/29, 1 p.m. @ Mitchell College; 3/31 3:30 p.m. vs. Johnson State*

* Denotes North Atlantic Conference games. Home baseball and softball games played at the Skip Pound Baseball/Softball Complex. Home tennis matches held at the Dudley Bell Tennis Center, next to the Alumni House. Home lacrosse games held at the athletics field. Game times and locations are subject to change. All softball games are doubleheaders.

Varsity Standings

Men's Tennis				
Team	NAC Record	Overall Record	PF	PA
Castleton	2-0	4-0	31	5
Thomas	1-0	2-0	13	5
Green Mountain	0-1	0-1	3	6
Johnson St.	0-1	0-1	0	9
Lyndon St.	0-1	0-2	3	15

Men's Lacrosse				
Team	NAC Record	Overall Record	GF	GA
Maine Maritime	2-0	2-0	46	3
Mount Ida	2-0	3-4	76	87
Husson	1-0	2-1	42	24
Castleton	1-0	1-3	34	52
Thomas	1-1	2-3	28	72
Emerson	1-2	1-2	27	30
Lyndon St.	0-1	1-1	23	32
Saint Joseph's Coll.	0-1	1-2	48	47
Johnson St.	0-1	0-1	3	20
Green Mountian	0-2	0-2	5	41

Baseball				
Team	NAC Record	Overall Record	RF	RA
Husson	0-0	11-6	114	82
Castleton	0-0	3-7	51	95
Maine-Farmington	0-0	0-0	0	0
Thomas	0-0	0-1	3	14
Lyndon State	0-0	0-2	3	22

Intramural Standings

Floor Hockey (note: 3 points for wins, 1 for loss, 2 for tie)

Team	Wins	Losses	Ties	Points
OITSC	8	1	0	25
Blackhaze	6	3	0	21
Muffin Men	5	4	0	19
Rush	4	5	0	17
Hosers	3	6	0	15
Chiefs	1	8	0	11

Basketball

Team	Wins	Losses	Ties
Make It Rain	5	1	0
Public Enemy	5	2	0
Old Timers	4	0	0
Fab Five	4	2	0
Fifth String	3	5	0
Hot Sauce	2	7	0
Kitterage Family	1	7	0
Hitman	1	6	0
Squad Whitness	1	3	0

Do you like sports?
Do you have school spirit?
Do you want your voice to be heard?

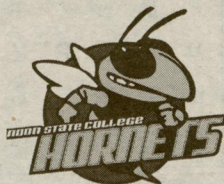
The Athletic Department is looking for a new public address announcer for the fall of 2009.

Must be work-study eligible and professional with a microphone.

For more information, please contact the following people:

Chris Ummer, Director of Athletics: x6224, christopher.ummer@lyndonstate.edu

Bill Johnson, Assistant Director of Athletics: x6341, william.johnson@lyndonstate.edu



Week's top performers

Baseball							
Stetson Hicks, C/IF	.500 Avg.	3 H	2 RBI	1 SB	.500 SLG%		
.500 OBP							
Matt Picard, P	5.40 ERA	5 IP	8 HA	8 RA	3 ER	3 BB	4 K

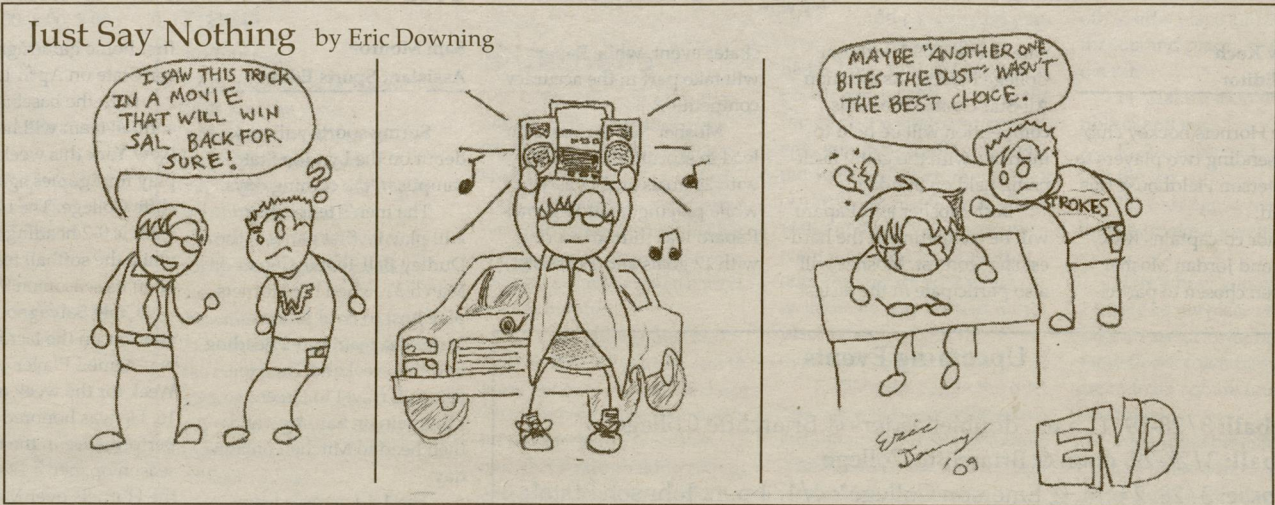
Lacrosse									
Chris Mansour, Attacker	7 G	13 Shots	1 A	8 GB					

Tennis (vs. Thomas College)
Jeremiah Powell won his match, 6-2, 7-6
Ryan Maroney won his match, 6-0, 6-3

Key:
H: Hits RBI: Runs Batted In SB: Stolen Bases SLG%: Slugging Percentage
OBP: On Base Percentage ERA: Earned Run Average IP: Innings Pitched
HA: Hits Allowed RA: Runs Allowed BB: Walks K: Strikeouts G: Goals A: Assists
GB: Ground Balls (A player is given credit for a ground ball when they scoop up and control a ball knocked out of a player's stick)

Last week's Sudoku

1	2	3	9	8	7	6	4	5
5	6	9	1	3	4	2	7	8
8	4	7	5	6	2	3	1	9
2	1	6	7	5	9	4	8	3
3	7	4	2	1	8	9	5	6
9	8	5	3	4	6	7	2	1
4	3	8	6	2	1	5	9	7
7	5	2	8	9	3	1	6	4
6	9	1	4	7	5	8	3	2



'Fruity' Word Search

U	R	H	M	W	C	J	W	Z	S	S	E	M	I	L	W	L	K	C
J	W	H	K	P	Q	P	C	O	C	O	N	U	T	R	J	E	U	C
R	R	P	H	A	S	X	L	H	T	F	L	N	S	N	C	R	I	D
U	A	H	D	M	U	E	G	U	I	L	U	N	I	Z	Z	S	G	
N	D	A	Q	I	Z	Q	J	V	M	B	L	K	L	G	M	M	R	U
T	S	B	C	L	P	L	J	N	R	K	P	D	M	R	X	A	M	W
O	Q	D	G	M	C	U	B	E	W	D	E	U	N	N	O	Q	B	Q
M	Z	M	M	U	S	M	B	D	C	L	P	B	D	N	L	E	Y	G
A	B	E	L	E	H	M	D	G	P	J	O	I	V	G	R	V	D	M
T	Z	O	Y	Z	U	L	G	P	B	P	P	J	M	R	L	W	H	X
O	Q	H	T	C	M	I	A	K	O	N	V	V	Y	X	G	N	U	G
E	H	S	U	X	D	E	X	U	M	L	D	K	J	N	L	M	F	H
G	P	C	H	B	N	A	V	O	C	A	D	O	T	N	X	E	N	Q
F	B	E	I	I	X	S	Y	Z	K	L	Z	N	K	W	L	T	I	E
M	C	Z	P	Z	Z	T	K	E	R	T	W	M	X	P	L	U	C	B
M	T	Y	C	S	Y	L	N	Y	H	C	A	V	P	H	I	H	O	E
M	T	Y	N	O	M	E	L	V	S	Q	U	A	S	H	U	S	L	Q

- ORANGE
LIME
BANANA
STRAWBERRY
APPLE
- PLUM
PEAR
TOMATO
AVOCADO
CELERY
- LEMON
SQUASH
PINEAPPLE
CUCUMBER
COCONUT

Sudoku Corner

2				6				
				7			4	
1		4			2		8	
		3						
		1	5					
	9	6			3	4	5	
	8			1	5	3		
	1					8		
3	6		2				7	

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Hornets stung by new conference

see page 7

What's Inside?

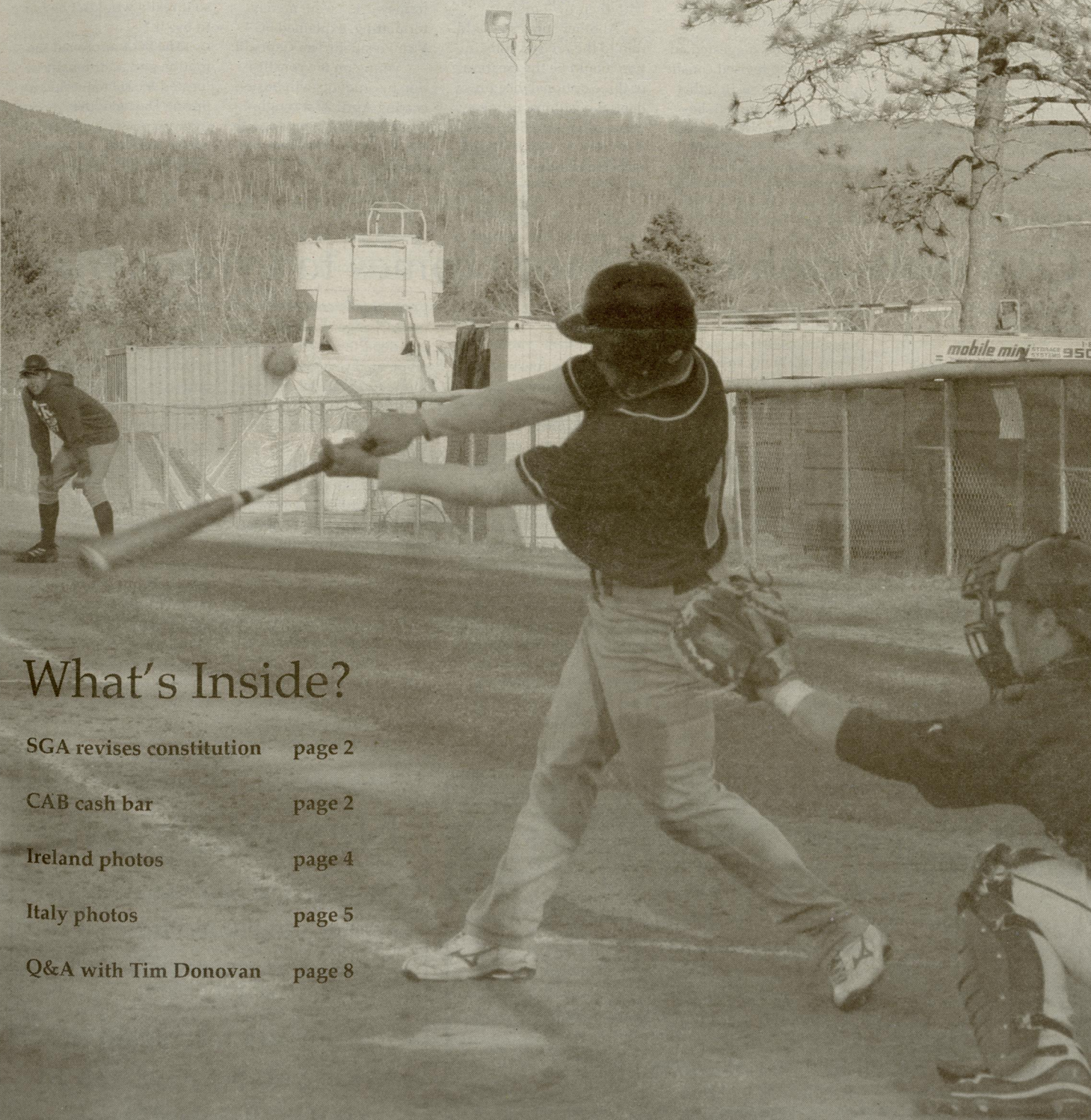
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Italy photos page 5

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Zack Maerder makes contact with a pitch during the Hornets 12-4 loss to St. Michaels College.

Photo by Steve Cormier

SGA constitution goes to student body

Steve Cormier
News Editor

Students at Lyndon State College will have the final word on the Student Government's revised constitution, approving or rejecting the changes made to it.

During Wednesday night's meeting club and elected representatives moved overwhelmingly to place the constitution's fate into the hands of the student body. The motion to approve was immediately passed, garnering no debate, with representatives appearing more as a rubber-stamp assembly than a student-run legislature.

"Coming into this year the executive board recognized flaws in the SGA constitution," said SGA President Andrew Chapin, explaining why revisions were undertaken.

Despite what was at the

center of the discussion, the governing document of the SGA, interest on the part of the representatives appeared tepid at best. Outside the Box club Rep. Mary Sloan was more interested in the Instant Messaging and Facebook on her laptop while many others present decided it was the appropriate time to engage in side chatter.

"Will you guys not have a lot of loud, different conversations while we're trying to hold a meeting," asked Stephanie Tyler, SGA advisor and Resident Hall Director, attempting to quiet the growing noise in the room.

One of the suggested additions to the revised constitution is a new section that would govern student behavior during club organized and SGA sanctioned events and trips.

Over the past few years

there have been numerous reports of misbehavior and questionable conduct on the part of American Meteorological Society club members while attending their annual Northeastern Storm Conference.

This new section would therefore outline that members participating in club events and trips must act as positive ambassadors for LSC, that clubs are responsible for their participating members and that any damage done during events or trips may result in the responsible student(s) personally reimbursing the SGA with their own money.

Another suggested addition to the revised constitution would be the creation of three optional vice presidential positions, filling a yet to be created SGA executive cabinet, with differing responsibilities.

The new Vice President

of Campus Activities would represent the Campus Activities Board at all future meetings; a new Vice President of Communications and Outreach would be appointed to streamline advertising and promotion of SGA events; and to get commuter and non-traditional students more involved at LSC there would be a new Vice President of Residential, Non-Traditional, and Commuter Affairs.

The majority of changes to the constitution – rearranging sections in the document and incorporating former amendments into its framework – were merely formatting, explained SGA Vice President Tim Cappalli.

Voting on the constitution by students will be occurring April 27 through April 29 in conjunction with the SGA executive board elections.

Aside from the constitu-

tional revisions little else was conducted during the meeting that lasted less than an hour and found more than a few seats empty. With AMS holding its executive board elections on Wednesday night many members were unable to attend the SGA meeting.

In a bit of financial news Outing Club Rep. Brian Wilcock requested that \$1,298 be reallocated from his club's budget and returned to the SGA.

"Were requesting that money be put back into the general fund," said Wilcock. "We haven't been that active so it really wouldn't be fair to use it."

The SGA approved the motion and additionally allocated \$5,000 requested for Spring Day activities paying the way for six bands to be on tap this year, along with funds for additional food and supplies.

CAB mulls cash bar Change comes to Lyndon State

Aimee Lawton
Critic Staff

Who needs bake sales when you can have cash bars?

Rumors have recently been buzzing around campus about possible cash bars being offered at various Campus Activities Board (CAB) events that will be held throughout the 2009-2010 school year. This rumor has seemed to spark an interest in many students who are or will be of legal drinking age in the coming year as they will have the freedom to drink outside of their residence halls at campus sponsored events.

This idea was presented to members of CAB at a recent meeting.

"Right now, we are just

looking in to it as a possibility," said Laura McNaughton, CAB advisor. "There are many rules and regulations that need to be followed in order to be able to offer such a fundraiser on campus."

McNaughton also said that they were waiting to see how many students are really interested in having cash bars offered at campus sponsored events.

There is currently no definitive answer as to whether or not cash bars will be offered in the upcoming academic year. CAB is still in the planning stages and looking in to what they would have to do in order to make this idea a successful one.

Kriston Hall
Critic Staff

With new construction and more majors to choose from than ever before Lyndon State College is definitely a changing campus.

Meteorology, English and Philosophy, Outdoor Recreation and Graphic Arts are all changing their names.

Meteorology is changing to Atmospheric Sciences in order to more accurately reflect what has been added to the section. Meteorology is picking up new career concentrations, as well as the top floor of the new building. The new career concentrations include Environmental Science,

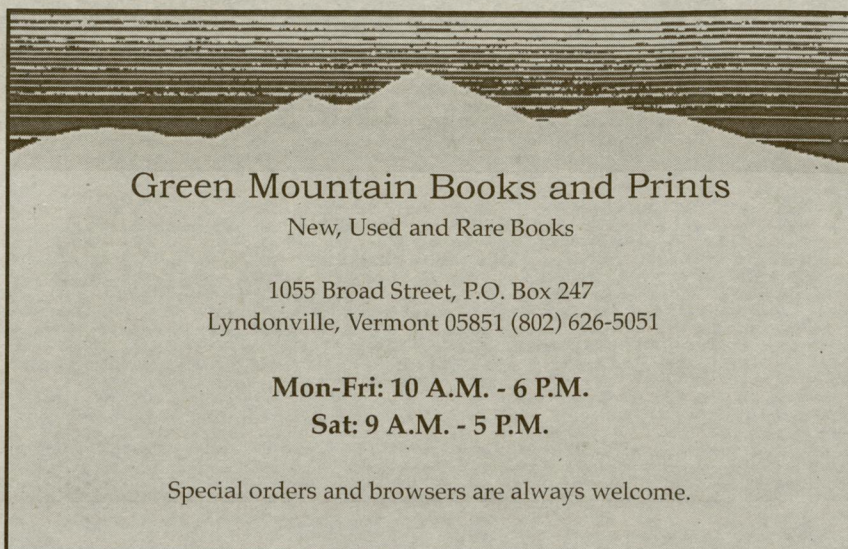
Computer Science and Climate Change. The Meteorology department also eliminated Geographic Information Systems and consolidated Statistics into part of a new class called Climatology.

English and Philosophy is changing because the college has added a new major, Philosophy, which includes concentrations in Philosophy & Culture and in Film Studies. This was in an effort to make it easy to find for people unsure of what major they wanted to pursue.

Outdoor Recreation has switched to Mountain Recreation Management. They have added a capstone course to replace two re-

search classes and a new course called Innovation and Design. Some scheduling has also changed (Leisure & Society is now a spring course). All of this was the conclusion that students and faculty reached in an attempt to make the program run more smoothly as a whole.

Graphic Arts has changed to Visual Arts. This is in line with a growing trend nationwide. The Visual Arts department also added some new classes and a major in Anime and Illustration. They have also added two senior capstone classes and a minor in photography.



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The Critic has a new Web site. Go to
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If you are interested in
working on the new web site
contact Ben Holbrook
benjamin.holbrook@lyndonstate.edu



David Rossignol
Opinions Editor

Each year on the east side of Mount Washington in the

Tuckermans or Bust

spring thousands flock to watch amazing feats of athleticism and amazing defeats. I am of course talking about the day of the Inferno race at Tuckerman Ravine

You needn't break out your wallet in order to get front row seats to this action. You do however need to show up, hike for three hours to get to the ravine, sit back with an appropriate beverage for your age and watch the carnage as

novice skiers, snowboarders and tube riders alike try to conquer a 55 degree slope.

If you happen to go this weekend you will find yourself among thousands of spectators and participants. You can relax - you will be amongst friends. After all, why would thousands make the trip each year if not to have fun?

Having never experienced this trip myself I am anxious to attend and to be a part of the festivities. This has been a long standing tradition of

skiers in the east starting way back in 1933, so I think it is worth it and all of those years prove it.

Other than the manual labor of the hike, the rest is, as they say, all down hill after that. You have a choice of slapping on your own equipment and riding all the way down to the parking lot.

If you do decide to go, make sure to bring plenty of warm clothing and extra food. It is Mount Washington, a place where the most extreme weather often occurs. Other

than that try not to laugh too hard at the skiers tumbling down the ravine; one of them might be me.

Directions are from Route 2 in St. Johnsbury heading east toward Gorham, NH. When you get to Gorham, head south on Route 302 until you get to the Pinkham Notch visitors center. From there just ask someone who is headed up the mountain and they should point you in the right direction.

More Like Observe and Distort

Matthew Goldstein
Special to the Critic

"Observe and Report" is not what you think it is. Seth Rogen usually stars as the husky, self-deprecating, weed-smoking, lovable-loser. Though in reality he is not a loser. Rogen generally seems to play himself while on screen and doesn't have to exert much effort due to the fact that he is naturally funny.

"Observe and Report" changes all of this. The movie is marketed as a comedy in the tradition of other Rogen buddy movies. After seeing it,

I felt taken advantage of - maybe that's what they were going for?

Usually when one enjoys a movie, it can usually be attributed to having likable characters, or at least individuals you can relate to. "Observe and Report" has absolutely none of this. Rogen plays a bi-polar shopping mall cop who yearns to be a real detective. When a pervert flashes Rogen's love interest, Brandi (Ana Faris), it sparks a heated rivalry between the real detective called in to investigate (Ray Liotta), and Rogen's character, Ronnie.

Though there are legitimately funny lines and flat-out insane situations, it really doesn't save the movie. Ronnie and Brandi are SO unlik-

able; you really don't care what happens to them. I mean, maybe it works out better this way considering how the story plays out. Brandi is the cliché caricature of a slutty, dimwitted, mall makeup-counter salesgirl. She manipulates Ronnie, but is also taken advantage of - but I mean what else are we supposed to think about someone named Brandi? Is that even a real name? Sounds like a stripper or something.

Ronnie borders on likability, but his actions eventually kill any hope for someone you could possibly relate to. He purposefully avoids taking his medication, and the results are deranged. It's as if Travis Bickle from "Taxi Driver" de-

cided to be a mall security guard. Yes, it's that screwed up. "Observe and Report" tries to be a dark comedy, which I generally love, but the movie definitely suffers an identity crisis.

One of the best dark comedies of all-time, "Fargo," had the black humor, characters you could feel for, and the graphic violence. The thing that sets "Fargo" apart from this movie is a great story with interesting plot twists. "Observe and Report" has twists, but they aren't smart twists, just ones designed to shock you. It will shock the casual moviegoer, but offend someone that has seen a quality dark comedy. The violence is graphic, the sex is perverted,

the drug-use is shocking, and the nudity is ummmm... interesting?

Generally all of these things really rev my engine, but they just didn't fit into this movie. I honestly felt guilty every time I laughed - is this good or bad? I can't tell. "Observe and Report" was entertaining, but not even close to what the Apatow and "Freaks and Geeks" gang has been notorious for the last few years. It is not "Knocked Up" or "The 40 Year Old Virgin," or even "Pineapple Express." Like the protagonist, "Observe and Report" is a bi-polar movie to say the least. If you have a choice and like the above-mentioned movies, go see "I Love You, Man."

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu
or
The Critic
LSC Box #7951
Lyndonville, Vt. 05851

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Foot Fetish?

Sonja Eva Xing SEX
Sex Columnist

In recent conversation amongst friends and acquaintances, it has been brought to my attention how footwear can play a major role during sexcapades.

I know I promised my audience a "Sex and Music" column, however I

realize that I did not give a location for feedback. So to respond to anything I may write, just send an e-mail to

(Critic@lsc.vsc.edu) with a subject line of S.E.X. Anywho, back to feet.

Foot fetishes are more common than people believe. As a woman I feel sexy wearing high heels and heeled boots, and that may turn some men on.

A friend told me that other day that socks arouse him sexually, and

no I do not mean white gym socks, I mean thigh high, knee socks, and tights especially fish-nets. I could not believe that a simple thing such as a pair of socks could ignite a sexual spark, so I asked around.

The answers were clear, leg/footwear is a major turn on in the bedroom. So the next time you hit the sack, try and spice it up with fun sexy footwear. I know I might give it a try.

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Spring break Irish style



St. Colman's Church in Cork, Ireland. This is the last part of land the passengers of the SS Titanic saw once they set sail.

Photo by Madison Cox



Looking down on the coast of Cork City.

Photo by Madison Cox



A beautiful section of old farmland divided by hand-crafted rock walls.

Photo by Madison Cox



The Cliffs of Moher in Munster, Ireland. There is currently speculation that these beautiful cliffs may become another 'Wonder of the World'.

Photo by Madison Cox

Help Wanted EDITOR

The Critic, the voice of
Lyndon State College students

for more than four decades, seeks a talented leader for the 2009-2010 academic year. The editor is responsible for the day-to-day management of the weekly newspaper and its increasingly important! Web site, LyndonStateCritic.com. The successful candidate will be a skilled writer and copy editor, and have a knowledge of newspaper layout, photography, and multimedia. He or she will also oversee a business department responsible for selling ads. To apply, please send a cover letter and resume to The Critic's adviser, Dan Williams (dan.williams@lyndonstate.edu). The deadline is May 1.

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For more information contact Steve Shaw by (802) 748-2205.



The first night in Rome was a bus tour of Rome at night, seeing many different historical monuments lit up at night in all of their glory.

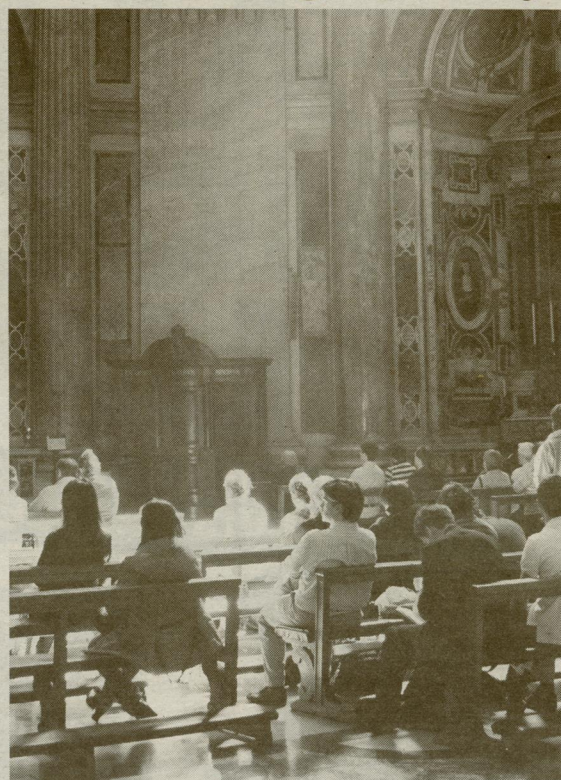
Photo by Eric Wayne

Veni, vidi, vici; LSC burns through Italy



A mountainous view outside a window while flying over the Swiss Alps. It was an eight hour flight from Boston to Zurich, Switzerland, and an hour and a half flight from Zurich to Rome, for part of the large group.

Photo by Eric Wayne



A ray of light shines through a window on a small group praying in silence.

Photo by Eric Wayne



On day two the group headed out to Rome once again, seeing all of the sights that Rome had to offer. This shot was taken leading up to the Colosseum.

Photo by Eric Wayne

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Emily Curtis
Entertainment Editor

Green makes the scene



Spring is in the air again and everything is going green, including Lyndon State College. As a student, I personally like recycling cans, bottles and paper but I wanted to know what students were doing to go green.

"I yell at my suitemates to recycle," Ashley Seymour said when asked how she goes green.

Mikey Proctor says, "Recycle your old plastic cups you use - don't throw them away."

Professors and staff also try to make the effort to be environmentally friendly. "I intend to print on both sides of the paper," said Chandler Gilman, associate professor of english.

Bob McCabe is a well known recycler around campus. His office in the Writing Center is famous for his collection of figurines he finds, most of them at the Northeast Kingdom Waste Management located on Church Street in Lyndonville. "People need to use things up, not just use them," said McCabe.

Being Earth Week on campus next week, and Earth Day on April 22nd, it is a great opportunity to get in the habit of going green.

If you're looking for a few ideas of what you can do here are a few suggestions from squidoo.com:

- Turn off your computers at night.
- Use reusable containers instead of getting plastic water bottles
- Inflate your tires. You will go more miles on less gas.
- Get rid of paper wasting junk mail by getting your name off the list at dmaconsumers.org.
- Choosing coffee that is Rainforest Alliance Certified like Green Mountain Coffee Roasters is delicious and eco-friendly because it is grown and harvested in a way that preserves the ecosystem. Also preparing coffee at home and using reusable filters is a great way to cut back on paper filters and coffee cups. To find out more about certified coffee brand visit the websites rainforest-alliance.org and transfairusa.org

• Use rechargeable batteries. They can save money and last longer. They can also be recycled when they're done (It is illegal in Vermont to throw away rechargeable batteries). To find out where to recycle them, visit rbrcc.org.

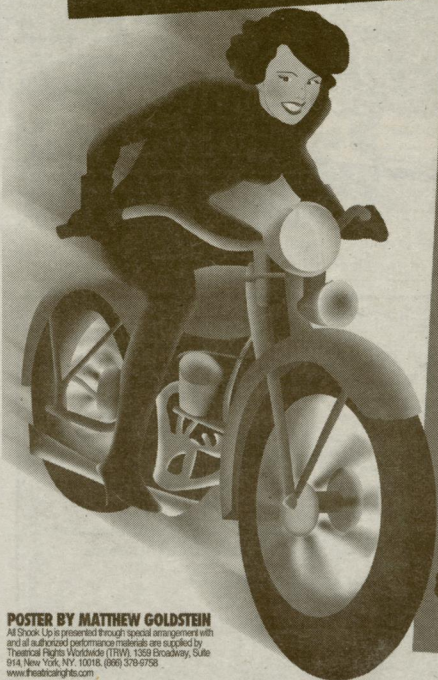
Also, don't be afraid to recycle, whether it's paper or batteries. It goes a long way. If we all put the effort in, we can make our planet a greener place to live.

? What to do? ?

WRITTEN BY JOE DIPIETRO PRODUCED BY THE TWILIGHT PLAYERS

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On Campus

Family Feud. Come play the popular television game!
Friday, 9:00 p.m., Student Center. Prizes Awarded!

Bus trip to Portland, Maine
Saturday, 9:00 a.m., Vail parking lot
Sign up at the Student Affairs Office in Rita Bole Complex.

Campus Beautification Day. Help clean up our campus!
Monday, 9:00 a.m. to 4:00 p.m. Free food!
Sign up sheets for 45 minute shifts available at Vail 325

Earth Week Film Series, "Kilowatt Ours"
April 23, 7:00 p.m. Student Center

Parker House and Theory
April 24, 5:00 p.m. Harvey Academic Center

Self Defense for Women, Come learn to defend yourself!
April 25, 2:00 to 5:00 p.m., Rita Bole Community Room

The Angelo and Doris Bona Business Plan Competition
April 29, 5:30 p.m. Burke Mountain Room

Star Theatre

State of Play (PG-13) Price: \$6.50 Adults
Fri.- Sun.: 1:20, 4:05 \$4.00 Kids and seniors
Fri., Sat.: 7:00, 9:30 \$4.00 Tuesday nights
Sun.- Thurs.: 7:00 and weekend matinees

17 Again (PG-13) Location: 18 Eastern Ave.
Fri.- Sun.: 1:35, 4:15 St. Johnsbury
Fri., Sat.: 7:20, 9:25 (802) 748-9511
Sun.- Thurs.: 7:20

Fast and Furious (PG-13)
Fri.- Sun.: 1:30, 4:00
Fri., Sat.: 7:15, 9:25
Sun.- Thurs.: 7:15

Catamount Theater

Cinema 1: Sunshine Cleaning Fri.: 7:00
Sat.: 7:00, 9:15
Cinema 2: Wendy and Lucy Sun.- Thurs.: 7:00
Sat., Sun. Mat.: 1:30
Wed. Mat.: 4:00

Admission is free with Student I.D.

Located: 115 Eastern Ave. St. Johnsbury (802) 748-2600

Hornets stung by new conference play

Sam Monroe
Managing Editor

"Come on, play with intensity," screamed Mark Hilton, an assistant coach, towards Tyler Blake after the catcher overthrew the second baseman, Stetson Hicks, on an attempt to catch a St. Michaels runner who was stealing second base on Thursday.

The Hornet's baseball team has not been playing with intensity all season. If you need evidence, look no further than the teams 3-19-1 record.

The Hornets defeated Daniel Webster College 3-2 and 14-5 in a doubleheader on Monday April 13 to pick up its first wins of the season.

The team continued its winning ways in its first home game of the season, a 13-4 win over Vermont Technical College. On Thursday the Hornets' old ways came back, dropping both games of a doubleheader to St. Michaels College, the first game 11-3 and the second 12-4.

The wins at the beginning of the week were the first for a team that has struggled this season. Even after the wins the Hornets sit in last place in the North Atlantic Conference (NAC).

Struggled is a bit of an understatement, as the team has been outscored 246-71 so far this season. The Hornets have dropped seven games by 10 or more runs, and had

given up 10 or more runs 13 times. The most runs the Hornets had scored in a game before Monday's win was five. It has since improved to 14.

"We knew we had a rebuilding type of season, due to the loss of many seniors last season," said senior Ryan Wimble in an e-mail interview. The Hornets roster features six seniors, three juniors, three sophomores and 10 freshmen.

It is hard to find a reason for the Hornet's struggles this season. Possibly the only explanation is how young the team is, but even with the move to the new conference the Hornets are playing the same teams they played last season, a year that saw the

team finish fourth in the USCAA National Baseball Championships.

After being embarrassed by rival Castleton State in both games of a double header, the first a 26-1 pounding and the second a 9-1 loss, the team decided it was time to have a meeting.

"As long as we kept working hard and having fun things would look up," said Wimble.

"When we were 0-17 we made a promise to each other, that we would play for each other, sprint, play hard and show we want to be here," said freshman Shawn Lonardelli.

The Hornets may have straightened out its season,

wining three games this week. "The bats are going now," said Lonardelli.

It will be a long road to try and improve the record for the Hornets. The team will play nine of its final 14 games on the comforts of Skip Pound field. The Hornet's plan to use pride and determination to get back on track in its first season in the NAC.

"As a senior I feel we have a great group of guys who get along well and have plenty fun doing what we do. I'm proud to be a part of the program and take a lot of pride in this being my final season competing in collegiate ball," Wimble said.

April showers bring out May flowers, athletes for LSC triathlon

Kriston Hall
Critic Staff

Summer is almost here and with it has come the return of the Lyndon State College Triathlon. LSC's triathlon is shorter than most, but its still going to be a challenge for those who attempt it.

The race is on May 3 and is going to consist of a 500 yard swim, which is 10 laps in the pool, down and back, a 9.5 mile bike ride on a figure

"8" course on campus, and will be finished with a 3-mile run on the cross-country trails that are on and around President's Hill.

For those of you who are interested in entering the triathlon, you might want to get to your training. If you haven't been in a pool in a while you can work you way up to the 10 laps and get yourself some goggles and you will be all set. Swimming is the most non-impact exer-

cise you can get so all you need to worry about training for is the cardio portion.

Biking and running require a little bit more practice because of the strains they put on your body. If you're like most, you probably haven't run or ridden your bike until quite recently due to the cold weather. Both could be trained for in the gym or outside but you might want to get used to doing it on the trails and roads just for the

experience.

The 9.5-mile bike route will be on a lap format so it will be repetitive. This is good because what goes up must come down, so you don't have to worry about going all uphill. The running on the cross-country trails will be primarily on dirt so the impact on your legs and feet won't be too harsh.

As with any sport it's essential to work your way up. You should step your work-

out up in increments spaced out over the course of the time remaining until the race. To sign up for the race, contact Sue Henry at LSC extension 6242 or e-mail her at susan.henry@lyndonstate.edu. You can pre-register by April 28th to ensure your spot or walk on the day of the race. Registration fees are 5\$ for LSC students, 10\$ for faculty and 15\$ for everyone else. Check in is 8-8:45am and the race starts at 9!

North Atlantic, Northeastern Athletic Conferences form partnership

Andrew R. Koch
Sports Editor

The North Atlantic Conference and the Northeastern Athletic Conference have announced that schools in each conference, including Lyndon, will gain associate membership in the other conference.

This move, which was announced in the February edition of *The Sting*, was made in an effort to give the NAC and NEAC an automatic qualifier for NCAA Division III post-season play in certain sports, such as baseball and men's

and women's tennis. Lyndon will be gaining an associate membership in the NEAC for both baseball and women's tennis, making them eligible to compete for that conference's championships.

"They're trying to get some stability in the conferences," said Bill Johnson, Assistant Director of Athletics. This is because a lot of schools are moving in and out of different conferences and even forming new conferences. Johnson added that some schools are adding varsity sports. This includes Green Mountain College, Husson,

and UMaine-Farmington, which are adding women's tennis, as well as Thomas College, which is changing women's tennis from a club sport to a varsity sport.

"The NAC will be helping the NEAC get an automatic qualifier in 2012," Johnson said.

NCAA bylaws state that an athletic conference must have at least six or seven active members sponsoring a sport at the varsity level in order to get an automatic bid to NCAA postseason competition.

Johnson says that gaining

this associate membership in the NEAC will not only help Lyndon from an athletic standpoint, but from a marketing perspective as well.

"This gets our teams out of New England and into upstate and central New York and eastern Pennsylvania. The schools are roughly the same size as Lyndon. It really makes for a level playing field. No one has an unfair advantage," Johnson says. "We can be competitive with every team in the NEAC." He added that if students in other areas see that Lyndon can be competitive athletically, it

might make them curious about what else the school has to offer.

"If you're a Division III school that doesn't offer athletic scholarships, it gives you better exposure," Johnson says. He also said that this partnership will also help with scheduling games, because the longest road trips aren't more than eight hours away. He says that some students would be willing to drive eight hours to a college if it offers what they're looking for.

Upcoming Events

Baseball: 4/18, 1 p.m. vs. University of Farmington*; 4/19, noon vs. University Maine Farmington*; 4/21, 2 p.m. vs. Plymouth State; 4/23, 3:30 p.m. vs. Plattsburgh University.

Softball: 4/17, 3 p.m. vs. Johnston State College; 4/18, 1 p.m. vs. Thomas College*; 4/19, noon vs. University Maine Farmington*; 4/22, 3:30 p.m. vs. Johnston State*

Lacrosse: 4/18, 1 p.m. vs. Green Mountain College*; 4/19, 1 p.m. vs. Becker College; 4/22, 4 p.m. vs. Castleton State College

Men's Tennis: 3/28, 1 p.m. @ Green Mountain*; 3/29, 1 p.m. @ Mitchell College; 3/31 3:30 p.m. vs. Johnson State*

Do you like sports?
Do you have school spirit?
Do you want your voice to be heard?

The Athletic Department is looking for a new public address announcer for the fall of 2009.

Must be work-study eligible and professional with a microphone.

For more information, please contact the following people:

Chris Ummer, Director of Athletics: x6224, christopher.ummer@lyndonstate.edu

Bill Johnson, Assistant Director of Athletics: x6341, william.johnson@lyndonstate.edu



Q&A with Tim Donovan

Ben Holbrook
Critic Editor

On Tuesday Tim Donovan, the new chancellor for the VSC, came to Lyndon State College to field questions from students and staff.

The following questions were asked during a session involving SGA members and RA's.

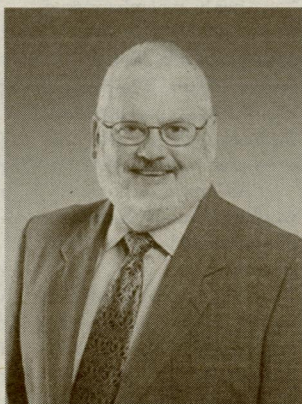
Ryanne Ayers:
What are your goals?

Tim Donovan:
I want to retain the five individual college characteristics with the resources of all five colleges. I want these colleges to be the best five colleges they can be.

Chris Shadrock:
How will you increase the visibility of the VSC schools?

Donovan:
My interest is not in the visibility of the VSC colleges, I

want to make sure that every family in Vermont



Tim Donovan Courtesy of CCV

knows about the state colleges. It isn't just 18-year-old students who come to this college. We have a challenge in this state because out of 100 high school students, only 22 of those 100 will finish college.

By 2014 all job openings will require a two year degree. If I can get one family that would normally say no to college to say yes, I don't care where they go.

Tim Cappalli:
How do you plan to make VSC a first choice rather than an alternative?

Donovan:
Part of it is a matter of perception and some of that will change due to the economy. These [VSC school] aren't second choice colleges, they're first choice colleges.

Andrew Chapin:
How do plan to improve the levels of funding for the state colleges?

Donovan:
We embarrass the state about how much money they aren't giving us. What you talk to parents, friends and family need to be talked about during elections.

Mike Michaud:
How will you help students who want to be in college and those who don't?

Donovan:
It happens at every college in the country, where you have students who don't necessarily want to be in college. It doesn't matter where somebody goes to college, but every young person in our society needs a path.

Amber Hartman:
Would you consider introducing online degrees?

Donovan:
Carol Moore has begun developing more online programs. I think we'll see more of them [online degrees].

Shadrock:
How do you feel about the merger and would you support it?

Donovan:
UVM and these five colleges are very different beasts. The Governor has asked for a look at how we structure higher education in Vermont. I wish the state

colleges were less expensive than they are. There's no way to force the economic function of UVM and force it into a model like LSC. The merger isn't going to happen. I would be very surprised if they find an economic or educational incentive to merge two areas into one.

Ayers:
Are you going to create incentives for students to stay in Vermont?

Donovan:
We're doing a number of things to engage students in our colleges in areas of critical need, such as teaching or nursing. When people are thinking about worker shortage that's where incentives come into play. It always helps to say to people who have hit a rough spot that there is a reason to stay.

The Faculty / Staff Scholarship Committee presents the 3rd Annual Spring Dip for Scholarships



Who: "Anyone can do it" – all students, faculty, and staff are challenged to participate!

What: Spring Dip for Scholarships – take a really quick swim at LSC to support scholarships.

Where: Library Pond

When: Wednesday, May 6th
Registration: 11:30am – Between HAC and Wheelock DIP – 12:30

Why: Raise scholarship funds for LSC students to be given out annually by the Faculty / Staff Scholarship Committee.

Entry fee: \$10.00 per person.

Take part in one of LSC's "newest traditions."

Make it fun – wear a costume! The person with the best costume wins a prize!

The club / group with the most participants wins a prize!

THE CRITIC

Friday, April 24, 2009

Serving the student voice of Lyndon State College

Volume 55, Number 19

www.lyndonstatecritic.com

Lyndonville, Vt.

One copy free, extras 50 cents each

DANGER: Housing Selection 2009

Did you cross the line?

Sebastian C. Lury
Critic Staff

The selection process for rooms in the Rita Bole Complex has left many feeling dismayed.

"Andrew Chapin, president of LSC's Student Government Association, said in an e-mail that, "For me Rita Bole is the most desirable place to live on campus and I meet all of the requirements for the building so obviously I was disappointed when I didn't get a room in the building."

Chapin, a junior next year, understands that this year was different than years past.

"It is also important to note that this year there was more interest in Rita Bole than there ever has been," said Chapin.

With the added interest in Rita Bole and the fact that some did not obtain rooms or suites, the question has been raised about the selection process.

"Because of the larger numbers this year interested in either retaining or entering the building," said Assistant Director of Residential Life Erin Rossetti in an e-mail, "the process that had worked very well for us each year prior did show some flaws that we will work to fix for next year."

The flaw that has been pointed out is that current-freshman have been able to get in, thus leaving some of next years juniors and seniors out.

"If you have residence halls

designated exclusively for freshmen, why not designate the Rita Bole Complex for juniors and seniors?" asked Chapin, who believes that juniors and seniors should get priority over sophomores. "To me, it seems as though seniority should be a key factor in Rita Bole."

One instance from the event that has sparked controversy is that a student looking to retain a suite recruited five current-freshmen to fill the suite and retain. According to the process in use, this is allowed.

"The process that we have set in place right now states that anyone from a suite can retain that suite as long as they can fill it to capacity," said Rossetti. "We did not require that they fill it with current RBC students, they can find anyone to pull in. There is no retaining priority given to those who have more current RBC residents than those who don't because this wouldn't make a difference- If they are retaining their own suite- they will be able to do that whether there are six returners or one because it is their suite and they can keep it if they wish."

There is one occasion when priority is given, according to Rossetti.

"The only time that priority would be given is if there was a dispute among current members of that suite over whose group got to retain it- in that case, those with the highest number of credits gets first choice," she said.

Another flaw that has been

pointed out is that no one was checking qualifications at the door. Because of this, there has been talk that some students who have assured themselves a room in Rita Bole for next year may not be eligible.

"All students are checked either by scheduling a meeting in advance or through the one-on-one check that takes place during the actual process [or both!]" said Rossetti. "All students who went through RBC selection did that and were approved."

Despite some disappointment, Chapin feels as though the process in place was followed well.

"The Res. Life staff works extremely hard on creating a fair and equal system for room selection and I know that the problems are not due to a lack of effort," he said.

Chapin also sees the potential downside to the idea of making Rita Bole available only to juniors and seniors.

"It is true that many juniors and seniors live off campus, so you may not be able to fill the building exclusively," he said. "But," he continued in an effort to solve this problem, "you can grant priority and let the sophomores fill in the blank spots afterwards."

"We will certainly look into a number of 'ranking' processes that we can use for future years," says Rossetti.

Tuition increase for Vermont State Colleges

Ben Holbrook
Critic Editor

Students can expect to dig a little deeper in their pockets for the 2009-2010 school year after the Board of Trustees approved a 6.75 percent tuition increase.

Thursday's Board of Trustees meeting voted, and approved a tuition increase for students attending a Vermont State College. Trustees approved the vote 8-6. Martha O'Connor, one of the board members, opened the tuition and fee discussion by saying, "The full board needs to discuss this because it has many ramifications for students and families."

O'Connor went on to stress that voting in favor of the increase is only done based on the assumption of what families can afford to put into tuition. It is not a question of whether an individual supports the VSC. Corey Gray, a trustee, spoke on behalf of the Vermont State College Student Association in favor of the tuition increase. "The entire VSCSA endorses it," Andrew Chapin, president of Lyndon's Student Government Association, endorsed the increase because it was, "a question of whether to cut programs or raise tuition."

Frank Mazza, a trustee who was not in favor of the tuition increase, felt such an

increase was "beyond my comprehension." Mazza went on to say, "I wonder at what particular time our students will not be able to pay our fees."

Robert Clarke, chancellor of the VSC, felt the increase was entirely necessary as it was a matter of, "focusing on continuing quality programs because it doesn't matter the cost if you don't offer quality programs." Clarke pointed out students who need the most help with financial aid would also receive more money from Pell grants due

**"Focusing on continuing quality programs because it doesn't matter the cost if you don't offer quality programs."
-Robert Clarke, VSC Chancellor**

to the stimulus package. The Pell grants would then offset the added cost of the tuition raise. "We are still the five most affordable colleges in the state," Clarke said.

Governor Jim Douglas was in a different camp than Clarke when it came to his views on the tuition increase. "Quite frankly, I think it's too much," Douglas suggested looking at other areas, such as contracts, because, "I know we have contracts but contracts can be revisited." Douglas was concerned too much of the financial burden of operating the state colleges falls on the students.

Clarke countered Douglas' comments by saying 75 percent of the budget costs for the colleges stem from personnel costs. Douglas responded by saying, "the times are unusual and still deteriorating," referring to how many families are struggling simply to make ends meet. Greg Clark, trustee, jumped into the conversation and suggested the board, "start figuring out what adversely affects the quality of education." Carol Moore, president of LSC, responded to Clark's question saying

year and I will only be able to replace three of them," Murphy said. She continued on to say the colleges are doing their part to remain fiscally responsible.

David Wolk, trustee, astutely pointed out the tuition increases for the VSC were less than any of their neighbors. "These schools are the most affordable in Vermont for in state and out of state students," Wolk said. Wolk continued by saying low income and disadvantaged students would be getting more help.

crease and pointed out, "It's not double digits that we're talking about." Much of the discussion that continued reiterated how the increase, although not ideal, was necessary in order to continue offering the quality education the VSC has been doing.

Although the tuition increase was the hot topic during the meeting, a number of new developments were discussed. Donna Dalton, dean of academic affairs, and fellow staff and faculty gave a presentation on Project Compass. Project Compass was started in an effort assist first-in-family students from modest incomes to be successful in college.

The Board of Trustees approved a Bachelor of the Arts and an Associates of the Arts degree in a new major which will be offered at Lyndon; Media Communications. The new program would use resources in place from the journalism and television studies departments. Carol Moore talked briefly about the reasoning behind bringing the new major to Lyndon. "We think there's an interest and a good job market for such a program," Moore said.

The meeting ended when Gary Moore declared the trustees would be going into executive session to discuss a legal issue.

The Faculty / Staff Scholarship Committee presents the 3rd Annual Spring Dip for Scholarships

Who: "Anyone can do it" - all students, faculty, and staff are challenged to participate!

What: Spring Dip for Scholarships - take a really quick swim at LSC to support scholarships.

Where: Library Pond

When: Wednesday, May 6th

Registration: 11:30am - Between HAC and Wheelock
DIP - 12:30

Why: Raise scholarship funds for LSC students to be given out annually by the Faculty / Staff Scholarship Committee.

Entry fee: \$10.00 per person.

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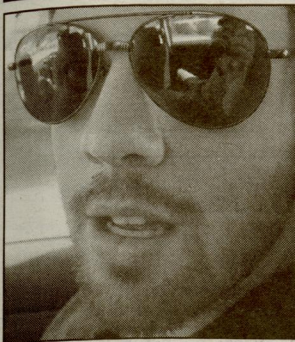
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New web site

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If you are interested in working on the new web site contact Ben Holbrook
benjamin.holbrook@lyndonstate.edu



Steve Cormier
News Editor

Was that real? Was it a nightmare or a shit-show? Packed not as sardines (celebrated as a delicacy), but more like immigrants, stowed away behind barriers and dividers, unseen and unfed, only to face the cold Official Voices waiting at lines end, passing out decisions and disappointment – Welcome to America, prepared to be fucked.

And so, nightmare realized, and indeed fucked, I step forward to thank the architectural officials, Erin Rossetti and Jonathan “J.D.” Davis; resign and spare us more incompetence. Your pandering performance and planning on Monday night was worth all

Was that housing selection or just anarchy?

the aging Aramark we should have flung, hounding you from your back-room solitude, and into oblivion... or at least the sanctuary of the wretched kitchen.

The nihilistic mentality which encompassed Monday's proceedings and produced near riotous animalism, challenged only in its brutality via the live feed of Armored Ballerinas slashing and high sticking in the name of Lord Stanley, brought about a real and sudden awareness of impotence (not mine as I had feared, grabbing on to make sure), all too enlightening and disappointing.

The infuriating processes and outcomes unleashed were far too real for minds far too stressed for such perversion. Emerging briefly from the contrasting solitude of the back-room, where Erin collected redundant paperwork, the sheer quantity appearing all too ironic for the opening night of Earth Week and a college who claims to be “going green,” J.D. made a “logical” assumption – the Leviathan which had turned out to es-

cape the conditions on the other side of the campus tracks (pray for redemption, pray for Rita Bole, alleluia) would react calmly, forming a line instead of a riot, to the announcement that “open housing will commence.”

Crowd-logic knew the shot at freedom only comes annually.

No one in charge abided by the plan (numbering groups on a basis of first-come, first-served), instead playing to the anarchy they induced like a bad batch of LSD (blindly asking “we’re you in line first” and hoping for honesty like “no sir, please send me to the back for cutting where my hopes will be eaten alive”), betraying the thought that intelligent people charged with implementing intelligent plans could execute such simplicity. Hoping for the best is a comforting plan though, right? Hell, George Bush hoped that democracy would spring out of the mutated-abortion that is Iraq, and look at how well that worked out.

We were left with nonsense: fresh-fished green to the tit underclassmen fingering

their way right out of Wheelock, around Stonehenge and into contention, forcing soon-to-be alumni upperclassmen (Potential Donors) back into the Gulag-type-Projects after years of time served. Hey, nothing like a good healthy reminder of what makes LSC worthy of a graduate’s financial donation like four-forced-years in cold shabby dorms. Now, I must admit, I’ve never done time in the college’s prison barracks, only seeing it and its inmates during weekend visiting hours. The Good Lord, with the tools of excessive experimentation and youthful vitality, saw fit to have me “retired” from UVM and transferred straight to Rita Bole for services rendered in between (Postal Carrier and unemployed transient); atheism works in mysterious ways. Hell, “neither snow, nor rain, nor heat, nor gloom of night,” we all have to do time.

So now we may have students assigned to Rita Bole whose statuses were not checked while qualified students are trudging backwards towards Stonehenge. Rita

Bole should be for upperclassmen, demonstrating their GPA qualification, and having served out their time.

Housing selection should not be held in a barricaded location that cannot hold thirty people during a school day when responsible people are in class, working jobs or just getting screwed by life or love. The only people you will attract early enough to fill that type of line (anticipating the chaos), and Rita Bole, are types who skip out of responsibility, apparently the types sought by Erin and J.D. but not by the Rita Bole standards.

And finally, we pride ourselves under an undemocratic and broken retention system where one person from each suite (22 students) could technically retain their rooms, inviting whomever they wished in at their discretion, lauding such tyrannical power over the remaining 1,378 students. Retention should be allowed when a majority of a suite’s membership wishes to remain, or the system could be abolished completely.

What a nightmare.

Upper Classmen Territory

Brian Howe

Here at Lyndon State College most students who live on campus are from out of the state. Each year that they are here you would think that students would move up in housing, but here at Lyndon this is not true.

As freshmen you either live in Wheelock or in Stonehenge. Wheelock has a common area where you can mingle in the suite with fellow suite mates or fellow students here on campus. While most students enjoy the common area in Wheelock, Wheelock is strictly freshmen housing. As a sophomore you would think that better housing would be available, which is just not true. Stonehenge doesn’t have common areas in the suites and is in fact much older than Wheelock. As a student here I can barely fit comfortably into the shower, but in Wheelock you can,

which doesn’t make sense.

Rita Bole is another dorm that is open to, I guess you can now say, everyone on campus. However, it is supposed to be strictly for students who have 30 or more credits and have a clean record, which just doesn’t make sense. First year freshmen have the chance to select a suite in Rita Bole while seniors on the other hand get shafted. Rita Bole is an apartment style living, where students have a common area and have the chance to cook food when they would like.

Is it fair to students who have been here for three or more years who have to wait in line in order to have a chance at housing in Rita Bole? On the other hand, students who have been here one year can wait in line starting who knows when.

Hmmm, freshmen who have a lighter work load can wait around all day, while at the same time students with a larger work load have to

wait to get in line because they have work to do all day.

I feel that Rita Bole should be for upperclassmen and not the freshmen moving up to sophomore status. Why should students who have stayed here for three years have to wait, or not even have the chance, to get into Rita Bole. Have you even had the chance to glance into the dorms over at Stonehenge? Wow, we pay how much a year? I mean look at the showers, you can’t fit, and who knows what is falling off the ceiling while you are in the shower.

All in all, I guess the point I am trying to make is that I look around me at students who are juniors and seniors and they are getting screwed out of upperclassmen housing because they didn’t have the chance to get in before the freshmen. Who knows if those freshmen are even going to stick around to see another semester, yet the students who have been here for a couple of years get shafted.

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Proposed degree draws criticism from faculty

Norman Johnson
Critic Staff

Faculty objections have risen over Lyndon State College President Carol Moore's proposed new Associate of Applied Science in Professional Studies degree, (AAS) to be offered beginning September 2009.

In a circulated preliminary proposal, the AAS degree is described as a way to meet the demands of the community workforce's educational, professional, and technical needs: computer numerical control training, medical records, and banking. The proposed degree states it could feed Lyndon's bachelor programs, would be supported by state and federal money, and would create a new revenue stream for the college.

"It is primarily designed to be a technical degree that's applied to a particular field with, of course, general education," Moore said Wednesday.

"There is no department that has the expertise or that is a comfortable fit for this program," Moore said. "It is in many ways like our liberal arts associate degree and our general studies associate de-

gree. No department actually owns them, but there's oversight by the gen. ed committee."

Moore proposes the general education component at 30 credits will be taught at LSC, while more gen. ed. credits of similar degrees will be offered by some other colleges. The degree's technical component would be instructed in partnership with private organizations like Vermont Hitec, VTC, technical centers, and the American Banking Association. It would require a flexible total number of technical credits, depending on the scope of the training required, initially around 66.

"We're creating the Work Force Institute, which is somewhat like continuing education," Moore said. "Dean Kascenska was the obvious place to place the institute because his job description has the responsibilities outlined for workforce education. There will be a faculty coordinator yet to be named."

Private organizations, however, are not authorized to give college credits by the accrediting bodies, Moore said.

"CCV has a process in place for the evaluation of pro-

fessional technical credits," Moore said, "and what we would do is present the training that the students got to the group that does that assessment and we would ask them to approve that package of training and evaluate it for comparable credit."

"Turning a certificate program into a college degree is not a bad idea," Richard Moye, professor of English at LSC said, "but we're not positioned to do that and VTC and CCV are. Why aren't they doing it? I don't know why we would be giving credit and having CCV measure. It doesn't make any sense to me. We have the same mechanism. VTC is out there, but apparently VTC doesn't want to do this. Maybe they don't think it's a good idea."

Moye continued, saying, "any course, degree program, that's bearing college credit and a degree have to be approved by our process in such a way that the New England Association of Schools and Colleges can accredit us, otherwise it can't be transferred. We don't have any control over courses that are transferred in from another college. We only take courses that

transfer in from other accredited institutions, that's how we guarantee their college credits. Our courses are accredited for the same reason; if you transfer [your credits] to someplace else, they know that we have done our job because somebody there—NEASC [New England Association of Schools and Colleges] is measuring that we do. None of that is associated with this program because these are non-accredited institutions. We have no quality control."

Timothy Sturm, professor of special education at LSC has similar and additional concerns with Moore's proposed program.

"She's proposing a new associate degree that at present doesn't have a department," Sturm said, "that John Kascenska, the assistant dean, be the 'chair' of this department. Why don't we have a faculty member who's the chair of this department? And what she's also proposing is a significant number of these college credit bearing college courses be taught by people that are not faculty, they're employees of a business. The question then is, what about

faculty governance? Are these courses college level work? What's the content? Are the people who teach these courses qualified?"

Moore said about the missing department, "We've had a meteorology department that we've had for many years, but before it came here, we had no meteorology department. The same thing was true for graphic design, when that program came into existence it had no department. So you can't say the college will never get anything new because there's no department. Depending on how successful it is, it may evolve into something like a department."

"I see this proposed program," Sturm said, "while it might have some academic merit, I want to know why we wouldn't call these people faculty. What control will the faculty have over the curriculum. Not just parts of the curriculum, all of it. Is this a business or is this a college? If we're just concerned about dollars and cents and programs without any academic integrity, then we're off into a whole new era. What is the college's intent in introducing this new model?"

Little student interest in forum despite SGA pledge



from left: candidates Andrew Chapin, Tim Cappalli, John Kleinahns and Liane Carson during the forum.

Photo by Steve Cormier

Steve Cormier
News Editor

Members of the current Student Government (SGA), representatives and advisors alike, appear more interested in this year's executive board elections than the students who will be deciding its results.

With less than ten people in the audience, almost all of whom are members of the SGA, Wednesday's candidate forum was unable to tackle the problem that candidates said still permeates the organization.

When Tony McGee, club representative for the American Meteorological Society, asked what the biggest challenge facing them for the next year would be, SGA Vice President Tim Cappalli said

that it would be increasing student involvement. The other three candidates agreed.

"We should have fifteen to twenty students at every meeting," said first year elected Rep. John Kleinahns, candidate for SGA secretary.

"We hold a unique position on campus and the administration really listens to us," said SGA President Andrew Chapin. "We want to be the student body's voice."

Getting students more involved and representing them to the administration was one of this past year's goals for Chapin's administration. He admitted at the beginning of this school year that the SGA had not been doing that very well.

Still, when asked by event moderator Sam Mon-

roe about what qualified the candidates, all of them felt they had been doing a good job.

"We've done a pretty good job as an executive board," said Chapin, while Cappalli pointed to the recent past saying that the past year had been really good for the organization.

A couple of years ago the SGA had been marked with numerous problems including frequent turnover rates in representation and increasing intervention by SGA advisors into then House and Senate affairs, taking the power out of member-students' hands.

None of the incumbent officers seeking reelection—Chapin, Cappalli and current SGA treasurer Liane Carson—faced any opposing candidates during the forum.

Newcomer Kleinahns, taking his seat as a first year elected representative last semester after the student body elected him, also faced no opposition, as current secretary Nathan Carter is not running again.

In an e-mail Carter explained that he has no time, despite enjoying his tenure as SGA secretary, saying, "If I am not in class, I am down at News Seven. I am there for thirty hours a week."

When SGA advisor Stephanie Tyler asked the candidates why they were running, Kleinahns said it was because he wanted a more active role in student government.

"As secretary I'm going to take better minutes of the meetings," said Kleinahns, adding that he loves Lyndon

State.

Chapin said he wanted to make a good school better while Carson explained that her interest in running had changed over time.

"My position started out as an internship last year," said Carson, "but now it is something I enjoy doing."

When Monroe asked them what their best strengths and worst weaknesses were in facing reelection Chapin said that the current SGA executive board has worked really well together.

"As far as weaknesses, I have no weakness," Chapin said to laughter.

Elections for next year's SGA executive board will be held next week, beginning April 27 and ending on April 29.

Professor sees trend in college part-time hiring

Norman Johnson
Features editor

"Colleges are supposed to be places where there is a lot of free and open debate," said Timothy Sturm, Lyndon State professor of special education. "One of my frustrations with Lyndon, certainly in the last five or six years is that we're all going around with our noses to the grindstone and a lot of these issues that effect our lives are not being discussed by students or faculty."

Sturm's words came during a discussion over the proposed AAS degree Carol Moore, LSC president, is proposing, but focused more on what he fears is a nation wide trend in hiring part-time over full-time faculty and the effect it will have on the integrity of higher educa-

tion.

"I'm very concerned about a trend in higher education away from the employment of full time professors and Vermont State Colleges are right in the midst of that," Sturm

"If I were a young untenured faculty with a family, I'd be a little concerned about this trend."

said.

Moore said, "If you look at the last ten years, the number of full time faculty

we have, the number is almost exactly the same. We have added some new part-time faculty to meet some of our needs but the number of full-time faculty has been the same for ten years. So I think it's hard to say that we are not hiring full time faculty."

"This trend was going on when we were living through the high times," Sturm said. "This is a trend. Full time people are expensive. We don't have, to my knowledge, any part time presidents or part time deans. We do have part time instructors. And I would suggest to you that the reason we have no part time presidents or part time deans is because they understand the value of full time employment."

"Dr. Moore's priorities for next year do not include

full time faculty," Sturm said. "She says the economic circumstances are such that we simply can't do it."

"Last year we hired 7 full time faculty," Moore said. "This year we can only afford to hire two. There are certain budget constraints in the hiring."

Sturm said, "If we're talking about cutting costs and saving money, one has to ask one's self, is it in the best interest of the students to build buildings, or to employ full time faculty? Now there's an argument to be made for both. It's clear to me what the Vermont State College's priorities are."

Sturm continued: "I think it's getting to the point where its unconscionable for the college not to replace someone like Alan Boye; English Department, that's

pretty fundamental. It serves as one of the foundations upon which higher education is based and the English department in particular has had a long tortured history with regard to trying to replace people who retire. There have been searches that have gone on three years.

"I'd love to have a larger debate," Sturm said. "Many of my colleges seem not to be...I don't know if they are attending to this issue to the extent that they should be. This is a serious matter. I'm 62 years old. I'm going to fall across the finish line. These things are not going to affect me as directly as they are a 45 year old. If I were a young untenured faculty with a family, I'd be a little bit concerned about this trend."

Get savvy about buying textbooks

Sam Monroe
Managing Editor

The words saving money and textbooks don't normally get put in the same sentence, but there is a way.

"Nearly half of our total textbook sales are used books, saving the students a great deal of money on their course materials," said Lyndon State bookstore manager Anita Little-Drown. "The single best way to save dollars on the cost of course materials is to shop as early as possible, to get the best selection of used books," she went on to say.

However, even used books aren't always cheap. The most expensive book the bookstore sells is a business law book, "Smith & Robertson's Business Law," a student can purchase the book new for \$220.75 and used for \$165.75. A simple Amazon.com search for the same book produced many results for the book. A new copy can be found for as low as \$149.99, while a used copy could be found for \$86.50.

Every student knows that books are on of the most expensive things when it comes to college, and saving money is big. The school bookstore prices used books to save students money. "Used textbooks are usually sold at a 25 percent discount from the selling price of the new book," said the manager. As far as new books, she said, "In most on-campus book-

stores, books are priced so the gross margin does not exceed 25 percent."

When asked what percentage of the student body purchases books from the bookstore and how many of them return their books to the store, Little-Drown replied, "Exact sales details are contractual, and considered proprietary." She then went on to say that over the past three years the bookstore has spent \$300,000 on book buybacks.

The Lyndon State bookstore will accept books from April 27 until May 15 and give the student cash. "Follet will offer to pay 50 percent of what the student paid for the books that have been read-opted for use during a subsequent term as long as additional copies are needed for anticipated re-sale," said Little-Drown. She went on to say that the book must be in "re-salable condition." Even if you did not originally purchase the book from the bookstore they will pay you for it. The words saving money and textbooks don't normally get put in the same sentence, but there is a way.

"Nearly half of our total textbook sales are used books, saving the students a great deal of money on their course materials," said Little-Drown. "The single best way to save dollars on the cost of course materials is to shop as early as possible, to get the best selection of used books," she went on to say.

As far as convenience goes the bookstore on campus is best option. A student can order their books online and pick them up at the store as soon as they arrive on campus.

Another option for re-selling and even buying books is through a Facebook group the sophomore Danielle LaPointe started. The group is called "save money—textbook exchanges!" LaPointe said the group has yet to really take off but she hopes when it comes time to purchase books more students will join the already 68 students who are members of the group. "The books from the bookstore are way expensive, and this is just easier," she said, noting that it's a way for students to help out their peers.

Perhaps the most important thing to be on the look out for during this time of year is textbook thefts. In an e-mail sent to everyone in the Lyndon State community, George Hacking, the Director of Public Safety warned everyone to be on the look out and protect their books. He included a few simple guidelines to protect you from book thefts. He encouraged students to mark their books with their names, not to sell a book back that doesn't belong to them, not to leave a book outside the dining hall, lock your resident hall rooms, and report all thefts to the bookstore and Public Safety.

Lab and course fees

Krystal Csiki
Critic Staff

Have you ever wondered what those extra course fees are spent on? According to Wayne Hamilton each department uses those fees for specific equipment or supplies that the students may need throughout the semester.

Each department requires course lab fees for specific classes that will be used to buy associated supplies. An example of this would be a license for graphics design software for a digital media class or specimens used in biology classes and labs.

Each department on campus requires its own supplies and in some cases it is the students that take a class in that field that pay for them. Students pay tuition every year to take the classes but they may also be required to pay an added course fee. The money doesn't directly come out of pocket but is added into the semester's financial aid package. If it is not used it is refunded to the student's account.

"Whenever possible we return unused lab fees into a students' account," said Professor of Recreation Resource Mapping and Planning John DeLeo. "For example a Ski Utah trip resulted in a credit to student accounts two years ago."

Professor Barclay Tucker

of the Visual Arts Department insisted that the money for course fees is always used.

"We have yet to have a situation where the full amount was not spent on the students that take the classes that have lab fees for equipment and software," said

"Whenever possible we return unused lab fees to a student's account."

Barclay. "So it has not been returned because it is always spent on the specific courses. In the case of trips if there is extra money after the trip the students have been refunded."

Geology Department Professor Alison Lathrop has started setting fees that will help to preserve the geology labs precious crystals and fossils. Land maps that are used also need to be preserved.

"This year we bought special map backing to keep the maps in the best shape because they are used so often," said Lathrop.

LSC is "All Shook Up"

Madison Cox
Critic Staff

Lyndon State College's annual musical kicks off Thursday, and it is sure to be a hit. "All Shook Up", an adaptation of Shakespeare's Twelfth Night featuring a variety of Elvis songs, is energetic and light-hearted from beginning to end.

Owen Fogg stars as Chad, a "rovin' roustabout", who stumbles into a boring little town hoping to get his motorbike fixed. When he meets Natalie played by Nadine Grimley, a young woman desperate to get out of the sleepy town to find adventure and love, the

craziness begins.

As all the residents of the town scramble to discover where everyone's true romantic feelings lie, the mayor played by Angela Miller-Brown desperately tries to maintain the laws of "No public necking, no tight pants, and no loud music". In a town oppressed by rigid, unnecessary rules, Chad brings rock and roll to the hearts of the citizens.

"All Shook Up" is jam-packed with music, dancing, and fun. Fogg dazzles onstage as Chad, from his slick hair, blue suede shoes (yes, they're real!), and provocative dance moves. The cast of this play really is spectacular. The long rehearsals have definitely

shown through the flawless dance routines and musical numbers that are woven throughout. Some memorable scenes include the singing of "Jailhouse Rock" and "Heartbreak Hotel".

"All Shook Up" is a play students will not want to miss. With a fantastic live band led by Chris Arsenault, and a prepared, energetic cast, it comes together to make an excellent production. The performances are April 23rd, 24th, and 25th at 7 pm, and April 25th and 26th at 2 pm in the Alexander Twilight Theatre. Admission is by donation and there are no advanced tickets available.

Cooking with Cook

Springtime delights



Gwen Cook
Critic Staff

I'm not sure if it's just me but the minute spring hits I start eating healthier. I also crave fruit all the time.

Apple Crisp

Ingredients
5-6 large peeled apples, cored and sliced
1 cup of sugar

¼ cup of quick cooking oats
1 cup of flour
1 tsp cinnamon
½ cup butter

Directions: Preheat the oven to 350 degrees. Place the apples in a 9 by 9 pan. In a large bowl, combine all remaining ingredients. Sprinkle mixture over apples. Place in oven and cook for 20-25 minutes.

Twisted Parfait

Ingredients
1 cup of vanilla yogurt
½ cup sliced strawberries
½ cup sliced bananas
¾ cup crushed Nilla wafers
Whipped Cream (optional)

Directions: In a tall glass layer all ingredients. Top with whipped cream if desired.

Baked fruit kabobs

Ingredients
6-7 kabob sticks
1 can of pineapple chunks
Whole maraschino cherries
1 apple, cored and sliced
1 pear, sliced
½ cup brown sugar

Directions: Preheat oven to 350 degrees. Arrange fruit on sticks in whatever fashion you desire. Sprinkle or roll in brown sugar. Bake for 10-15 minutes.



Emily Curtis
Entertainment Editor

Art is a major aspect of culture that is well recognized at Lyndon State. The Quimby Gallery located in the Harvey Academic Center recently opened up its latest exhibit with items entered into the 7th Annual Student Juried Art Competition. The winning items come in different categories from drawing to sculpture.

Once you enter the doorway, you are immediately immersed in the displays on the wall. The drawing section had a beautiful rendition of a smiling infant done by Amanda Colby. You could almost hear its joyful laugh.

Along side it was a water-based pencil drawing of boats out on the water with a setting sun in the background drawn by Ashley Phelps.

In the traditional illustrations, there is a drawing done by Matthew Goldstein of Barack Obama smoking a cigarette and the words "Role Model?" across the top in what appears to be a statement about how we look to him for political guidance and yet he smokes cigarettes.

Another one that caught my eye was a brightly colored drawing of yellow fish and a sea turtle in the ocean by Lauren Turmel. The bright colors along with the realistic look of the water and animals made it a memorable piece.

Paintings are always fascinating and these were no exception. The painting of the forest by Carolann Zabierek reminded me of a Monet or Van Gogh piece because of the way it blended into something we can recognize.

A fascinating one that drew my attention was what appeared to be a green man with a long neck and orange eyes painted by Jacqueline Martin. It reminded me of a curious alien exploring the wonders of our world.

Photos are also very popular in the show with Traditional photography and Photo Manipulation/Digital Photo. One photo featured a Ferris wheel at a low angle looking up by Patrick McAree. The shadowing of each bar with the contrast of the light reflecting against the wheel was a very nice piece.

In another photo by Chelsea Routhier, a person was paddling in a boat and captured the paddle coming out of the water with the sun shining right above. The water dripping off the paddle with the light from the sun reflecting off the water I thought made a statement about the beauty of nature and taking the time to notice it in everyday activities.

With every beautiful piece though, there is one that makes a meaningful statement. In the print general category, a powerful piece was done by Joel Lacoss to remember the Virginia Tech Massacre. A smoking gun was placed in front of a faded gray brick wall along with what appeared to be teardrops falling from

Exploring the Quimby



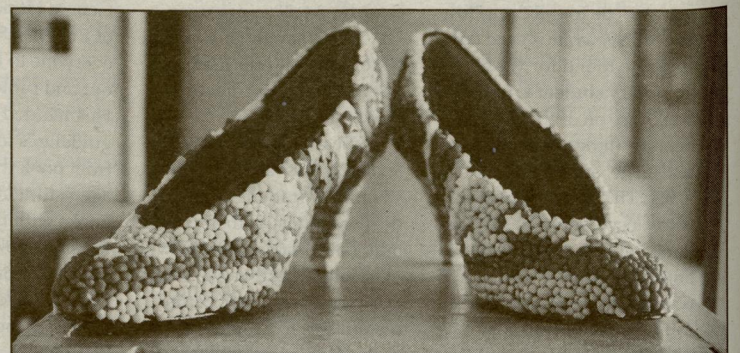
above. In print, it tells of the sad story that happened that day. A piece that makes you stop and think for a moment on how life is precious.

The sculpture table I found to be a strange, yet intriguing area to look at. One of my favorite pieces was what appears to be three fire trucks inside a taco shell by Peter Dutile. I wonder if the artist had meant to say how he likes his tacos spicy.

Of course, no show is complete without its prize exhibits. I speak of the best in show and judge's choice. Ashley Dewhurst's piece was voted by the judges to be best in show. She has taken a pair of heels and decorated them in what appears to be colorful hard candy. These brightly colored shoes make you want to click your heels and head back to Kansas with the way they look like they came out of a fairy tale.

As for the Judge's choice, you are immediately drawn to a stained glass window frame done by Katie White. It depicts an erupting volcano and rushing lava down below. It is beautifully done and makes it one of the more unique pieces in the art show.

These are only some of the pieces you can find being displayed in the Quimby Gallery right now. Other categories include typography, group, motion graphics, web design and branding. So, if you have a minute, I recommend you check it out. You are sure to be amazed by what you see.



One of the main exhibits located in the Quimby Gallery is Ashley Dewhurst's piece. These beautiful shoes were voted by the judges as "Best in Show" and are displayed in the window to the gallery for all to see.

Photo by Eric Wayne

Hornets tennis flying off to NAC playoffs

Sam Monroe
Managing Editor

The Lyndon State men's tennis team will be the only Hornets buzzing when it comes time for the North Atlantic Conference (NAC) playoffs.

"We are where we deserve to be," said head coach Geoff Davison. The Hornets head into this weekend's NAC semifinal as the number two seed. The team will play Thomas College at 9:30 a.m. on Saturday for a chance to play in the NAC championship later that afternoon.

"We have had a great season so far," said Davison. According to Davison, the team has met all of the goals that it set for itself at the beginning of the year. "We had a slow start, but the guys worked

hard throughout the season," the first-year coach continued.

The Hornets finished the regular season with a 5-3 record in the conference and a 6-5 record overall. The team sealed its winning record with a 6-3 victory over Green Mountain College on Wednesday. The tandem of John Kennedy and Brad Darby won their doubles match 8-2 and the duo of Paul Thibault and Jeremiah Powell sealed the victory with an 8-1 victory. On the singles side, Kennedy, Darby, Thibault and Chris Hammet all won their singles matches.

Junior Brad Darby has led the way for the team this season, going 7-4 overall and 3-0 in the NAC in singles competition. Darby has teamed up with John Kennedy, Peter Dutille and Chris Hammet. All of

the duos played well together.

Junior Paul Thibault attributed the slow start to having a new coach. "We had never had a coach that had time to have a real practice schedule," he said. He said once the team was able to get on track after a little bit of hard work, and rallied to get the number two seed in the conference.

As for this upcoming weekend, the team is confident they can beat Thomas and move on. "We are a good team, we have great chemistry, we love playing together, we have fun, we help each other get better. We have truly become a team," said Thibault. "We are out there to win this championship. We have worked hard, too hard to get there and we're not going to screw this up."

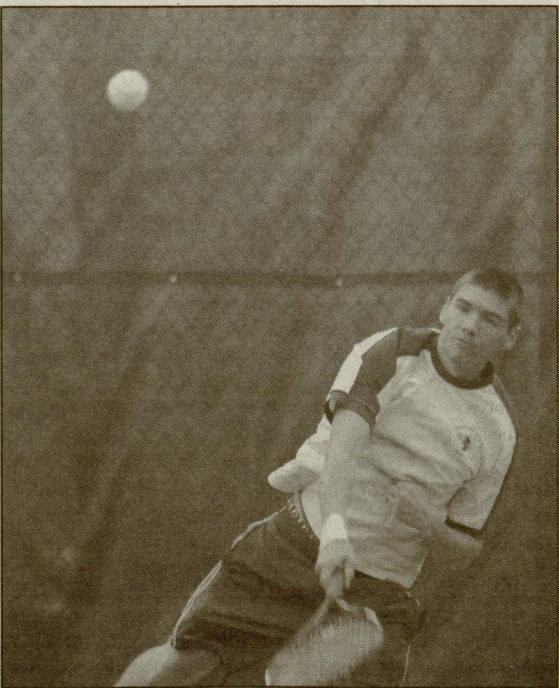


Photo by Amanda Racine
Jeremiah Powell returns a shot during the Hornets' 6-3 victory at home over Green Mountain College. Powell teamed up with Paul Thibault to win their doubles match, 8-1.

Senior center gets one more chance to wear Hornets jersey with all-star selection

Andrew R. Koch
Sports Editor

After the Hornets' basketball season ended in February, senior center Brad Durr thought his days of playing organized basketball were over.

"I thought my season was over. I thought my career was over," Durr said. "I thought the next chance I'd get to represent LSC would be in the alumni game next year."

However, late last week,

Durr received a very pleasant surprise.

Durr was selected to compete in the New England Basketball Coaches Association Division III All-Star Game, which was held at Babson College in Massachusetts this past Sunday. In just under 10 minutes of playing time, Durr scored four points and collected two rebounds. He was the only player selected from the entire North Atlantic Conference.

"It feels pretty good. I'm

proud to be selected," Durr said about getting the chance to not only represent the school, but the conference as well.

"It was a long, tough year. The way our year ended, getting a chance to put on an LSC uniform one more time was good," Durr said. "However, I'd trade that for a NAC championship, definitely."

Durr says that being a New England Division III All-Star ranks very high on his list of accomplishments. A

1,500-point scorer in his career, he was named to the All-NAC First Team this season. Two seasons ago, he earned honors as a USCAA All-American. In 2005-2006, his sophomore year, he was named to the All-Sunrise Conference Second Team as the Hornets went 22-6 on their way to the conference championship game.

Durr says that he'll miss playing organized basketball, where he's made a lot of his friendships.

"Most of my friendships have been made through basketball. I'll miss the chance to make more friendships," Durr said.

A Human Services major, Durr will still be in the area after graduation to do his internship. He says he'll also attend some basketball camps to get himself some exposure and see if any pro teams might be interested in signing him.

North Atlantic Conference Standings

Baseball		Men's Lacrosse		Men's Tennis	
Team	Overall (NAC)	Team	Overall (NAC)	Team	Overall (NAC)
Castleton St.	20-11 (13-1)	Castleton St.	9-4 (9-0)	Castleton St.	12-0 (8-0)
Husson	22-11 (9-3)	Mount Ida	10-6 (8-1)	Thomas	5-4 (5-3)
Thomas	5-23 (4-8)	ME Maritime	7-3 (7-2)	Lyndon St.	6-5 (5-3)
Farmington	4-14 (3-7)	Johnson St.	6-4 (6-3)	Green Mt.	1-8 (1-7)
Lyndon St.	5-23-1 (1-11)	Emerson	7-5 (5-4)	Johnson St.	1-9 (1-7)
Softball		Thomas	4-6 (3-6)		
Team	Overall (NAC)	Husson	4-8 (3-6)		
Husson	17-11 (10-0)	St. Joe's (ME)	4-12 (2-7)		
Castleton St.	13-11 (7-3)	Lyndon St.	2-9 (2-7)		
Farmington	9-10 (6-4)	Green Mt.	1-11 (0-9)		
Thomas	8-15-1 (6-4)				
Lyndon St.	7-13 (5-5)				
Green Mt.	8-16 (3-7)				
Johnson St.	7-14 (2-8)				
ME Maritime	3-17 (1-9)				

Upcoming Events

Baseball: 4/30, doubleheader vs. Norwich, 3:30 p.m.
Softball: 4/22, 3:30 p.m. vs. Johnston State*
Lacrosse: 4/25, 1 p.m. vs. Daniel Webster College
Men's Tennis: 4/25, 9:30 a.m. vs. Thomas College @ NAC Championship, Rutland, Vt.

Notes: * indicates North Atlantic Conference contests. All baseball and softball games played at the Skip Pound Fields. Lacrosse games held on the athletic field, outside of SHAPE. Game times are subject to change.

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The Athletic Department is looking for a new public address announcer for the fall of 2009.

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For more information, please contact the following people:

Chris Ummer, Director of Athletics: x6224,

christopher.ummer@lyndonstate.edu

Bill Johnson, Assistant Director of Athletics: x6341, william.johnson@lyndonstate.edu



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ALD holds induction ceremony



Alpha Lambda Delta (ALD) was founded in 1924 at the University of Illinois. Today ALD has over 250 chapters nation wide.

ALD is an honors based society for first-year students who obtain high academic standards of at least a 3.5 grade point average and are in the top 20% of their class. The society's goal is to encourage superior academic achievement, to promote intelligent living and a high standard of learning and to assist students in recognizing and developing meaningful goals in society.

ALD inducted 25 members on Saturday April 18. 17 of them are pictured, they are Back Row left to right: Benjamin Sisskind, Craig Johnson, Mark Sliwinski, Sean Fitzgerald, John Kleinhands, Daniel Carbonneau, David Johnson, Christine George **Front Row left to right:** Eric Colantropo, Amber Tabor, Emma Shattuck, Rachel Keller, Laura Lenfest, Sarah Mutty, Carolyn Deanm Mariah Ogden, Aja Lessard **Absent:** Sarah Aube, Luke Haskell, Megan Hinds, Nick Ledo, Elysia Nason, Caleb Noble, Namomi White, Michelle Wilcox.

Was copper the right choice?

Dave Rossignol
Opinions Editor

With the price of copper steadily on the rise, its current price around \$2.00/lb., I asked myself why the school would spend the money on such a thing as a copper roof for the new building. So I sat down with Wayne Hamilton, Dean of Administration, to ask the important question, why copper?

"The price of copper dropped since the start of the project" Hamilton said. A graph of the price of copper found at the London Metal Exchange (LME) shows that in June of 2008 copper sold at just over \$4.00/lb. and in December of 2008 it had fallen to just over \$1.00/lb. It has been moving slowly back up in the months that follow. Hamilton

also said that "We had ended up saving on the cost of other items in the building".

"We had originally planned for a steel roof" Hamilton said. The roof in the end costs \$20,000 more than a steel roof would have. The price of steel had fallen right before copper did according to the LME. The price of steel is ultimately less expensive than copper, yet the life of a steel roof is roughly half that of a copper one. Hamilton says "Copper roofs last for eighty to a hundred years as opposed to steel which last around fifty years".

It would seem that the administration has made a smart investment in the life as well as in the equity of the new building by adding the copper roof. Escondido, the world's largest copper mine, an-

nounced Wednesday that its annual production of copper will decline by 30 percent this fiscal year. Escondido produces about 5 percent of the world's copper annually, and a 30 percent decrease in production would result in roughly a 1.5 percent decrease in world production. That may cause the price of copper to rise even more than it is now and turn a good buy into a great gain.

With the building nearing the end of construction Hamilton said, "We are very close to the original budget". Though I did not discuss exactly how much the total cost is as of yet, I am sure that with decisions like that of the copper roof, the new building will eventually become more of an asset in the future.

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu
or
The Critic
LSC Box #7951
Lyndonville, Vt. 05851

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Help Wanted EDITOR

The Critic, the voice of
Lyndon State College students

for more than four decades, seeks a talented leader for the 2009-2010 academic year. The editor is responsible for the day-to-day management of the weekly newspaper and its increasingly important! Web site, LyndonStateCritic.com. The successful candidate will be a skilled writer and copy editor, and have a knowledge of newspaper layout, photography, and multimedia. He or she will also oversee a business department responsible for selling ads. To apply, please send a cover letter and resume to The Critic's adviser, Dan Williams (dan.williams@lyndonstate.edu). The deadline is May 1.

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Friday, May 1, 2009

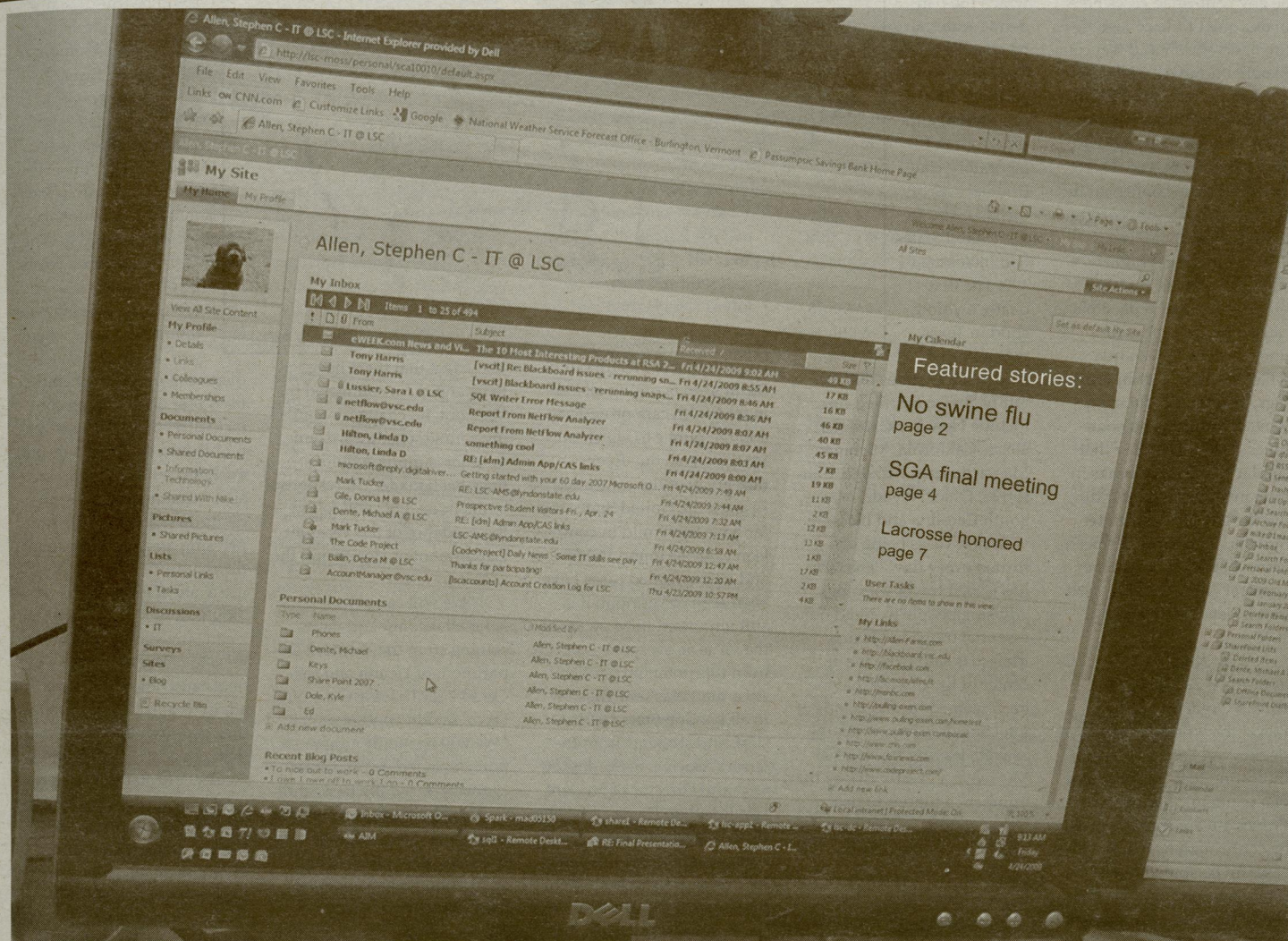
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"Z" drive system changing May 22

Norman Johnson
Features editor

By May 22, at 6:00 a.m. everyone on the LSC campus needs to have copied their "Z" drive files to portable flash drives, discs, or some other form of portable storage. That's the precise time Lyndon State replaces the old storage system with a trial server system called Sharepoint, MOSS for short, meaning Microsoft Office Sharepoint Services. Mike Dente, chief technology officer at Lyndon State College, and Steve Allen, LAN/System administrator, described Sharepoint this week to The Critic.

Dente: "It will look just like the old "Z" drive but with other features," Dente said. "There is no real problem with the old server, it just doesn't have the functionality we want

to give people. There are a lot of hoops. I think the students will really like this. It's more like myspace document sharing, or Google's document sharing."

Dente explained Sharepoint will be evaluated over a period of time, much the way Blackboard is presently being reevaluated for better service. Sharepoint's features will be available during the trial within each person's "Z" drive, but won't be forced system-wide until approved by the LSC community.

Allen: "One of the major drawbacks to the current system is that you only have access to your files when you're here on campus. You will have the same services to students no matter where they are. We were looking at how much of the present system we could

integrate into one place."

Dente: "Sharepoint will allow you to get your "Z" drive off campus, anywhere with a browser."

Dente: "There are other features involved, like sharing documents will be easier. Some of this may appeal more to staff than students. With Blackboard you can customize pages, but not like this."

open to the world, unless you do otherwise. There's a help file I've been working on that describes how to do, how to lock down permissions, how to create new document libraries that only a group of people have access to: say, you were a meteorology student working with other meteorology students and you only want those people to have access to it. It's very flexible. There are other things going on in the VSC that could involve sharepoint also."

Dente: "This is a local decision to do this, we see Sharepoint to be in the VSC's future. We're the first, as usual. We try to get out in front because we want to be the people driving the conversation, not being driven in the conversation."



IT Gurus, Michael Dente and Steve Allen

Allen: "I've spent some time setting up my site. I use it as my desktop; email, calendar, all my files all in one place. You can change the layout any way you want."

Allen: "It's all set up with permissions. Say we were setting up a site for you today. There would be a personal folder and a share folder. The personal folder, only you can see, the share folder, by default, is

Photos by Norm Johnson

Swine flu doesn't scare LSC students

Aimee Lawton
Critic Staff

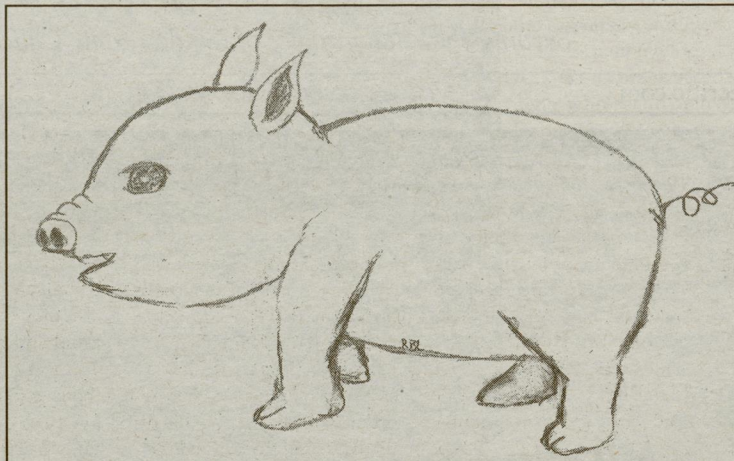
Though there has yet to be any confirmed cases here in our quiet little college town, no one should feel completely immune.

On Sunday, April 26, the Federal Government declared a public health emergency after several cases of the swine flu were confirmed in the United States. According to the Centers for Disease Control and Prevention (CDC), the swine flu is a respiratory disease in pigs that is caused by the type A influenza virus. This virus which causes flu symptoms in pigs, also mimics flu symptoms in humans and sometimes death. They say that similar to pigs, outbreaks in humans typically occur during the late fall and winter months. This virus has been around for decades, as the classical swine flu virus was first isolated from a pig in 1930.

According to CDC online, as of April 29, the World Health Organization has raised the worldwide pandemic alert level to phase 5, indicating that the likelihood of a pandemic has increased. Phases 4-6 are characterized by confirmations that the disease can be spread from "person-to-person," and has the ability to cause community

level outbreaks. The next phase, 6, is the maximum level to which the pandemic scare can be raised. As of Thursday, April 30th, the CDC reported that the total count of laboratory confirmed cases of the swine flu in the United States had increased to 109. The first death, a young child in Texas, was reported

Wednesday. States that currently have confirmed cases include New York, Kansas, Texas, California, Michigan, Massachusetts, Arizona, California, Ohio, Nevada, Maine, South Carolina and Indiana; with new cases being confirmed every day. The CDC has issued travel warnings advising people to avoid non-essential travel to Mexico. Mexico is said to be the epicenter of the disease, having been blamed for thousands of infections, and many deaths as well, leaving travelers in Mexico at a greater risk as the number continues to rise. Other nations said to have confirmed swine flu outbreaks include Canada, France, Israel, Spain, and New Zealand. The Vermont



A little piglet

Drawn by Ryan Lee

Department of Health out of Burlington is urging all Vermont health care providers and the public to watch out for the swine flu. Even though all of the confirmed cases in the United States thus far have been mild in comparison to those found in Mexico, and no confirmed cases have been seen in Vermont, it is still important to be aware of the virus as everyone is at risk from this potential pandemic. An e-mail was sent Tuesday to all Lyndon State faculty, staff, and students from Interim Associate of Student Affairs and Director of Student Life Jonathan Davis, advising them to be aware of such a scare, and offering them helpful tips on how to keep themselves healthy and less susceptible to the virus. Due

to the fact that there have yet to be any cases confirmed in Vermont, no changes regarding course schedules, exams, or other campus activities have been made. In response to the issue, LSC will follow the guidance of the Vermont Department of Health and the CDC.

"We will carefully consider all recommendations coming from the Vermont Department of Health and/or Centers for Disease Control," Davis said in another e-mail. "We will be monitoring reports from federal and state agencies on a daily basis and making decisions as appropriate." Davis also said that he is unaware of whether or not any Lyndon State students have recently traveled to Mexico or other countries that

are currently at risk. "We are not currently tracking private travel for student, staff, or faculty members. We will be tracking any domestic or international travel for course credit, athletics, etc." Davis said.

In addition, both Davis and Paula Chamberlin from the Brown House are advising everyone on campus to follow standard precautionary methods to avoid getting sick. These include washing your hands often and thoroughly, covering your mouth and nose when you cough and sneeze,

disposing properly of your used tissues, avoiding contact with your eyes, nose and mouth and staying home and away from others if you are sick. Chamberlin says students do not seem to be expressing great concern about the issue as it does not directly affect them at this point. "Right now, students are just asking questions," Chamberlin said. "We are giving students and others the same advice that is being given to them through the media and their e-mails." Any students, faculty, and staff on campus who have health concerns are encouraged to contact the Brown House (ext. 6440) or their personal health care provider.

The 3rd Annual Spring Dip for Scholarships presented by the Faculty / Staff Scholarship Committee

Who: "Anyone can do it" – all students, faculty, and staff are challenged to participate!

What: Spring Dip for Scholarships – take a really quick swim at LSC to support scholarships.

Where: Library Pond

When: Wednesday, May 6th

Registration: 11:30am – Between HAC and Wheelock
DIP – 12:30

Why: Raise scholarship funds for LSC students to be given out annually by the Faculty / Staff Scholarship Committee.

Entry fee: \$10.00 per person.

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David Rossignol
Critic Staff

In an e-mail sent by George Hacking last week, there became known concern of skateboarding on the ramp

Skateboarders Prerogative, or School's Right?

without a helmet. Most would say that that is sound advice, but it is not advice, it is policy. Should skateboarders be made to wear helmets, or should it fall under their own responsibility?

The statement in the e-mail from Hacking said, "If you are skateboarding on the ramp or any other related equipment you must wear a helmet... If you are observed a second time without a helmet your skateboard will be confiscated and will not be returned until the end of the academic year." When I met with Hacking he said, "It's a

safety issue."

Yet I can't help but wonder whose safety is of concern here? Skateboarding is not a team sport; two people don't ride a skateboard together, so in that respect each individual skateboarder would only be taking their own safety into their own hands.

Shouldn't this be their choice? Hacking did leave room for redress by saying, "That's not to say that issue can't be reevaluated and maybe tweaked." I met with two students who use the ramp in order to find out how this directly affects them. Taylor

Craft, who has spoken with Hacking on this issue, proposed an interesting idea when he said, "Why can't we just sign a waiver?" Greg Robitaille said, "If you're eighteen and sign a waiver, why shouldn't you be able to do whatever you want as far as helmets go?" It seems that if a student is considered by law to be an adult, they are technically their own master, and they being of sound mind and body should be able to waive their right to their own safety as long it is just that, their own safety and no one else's. One might

argue that if you are waiving your right to your safety, you are not of sound mind. Yet, we know that nothing is truly safe: not seat belts, not condoms, and yes, not even helmets.

So the issue here seems to be for the general welfare of the skateboarders. Though two of the many skateboarders who use the ramp have questioned the policy, they continue to skate for the simple sake of skating. I wonder if in the future that such an enforcement will be challenged. I wonder if such a thing will be tolerated.

Mood Music

Sonja Eva Xing
Sex columnist

It has come to my attention that many people do not listen to music in order to get in the mood. Some say its because it takes too much effort to turn on the music, while

others say that their partner has a different taste in music therefore making the playlist therefore making the playlist almost impossible to agree on. This seems like absolute malarkey to me. Music can do wonders, from setting the mood to the speed of intimacy. So, I have compiled a list of songs from different genre's that might help you in the

bedroom.

15. Mercy - Duffy
14. No Air - Jordin Sparks (feat. Chris Brown)
13. Accidentally In Love - Counting Crows
12. Forever - Chris Brown
11. Kiss Me Thru The Phone - Soulja Boy Tell 'Em
10. Details in the Fab-

ric - Jason Mraz

9. Come Lay Down - Howie Day
8. Cop Stop - Gavin DeGraw
7. Electric Feel - MGMT
6. All I Ever Wanted - Basshunter
5. Don't Let Me Down - The Beatles

4. I'll Be - Edwin McCain

3. Eyes On Fire - Blue Foundation
 2. Brass Bed - Josh Gracin
 1. Slow Dancing In a Burning Room - John Mayer
- So until next time, try to add a little music in your pleasure.

Letter to the Editor

It has recently become apparent that the Critic has fallen into becoming a sponsor of personal attacks and a place to carry out personal vendettas.

The opinion article written last week by an editor of the paper regarding the housing selection process entitled

"Was that housing selection or just anarchy?" is a complete disgrace to the paper and to the school. If someone has a problem or issue with how things were done regarding the process, there are much more efficient and respectable ways than calling out individuals and viciously labeling them as incompetent and calling for their resignation.

The Critic is not the place for someone's personal attacks. The following opinion article in that issue entitled "Upper Classmen Territory" is a much better example of how things can be expressed in a comprehensible and respectful manner.

Unfortunately this is not the first time that this paper has been a home for a per-

sonal attack, as seen during the Student Government budgeting meetings. Please do speak out against any policies and actions that you disagree with, but leave out the personal harassment; it is embarrassing to the student body.

I also have an issue with the language that was used in writing this editorial. It is incomprehensible to me how

this got passed the chief editor and into the paper. In no other respectable paper would this be tolerated. This editorial is not respectable journalism and is a disgrace to the publication.

Michael Muccilli

Thank You LSC

Dear fellow students,

All of us from Kappa Delta Phi would like to thank you all from the bottom of our hearts for your generous donations to the American Red Cross at April 23rd's blood drive. This last blood drive was the most successful spring drive since 1990, collecting 142 productive units of blood. This was a 39 unit improvement from last April! The 467 donating all year also proved to be the most since 1990, and we owe much of this to LSC students. Once again, Thank you, and stay involved!

-The Brothers of Kappa Delta Phi - Xi Chapter

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu
or
The Critic
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Lyndonville, Vt. 05851

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SGA concludes final spring semester meeting

Steve Cormier
News Editor

Increasing environmental consciousness and campus involvement are high on the Student Government Association's agenda for next year.

The year's final SGA meeting was adjourned Wednesday night and included a listing of goals for the next school year while looking back at the past year's accomplishments.

Tim Cappalli, SGA vice president, presented the goals for next year. At the top was the organization's "Green Initiative" which would see the organization going paperless by next year and creating an internal sustainability committee.

"It comes down to creativity when it comes to sustainability," said Cappalli, pushing clubs to help out with the initiative.

Stephanie Tyler, advisor to the SGA, suggested using collected "clean trash" and using

"cardboard boxes" to use as signs.

Cappalli also stressed increasing student body involvement. Getting more people to run for the elected representative positions, more club involvement in the college community and better communication between the SGA and student body all made the list.

The SGA executive board also went over what it felt the association had accomplished over the past school year. Cappalli listed new clubs, bringing lots of events and bands to LSC, the changes to Steven's Dining Hall, sending club members throughout the country and to Guatemala and a great budgeting process as examples of what had been done.

"This time last year we had a lot of ideas on things to do," said SGA President Andrew Chapin. "We didn't have any idea of what we were getting into."

At the beginning of the

school year Chapin said that the organization had not been doing its job of representing the students to the administration, "which is our job."

"If we can actually do something," Chapin said at the time, "if we can fix these little things that annoy them about the school, I think that they will see the power of the Student Government and we'll see interest."

Attempting to increase student involvement the SGA held a town hall meeting (its first ever) in November.

"We hoped for a better turnout but it was still a success," Chapin said after less than ten students showed up.

Though Chapin said the SGA would try to hold another town hall meeting none were ever scheduled.

In a blow to student involvement elected representatives in the SGA fluctuated during fall semester. A number of representatives were removed or resigned from the organization. At the advent of

the spring semester club and remaining elected representatives voted in new members as replacements.

The SGA debate during budgeting got heated this spring after personal attacks flared up with accusations of some representatives having "vendettas against clubs."

"We are here only to be talking about money and not what is going on in people's lives," Nadine Grimley, club treasurer AWRT, reminded representatives at the time.

The SGA also tackled constitutional changes this year. "Coming into this year the executive board recognized flaws in the SGA constitution," said Chapin.

Changes ranged from simple formatting of sections within the document to the inclusion of language that would potentially hold individual students financially responsible for damages they caused on club trips.

During their final meeting the SGA did contribute \$7,500

from the general fund to put towards a new climbing wall. Stipulations attached to the money include making sure work study positions were available in conjunction with the wall's operation and making the wall accessible to all students on campus.

The Leadership Recognition Club was voted in as an official member of the SGA and was granted \$787 from the General fund for their leadership banquet.

"We recognize students for giving above and beyond," said club member Samuel Utz speaking before the SGA, "recognizing students who go out of their way to help someone out."

The American Women in Radio and Television was given \$300 by the SGA to help them attend their club's upcoming Gracie Awards in New York City and the Critic received \$673 it requested to help print the year's final two issues.

Allergies at LSC are in full bloom

Gwen Cook
Critic Staff

It's nearing finals time and as we all know, it's the perfect time to get sick. But are these symptoms we're having actually the cold or are they simply allergies?

"Spring came early this year," says Abby Provost, a nurse at the Brown House. "Many people aren't in the allergy mindset yet. Grass is being cut and the leaves are budding which will certainly lead to allergy attacks."

Many of the symptoms of the common cold are very

much the same to those of springtime allergies. But if your symptoms include more than the runny nose, itchy watery eyes, and a dry cough which we all associate with allergies then you may very well have caught the cold. Those symptoms may include; congestion, fever, and body aches.

Says Provost, "Students are running around in shorts which aren't yet weather appropriate."

Mornings are still cold but people dress for summer because they know it will warm up later in the day.

Medication for either case will potentially clear up both.

"Allergy meds have antihistamine in it," says Provost, "They will clear up your nose and sinuses so you will feel better."

The best indicator, other than going to see your physician, would just to wait it out. If your symptoms still persist after two weeks, it's a pretty good chance you have allergies.

Says Provost, "Most strains of cold's and flu's have a two week cycle."

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"All Shook Up" a little shaky

Ryan Bennie Lee
Critic Staff

The Alexander Twilight Players recently did "All Shook Up" here at LSC. To my surprise the play was actually good. The introduction of the play I found to be the most interesting part.

In the opening scene they literally incorporated an Elvis's song by acting it out as they introduced Chad.

The casts of the play were very good at displaying humor. There was a laugh at comicality acts in every scene.

The scenery was simple and easy in changing it and visualizing it to be more. However, there were some minor areas in this play that made it seem not too great of a play.

"All Shook Up" is supposed to be a musical, but yet there were only

three characters who could actually sing. They were Nadine Grimley who played Natalie Haller, Anjel Robins who played Lorraine, and Caitlin Kolson who played Miss Sandra. The rest of the main casts were either flat or off key. Especially, the main character Chad played by Owen Fogg.

Chad was flat through most of the play, but yet when he had to do a solo he was able to hit those keys better. Noticing that one could tell he practice a lot to improve his singing.

Yet, few other characters that had solo were off key enough to make me wish my ears were chopped off, as when Sylvi played by Rain Nissen-Reilly gave a solo near the end of the play. Besides her singing, her acting was well done like toasted chestnuts over a fire. After the introduction led to the first act the Sheriff Earl's lines couldn't be heard. However, Sheriff

Earl's, played by Joe Biega, did portray the character fine. Dean Hyde who was played by Dave Daly was excellent. He stole the scene in the end by his dancing and how he piped a tune, because it was unexpected, shocking, and wondering. Talking about tones the band was good too. That is why I have to say overall this play by the Alexander Twilight Players has to be one of their best pieces, which are few; so, to all the cast members and people who put together that play well done, and bravo.

Vandalized Vail

Madison Cox
Critic Staff

The door near the mailroom and radio station has recently been vandalized beyond repair. The damage was discovered during the early morning hours of April 28th during Public Safety rounds, according to Director of Public Safety George Hacking.

It is currently unknown how the door was damaged, but it appears as though something was thrown against it several times, breaking the glass from top to bottom. At this point, it is not known who caused the damage.

The door is scheduled to be replaced April 29th.

Cooking with Cook

Cinco de Mayo



Gwen Cook
Critic Staff

Cinco de mayo is a day of celebration for Mexico. Many Americans also celebrate this holiday, probably for different reasons. Since it's probably a bad idea to visit Mexico (unless you want swine flu) here are some recipes for you to make. You can party here and suffer no terrible symptoms.

Chicken Quesadillas

Ingredients-
Tortillas
Fajita chicken
Mexican shredded cheese
2 tbsp olive oil
Directions-
Preheat olive oil in a large skillet. Place tortilla with chicken and cheese and top with another tortilla. Cook until both sides are browned and the cheese is melted.

5 Layer Dip

Ingredients-
Tortilla chips
1 quart of sour cream
1 jar of salsa
1 chopped tomato
1 pound of ground beef, browned
1 packet of taco seasoning
Shredded cheese
Directions-
Cook the taco seasoning in with the beef. In a large casserole dish, layer the

beef mixture, cheese, salsa, tomato, and sour cream. Top with more sprinkled cheese. Eat with chips.

Chicken Nacho Pizza

Ingredients-
1 jar of salsa
1 bag of shredded cheese
1 bag of tortilla chips
1 pound of sliced chicken
Directions-
Preheat oven to 350 degrees. Brown the chicken with a small amount of butter in a skillet. Add the salsa and simmer for 10-15 minutes. Spread tortilla chips out in large cookie pan. Spread the chicken mixture over the chips evenly. Sprinkle cheese over the top and bake in the oven for 5-7 minutes.

Help Wanted

EDITOR

The Critic

The voice of Lyndon State College students for more than four decades, seeks a talented leader for the 2009-2010 academic year. The editor is responsible for the day-to-day management of the weekly newspaper and its increasingly important! Web site, LyndonStateCritic.com. The successful candidate will be a skilled writer and copy editor, and have a knowledge of newspaper layout, photography, and multimedia. He or she will also oversee a business department responsible for selling ads. To apply, please send a cover letter and resume to The Critic's adviser, Dan Williams (dan.williams@lyndonstate.edu). The deadline is May 1.

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Giving gifts to mom

Emily Curtis
Entertainment Editor

Mother's Day isn't for a couple weeks, but it's a good time to think about it now. She is your mom after all, she deserves something special. However, if your wallet is looking a little thin at the moment, here are a couple great ideas to get a gift for your mom that is meaningful yet not too expensive.

The Scrapbook

Scrapbooks are great keepsakes for everyone. You can have pictures of family moments, the years of your life, or share fun events you do here at Lyndon State.

What you need:

- A binder (preferably one you can slip pictures or paper in on the cover)
- Strong durable paper
- Hole puncher
- Markers or color pencils
- Glue or tape (glue works best)
- Construction paper (optional)
- Photos or small items you want to put in your scrapbook

Decorate your scrapbook anyway you want. Be creative with your pages. If you need photos, you can use a digital camera and print of pictures using the

color printer in the library computer lab. A fun way to decorate it would be to put glitter, gemstones, or ribbons on the pages with your photos.

Plant in a cup

It may seem like something you would do in first grade, but it's the thought that counts and what mom doesn't like getting flowers.

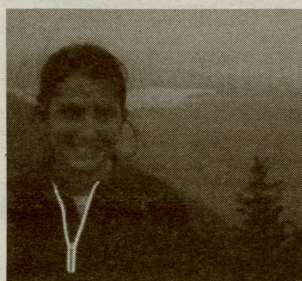
What you need:

- A disposable cup (preferably a large plastic cup)
- Soil (you can get it anywhere, but don't destroy the campus getting some)
- Seeds (you can buy them cheap at ACE or at any hardware or gardening store)
- Glue or tape
- Anything to decorate the cup

A good idea is to clip out fun images from magazines like animals, flowers, positive compliments like "You Rock" or a celebrity your mom likes. If you get started early, you can have your plant budding by Mother's Day.

Also, don't forget a nice card to go with your gift. Whether you make it or buy it is up to you, just remember to make it a thoughtful one. Don't forget, Mother's Day is on May 10.

It's "Element"-ry my dear students



Ariana Thibault
Special to the
Critic

Elements Restaurant is located on Mill Street in St. Johnsbury, VT.

This exquisite restaurant supports local and New England farms, bakeries, markets, and breweries. They serve a variety of unique foods including specialty cheeses from Kingdom County Market in St. Johnsbury.

Elements is big on supporting small businesses in the area and incorporating their products in many of the items on the menu.

The restaurant prides themselves on creating an

atmosphere for great conversation and food. They strive to make their customers comfortable and satisfied.

Many positive reviews of the restaurant show just how much people really enjoy the food and ambiance.

Fodor put out a review stating, "In a converted mill, this restaurant seeks to provide the 'elements' of a fine dining experience. Local ingredients, such as farmstead cheeses and homemade breads, are used for the seasonal menus, which might include striped bass with pepper slaw and wasabi mashed potatoes or smoked trout and apple cakes. You can eat indoors or on the deck overlooking the Passumpsic River. Lunch is served Tuesday-Friday from Memorial Day through Columbus Day." Many more reviews of the restaurant give positive and encouraging feedback.

Executive chef Ryan O'Malley has dedicated much of his time to the smooth running and execu-

tion of Elements.

After receiving a culinary degree from Paul Smith's College he has gone on to show his culinary talent at Elements. He has described the food at the restaurant as both "high end cuisine" and a place to eat "comfort food." O'Malley also loves the diversity of the restaurant: it can be a place to take the whole family out to eat or to go out for a special, more intimate setting, such as a birthday or anniversary.

If you are looking for a quaint and delicious place to bring out of town guests or just relax enjoying good food, stop by Elements on Mill Street in St. Jay.

Editor's note: Check out a video about Elements at lyndonstatecritic.com under entertainment to hear an interview with the executive chef and see how some of Element's food is prepared.

? What to do? ?

Star Theatre

X - Men Origins: Wolverine (PG-13)

Sat., Sun.: 1:30, 4:00

Fri., Sat.: 7:00, 9:20

Sun. - Thurs: 7:00

Hannah Montana: The Movie (G)

Sat., Sun.: 1:00, 3:05, 5:10

Fri., Sat.: 7:00, 9:20

Sun. - Wed.: 7:15

17 Again (PG-13)

Sat., Sun.: 1:35, 4:15

Fri., Sat.: 7:20, 9:25

Sun. - Thurs.: 7:20

Star Trek (PG-13)

Thurs.: 7:05

Price: \$6.50 Adults

\$4.00 Kids, seniors, Tuesday night

\$4.00 for weekend matinees

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(802) 748-9511

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Cinema 2: Gomorrah (R)

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Sun. - Thurs.: 7:00

Sat., Sun. Mat.: 1:30

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Lacrosse sniper earns conference honors

Sam Monroe
Managing Editor

In a good season that saw the LSC lacrosse team win four times as many games as it did in its inaugural varsity season (2008), the team made an adjustment to yet another new level of competition, the North Atlantic Conference (NAC).

Chris Mansour, a junior attacker on the team, was named an Honorable Mention to the NAC All-Conference team. Mansour led the Hornets in goals with 39, points with 45 and ground balls (retrieval of a loose ball) with 47.

In the conference, Mansour was fifth in goals per game, averaging 3.18. He was 10th in the conference in points per game with 3.73 and

was fourth in the league in shots per game with 9.91.

The team finished the season with a 4-9 record overall and a 2-7 record in the conference. This season's record was a vast improvement over the team's record in its first season. In the 2008 season, the Hornet lacrosse team stumbled to a 1-11 record. After entering the NAC this season, the team has been much improved and had a good season. However, the Hornets are still adjusting to the new conference. This season the team was outscored 143-52 in conference play, 193-86 overall. Lyndon was out shot 389-216 in conference play and 530-375 overall.

That forced goaltender Matt Adams to be on top of his game. He made 114 stops

in conference play and 154 overall. He ranked ninth in the conference in goals against average.

Also tops on the team in several offensive categories was senior Craig Salvagno. He pounded home 28 goals and four assists for a total of 32 points. Salvagno and Mansour supplied the team with 79 percent of its goals this season. Senior Myles Hacking led the team in assists with 10, in addition to scoring three goals.

The Hornets are graduating five players. Salvagno, Hacking, Heath Richmond, Nate Taylor, and Pat McCarthy all played in their final collegiate lacrosse game when the Hornets defeated Daniel Webster College 15-10 on April 25.



Photo by Amanda Racine

Junior attacker Chris Mansour brings the ball upfield during the Hornets' game against Norwich on April 13. Mansour earned a NAC All-Conference Honorable Mention selection.

Men's tennis proud of conference semifinals appearance in first NAC season

Andrew R. Koch
Sports Editor

In what has been a down year for Lyndon State's spring sports teams, men's tennis was a pleasant surprise in its first NAC season.

The team's surprising season came to a screeching halt last weekend at the conference championships in Rutland. Lyndon State fell in the semifinal to the Thomas College Terriers, 8-1. Senior Chris Hammett had the lone win for the Hornets.

Thomas would ultimately lose 7-2 in the championship match against top-seeded Castleton State, who finished

their season a perfect 14-0.

"We tried our best, but it was Thomas' day," Hammett said. "I have great respect for their team. I have great respect for their coach."

The saga of this year's season began in February, when Geoff Davison, an exercise science professor, was named head coach. Former head coach Michael Smookler had resigned to take a teaching position in his home state of New Jersey.

"Coach Davison had an amazing effect on us. He had us go through core workouts during the preseason," Hammett said. "He has the motivation to do great things."

Davison says that while change always has its issues, it also has its benefits for himself and his players.

"Being on campus, it's made communication a lot easier. It's also made organization a lot easier, I think," Davison said.

Before the season, Davison gave his players a list of his expectations of them. Among those expectations was being competitive, which Davison says was their biggest overall goal. He also says the team did a very good job of meeting those goals, as the team went 5-3 in conference play.

"Overall it's been a very

good season," Davison said. "We had three players who were new to the game. I expected them to not only be competitive, but also to develop during the season."

Davison says the team has a very good nucleus to build on for the future, with six players returning next season.

"The new players this year will now have a season under their belts. They know now what college tennis is like," Davison says. He added that he will be implementing a non-traditional season in the fall, which hadn't been done in the past.

As for the future, Ham-

mett says that juniors Peter Dutile, Brad Darby and Matt Lenten will lead the team.

"They have the motivation and the skill to lead this team to a great record," Hammett said. "John Kennedy and I feel confident leaving this team the way it is. I'm proud to have played tennis here at LSC," Hammett said.

He added that juniors Jeremiah Powell and Paul Thibault were consistent players all season, while freshman Ryan Maroney of St. Johnsbury and sophomore Jimmy Gaskell show a lot of promise.

What's the buzz? The latest news and notes on your Lyndon State Hornets

Sam Monroe
Managing Editor

With the semester winding down, spring sports are also on the way out the door.

Both the softball team and the men's tennis team made it to the North Atlantic Conference (NAC) playoffs. However, both teams were eliminated in the first round.

The men's tennis team lost its semifinal match 8-1

against Thomas College.

The softball team lost its quarterfinal matchup to Castleton State 5-1 on Tuesday.

The lacrosse team wrapped up its season with a 15-10 win over Daniel Webster College last Saturday afternoon. The lacrosse team finished its season with a 4-9 record overall, going 2-7 in the NAC.

The Hornets baseball

team wrapped up a tough season with a doubleheader against Norwich University yesterday. The Hornets won the first game 3-1, then came from behind with a big rally in the sixth inning to take the second game, 9-6. The Hornets finish the season with an overall record of 9-27-1, 2-14 in the NAC.

Look in next week's Critic for a complete wrap up of all the spring sports.

Zach Maerder, a freshman centerfielder on the baseball team, was named NAC Rookie of the Week for the week of April 12 to April 19. For that week, the leadoff man hit .466 in nine games, driving in six runs on the week. For the season, Maerder hit .297 with 12 runs batted in and three stolen bases.

Chris Mansour, a junior attacker on the lacrosse team,

was named the NAC lacrosse Player of the Week for that same week. He scored 11 goals, including seven against Green Mountain College on April 18. On the season, Mansour tallied 39 goals and six assists for 45 points. He fired 117 shots on goal for a shooting percentage of .333. Mansour supplied 45 percent of the scoring this season.

Do you like sports?

Do you have school spirit?

Do you want your voice to be heard?

The Athletic Department is looking for a new public address announcer for the fall of 2009.

Must be work-study eligible and professional with a microphone.

For more information, please contact the following people:

Chris Ummer, Director of Athletics: Phone: x6224, e-mail: christopher.ummer@lyndonstate.edu

Bill Johnson, Assistant Director of Athletics/Sports Information Director: Phone: x6341, e-mail: william.johnson@lyndonstate.edu



LSC getting rocked?

Sam Monroe
Managing Editor

The Lyndon State Student Government Association agreed to donate \$7,500 for a proposal to build a new rock wall on the LSC campus.

The project has not been made official but the SGA's agreement to support the project is a step in the right direction.

"The showing of the \$7,500 by SGA towards a new indoor rock climbing facility is appreciated and promising," said J.C. Norling, the adviser to the outing club, in an e-mail. "A new indoor climbing venue would be prized by many students and faculty alike and if approved would be a showcase feature when recruiting and retaining students.

"Of course there are financial considerations in any building project, and these matters are best handled by LSC's administration. However, as LSC sees improvements to current infrastructure, the hard work and foresight of key players has made the possibility of a new indoor climbing facility a hot item as well," said Norling.

The \$7,500 given to the project by the SGA is just a small chunk of what one of these walls actually costs. Currently no numbers have been released.

"SGA voted on Wednesday to give the rock wall project \$7500 under the stipulation that it would be operated similar to the fitness

center and would credit the SGA for the donation," said SGA Vice President Tim Cappalli. The stipulations on the SGA donation are: give students work-study jobs, similar hours to the fitness center, and somehow show on the wall that the SGA donated money.

At Wednesday's meeting, the executive board told the SGA that the SGAs at Castleton State and Johnson State gave between \$10,000 and \$12,000 to similar projects. Cappalli also said that the project is now seeking funding and approval.

There is no official timetable for the project, and it is still currently just a proposal. If the project does not go through, the money will be immediately returned to the SGA's general fund.

The facility would be built in the current squash court that is now being used as a computer lab.

Outing Club representative Brian Wilcock could not stress his support more. Saying he thinks this will be a great project and supports it fully.

"The current [rock wall, located in the Bole Gym] was five years behind the times 10 years ago," he said. The current wall is getting old and according to Wilcock, some of the spots will no longer hold hand grips. He also said that there are parts of the wall that can not be used because of the condition, but stressed that the parts that are in use are extremely safe.

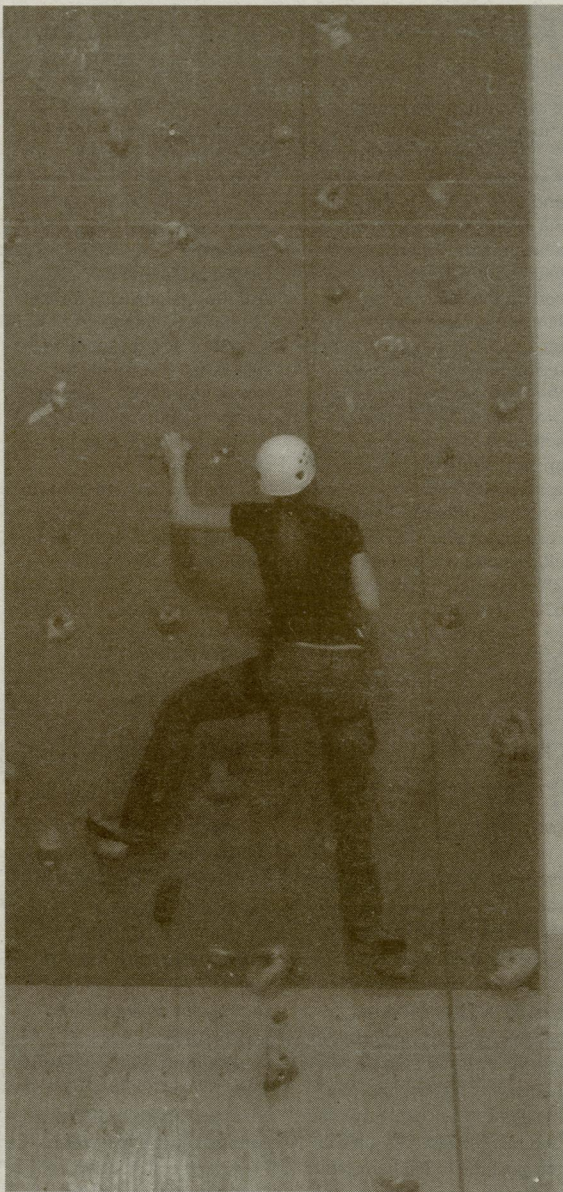


Photo by Andrew Koch

Holly Reed, a member of the outing club, climbs the current rock wall in the Bole Gym during the outing clubs meeting on Thursday night..

Standings

Baseball

Team Overall (NAC)

Castleton St.	23-13 (15-1)
Husson	28-11 (13-3)
Thomas	8-24 (7-9)
Farmington	4-22 (3-13)
Lyndon St.	9-27-1 (2-14)

Softball

Team Overall (NAC)

Husson	23-14 (14-0)
Farmington	15-11 (10-4)
Thomas	13-16-1(10-4)
Castleton St.	14-17 (7-7)
Lyndon St.	8-19 (6-8)
Johnson St.	9-17 (4-10)
Green Mt.	8-20 (3-11)
ME Maritime	4-20 (2-12)

Men's Lacrosse

Team Overall (NAC)

Castleton St.	9-4 (9-0)
Mount Ida	12-6 (8-1)
ME Maritime	8-4 (7-2)
Johnson St.	7-5 (6-3)
Emerson	7-6 (5-4)
Thomas	4-7 (3-6)
Husson	4-9 (3-6)
St. Joe's (ME)	4-13 (2-7)
Lyndon St.	3-9 (2-7)
Green Mt.	1-11 (0-9)

Men's Tennis

Team Overall (NAC)

Castleton St.	14-0 (8-0)
Thomas	6-5 (5-3)
Lyndon St.	6-6 (5-3)
Green Mt.	2-11 (1-7)
Johnson St.	1-9 (1-7)
Castleton State won the NAC tennis championship.	

Lady Hornets have strong finish to season

Sebastion C. Lury
Critic Staff

Not because I had high expectations for the team or that I prefer for them to win, I can't believe that the LSC softball team went only 8-19.

The reason I'm surprised? Well, it's simple: it's because I stood at the plate and faced the pitching.

"The biggest challenge for the team this year was definitely finding someone to step up and be the pitcher," said senior Sara Fetterhoff in an e-mail.

The softball team found a pitcher: Fetterhoff. Fetterhoff appeared in 18 games, starting 15 of those, and pitched the entire game on 13 separate occasions logging over 91 innings pitched. The only statistic to lend credence to the record is Fetterhoff's earned run average (the average number of earned runs allowed per seven innings pitched),

which was 8.74. A good average is normally considered to be under 4.00.

Still, from the at-bats I had against her, I cannot believe that the ERA is so high.

The sun shined bright in a final display as it inched toward the western horizon. With a yellow softball, an orange shirt, and the sun's glow behind her, it was a premonition to me that I would not see the ball well. This inability to see had nothing to do with camouflaging the ball; it had everything to do with velocity and movement of the ball.

In three at-bats, I connected with only two pitches, and neither of those was all that impressive. The impressive part is that I connected at all. The first contact was a lame pop fly to where the first baseman would have been had this been an actual game. The second was an even more lame foul to the backstop be-

hind me.

The pitching, as anticipated, was extraordinary, but what made it exceptional was the fact that Fetterhoff spent the majority of the year prior as a catcher.

I asked Fetterhoff and sophomore catcher Tricia Lussier, who caught for Fetterhoff as I whiffed feebly at the ball, in an e-mail interview what they each saw as the team's biggest challenge this year. Their answers were eerily similar.

"Pitching, considering none of our pitchers have really pitched before," said Lussier in an e-mail.

"It was difficult for us as a team because we didn't have any players who had played in the pitching position before," said Fetterhoff.

Still, based on facing only one of the handful of pitchers on the team, I feel like this team's pitching went above and beyond what you might have ex-

pected going into the season.

Fetterhoff feels that the pitching came into its own during the course of the season.

"Once that [the pitching] was established," she said, "it [the challenge] was trying to get our bats going on a regular basis. We all are good hitters, it's just that we often wouldn't get our bats rolling till the sixth or seventh inning."

Yet it wasn't all bad this year.

"Our strength would definitely be our fielding," said Fetterhoff.

The team finished the year with a .953 team fielding percentage (the percentage of fielding chances made divided by the total number of chances). To put that in perspective, the Boston Red Sox finished their 2008 season with a .986 fielding percentage, as reported on Baseball-Reference.com.

The team even made the

North Atlantic Conference playoffs as the fifth seed.

Alas, the team lost their first-round playoff game to fourth-seeded Castleton, 5-1.

The team will also lose some senior players, including Fetterhoff, but the team will rely on its other strength to lead them into next year.

"What has been the team's biggest strength?" repeats Lussier. Her response: "Being able to bounce back. We've been down a couple of times and fought back."

The team will look to fight back from a good season, all things considered, and an unfortunate playoff loss.

Want to see Sebastion swing and miss? Log onto lyndonstatecritic.com and look for the video.

THE CRITIC

Friday, May 8, 2009

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Admin optimistic about new budget

Ben Holbrook
Critic Editor

Lyndon State College has managed to weather a number of budget rescissions this year and will end the year with a balanced, although tight, budget.

President Carol Moore opened Tuesday's meeting by explaining why they waited to address the budget until May. By waiting, it gave LSC a better idea of where they would be financially, Moore said. Moore then handed the presentation of the budget over to Wayne Hamilton, dean of administration.

After nearly falling off the stage, Hamilton said to laughter, "We almost had one vacant position." Hamilton then proceeded to say the school was happy to report two additional rescissions had not and would not occur before June 30.

A recap of the budget cuts made during the 2008-2009 academic year showed the \$300,000 cut from equipment, library acquisitions and other areas. Hamilton reported room and board numbers were higher which helped offset some of the cuts.

As optimistic as the presentation was, Hamilton cautioned that the third quarter projections showed the budget was still very tight. "It looks as though we'll come in on budget," Hamilton said. One area that was of concern was departmental spending because, "Some departments have gone over line item budgets and will need to come in under in other areas to compensate," Hamilton said.

LSC must submit a budget for the 2009-2010 academic year by May 15.

With the 6.75 percent tuition increase and a four percent room and board increase and no significant change in the interest income or gift income revenue, LSC should be operating on a full budget for next year. "Even though our cash on hand increases, we actually will lose a little due to poor interest rates," Hamilton

said.

In terms of expenditures for the next year, projections show a five to seven percent average salary increase as well as restoring \$40,000 to the student direct hire fund. An additional \$100,000 will also be restored to the equipment budget, Hamilton said. The two current staff vacancies, one in IT and one custodial position, will be filled for the next year. "With the new building opening we are really two positions down," Hamilton said, referring to the added burden on the custodial staff to maintain the new academic building.

Two full-time faculty positions, one in Music Business and Industry and the other in Exercise Science, will be filled.

Hamilton's presentation showed a recurring trend at LSC where the school begins to become more and more dependent on student tuition to remain financially viable. "All of our line items tend to go up due to inflation," Hamilton said.

James Bozeman, chair of the mathematics department, pointed out the revenue numbers for the fiscal year 2010 were off by a percentage point. After some confusion as to exactly what was wrong, Hamilton assured everyone he would go back and look at the numbers.

As with many colleges, personnel expenses are still the largest at 61 percent, Hamilton said. The added cost of personnel is just shy of \$1 million, Hamilton stated. "Appropriations isn't meeting its share of the budget," Hamilton said. Due to stimulus money being appropriated by the state, the \$300,000 cut from this year's budget will be put back in for next year, Hamilton said.

Hamilton concluded his presentation by saying, "The budget is balanced and we don't expect any dramatic changes." He did caution however, that the budget would "bear close watching." Hamilton then opened the floor for any questions from the relatively small gathering

of staff and faculty.

Beth Norris, chair of the music and performing arts department, asked what the school will be doing to help students who are not going to receive additional aid from stimulus money because their families make too much money to qualify.

Hamilton broke down how federal PELL grants will increase by about \$500 per student and state grants will increase about \$400 per student. "We've had discussions about using the \$1 million we have in the budget to help students on a needs basis," Hamilton said. Hamilton did note the \$1 million would be inadequate for addressing every student's need. New grants, ranging from \$3,000 to \$5,000, may be available to students. The grants would be given through a review process where students would apply for the grant. These grants would last four years, Hamilton said.

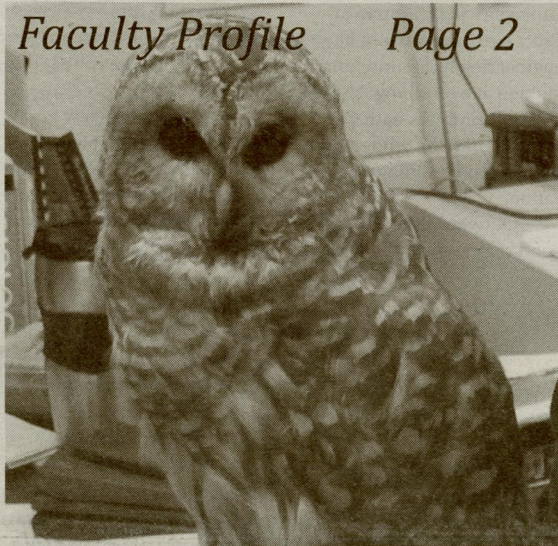
Patricia Krahnke, dean of admissions, presented the projections for enrollment for the 2009-2010 school year. So far the admissions department has wait-listed 26 students, denied 11 and 22 students have withdrawn after paying their deposits. Overall, enrollment for the following year is tracking fairly well, Krahnke said. She did address a problem that many colleges are facing during the tough economical times where students are opting to go to community colleges due to incentives. The incentives include free tuition if the students are applying to a two year college prior to applying to a four year college.

Bozeman questioned why the department chairs weren't invited to the guidance counselor sessions held this semester. Krahnke responded, "I think that was an oversight, it wasn't purposeful."

President Moore concluded the budget meeting by thanking everyone for attending and by cautioning, "we hope we won't have to make any more cuts."

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Avid outdoorsman turned professor

Norman Johnson
Critic Staff

"One of our problems with conserving our natural surroundings," says Alan Giese, assistant professor of biology at Lyndon State College, "is that our culture sees parks and wilderness areas as luxury items for us to recreate in. That's the wrong way of looking at it."

Born and raised in Binghamton, N.Y., Giese did his undergraduate work at the University of California at Santa Cruz majoring in bio-engineering but found himself looking at everything. He worked summers with Outward Bound, the wilderness motivational training organization.

"Outward Bound was a good stepping stone," Giese

said. "I was of a mind that I was going to be an alpine guide and get the certification." One day Giese saw a university job announcement for peregrine falcon work.

"A light bulb went off in my head," Giese said. "I could use my mountaineering experience to get down into peregrine falcon nests and do bird research and that would be the coolest thing in the world."

"I got an interview and I walked out of the interview a changed person," Giese said. "This is what I wanted to do. So I worked for the Predatory Bird Research Group for a few

years."

Giese spent the next fifteen years working with the U.S.

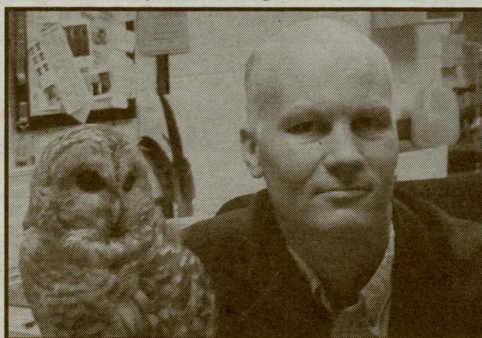


Photo by Norman Johnson

Fish and Wildlife Service on the California Condor Reintroduction Program, consulting, and with the U.S. Forest Service doing spotted owl research.

"My boss, Eric Forsman," Giese said of the wildlife biologist with the U.S. Forest Service, "was 'The Guy.' He did his

master's and Ph.D. on spotted owls. He's the guy who wrote the monograph that basically said spotted owls need old growth, and started the whole firestorm."

"I loved my job,"

Giese said. "[But] I really needed a master's degree to get beyond working on someone else's project. So I went back to school."

During his master's program at Oregon State University, he found that he enjoyed the academic environment.

"I went back again to get a doctorate so I could get a job to teach at a little college somewhere," he said.

Giese did his doctorate work at Arizona State University. From there he became the new "animal guy" at Lyndon

State, now in his third year of professorship.

"I've worked in conservation of endangered species for most of my career. What really motivates me," Giese said, "is wilderness and wildness; maintaining wild places that don't have a strong human footprint. There's a lot of value in wildness, without it, we lose something really important. I think that has to happen on a local level. We shouldn't have to get in our cars and drive a long way then hike for two hours to find a place like that."

Alan Giese lives in "the little wedge of Barnet that's between the Passumpsic and the Connecticut" with his wife Stephanie and daughters Maren, 3 years-old, and Anika, 22 months.

Aramark Goes Green

Madison Cox
Critic Staff

Steven's Dining Hall and the Hornet's Nest Snackbar have recently implemented a new system of composting waste in an attempt to protect the environment.

All food and take-out utensils, including plates, forks, knives, and spoons are now composted daily to reduce the amount of waste that accumulates in the dining facilities at LSC.

Students may have noticed the multiple facts about

recycling around the Hornet's Nest recently on posters and the napkin dispensers. The main message found there states, "At ARAMARK, Higher Education, we have a deep respect for and commitment to protecting and improving the environment. We work to reduce our environmental footprint while delivering exceptional operational results."

Since September of 2008, Aramark has diverted 60.25 tons of food waste to composting, including the excess grease used in grilling. There has been a substantial effort

not only at LSC but other schools who use Aramark as their food supplier. This has greatly helped reduce the amount of waste that college students create in dining halls and snack bars.

While composting only started at LSC two weeks ago, it has already made a dramatic impact on the amount of trash thrown out. Students are using the composting option more and more, in part due to a large poster to indicate what can and cannot be recycled.

Because most food is used in the snack bar before

it expires, little is actually composted, according to Hornet's Nest worker Drew Harding. However, when something is no longer fresh, it is composted. Each Sunday, the sandwich bar is also emptied and composted to be replaced with fresh supplies.

The new composting program is not the first time LSC has attempted to lessen the impact students have on the environment. Last year, a campus-wide program was put into place to replace regular light bulbs with more energy-efficient alternatives.

That program proved to be successful, and composting seems to be going down a similar path. It is hoped that this new system of disposing of excess food and paper materials will lessen the impact LSC students have on the environment. Students are also advised to take only what they will eat, and to avoid having leftovers.

The new composting programs in place at LSC should significantly lower the environmental footprint on campus.

DJ comment sparks controversy

Sebastian C. Lury
Critic Staff

A comment made by a WWLR DJ may lead to disciplinary actions.

During last Saturday's radio show, Nate Carter's response to the remark that St. Johnsbury Academy students were more intelligent than students at Lyndon Institute sparked controversy.

"Yeah, and their dads don't shoot their sons while hunting either," said Carter. The comment sparked a phone call from an aggravated community member. WWLR's General Manager Nick Phelan and Adviser Mark Hilton spoke with the

woman on the phone. Phelan believes that in the end, the community member only wanted to make sure that Carter would be spoken to and educated about the insensitivity of the comment.

"She seemed pleased," said Phelan of the phone call and the actions planned to deal with the situation.

Phelan and WWLR Adviser Mark Hilton will sit down with Carter at a time to be determined to discuss further disciplinary actions.

"I have spoken with Mark Hilton, our advisor, and we will be sitting down with Nate in the near future to decide what action to take," said Phelan in an e-

mail. "He did not break any FCC laws, but just like Don Imus, and his 'nappy headed hoes' comment, it was in bad taste, and we need to decide what is in the

FCC guidelines.

The comment, Carter says, was not meant to degrade mourners of Jacob Kadamus, the victim of last week's fatal hunting acci-

caution necessary before shooting."

Carter has recognized the insensitivity of the comment.

"I know I'm an A-Hole," he said. "I do feel bad about it and I do apologize to those who were offended with what I said."

"I would say the same thing...that Mark Hilton said to me," said Carter when asked how he would have dealt with the same situation if the roles were reversed. "Basically he said that even though I didn't break any rules, you still got to watch what you say. It's a learning experience."

"Yeah, and their dads don't shoot their sons while hunting either" -- Nate Carter

best interest of the station."

"I am not expecting any disciplinary action," says Carter, "as I didn't break any of WWLR's rules and guidelines for being on the radio. I didn't break any

dent. Rather, the statement was geared toward the lapse in hunting safety.

"I don't understand how that is possible," said Carter in an e-mail. "I would figure you would take every pre-

SGA executives elected without opposition

Steve Cormier
News Editor

Facing no opposition all four candidates running for seats on the Student Government's executive board won.

Those Lyndon State students who voted in the election reelected Andrew Chapin as president; Tim Cappalli as vice president and Liane Carson as treasurer. Nathan Carter, deciding not to seek reelection as secretary, he will be replaced by John Kleinhans who currently sits in the SGA as a first year elected representative.

"I know that there were a few people interested in

running," said Chapin in an e-mail, "but for one reason or another they did not."

Chapin says he was aware of a number of write-in campaigns for his spot. Capturing a number of write-in votes Mickey Mouse was in apparent contention for the SGA presidency.

When asked what the significance of a Disney character garnering so many votes was Chapin only said that Mickey Mouse would have "loved" to hold the SGA presidency.

"Ultimately," said Chapin, "the voters spoke and I came out ahead. Not sure what else I can say other than 'Good luck next

year, Mickey.'"

In terms of being re-elected to the presidency Chapin said there is only one word that could sum it up and that is, "excited."

"The Student Government Association has made a lot of progress in the past year," said Chapin, "and I look forward to being a part of it all as we do even more next year."

Considering what the SGA executive board wants to get done next year Chapin has certain things he sees as important.

"There are a few of them," said Chapin, "but there is none bigger than getting more students involved."

Looking at how to get more involvement out of the student body Chapin wants to get the SGA more involved in campus events and get involved in them from the beginning of the school year.

"We are going to have a presence at more of the commuter events," said Chapin, "execute a plan for town hall meetings, be a big part of first-year orientation and INT classes."

Chapin talked about getting students involved who have interest in SGA events, like Spring Day, but are not involved with the organization itself.

"There are instances of students who have a lot of

interest in one specific thing that the SGA does, but are not a member of the SGA body. We'd like to get them involved," said Chapin.

Getting back to the vote itself Chapin said he was pleased with the turnout and the fact that the revised constitution passed.

"I'm glad that the Constitution was passed," said Chapin.

Overall, looking back, Chapin is pleased with his first year as SGA president.

"The SGA has a bigger and better presence on campus today compared to a year ago," Chapin said.

Upperclassmen can use express lane

Madison Cox
Critic Staff

This year, Lyndon State College is offering a new option to upperclassmen students as they pack up their belongings and head home for the summer.

fore waiving the right to appeal any damage charges that are noted on their Room Condition Report."

Students who have damages in their rooms might want to consider being present during their check outs if they plan to contest anything.

"By signing the sheet and going the express check-out route, they are waiving their right to be present at the check out" -Erin Rossetti

Express-checkouts are being offered to students living in the residence halls who do not wish to wait for an available resident assistant to do the paperwork necessary for them to leave.

Instead, according to Residence Hall Director Erin Rossetti, students have the choice to fill out some forms and leave their keys with their RA before leaving campus for the semester. If students choose this option Rossetti stated, "By signing the sheet and going the express check-out route, they are waiving their right to be present at the check out of their room and there-

They will be responsible for any costs to fix damages, and lose their right to argue the charges.

While this new method of checking out of residence halls might seem speedy and more convenient, the risk of being charged with damages caused by earlier residents might hamper a student's desire to use it.

Because there are often leftover damages from previous years in the residence hall rooms, students might be more cautious about using the express checkout and waiving their rights to appeal.

Krysal Csiki
Critic Staff

A last minute shower delayed Lyndon State College's Theresa Conant long enough to save a man's life.

"I normally shower every other day, that day it was a Thursday and was not my day to shower," said Theresa Conant. "I had already gotten up and dressed for the day and then decided that I needed to shower."

After showering she left to start her day. It was supposed to be a very busy day with meetings in Montpelier and Randolph with Lyndon State College professor Ernest Broadwater.

A short distance from her house sits the Barnet gravel pits. As she was nearing the location she noticed a few dump trucks, a bucket loader and few men standing around a man lying on the ground. The man later turned out to be twenty-five-year-old Tom Gould of Barnet.

"The only way I can describe the scene would be that

Chance shower saves man's life

the man was on the ground and had a river of blood coming from him," said Conant.

"I knew that I needed to stop and help." Conant's Emergency Medical Technician (EMT) instincts had kicked in.

"I got out of my car, went over to the guy on the ground, and saw that he was bleeding from his right shoulder," said Conant. "I had the men tear his shirt so I could assess the wound."

The young man had an arterial bleed which means that he had cut a main artery. The artery that was damaged was the one that goes up into the neck from the chest cavity.

"I knew that I had to stop the bleeding, and I had the right training," she said. "I did the only thing I could; I put my hands in the wound."

In a matter of five to six minutes Barnet rescue arrived on scene followed by Calnex Ambulance. Upon arrival, Dartmouth-Hitchcock Medical Centers DHART helicopter was requested.

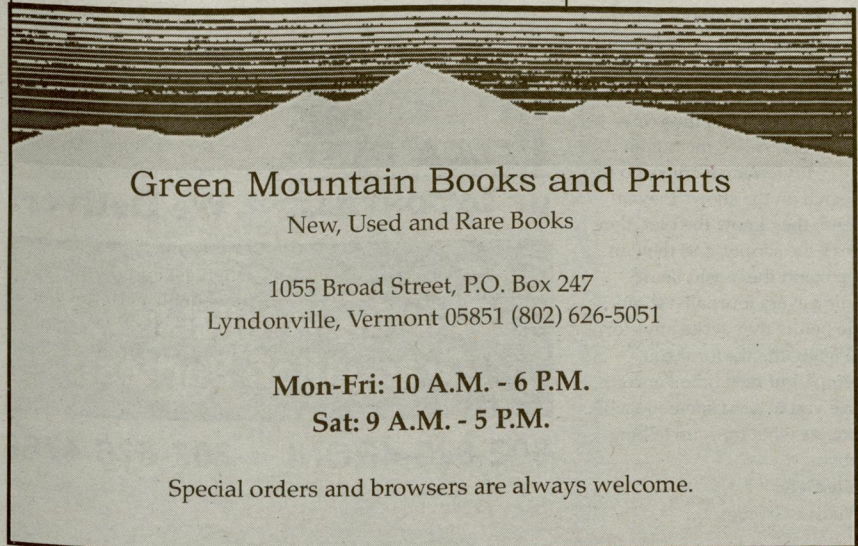
Until the helicopter arrived the first responders had

to move at Conant's pace because her hand was still stopping the bleeding. They had to "package" or get the victim on a backboard, onto the stretcher and into the ambulance to meet DHART. Gould was estimated to have lost two-liters of blood by the time he left in the helicopter. The average human body only has five to six liters of blood.

Conant worked as an Emergency Medical Technician for fourteen years. She started her EMT career at Lyndon State College.

Gould recently visited Conant where she learned that he had undergone a four hour surgery to repair his arm but is now doing well. His arm received no nerve damage and he is attending physical therapy to work on his strength.

"I feel like for all the calls that I've been on, yes I made a difference, but I can honestly say that this intervention made the critical moment and saved this man's life," said Conant.



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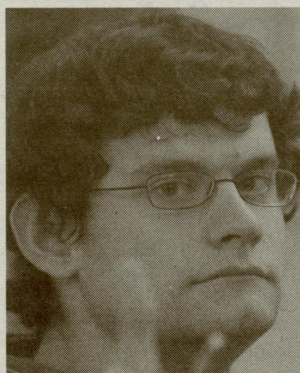
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Benjamin Holbrook
Critic Editor

What's mine is yours

that you have any right whatsoever to dictate who may voice their opinion and who will not. The greatest advantage of *The Critic* to the greater community is that there is no discrepancy in terms of what type of content will run.

I understand that some of the material we have run in the past has come across as offensive to a few people within the Lyndon State community. I must urge you however, to consider that a lot of the controversial content was student opinion.

In one letter we received about the housing selection editorial written by Steve Cormier, the concerned student wrote that Steve, and me included, were acting irresponsibly and *The Critic* is not the place to launch personal attacks. However, both Steve and I have the right, just as anybody else does, to voice our opinions in the paper no matter how strong those opinions may be.

The decisions I make regarding *The Critic* are essentially based on an absolutist approach to the first amendment. I will not censor any

material, regardless of nature, unless I know for a fact that it lacks any type of social value or is entirely bereft of factual representation. Now, before you throw this issue down in disgust because of the apparent hypocrisy of its editor, there are a few nuances of the newspaper business that need clarification.

First, there is a significant difference between what constitutes a news story and what an editorial, or more commonly known as, an opinion article. A news article consists entirely of factual knowledge that is attributed to credible and valid sources. It is, as much as possible, bereft of any personal bias and, in its simplest form, is entirely about the facts.

The opinion piece is a much more complex creature that, although they sometimes contain quoted material, are almost entirely based on an individual's own experiences and thoughts on any given subject. An opinion piece therefore, is subject only to its author's whims. It is entirely unethical and border-

line a breach of the First Amendment for me to say that certain views cannot be published.

To directly address the most recent review that was published in last week's *Critic* it is entirely my fault that the condition that the review was printed was not more carefully edited. However, it should be noted that, despite the mistakes, the review was an opinion and it did not reflect the views of *The Critic*.

I say this because in light of recent articles published in *The Critic*, I have seen an increased amount of feedback from the community and although appreciated, some of the views are misguided. For starters, I will not and never will, censor an editorial simply because a few people don't like it. People's feelings are of no consequence to me when I decide whether I will let someone voice an opinion in the paper. In a society where fewer and fewer people are willing to stand up and be heard, I encourage everyone to speak out.

And yet, what saddens me the most is that fewer

and fewer people will let their voice be heard because of the exact type of response we have gotten in the past. Before you start vowing to enact revenge upon anyone who slights you in the paper, remember this. As humans beings we possess the ability to think and act on an individual basis.

If, however, that ability to express ones self is stifled by an overwhelming overture of anger and outrage, then you have done the greatest disservice to mankind.

If you ever have a moment where your mind begins to wander, say when Alan Boye repeats for the umpteenth time the story about how he was convinced he was being stalked by a catamount, think on this: Would you rather read about watered down stories and opinions that only talk about butterflies and rainbows? Or, do you want to read about the way things really work in this world and how people honestly feel? The beauty of this country is that the decision is, and always will be, left to you.

Letters to the editor

Commentary on Critique

My name is Dave Daly, and I am writing in regards to the article "All Shook Up" a little shaky" printed in the *Critic* on May 1st, 2009. As an actor in the play, I was flattered by the kind com-

ments directed at me, but extremely disappointed by the rest of the comments.

The heading states that the play was "shaky", yet the last sentence of the article is praising a job well done to the actors. The author trashed some actors' singing abilities, yet praised others. I

was very confused at the direction of the article.

Not only was the article confusing, but the grammar in the article was absolutely horrendous. One of the principle characters, Sylvia, was misspelled.

The article as a whole was difficult to understand

because of the bad grammar.

Finally, the simplicity of the vocabulary used in the article is far inferior to what we should expect from a college newspaper. I was genuinely embarrassed to have my performance (which took an entire semester to complete) reviewed with such a

lackluster article.

Please understand that my comments are not just those of an angry reader, but those of someone who cares about the image of the *Critic* as well. Thank you for your time.

-Dave Daly-

Thank you Critic

The Critic is to be com-

mended for producing a year's worth of excellent issues.

From stories about the SGA, to articles on the selection

process for rooms in the RitaBole Complex, the reporting in the *Critic* has been excellent.

I've enjoyed intriguing fea-

ture articles, good sports coverage, and I have appreciated being made aware of the important issues on my campus.

I thank the staff and adviser Dan Williams for your hard work.

Alan Boye

Nice attempt

Dear Editor,

I was thrilled to see that someone attended "All Shook Up" to critique it, however when I began to read the article I was thoroughly appalled.

Not only was the spelling and grammar horrendous, but also the whole article was filled with contradictory statements. I applaud your efforts to send someone to criticize the show, but obviously this amateur does not know what he is talking about. I appreciate his "opinion" but I would rather have someone with cre-

dentials critique the performance. Now, I do not want anyone to misinterpret my response as bias, but to take what I am about to write as someone who knows a little something on the matter of musicals.

As an actor I know all the hard work that goes into putting on a musical (you have to memorize lines, blocking, dances, and songs). I was offended that this critic personally picked on some people and then left others out in the cold. I want to be criticized because it is the only way an actor can grow and learn. I missed at least three key

changes, forgot about 5 lines per show, and was off beat for "Blue Suede Shoes" every time, now a real critic would have caught onto those mistakes and called me out on it.

Professional critics do research on the shows they attend: they know the plot, they read the scripts, and they understand the music, something every journalist should do before they write any story.

Again, thanks for the attempt, but next time I encourage you to send someone who knows what they are talking about.

Sincerely,
Nadine Grimley

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David Rossignol
Critic Staff

In the last publishing of *The Critic* there was held a

review addressing the play, "All Shook Up." The criticism delivered there was that of Ryan Bennie Lee's. Several people did respond to this with an overall general concern, citing its inaccuracy. In fact, whether an opinion is good or bad it is still opinion, and to that end it may be in danger of becoming bias.

The answer to the concern of the people who participated in the play, those who commented on the arti-

cle may be revealed by Leo Tolstoy when he said, "It is still more necessary for every conscientious artist to know this, that he may be sure that all he does has a valid meaning; that it is not merely an infatuation of the small circle of people among whom he lives which excites in him the false assurance that he is doing a good work..." I say to that small circle of people, welcome to the big circle.

If the intention of the people who responded to the article is to defend their perspective, their infatuation, than they might be limiting such a perspective to that of the small circle. Such defensive positions make it hard to consider other points of view.

When you invest so much of yourself into something, you believe it has worth because of that investment, and because of that investment objectivity

can easily be lost. Because of this it becomes important for others, with a different perspective, to report on those types of things.

The overall question here will always be; is it that you have labored for so long just to appease yourselves, or is it that you wish to please the masses? If it is the former, then you needn't worry about what others opinions are. If it is the latter, then take note.

On art, on Tolstoy, on-guard

Letters to the editor

Too critical

I read with interest your review of the play, "All Shook UP" which was presented by the Twilight Players on the twenty third to the twenty sixth of April. I was the rehearsal pianist and a member of the band for this play which had been rehearsed intensely for two and a half months.

I take issue with your statement "that only 3 people could sing". This is a blatant error. Chad, played by Owen Fogg, is an excellent singer. If he sounded

out of tune or off key it was because he started many of his songs without music and then the band began.

The band was playing the music in its actual key. Of course he was not going to realize the exact starting note. You left out Dennis, played by Adam Rutt, whose solo in the second act made me almost cry every time I heard it and I certainly heard it more than 5 times through rehearsal.

You neglected to mention the Mayor, played by Angela Miller-Brown, who has a great voice and gave

such vitality to "The Devil in Disguise" as well as portraying her stern character with expertise. Dean Hyde, played by Dave Daly, was extraordinarily played in total character from beginning to end and his song, "It's Now or Never" as a joy to listen to.

As for Sylvia, played by Rain Nissen-Reilly, you were way too critical. I do not know a harder working member of this cast than Rain when she worked on her song and her character. If I were her, I would feel it were all for nothing as you

gave her no credit at all. Sheriff Earl, played by Joe Biega, was a stiff character who had to turn loving at the end of the play. What wonderful acting!

The Townspeople played by Ursula Malabre-Speicher, Leani Lopez, Rich Perilli, Jenn Falsetti, Dylan Schlossbert, Matt Randall and Sam Simoneau also showed great singing ability and spirited dance routines.

You missed the mark on this review and you do a great justice if you retracted it and wrote a fresh review which showed what the

play really portrayed in a competent manner--life in the prejudiced 50's. By the way, I am almost 61 years old and it was energizing to see these kids rehearsing and perfecting.

When things got rough they just kept on going and the product was top notch. They were inspiring to work with. Thank you for allowing me to express my opinion.

Sincerely,
Linda Carr

Clarifications

To clarify a detail in *The Critic's* May 1, 2009 front page issue: on May 22, only student "Z" drives will be wiped when IT introduces the new Sharepoint server system. Faculty and staff will be integrated later.

John Deleo was improperly quoted in an issue of *The Critic*. It was Catherine Deleo who was quoted in the story.

In an issue of *The Critic*, Madison Cox was given credit for photos taken in Ireland. It was Caleb Dudley who took the pictures.

3rd Annual Mother's Day 5k/10k Fun Run
May 10th, 9-11 pm Burke Mountain
Sherburne Base Lodge Road, East Burke
Proceeds Benefit Umbrella & Kingdom Trails
FORM A CHALLENGE TEAM! See other side for more info.
For a list of participants: 5K \$15 - includes race shirt & BBQ
10K \$20 - includes race shirt & BBQ
Add \$5 for a t-shirt & \$5 for a water bottle. Add \$10 for a t-shirt & \$10 for a water bottle.
For more information: 201-972-2313
To register: 201-972-2313

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu
or
The Critic
LSC Box #7951
Lyndonville, Vt. 05851

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The Buzz: Hornets named to All-NAC teams

Sam Monroe
Managing Editor

Now that the spring sports season has officially come to a conclusion, the North Atlantic Conference (NAC) has announced its All-Conference teams. Several Hornets highlight the All-Conference rosters.

The baseball team has three representatives. Junior infielder Ben Clark was named to the First Team, while freshman outfielder Zach Maerder and infielder Stetson Hicks both were

named to the Second Team. Clark finished the season with a .312 batting average, 34 hits, a team-high eight doubles and two home runs, while driving in 19 runs.

Maerder hit .297 this season, with three doubles and 12 RBI. Hicks was second on the team in batting average, hitting .339, while leading the team in hits with 42, including six doubles, and a triple. He also led the offense with 24 RBI.

The men's tennis team was led to the conference semifinals by first year coach

Geoff Davison. Davison was named NAC co-Coach of the Year, sharing the honor with Green Mountain College's Rob Purdy.

Junior Brad Darby was named to the All-Conference second team. Darby led the Hornets this season, winning seven of his 12 singles matches. He also clicked with any player that Davison teamed him with, going 7-5 in doubles matches.

The softball team also had two players honored. Sophomore Sarah Tucker was named to the NAC All-Con-

ference Second Team, while Natalia Shams was given an Honorable Mention.

Tucker hit .327 on the season, with four doubles, three triples and eight RBI. Shams hit .311 with six doubles and three triples. She drove in six runs this year.

The men's lacrosse team also had a player earn an All-Conference Honorable Mention. Junior attacker Chris Mansour earned the honor on April 30. He led the team in scoring with 39 goals and six assists for a total of 45 points.

Standings

Baseball

Team	Overall (NAC)
Castleton St.	26-16 (15-1)
Husson	31-12 (13-3)
Thomas	8-28 (7-9)
Farmington	5-24 (3-13)
Lyndon St.	9-27-1 (2-14)

Softball

Team	Overall (NAC)
Husson	26-15 (14-0)
Farmington	17-13 (10-4)
Thomas	14-18-1 (10-4)
Castleton St.	14-19 (7-7)
Lyndon St.	8-19 (6-8)
Johnson St.	11-17 (4-10)
Green Mt.	8-20 (3-11)
ME Maritime	4-20 (2-12)

Men's Lacrosse

Team	Overall (NAC)
Castleton St.	11-6 (9-0)
Mount Ida	13-6 (8-1)
ME Maritime	8-4 (7-2)
Johnson St.	7-5 (6-3)
Emerson	7-6 (5-4)
Thomas	4-7 (3-6)
Husson	4-9 (3-6)
St. Joe's (ME)	4-13 (2-7)
Lyndon St.	3-9 (2-7)
Green Mt.	1-11 (0-9)

Men's Tennis

Team	Overall (NAC)
Castleton St.	14-0 (8-0)
Thomas	6-5 (5-3)
Lyndon St.	6-6 (5-3)
Green Mt.	2-11 (1-7)
Johnson St.	1-9 (1-7)

LSC Spring Day Triathlon results

Sam Monroe
Managing Editor

Twelve individuals and 11 teams of three people each competed in the Lyndon State Spring Day Triathlon, which was held on Sunday May 3.

The three legs of the triathlon were compiled of a 500-yard swim, a nine and a half mile bike ride, and a three-mile run.

Thorin Markison won the individual triathlon with a total time of 52:44. His time was nearly eight minutes better than the second-place finisher, Anthony Moccia, who finished with a time of 59:43.

Coming out of the pool the race was close. Markison broke open the race when he completed the biking portion of the race in just under 29 minutes, nearly three minutes

faster than the rest of the field. The field was evenly matched with only 26 minutes between the time the first person crossed the finish line and the time the last person crossed.

Heidi Hacking was the only female to compete in the individual triathlon. She completed the course with a time of 1:55:21.

The team relay was won

by "The Destroyers," compiled of Eric Schmitt, Alen Turajlec, Jacob Freeman, their total time was 61:59. "The Destroyers" edged out "Just about 50," compiled of Anthony Sgherza, Chris Ummer, and John Kascenska, who finished the race with a time of 62:24. That was only 16 seconds better than Team Jody, compiled of Jody Fried and Dan Flanagan.

Individual Results
(Men)

Bib #	Swim	Bike	Run	Total Time
1 Thorin Markison	8:04	28:58	15:42	52:44
3 Anthony Moccia	8:06	31:36	20:01	59:43
4 Anthony Sgherza	8:30	34:55	20:41	64:06
5 Justin Newland	11:08	38:15	16:30	65:53
2 Michael Farmer	12:44	37:04	17:11	66:59
6 Andre Bolduc	9:14	35:38	22:56	67:48
9 Herb Maroot	10:00	36:00	23:40	69:40
10 Kriston Hall	12:46	42:17	23:23	78:26
12 Sean Fitzgerald	12:49	45:21	20:25	78:35

(Women)

Bib #	Swim	Bike	Run	Total Time
11 Heidi Hacking	13:14	54:24	47:43	1:55:21

Relay Team Results

Bib #	Team	Swim	Bike	Run	Total Time
51	The Destroyers Eric Schmitt, Alen Turajlec, Jacob Freeman	9:51	34:04	18:04	61:59
75	"Just About 50" Anthony Sgherza, Chris Ummer, John Kascenska	8:30	32:33	21:21	62:24
92	Team Jody Jody Fried, Dan Flanagan	10:38	29:07	22:53	62:38
80	D.A.W. Amber Hartman, Dave Marks, Wildens Fils	9:58	39:48	14:11	63:57
63	F.U.J. Fred Barnett, Uriah Burhans, Josh Carpenter	10:08	39:22	16:36	66:01
58	Kittredge Family Kevin Byrne, John Byrne, Andrew Longley	8:17	43:33	18:35	70:25
55	Team Cancun Myles Hacking, Tyler Hacking, Josh Bertini	9:37	45:04	16:24	71:05
52	Last Minute Squad Anne Marie McNamee, Frank Maloney, Stephanie Tyler	9:16	43:16	27:31	80:03
99	Team Hacking George Hacking, Chris Hacking, Sarah Garey	11:37	48:13	21:18	81:08
65	I Love Spandex Naomi White, Sara Fetterhoff, Michelle Wilcox	10:38	55:06	18:51	84:37
89	Aquarius	13:00	61:02	29:14	103:16

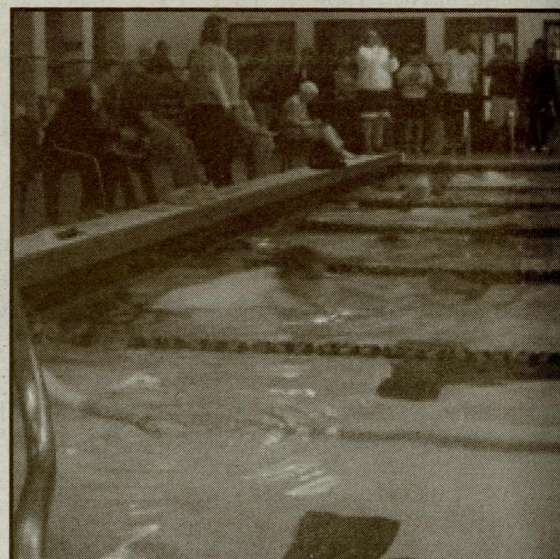


Photo by Mike Dente

Swimmers push off from the edge of the pool after the start signal was given in the LSC Spring Day Triathlon on Sunday, May 3, while a crowd forms to cheer them on.

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East Burke Rd

Lyndon State holds athletic banquet

Lyndon State honored the following student-athletes at the Lyndon State Athletic Banquet on May 1.

2008-2009 Dudley Bell Male and Female

Female: Lyndsay Calkins (Women's Cross Country)

Male: Darren Roberge (Men's Soccer)

Green & Gold Scholar-Athletes:

Given to the student-athlete who has demonstrated the true spirit of competition through respect, integrity, responsibility, servant leadership and sportsmanship.

Female: Lyndsay Calkins (Women's Cross Country)

Male: Jeremiah Powell (Men's Cross Country and Men's Tennis)

LSC Scholar-Athletes: Sophomore standing or minimum of 25 credits & minimum of an overall 3.3 GPA:

Mary Gage (Women's Softball), Brittany Tinkham (Women's Softball), Michael Muccilli (Men's Cross Country), Sarah Leclerc (Women's Cross Country), Ian Oliver (Men's Soccer & Men's Tennis), Kelly Warren (Women's Soccer & Women's Basketball), Jennifer Stoddard-Imari (Women's Basketball), Nathan Taylor (Men's Lacrosse), Jaclyn Wetzel (Women's Basketball), Lyndsay Calkins (Women's Cross Country), Hayley Joseph (Women's Cross Country).

Hornet Academic Team Challenge Cup:

Determined by an average GPA of all the team members. 1st place:

Women's Cross Country with a GPA of 3.37

2nd place: Women's Basketball with a GPA of 3.35,

3rd place: Men's Cross Country with a GPA of 3.10.

Team Awards:**Men's Lacrosse:**

Most Valuable Player: Chris Mansour

Coaches Award: Craig Salvagno

Women's Tennis:

Most Valuable Player: Ashley Dewhurst

Coaches Award: Jill Newell

Volleyball:

Most Valuable Player: Ally Ciaramitaro

Coaches Award: Jill Rancourt

Baseball:

Most Valuable Player: Ben Clark

Claude Piche Award: Josh Fletcher

Women's Basketball:

Most Valuable Player: Jennifer Stoddard-Imari

Coaches Award: Michelle Wilcox

Men's Basketball:

Most Valuable Player: Brad Durr

Michael Tessier Award: Patrick McCarthy

Women's Soccer:

Most Valuable Player: Kelly Warren

Coaches Award: Natalia Shams

Men's Soccer:

Most Valuable Player: Matthew Scagnelli

Coaches Award: Heath Richmond

Men's Tennis:

Most Valuable Player: Brad Darby

Coaches Award: Paul Thibault

Softball:

Most Valuable Player: Natalia Shams

Coaches Award: Jessica Shuffelt

Men's Cross Country:

Most Valuable Runner: Craig Johnson

Coaches Award: Jeremiah Powell

Women's Cross Country:

Most Valuable Runner: Lyndsay Calkins

Coaches Award: Holly Reed

Lyndsay Calkins (Women's Cross Country), Craig Johnson (Men's Cross Country) and Darren Roberge (Men's Soccer) were also honored for being named NAC Runner of the Year, NAC Rookie of the Year, and NAC Player of the Year, respectively

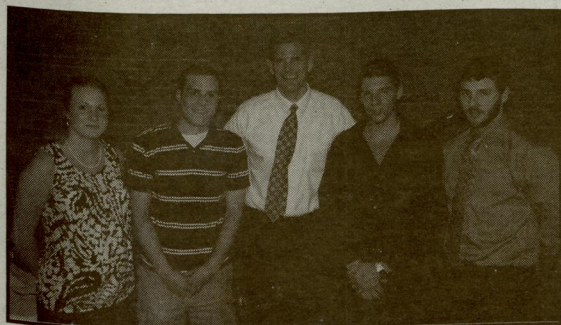
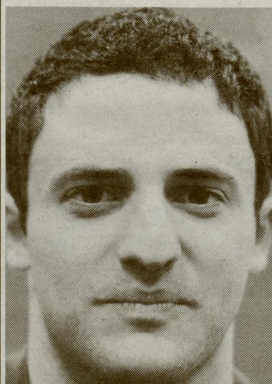


Photo by Bill Johnson

From left to right: Lyndsay Calkins, Michael Muccilli, Chris Ummer, Jeremiah Powell and Darren Roberge.

Thank you, LSC Athletics



Andrew R. Koch
Sports Editor

Today marks the final time that you, our readers, will see an article from me in the back pages of *The Critic*. I will be graduating next weekend, and will be taking some great memories of working on this paper with me.

I've had the privilege of covering the best and worst of LSC Athletics over the last five semesters as sports editor. I've reported on the women's basketball team going twice to the national tournament in Oklahoma.

I've covered internal chemistry issues and coaching changes that have led to difficult seasons for the men's basketball team. I've followed

the athletic program as it's changed national affiliations twice in the four years I've been here.

I've also seen the school add two new sports (lacrosse and volleyball) in as many years.

However, there are a number of people I need to thank for making these opportunities possible for me.

First off, I have to thank our adviser, Dan Williams. I wouldn't have had anything to do with *The Critic* over the last five semesters if he didn't think I was good enough.

I also have to thank the athletic directors, Chris Ummer and Bill Johnson, for being so open with me and providing me with the information I needed to keep the student body informed with the latest news on our sports teams. Sometimes, trying to get information from the athletic department isn't easy, especially at larger schools. This is yet another benefit of Lyndon's small size as a college.

I'd also like to thank all the athletes and coaches I've interviewed over the last few years (they're too numerous to list here).

The Critic has taken some heat recently for an article we published three weeks ago

about the struggles of the baseball team in their first North Atlantic Conference season. As sports writers, Sam Monroe and I must still maintain our responsibility as journalists to report what's happening with our athletic teams. If the teams are doing poorly, that means we have to report that.

We won't let the athletes, nor anyone else for that matter intimidate us, just because we report the true picture of what's happening between the lines and on the courts.

I feel confident in leaving the sports section in Sam's hands. It is up to him to continue strengthening our sports coverage, and I am more than certain that he'll do so.

I hope that the athletes, coaches and athletic administrators continue to be as open with Sam as they've been with me when it comes to what's happening with the teams that represent our school.

Once again, thank you to everyone I've talked to for my articles over the last two and a half years. I hope to see even better sports coverage in *The Critic* both online and when I come back to visit as an alumnus in the future.



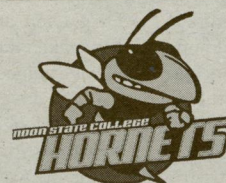
Photo by Norman Johnson

From left to right, Excercise Science Professor Anthony Sgherza, Associate Academic Dean John Kascenska and Director of Athletics Chris Ummer sign up as the team "Just About 50" for the Spring Day Triathlon on May 3. "Just About 50" finished second in the relay portion of the triathlon, 25 seconds behind the winner.

Do you like sports?**Do you have school spirit?****Do you want your voice to be heard?**

The Athletic Department is looking for a new public address announcer for the fall of 2009.

Must be work-study eligible and professional with a microphone.



For more information, please contact the following people:

Chris Ummer, Director of Athletics: Phone: x6224, e-mail: christopher.ummer@lyndonstate.edu

Bill Johnson, Assistant Director of Athletics/Sports Information Director: Phone: x6341, e-mail: william.johnson@lyndonstate.edu

So long with a send off

Emily Curtis
Entertainment Editor

Graduation is about a week away and we all have someone that we are saying goodbye to. I speak from experience since this will be my last year and last article.

You want to send your friend or friends off in a big way, but place and money can be an issue. If you are having trouble with what to do, here are a few suggestions.

- Gifts are always a good idea. If you want to make it more personal, a good idea is to make an album with pictures of you and your friends having a good time at college. A great way to make it more thoughtful is to have all their friends sign it with their best wishes. There is nothing like good memories with great friends.
- Videos are a great way to tell your friend that you wish them well. Get a few of your friends together with a camera to make a video saying how much you're going to miss them, telling a few jokes, or doing some cool tricks. When the video is done. Get together with some snacks and soda and show them the movie. It turns into a movie party and it shows your friend how much you mean to them.
- Going out for one last good time? Bars are okay, but they can get expensive. Instead of spending the night getting a buzz, why not see what the buzz is in

the world of pop culture? A big hit movie on the big screen is always exciting and memorable. Tickets are usually priced fairly depending on what time you go. The Star Theater in St. Johnsbury for example has weekend matinees for only \$4.00. Just watch out for the prices for snacks.

- Parties are the best way to send people off, but they can be the worst thing for your wallet. A simple solution is a cook out. Have the party at your house or a friend's house where it has a lot of room for people to move around. Buy the supplies in advance. At the party, have people contribute around \$5.00 to help out with the food and the beverages. This way if you need to make a run to the store, you have some money to keep the party going. If you ask the people ahead of time, they are more willing to contribute what they can. This way everyone has a good time and it's cheaper than going to a restaurant.

No matter what you do to say goodbye, make sure you have fun. Best wishes to all graduating students and good luck with exams. As for me, I'd like to thank Dan Williams and *The Critic* for giving me the opportunity to write and edit for the paper and to all my readers, good luck. Farewell Lyndon State.

Final fillings



Gwen Cook
Critic Staff

Finals time is stressful for everyone. We all know what we are supposed to do to succeed during finals week, eat well

balanced meals, get plenty of rest, and do our work and studying well ahead of time...we all also know that this nearly never happens. I can't help you get more sleep and I certainly can't help you with your work, but what I can do is give you a few simple meals and snacks to try out. I guarantee they are better for you than the junk food and coffee that you would otherwise be overdosing on.

Strawberry peach smoothie

Ingredients:

- 2 cups of crushed ice
- 1 small container of peach yogurt
- 1 small container of strawberry yogurt
- 1 cup strawberries, sliced
- 1 pitted peach, peeled and sliced

Directions: Combine all ingredients in a blender. Mix on medium for about 2 minutes or

until everything is well blended.

Tomato and ham grilled cheese

Ingredients:

- 2 slices of wholegrain bread
- 2 tbsp margarine
- 2 thin slices of ham
- ¼ cup tomato, thinly diced
- 1 slice of cheese

Directions: Pre-heat skillet. Spread butter on one side of each piece of bread. Put one slice of bread butter side down on heated skillet. Place cheese, ham, and tomato on bread and top with remaining slice of bread. Be sure to place it butter side out. Flip sandwich and cook until both sides are browned.

Trail mix

Ingredients:

- 1 medium bag of m&ms
- 2 cups of granola clusters
- 1 medium container of pre-shelled peanuts
- 1 box of raisins
- 2 cups of stick pretzels

Directions: In a large bowl, combine all ingredients.

Cooking with Cook

Congratulations!

Emily Curtis
Entertainment Editor

Congrats to all Lyndon State students who are graduating this semester. I know that you have all worked hard to get here and I wish you all the best.

I hope you have taken the wisdom the faculty has to share with you and use it in the years to come. I hope you have gained the experience to do your best in your desired career and are successful in whatever you do.

I know it has been a long road for you and there is still a great journey ahead of you, but you have been given the tools you need to face the road head on. It is never easy and there will be many struggles along the way. Sometimes it may lead you away from the path you want to take. Just remember what you have taken with from this place of higher learning and you will find your way.

I myself know what you are going through. I'm about to take that journey with you. It is a scary thing to be facing the real world like this, but like you, I am confident. I'm confident that I have learned what I need to know and that I'm ready to take my first step into the world as a college graduate. It is an exciting thing that I'm glad to be sharing with all of you. I can only hope you feel the same.

So to the class of 2009, congratulations, we finally made it!

? What to do? ?

Star Theatre

Stark Trek (PG-13)
Sat., Sun.: 1:20, 4:05
Fri., Sat.: 7:05, 9:35
Sun.-Thurs.: 7:05

The Soloist (PG-13)
Sat., Sun.: 1:35, 4:15
Fri., Sat.: 7:15, 9:30
Sun.-Thurs.: 7:15

X-Men Origins: Wolverine (PG-13)
Sat., Sun.: 1:30, 4:00
Fri., Sat.: 7:00, 9:20
Sun.-Thurs.: 7:00

Price: \$6.50 Adults
\$4.00 Kids, seniors, Tuesday night \$4.00 for weekend matinees
Location: 18 Eastern Ave.
St. Johnsbury
(802) 748-9511



Catamount Theater

Cinema 1: Adventureland (R)
Cinema 2: The Great Buck Howard (PG)

Admission is free with Student I.D.
Located: 115 Eastern Ave.
St. Johnsbury (802) 748-2600

Snacks are available for purchasing
You can also rent videos in their Video Library. Enjoy!



On Campus

Lecture and Arts presents Dartmouth Dance Ensemble. Friday, 7 to 9 p.m. in the Alexander Twilight Theatre. The show will be featuring Contemporary and modern dance.

A late night showing of "The Unborn" in the Student Center, Friday, 11 p.m. and again at 1 a.m. on Saturday. Sponsored by C.A.B.

C.A.B. presents Whale Watching in Gloucester, M.A. Saturday. Bus leaves from Vail parking lot at 9 a.m. and returns 9:30 p.m. Sign up at the Student Life office in Rita Bole Complex

LSC Community Chorus will be performing Saturday, 7 to 9 p.m. in the Alexander Twilight Theatre. The concert will be featuring Ralph Vaughn Williams and Dona Nobis Pacem

"Confessions of a Shopaholic" will be playing at the Alexander Twilight Theater from 3 to 5 p.m. Sponsored by C.A.B.

"The Unborn" will be playing a final time Wednesday 13 at 9 p.m. in the Alexander Twilight Theatre. Don't miss the last movie of the semester. Sponsored by C.A.B.

Graduation Day, May 17, 11 a.m. Come see your fellow students make the final walk up to the podium. No tickets for purchase. Seating is limited.

Welcome Back

What's Inside?

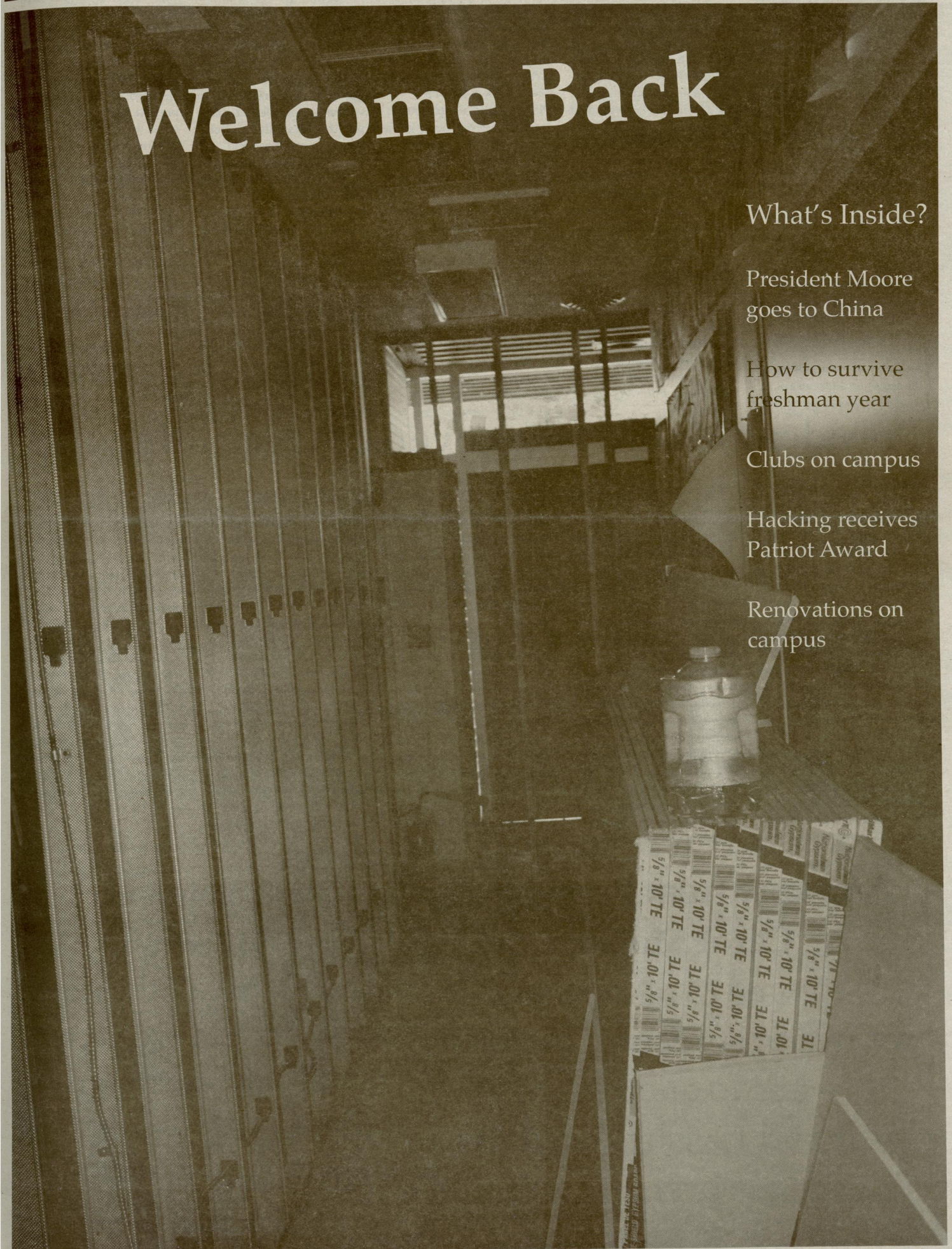
President Moore
goes to China

How to survive
freshman year

Clubs on campus

Hacking receives
Patriot Award

Renovations on
campus



How to survive freshman year

Heather Poginy
Special to The Critic

The first year of college is certainly an exciting, albeit a little frightening, way to get out with the old, in with the new, meet new people and expand your horizons.

However, sometimes time management, homework and new things can get a little tricky to juggle all at once. Here are some Do's and Don'ts of how to survive your freshman year.

DO get organized. There's nothing worse than going out and having a great time, only to wake up and realize you have a test you'd forgotten about. Keep a planner, outline your weeks before they get crazy and plan accordingly. This is the reason why your professor gives you a syllabus at the beginning of the semester. Make use of it!

DO make priorities. Pro-

crastination is the middle name of many college students. When you put off the things that are most important, things can get hectic and stress levels certainly do rise. When you have a list of homework assignments as tall as you are, don't go out and have fun with your friends. Don't play around on Facebook. Prioritize your academics. After all, that's why you're in college.

DO go to class. Now that you have the freedom you've always wanted from the restraints of your parents and from your high school, it's quite easy to skip classes without an immediate penalty. However, there is a penalty. You'll frown when semester grades appear and yours are a little less than par.

DON'T cram. There's nothing worse than trying to read every homework assignment the day, or even the

week, before a test. Cutting corners seems like a good idea at first, but it'll come back and bite you where it counts.

DON'T ignore the academic resources on campus. At Lyndon State, attached to the library in LAC, there is an Academic Support office, otherwise known as "Bob's Place." There are students there at nearly all hours of the day for tutoring, and other help with Math, English, Science and just about any other course offered at Lyndon. The purpose for this office is to help students maintain a successful college career. When you can't figure out that math problem, or just don't know how to organize a paper, this is the place for you. To learn their schedule, just check in or call: 626-6210.

DON'T make unhealthy food choices. Try to keep a balanced diet. We've all

heard of the "Freshman 15." You don't want to make that your reality. By making sure you're taking in a lot of fresh fruits and vegetables, and watching your calorie intake, you'll be sure you keep your weight (and your stress) at a manageable level. Take vitamins, get some exercise, and get outside and enjoy fresh air whenever possible. On campus, there is a fully-functional Fitness Center, open and available to all students. To contact the Fitness Center, call: 626-6338.

DO watch your spending habits. It's important, when out in the real world, to keep a balanced budget. Don't overspend your money on things you won't need, especially since you might need it later. So far in your life, college is just about as independent as you've gotten, so try your hardest to keep a level head when it comes to spend-

ing money. Credit cards will constantly offer you free money - try to resist them. Free money may sound nice now, but not when you have to pay it back!

DO get help if you need it. In Vermont, winters are long. When you're stuck in the dorms, things can get cramped. If you're feeling depressed, sad, or overwhelmed, seek help. Go talk to a friend, or go to the Brown House, the health center on campus. There are counselors at the Brown House who are happy to listen to your problems, and help you decide on a plan to make them better for yourself. There are people who won't let you face your problems alone. To contact the Brown House, call: 626-6440.

With all these things to remember, there's one more, the most important: **DO** have fun!

President Moore takes overseas recruiting trip

Potential for Chinese students to attend college at Lyndon State in future

Ben Holbrook
Critic Editor

Lyndon State College's recruiting is no longer limited to the United States after an overseas trip this summer.

President Carol Moore traveled to Shanghai, China to meet with colleges, universities and recruiting officials to discuss the possibility of Chinese students attending Lyndon State College. "China is a big market and their system of education is very different from ours," says Moore. "In order to get into college, students in China must take an exam and if they don't place

highly enough they aren't able to get into the bigger universities," Moore said. Students who do well on the exams must still compete with other students for scholarships as higher education in China can often be expensive, says <http://www.just-landed.com>. The web site also says any student who is denied access to the public universities has the option of attending a vocational school or enrolling in a private college which is often times very expensive but doesn't always require high test scores.

Moore wasn't alone on her trip as she was accompa-

nied by her husband and Ben Luce who went on a recruiting tour in Beijing. When the group arrived home, Moore and Luce compared notes on what they learned, says Moore.

Since the United States is a preferred place to go for many students there is the potential to recruit a large number of students from overseas. However, Chinese students would be required to meet the same standards as American students with the added requirement of taking a TOFEL exam which is a language competency test. In order to attend LSC, international stu-

dents are required to score at least a 500 on the test, Moore said. For those students who aren't able to score highly enough on the test, they may have the opportunity to come to LSC a month or so before classes start to take a language immersion course, Moore said. If students from China do decide to attend LSC, then they most likely wouldn't start for at least another year, Moore said.

The trip to China wasn't all business without fun for Moore who had been to Hong Kong in the past but never made a trip to the mainland. "Shanghai is a very modern

city with lots of skyscrapers," says Moore. "It's a lot like New York City because everyone is dressed in western attire and if it wasn't for the different language you would almost think you were in New York City," Moore said.

Moore had the opportunity to leave the city limits to visit a small village populated with residents who were farmers and fishermen. "It was very different from the city," Moore said, "but it was still funny because everyone was dressed in western attire."

Message from President Carol Moore:

Welcome to all new and returning students. We look forward to another great year and I wish you all the best.

The admissions department would like to welcome all the new students and welcome back all returning students. We would like to wish you all the best of luck this year.

George Hacking receives Patriot Award

Eric Downing
Special to The Critic

Lyndon State's Director of Public Safety was recognized for his outstanding leadership and support of the National Guard this summer.

Public Safety officer and Sergeant Charlie Forrest nominated George Hacking for the award because of LSC's support of both Forrest and the Guard over the years.

"We have great respect for the people who are going over and fighting for the values we believe in in this country," said Hacking, who although having no military experience of his own,

worked as a state police officer for a number of years.

The award came as a surprise to Hacking, as Forrest never mentioned it.

"This speaks volumes about Charlie Forrest," Hacking said. "He truly appreciates the support he gets here."

Forrest has worked in the Department of Public Safety for about four years and has been a member of the Guard for nearly 20. Midway through his first year of employment, Forrest had a yearlong tour in Iraq. This coming December, Forrest and his unit are going to Afghanistan for a year.

Hacking said that he and LSC were given the Pa-

triot Award because of how the school chose to be flexible with Forrest's tours, temporarily filling Forrest's position "with someone who really understands the job," Brian Michaud. LSC has also consistently welcomed recruiters from the Guard onto the campus.

The law mandates that the college gives Forrest one weekend a month as well two weeks a year for mandatory training, but the school's individual support of Forrest sets it apart.

"He is close with a lot of students and faculty as well," Hacking said. "These people reach out to him and wish him well."



Photo by Ben Holbrook

Director of Public Safety, George Hacking, is presented with the Patriot Award by David Wheel, executive director for the Vermont committee for employer support of the Guard and Reserve. Standing to Hacking's left is Public Safety Officer, Brian Michaud and to the far right is Dean of Institutional Advancement, Bob Whittaker. The Patriot Award is given to employer's who make the extra effort to accommodate employee's who are Guard or Reserve members.

Campus Activities Board (CAB)

www.lyndonstate.edu/cab

First CAB meeting: Tuesday, September 1st at 7pm in the Student Center

The purpose of CAB shall be to plan, facilitate, and implement social, cultural, and educational activities for the enrichment of the Lyndon State College community and the surrounding community. CAB programming shall emphasize a well rounded and balanced series of events and activities.

As an integral part of the education program at Lyndon State College, CAB shall serve as an arena for students to gain practical experience in governance, leadership, and programming. The development of individual social awareness and group effectiveness will be encouraged through involvement with CAB.

Check out this year's Events calendar online: www.lyndonstate.edu/events

Stay in touch with us on Facebook: [lsc.hornet](https://www.facebook.com/lsc.hornet)

Stay in touch with us on AIM: [cablsc](https://aim.im/lsc)

Follow us on Twitter: [lscornet](https://twitter.com/lscornet)

Sign up NOW for:

The Student Leadership Conference: Put this on your Resume!

October 24, 2009

9am-4pm

The mission of this conference is to bring students together to learn and develop leadership skills, to cultivate social responsibility, break down barriers to effective leadership, and think about leadership in their everyday lives.

Keynote speakers, workshops, and panels challenge students to become more aware of their own leadership and its effectiveness

It's FREE,

To sign up contact Laura McNaughton:
laura.mcnaughton@lyndonstate.edu

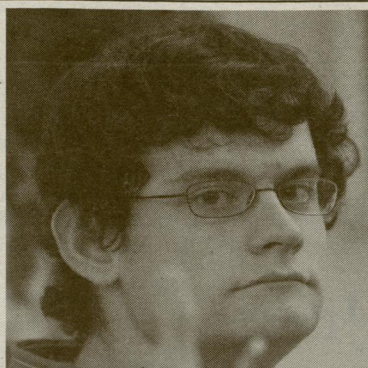
Classified

I want to sell a wooden ladder for \$30 that was made for the wooden bed bunks in Stonehenge.

Anyone interested should contact me at:
liane.carson@lyndonstate.edu.

If you would like to advertise in The Critic then please send us your information at critic@lyndonstate.edu. All classified advertising is free for LSC students.

The Critic reserves the right to reject any ads that are inappropriate or otherwise unfit for printing.



Back to school

Ben Holbrook
Critic Editor

I would like to welcome all of you who will be freshmen this year. This year The Critic has decided to publish a summer issue, the first of its kind, to give you an idea of what to expect before you arrive on campus. A number of

changes have been made this year from new faculty, to numerous renovations and new classes that will be offered. If I were to offer any advice, I would tell you to get involved in some sort of club, sport or whatever you're most interested as soon as possible. To give you all an idea of what is offered in terms of clubs on campus, I have asked all the clubs to write a description about their club so that you'll know what to look for when you arrive.

Also to look forward to this year, and included in picture form in this issue, are the numerous renovations that have been ongoing all summer. From the completion of the new academic building to a sound studio for the new Music Business and Industry Major there are plenty of new

things to see when you arrive.

As many of you, hopefully, have already read Heather Poginy's article about surviving freshman year, there are a number of things you can do to make the first year transition so much easier. With so many resources available to help, don't be afraid to ask when it seems like you may be in a little over your head.

As a senior this year, I can tell you your tenure at Lyndon State may feel like it drags at times but honestly, you'll be preparing to graduate and wondering where the last four years went. College, no matter where you go, is what you make it so get involved, work hard and play even harder. I wish you all the best of luck and look forward to seeing you shortly.

Clubs from A to Zeta

Alpha Lambda Delta

Got smarts?

Alpha Lambda Delta Honor Society (ALD) is a club dedicated to encouraging superior academic achievement among students during their first year in college, to promoting intelligent living and a continued high standard of learning. Students are inducted into ALD after meeting the 3.5 GPA requirement during the first semester of freshman year. Currently, ALD has seen a staggering increase and improvement in membership over the past two years while offering both scholarship and leadership opportunities. For more information contact Amber Hartman amber.hartman@lyndonstate.edu

AMS/ NWA

We know weather

American Meteorological Society/National Weather Service is Lyndon State's chapter of a larger national group. AMS/NWA encourages fellowship among members, stimulates awareness and interest in meteorology and activities, and shares knowledge of the science of meteorology. This club often brings speakers to campus, manages a national meteorology conference, and organizes other Lyndon traditions such as the Winter Ball and an annual talent show. In addition, AMS/NWS and Sigma Zeta co-sponsor a science fair at Lyndon State College for local high school students.

Anime Club

Watching is what we do best

Anime Club started last year and is looking for new members. During meetings we will be showing and discussing movies, shows, books, comics, games etc. This club serves the Lyndon State community by providing opportunities for students to share their love of

A.S.S.I.S.T.

We could use a hand

A Society of Students in Service Together (A.S.S.I.S.T.) is an organization that serves the campus and other communities through programs designed to help, encourage, and educate others in community service learning. A.S.S.I.S.T. typically organizes "Trick-or-Canning," Parent's Night Off, Campus Clean-Up, and other activities that provide service to the Lyndon and local communities.

AWRT

T.V. chicks...and dudes!

American Women in Radio & Television (AWRT) advances the knowledge and opportunities for both men and women in the electronic media and allied fields with the use of industry contacts and resources from the national chapter.

AWRT brings speakers to campus, organizes trips to radio and television stations, attends conferences, and does various fund-raisers, such as selling popcorn at the weekly movies, to help support the club.

This year our club hopes to submit a project through AWRT to send to the Gracie Allen awards in May 2010.

Gay- Straight Alliance

Can't we all just get along?

The Gay-Straight Alliance provides a safe, supportive, and confidential environment for lesbian, gay, and bisexual students, faculty, staff, alumni, and their allies and surrounding community. GSA serves as a resource network with other organizations and colleges in the Vermont State College System.

Critic

Get ready to get critical

The Critic, Lyndon State's student-run newspaper, is looking for students who would like to report the news, write a column, shoot pictures, manage our online newspaper or otherwise express themselves.

The Critic is published Thursday nights to be available to the student body the following Friday morning.

If you have any questions or would like to join, contact Critic Editor Ben Holbrook at benjamin.holbrook@lyndonstate.edu or stop by the office Vail 326.

We look forward to seeing you this fall.

High Society

You'll only go as high as you want to

High Society is organized to give students the opportunity to travel to new mountains and develop their skills. The club allows students to connect with other students with the same interest in snowboarding, and promotes

the expansion of more interest in the sport. The club also typically organizes video premieres of snowboarding films and snowboarding competitions between Lyndon State and other colleges.

Hockey Club

Better dress warmly

The Hockey Club plays ice hockey at the intercollegiate club sport level. The team uses the nearby Fenton Chester Arena for the home games. Hockey Club also organizes "Free Skate" at Fenton Chester for the Lyndon State community.

Jiu Jitsu

Everybody was Kung Fu fighting...

The Jiu Jitsu Club focuses on Brazilian Jiu Jitsu but it also incorporates techniques from wrestling, mixed martial arts, and other forms of grappling.

The goal is to share the skills and techniques of the

Leadership Recognition Committee

Where you lead we'll follow

The Leadership Recognition Committee meets every Monday at 8 p.m. in the Rita Bole Community Room.

As its name implies, this is a committee that recognizes leaders all over campus on a practically daily basis with CARE Reports (Catching A Resident Excelling).

These reports can be filed by any faculty or staff member, resident assistant, or member of the committee. They act as letters of appreciation for acts of kindness. These acts can range from opening a door for a professor to taking someone to the hospital during a medical emergency.

At the end of the year LRC teams up with the Student Life Department and Student Government Association to hold a banquet for those CARE Report recipients who went above and beyond their duty as students of Lyndon State College.

We are looking for new members to fill executive board positions, as well as more volunteers.

For more information contact President Rachel Keller at rachel.keller@lyndonstate.edu, or Vice President Samuel Utz at samuel.utz@lyndonstate.edu.

Emergency Responders

If you break it we will come

Lyndon Emergency Responders (LER) is a club based upon a common inter-

est in the various fields of emergency services, such as firefighting and emergency medical services.

The group is a gateway for students to find out how to become an emergency responder and to support those already involved in such roles.

Lyndon Emergency Responders also look to use their skills, expertise and knowledge to improve the lives of people on the campus and in the community.

The group was established in 2009.

LAN Party Club

Get connected

LAN Party Club (LPC) provides students, faculty and staff of Lyndon State College an opportunity to interact with one another in a social setting pertaining to computer gaming.

This club will also provide the members a safe and fun stress-reliever.

LPC typically co-sponsors a Game Day with the Role Playing Club in which the LSC community is invited to play various games throughout the day.

Outside the Box

Design your way to a job after college

Outside the Box is a club that offers numerous opportunities for students interested in design and allows them to experiment and show off their design skills.

OTB works on a variety of design projects around campus including fund-raiser advertisements, posters, branding new clubs, and hosting the yearly high school design competition. We choose the winner of the yearly formal portfolio review and we are constantly brainstorming new ways to have creative students join our club. Attracting more participants will help us become members of AIGA (American Institute of Graphic Arts), so that we can go to graphic design events throughout the year.

OTB involves teamwork, fund-raising, communication, advertising and marketing. Members are active in graphic design, web design, photography, illustration, media, and other art mediums.

OTB members build long-lasting bonds with students who have the same interests. Being a part of our design group will give you experience working with clients. You can use

work created in the club to build your design portfolio. You will also have the chance to gain leadership skills. Membership looks great on a resume.

If you think being a part of a design group might be for you, please let us know. We will be thrilled to have you come to our first meeting of the year and get to know you and what you are interested in. We can explain more about OTB and answer any questions you might have. Just send one of the executive board members your e-mail address and we can add you to our e-mail list to let you know what we are doing on a weekly basis.

You can also visit us at lsc-otb.blogspot.com.

Executive Board members:

President:

Amanda.Bloom@lyndonstate.edu

Vice President:

Gloria.Todt@lyndonstate.edu

Secretary: Katrina.Ploof@lyndonstate.edu

Treasurer & House Rep.:

Lauren.Turmel@lyndonstate.edu

Physical Education Teacher Education

Get sweaty with P.E.T.E.

Physical Education Teacher Education helps to encourage, advance, and contribute to the professional growth and development of men and women interested in physical education by sponsoring programs and projects.

PETE organizes events such as a 3-3 basketball tournament to encourage the involvement in sports.

The club was re-established at LSC during the 2008-2009 academic year.

Lyndon Strikers

Get your mind out of the gutter

Lyndon Strikers is focused on bowling.

The club offers low-cost weekly bowling events at Gold Crown Lanes in St. Johnsbury to any member of the Lyndon State Community. Shoe rental and the first game is free.

The Strikers also hold fund-raisers, such as Human Bowling.

Look for signs around campus; we'll be having our first meeting of the year at the beginning of September.

College Republicans GOP at LSC

The Lyndon State College Republicans meet every Monday at 7 p.m. in the Rita Bole Community Room.

Our goal is to encourage political activism both on and off campus, while also sponsoring and attending political events of various parties.

College students often forget how much of a difference they can make by raising their voices and getting in-

involved, and this club is a perfect way of doing just that.

We have sent students to Indiana for a Young Republicans Conference, legislative breakfasts in Montpelier, as well as a spring convention with a surprise visit from Gov. Jim Douglas.

This semester we will be holding monthly dinner fundraisers with guest speakers from Vermont's government.

Role-Playing Club

Dorms & Dragons

Role-Playing Club (RPC) is for anyone interested in the unique work of role playing games.

Members use various books as well as their own creations to portray elaborate plots and fantasy worlds.

The club typically meets weekly to participate in games. It co-sponsors a Game Day with the LAN Party Club each semester.

Spirit Squad

*Gimme an L
Gimme an S
Gimme a C*

The Spirit Squad (formerly dance team) has now added components of cheerleading into its dance routines.

The Spirit Squad performs during home athletic events and spreads school spirit through other means such as "seas of green."

Sigma Zeta

Seeking all science scholars

Sigma Zeta encourages and fosters the attainment of knowledge of natural sciences, mathematics, and computer science. The club also recognizes the attainment of high scholarship among its members. Sigma Zeta co-sponsors a science fair for local high school students with AMS/NWS.

Students for Campus Conservation

Saving the world one can at a time

The Students for Campus Conservation club is for those interested in recycling, conserving, renewing, and acting upon new and old ideas.

The club has made a huge green impact on campus through events such as recycling, waste audits, clothing swaps, "Move-out-ho-out", and Frisbee plates.

We hope to improve year after year, but we need your help. Keep Lyndon State College green and eco-safe by joining LSC Students for Campus Conservation.

Students for Global Change

Saving the world one hug at a time

Students for Global Change (SGC) encourages personal and group involvement within the LSC community, local communities, and society at-large.

The club promotes and sponsors activities to develop a sense of community among

the students by providing outlets for them to express their ideas and concerns.

The activities enhance the sense of personal responsibility in the formation of the future state of society and provide leadership and learning experiences.

Twilight Players

Break a leg

The Twilight Players are dedicated to the performing and interpretive arts.

The Twilight Players will create an environment in which these arts can be enjoyed through a variety of media and community service projects.

The club is one of Lyndon's oldest student groups.

It typically produces two shows a year for LSC and surrounding communities. It also organizes impromptu nights in which any member of the community can participate.

Ultimate Not your mom's Frisbee

Lyndon Ultimate participates in the sport of Ultimate Frisbee.

This isn't the Frisbee you play in the summer, but a heart-pounding, high-impact, fast-paced sport.

Open to all types of players, beginner and experienced, the club competes at competitions throughout New England.

Rugby

We like it rough

Rugby participates at the intercollegiate club level in New England.

Home games are played on the College Rugby Field.

The rugby team hosts the Snow Bowl in March.

WWLR Radio

91.5 on your dial

WWLR is a student-run radio station.

Student DJs are trained to operate the station and are assigned times for their own shows.

In addition, the organization sponsors a live music series.

WWLR also makes DJs available for community events, and encourages the exploration of music through various means.

SGA wants you

We students of Lyndon State College are exceptionally lucky individuals.

We are attending a unique school that puts emphasis on providing opportunity and building a strong community along with a quality education. There is no doubt that you've heard that before. This is what we were all told when we were considering Lyndon during the college selection process.

The best thing about all of this is that it is true. It isn't just something the marketing team created to try and bump attendance numbers. I can tell you from first hand experience that the Administration—the people who run this place—really, really care about what the students think.

In my two years as a Lyndon student and member of the Student Government, I've seen the real power of our relationship with the Administration. It

is a beautiful thing that students at other larger schools don't have the privilege to enjoy.

In short, the students of Lyndon State College have the opportunity to make a real difference.

To do this, it is as simple as joining the Student Government. As an Elected Representative in the SGA, you are entrusted with the responsibility of representing your peers. You will have the ability to bring your ideas to the table and leave your mark on this school.

We all know that Lyndon State College is a great place—but with your help in the Student Government, we can make it even better. If you are interested, be on the lookout for announcements over the next few weeks or get in touch with SGA President Andrew Chapin at andrew.chapin@lyndonstate.edu.



Photo by Ben Holbrook

Shown above is the front side of the new academic building. Currently, construction is still under way on the interior but the building should be ready by the start of classes. The new academic building was made possible by a \$13 million grant Lyndon State received.

What's New with Student Activities

There are many exciting changes on campus over the summer months. One of the most obvious changes is the addition of the Academic and Student Activities Center, which is having the final touches put on it in preparation for the first day of classes. You will find that many of Campus Activities Board's major events will be held in the Student Events Center, a multi-purpose room complete with a movie screen, built in sound system, and space enough to entertain over 250 people.

However, the new building is not the only change that has taken place in the Student Life Department this summer. The Student Activities Office will be moving from the Student Center to the area on the opposite side of the Hornet's Nest where the old Vail Conference Room previously was located. Half of the area has been opened up in order to create a student lounge area and the other half has been renovated to become the new Student Activities and Leadership Center. In addition to housing Student Activities, the SALC will be home-base for the Student Government Association, the Campus Activities Board, and a new Leadership Center which is a resource center for students who are looking to increase their leadership skills. This office will also be the place for students to go when they are interested in putting on events, joining a club, starting a club, or if they have any questions about student activities. There are always new things happening so come check out our new center and see what's going on! The SALC will be putting on a variety of service opportunities that will be available this year for Lyndon students, so keep checking out the list of events on our online calendar at www.lyndonstate.edu/events!

This Fall semester will also mark the beginning of a new program called TimeBank LSC. The program is designed to recognize students, faculty and staff who are involved in their campus community. Any member of the Lyndon State College community can go online and log their hours spent at any campus activity including club meetings, attending an SGA meeting, planning an event with CAB, or participating in a service opportunity! Students will receive a free t-shirt after logging their first 5 hours on TimeBank LSC and there will be many more items that students can "cash in" their hours for. The Student Life Department is challenging the administration and the student body to see which can log the most hours. Those involved in TimeBank LSC will be invited to a large, very exciting surprise event at the end of Spring semester. Stay tuned for more details!

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Guatemala Trip

Those interested in going on a service learning trip to Guatemala during Winter Break in February should meet in the Student Activities and Leadership Center on September 10 at 8:30 p.m. to learn more! If you are interested in learning more but cannot attend this meeting, please email Stephanie Tyler at stephanie.tyler@lyndonstate.edu.

Elles named to LSC women's soccer post

The Lyndon State College Department of Athletics has announced the hiring of Wendy Elles, the current Education Director and Director of Coaching for the Far Post Soccer Club Inc., as its new head women's soccer coach effective August 1, 2009.

"We are very excited to have Wendy become part of the Lady Hornets soccer tradition," said LSC Director of Athletics Chris Ummer. "Wendy is committed to the Division III philosophy and taking this program to the next level."

Prior to coming to Lyndon, Elles served as an assistant coach at Endicott College (2005-2008), the University of Vermont (1997-2003) and Farleigh Dickinson University (1996-1997). Her primary responsibilities included practice organization, recruiting, academic monitoring, athletic conditioning and fundraising.

"Wendy's coaching and recruiting experience at previous Division I and III insti-

tutions has prepared her well for this," said Ummer. "Her soccer connections throughout Vermont and New England will undoubtedly help the Lady Hornets soccer program draw quality young women."

In addition to her coaching responsibilities, Elles will also perform the duties of Student-Athlete Academic Coordinator. The position entails monitoring the academic progress of all Lyndon State student-athletes, as well as the oversight of performance assessments for the same throughout the academic year.

In her playing days at Gettysburg (Pa.) College, Elles was no stranger to success. She was named the Centennial Conference Player of the Year in 1995 and garnered Third-Team All-American honors that season as well. A three-time All-Centennial First-Team All-Star (1993-95), Elles was also named an All-Middle Atlantic Conference First-Team All-Star her freshman season (1992) and earned First (1995), Second (1992 &

1994) and Third (1993) Team All-Region honors during her career with the Bullets.

Elles, who played on two Centennial Conference championship teams and competed in the NCAA National Championship Tournament in 1993 and 1994, will open her first training camp on Saturday, Aug. 22 on the Lyndon State campus.

The Lady Hornets, who finished the 2008 season with an overall record of 7-10-1 and a mark of 2-4-1 in the North Atlantic Conference, will return several standout players from a year ago, including All-NAC selections Shauna Buck, Tracy Zisselsberger and Naomi White.

Lyndon State will open its 2009 season on Wednesday, Sept. 2 with a road contest against Southern Vermont College in Bennington, Vt. The Lady Hornets will host Vermont Technical College on Wednesday, Sept. 9 in their home opener. Game time is scheduled for 4 p.m. at the LSC Athletics Field.



Photo courtesy of LSC Athletics Department

Wendy Elles will take the helm as the women's soccer head coach. Elles, who played soccer in college, will also be responsible for practice organization, recruiting, academic monitoring, athletic conditioning and fundraising.

The Buzz: Schedules released for fall sports

The Lyndon State Hornets Men's Cross Country team will defend its North Atlantic Conference title defense on September 12, at the University of New England.

The Women's Cross Country team will open its season on the same date. Both the Men's and Women's Cross Country Teams will be doing all of its running at other school's as for the second straight year neither team has a scheduled home meet.

The Men's Soccer team will begin the season on September 1, on the LSC Athletics Field against St. Michael's College.

The Women's Soccer team will begin its season with two games on the road before playing a home game against Vermont Technical College on September 9.

Hornet's Volleyball will begin on September 11 when they participate in a tournament at St. Joseph's College. The team will first play in the Stannard Gymnasium on September 22 against Norwich University.

Lyndon State's Women's Tennis team will begin its season also on the road, when the Hornet's go to New York to play Russell Sage College. The Hornet's will first be at the Bell Tennis Center to play Castleton State on September 12.

Look for an in depth season preview in the next issue of the Critic.



Photo by Ben Holbrook

The new academic building seen from the back. One unique component of the new building is the observation deck which will be available for meteorology and other students to use. A fantastic view of the Northeast Kingdom, and especially Burke Mountain, can be seen from the observation deck.

Propose a workshop for the student leadership conference

There is still time to propose a workshop for the one day Student Leadership Conference on Oct. 24th.

This conference is geared toward new, emerging leaders.

Choose any level of commitment (see below for details)

Pull from your own interests and skill base

Very fun and low key way to connect with students
Workshops can include just about anything from outdoor leadership skills to gender theory.

Interested? See below for directions to propose a workshop

Not sure about what workshop you would like to propose? Just ask, feel free to email me questions, comments or concerns.

Student Leadership Conference looking for Workshop Proposals!

Student Leadership Conference 2009, October 24, 2009

The mission of this conference is to bring students together to learn and develop leadership skills, to cultivate social responsibility, break down barriers to effective leadership, and think about leadership in their everyday lives. Keynote speakers, workshops, and panels challenge students to become more aware of their own leadership and its effectiveness.

Workshops will be facilitated by students, staff, and faculty members and will cover a broad range of skills, including but not limited to:

Social Justice

Facilitation Skills

Leadership Styles

Mental Health Awareness

Alcohol and Drug Awareness

ness

Mediation/Conflict Resolution

Service Learning

Building Communities

Workshop Proposal Information

Thank you for your interest in supporting the mission of the 2009 LSC Student Leadership Conference. We welcome workshop proposals from faculty, staff, students, and community members. Please use the following guidelines to assist you in writing your proposal. You may submit your proposal via email attachment, online or in writing. See instructions below.

Proposal Instructions

There are four options for submitting your proposal.

Online Registration

Email: laura.mc-naughton@lyndonstate.edu

Fax: 802-626-4806

Mail: Department of Student Life

Attn: Leadership Conference Workshop Proposal
Lyndon State College
1001 College RD
Lyndonville, VT 05851

Proposal Deadline

The deadline for proposals is Oct. 16, 2009 at 5pm.

Workshop Times

Concurrent workshops about 75 minutes in length.
Saturday, October 24, 2009:
10:30-11:50: Workshop Session #1
1-2:20: Workshop Session #2
2:30-3:50: Workshop Session #3

Workshop Formats

This part of the proposal will be used to inform participants about the expected presentation/facilitation style.

Knowledge/Information Sharing – Lecture type format

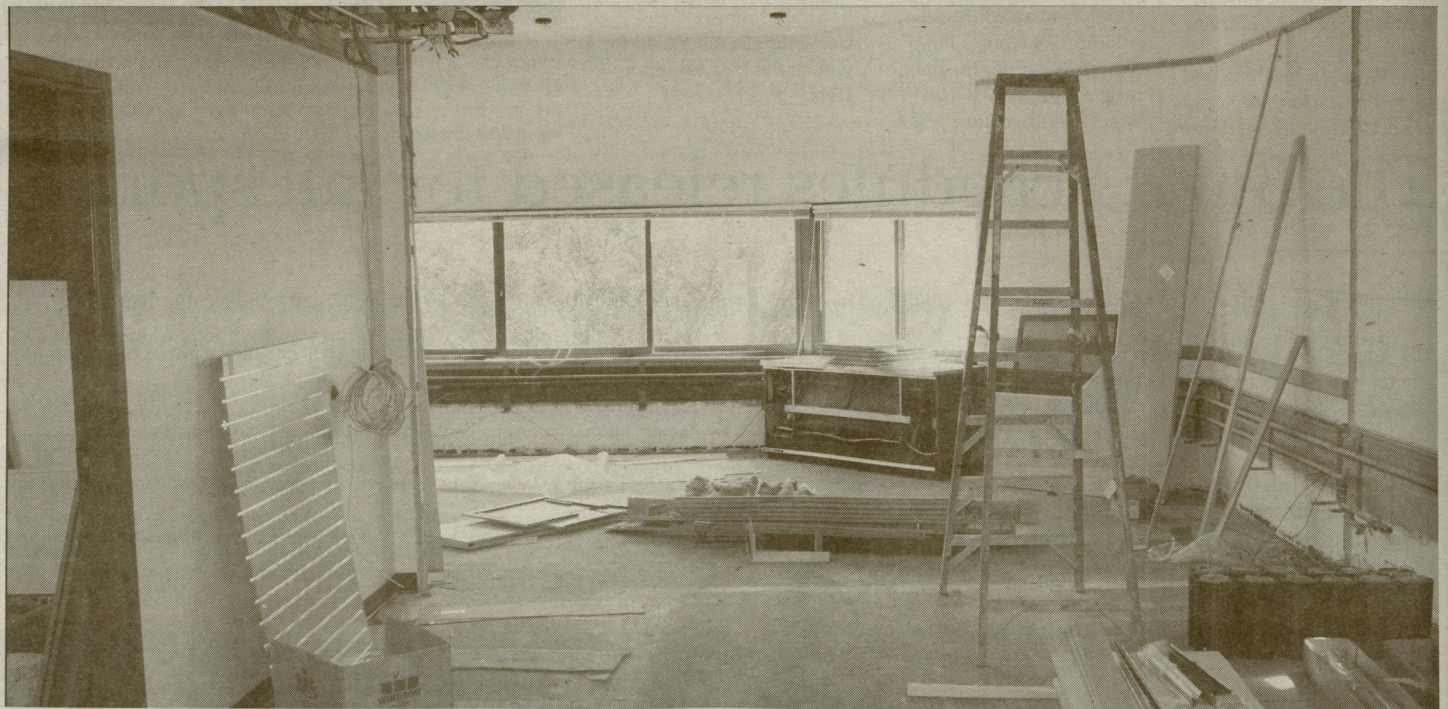
with minimal participants input except for question posing, clarification, etc.

Skills Development – Imparting of diverse, significant and tangible skills to developing current and future leaders.

Collaboration/Organizing – These workshop will provide a high degree of participant involvement in using there skills to organize, plan and implement events, movements, campaigns, etc. We welcome organizations to use this space the furthering of your organizations agenda so long as that agenda is in line with the conference goals and purpose.

Notification

Program proposals will be reviewed upon receipt, notification of acceptance of your proposal will be provided no more than two weeks after receipt.



Construction is still underway on what used to be a conference room on the second floor of Vail. The room is being converted into a lounge. However, there is still a significant amount of work to be done before the lounge will be ready. Photo by Ben Holbrook

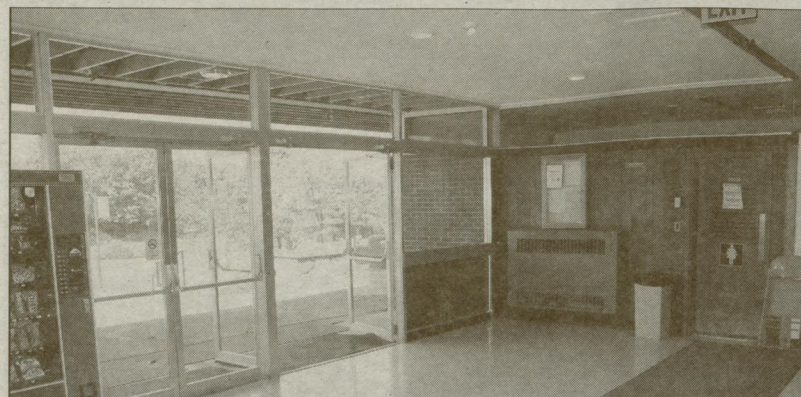


Photo by Ben Holbrook

Numerous renovations have been done on the Harvey Academic Center over the summer including putting in new windows and removing the second set of glass doors that used to stand in the entryway to HAC.



Photo by Ben Holbrook

The LSC bookstore is gaining some much needed room as the expansion process continues in preparation for the beginning of classes. Despite all the construction, the bookstore is still processing book orders for students.

Class of 2013

Makes a bid for the biggest class

What's Inside:

Sexual Assault on Campus.
Interview with SGA President.
New Athletic Trainer.
Tennis Team Begins Season.

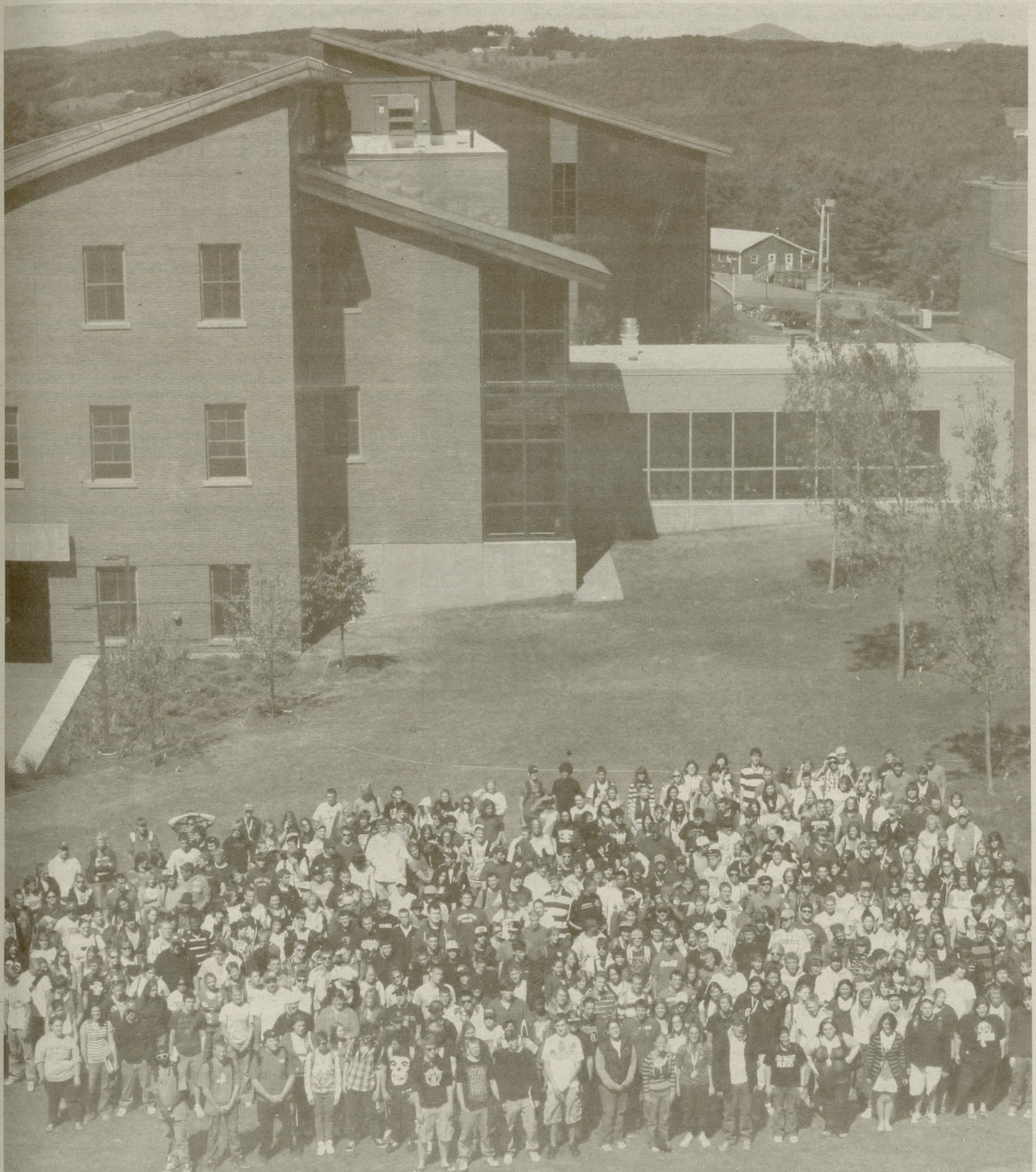


Photo By: Michael Dente

Law enforcement authorities: No charges in reported sexual assault

Steve Cormier and Anna Allard
News Editor and Correspondent

No charges have been filed against anyone in the recently reported sexual assault on campus.

A Vermont State Police official said that there were no charges to be filed because the reported female victim used an alias while undergoing an evaluation at a local hospital.

As a result state police issued no official statement pertaining to the reported incident.

During the first week of classes of this semester, state police contacted Lyndon State officials to inform them of the reported assault.

According to an e-mail sent out by Jonathan Davis, Associate Dean of Student Affairs, state police reported at the time that an "unidentified female student" was sexually assaulted on campus in one of the residence halls.

Davis says that the female student was returning from an off-campus party when the reported assault took place.

According to the Pennsylvania Coalition Against Rape (PCAR) 70 percent of sexual assault and rape victims are acquainted with their attacker prior to being assaulted.

Of the female students attending college PCAR reports that the percentage of victims being ac-

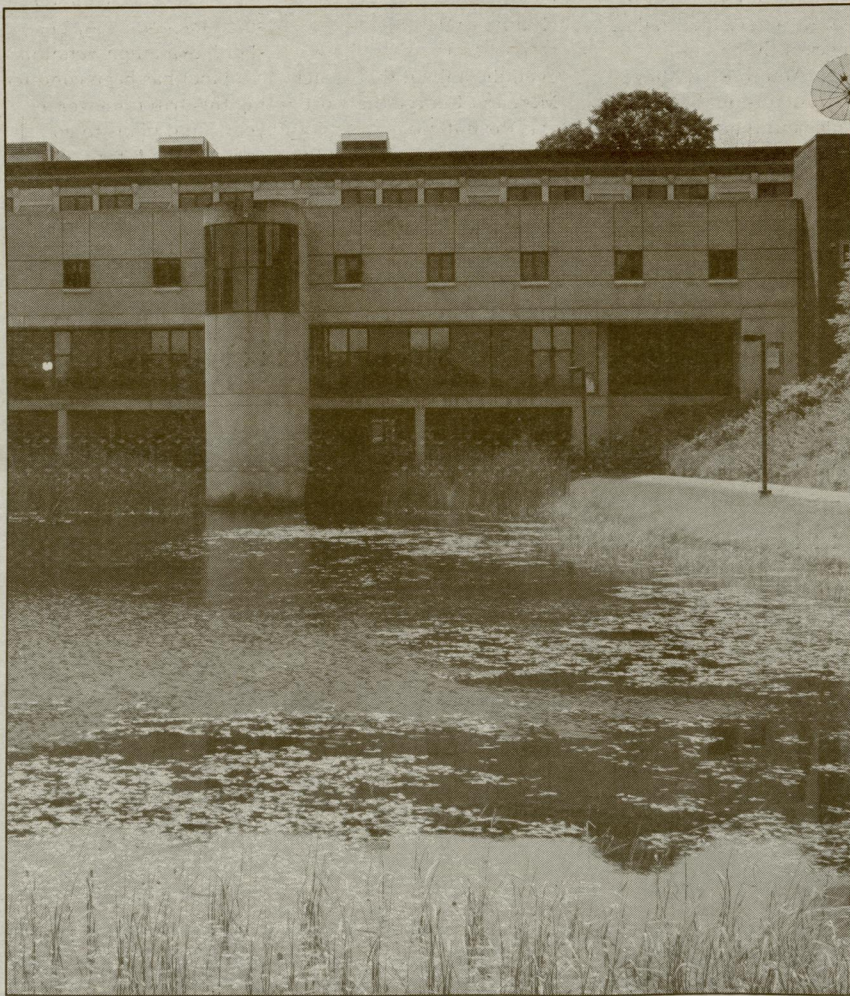
quainted with their attacker prior to being assaulted climbs to 90 percent.

In his e-mail Davis goes on to list some suggestions for staying safe while traveling around campus and into town.

Traveling with friends, letting them know about plans or changing plans and making sure that locked doors are closed are all suggested.

Davis also lists Public Safety's phone numbers (x1111 on campus or 802-626-6452 from a cell) in case someone feels that they may need an escort while on campus.

Public Safety also suggests that anyone feeling that they need to go to the hospital do so.



Library and Academic Center

Photo by Ben Holbrook

Changing ASAC name not cheap

Nicholas Russo
News Correspondent

Got \$3 million?

Know somebody who does?

That's what it will cost a private donor to name the new Academic and Student Activities Center, says Bob Whittaker, dean of institutional advancement.

As well as the entire building, names of individual classrooms and areas in ASAC are also up for grabs.

To date, \$155,000 has been raised through the naming of various areas, one example being the Dalton Weather Center, Whittaker says. For the low price of \$10,000, you too could have your name on a space in the building.

The push to get donations for the naming rights is part of a larger plan to increase private support for Lyndon State, Whittaker says.

A ribbon-cutting ceremony is scheduled Oct. 29, at which time donor recognition plaques will be installed.

According to Dean of Administration Wayne Hamilton, the work going on around the building and its entrances should be completed by the end of next week. Once a new version of equipment is available in October, the final audio-visual presentation devices will be installed in the classrooms.

"The building was designed around increasingly specialized technological needs of the three academic departments that now reside in the building—Exercise Science, Business Administration, and Atmospheric Sciences," Hamilton said.

The bookstore and Vail Student Center have also seen upgrades as part of the project, and a new student activity center was included in ASAC.

Hamilton mentioned plans for renovations in the south wing of Vail, the Harvey Academic Center, and the Stonehenge Residence Halls.

Parking tickets welcome Lyndon students

Erin Milne
News Correspondent

Parking tickets issued by the Department of Public Safety has marked the beginning of the new semester for a dozen or so drivers at Lyndon State.

According to George Hacking, Director of Public Safety at LSC, these fines have totaled roughly \$300.

Both the number of fines given and the money garnered from them is below av-

erage for the beginning of a semester, said Hacking. This is because Public Safety has been cutting students some slack.

"We aren't taking people to task yet," Hacking said. Taking measures such as dispatching parking lot patrols, Public Safety is investigating the circumstances surrounding the infractions.

For example, a student witnessed actively looking for an open spot before parking on the grass is less likely to re-

ceive a fine than a student who does not first search for a space.

Hacking says that he does not want to issue tickets and that Public Safety attempts to make students aware of parking regulations through e-mail but some students still ignore these warnings but heed the fines, while others ignore both altogether.

Money accumulated from collected fines goes into the college's general fund, which is used for administrative

costs such as faculty and staff salaries.

According to Dean of Administration Wayne Hamilton a total of \$20,500 in collected fines went into the fund last fiscal year. This amounted to less than one-tenth of one percent of the fund's \$25 million budget.

Regulations and fines are imposed to maintain safe pedestrian zones, allow emergency vehicles access to campus buildings, and keep the campus safe and accessible.

Fines

Parking in prohibited area: \$25
Parking in roadway: \$25
Blocking building access: \$25
Driving on grassy area: \$25
Blocking security gate: \$50
Driving or parking in interior campus: \$50
No parking permit: \$50
Parking in fire lane: \$50
Parking in handicapped space: \$100

Poverty, spirituality, and majesty in Montana

Heather Poginy
News Correspondent

Janet Bennion and her husband, a Native American elder, brought five Lyndon State students to Montana to bask in the rich Native American culture, lifestyle, and beauty.

On Thursday, four of the students skipped lunch and made presentations on their experiences on their fieldwork in the Rita Bole Community Room to other students and several community members. The students were Christine George, Nikia George, Margaret George and Katie Dorben. Christine "Pixie" Slater, who also attended the fieldwork, couldn't attend the presentation.

"Never settle for anything less than the best," Christine George, a fieldwork participant, told the children at the Boys & Girls club on the Native American reservation. "The children get the short end of the stick," she explained to the presentation attendees. The children are born into the poverty, drugs and alcohol, domes-

tic violence and seriously low-quality health care. Christine George explained that the living conditions for the people on the reservation were extremely sub-standard.

"There were literally stray dogs on every street corner," Christine George said. She explained that there were run-down buildings, falling down houses and a single grocery store for each of the reservation members to share. The run-down buildings sported graffiti with the Native American's lament on the war with alcohol that surrounds them every day.

Janet Bennion explained that while these people are suffering, they utilize the ancestral ways. When the Native American tribes were mobile, they lived a lifestyle that only included biodegradable products. "If they left their piece of leather, it would go back into the earth," Bennion explained. "Now we have plastics, there is garbage everywhere [on the reservation]."

Nikia George presented Deer Medicine Rock, the unique and fascinating place where Crazy Horse, a Native American leader saw the premonition of his death. She explained that there were two things about the rock that made it special and unique. The rock was struck with lightning, which created a light blue streak from where it was hit to the ground. After the death of Crazy Horse, the Native American's noticed the rock had markings of Crazy Horse's body in exactly the four spots where he was injured, a very spiritual aspect of the rock.

"You think we have mountains out here, the ones out there, they're spectacular," Katie Dorben said when beginning her portion of the presentation. Katie presented the importance and traditions of the Native American tipi. The girls attempted to assemble their own tipi in a valley in the middle of the Rockies. Dorben explained that tipis were the charges of women. The women assembled them, they owned

them, and could even divorce their husbands by removing their husband's belongings and not allowing him to come inside.

The women enter the tipi first, and move sun-wise, which is clockwise, around the inside of the tipi and sit at the north. The men then enter and sit at the south, for if they are attacked, the men will be the first out of the tipi to protect the women.

The highlight of Margaret George's fieldwork in Montana was visiting Yellowstone National Park, where many wildlife, including eagles, elk and wolves roam freely. However, the animal that struck Margaret George the most was the buffalo, which she described as the most "majestic and powerful" animal.

The Buffalo Field Campaign is a group of volunteers in Yellowstone who

work at "protecting, experiencing, recording, and documenting" the mistreatment of the buffalo.

"It's really inspiring to see what these people are doing," Margaret George said. She went on to explain that the buffalo are restricted only to Yellowstone National Park because of the "cowboys," as she called the farmers, wanted the privately owned land to be for their cattle. The farmers are allowed to shoot the buffalo if they roam onto their land.

"Even if they go outside, one hoof, they get shot," explained Bennion.

Janet has been conducting this trip for several years, and plans to go again in the future. It's a great way to "start [your] years at Lyndon with something exciting," as told by Margaret George.

Put this on your resume

Arianna Millington
News Correspondent

Attention all Lyndon State College Students new, transfer, freshmen, or anyone interested in becoming a student leader! October 24th, 2009 is a date you want to mark on your calendar. Why you ask?

Well Lyndon State's Laura McNaughton is hosting a leadership conference from 9am to 4pm, entitled: Student Leadership Conference 2009:

Put This on Your Resume. McNaughton states that

the purpose of this free to student conference is to provide leadership opportunities for new students and emerging leaders. The main part of this Conference consists of well known keynote speaker Michael Weber who believes: "My goal is to teach leadership as a state of mind, not just a position in life. Our workshops focus on building real-life skills in leadership, goal setting, planning, time management, team-building, and behavior modification." (<http://www.youcanlead.com/school.html>), and be held in the new

building's Student Event Center (which is the huge multi-purpose room downstairs.) Workshops will be held in various locations also in the new building.

McNaughton requests that faculty, staff, and even student leaders please sign up on line (via e-mailing her your interest) and strongly suggests ALL students to register. Though this conference is targeted towards new students, it is open to ANYONE! This Saturday event will be held from 9am to 4pm and some to attend are include:

FREE Keynote Speaker
FREE food and snacks provided
Lifelong benefits to those seeking leadership skills
Great opportunities
Looks great on your resume

Laura McNaughton's final comments on the conference were "Hopefully, if successful, we can make it bigger and better for next year!"

For any more information on this free student

conference please follow:
www.lyndonstate.edu
-> current student
-> student life
-> leadership conference.

workshop please e-mail:
Laura at laura.mcnaughton@lsc.vsc.edu.

For more information on Michael Weber you can visit:

www.youcanlead.com.

To register to attend the conference OR to host a



Gwen Cook
Critic Staff

I'm sure every freshman has made his or her own decisions regarding the dining hall...that being said, I'm sure many of you have taken to using your microwaves to cook many of your meals.

While many of you may be content with ramen noodles day in and day out, eventually it's going to catch up with you. Here are some meals that might help you from facing the dreaded "freshmen 15".

Chili

1 pound of hamburger
½ onion, chopped
1 packet of chili seasoning
1 can of kidney beans
1 can of stewed diced tomatoes

Directions:

Cook hamburger and

chopped onion in a large bowl for 5 minutes or until browned, stirring every minute or so. Drain. Add remaining ingredients and cook for 5-7 minutes, be sure to stir when it bubbles.

Fried rice

1 packet of rice pilaf
1 can of steam in bag mixed veggies
3 tbsp of low sodium soy sauce

Directions:

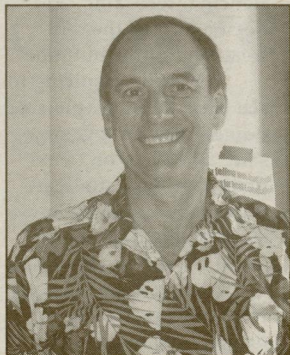
Prepare rice and veggies according to the microwave directions on the back of the package. Mix together with the soy sauce.

Baked apples

1 apple, cored, but with the bottom still whole.
1 tbsp butter
1 ½ tbsp cinnamon
½ tablespoons sugar

Directions:

In a large casserole dish (with a cover) place the apple in the center. Mix the dry ingredients together and pour into the center of the apple. Put the butter on top of the apple. Cover and microwave for 3 minutes or until tender.



"It's a stunning building. It came out even better than anticipated. The inside looks even better than the outside."

Bob McCabe
Student Support Services



"It's okay."
Anneliese Villanueva
Freshman, Atmospheric Sciences

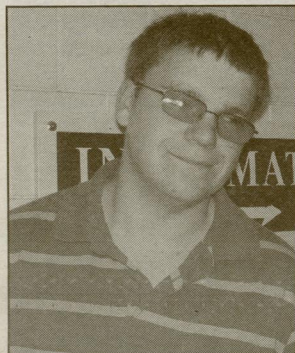


"I think it's great to have a new building."
Dan Bradley
Construction Worker



"I think it's great if it improves what students are achieving."
Janis Henderson
Custodian

What do you think of the construction work on campus?



"It's great that they built a new building. As for the rest of the construction, I don't really know what's happening."

Jeremy Gilman
Freshman



"In classes on that side of campus, it can be very annoying."

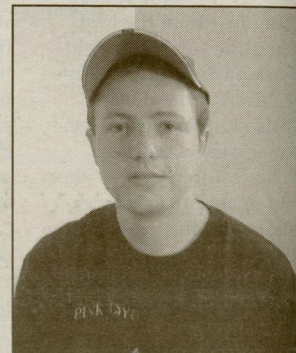
Jen Lane
Sophomore,
Human Services

"Unless I'm in the radio station it doesn't affect me. It's loud but it is making the school better."

Diana Clogger
Freshman, Visual Arts
and Television Studies

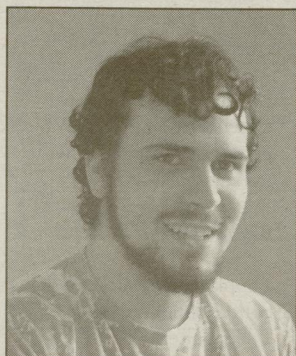
"It only bothers me when I'm in class in Vail. It's loud and you're like, 'Shut up already!' Professors get mad and try to yell over the buzzing and the hammering. But when it's done it will make our school better."

Crystal Lane
Sophomore, Early Education



"I think it's a good thing for the students, but being a commuter there are certain things that need to be done that are priority, like more parking spots."

Justin Rathbun
Freshman, Explorations



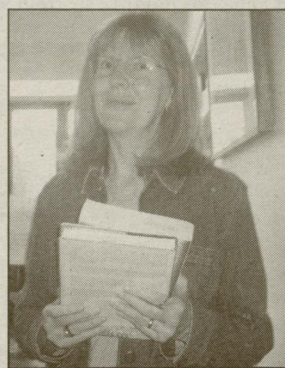
"I definitely think it's loud, but nice to see more buildings rise up and the progress along the way."

Tim Gaskill
Freshman, Mathematics and Secondary Education



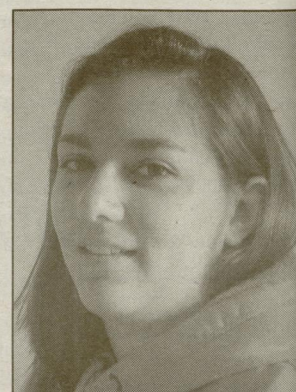
"The building looks great. I hope I have a class or event in there. I haven't been in it yet."

Joe Adams
Junior, Animation/Illustration



"I took a tour of the new building just before it was ready. I thought I'd really love to have classes in this building."

Pat Webster
Library Cataloguer



"It hasn't really bothered me. I haven't really noticed it all that much."

Renee Hamel-Boudreault
Freshman, Elementary Education

Reporting and photos by the
Introduction to News Writing
class

What's going on with residence life

On the residence side of the Student Life Department, we are really excited to have our students back on campus with us for another year. All summer we worked towards our August 30th check-in day by planning our Resident Assistant (RA) training, housing all of our incoming students and working on some new initiatives in the residence halls. Some of our residence halls have also had some renovation work done over the summer. All of the Stonehenge buildings now have complete sprinkler systems and new windows. Bayley has three more fully renovated bathrooms and Arnold has new vinyl tile flooring in each room.

The RA's were hard at work on campus for more than a week before students returned to participate in an extensive training on how to best serve their designated residents throughout the year and get the residence halls prepared for check-in day.

RA's are a great resource for all students on campus and are available to answer any questions or concerns, act as a support and mentor to students and provide opportunities for education in various forms throughout the academic year.

As you may have heard, our residence halls are full for the fall semester. We do have several students patiently waiting on a list for housing. In past years we have also temporarily housed students at a local motel until we were able to find a permanent place for them on campus. We began the semester housing as many as twenty students at the Lynburke Motel and to date have been able to move all but three of those students to main campus! The reason for this overflow of housing is related to the larger than normal number of returning students who signed up for fall housing back in April and a larger incoming class.

One of the initiatives that

we are working on for the fall is the re-introduction of a Residence Hall Association (RHA). An RHA provides an opportunity for residential students to get together to discuss the needs and concerns that they have in the residence halls which can then be presented to the Student Government Association and Administration. There will be an informational/interest meeting on Tuesday, September 15th at 7:00pm in the Rita Bole Complex lounge for anyone who is interested!

Those are just a few things happening in Student Life- watch for advertisements for all of the great programs and activities the Student Life staff will be sponsoring throughout the year. Some upcoming September programs are:

The Roommate Game

Bring your roommate and see just how much you know about each other for prizes!!

Wednesday, Sept 16th @ 8:00pm
Whitelaw / Crev Lounge

Snack Food Potluck

Bring your favorite snack food to share with everyone and try others favorites!

Thursday, Sept 17th 8-10pm
Wheelock Basement Lounge

Family Festival -Family and Alumni Weekend-

Come participate in some fun Vermont fall activities and taste some seasonal foods- Bring your family!

Saturday, Sept 19th 11-3pm
Between Wheelock and HAC

Get "IT" Fixed

Mike Dente of the LSC IT department will be in Poland / Rogers to answer any technology questions!

Wednesday, Sept 23rd @ 7:00pm
Poland / Rogers Lounge

National Gordie Day -National Hazing Prevention Week-

Come learn about Gordie and his experience with alcohol and hazing on his college campus.

Free give-aways!

Thursday, Sept 24th 10am-2pm
Student Center

Iron Chef- LSC Edition

Come show off your best healthy dish to a panel of judges for a change to win a Price Chopper gift card!

Thursday, Sept 24th @ 7:00pm

Rita Bole Complex Lounge

Andrew Chapin: the man behind SGA

Rachel Keller
News Correspondent

If you are a first year student at Lyndon State this year - or were last year for that matter - then you have probably heard the following sentence several times:

"Hello, my name is Andrew Chapin, and welcome to Lyndon State College." Who is the man behind this greeting that we have grown so familiar with hearing?

Besides being a junior Business Administration major and hailing from Southbury, Connecticut, Chapin is working on his second year as

Lyndon State College Student Government Association President. The length of the title accurately depicts the importance of Chapin's role in SGA, as he is responsible for overseeing each of the biweekly meetings, attending various (and important) committees, and essentially being a line for the student body to the administration and other resources students may not necessarily otherwise have access to. To Chapin, the title "means a lot. [He is] very proud to serve as the leader of an organization like SGA." Examples of his efforts to leave no student opinion un-

heard include SGA's efforts to connect with ARAMARK, a subject on every meal-plan-carrier's mind, as well as "reestablishing connections with staff, faculty and groups of students who had previously been 'disconnected' from what was going on in the SGA," says Chapin. If he could say anything he could to the student body, Chapin would say "thank you." He seems truly grateful for the opportunity.

Enough about the SGA. Now for what many of you may not know about this guy. When Mr. President is not attending to his presiden-

tial duties, he enjoys what most LSC students enjoy around here: the outdoors. Skiing, flag football, and throwing a baseball around are among his favorite active pastimes. "The incredible natural beauty, the great people, and of course, the amazing ski areas are all things that we don't have back home in Connecticut and they are things that I really love about this place," Chapin reports about the LSC community. With a sense of humor hugging his words, Chapin reports that he enjoys having fruit for breakfast, and that Batman is his favorite superhero. According

to www.astro-service.com, people with the zodiac sign Scorpio tend to have the "nobility and strength of an eagle combined with the tenacity of a scorpion." Chapin was born on November 12th, fitting in the time period for that sign.

Whether you agree with that description or not is up to you, but maybe now with a little more information to put behind the face of the "Welcome to Lyndon State"-man, you can stop and say "Hey, I like Batman too!" or "Hi, let's have a good fruit parfait for breakfast together!"



Naomi White receives a prize during Thursday's celebration.

Photo Courtesy of Sue Gallagher

Lyndon Honors Dean's and President's List Students

Naomi White of Danville (standing left with package), a sophomore, was one of the Lyndon State students honored Thurs., Sept. 10, for achieving either dean's list or president's list status last spring.

President's list students received pins, and names were drawn for prizes. White was one of the prize winners. President Carol A. Moore (rear) congratulated the students during the noontime event.

Classified

I have a few items for sale, all of which can be bought separate.

-size 9 (fits like a size 10-10.5) 7k Reebok pumps used only twice \$125.00 (willing to be lenient up to 25 dollars)
-size 10 ccm 452's tacks, used 2 hockey seasons but still in excellent condition \$50.00 (or best offer)

-Vapor 30 hockey gloves, large, used once and washed. \$30.00
-7k left-handed Reebok hockey stick (few chips but in excellent condition) \$25.00-156 Burton canyon, used for one season, in excellent condition (few chips) \$75.00 (or best offer)

-Left-handed Fender strato-caster, used only a few times, in brand new together for 300 dollars, instead of the regular 380, or like i said then can be bought separately, i need the money so i can be very lenient on prices. If intrested please call me or text me at (802)-473-0699, or email me at alexspaulding02@hotmail.com, my name is Alex

I want to sell a wood ladder for \$30 that was made for the wooden bed bunks in Stonehedge. Anyone interested could contact me at liane.carson@lsc.vsc.edu.

First time coach brings experience to position

Sebastian C. Lury
Sports Editor

Maureen Khairallah joins the Lyndon State staff as the new Strength and Conditioning Coach as well as the new Fitness Facility Coordinator, bringing with her a fresh perspective and a new program.

Having graduated from Eastern Illinois University earlier this year, Khairallah is somewhat new to the career, but not to the role.

During undergraduate studies, Khairallah completed internships at both Central College in Iowa and Northwestern University in Illinois as well as an assistantship during her graduate studies at Eastern Illinois.

"I have a lot of experience...I've worked with Div. 3 athletes and Div. 1 athletes," says Khairallah. "I kind of

have the best of both worlds."

Khairallah also mentions that this experience has taught her that not all athletes are the same.

"People will think an athlete is an athlete but they're not. There are differences between the two. I find that it's sometimes really fun to train D3 athletes because they're not getting paid to play the sport, they're playing because they want to. Sometimes you might get that extra dedication from a D3 athlete."

Despite the work she's done with athletes at other colleges, Khairallah feels that

LSC can provide a unique opportunity.

"They gave me the opportunity to develop the program

fact that this was a very new program, this was a very new position here. Just to say that 'Hey I was able to establish

this program and get these athletes to where they are.' That's probably the most exciting part about the opportunities they presented here."

With this new opportunity and new mentality, comes a fresh perspective.

"In the

past," says Khairallah, "people were trained, the teams were trained individually, they'll have maybe groups of two or three, but what I

wanted to bring here was to have that program where we got teams training together...To have that team unity within that team training."

There are some struggles that Khairallah will face.

"Some of the athletes and some of the teams that I have they're a little bit resistant because what they've done in the past is what they're used to. So that's a little bit of a challenge on my part," she says. The struggle is "just changing mentalities and attitudes" because "a lot of teams are stuck in their old ways."

One way to overcome the struggle and to help the training process is music.

"Music is definitely essential. You have to have it," she says. "It sets the intensity; it brings up the intensity in the weight room."



Photo Courtesy of LSC Athletic Department

from the ground up. Not too many people get that opportunity," she says.

"One of the big things that did attract me was the

Woman's tennis sees new and returning faces

Sam Monroe
Managing Editor

The Lyndon State College women's Tennis team has a new look this season.

Sue Henry returned to the helm of the women's tennis team, after the retirement of Mary Lou Bell, on Saturday September 7, and took an 1-8 loss to Russell Sage College.

"It's a rebuilding year," said Henry, who has a roster with only one player returning from last season.

Rebecca Irwin is the only returning player. Irwin only competed in two matches last season, before leaving the team.

With a new coach comes a new team. "My goal was to get six players who would play as a team and go out and play hard," said Henry.

"[We have] a much better team environment than in the past," said Irwin, "it actually feels like a team."

Both Henry and Irwin gave credit to Kaitlin Cunningham, a sophomore, who played her first competitive match against Russell Sage. According to her coach, Cunningham played great and had a chance of winning her match-up.

Maria Parr, a freshman, gave the Hornets its lone point for the match.

The Hornets will play its first home match against Castleton State on Saturday at the Bell Tennis Center.

The inexperience of the team does not bother Henry, "it is early, were going to be fine," she said.

As for her goals, Henry said they have already met one, to become a team. She also wants to work on putting together a better net-game together to help during matches and give the team a better chance of winning. "We have our hands full," she said.

The Buzz: busy first week

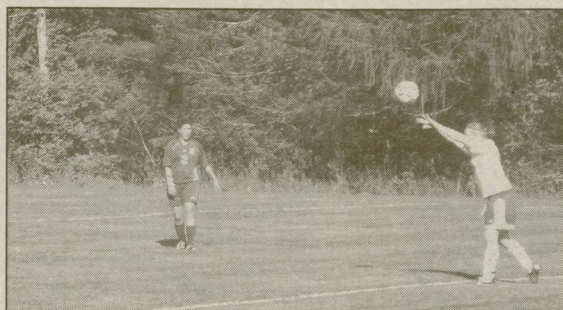
Sam Monroe
Managing Editor

begin the tenure of new head coach Wendy Elles.

It will be a busy week for LSC sports. The volleyball team gets the weekend started when it travels to Maine to participate in a tri-math, the teams first of the season. Women's soccer will play Southern Maine at 1 p.m. on Saturday before beginning a two game road trip. The men's soccer team will also play on Saturday against Southern Maine at 3 p.m. The defending NAC champion cross country team will compete in its first race of the season at the University of New England.

With the start of class at Lyndon State it can only mean one thing; the start of fall sports.

Freshman Abby Fadden of the women's soccer team, made a great first impression to collegiate sports. She was named the North Atlantic Conference (NAC) rookie of the week for the week that ended on Sept. 6. In her first week of Hornets soccer she scored four goals in two games and added one more in a 2-0 victory of Vermont Technical College. Fadden has led her team to a 3-0 record, to



LSC athlete throws the ball in to teammates during play on Wednesday.

Player spotlight: Abby Fadden

Year: Freshman

Major: Explorations

Home Town: North Haverhill, NH

Season Stats (as of 9/10): 5 goals, 1 Assists, 11 Points,

Season Achievements: Named NAC Rookie of the week (Sept. 6)

Other interests: Basketball, four-wheeling, outdoors, and athletics in general.

Favorite Professional Sports Team: Boston Celtics

Why Lyndon State?: "I'm very family oriented, and its close to home. I would also have a chance to play basketball and soccer. I like the small campus and the class sizes."



Photo Courtesy LSC Athletic Department

Upcoming Events

Men's Soccer

Sept. 12, 3 p.m. vs. Southern

Maine Comm. College

Sept. 13, 3 p.m. @ Becker College

Sept. 15, 4 p.m. @ Lasell College

Women's Soccer

Sept. 12, 1 p.m. vs. Southern

Maine Comm. College

Sept. 13, 1 p.m. @ Becker College

Sept. 17, 4 p.m. @ NH Technical Institute

Women's Tennis

Sept. 12, 1 p.m. vs. Castleton

State College

Sept. 13, 1 p.m. @ Mitchell

College

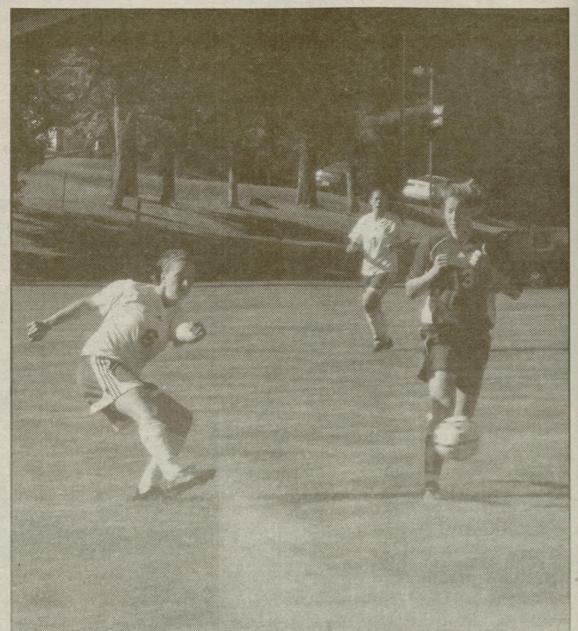
Volleyball

Sept. 11 & 12, @ St. Joe's Tournament

Sept. 16, 1 p.m. @ NH Technical Institute

Cross Country

Sept. 12, 10:45 a.m. @ University of New England



Lyndon State's Chelsea Brown attempts to send a pass to a teammate during Wednesday's 2-0 over Vermont Tech.

Editorial

Sarah Bruno
Special to the Critic

So I was enlightened this week.

As I walk down the halls I see signs about it.

As I check my e-mail I see warnings about it.

As I watch the news I hear about it.

The big epidemic that is going to "kill us all" ... Swine flu.

Okay, so it's a flu named after a pig that started in Mexico. Big whoop.

What's so special about this one?"

"It's new and we don't know about it!"

"It will kill us all!"

Good cases. But what the H1N1 signs and warnings don't tell you is each year 100,000- 200,000 U.S. citizens get sick with the common flu. That is 10-20% of the U.S. population. And 20% of those people die. That's 20,000-40,000 deaths each year.

Now, swine flu has been around for around six months now, right? Well that is about the duration of the common flu season. Based off of the CDC statistics on August 15th 2009, only 7,983 hospitalizations were recorded and only 522 deaths.

You are thinking, "ONLY 7,983 CASES AND 522 DEATHS! THAT'S A LOT!!!" But I assure you compared to the common flu and other diseases going around it is quite a small number.

Now I am not saying don't be careful. It's still a disease. There are just plenty of other diseases out there that are much worse, and college communities should be spending their time and money warnings us about them instead.

Or MRCA, a bacterium that is resistant to most treatments, and can be caused by putting a dirty towel on a cut, or walking in a public shower barefoot.

If they are so worried about us getting sick, then why don't they supply our residence hall bathrooms with the stuff to properly wash our hands instead of posters telling us to properly wash our hands?

I get that a new disease is always scary, and people are talking about it becoming like the common flu epidemic of 1918, but you need to realize, that was then, this is now. We no longer have turn of the century medical technology, and, well let's face it; our world is a lot cleaner then in 1918.

Just wash your hands, cover your cough, and if you are sick get some rest, don't go to class and drink fluids. Eat healthy and exercise to bring your immune system up. Get immunized for H1N1 and the common flu. Just please stop freaking out. It is NOT an epidemic!

Resident Assistants share space with residents

Leani Lopez
Critic Staff

The incoming class of freshmen, larger than normal, required a solution to the problem of space on campus: Resident Assistants would need to bunk, temporarily, with some of their students.

At Lyndon State, in exchange for their service, RAs are usually granted the benefit of their own room.

"We looked at the number of people coming in," said Residence Hall Director Erin Rossetti, "which would put a lot of people in hotels. So then we tried to think of where we had space on campus to put them. If we have the space, why put them in a hotel?"

Foreseeing the possible issue of roommates interfering with the RAs' job, a special roommate contract was made up. The contract discussed confidentiality and space.

Campus RAs normally use their rooms as their offices, so it is clear why having a roommate might make it difficult, such as when an RA needs to talk to a resident privately. So far the contracts seem to be working as no unexpected issues have come up.

"I've never had a roommate," says Nick Irwin-Testa, a resident assistant in Poland. "It's different. I'm used to having my own space."

Irwin-Testa says that he gets along well with his new

roommate, freshman George Pinchott, who wasn't sure what an RA was until he came to LSC.

"On my roommate thing it said, 'Nick Irwin-Testa, RA,'" said Pinchott, "and I wasn't sure what that meant."

When he found out he was rooming with a RA Pinchott said he was a bit confused and shocked at first.

"Of course you have to watch what you say or tell them," said Pinchott, "But it's not really all that different; pretty much the same as other roommates."

The affected RAs are also receiving a \$300 stipend check, weekly laundry money and staff parking permits in exchange for their own rooms, said Sebastian Lury, a

resident assistant in Arnold.

This is all temporary. As soon as students living in the hotels get moved to campus, then those students living with RAs will be moved.

Originally there were thirteen students staying in hotels, and as of last week the number was lowered to three. All the female RAs have had their roommates moved out and put in more permanent housing as space in female suites have opened up quicker than those in male suites.

That just leaves the males. They won't be able to be moved until the three students from the hotels are found space and as the school year starts, they are all adjusting to the change.

Club Corner: Twilight Players

Hollie Gaboriault
Critic Staff

If you are interested in music, acting, or designing, then maybe the Alexander Twilight Players is just for you! Anyone, regardless of major, can join.

The club meets once a month, usually on Wednesday, in either of the theatre wings for "General Business Meetings."

Alexander Twilight

Player's main focuses are putting on two major shows; one in each semester. The fall show is usually a regular play, while the spring show is a musical. This year's shows are "And Then There Were None" for the fall, which is a murder mystery play and for the spring the famous musical "Rent." Members of the club don't have to be actors; the Alexander Twilight Players are always looking for people that can be involved with

technology, costumes, set work, lighting, and musicians as well.

In terms of upcoming important dates: auditions are going to be held for this year shows is Monday, September 14th and Tuesday, September 15th. Both days the auditions will start at 6:00pm in the T-202, but end times will depend on how many people show up. This is a charge-free club, so if you are a person who likes music, acting, set

work, technology, or designing then go on up to room T-202 to have the most fun you'll ever experience at LSC!

For more information on the Alexander Twilight Players, feel free to drop in on the first meeting one Wednesday, September 16th at 6:00pm in Theatre Wing A if you have any questions about this great club!

Interested in writing, photography, web design, layout design, or editing?

Then we want you!

Contact Editor Ben Holbrook
benjamin.holbrook@lyndonstate.edu
To start working for The Critic today!

The Critic has a web site!

Visit lyndonstatecritic.com

Check daily for updates

Standings			
Men's Soccer			
Team	Wins	Loss	Ties
Me. Farmington	2	0	0
Maine Maritime	2	1	0
Johnson	1	1	0
Castleton	1	2	0
Husson	1	2	0
Lyndon	1	2	0
Thomas	1	2	0
Green Mountain	0	1	1
Women's Soccer			
Team	Wins	Loss	Ties
Lyndon	3	0	0
Me. Farmington	1	0	0
Husson	3	1	0
Johnson	2	1	0
Thomas	1	2	1
Maine Maritime	1	2	0
Castleton	0	3	1
Green Mountain	0	1	0

Intramural Information

Sign-ups happening now for:

Flag Football
Coed Softball
Water Basketball
Beach Volleyball
Floor Hockey

Sign-up on the intramural office door or contact:
Susan.henry@lyndonstat.edu

Famous bassist joins music business and industry staff

Cameron Bock
Critic Staff

I wasn't sure what to expect when meeting Joe Gittleman, bassist of The Mighty Mighty Bosstones and Lyndon State's newest addition to the Music Business program.

Big names should live in big places; that's how the world works. Yet walking into his Library and Academic Center office, I was quietly surprised by his simple setup and casual-yet-professional appearance. A pleasant greeting, a hand shake, a short wait. He asks me how I'm doing. I tell him I'm nervous. He scoffs with a grin. So begins the first interview I've given since those "interview your grandparents" assignments in middle school.

Cameron: I read in an article on the school website that you were attracted to New England, that you were looking for any chance to come back here. Why New England?

Joe: Well, I'm from Boston; I grew up in New England and then I moved out to California for three or

four years, working out there. I guess I miss New England. I've got a lot of family here. I spent time in Vermont when I was younger; my uncle had a farm up here in Glover. *points out the window* I point in that direction but I don't know where it is.

laughs So I've always liked this area. My wife had spent some time here as well, came here on vacation, ready to leave LA behind. The city was on fire. We were ready to go.

C: So why Lyndon State, of all the colleges in the area?

J: We were really interested in this particular area of Vermont. My wife has friends in Barnett and some associations there and we just really liked it. Just sort of randomly I was looking around on the internet and I came across information on the new Music Business program, so I wasn't actively thinking about becoming a teacher until I saw that and thought about it a little bit, like 'wow, that could be really interesting.' I had done a lot of stuff, like I felt like I had done everything at least once: producing records, writing songs, certainly touring

and performing. I'd spent twenty years doing that stuff. As much fun as it is, I was hoping for something that was more of a new venture, a new direction that still involves music. It was the only college that I reached out to. I sent Beth an email and we started talking a little bit.

C: So once you saw Lyndon, you didn't bother looking anywhere else?

J: No, this was where I wanted to live.

C: So you don't have any previous teaching experience, I can assume.

J: No, none.

C: Did you go to college, yourself?

J: I did not but I want to start working on my degree. I think it's important.

C: Do you think you'd do that here, between teaching?

J: Possibly. I'm still settling into my second week of teaching so it's still on my list of things to look into. Maybe

Berklee Online; I don't really know yet.

C: I read in the same article as previously mentioned that you're still staying in contact with the other members of The Mighty Mighty Bosstones.

J: Yeah, we're finishing mixing a brand new record. We tour. We played about twenty-five shows last year; we'll probably play another twenty-five this year.

C: So how will you balance that with your teaching?

J: Summers off, a month off for Christmas. We don't play that much; the other members of the band have full time employment elsewhere. Our singer is the announcer on the Jimmy Kimmel Show. He's got his schedule and I have my schedule and it's entered a new era for us where we get to do as much as we can and as much as we're inspired to do. There was a time where we were playing 300 shows a year. We did that for a long time. I don't really have an interest in doing that much any-

more. I like playing special events and whatever seems fun and whatever we find time to do. We got together, we spent two months over the summer working on a new record and, when we have time, we certainly put a lot of effort and attention into it.

C: Do you think you guys would ever play here at Lyndon?

J: Well I don't know! *laughs*

C: So you do see yourself teaching here for a long period of time; this isn't just a temporary thing?

J: Oh yeah, that's my intention. I moved out here from California and I'm settling in certainly as long as [Lyndon State] will have me.

Concise, yes, but informative. I shake his hand again and leave him to his work, genuinely honored to have been given this time. Outside, the sun is shining as bright as mid-summer.

Students bring entertainment to LSC campus

Aimee Lawton
Entertainment Editor

Student involvement at the events and entertainment being offered on campus this year is already in full bloom.

The year started out strong with a block party held on the observation deck of the new building, and a performance by Frontiers, a Journey cover band. These events were sponsored by the Campus Activities Board, which gave students the opportunity to celebrate their first week or return to LSC at no cost to them. Campus Activities

member Dan Haycook said that the early involvement of the freshman class this year has contributed to the early success of these events.

The Campus Activities Board, better known as CAB, has worked very hard over the past few months in the planning and scheduling of many events to take place both on and off of our college campus this year. With a budget similar to where it has been in the past, many students are wondering how CAB was able to plan such a schedule, and bring so many events to LSC?

According to CAB advisor Laura McNaughton, it is the students who are responsible.

"Basically, in April, all CAB students went to an all-day retreat, and planned," McNaughton said. "The majority of the events for this year were planned by students."

McNaughton also said that more students have been getting involved in CAB planning, and each of those students has a voice.

"Students took surveys in the spring, and we incorporated those student sugges-

tions into the planning as well," McNaughton said.

McNaughton encourages all students to attend the CAB meetings if they want to have a voice, or make changes.

"The more students we can get to come to CAB, the better we can represent them as a whole," McNaughton said.

Some events to look forward to in the upcoming months include performances by comedian Robbie Printz; high energy rock and jazz-based band, the Chicago Afrobeat Project; magician Michael Kent, and others.

In addition to entertainers, CAB has also planned on-campus commuter day activities; mini golf and bowling nights; bus trips to Hampton Beach, Boston, New York City, and Montreal; and a movie series to be held every Wednesday and Sunday in the SEC.

CAB meetings are held every Tuesday afternoon at 12:30 in the Student Center, and anyone is welcome to attend.

Upcoming events at Lyndon State College

The Campus Activities Board has many upcoming events for students to enjoy within this next week.

An Open Mic Night will be held on Friday, September 11 at 9 p.m. in the Student Center.

On Saturday, September 12, students have the opportunity to get off campus and take a bus trip to Hampton Beach. Bus leaves at 10 a.m. from the Vail parking lot.

If you missed it on

Wednesday, you have another chance to view the film "Angels and Demons" at 3 p.m. Sunday in T202 above the Alexander Twilight Theatre.

Starting Monday, the Lyndon Spectacular competition will begin, allowing students to show off their school spirit. Similar to the spirit weeks you had in high school, each day of the week will feature a different theme.

On Monday, students are asked to dress in their favorite

tie-dye apparel. On Tuesday, students can proudly represent their residence halls by wearing their designated color.

Navy blue has been designated to Wheelock and Service residents; orange to Poland and Rogers residents; sky blue to Whitelaw and Crev residents; purple to Rita Bole residents; dark green to Arnold and Bailey residents, and yellow to all commuters.

On Wednesday, students

have the opportunity to dress up as their favorite superheroes. Thursday is sure to be a hit with Togas. Friday, in honor of Homecoming weekend, students are encouraged to pull out their Lyndon gear and wear it proudly from head to toe.

Prizes for this competition will be given out all week, so participation will be rewarded.

If you are still looking for other ways to get involved,

this may be the perfect time for you to step out and join a club. Involvement in a club is a great way for students to meet new people while doing something that they enjoy.

Keep an eye out for weekly bulletins and e-mails from your CAB representatives to learn how YOU can get involved on your college campus.

Storm Chasers

Step outside the blockbuster movie scene

What's Inside:

Tornado Chasers.
Rivalry Ruckus.
The feat of cumming.
Q&A with Jamie Struck.



Students, professor hunt twisters

Madison Cox and Danielle Drown
Special to the Critic

Like a scene out of a blockbuster movie, Tony McGee watched a tornado form in front of his very eyes.

"I looked on in awe. I didn't jump up and down and yell and scream, mostly because I was too excited and shocked to do so," McGee said.

From May 8 to June 13, McGee and Rachel Ducharme, both atmospheric science majors in their senior year, accompanied Nolan Atkins, professor of atmospheric science, on a research trip across the country called Vortex 2.

This government-funded program allows researchers and students to travel around the country collecting data on all types of severe weather. The main objective of this program is to discover more about severe weather in order to improve warning systems.

For McGee and Ducharme, this trip was an opportunity to further their atmospheric studies. Neither had seen tornadoes previously.

Ducharme said, "I have always been interested in severe weather. Tornadoes were just the next thrills on the list that I had yet to have the pleasure to encounter."

Vortex 2 is comprised of about 100 people from all parts of the country. The group divides into small teams in order to obtain different types of data. Atkins' team was responsible for collecting visual images, videos, and recordings of the various weather they encountered.

After traveling thousands of miles, the teams finally got their big break on June 5 in Meriden,

Wyo. A moderately sized (EF2 on a 0-5 scale) tornado began to develop. According to Atkins, this was surprising to spot a tornado in Wyoming because it is not considered to be part of "Tornado Alley". It began to develop six miles away from Atkins and Ducharme. McGee and his research partner were at a different location and were able to see the storm from further away.

At the tornado's closest point, it was roughly one mile away from Atkins and Ducharme. This was the most frightening part of the entire trip for Ducharme, who said, "We had to bug out of the area because the tornado was heading right for us. We were driving away and Dr. Atkins lost sight of the tornado. I looked in my rear-view mirror and I saw the tornado crossing the street behind us."

McGee had different thoughts about the tornado. He said, "I wasn't going to cheer for something that was wrecking people's homes and lives, maybe even causing death. It turns out that very little damage was done, and we were very excited to have finally gotten a case to work with."

Everyone involved in Vortex 2 was unharmed after the tornado touched down. Atkins said that contrary to popular belief, watching a tornado from a relatively short distance is actually quiet and calm. He stated that where they were positioned, it was cloudy and slightly windy with no rain whatsoever.

Vortex 2 is going to continue operating until summer 2010, with even more research to develop safer warning systems for those living in tornado territory. Atkins will be going for another six weeks, but is unsure who will be accompanying him.

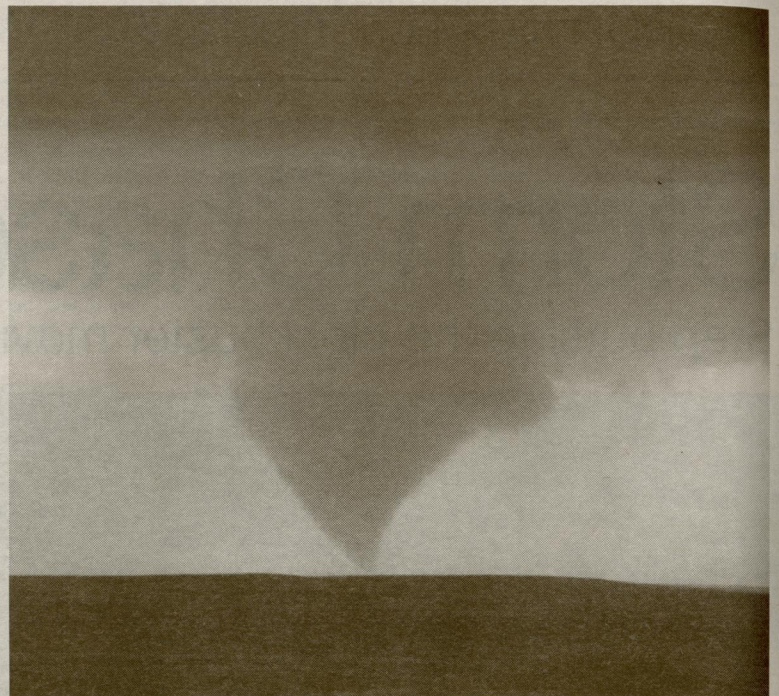


Photo by Nolan Atkins

Above; LSC professor Nolan Atkins captures a tornado in Meriden, Wyoming. He took LSC students to Wyoming to chase severe weather. Right; LSC student Tony McGee, who took this picture, says he was too shocked and excited to jump up and down.



Photo by Tony McGee

Public Safety log

Dog poop

Public Safety responded to a report of dog poop in the Academic Student Activities Center room 214 on Monday at 3:30 p.m.

Vandal strikes

A car was vandalized in the Stonehenge parking lot some time between Sunday and Monday.

Drinking hut?

Public Safety responded to the smoking hut in the Stonehenge parking lot on Tuesday at 8:30 p.m. for a report of alcohol.

Lights out

On Tuesday at 8:36 p.m. Public Safety was called for a violation of a room and board contract in Whitelaw for a laser light pointer.

Game over

Public Safety responded to the intramural field for a report of marijuana on Tuesday at 11:31 p.m.

Try harder

A student tried to expose himself on Thursday at 1:50 a.m. in front of the Wheelock residence hall.

Cell phones glued to LSC ears

Heather Poginy
News Correspondent

Cell phones and students are attached at the hip, or rather, the ear.

Tracking students on their cell phones at Lyndon is quite the task. From the Alexander Twilight Theatre lobby, between 9:55 and 10:15, I informally surveyed that out of 78 students that walked by, 33 of them were using their cell phones in some way. What does this mean?

"It reminds me of Wall-E, you know, that movie where

the characters talk to each other through computer screens even though they're standing right next to each other," said Thayer Newport, a graphic design major at Lyndon. "It's ridiculous, but I love my cell phone."

Technology is a defining aspect of life today, not only for college students, but it's growing like wildfire in the rest of the world as well.

"Students can't go five minutes without wondering if someone texted them or if they missed a call," said Steve Orvis, an exercises science major at Lyndon. "It de-

pends on the class but quite a few [students text in class]. I'm sure teachers find it disrespectful."

The latest technology on every type of cell phone is always targeted at students and other young people, with the music capability, and applications that can be downloaded for a better cell phone experience.

"I use my cell phone for games, and I have a GPS [Global Positioning System]," Orvis said. "I always use it as my alarm clock too, every day things. I always have it with me."

The feat of cumming

S.E.X.
Critic Columnist

I was recently at a social gathering where sex was brought up in conversation. Now when sex is brought up what kind of sex columnist would I be if I was not to chime in and listen. It's always good to learn from other people's experi-

ences. What positions people have tried and what horror stories go along with them. Granted, per usual, I was the only girl in the circle of sex, but I found some rather interesting information; women who have not experienced the pleasures of an orgasm intimidate men. Fact of the matter is most women

have not orgasmed, men may have thought they got their woman to orgasm, but we, as a sex in general, are good actors. I, myself, have only had the pleasure of orgasming twice during the act of sex, but I cannot even begin to tell you the number of times I have "faked" it. It wasn't until recently that made me

realize what gets a woman off. A woman has to be comfortable with her partner, has to have an emotional connection, more than just lust. The best sex is one in which you can look your partner in the eyes and honestly say to yourself, there is no place else I'd rather be.

Sex is not a chore; it's entertainment so enjoy it! Women out there, tell your partner how you like it. And to all you men, don't get offended if your girl doesn't get off with sex alone, you'd be surprised at what a little after play can do. Until next week, please each other.

Healthy Munchies



Gwen Cook
Critic Staff

School is picking up and homework is getting more plentiful. Whenever I'm working, I always want to munch on something. All that snacking can certainly add up and soon a weight-gain is inevitable. Here are some tasty snacks that are also fairly healthy.

Granola Mix

1 cup of granola pieces
1 cup of dried fruit
½ cup of dark chocolate pieces
½ cup of unsalted mixed nuts
Directions-

Mix all the ingredients together in a medium bowl.

Macaroni Salad

2 cups of cooked macaroni
1 cup of low-fat cheddar cheese, cubed
1 cup of chopped cucumber
1 cup of diced ham
1 cup of Italian dressing
Directions-

In a large bowl, mix together all ingredients.

Ham and Cheese Roll-up

1 tortilla
1 slice of mozzarella cheese
1 slice of turkey
1 tsp of mustard
Directions-

Place the cheese and turkey on the tortilla and microwave for 15 seconds or until the cheese is melted. Roll up and cut the roll into sections. Dip in the mustard.

Davis pushing for new skate park

Joe Rivet
Special to The Critic

Funds for a new skate park for the Lyndon State campus will be proposed before the Student Government Association this semester. Director of Student Life Jonathan Davis, who is the one pushing for the funds, says he would not limit the proposed park to just skateboarding though. He intends to make the park compatible with winter sports too. "I'd like a park that we could cover with water in the winter," says Davis, "so that it can freeze, get covered in snow and be fun for snowboarders and skiers." The skate park Davis

wants to build will cost somewhere around \$300,000. He is unsure how or if he will be able to procure that much money, but says he has confidence that SGA will be helpful. "The SGA has been awesome in the past and I think they will be a big help again if they agree with the proposal," said Davis. If Davis cannot raise enough money he would be willing to settle for a smaller and less expensive park. At the very least he wants to raise enough money to fix up the small area skaters have on the basketball court currently. "Even if we only get enough to repair the small spot skaters have now," says

Davis, "I would be satisfied." The only limitations Davis would want to place on skateboards and snowboarders is to prevent them from creating too much noise for the students living in the resident halls and stopping them from putting themselves in dangerous situations. "I would hate to see something like someone's board come out from under them and shatter someone else's ankle," said Davis. Davis also wanted to make clear that there was no official skateboarding ban at Lyndon State College after Director of Public Safety George Hacking's recent e-mail outlined on-campus skateboarding policy.

Hacking's message outlined that skateboards can be used to travel around campus but asks that "various holds, grabs, flips and twists" only be done at the skate park and warns against skaters breaking this policy. "If this problem continues our only recourse will be to confiscate the offender's board," said Hacking in his e-mail. Ultimately Davis wants to let skateboarders remain on campus and have fun. "I think skateboarding is a great way to stay healthy and would hate to ban it," said Davis.

LSC receives Tillotson grant

Lyndon State College is the recipient of a \$71, 590 grant from the Neil and Louise Tillotson Fund of the New Hampshire Charitable Foundation, Northern Region. The money will be used for paid student internships in Essex County in Vermont and Coos County in New Hampshire. The grant creates a promising win-win situation for businesses and Lyndon students. Not only will the businesses have access to the lat-

est in planning and development, but students will no longer have to choose between an unpaid internship and a job. Making these types of internship opportunities available is important to both preparing the region's future workforce as well as helping these students play an active role in building the capacity of businesses and organizations that could become their future employers. By working under the close supervision of experi-

enced faculty who are coordinating with engaged employers they will have the opportunity to put theory into practice while helping to keep and create jobs in the target area. This summer, for example, Lyndon State College senior Ashley Beard and two interns from Mt. Abraham Union High School worked under a Tillotson grant to map parts of the Northern Forest. Other Tillotson money has been used by the College

for work with the Northwoods Stewardship Center and the Appalachian Mountain Club. The struggling economies of the Northeast Kingdom and Coos County provide an excellent laboratory for Lyndon State College students. Small and emerging companies, as well as non-profits, are often unable to pay interns, which limits the pool from which the businesses can choose.

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sourpatchkids
reesespieces
rockcandy

butterfinger
jollyrancher
delicious

milkyway
bottlecaps
sweet

snickers
jellybelly

mandms
licorice

skittles
chewinggum

LSC's NewsLINC nominated for national recognition

Justin Chenette
News Correspondent

In January of 2009, the Television Studies Department at Lyndon State College officially entered the world of media convergence.

A little over six months later, the e-journalism extension known as NewsLINC, has been nationally recognized as a finalist in the Best Student Media Website competition by the College Broadcasters Inc.

The College Broadcasters Inc. is a national organization that represents student involvement in various media related activities including television, radio and web casting. Each year CBI sponsors national production awards in multiple categories. Lyndon State College has claimed three finalist spots: Best Student Newscast, Best PSA and for NewsLINC, the Best Student Media Web Site.

NewsLINC is an initiative that brings multimedia content to the neighboring 14 towns in the

Northeast Kingdom of Vermont. This coincides with News 7, which is LSC's daily live cable newscast. The media industry is doing something similar with the idea of producing content over a number of platforms.

"We've noticed that the industry's been changing and moving towards web content so we decided to launch NewsLINC with the help of AT&T," says Meaghan Meachem, associate professor.

AT&T agreed to fund the program with a grant over a two year spread. According to Darlene Ballou, director of broadcast operations, "The grant that we received from AT&T, \$25,000, allowed us to purchase the equipment needed to begin phase 1 of our convergence e-journalism."

The incorporation of NewsLINC into the curriculum is being reviewed and will soon be further implemented throughout the program starting next year. The Television Studies Department hopes to have a building block system much like the TV component where students begin sophomore year into a

hands on learning experience.

"The online portion is crucial," says Tim Cappalli, a junior who has been instrumental in the technological development of the NewsLINC program. "It's already shaping up to be better than (other) news sites because news sites just post literally recorded content off the air right to web. A lot of it's not new content," continued Cappalli.

"Our true reward is being able to place our students and know that they found great jobs," says Ballou. The winners will be announced at the 88th annual National College Media Convention in Austin, TX from October 28 through November 1. Meachem believes, "Even if we don't end up walking away with the big award, just being nominated as a finalist is enough to say we're on the right track and we'd like to keep going with what we got."

For more information on the NewsLINC program visit the website at <http://news7newslinc.net/>.

SGA questions food quality on campus

Madison Cox
Critic Staff

The second SGA meeting of the semester zeroed in on some concerns about Aramark's service to the student body. Ben Johnson, food service director of Aramark, addressed some issues raised from a Facebook group against the food at LSC. Because of the numerous complaints, students were invited to voice their concerns at the meeting.

One of the hot topics of the night was the lack of sandwich options in the dining hall. Many people expressed disappointment in the alternating deli and "specials" procedure, saying that they like having both choices at once. Johnson said that based upon the negative feedback, the dining hall will be returning to last year's method, featuring more variety in sandwich options.

When discussing issues about Aramark, Johnson admitted to having a "rocky start" due to hiring many new employees in August. He is

working to correct many of the problems in the food system on campus.

Johnson also informed students that there will soon be order forms available if they would like a meal prepared ahead of time for them to take out of the dining hall. This is meant for students who might have classes at time inconvenient with the dining hall hours.

Outside the Box, the graphic design club, requested \$1,125 in order for their club members to join AIGA, a national organization. Each person's yearly membership fee is \$75, and the club representatives expected roughly 15 people to be interested in joining. They explained that membership would be highly beneficial because of the networking and workshops available.

Many other clubs were opposed to giving the total amount requested without some paid by the Outside the Box members. AMS representatives said that they pay their own membership dues for a national chapter. There were

also concerns about the group not knowing how many people would be seriously interested in joining.

Before a motion to move on was made, Katie White of RPC suggested that Outside the Box should become more organized and come before the SGA board again. She said with more advertising and information, people would become interested and the club would have something to go on. The club's request was denied for the time being.

The Lyndon Strikers bowling club requested some changes in their constitution. The club is now charging \$15 dues for membership, which includes two free games and shoes each week. The club also changed Article 7 of the constitution, stating that it is not necessary for club members to sign up before each week's games. Both requests for changes were accepted.

Other business included instating Dan Haycock as vice president of CAB, and discussion of the time capsule to be placed inside the new rock wall that is being constructed.

SGA to phase out paperwork

Sam Monroe
Managing Editor

The Lyndon State Student Government Association is attempting to leave paper behind.

According to Tim Cappalli, the SGA Vice President, College President Carol Moore asked the SGA to be start being more 'green' this year. The SGA handles lots of paper work, such as club registrations, space requests for clubs, agendas for the meetings, and minutes from the previous meetings.

The SGA wanted to get all of the paperwork in one easy-to-use place where paper would be used on a very limited basis. The answer was LyndonSGA.com, a website where anyone can go to fill out paper work or just see what's going on with the student body.

Clubs can sign onto the website and fill out all of their club information to become a registered club. Each member of the different clubs' executive boards have been granted permission to log on to the website and fill out their club's information.

The only paperwork a club cannot complete on the web is financial forms. This is because the business office is required to keep a hard copy for auditing purposes. However the SGA is keeping a digital copy of each club's financial records so every club can view their budget online and know how much money they have as well as any bills that need to be paid or are in the process of being paid.

The minutes from the previous meetings and the agendas for upcoming meetings are all posted on the site and any curious visitor can

Cappalli driving force behind SharePoint

Rachel Keller
News Correspondent

Being vice president of the SGA requires a certain amount of technical know how.

By now most students at Lyndon State College have heard of the new website that is being filtered into use this school year, SharePoint. Who can clubs thank for the interactive site that nicely publicizes each club? That would be SGA Vice President, Tim Cappalli.

Among getting the site up and running (and troubleshooting along the way), Cappalli organizes SGA meetings, works on initiatives, and sits on Campus Planning and ACIT meetings. When he is not working on these many commitments the junior Television Studies major works at News 7 and KATV. Though he didn't feel nervous during the previous election, stating his team had a "strong campaign," Cappalli says he doesn't plan on running for the 2010-2011 school year. "Our hope is to have a transition year which doesn't seem to happen often. I want to make

myself available while I am still here to get the next executive board up and running," Cappalli reports. "I will, however, be running the VSC Trustee position."

Our Vice President is from North Kingstown, Rhode Island and in five years he sees himself "having a job that [he] enjoys." His favorite parts about Lyndon are the class sizes and all the opportunities Lyndon has to offer in terms of getting involved. "Get involved," challenges Cappalli. How does he suggest the LSC students do this? "Join a club, run for an elected representative position, or just come to a meeting and tell us what is on your mind." This is also a hope he has for SGA this year. Cappalli believes that all the clubs and organizations at LSC have "a lot to offer" and that students should get more active in deciding where their student activity fee is spent. What is the worst thing SGA could do this year? "My thoughts on this have been the same every year," says Cappalli. "The worst thing that the SGA as a whole could do is waste money."

look at what the Student Government is up to.

"Internally we're almost 100 percent paperless," said Cappalli.

The website also has several other features that Cappalli is excited about. Each club has its own website where they can post events and other important information pertaining to their club.

Most clubs have many different events going on each semester. Now, thanks to the SGA website, all of the events are on one calendar on the home page.

Students on the LSC campus can also log on to the site and vote in any polls that the SGA is conducting in order to get a better idea of what the students want. Any student can also log on and create a discussion board about anything on campus.

Cappalli urges anyone with questions or comments on the new website to contact him immediately and he will do his best to fix them. In the meantime, log on to LyndonSGA.com and let your voice be heard.

SGA budget is on par for Fall '09



Arianna Millington
Special to the Critic

When budgeting ended last semester, the Student Government Association had many reasons to be proud as for the first time in years, there wouldn't be a freeze. However, optimism was short lived as this year's general fund was startlingly small. The total budget requested for the 2009-2010 year was \$215,778.64 said SGA President Andrew Chapin. Chapin reassured that with the increase to the student activity fee, which

is now \$102, the general fund is actually on par as the number of students attending LSC calculates the total budget. As is always the case for the SGA, the general fund will get what is known as a "bump", or increase to the general fund if the student population increases or even maintains the current number, Chapin said. Wayne Hamilton, dean of administration, believes the bump could come in mid-October when the final enrollment numbers are locked in. In terms of the freeze, which refers to a set percentage of

money that is frozen, or unavailable in each club's budget, which is not an issue this year due to the amount of money cut from each club's budget during last semester. "The freeze goes hand in hand with the budget. It's typically around 50 percent of the total money allocated, and the freeze doesn't normally lift until after the bump," Chapin said. Chapin attributed the lack of a freeze to "proof of a successful business and financial year."

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Fresh faces of LSC

Moriah Pratt
Special to the Critic

The incoming freshmen are stirring things up at LSC.

Professors are talking about the positive attitude and focus that these students have brought to campus. From day one they were engaged and enthusiastic, even during orientation, which previous classes have found boring.

Andrea Luna, professor of English, loves the freshman class. She said that all the English and INT professors find their students "nice, responsible, motivated and

more fun to work with than previous classes."

Luna said she thought the class was better prepared. Only 17 percent placed in the basic writing classes this year versus the previous class, which placed 24 percent. She admitted that she did not know how or why this class is working harder but she hopes it lasts.

Patricia Krahnke, dean of admissions, said that the freshmen class is not so much better prepared, but was put through a more rigorous admission process. Krahnke explained that they altered the process by making SATs op-

tional, and an essay mandatory.

By doing so they weeded out the students who were not ready for the college experience. In previous years sometimes as little as two students have been denied; this year 54 students were denied and 535 were accepted to Lyndon.

The school is still in touch with the unaccepted students, checking in on and working with them to prepare them for college life. As Krahnke said, "Everyone is welcome to a Lyndon degree. How and when they receive it is different."

The Critic has a web site!

Visit: lyndonstatecritic.com

Check for updates:
Election results, sports,
and breaking news

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments.

Please send your letters to:

critic@lyndonstate.edu
or

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Women's soccer has new coach, high hopes

Sebastion C. Lury
Sports Editor

The new women's soccer coach aims to turn her team into annual competitors.

After serving one year as assistant coach at Fairleigh Dickinson University and the past seven years in that same role for the University of Vermont, Wendy Elles begins her head coaching career at LSC.

"I have really enjoyed the people that I've met," says Elles. She also says that she chose to come to LSC in part because of the "atmosphere."

She is also looking to bring the team to the next level.

"There's a great foundation for the soccer program," says Elles. "There's a lot of di-

versity on the team in their character and in their personality." She adds that one goal is to "build it into a program where we [the team] are contenders."



Photo Courtesy of LSC Athletic Department

Elles credits the players as making her experience enjoyable.

"I'm having a blast," Elles says. "One thing these guys have is they're extremely pas-

sionate. They yearn for more."

Elles plans to work with this enthusiasm and to encourage them to "set goals" and to know that the next level "is a possibility." She also states that the players will build confidence when they begin to "start seeing some success," but she still wants them to "enjoy themselves" on the soccer pitch.

One way to keep the players interested is music.

"Music is a great motivator," says Elles, "I'm all for it if it helps them individually." They also "work on a game tape

to listen to while we [the team] warm up and on bus rides to away games."

Elles hopes to impart "trust, respect, and teamwork" into the players.

The Buzz: players honored, rugby begins

Sebastion C. Lury
Sports Editor

The North Atlantic Conference (NAC) recognizes three LSC players and all fall sports will be under way by the end of the weekend.

Senior Shauna Buck of the women's soccer team followed up her assist in a 2-0 LSC win against Vermont Technical College by scoring four goals against Southern Maine Community College, thus earning her NAC Player of the Week honors.

In men's soccer, freshman Anthony Dana scored two goals in as many games, adding to them an assist to earn NAC Rookie of the Week honors.

Freshman Joshua Grant of the cross country team rounds out the honored LSC trio.

In the University of New

England Invitational in Biddeford, Me, Grant finished 12th of 91, running the eight-kilometer course in 28:19. This time help tie the team with the University of New England for second place among the eight teams.

With men and women's soccer, women's tennis, women's volleyball, and cross country already underway, the club sport of rugby joins the group this weekend, thus ensuring that all fall sports will be under way.

Both the men and women's team begin with a scrimmage against alumni on Saturday and kickoff their 21 seasons on Sunday: the men will stay home to host Vermont Technica College while the women hit the road to challenge Southern Vermont College.

Do you like sports? Are you interested in writing or photography? Have you ever thought of working for a newspaper? If you answered yes to any of these questions then we want you! The Critic is looking for students interested in covering sporting events on campus and taking pictures of the athletes in action. If you are interested, please contact:
Sport Editor Sebastion C. Lury
Sebastion.Lury@Lyndonstate.edu

Alumni Games this Weekend

Sept. 18, 4 p.m. Alumni Lacrosse Game @ Inter-mural Field
Sept. 19, 1 p.m. Alumni Rugby Game @ rugby field
Sept. 19, 2 p.m. Softball Game @ Skip Pound soft-ball field (alumni, students, parents, faculty and staff encouraged to play)
Sept. 19, 3 p.m. Disc Golf Tourny behind Rita Bole Complex
Sept. 20, 10 a.m. Cross Country Alumni Run @ cross country trail
Sept. 20, 10 a.m. Group Bike Ride @ Kingdom Trails in East Burke (\$10 per person, pay at trails)
Sept. 20, 10 a.m. Women's Soccer Alumni vs. Lyndon Varsity @ Soccer Field
Sept. 20, 11 a.m. Men's Soccer Alumni vs. Lyndon Varsity @ Soccer Field
Sept. 20, 12 p.m. Men's Alumni Baseball vs. Lyndon Varsity @ Skip Pound Baseball Field
Sept. 20, 12 p.m. Women's Alumni Softball vs. Lyndon Varsity @ Skip Pound Softball Field.

Which mountain is right for you?

Tara Parenteau
Special To The Critic

It's why a lot of the students come to Northern Vermont. It's where a lot of students go on weekends and snow days. And it is coming soon. Skiing and snowboarding season, that is. With fall around the corner, many ski and snowboard bums are out working for their season's passes to two of the closest resorts around the area, Jay Peak and Burke Mountain. Jay Peak is located a few miles from the Canadian border in the town of Jay. Burke Mountain is located a few miles from the LSC campus. While many students already have their preference of which mountain they like to

invest in, here is a little information for those of you who are new to the area and want

to get your ski on.

Both of the mountains

DETAILS		
	JAY PEAK	BURKE
College Student ticket (1 day)		
Season's Pass	\$50	\$43
Number of Trails	\$599-699	\$599
Acres of Terrain	76	45
Levels of novice (easy) trails	385	250
Intermediate Trails	20%	25%
Expert Trails	40%	45%
Mountain Elevation	40%	30%
Average Snowfall	3,267 feet	1,815 feet
	366 inches	217 inches.

have parks, glades, and snow making. They also have events held throughout the year including music festivals, and if you're looking for employment this just might be the place to look.

Joel Lacoss, an LSC student and avid snowboarder very familiar with both mountains, said each mountain has their advantages. "Burke has a great park crew who take care of the terrain park. It is well maintained everyday and has lots of features. Jay Peak has better natural terrain and snowfall, as well as snow depths and glades."

To receive more information go to: jaypeakresort.com or skiburke.com.

Upcoming Events

Men's Soccer
Sept. 19, 1 p.m. vs. Castleton State College
Sept. 22, 4 p.m. vs College of St. Joseph
Women's Soccer
Sept. 19, 3 p.m. vs. Castleton State College
Women's Tennis
Sept. 19, 2 p.m. vs. Thomas College
Sept. 20, 11 a.m. vs Thomas College
Women's Volleyball
Sept. 19, 2 p.m. Tri-Match @ Thomas College
Sept. 22, 7 p.m. vs. Norwich University
Women's Rugby
Sept. 20, 1 p.m. @ Southern Vermont College
Men's Rugby
Sept. 20, 1 p.m. vs. Vermont Technical College

Hornets aim to leave past behind
Mens's Soccer

Sebastion C. Lury
Sports Editor

The Men's soccer team looks to bounce back this weekend against its arch rivals.

The Hornets go into this weekend's game against rival Castleton State having lost their last two games to Becker and Lasell Colleges, 2-1 and 4-1 respectively. The team has an overall record of 2-4 and has not beaten Castleton since 1998 3-2 win in at Castleton.

Since the win in 1998, the teams have played nine games in which LSC has gone 0-8 with one tie (note that the teams did not play each other in 2005).

Junior midfielder Tyler Bullard believes that this year will be different.

Women's Soccer

Sam Monroe
Managing Editor

The Lyndon State women's soccer team will welcome rival Castleton State, this Saturday for homecoming weekend.

The Hornets (5-1) will take on Castleton State(0-5-1) in its first conference game of the season.

The Hornets will be trying to knock off the Spartans for the first time in recent history. The last time the Hornets beat the Spartans was in 2002, a 2-0 win at Castleton. Since 2003 Castleton has outscored Lyndon State 27-0.

This season the Hornets will look to reverse the trend. The Hornets will be finishing up a week in which it suffered the teams first loss of the season (2-0, to Becker College) and a win on Thursday (2-1

"I think we're ready to beat Castleton this year," says Bullard. "We're all pumped up for the game. They're going to be ready; we're ready. It's going to be a good match."

Bullard says that the team will feature a new formation for this game.

"We're going to put a lot of pressure up top," he says, adding that this is "to get our attack mode going" which will enable LSC "to score more goals."

Bullard also believes that the support of the crowd will help make the game special.

"The crowd's good every game," he says. "They bring a lot of intensity to the game. They get us psyched up for the game. It's very loud."

over New Hampshire Tech).

The struggling Spartans are coming into the game with out a win as well as being out scored 20-2 in its first six games. While the Hornets have out scored opponents by a score of 17-4.

Led by senior Shauna Buck (6 goals, 3 assists), freshman Abby Fadden (6 goals and 1 assist), junior Samantha Bergeron (1 goal, 6 assists) and the goaltender duo of junior Natalia Shams (3 wins, 0 losses, 2 goals against and sophomore Samantha Smith (2 wins, 1 loss, 3 goals against) the Hornets will look to reverse the losing trend against Castleton, get its first conference win and give the Alumni and parents something to cheer about on Saturday of homecoming weekend.

The game is slated to begin at 3 p.m. on the LSC Athletic field.

NSN to broadcast Hornet Sports

For a second consecutive year, Lyndon State College will webcast its athletic contests on Northeast Sports Network.

More than 40 games on the LSC campus are scheduled for webcast, beginning with Lyndon's North Atlantic Conference men's and women's soccer matches

against arch-rival Castleton State slated for Saturday, Sept. 19 at 1 and 3 p.m., respectively.

To access the webcasts, or for a complete listing of Lyndon State College athletic contests to be webcasted on NSN, visit the "Lyndon Live" icon at www.lyndonstate.edu/athletics.

Player spotlight: Joshua Grant

Year: Freshman
Major: Environmental Science
Home Town: Nashua, NH
Season Achievements: Named NAC Male Runner of the Week (Sept. 13) Finished 12th or 91 runners in the University of New England Invitational, completing the eight-kilometer course in Biddeford, ME with a time of 28:19.
Other interests: Drawing, camping, hiking, kayaking
Favorite Music: "I love any music that pumps me up or just brightens my day" including the Red Hot Chili Peppers and "a guilty pleasure" in Taylor Swift.
Favorite Movie: UP, August Rush, I Love You Man
Looking Forward To: "Gaining as much knowledge as possible, about people and about academics and also to have fun!"



Photo Courtesy LSC Athletic Department

What the F.R.O.L.F.?

Cameron Bock
Critic Staff

Ask someone near you what Disc Golf is. Unless they are an active player or are on the school's Ultimate Frisbee team, chances are they won't have a very good answer. "It's like golf, but with Frisbees." Well, yes, but to the players such as Jamie Struck, avid Disc Golf player and teacher of the Disc Golf class being taught this semester, it's something more. By e-mail, I interviewed Jamie on the many questions I've been hearing about said course and class.

Cameron - It seems like most of the school is having a hard time taking Ultimate Frisbee or Disc Golf very seriously as real sports. What are your thoughts on this?

Jamie - The real question here is not what the reaction of "most" people is, but how to snag the fence sitters - the ones who have free time on their hands and feel that they have nothing to do but sit on them. Or better yet, the people who are working hard to unplug themselves from TV and the Internet and looking for a low-impact and fun experience to have on campus. These small groups are the ones that disc golf, and in some ways Ultimate Frisbee, target.

C - As the teacher of the Disc Golf class, what exactly do you hope to teach the students, other than the rules of the game?

J - In the DG class, it's not just about working to make par - that's the easy part. What I am aiming to accomplish is to lay down a base of knowledge that they can not only take to other disc golf courses and have fun, but in many ways extend into their school careers and beyond. We're talking about subtle things like reading terrain, how to work in a variety of judgments (weather, temperature, specific disc, how you are feeling that day, etc.), thinking about the mechanics of your disc in flight, and using your imagination to make things become reality. Do this, can't do that, only over here and not over there; the trick is not so much learning what to do, it's learning how you are going to fit into those rules and how to make them work for you.

C - Do you think many students signed up for the class as a way to goof off and get a cheap credit, or do you

think they really will take it seriously?

J - When you offer something as fun as DG, it is always a risk to draw students looking for easy credits. It has been my experience that if a student is not going to take a class seriously, then they are more apt to not take it - putting themselves in new situations is not their forte. For those looking for something new, it will always be a coin toss as to whether you draw them in or not. One day you can have a good game and love it, others you can be a tree magnet and hit everything in your way and seriously hate it. We all go through that.

C - Whose idea was it originally to have a Disc Golf course constructed on the school campus? How long did it take for this idea to become a real possibility?

J - I had been thinking of working on a disc golf course since I came to work at Lyndon four years ago. I even managed to put together a proposal in that first year that circulated about the school with a lot of positive nods and comments, but no action. It wasn't until my second year at Lyndon when I began talking to Tom Kurtz and Jonathan Davis about the possibility of putting a course in. It was decided then to work in a front nine and see what the response from the students and community was going to be. It was a resounding success.

C - Has the course been getting much use from off-campus players? How do you hope to increase the number of people playing, if at all?

J - There is a growing surge in off-campus players, which is the key to having a public course. Two weeks ago we held a points tournament in conjunction with the Green Mountain Disc Golf Association. That tournament drew 33 players - 6 pros - from all over the state and reports were that they would be back. Increasing the number of people coming from outside the college to play is going to be fun to accomplish. It means more tournaments, more DG clinics for area students and adults alike, and more chances to play. It's going to be fun to see this project grow and grow.

This week's results

Cross Country

9/12 University of New England Women: 6th out of 8
8 Men: 2nd out of 8

Men's Soccer

9/12 Southern Maine: Win 4-2
9/13 Becker College Loss 2-1
9/15 Lasell College Loss 4-1

Women's Soccer

9/12 Southern Maine Win 8-0
9/13 Becker College Loss 2-0
9/17 New Hampshie Tech Win 2-1

Women's Tennis

9/12 Castleton Loss 9-0
9/13 Mitchell College Win 7-2

Women's Volleyball

9/11 UMaine-Machias Win 3-0
9/12 St. Joseph's Loss 3-1
9/12 UMaine-Machias Win 3-1
9/16 New Hampshire Tech Loss 3-0

Standings

Men's Soccer

Team	Wins	Loss	Ties
Me. Farmington	3	1	0
Castleton	3	3	0
Johnson	2	2	0
Maine Maritime	2	2	1
Husson	2	3	0
Lyndon	2	4	0
Thomas	1	4	0
Green Mountain	0	4	1

Women's Soccer

Team	Wins	Loss	Ties
Lyndon	4	1	0
Johnson	3	1	0
Husson	5	2	0
Me. Farmington	2	2	0
Maine Maritime	2	3	0
Thomas	1	3	1
Castleton	0	5	1
Green Mountain	0	3	0

Women's Tennis

Team	Wins	Loss
Castleton	6	1
Johnson	1	1
Lyndon	1	2
Thomas	0	1

Women's Volleyball

Team	Wins	Loss
Maine Maritime	6	1
Castleton	2	3
Lyndon	2	3
Thomas	3	6
Green Mountain	2	5
Husson	2	7
Me. Farmington	1	4
Johnson	0	2

New international travel opportunities

Sarah Aube
Special to the Critic

Alexandre Strokhanov, LSC history professor, is busy planning trips abroad for students in 2010.

There will be multiple opportunities for students to leave the country, explore new territory, and learn about different cultures.

To explain why he does these trips, Strokhanov said, "because I love it. I got the bug of travelling disease." He has travelled to over one hundred countries- after he hit the one hundred mark, he started to lose count. He enjoys moving around the world, seeing different people, and learning different cultures. "I love to pass this passion to my students," he said. Last year was Strokhanov's busiest year yet, with seven different trips. This year, though there are still plenty of options, there are not quite that many trips planned.

The first trip planned will be over April break. Strokhanov will be giving students the chance to travel to Israel. He said that this will be a wonderful trip for those who are interested in Christianity, Jewish history, or any-

thing else involving that area of the world. These students will be able to visit Nazareth, Bethlehem, a Bedouin camp, and various other places of interest. They will walk through Jerusalem and have the chance to experience floating in the Dead sea.

A trip to Thailand, Cambodia, and Vietnam will be offered right after graduation in May. During this trip, students will tour the Ancient City in Bangkok, enjoy a cultural performance in Siem Reap, see the war remnants museum in Ho Chin Minh City, and visit a floating market in Cai Be, as well as doing the many other things that are planned.

The next trip will be to Russia. This will occur in June, right after the

previous trip.

The last trip of the year will be over Thanksgiving break next fall.

The destination of this trip is still undecided and open for suggestions, but some that Strokhanov is thinking of are Ireland, Spain, Romantic Europe (Italy, France, and Monaco) or Egypt.

"It should be required for everyone to go on at least one," said Shandi Barclay, senior, who has gone on nine different trips with Strokhanov. "It's a historical and cultural experience you'll never forget," agreed

Caitlin Murphy, who is also a senior, and has gone on six of Strokhanov's trips. Neither of them could decide which one was their favorite, saying that each place they had been had a different aspect that was their favorite. For example, the history in Egypt was the best, but the shopping in China was better than any other

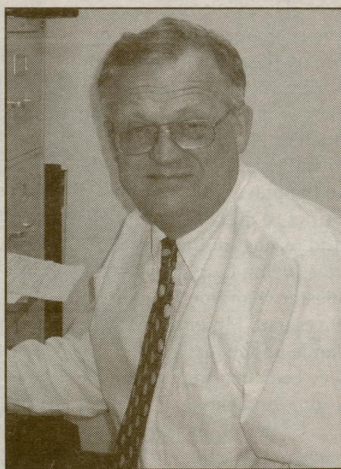


Photo by Sarah Aube

place. They said one thing that was hard to endure was the long flights. The longest that they took was to Australia; it was 28 hours long.

There are also academic benefits to these trips. By simply going on one of these trips, students receive one credit. If a student chooses to attend lectures before the trip, do some work while on the trip and after the trip, such as projects, they receive four credits. Some of the longer summer trips, along with the extra work, are worth six credits.

Where there is a benefit, there is also a cost. The typical trip costs from \$2,000 to \$4,000. These costs add right onto tuition bills, where financial aid and loans can help to pay for them.

To learn more about these trips, Strokhanov will be having informational meetings from Sept. 21 to Sept. 24 in his office, Rita Bole 217. On Sept. 21 meetings will be held at 11:00am and 4:30pm, on Sept 22, they will be at 11:00am, 3:30pm, and 4:30pm, on Sept. 23, they will be at 11:00am, and 4:30pm, and on Sept. 24, they will be at 11:00am and 3:30pm.

What's coming up at Lyndon State College

Aimee Lawton
Entertainment Editor

With so much going on in the next week, the term "I'm bored" should be forbidden.

Tonight kicks off Lyndon State's annual Alumni and Family Weekend. There are many events for students, alumni, and their families to look forward to during this three-day weekend celebration. Some of the many events and activities taking place include alumni sports games; bonfires; cash bars; barbecues; hayrides; alumni honors; a yard sale to benefit

student scholarships; major-specific activities; special performances by a capella group Blue Jupiter and Lyndon original power pop band, Squagymre; and mission IM-PROVable, a stand up show featuring improv and sketch comedy. All of these events are family friendly, and anyone is welcome to join in the fun. This is a great opportunity for students, parents, and alumni to show their school spirit, and get to know fellow members of the Lyndon State College community. Several of these events are sponsored by CAB, allowing students

and families to attend for free, or at a reduced cost.

CAB is also offering many activities in the next week for students to enjoy as well. A special showing of the movie "UP" will take place in honor of family weekend on Saturday at 7:30 p.m. in the Alexander Twilight Theater. A second showing of the romantic comedy "The Proposal" will take place on Sunday at 3 p.m. in the SEC. On Tuesday, CAB will be offering a sign shop in the SEC where students can come and create their own personalized signs.

On Thursday from 4 to 7

p.m., there will be a special performance from music group "The Flame." Admission to get in to this event is through donation, and all proceeds benefit the Vermont National Guard Family Readiness Group. This show is sponsored by CAB, and by the Vermont Choices Self-Advocacy Group, which helps people with developmental disabilities.

On Friday night, students have the opportunity to bring out their inner rock star at the Rockband tournament taking place at 9 p.m. in the SEC. Saturday night gives students

a chance to get off campus for the night, and play 18 holes of miniature golf at Sugar Ridge in Danville starting at 9 p.m.

Still want to get involved? There is always the opportunity to join one of the many clubs offered on the LSC campus. This is a great opportunity to meet new people while doing something that you enjoy.

Keep watching for the weekly bulletins and e-mails from CAB to keep up with the many events taking place on your college campus.

Movie review: "Away We Go"

Eric Downing
Special to the Critic

This week, Alexander Twilight Theatre has two showings of the very-enjoyable-yet-hard-to-classify film "Away We Go."

The movie stars John Krasinski (the Office) and Maya Rudolph (Saturday Night Live) as Burt and Verona, a couple with a baby on the way looking for the perfect setting to build their family. The couple has many adventures and misadventures as they hop across (and out of) the country, visiting family and

friends along the way.

The movie is hard to put in a simple genre such as "romantic comedy," because it refuses to follow the simple formula that so many recent movies have conformed to. Although the focus of this movie seems to focus on the relationship of Burt and Verona, it becomes apparent that the relationships of the other characters are just as important, if not more so.

At each step of the trip, Burt and Verona observe the family dynamics of their friends, observing a spectrum from what works and is beautiful, to relationships

that are already dead, each one serving as a possible lens for the future. Each encounter seems to bring the couple closer to an understanding of what they want, as they and the audience are forced to see Burt and Verona's relationship through these different lenses.

The movie addresses many issues that couples will have to face sooner or later down the road of relationships. It's not just a simple question of where the couple will decide to live, but also how they'll raise their family. Among the issues

they face are whether or not to get married and influencing the influence of children.

It's also hard to place the movie in simple categories because of the variety of emotions the movie makes the audience feel. It has the audience laughing as Burt suddenly grabs Verona on an airplane to keep the fetus's heartbeat up, and then later weeping for Burt's hopeless brother whose wife left him suddenly. There is never a dull moment in the film, be it a high point or low point.

The soundtrack chosen for the movie, composed by

Alexi Murdoch, matches the settings where the action takes place—it's beautiful, but never distracting. The gentle music only adds to the experience and helps tie together the scenes.

The Movie is showing in the Alexander Twilight Theatre on September 23 at 9 p.m. And September 27 at 3 p.m. Missing this smorgasboard of drama, comedy and sweet romance would be a mistake, to say the least. Make sure to leave either Wednesday evening or Sunday afternoon free and away we go!

Hornets come home

What's Inside:

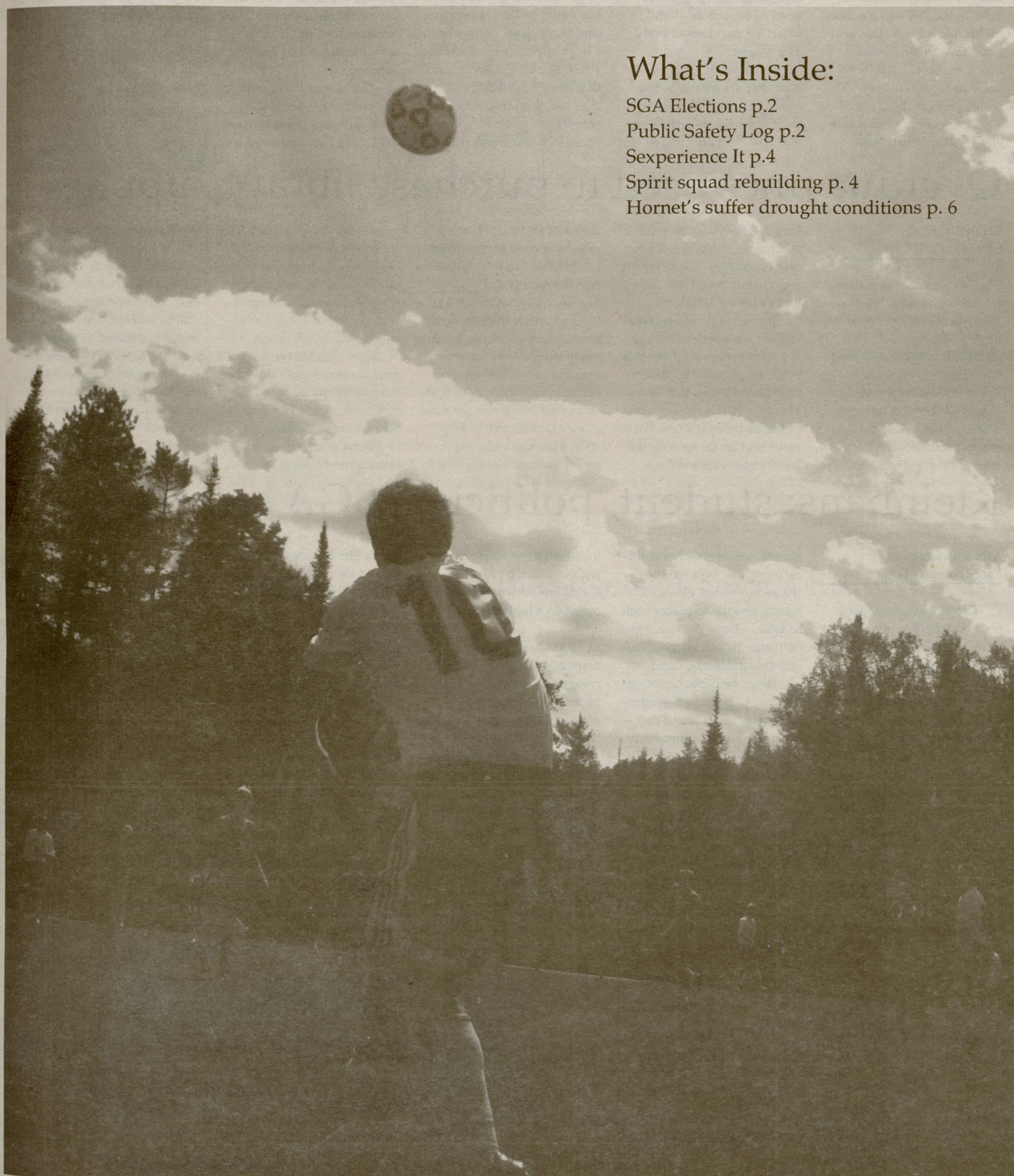
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Hornet's suffer drought conditions p. 6



Elected reps bring new perspective to SGA

Madison Cox
Critic Staff

From a senior with a vision of stopping bottled water sales to a freshman with lots of high school government experience, the new Student Government elected-representatives are getting ready by envisioning changes to make for their fellow students.

President Andrew Chapin announced the results of the 2009-10 elections on Monday. Each class will now have three elected members on the student body to represent their wants and needs in the SGA.

Representing the senior class will be Chris Went-

worth, Chris Shadrock and Morgan Reilly.

"I was interested in the position because I have enjoyed my time here at LSC and I feel SGA is a good opportunity to give back to the LSC community in my final year," said Wentworth.

Shadrock, speaking of his goals for this year, wants to discontinue the sale of bottled water in the Hornet's Nest. He also made it clear that representatives need to be unbiased and work for the student body as a whole.

"If all we have are club reps that are interested in their clubs and furthering their agendas then the general student body will be left

in the dust," said Shadrock.

The junior class welcomes Jarryd Guinard, Alison Ciaramitaro and Jeff Rusack as their representatives.

"As a representative I will voice any opinion from anyone I represent," Rusack said.

For the sophomores representing them will be Rachel Keller, Michelle Wilcox and Tyler Kittleman.

Wilcox's attitude about her new position is positive saying, "I have always been a big supporter of 'it's what you make of it'. If you think that things need to be changed then instead of complaining about it, come up with a reasonable idea

and get involved."

Keller's thoughts mirrored Wilcox's.

"My main goal is to increase the faith in SGA," says Keller. "I want to prove to students here that if they have a problem and want it addressed, that going through me or any other SGA representative/member will guarantee at least an effort to solve the problem."

The freshman class will have new representatives in Arianna Millington, Dominique Boyd and Alex Hernandez.

"I feel that I will personally contribute an opinion from different perspectives to SGA as I am involved in

various clubs and activities," said Millington.

Boyd and Hernandez both want to help their class express ideas and concerns to improve the environment in which students receive their education and plan to work with SGA to make that happen.

Each representative plans to do their best to meet the needs of their classmates. Students with new ideas or concerns can go to their representative and ask for the SGA to consider them. Meetings of the SGA will be held every other Wednesday evening.

Overdue fines used to purchase library supplies

Sarah Aube
Special to The Critic

Not all students realize the Samuel Read Library at LSC works just like any other library- late fees included, said Donna Edwards, library circulation coordinator. These fines may not seem large, but they can add up quickly. Robin Taylor, who works circulation at the library, said she's seen students

owe up to \$200 in late fees, and has seen professors who owe even more. "I don't even want to talk about [the fines] on lost books!" she said.

There is a one week grace period past the due date for any item borrowed. After this week, late fees for books are 10 cents each day, and for videos or DVDs the fee is one dollar each day it's late. For items that are on reserve, the late fees increase in incre-

ments of 15 minutes rather than by days. The maximum late fee that can be accrued on any one item is \$10.

The amount of money that the library collects in fines varies from month to month. In May, many students are returning overdue books to clear their names before the school year ends, so this is when the most money is collected. In May 2009, \$440 was collected in fees for overdue items. The

year before, in May 2008, \$322 was collected. Slower months of the year include summer months and the beginning of the school year. For example, last month the library only collected \$97.

The money that is collected from these fees goes directly into the library budget. This money is used to buy supplies needed for the library.

In past years, there have been amnesty days. When

this happens, students are able to bring in an item with an overdue fine accompanied with a nonperishable food item. If they do this, the fee will be waived. The food collected is donated to the local food shelf. However, don't wait to return your books till this time, because it does not necessarily happen every year, and when it may happen varies.

Kleinhans: student, politician, SGA secretary

Aimee Lawton
Entertainment Editor

Certainly no stranger to politics, John Kleinhans brings a lot of background to the position of SGA secretary.

A resident of East Lyme, Connecticut, Kleinhans is a sophomore television studies major with a focus in broadcast news. He is Chairman of the Vermont College Republicans and active member of the Lyndon College Republicans. Being in these positions

allows him to travel to political events all over the country, and even travel internationally to places such as Israel. These opportunities help enrich both his political and cultural background.

When he is not devoting his time to politics, Kleinhans is busy being an active member in the school community. In addition to his position representing the student body through SGA, Kleinhans is also a resident assistant, student ambassador, and

member of the ALD. Even with so much on his plate, Kleinhans still manages to maintain a high academic GPA.

Kleinhans's distinctive voice allows him to be easily recognized around campus. Ironical to the political background that he represents, he has been told that he speaks in a similar tone to that of the President of the United States.

"Charlotte Albright [TV studies professor] says I

speak like Barack Obama because I leave off my g's," Kleinhans said with a chuckle.

Something that may seem surprising about Kleinhans is that he is avid hip-hop fan, with a preference for Jay-Z. He also has an obsession with the Brooks Brothers, is a fan of the New England Patriots, and has a collection of seer suckers. He also sports a very vivid wardrobe.

"I wear different patterned shorts almost every

day," Kleinhans said. "My favorites are the ones with the hula girls."

Getting back to the politics, Kleinhans said that he is impressed with the student involvement in the SGA this year, which is something that he strongly advocates.

"This year, between the first year representatives and all other elected representatives, the whole senate was filled," Kleinhans said. "I think that this is a pretty big deal for the SGA."

Public Safety Log

Unlawful Mischief

Public Safety responded to a call for unlawful mischief/destruction of property on Friday. The incident involved verbal abuse in Vail.

Illegal Inebriation

Public Safety responded to Crevcour Saturday for a section 8 alcohol violation.

No Smoking

Public Safety responded to Crevcour for a smoking violation on Saturday.

Intimidation

Public Safety responded to a call in Arnold for suspicious individual Saturday.

Harassment

Public Safety responded to a harassment call on the third floor of LAC Wednesday.

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Drinking and driving not worth consequences

Tara Parenteau
Special to The Critic

One month ago, a 21 year old girl had her life taken from her without any warning.

Bethany McAllister, of North Troy, was taking an evening walk with her friend Alyssa Burns. Police say a drunk driver came up behind both girls and struck them.

Fall Treat



Gwen Cook
Critic Staff

Last weekend, two of my friends went on a date to the apple orchard. They spent a glorious day climbing the trees in search of the perfect apples to fill their bag with. After they told me all about it and I finished being a mushy girl over how cute it was, we started brainstorming recipes they could try out. Here are some of the more interesting ones we came up with.

Apple coffee cake

2 cups of Bisquick

2/3 cup of milk

2 tbsp sugar

1 tbsp vanilla

1 egg

1 cup of apples, peeled and diced

½ cup brown sugar

3 tbsp Bisquick

½ tsp cinnamon

5 tbsp margarine

Directions

Preheat the oven to 350 degrees. Combine the first 5 ingredients in a large bowl. Pour ¾ of the mixture into a well-greased 9-inch pan. Add the apples evenly over the mixture and top with the remaining batter. In a small bowl, combine the last 4 ingredients and sprinkle over the batter. Cook about 20-25 minutes or until golden brown.

Bethany got thrown into a telephone poll and died almost immediately. Her friend suffered serious injuries but survived. Police then said the intoxicated driver left the scene of the accident to cause another one a few towns away.

Drinking and driving is a serious offense that people, mostly us young adults, still don't seem to grasp. With the

new year just beginning, also comes the pressure for us students to drink. For those of you new to the area, Vermont has it's penalties for disobeying the law just like any other state.

In Vermont, the first time you are caught drinking and driving, you will have your liscense suspended for a minimum of 90 days, have to complete a drug and alcohol

program at your own expense, be fined up to \$750 or be imprisoned for two years.

The second time you are caught, you will be fined \$1500, be imprisoned for up to two years, or both. More programs have to be completed, as well as 200 hours of community service. This time your license will be suspended for up to 18 months.

The third time you are

caught your license will be revoked for life. You will be fined up to %2500, imprisoned up to five years, and have to serve 400 hours of community service. One hundred consecutive hours of imprisonment must be served as well.

Drinking and driving is just not worth your time, future or money.

(laws taken from dui.drivinglaws.org)

Our daily greed

Cameron Bock
Critic Staff

"Autumn is coming and you know what that means."

"No."

"Oh."

"Aren't you going to tell me?"

"No, I don't think so.

There's no fun in that."

These were the sort of conversations I was having with my sister recently, sitting on a dock at Lake Michigan, smoking our father's cigarettes and counting the seconds between each seagull squawk. She said that you could tell how hungry they were by how often they cried and I decided this was probably a lie. She had also told me my grandfather was a satanist and in the S.S.

Back in town, grampa was buying a skin mag with gramma; they got this idea that if they kept acting fun

and stupid and lustful, they'd stay young forever and as far as I could tell it was working.

I could count to twelve between each squawk.

"Birds can't burp. That's why they don't let you throw rice at weddings anymore. They just blow up, poof!, like a pillow fight," she made exploding motions with her hands, "but with casualties."

Ten seconds.

"That's disgusting." I blew smoke out my nose in exclamation. It burned a little.

Four seconds.

"It's exciting! Have you seen pictures of the Hindenburg exploding?"
"The what?"

A wall of noise crumbled

down from the sky, a broken music box with every note out of tune. The seagulls dove to a half-eaten McDonald's meal by the parking lot, carelessly thrown from a car window, and ascended again as quickly, leaving only poop and upturned sand in their screaming wake.

"Existential despair."

"What?"

"No, it's mainly greed."

"What?"

"Just describing the life of a seagull."

"Oh. Is that any different from us? We're stealing smokes from dad's closet and gramma and grampa are ignoring us with their touchy-feely, lovey-dovey stuff all the time."

"I feel like there's a lesson in all of this," she said, staring absently at the waves.
"Maybe not."

It was getting dark as we

walked back down the beach and up the long staircase to the deck, each squeaky step an echo of the seagulls' bottomless gluttony.

The back door squealed like usual and the house was silent except for a rhythmic tapping down the hall where grampa and gramma's room was. We backed out and lit two more cigarettes as the wind picked up to a dull rumble.

"One day we're going to find them naked, tangled in bed sheets and dead from heart attacks, smiling like children," I thought aloud while she listened to the wind with her mouth open slightly.

She said, "This is probably pretty serious," and I just started laughing.

That night we slept on the beach and made up noble stories for all the birds who died at weddings.

Humor between the sheets: Laugh a little or a lot

S.E.X
Critic Columnist

There is a time and place for everything. However, when it comes to sex, comedy is the best policy. Think about it, when partaking in intercourse you sweat, your bodies get slippery rubbing

up next to each other, funny noises are made, whether it is the noise of penetration itself, the bed squeaking, or even [gasp] a moan. How can anybody not laugh? Laughing shows that you are comfortable with your partner and if you are not comfortable with said part-

ner, my guess is that it's probably just a booty call. Crack a joke or two while looking your partner in the eye. Laugh so hard you cry, or better yet, laugh so hard you snort. It may not seem attractive but chances are that will get your partner going. And if that doesn't

work get a new partner. Come on, besides and erection what else do you have going for your stand up routine?

Corrections

The Twilight Players were incorrectly reported as holding auditions for "And then There Were None" when they will be performing "Rumors." The Twilight Players also have an improv group that will be performing a show on the last Friday of every month. The improv group uses a style similar to "Whose Line Is It Anyway." For more information on the improv group contact Joe Biega.

Last week's article "Which mountain is right for you" did not mention information about the Kingdom Pass. Kingdom Pass. An unrestricted, Burke-only pass is available to all

full-time students between the ages of 6 and 24* attending school in Caledonia, Orleans and Essex Counties of Vermont, or, Coos and Grafton Counties in New Hampshire, OR full-time students between the ages of 6 and 24* whose primary residence is, in Caledonia, Orleans and Essex Counties of Vermont, or, Coos and Grafton Counties in New Hampshire, and entitles its holder to unlimited trail access throughout the 2009/10 season. The Kingdom Pass also entitles its holder to 10% off merchandise in any Burke Mountain Retail Outlet, 10% off products and services in the Rental & Repair Shop, and 10% off services in the Snowsports Learning Center. Holders of

the Kingdom Pass also enjoy the benefits offered in Burke Mountain's Passholder Discount Program, whereby a select group of local businesses in our community offer discounts to Burke passholders.

The Kingdom Pass replaces the School Pass, previously called the Burkie Pass. Fees historically associated with Burke Mountain's School Ski & Ride Program, \$10 for half-day participants and \$15 for full-day participants, will no longer apply to holders of the Kingdom Pass. Participants in the School Ski & Ride Program requiring rental equipment will still be responsible for fees associated with these services. The Kingdom Pass is not available to students par-

ticipating in organized race teams at Burke Mountain (college teams, high school teams, and Junior Race Programs, etc.). For these specialized student-athletes, Burke Mountain offers the Race Pass. At the time your pass it picked up, proof of residency is required, and all college students eligible for the Kingdom Pass must show proof of current enrollment status and be registered with 9 or more credits (a copy of your transcript is required). While the Kingdom Pass can be counted towards the number of passes required for the 5% family discount, it will not receive the discount. All other passes in the order will receive the 5% discount.

Sexperience it!

Yukon Charlie
Critic Columnist

Life is about experiences and what we learn from them. College is liberating for many, and with this freedom comes the ability to live through whatever choices you make.

One of the majors not offered in the Lyndon State

course catalog is sex, and for many now is the time to branch out and explore. Everyone here has a different background with sex before they came here, and everyone is looking for something different, but one thing everyone is looking for is what can really turn them on physically, emotionally and mentally.

It can be an intimidat-

ing thing exploring sexuality. Though much can be achieved through individual experiences, at some point there is a possibility to share this with one or more individuals. Not being familiar and comfortable with your partner can limit how much you can, and will, experience. A lot of personal questions are going to arise, and this is why

I am opening a weekly sex column to take and discuss questions from you.

Don't be shy about your questions; this will be an open-minded discussion into the world of sex on all levels. We all have wants, we all have needs, and we all have desires inside us, and the more aware we become of these the more comfortable

we can feel inside our own skin. We are all sexual beings with vastly different opinions on the topic, but don't think that makes you the only person out there who feels the way you do. This column will hopefully bring people out to realize that sex is not such a taboo event, it is just part of the human experience.

CAB helps students get off campus

Moriah Pratt
Special to the Critic

Need to get away? The Campus Activities Board is providing opportunities for students to do just that.

While Lyndon State's academic facilities are always available, things for students to do in their down time are not. It's what Laura

McNaughton, student activities coordinator, calls a "suitcase campus" meaning that most students that can go home on the weekends.

CAB is trying to change that by planning activities and events on and off campus. They offer many different activities during the week from movie showings to fun art projects. On the

weekends they try to get students away from campus for a little fun, whether it's a ride over to the mini golf course or a trip down to Boston.

The bus trips they offer are to cities that provide many more things to do than Lyndonville. A group of students have already ventured to Hampton Beach

earlier this month. There are two more trips planned for the fall semester, which are Boston on November 7th and New York City on December 5th. For the spring semester, there will be another trip to New York City on March 13th as well as a trip to Montreal on March 27th.

McNaughton explained

that these trips are not the field trips that were provided in high schools. Once students arrive at the destination they are allowed to wander around the city unchaperoned the entire day. Students are responsible for themselves; the only requirement is that they return to the bus at the predetermined time and place.

Spirit Squad enters a rebuilding year



Danielle Drown
Special to the Critic

The dance team at Lyndon State College will not only be dancing this year, but they may also be cheerleading as well.

After a cheer team was joined up with the dance team, last spring, the dance team became known as the "spirit squad". Donna Keely, coach of the dance team for 5 years, said that

there was such a high demand for cheerleading on campus last year that the dance team agreed to split their practice time with the cheerleaders. Then, when the season began this fall, no one came out for the cheer team.

According to the dancers, the lack of interest in the cheer team was surprising. There were con-

flicts with scheduling and practice times, but there was still a large interest last year. There had also been some male participants interested in joining the team.

The low numbers for the cheer team, however, have not discouraged the dancers. They are still getting fired up for a busy year.

"I hope to get a better reputation and show we're passionate about what we do," sophomore dancer Katee Ingram said when asked about her hopes for the team.

This is a rebuilding year, for the team, as they have lost members to transfers and graduation. Madeline Champlin, a junior and the dance team captain, hopes that it will be a good growing year.

Along with their usual performances at men's and women's basketball games, the team also hopes to be able to compete this year. The last few

years they have not had the numbers to be able to do so. According to Keely, though, the team has enough experience to perform at a competition level.

There is no cut off time for joining the spirit squad, however, it is asked that you have some experience if you do choose to join.

"All you need to do is show up and be passionate and happy to be here," Ingram said.



Photo by Danielle Drown

Keely described the members of the dance team this year as "a group of committed and dedicated ladies who work hard through the entire year. She hopes that everyone has fun and enjoys being a part of the team.

The spirit squad meets for practice Mondays 5-7pm, Tuesdays and Thursdays 6-8pm, and occasionally on Sundays. For more information on joining the team, contact Donna Keely or Team Cap-

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or

The Critic

LSC Box #7951
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(dan.williams@lsc.vsc.edu)

LSC campus keeps students entertained

Aimee Lawton
Entertainment Editor

This upcoming week brings even more events to the Lyndon State campus to keep students entertained.

Tonight at 9 p.m. in the student center, CAB is holding a Rockband tournament open to any students who want the opportunity to unleash their inner rock star. Saturday gives students the

opportunity to spend a few hours off campus and travel to Sugar Ridge golf course in Danville to play 18 holes of miniature golf. On Sunday at 3 p.m., students can go to the student center for a second showing of the film "Away We Go" in case they missed it on Wednesday, or want to see it for a second time.

To kick off the academic week, the action-packed thriller "Terminator Salvation" will be playing Wednesday night, September 31st, at 9

p.m. in the Alexander Twilight Theater. Thursday night is packed with entertainment, beginning with a showing of "In Her Shoes" at 7 p.m. followed by a performance from the high energy rock and jazz based band The Chicago Afrobeat project at 9 p.m. Both of these events will be held in the student center.

Some other events to look forward to later in the week include Friday October 2nd,

which starts the first of a series of 6 fright night horror films. These are being shown at 11 p.m. in the student center and are playing up through Halloween. Saturday October 3rd gives students another opportunity to take a night away from campus and travel to Gold Crown Lanes in St. Johnsbury, where they will be able to spend their evening bowling with friends at no cost to them. This begins at 11:30 p.m. on Saturday night, and stretches in to the early

morning hours of Sunday. This event is an LSC tradition, and usually yields an impressive student turn out each time it is held.

Stay tuned to the various postings around the campus, as well as your e-mails to stay in the loop of what's going on around campus.

Restaurant Review: Valley View

Nicholas Russo
News Correspondent

The Valley View showcases great food at reasonable prices.

Many incoming students and others from the Lyndonville area and beyond have probably been wondering where to find some tasty food in town.

They need not look any further than the Valley View restaurant and tavern. Valley View offers a good meal, a nice atmosphere, and quality

food all for a cheap price; a very critical element to a college student on a budget.

The Valley View features seating in a glass covered porch area with a wonderful view of the surrounding countryside.

The main dining room is comfortable, and atmosphere receives a score of 8 out of 10.

The menu features an assortment of hearty foods from pasta to steak and seafood, also receiving an 8/10. For starters, whole belled fried clams were disappointing,

with an odd taste for this seafood staple. Appetizers receive a 6/10.

The main course was much improved, with a perfectly cooked lean cut of prime rib. The best item sampled was easily the bombastically delectable steak tips, which featured an amazing seasoning seemingly soaked throughout each piece of meat. Along with two sides of mashed potatoes and macaroni and cheese, the entrees received a perfect ten.

For dessert, a bowl of fried

maple walnut ice cream was excellent and received a 9/10, as the scoop sports a great crunchy coating.

The portions are huge, as most dinners come with a side and a complimentary trip to the salad bar.

Our waitress was courteous and attentive, and the restaurant accommodated our request for a reservation.

The bathroom was well stocked and pleasantly clean, as was the dining room.

Most dinners cost between 8-12 dollars, certainly

acceptable for the amount of food one is served.

The Valley View restaurant is located in Lyndon Center, across from the LynBurke motel.

These final five categories receive a total of 46/50. For a grand total, the Valley View has earned an 87, and the diner's dean's list seal of approval.

Movie theater schedule
Sept. 25th-Oct. 1st

Catamount Arts- St.Johnsbury:
(802) 748-2600

"Paper Heart"
Genre: Documentary / Storytelling / Reality / Fantasy
Rated PG-13
Runtime: 88 mins

"The Cove"
Genre: Action Thriller (Investigative Journalism documentary)
Rated PG-13
Runtime: 92 mins

Star Theatre- St.Johnsbury:
(802) 748-9511

"District 9"
Genre: Animation / Action / Adventure / Sci-Fi / Fantasy
Rated PG-13
Runtime: 79 mins

"Surrogates"
Genre: Action / Adventure / Suspense / Thriller
Rated PG-13
Runtime: 89 mins

"Fame"
Genre: Musical
Rated PG
Runtime: 107 minutes

Iax Jr. Cinemas- Littleton:
(603) 444-5907

"The Final Destination"
Genre: Suspense / Horror
Rated R
Runtime: 82 mins

"Harry Potter and the Half Blood Prince"
Genre: Fantasy
Rated PG
Runtime: 153 mins
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Waterfront Cinema-Newport
(802) 334-6830

"Julie & Julia"
Genre: Biography / Comedy / Drama / Romance
Rated PG-13
Runtime: 123 mins

"Funny People"
Genre: Comedy / Drama
Rated R
Runtime: 146 mins

"District 9"
Genre: Action / Sci-Fi / Thriller
Rated R
Runtime: 112 mins

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Lady Hornets get wake up call vs. Castleton, NAC player of the week

Sebastian C. Lury
Sports Editor

The LSC women's soccer team fell to Castleton last Saturday after giving up more points than they had all year.

Entering last weekend, the Lady Hornets held a record of 5-1, having outscored opponents by a combined score of 17-5. Last Saturday, the Lady Hornets dropped the conference opener to rival Castleton 7-0.

The team beat Castleton 2-0 in 2002, but since then the Hornets have not won a game or even scored a goal. The Lady Spartans have now outscored LSC 34-0 since LSC's last win.

The key for Castleton was to ride the foot of junior forward Courtney Chadburn. Chadburn scored four times against the Lady Hornets; twice in the first half and twice in the second half. Chadburn's efforts were rewarded as she was named the North Atlantic Conference Women's Soccer Player of the Week.

Junior forward/mid-

fielder Ashley Ledoux, sophomore midfielder Jackie Lockwood and freshman forward Meghan Blongy each added a goal, helping improve Castleton's overall record to 1-5-1.

"It was definitely a disappointment," said Wendy Elles, the head coach for the Lady Hornets. "It was a reality check."

"I was frustrated," said sophomore forward Jesi Amsden in an e-mail, "the whole team was because we knew we could have and should have played better."

"It definitely wasn't our best game," said junior goalkeeper Natalia Shams in an e-mail. "But overall I think we did well. Of course losing is never easy but the team was

able to keep their heads up regardless of the score and time on the clock."

With the loss coming against a conference opponent, the team is tied for last place in conference standings. In terms of overall record,

according to Elles who says that the disappointment she sees in her players is a positive reaction.

"It's easy to throw in the towel and quit," she said. "If the girls are disappointed it's a good thing. It means they

know they needed to improve."

She was not the only one to feel this way.

"The team rallied behind each other and was able to keep their heads up," said Shams. "We had a few good passes and opportunities to score but the

team never gave up and gave 100 percent from the minute we stepped on the field to the minute we stepped off."

"Despite the scoreboard," said Amsden, "the team kept

on pushing through the game as a unit."

The Lady Hornets played last Sunday in a scrimmage against the LSC alumni team. Elles says that the way the team overcame the loss impressed her.

"I was so happy," said Elles, "with the way they rebounded going into the alumni game."

"With our team, we really focus on the 'team' aspect," said Shams, "where not one individual can win games but that we must all work together. And when someone falls, [we] pick them up and motivate them to continue on."

"The best thing we can do now," says Amsden "is [to] work hard to put a few more wins under our belts. The game's over and done with; all our focus is on to preparing for our next game...So we're working our hardest every practice until then."

The Lady Hornets will take to the soccer pitch on Saturday against conference opponent Johnson State College at Minaert Field in Johnson.



photo courtesy Sebastian C. Lury

Samantha Smith, #20, watches as the ball passes in front of the net during the first half of LSC's 7-0 loss to Castleton on Saturday.

however, the team sits in second place among conference opponents, just percentage points behind first place Husson College.

This is not the only posi-

Hornets suffer drought conditions

Sebastian C. Lury
Sports Editor

LSC men's soccer went into the weekend having not beaten Castleton State since 1998. They still haven't.

The first half of the game last Saturday was a defensive struggle. Though Castleton controlled the ball for most of the half, the LSC defense stood strong and prevented much from happening. This all changed as the half neared its end.

With 54 seconds remaining, Castleton's senior defenseman Jerry DeChance put a header into the net. Castleton led at the half 1-0.

The second half started much the like the first, with both defenses at top level and Castleton's offense controlling the ball. Yet, LSC's senior goalie, Ian Oliver continued to block most of the shots that came his way.

The game remained a struggle until Castleton's sophomore midfielder Josh Costa scored on a penalty kick with over 23 minutes left in the game, putting some distance between the rivals.

Castleton would score once more when junior midfielder Chris Mulholland put the ball in the net with just over five minutes remaining. The goal put Castleton up 3-0 over the Hornets, and so it would be at the end.

The Hornets displayed a strong defense that was not

quite strong enough. The Hornets record against the Spartans since 1998 is now 0-9 with one tie.

The loss dropped the Hornets record to 2-5 and it has since improved to 3-6, when the team stopped a three game skid, beating the College of St. Joseph 6-0 on Tuesday.

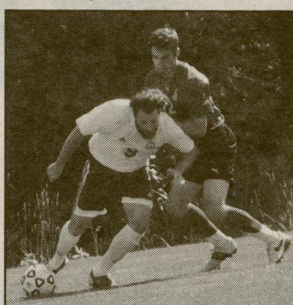


Photo courtesy Tela Lury

LSC's Darren Roberge battles CSC's Corey Robbins during last Saturday's 3-0 loss to Castleton.



Photo courtesy Sebastian C. Lury

LSC's Anthony Dana (6), Darren Roberge (9), Charlie Jobin (5), and Kyle Waterman (18) prepare for the indirect kick from Castleton's Greg Klopfer

The Buzz: LSC athletics boasts two conference honorees

Two LSC athletes have earned conference honors for the week ending Sept. 20.

Freshman Margaret George from Glover, Vt, a member of the women's tennis team, earned the honor of North Atlantic Conference (NAC) Women's Tennis Rookie of the Week.

George improved her

record to 3-2 in both the individual and double's brackets after winning two singles matches and two doubles matches over the weekend.

North Haverhill, NH native Abby Fadden, a freshman on the women's soccer team was also honored.

Fadden earned the title of NAC Women's Soccer

Rookie of the Week for the second time this month. Fadden had previously earned this honor for the week ending Sept. 6.

Fadden scored LSC's game winning goal in last Thursday's 2-1 win against New Hampshire Technical Institute. So far this year, Fadden has accumulated six goals as well as six assists.

LSC Athletic Hall of Fame inducts three new members

The Lyndon State College Athletic Hall of Fame increased its membership Friday as three former standout student-athletes were inducted for their performances in a LSC uniform, as well as their life-long accomplishments.

The inductees included, Patricia Baumann Randall '62, Elizabeth Burnham '97 and Marcel Choquette '86.

Baumann Randall graduated from Lyndon with a degree in education. From 1958 to 1962, she lettered in four sports - soccer, basketball, softball, and cheerleading. She was also active in intramurals, the glee club, dramatics, school musicals, and student government.

Her coaching career in Vermont spans an impressive 39 years. She began at Stowe High School with varsity bas-

ketball and softball and then moved to Peoples Academy where she taught physical education for 10 years.

While working toward a degree in physical education at Lyndon, Burnham played basketball, softball, soccer and tennis for three years. She received much recognition for her athletic performance, including MVP and All-District honors in softball, Basketball Player-of-the-Year in the Mayflower Conference, LSC Female Athlete-of-the-Year, LSC Tennis MVP, and LSC Scholar Athlete.

Prior to coming to Lyndon, she attended the University of Connecticut and was named All-Northeast First Team as catcher for softball and All-Tournament Team at the Florida State Invitational Tournament.

Choquette graduated

from Lyndon with a degree in physical education. As a student, he played soccer from 1981 to 1984 and basketball from 1982 to 1984. His athletic milestones came during his soccer seasons.

He was a three-time All-Conference selection and an All-New England and All-American candidate his senior year, when he also served as team captain. He is said to be among the college's record holders for career points, career goals and career assists. He has played professionally, most recently with the Vermont Wanderers.

A special recognition was given to the 1977 Lyndon State College women's soccer team. Representing the team at the induction ceremonies were team members Donna Wheeler, Jean Perkins, Annie Wilson and Jean Bouteiller.

Hornets's feel sting as Cadets steal home thunder

Sam Monroe
Managing Editor

The Lyndon State women's volleyball opened up its home season on Tuesday, losing to Norwich in straight sets.

Norwich (10-2) beat the Hornets (3-5) in straight sets, 25-17, 25-17 and 25-19. The loss was not due to a lack of effort on the part of the Hornets, who played extremely well.

"Overall we played great, Norwich is a tough team, for us to come out and get 17, 18 points against them, its great for us," said head coach Sean Fisher.

In the first game the Hornets rallied to tie the score at 16, before Norwich killed the momentum and took the next eight points.

In game two, the Hornets looked to have momentum on its side after freshman Maegen Fried killed a Norwich rally and then began to serve. She led her team to five straight points to pull within five. The Cadets were then able to come together after a

time out and win the match 25-17.

The Hornets stayed with the Cadets in game number three. Kayla Brobst had two huge blocks at the net to give her team consecutive points

Maegen Fried and Michelle Petty (far) go up to attempt and block a spike.

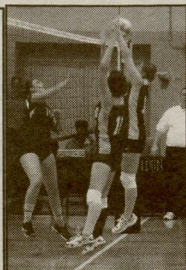


Photo by Melissa Mulhisen

and give the Hornets a chance to serve, during that stretch the Hornets were able to pull out eight of the next nine points. Before the Cadets rallied to win the game and the match.

The Standard Gymnasium was not an empty place when it came time for the Hornets to begin the match. About 100 people, including students turned out to watch

the Hornets play host to the Cadets, as the Hornets came out strong and hung with Norwich throughout the entire match.

"[Our] first home match of the season against a tough opponent, you just don't know what to expect," said Fisher, "we played great. The student body, the fans, really fired us up, and we were ready to play tonight."

As for the rest of the season, the Hornets are looking to get into the playoffs in just its second year in the North Atlantic Conference. The team failed to make the postseason last year. This year the team has returned four of six starters from last season and has a few new players.

In particular is Fried, from Great Falls, Montana.

"She has already done excellent things for us, we expect her to continue that trend through-out the season," said Fisher, "She'll bring a lot of kills and digs for us."

The Hornets head to Castleton to play in a tri-match this weekend.



Above: Morgan Reilly(4) gets set to hit the ball during the Hornets against Norwich on Tuesday.

Below: Morgan Reilly (middle), Ally Ciaramitaro (left) and Maegen Fried (10) react to after giving up a point.



Photo by Sam Monroe

Photo by Melissa Mulhisen

Alumni return for one more run, remember fallen teammates

Heather Poginy
Special to the Critic

Alumni flooded Lyndon State's campus last weekend for Homecoming weekend, five of who ran in the Alumni Memorial Run.

The five participants, all of whom ran on the cross-country team at some point during their years at Lyndon, either came ready to run hard or took it easy on the trails on the west side of campus, through the woods for five kilometers. Lyndon has hosted the run for 12 years-during Homecoming weekend. The event was sporadic at first, but now it has become

and annual event.

"People that show up for the runs are the good runners," said Christopher Ummer, the Lyndon cross-country team's coach. "[The runners] are aware of the history, but it's a low-key event."

The history is certainly tragic, however. Mike Fournier '93 and Jason Gaudmond '95 spent time on the 1991 Lyndon State cross-country team which was the first LSC Varsity team, even over basketball and other sports, to qualify for a national championship. Fournier died from a heart condition a year after his college graduation. Gaudmond, who graduated with a

Recreation degree, died after a fall while climbing Mount Washington, during severe weather and winds up to 90 mph.

"They were wonderful young men of high character and quality," Ummer said. "They weren't the studs on the team, but they were very sincere."

"[The runners] have the passion and they still have a sense of being part of a team," Ummer said. He commented that when the alumni are here for the weekend, and he introduces them to students on the team currently, he tells them they are teammates, which connects the past with the

present, and eventually the future.

The runners this year included Chris Hammet and Lyndsay Calkins, who graduated in '09. Hayley Joseph, a non-traditional student; Jeremiah Bias and Matt Schomburg, both not-so-recent alumni, the latter of which comes every year.

"[Lyndsay Calkins] was by far the best female runner LSC's ever had," Ummer said. "[Jeremiah Bias] is the best runner LSC's ever had." This is a good demonstration of alumni who are dedicated not only to running, but to Lyndon State as well.



LSC joins the ECAC

The Lyndon State College Athletic program has now aligned itself with one of the more prestigious athletic conferences in the nation.

On Sept. 18, Lyndon was notified that it had been accepted into the Eastern College Athletic Conference (ECAC), an organization that features numerous NCAA Division I, II and III institutions along the east coast of the United States.

"This membership associates us with one of the more outstanding athletic conferences in the northeastern U.S.," said LSC Director of Athletics Chris Ummer. "It will allow many of our teams to participate in post-season play beyond, or in addition to, the North Atlantic Confer-

ence. Also, it will give our student-athletes an opportunity to receive more recognition, both weekly and in the post-season."

The ECAC, located in Centerville, Mass., is an or-



ganization whose mission is to initiate, stimulate and improve intercollegiate athletics programs for student-athletes, and to promote and develop educational leadership, athletics excellence and athletics participation. It is a leader, either as a primary or secondary provider, of services to its member conferences and institutions to achieve its intended mission.

This Weeks Results	
Men's Soccer	9/19 Thomas College Win 9-0
9/19 Castleton State Loss 3-0	9/20 Thomas College Win 9-0
9/22 College of St. Joseph Win 6-0	Women's Volleyball
Women's Soccer	9/19 Thomas College Win 3-2
9/19 Castleton State Loss 7-0	9/19 UMaine-Farmington Loss 3-0
Women's Tennis	9/22 Norwich University Loss 3-0

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Standings

Men's Soccer

Team	Wins	Loss	Ties
Johnson	4	2	0
Maine Maritime	4	2	1
Castleton	5	3	0
Husson	3	5	0
Thomas	1	2	0
Me. Farmington	3	2	0
Lyndon	3	5	0
Green Mountain	0	5	1

Women's Soccer

Team	Wins	Loss	Ties
Husson	6	2	0
Maine Maritime	4	3	0
Castleton	1	5	1
Green Mountain	1	4	0
Lyndon	5	2	0
Johnson	4	2	0
Me. Farmington	2	4	0
Thomas	1	4	1

Women's Tennis

Team	Wins	Loss
Castleton	7	1
Lyndon	3	2
Johnson	1	3
Thomas	0	4

Women's Volleyball

Team	Wins	Loss
Maine Maritime	8	1
Me. Farmington	4	5
Husson	4	8
Lyndon	3	5
Thomas	4	7
Castleton	3	5
Green Mountain	3	7
Johnson	0	5

Clove cigarettes banned due to health concerns

Joe Rivet
Special to The Critic

Between cigarettes talk in the Stonehenge smoking-hut touched the subject of cloves, and other flavored cigarettes, after the Federal Government's ban on them was activated Tuesday. Many Lyndon State smokers

prefer regular cigarettes to cloves so the ban has not affected them overall.

Now, in the wake of the new restrictions, many LSC smokers are considering electronic cigarettes. These give the same amount of nicotine as regular cigarettes and some even provide flavor, like the banned cloves. "I'm sad to see clove cig-

arettes go," said one smoker, "but I think in the long run I will save money by buying the electric cigarettes."

Electric cigarettes can be found for about \$80 each, requiring two lithium-ion batteries to work. Smokers save money because they do not have to keep buying new packs every time they need more. Instead they can

charge the battery and smoke whenever they want to.

"I would be glad if more people started using these instead of regular cigarettes," said a non-smoker. "At least then I would be able to stand being around them."

Electronic cigarettes do not give off any second hand

smoke when they are being used, making them appear healthier than normal cigarettes.

The exact health risks of electronic cigarettes are still unknown because the United States' Food and Drug Administration has not tested them yet. Despite this they are still legal to own.

LSC hosts annual yard sale scholarship benefit

Justin Chenette
Special to The Critic

During the annual Lyndon State Parents and Alumni Weekend a yard sale was held in the Bole Gymnasium, but an ordinary yard sale this was not. This was a fundraiser to help benefit the college's Student Scholarship Fund.

"We do it every year," says Pat Webster, Chair of the

LSC Faculty / Staff Scholarship Committee. "It falls into this nice combination of parent's weekend and homecoming weekend, so it's perfect. It brings in a lot of people and lots folks from downtown who know to expect it come up as well."

People from all walks of life perused the items that seemed to have histories all their own. There were books,

clothes, toys, cookware and computer equipment old enough to date itself.

The sale items consisted largely of contributions and donations from the community. Faculty, staff, and even local townspeople put forth the necessary supplies in order for an estimated \$1,000 to be raised for the scholarship committee.

"I love lawn sales any-

way," said one LSC parent attending the yard sale. "I should have brought some stuff too because I'm sure I have plenty to get rid of, but this is just a great opportunity to buy some things and help out a good cause."

Helping students pay for the rising cost of secondary education is only part of that good cause. The sale also helps local charities.

"All of our leftovers," said Webster, "we are able to disperse to local social agencies so nothing goes into the landfill which is also a big plus."

For more information contact Pat Webster at Patricia.Webster@lyndonstate.edu "Patricia.Webster@lyndonstate.edu."

Work study positions all filled

Arianna Millington
News Correspondent

Still looking for a Work Study job? Have you discovered there are no more available? Getting the feeling that there is no hope left? An interview with some of Lyndon State's Work Study staff will help keep the hope alive.

All the work study jobs have been taken yet hope may still exist for those try-

ing to catch a break.

"The best place to look is Career Services," says Financial Planner Jennifer Aubin. "Even though all the positions may be taken, I encourage students to keep checking on it, because there's a possibility of students getting fired, quitting, or in some cases not being able to complete their semester."

Suggesting that student's unable to get a Work

Study job on campus keep an eye open for non-Work Study jobs and internships as well, Aubin says that another option is to get on a waiting list.

"There is a Work Study waiting list," says Aubin, "normally composed at the end of the Fall Semester, and all funding not used will be recycled, so opportunities are available all around."

Aubin also addressed the issue of what happens to

students who are awarded Work Study but cannot find jobs.

"In this case we would determine if money was needed for other personal expenses or needed to cover the bill," says Aubin, "in which case we would change their eligibility and if a huge need for more jobs arises, then further discussions will be made with the administration."

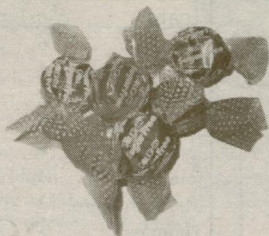
Career Services' Darlene

Gilman drops these helpful hints for students in need.

Checking your e-mail, along with school and local bulletin boards for job opportunities that are out there are some helpful suggestions that LSC Career Services' Darlene Gilman has.

Currently students are needed for the LSC Annual Phone-a-thon and as models for a figure drawing class at Catamount Arts in St. Johnsbury.

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What's Inside:

Chinese professor
visits LSC

SGA meeting heats
up

Women's tennis
rides win streak



No money in AMS forecast

Madison Cox
Critic Staff

The atmosphere was stormy when AMS was denied money for the 90th Meeting of the American Meteorological Society at the Student Government meeting.

AMS members requested \$2539.76 from the general fund in order to help send four students to Atlanta, GA in mid-January, at the SGA meeting Wednesday. The amount requested was meant to be a stipend to help students who may not be able to afford the entire cost, which is estimated to be about \$1000 per person.

Only four students who need financial assistance would get these stipends. Anyone else who wishes to attend would need to raise

money for themselves.

To justify the request, Tony McGee said, "It's [the conference] a great net-working experience. It gives students a reason to stay active in AMS."

As other club representatives questioned AMS, tension began to build.

"You guys get so much money for sending people to conferences," Brian Wilcock of the High Society said.

Kaitlyn Jacobs of AMS replied, "This is the only conference we request money for. The storm conference is put on by us."

When asked about fundraising toward the cost of the conference, AMS explained that the money they raise between now and January will go toward the annual storm conference that they themselves put

on.

After many questions from the other clubs, AMS was denied its request.

Stephanie Tyler requested \$5000 from the general fund to allow about twenty students to go to Guatemala for a ten-day service trip in February. This money will give each student about \$250 toward airfare and hotel expenses, while the total cost per person is generally between \$800 and \$1000.

The students will be volunteering to help those struggling in poverty through after school programs. They will also be working with an orphanage. The motion passed without much debate.

The Student Investment Club was approved by the SGA as well. With a starting budget of \$5000 from

two outside donors, the club will provide real-life experiences in the stock and bond market, according to Kyle Hessler. The club will be working with a broker from Edward-Jones.

Tom Leeman and Brian Wilcock of the High Society requested \$877.79 in order to put in four 'boxes' on President's Hill. These boxes are meant for anyone who wants to skateboard or snowboard on them.

Suzanne Proulx of AWRT asked, "You had \$1800 in your budget for these last year. Why didn't you use it then?"

Leeman replied, "We had an incompetent exec board."

The High Society's request was then denied.

The SGA executive board requested \$280.42 be reallocated from the leader-

ship conference fund to the dining services and event supplies. This request was approved.



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LSC gets cold

Leau.i Lopez
Critic Staff

It doesn't seem as if the new hand sanitizer dispensers on campus are getting much use.

Nearly everyone you talk to seems to be either recovering from being sick or just starting to feel ill. In the past two weeks The Brown House has seen a fair number of students with the same sickness.

"We've seen a few people, but we haven't been inundated," said Paula Chamberlin from the Health and Counseling service, "what's going around is a cold virus."

A simple cold virus has

swept across campus over the span of two weeks, with symptoms such as runny nose, sore throat and fatigue.

When asked what can be done to ensure more people do not get sick, Chamberlin replied, "wash your hands, no drinking from the same glass, get lots of sleep, take some vitamins and just take basic care of yourself."

If you are sick, it is advised that you make sure you get lots of rest, drink plenty of fluids and take the trip out to The Brown House if you don't feel better after a few days.

Also, use the hand sanitizer dispensers, they are there for a reason!

Club profile: OTB

Hollie Gaboriault
Critic Staff

If you need a design then Outside the Box can think outside the box to provide you with a quality product.

The group works on jobs outside the classroom as a team and it provides students the opportunity to build their resume and portfolio with the work they have done for clients.

The group is trying to become an AIGA group which will give students a discount on a membership by joining the group. AIGA is a graphic arts organization that is nationally known by design professionals. This organization

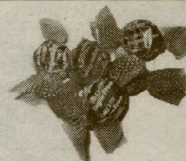
will look good on a student's resume and the students will get to participate in design competitions and it gives students a chance to meet other designers that are part of the organization.

Meetings are Tuesdays 7:30-8:30 in HAC 125.

Please contact on the group representatives if there are any questions.

Amanda Bloom - amanda.bloom@lyndonstate.edu
Gloria Todt - gloria.todt@lyndonstate.edu
Lauren Turmel - lauren.turmel@lyndonstate.edu
Katrina Ploof - katrina.ploof@lyndonstate.edu
Sierra Bridges - sierra.bridges@lyndonstate.edu

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Public Safety Log

Get out of SHAPE

Public Safety responded to a skateboarding complaint in the SHAPE facilities on Friday.

Suspicious Activity

Public Safety responded to a suspicious activity call on Friday.

Go trick some where else

Public Safety responded to the Stonehenge courtyard and parking lot for complaints about skateboarders doing tricks.

AMS/NWA First Inch Contest

Starts October 5 Ends October 16

A table will be set up in the ATT lobby from 10 a.m. to 2 p.m. See if you can guess when he first Inch of snow will fall on the LSC campus.

Entires: \$1 for one guess

\$2 for three guesses

Winner receives half of the money made off of entries.

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How to lose a dog, unintentionally, forever

Cameron Bock
Critic Staff

So I'm dog-sitting for this couple while they're out on their five-year anniversary and it just straight up dies on me. I know, I know. It sucks. So what would you do? No, that's a horrible idea. Where would I find a guy willing to do that? No, so I called them and told them the truth. Honorable, I know. They weren't mad; the dog was old and they knew he had less than a year left anyway. Effin' saved. Everything's cool. They tell me their vet will take the dog and deal with the burial there at the local pet cemetery. So I hang up the phone and realize this place is pretty much on the

opposite side of the city from their house. How do you cart a dead, twenty pound dog across a city without calling a lot of unwanted attention to yourself? Exactly, stuff it in a huge briefcase.

So I'm lugging this dog across town, hoofing it, whatever. I go down to the subway and I'm looking at the map and this guy walks up, dressed pretty nice, got a collared shirt and some dressy shoes and whatever. You know, a typically nice guy I guess. He says, "Hey man, you need help carrying that? Looks pretty heavy," and I'm thinking like, "Man, I don't want this guy to start asking questions about what's so heavy in this case and what I'm doing," cause that would be super embarrassing and I

could get a fine or something. Are there laws about dead animals in public here? No? Oh, well it didn't matter cause I was like, "No thanks bro, it's kind of expensive computer equipment and if anything bad happens to it, I'm totally responsible," and I'm thinking, "Oh yeah, totally saved that too. I'm pretty awesome," cause you know, everything's good now and whatever.

So the train comes and the doors open and this dude pushes me in as the doors are closing and takes the briefcase and runs off! He stole it and I'm looking out the window like totally speechless cause what do I say now? "Hey, someone just stole my dead dog,"? So he shoots this look back at me like,

"Gotcha, idiot," and I sit down and try to process what just happened and where I went wrong in my life. I eventually call the owners and tell them what happened expecting to get torn apart but after a few seconds of silence the husband starts laughing and the wife slowly asks, "So what do you think he did with it?"

So there's like three scenarios I can think of how this ended for him. One, he goes home and realizes he just stole a corpse, privately, embarrassed but alone so nobody can see his horrible shame and confusion. Two, he runs up to street level and opens it right there, totally eager, and people walking by see this dude staring at a dead dog in a briefcase and

are like, "Wow bro, that's messed up," or something humiliating like that. Finally three, my favorite, he takes the case straight to "his guy" in some dark alley or an abandoned warehouse somewhere and he's like, "Hey man I totally just jacked some sweet computer stuff," and they both open it and are looking at this dead dog and his guy is like, "Is this some kinda joke?" in a cool Joe Pesci, Goodfellas accent and then he gets shot in the face cause I guess that's how the black market works according to all those movies. But yeah, that's about it.

Can't make this stuff up, man. You hungry? Let's get Chinese.

Are sex laws against the law?

S.E.X
Critic Columnist

For those who like to stay current on events of the day, you may have come across the new rule at Tufts University in Somerville, Mass. This sex rule calls for absolutely no sex while the roommate is in the room as well as forbidding the act of "sexiling." For those who are not "down with the lingo," "sexiling" is the act of exiling a roommate for the sole purpose of sex (hence the sex-exile combination). Now, to

me this rule is absolutely ridiculous. For a college campus to install a law such as this, that means that not only did they have far too many complaints, but also they had to have students that cannot talk with their roommates to work out a deal. How hard is it to say "Do you mind giving me some privacy for a few minutes?" or even "I would prefer if you went somewhere else because I have a lot of studying to do?" I would like to know how a university plans to enforce such a law, or even find hard evidence that

someone broke the rule. What are they going to do? Dig through trash to find used condoms? Tufts is a private institution, therefore they could theoretically make any law, but in all seriousness I think that it is absolutely absurd. The old put a sock on the door handle tip always worked for me. It's as simple as that. I think restricting sex should be against the law. It's not like these students were on the campus green, they were in the privacy of their dorm rooms. What do you think?

Hot LSC professors

Yukon Charlie
Critic Columnist

Here is a question for everyone, who are the hottest professors on campus, both male and female. There is just something about our professors that we cannot resist, so here is your chance to let the school decide who best struts their stuff.

We want to know who is the most pleasing on the eyes and who gets you a little hot under the collar. This is open to both male

and female professors, and we want to know what about them turns you on. Is it their looks, the way they carry themselves, their intelligence, wit, or just some form of raw animal magnetism. Your votes can be sent to Critic@lyndonstate.edu where they will be tallied and results will be printed next week.

Who knows what your results will start on campus, but you support that teacher whose classes you love to attend.

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

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There is no place like home

Arianna Millington
News Correspondent

Lyndonville, Vermont—beautiful landscapes, nice little cozy town, sporadic moose appearances. What's not to love?

So far my college experience here at LSC has been an emotional rollercoaster with me getting adjusted to EVERYTHING! It's a lot of work. Not to boast or anything, but I think ALL freshmen who come from very far away should be rewarded credit for not only adjusting to college life, but also to a new kind of atmosphere. I'm from Newport News, Virginia, where it's warm enough to wear a beater until like Thanksgiving. It almost never snows on Christmas, and it actually gets HOT there (normally at the end of March, might I add).

I know there are a handful of other freshmen from very far away and I'm sure all of them can agree: one from Montana, Maryland, North Carolina, and my roommate is from South Carolina. One of my biggest complaints is always how cold it is here. I shiver like every time I see someone in flip flops and shorts. I don't see how they do it! Hope they don't plan on visiting Florida, EVER

Another big difference I've noticed here is the religion, or should I say the lack thereof. In Virginia majority of everyone believes in God, and most of them are Christian, like me. I don't feel really threatened, but a little offended when on the given subject most people here will tell me, vehemently, that God doesn't exist. Guess it's just a Southern thing.

What I miss most about

home, besides heat, is being goofy with my friends and family. I get so jealous when everybody here goes home for like every weekend. As far as being corny with my loved ones, I've decided to do some improving. That includes being more professional, and less immature plus here people would think I'm crazy.

I really do miss being home, however I love it here at LSC, and I'm not here to be warm, or religious, or silly, but for my education. So just a shout-out to all of the freshmen "commuting" from more than 10 hours away: keep up the good work, and I guess to myself: I'll just stop pretending to be poor little victimized Dorothy, stuck in a foreign land, and just zip up my coat, and stop complaining!

Bread and Puppet: rises for the fall



Photos by Steve Cormier

Steve Cormier
News Editor

Put down the beer and pretzels and try some Bread & Puppet this weekend during their 8th Annual Political Leaf Peeping; a day of music, art and theatre.

The foliage to be seen falling upon Vermont not only represents summer's close but the falling of the theatre company's own curtain. Sunday's show, starting at 2 pm, marks the end of Bread & Puppet's 2009 summer performances on their Glover property.

With the days growing shorter and the nights getting long, after Sunday's performance the company will travel into the world as Vermonters settle in for another long winter.

While I'm visiting them at their home the company members that are present never get any further from the house's back stoop than the garden twenty feet off, a source of much summer sustenance.

Their fruitful frugality impressing me, I ask the company's manager, Linda Elbow, if Bread & Puppet receives any official help (grants and subsidies) to

keep them operating.

She states that they never apply for such things – "It's an extreme choice, a choice, a total choice" – making it clear how dependent these people are on everything they grow and make, every donation they receive and every piece of art they sell.

So when it inevitably cools down in Vermont the garden sustenance halts, the performances they give on their property give way and even their house must be boarded up to an extent – the "summer" kitchen I first walk through is so open, so breezy and yet so not insulated; simplistically practical for hot baking during summer but unsuitable for the winter days lying in wait.

Moving from the house, garden and company members, Linda leads me on a hike across the property, listing off the locations that will take the members away from the house and garden so soon: New Hampshire and New York during the autumn to work with regional artists and then Taiwan for a few weeks.

Linda recalls that Bread & Puppet has gone to Europe, travels to Latin America every few years and had been in Africa in the 1970s.

But it is when Linda mentions that Peter Schumann, the company's founder, director and baker, "gets to the Middle East now and then" the region's politics hit me. I have to ask if the trip is political, especially with Bread & Puppet's reputation.

Linda makes it clear that Schumann and the company do nothing differently abroad during the winter than they do at home during the summer: Bread & Puppet's work is to help build shows with artists, as they do locally, that culminate in performances.

Some may see it as political, but for Bread & Puppet, Schumann in particular as written in an e-mail statement, theatre is art and religion.

"Theater is a form of religion," says Schumann. "It is fun. It preaches sermons and builds up a self-sufficient ritual where the actors try to raise their lives to the purity and ecstasy of the actions in which they participate."

Marching on across the open fields with Linda the energy of this unique Kingdom plain suddenly grabs your attention away from the interview; an energy that must be a part of the creation

done here.

Before me the company's amphitheatre comes into view: a large grassy depression and former gravel quarry emptied to build the very Interstate 91 that leads to this place.

At the middle of this old multi-use bowl lies an old multi-colored school bus, used to denote the pit's deepest point and the stage's deepest rear, to denote where the performers emerge to entertain, enlighten and feed the audience just a bit.

Every Sunday in July and August, this is where the puppeteers are found, this is where they feed mind and stomach with theatre and bread. Despite the autumn chill and cloudy sky, with this knowledge of purpose and the picture perfect area surrounding us I can all but imagine how magnificent and magnanimous a sight this all has to be with bread, puppets and people.

If and when the weather sours or gets cold, as will be the case on Sunday, within sight of the house and garden where the company has gathered by the end of Linda's tour, the show can always be held within the Paper-mache Cathedral – a secondary option and an

amazing one at that.

While entering its enormous sliding doors the detailed reliefs and puppet scenes on every height and length of every surface, a long-term manifestation of Schumann's handy work explains Linda, cannot but strike you – this is as magnificent a cathedral as anyone could ever see – Bread & Puppet's true temple to the theatric religion.

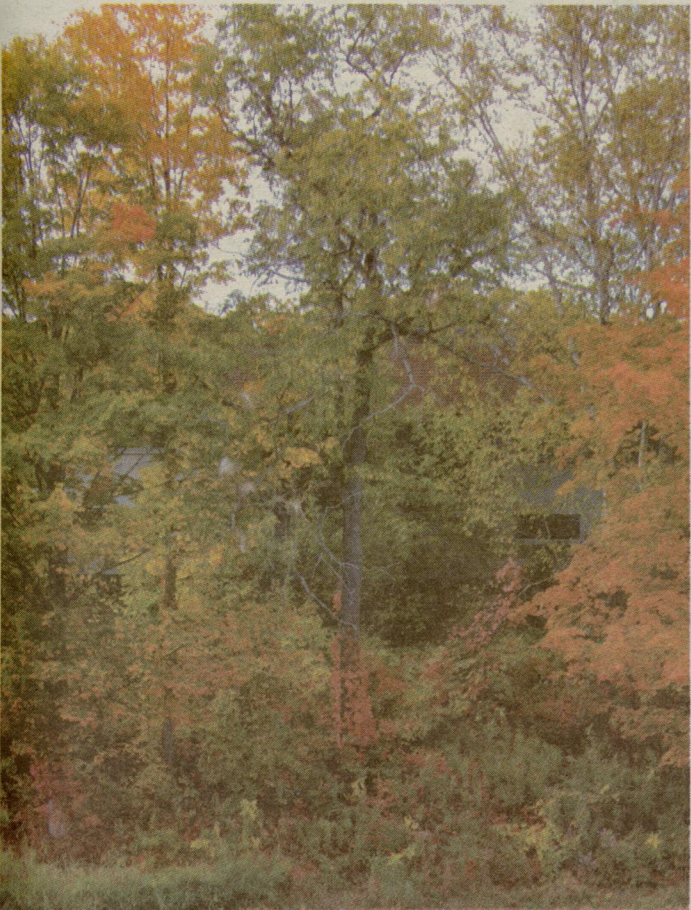
The scenes on the walls, the attic full of puppets far above the Cathedral's stage and all of the art located throughout their property can only lead me to one final and completely unanswerable question: "how many puppets, how many pieces of art do you have here?"

"No idea," says Linda. "I don't want to know – a lot."

More than 30 years of creation, art, theatre and performance is certainly a lot, if ever there was a measurement. So take Sunday and head out to Glover for a unique and beautiful experience lest you miss summer's finale and Bread & Puppet's too.

The Bread & Puppet theatre is located on their property at 753 Heights Road in Glover.





Photos by Eric Wayne

Quimby Gallery exhibit by Sumner Crenshaw

Tara Parenteau
News Correspondent

For those of you lucky enough to have already seen the exhibit in the Quimby Gallery, and those of you who haven't, here is the scoop behind the talented artist, Sumner Crenshaw. And don't miss the exhibit; it ends October 14.

Q: What can you tell me about your background?

Crenshaw: I was born in Phoenix, AZ, in 1984 but I grew up in Derby, VT. I received my BFA from Johnson State College in 2006, and this spring I earned my MFA from the Academy of Art University.

Q: What are your hobbies?

Crenshaw: I enjoy traveling, walking my dog, and lately I've also gotten into baking. And, I suppose that one of my favorite pastimes is shopping.)

Q: Name your favorite museum:

Crenshaw: I love the Museum of Modern Art in Manhattan. I could go there a million times and not get bored. Their collection is just astounding. One of my favorite art pieces is Salvador Dali's "The Temptation of St. Anthony". Another is Picasso's "The Frugal Meal". Both of these pieces are so full of power, and I really admire how the artists exaggerated the forms.

Q: Have you ever attended LSC?

Crenshaw: I attended LSC for a semester in 2003; I took a figurative drawing class with Martin McGowan.

Q: Name a few pieces in the Quimby Gallery:

Crenshaw: "Avoidance", "Pulling Our Weight", "The Anguish of Surrendering"

Q: How long have you been painting?

Crenshaw: I've been creating art my whole life,

but I started painting about five years ago.

Q: What is the inspiration behind your art work?

Crenshaw: A lot of what inspires me comes from within. I think that inner emotions and struggles are great creative starting points, and many of my ideas come from expressing these hidden emotions. Letting yourself feel pain and getting in touch with it unlocks so much creative potential. I've never been afraid to paint the darker side of things, and to me, every little drama and stumble in life is an opportunity to find an idea and tell a story.

Q: Where is your favorite place to create art?

Crenshaw: My home studio. It's quiet and free of distractions. There I can just go off into my own little world and focus on what I'm painting.

Q: What are your goals for the future?

Crenshaw: My goal has always been to be recognized. I hope that one day people will know my name and recognize my art. I want to be remembered, and, as corny as it sounds, I hope that someday my own work will be hanging in the Museum of Modern Art.

Q: Is your work displayed elsewhere?

Crenshaw: I don't have any other exhibitions up right now, but my work is displayed on a few websites, including www.ugallery.com and www.ico-gallery.com. I also have an online shop where I display and sell t-shirts and other products that are decorated with my art. It's at www.cafepress.com/SumnerCrenshaw.

Q: Who is your favorite artist, and things to paint?

Crenshaw: I think that Salvador Dali's work is just spectacular. He's always been a favorite of mine. I can remember being a little kid, looking through a book of his paintings, and being mesmerized by his

work. His paintings transport the viewer to a whole different realm. I also admire the German Expressionist painters, especially Egon Schiele. I like how they managed to fuse emotion and style in their work. I really like to paint people and imaginary environments. The idea of being able to create a new world and present a different viewpoint appeals to me. I've painted other things, such as landscapes and still lifes, but they don't grab me the way that figurative work does. I have a great amount of respect and admiration for artists who work in these genres, but they've just never been for me. Being able to paint figures in some imaginary scenario is what I'm passionate about.

Q: Do you create other forms of art?

Crenshaw: I create ceramic pieces, and I also do printmaking.

Q: Does your work have a message to the viewer?

Crenshaw: I hope that this exhibit resonates with viewers. My desire is to have visitors connect to and identify with the paintings. I hope that viewers will look at the works and ponder the emotions behind the subjects, realizing the diverse ways in which art can convey and illuminate emotions, and the powerful creative possibilities of both realism and surrealism.

Q: If you could describe your work in a few sentences what would it say?

Crenshaw: My work stretches from realism to abstraction to surrealism. The images I create represent things swirling in all of us, too hidden to recognize and often too frightening to acknowledge. I try to paint the passions, frustrations and fears that sway us all; the feeling of looking at someone and knowing you've been betrayed, or of facing your own reflection and just wanting to scream.

Chinese professor visits U.S. for first time

Madi Cox
Critic Staff

For Shaohua Yan, the structure of college classes at LSC is far different from those in Inner Mongolia. A professor of English and Chinese at a technological university, Yan is visiting the United States until December.

"Students participate in the classroom activities more actively here than my students, because you have so many group discussions and direct communications between teacher and students," Yan said. "In most of the Chinese lectures in colleges, teachers are the main speakers and students just sit there and take notes. They do not ask questions when teachers are talking."

Yan is currently staying with LSC professor Elaine Razzano, whom she met in China in 2003. Razzano was on sabbatical at the time. Yan will be staying in Vermont for two weeks before traveling to Connecticut for the rest of her time in the United States.

Yan has been enjoying her time here. She said, "Yeah, it is a totally different and exciting

experience for me to go abroad. Everything is so different, so new to me, although I thought I knew a lot about America." This is her first time traveling by airplane. "I enjoyed every minute staying here. I like everything here—air, water, trees, climate, different styles of houses people live in, driving habits and especially people I have met; they are so nice and hospitable," she said.

Yan said that American and Chinese college students do have one thing in common. "Students are talkative after class and they use cell phones constantly. Every student has a cell phone and mostly cell phones ring from time to time during class and it's quite annoying, which I hate most." However, she added, "You behave very well in class with regard to the cell phones. I'll tell my students after I go back to teaching."

When asked how she deals with homesickness, Yan said, "I called home or emailed my family members and friends so I don't necessarily feel too lonely here, actually. It's still been a 'honeymoon' for me until now. I had a great time staying here."

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Movie Review:

"Surrogates" disappoints

Matt Goldstein
Special to The Critic

I knew virtually nothing about *Surrogates* before seeing it, and afterwards I was left frustrated and disappointed.

Surrogates has a very interesting premise and with the right screenplay and director, it could have been a great sci-fi movie in the tradition of Ridley Scott's *Blade Runner* or Steven Spielberg's *Minority Report* — which I highly recommend if you haven't seen them.

Surrogates is set in an alternate present day where humans live in isolation, and all daily tasks such as work and socializing are done through robots — or surrogates. The invention of these surrogates virtually eliminates crime and communicable disease. Daily life is much safer, as the human operator can experience every feeling and sensation except pain and death.

When reclusive surrogate inventor Dr. Canter's son AND his surrogate are murdered, FBI agent Creer (Bruce Willis) investigates the crime.

The concept of robots and

In the process, Creer loses his surrogate, forcing him into reality to fight an elaborate conspiracy. An opposition group of flesh and blood humans called the "Dreads" are relegated to relative third-world living conditions in "reservations" contained within major cities.

Their leader, "The Prophet" (Ving Rhames) is a very stereotypical characterization of a fanatical extremist. His bushy beard and long dreadlocks were almost comical in their cliché. These "reservations" ban surrogates and despise all that 98 percent of the population stands for. I saw these "reservations" as almost a parallel to the Middle East. They had their spiritual leader telling them they are the righteous ones, while the rest of the world and their surrogate lifestyle thinks THEY are superior in their way of life.

Bin Laden once benefited from the US and our Cold War versus Russia, much like The Prophet does in this movie — you'll have to see it for yourself to know exactly what I'm talking about — on second thought, don't waste your money.

The concept of robots and

androids always seem to pique people's interest. There are many ethical and moral dilemmas surrounding robots in general as well as in this movie. It DOES make you think — however, not for very long considering it's laughable 88 minute run-time. Subtract the credits, and this is virtually just a long TV episode.

The director (Jonathan Mostow) and his writing team had a relatively good story to work with, but the entire movie is rushed and there is very little resolution at the end. The one major plot twist was predicted by myself and my fellow viewer. Needless to say, there were some lazy, sloppy, and uncreative choices made in this otherwise creative story. The director tries to convey this sense of urgency and suspense, but I never found myself caring for these characters.

The *Surrogates* have a pore-less, airbrushed appearance, and it's difficult to relate to them. Bruce Willis made his usual eight-figure salary, but was not challenged in ANY way in this role. There is probably 30 seconds to one minute of emotional dialogue. The music and ac-

tion scenes were not enough to create the sense of suspense. I actually found myself chuckling at some of the ludicrous action scenes.

There IS a social and political message in this movie, but it's hidden within the awful way it's conveyed. I guess I shouldn't have expected much from the writing team that brought us *Catwoman*, *The Net*, and *Terminator 3*.

It's even more disappointing when you learn the story is adapted from a graphic novel, and it's not even from the mind of the filmmakers. It gives even LESS credibility to the filmmaker — if that were possible.

The main theme or message I took from this movie is how attached people are to communicating, but without any human, face to face contact. Social networking on the internet and the addiction of texting has completely changed the way people interact, and *Surrogates* seems to hint that this will end up causing major problems in the future.

The story is thought provoking, but the execution was very lackluster. MAYBE worth the \$4 matinee price.

Movies Playing Locally Oct. 2-8

Catamount Arts

St. Johnsbury
(802) 748-2600

"Unmistaken Child" Unrated 102 mins
"Taking Woodstock" Rated R 110 mins

Star Theatre

St. Johnsbury
(802) 748-9511

"Fame" Rated PG 107 mins
"Surrogates" Rated PG-13 89 mins
"Zombieland" Rated R (time not available)

Jax Jr. Cinemas

Littleton, NH
(603) 444-5907

"9" Rated PG-13 79 mins (playing through Oct. 19)
"All About Steve" Rated PG-13 98 mins
"Zombieland" Rated R (time not available)

Waterfront

Newport
(802) 334-6582

"Zombieland" Rated R (time not available)
"Whiteout" Rated R 101 mins

Kham's Thai Cuisine offers a quality Asian dining experience

Nicholas Russo
News Correspondent

The Northeast Kingdom is not known for its extensive dining options. When people tire of the same old meat and potatoes, it can be frustrating to find something different. Kham's Thai Cuisine in St. J is a great option for someone looking to have a change of pace in dining.

The restaurant is on the small side, however its size

and light colored walls give the dining area a welcoming vibe. Atmosphere receives an 8/10. The menu contains a substantial variety of dishes from the far east, including everything from the ever-popular wonton soup to dumplings and noodles. The menu is a 9/10.

For starters, a bowl of Tom Yum soup proved to be as spicy as expected, with shrimp and mushrooms creating an interesting mix of fla-

vors. Chicken dumplings were decent, however they lacked a strong taste and seemed rather greasy. Appetizers receive a 7/10. Moving onto the main course, a plate of drunken noodles sported various vegetables in a delectable sauce, containing the perfect amount of seasoning. Entrees receive 9/10. For dessert, a honey coated banana was very nice, and a strong end to a solid meal. Dessert receives an 8/10.

Service was excellent, as our waitress frequently checked to make sure our meal was going smoothly without being a pain. The restaurant was very clean, which made the dining experience that much more enjoyable. Prices are fair, with soups averaging \$3 a bowl and entrees ranging from \$7-\$14. Portions are standard for any restaurant, as plates are large enough to finish in a meal, but too small to allow

for extra to take home. Kham's Thai Cuisine is located on Route 5 in St. Johnsbury across from Pizza Hut and near Price Chopper.

Service, portions, value, cleanliness, and location receive a combined score of 41 out of 50. Kham's Thai Cuisine receives an overall score of 82 out of 100, for a B-. Kham's makes the grade and is certainly a great choice for anyone desiring some scrumptious Asian food.

What's coming up at LSC...

Aimee Lawton
Entertainment Editor

This week is more laid back entertainment wise than the past weeks have been, but there is still plenty going on for students to participate in.

Tonight begins the first of six films in the "Fright Night" series. This will show at 11 p.m. in the student events center in the new building. The other films in this series will be

shown on Oct. 9, 16, 23, 24 and 30.

Tomorrow night, students have the opportunity to get off campus and travel to Gold Crown Lanes in St. Johnsbury, where they can participate in Lyndon's traditional insomnia bowl. This event will begin at 11:30 p.m. on Saturday, and end around 4 a.m. on Sunday.

On Sunday, students are given a second opportunity to see the movie "Terminator Sal-

vation." It will begin at 3 p.m. in the student events center.

On Wednesday, Oct. 7, a caricature artist will be in the student center beginning at 11 a.m., giving students a chance to have a character sketch done of themselves at no cost. On Wednesday night, one of the most popular comedy films from over the summer, "The Hangover" will be playing in the Alexander Twilight Theatre beginning at 9 p.m.

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Women's tennis rides win streak into October



Photo by Melissa Mulhisen

Rebecca Irwin prepares to return a serve in a double's match during Wednesday's rain-shortened contest against Johnson State.

Sebastian C. Lury & Melissa Mulhisen
Sports Editor
Special to The Critic

The red-hot women's tennis team ends September amidst a winning streak.

The LSC women's tennis team has come a long way since losing their first two games of the year. The losses came on the road at Russell Sage College in Troy, N.Y. and at home against Castleton State College 8-1 and 9-0, respectively.

Since the losses, the team has gone 5-0, beating two conference rivals as well as one out-of-conference opponent.

The team began their winning streak on the road at Mitchell College in Connecticut, winning 7-2. Since then, the team has not dropped a match. They first beat Thomas College 9-0 on back-to-back days, then beat Johnson State College 9-0 in Johnson last Saturday and then 6-0 Wednesday in a rain-shortened match at home.

Sue Henry, who coached the team for two seasons in the early 1990's before returning to the role this year, says that the players have been the reason that the team has done well.

"I wasn't sure what to expect on my return to coaching," she said in an e-mail. "But I am pleased to report that coaching the LSC women's tennis team has been both a rewarding and enjoyable experience thus far."

"The players have worked hard in practice," she said. "[They have] chemistry and support for each other. After each match we have processed our performances and have made adjustments accordingly." Henry adds that it has helped "having players that are coachable and able to adjust."

There are no seniors on the team and only junior Rebecca Irwin, who played in only two games last year due to a schedule that included 23 credit hours, has any prior experi-

ence with the team. Henry does not feel as though this lack of senior leadership has diminished the team.

"Our team chemistry," she says, "makes up for any lack of 'senior' leadership. We've improved every day on the court, so it must be working."

"We have dinner parties," says Irwin. "We work well together, like best friends. It's a team. I'm so happy."

"As a team, we get along really well," says junior Amber Hartman. "We're competitive but we know when to have fun."

The strengths of the team, according to Henry, are "chemistry, communication and support." She adds that the team is "very coachable," that they have "sportsmanship," and that they are "good student/athletes."

Henry says that the goals of the team are "to improve every day, to continue to have an enjoyable experience, continue to represent Lyndon State Athletics in a positive manner, and be ready to compete for the conference championship."

The team has can also boast three conference honorees. Freshman Margaret George was awarded as North Atlantic Conference (NAC) Women's Tennis Rookie of the Week on Sept. 21. Sophomore Kaitlin Cunningham was awarded NAC Women's Rookie of the Week while Irwin was honored as NAC Women's Tennis Player of the Week, both on Sept. 28.

According to Henry, there is one improvement that the team could have made.

"We need to begin the season with a camp before classes begin," she says. "That will give us a better start."

Henry also points out one other factor that has helped lead the team to success so far this year: "We have a ball machine."

LSC will travel to first place-Castleton on Saturday for a rematch.

The Buzz: a busy week for fall sports

Sam Monroe
Managing Editor

All Hornet's were buzzing on Wednesday as the men's soccer team, the women's tennis team and the women's volleyball team were all in action.

The volleyball team, fourth in the North Atlantic Conference (NAC) standings, stung Johnson State, winning the match in straight sets, 3-0. The Hornets were led by Kayla Brobst, Morgan Reilly and Maegen Fried. Brobst had nine kills, Reilly led the team with 15 assists, and Fried had 19 digs for the Hornets.

The men's soccer team, last in NAC standings, played host to New Hampshire Tech, and the two teams played to a 0-0 tie after two overtimes.

The women's tennis team, second in NAC standings, extended its win-

ning streak to 5 matches after a 6-0 beat down of Johnson State on Wednesday. The Hornets also had two players earn conference honors. Rebecca Irwin was named NAC Player of the Week. And Kaitlin Cunningham was named NAC rookie of the week. This coming one week after Margaret George was named rookie of the week.

The women's soccer team, fifth in NAC standings, lost to Plymouth State 6-0 on Thursday and beat Johnson State 2-0 last Saturday.

The men's cross country team placed first in a meet last Saturday at Southern Vermont College. Joshua Grant was named the NAC rookie of the week after placing second out of 61 runners at the Southern Vermont meet. He finished the eight kilometer race in just over 29 minutes.

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Baby Boom

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Record enrollment p. 5

Pro snowboarder shreds LSC p. 7



Autum Hoyt - Born Oct. 8, six pounds, 11 ounces, 19 inches long.

Photo Courtesy of Erica Hoyt



Grady Davis - Born Oct. 7 eight pounds, five ounces, 21 inches long.

Photo courtesy of Jonathan Davis

Leani Lopez Critic Staff

Within the small span of three days, three couples with Lyndon State ties have had babies.

Associate Dean of Student Affairs, Jonathan Davis and his wife welcomed a baby boy. Grady Davis entered the world at 6:30 p.m. on Oct. 7, 2009.

He weighed in at eight pounds, five ounces, and was almost 21 inches long. In a general statement released, Davis responded that, "Everyone involved is happy and healthy!"

Admissions Counselor Erica Hoyt and her husband welcomed a baby girl named Autumn Catherine Hoyt on Oct. 8, 2009 at 5:35 a.m. The little girl weighed six pounds, 11 ounces and was 19 inches long.

"Thank you all for the outpouring of love and support!" Hoyt said. "Autumn continues to awe us and has been growing too...she gained two ounces over the weekend!"

The next day, Kate Gold from Project Compass and her husband, Jay Shafer in Atmospheric Sciences welcomed a baby girl. "As part of the Lyndon community, we would like to share with the many people who have supported us thus far," said Gold, via e-mail.

"Zoë Jeanne Shafer-Gold will not be rushed! After 36 hours at the NVRH Birthing Center, Zoë was born via C-section at 9:34 p.m. on Oct. 9, 2009. She weighed nine pounds, six ounces and measured 21 inches long.

She has since shrunk down to a mere 20 inches. Because of the surgery, she got to spend her first hour with her daddy, who could not be more in love with her.

"Zoë and I were released from the hospital on Oct. 12, and are very happy to be home. We think she gets cuter every day, and she makes us laugh more than we would have imagined possible."



Zoe Shafer-Gold - Born Oct. 9 nine pounds, six ounces, 21 inches long.

Photo courtesy of Kate Gold

Lyndon State to go recruiting in China

Ben Holbrook
Critic Editor

Lyndon State College continues to develop its relations with China as Donna Dalton, dean of academic and student affairs, will be spending almost two weeks on a four city tour of the country.

The trip, a continuation of President Carol Moore's and Ben Luce's trip to China this summer, will encompass Shenzhen, Xian, Beijing and Shanghai. The trip will last about 10-11 days which, "is not very long when you think about the size of the country," Dalton said.

The college has been working with an agent because, as Dalton pointed out, "it would be nearly impossible to do this on your

own."

Dalton explains that the agent LSC is working with is unique in the sense that she is working to promote Vermont as an opportunity to study abroad for Chinese students.

At the moment the agent is working with LSC and St. Michael's College in Colchester to recruit Chinese students. The college, and Dalton, are in the process of recruiting Chinese students to Lyndon for the 2010 fall semester.

At the moment LSC is focusing on China because, "it's a big world and you need to target your efforts," Dalton said. "China is appealing because there are millions of students."

Lyndon State has a page online at www.studyvermont.cn/lyndon which

gives information to potential Chinese students. The page is written in Chinese to make it more accessible.

Although most American students have the opportunity to pursue a higher education, Chinese students spend their last year of high school preparing for entrance exams to be accepted into one of the universities, Dalton said. However, for every 10 students who take the exams, only one is accepted. In the case of students who aren't accepted their only option is to pursue an education outside the country, Dalton said.

As much as LSC would like to see Chinese students become a part of the community, there are certain criteria that must be met before

the students could attend classes.

"Our assumption is that only students with a reasonable proficiency in English would be accepted," Dalton said.

Besides overcoming the language barrier, LSC will also expand services for English as a second language [ESL], an intensive four week summer course to immerse students in the culture and the possibility for an international advisor to help students with any culture shock, says Dalton.

Other changes would include expanding Aramark's menu to include foods the Chinese students would be looking for, Dalton said.

"It wouldn't be fair to accept these students at Lyndon and not have the sup-

port they need," says Dalton.

Besides having representatives traveling overseas, LSC has also been in contact with other schools that have recruited Chinese students to get a better idea of what to expect. These institutions include both colleges and high schools, including Lyndon Institute which recruits a large population of Asian students.

As far as the actual trip goes, Dalton, who has never been to China but has gone to Japan, is very excited. Dalton will be traveling to China alone but will meet the agent the school has been working with in Hong Kong. Dalton will be leaving Saturday.

SGA shows clubs the money

Madison Cox
Critic Staff

The second time is the charm - High Society finally received money for their new skating boxes during Wednesday's Student Government meeting.

After being rejected for \$877.79 during the Oct. 1 meeting, the High Society brought in an audience of 32 club members to illustrate the amount of usage the boxes would be getting if funded.

Presenting a video featuring the different ways to use boxes in the winter months, the High Society explained that the amount it was requesting included every fee needed to complete construction. When Suzanne Proulx of American Women in Radio and Television (AWRT) voiced concerns about the project not being built last year when funds were given to the club, Brian Wilcock addressed the members of the High Society.

"How many of you are willing to help build the boxes?" he asked, after which every member raised their hands: "They will be built this year."

The High Society received the total amount requested. As soon as it was announced, the 32 club members erupted into applause and proceeded to leave the meeting, frustrating some of the representatives.

"Yeah, there they go," Sam Utz of Leadership Recognition said. "It really grinds my gears."

Other business included Erin Rossetti presenting the idea of a residence hall association that would work with the SGA and Student

Life in order for students living on campus to voice ideas and concerns. An informational meeting will be held Oct. 19 at 6:30 p.m. in the Rita Bole lounge.

The Lyndon Strikers requested \$1000 due to the number of active members in the club.

"We're looking for this money to get through this semester and quite possibly next semester as well," said Jordan Sherman, vice president of the club. "We currently have over 30 active members, so unfortunately fundraising doesn't cover it all."

The Strikers' request was granted, bringing the general fund to \$27,514.12.

Two new clubs have gained SGA-approved status as well. The Rotaract, an organization designed to do community service, is being headed by Bennett Sayles. The club plans to do a food drive with the campus activities board, and to stay involved with SGA, an issue the club had in the past.


The Lyndon State Photographers Society was also approved. Amanda Racine, president of the club, said that there will be numerous fundraising events going on this year. According to Racine, the club will be producing a 'hometown series' of photos, depicting different regions of New England to be made into a book. It will also be creating a calendar. Both of these items will be for sale.

In other business, the representatives of SGA voted to formally revoke the club status of Students For Global Change, after a representative failed to attend three meetings this semester. There are currently no active members in the club.

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New building should be named for honor, not cash

To the Editor:

I read with interest an article entitled "Changing ASAC name not cheap" by Nick Russo in the September 11, 2009, edition of the Critic.

He reported that Dean of Institutional Advancement Bob Whittaker is seeking a donor who might be willing to pay 3 million dollars for the privilege of naming our new building.

While some in the administration and/or Board of Trustees might see this as an entirely reasonable strategy to generate money and support for our college, I disagree with this approach. We seem to be selling an honor to the highest bidder when we should be considering a person or group who has earned that honor through hard work and dedication to the Vermont State Colleges and Lyndon State College.

don State College.

I offer the names of five deserving public servants and one deserving group:

1. Former Governor Phil Hoff – Governor Hoff signed the law that actually created our Vermont State Colleges.

He and his administration were the driving force behind making our system a reality.

2. Former Governor Madeline Kunin – In the 1970's, Lieutenant Governor and President Pro Tem of the Vermont State Senate Kunin broke a tie vote in favor of the VSC faculty to end a long and acrimonious contract dispute. She helped to establish the faculty's credibility as advocates not only for their interests, but also as advocates for the interests of their students and the institutions they serve. She continued to advocate for higher education throughout her terms as governor.

3. Merle Woodall – Professor Woodall founded the Lyndon State College Meteorology (now Atmospheric Sciences) program. In the mid- 1970's, the private college where Professor Woodall taught announced that it would close. He and his students then visited several college locations with "interesting" weather: They chose Lyndon State College and he negotiated the transfer/creation of one of LSC's most highly regarded academic programs. And his story is even more interesting. As an Army Air Corps officer during World War II, Professor Woodall served as a weather advisor to those planning invasion and battle strategy. And students of World War II know that weather had a pivotal effect on the outcome of several historic events of the period. (Those of us who worked

with Professor Woodall referred to him as the Colonel.)

4. John Downs –The co-founder of the law firm of Downs, Rachlin and Martin, John Downs served as an advocate and protector of the Vermont State Colleges while serving as a State Senator and member the Board of Trustees during the early years of the Vermont State Colleges. Recently he donated his diplomatic papers to Lyndon State College. They chronicle important and historic efforts to limit the proliferation of U.S. and U.S.S.R nuclear weapons.

5. Graham Newell – A legendary educator who taught at St. Johnsbury Academy and Lyndon State College, Graham Newell also served as an advocate and protector of the Vermont State Colleges while a State Senator. He helped to ensure the integrity of each campus by op-

posing a VSC move to consolidate campus administrations into one "super" presidency.

6. Parents of Lyndon State College students –We must acknowledge the hard work and sacrifice that generations of parents have made to ensure that their daughters and sons could attend Lyndon State College.

I ask the Critic's readers to support an effort to name our very beautiful new building after someone who has done far more for our college, our system and us than to open a wallet and sign a check – no matter how large the amount.

Sincerely,

Timothy Miles Sturm,
Ph. D.

Professor of Education
and Special Education

ALTOIDS, the world's cheapest and best sex toy

S.E.X.
Critic Columnist

Ever wonder why the ALTOIDS ® slogan was the "Curiously Strong Peppermints?"

Well up until recently I only used the mints for the literal purpose, to freshen my breath with an extremely strong shock of peppermint. Little did I know these tiny

candies could be used for sexual purposes, and they enhance sensuality to a new state of intensity. If you recall eating these mints you can probably agree that they taste delicious and leave your mouth feeling cool and refreshed. Now imagine the cool intense tasty feeling during sex. How you may ask?

Well let me elaborate...

Let's start with foreplay, say a woman chews a couple of mints before she performs oral sex. Her mouth becomes extremely cold and hot at the same time, making the pleasure irresistible for the man. Now a man can get the same reaction if he chews a couple before he performs oral sex on the woman as well. Another added bonus is that perform-

ing these acts taste better and kisses have a new flavor.

Now if done correctly then when you get going on the dirty-dirty the hot-cold combination plus the penetration is one of pure bliss. I am talking almost instagasm (instant orgasm). So if you literally want to spice up your sex life, I advise you to purchase ALTOIDS.

These candies are on my top list of sex toys, plus they are inexpensive. To add to the mysteriousness when you make your purchase the cashier may never know what you are actually using them for, talk about discrete. ;)

Happy playing.

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

LSC Box #7951

Lyndonville, Vt. 05851

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Strength in few numbers

Madison Cox
Critic Staff

Samantha Couture is only one of three women in her class to be majoring in atmospheric science.

Most atmospheric science classes are male-dominated, according to Couture. There are only 10 junior students at LSC working toward this degree, and three are women. She believes that men and women are both pressured to succeed in any major but that in atmospheric science, "It may be a little harder for women to stand out."

Although women have been making strides in the fields of science and math for decades, there is still an inequality of gender. At Lyndon State College, women are still the minority in the atmospheric science field, according to statistics from Heather Ring, associate registrar. There are currently 84 students enrolled in the atmospheric science program and of those students, only 20 are female.

Couture added that be-

cause her major is challenging, many students (both male and female) choose not to continue in the program. She said that the junior class started with 30 atmospheric science majors and that number has dropped to 10. "Even now I feel like I am being questioned as to if I am serious about the major."

Amber Hartman is a junior exercise science major with a concentration in pre-professional physical therapy. There are currently 110 students in the program with 71 males and 39 females.

Hartman feels that although the number of men far outweighs that of women, there is no struggle to compete against the opposite sex. "I feel that all Exercise Science Department students work hard towards what we do and accomplish," Hartman said.

One disadvantage to the major is the lack of female professors, according to Hartman. "It has improved with the addition of Coach Khairallah to our department," she said. "It's nice having a strong woman to look up to."

Excuses, excuses, excuses

Moriah Pratt and Tara Parenteau
News Correspondents

'My dog ate my homework' just didn't make the list.

College students have very difficult lives trying to balance academics and their social schedules while being away from home. The social lives of students sometimes interfere with the academic lives and require some sort of explanation or excuse. While most of these excuses are legitimate, some are just plain lame.

The general excuses are being sick, or over sleeping, which are very common things for students in college.

"I had to miss two days of classes because I had tonsillitis," said Miranda Machia, sophomore education major. "It was mostly because of my field experience class. They didn't want me around the younger kids while I was so sick."

Of course there are more difficult situations that make students miss class as well. Machia also missed classes because her father was in the hospital. Katie Whitney, sophomore nursing major, had to return home because her dog had died.

"His best friend's uncle died and he had to be there for his friend," said Professor David "Buck" Beliles on a former student. Professor John DeLeo once had a student miss class because his or her mother was having a baby.

Living in Vermont can also cause a lot of excuses for students who drive. Winter in Vermont can be very dangerous and create many road hazards. Commuters and students who choose to go home on the weekends can get caught up in storms or are snowed in. Professor Pauline Dwyer once had a student claim his or her car broke down, which sounds legit for a commuter, but not when this particular student lived on campus.

"I missed class because my car hit a patch of ice on the highway and I slid into the median," said Tom Guidoboni, a sophomore here at Lyndon State, Professor Charlotte Albright, on the other hand, said she had a former student come to class late even after being in an accident. And for those of you planning on using the old, "My alarm clock didn't go off," with Albright, she will simply smile and say, "It doesn't set itself."

With all of today's technology, homework is becoming more and more computer based. While this is more convenient, it leaves more room for errors. Many students are unlucky and end up with computer malfunctions ranging from emails not sending to hard drives crashing. Colleen Shepard's computer decided to stop working in the middle of midterms last year. "My hard drive crashed while I was working one night," said Shepard. "It was fine one minute and then it wasn't."

Just (Middle Eastern) dance

Sarah Aube
News Correspondent

Belly, or Middle Eastern, dance can be freeing, says Elizabeth Bergman who is a lover and teacher of this type of dance.

Bergman, who graduated last May, learned this genre of dance at LSC about two and a half years ago when it was offered as a mini-course.

"I always looked forward to it and always felt great after -- physically and emotionally; I couldn't stop smiling," Bergman said. "I was hooked right then. I felt free, sensual and empowered with Middle Eastern dance."

Belly dance and Middle Eastern dance are identical as far as the techniques are concerned, but Bergman calls what she does Middle Eastern dance. The only difference is the intent.

Belly dance is considered to be more for performing and aimed towards an audience, while Middle Eastern dance is traditional and done more for the dancer's own pleasure.

It is a very sensual type of dance with lots of shimmying and shaking that can be done both solo and in groups.

"I just enjoy the dancing and it still makes me feel wonderful," Bergman said. She has performed on multiple occasions, one of those times being for the LSC talent show. The other three performances were at various festivals.

Right now she is mostly trying to learn more about this type of dance and she encourages others to do the same.

She is teaching beginner classes, focussing on the basic movements and techniques. "I hope to be able to show the students the joys of dance, hope that they discover the confidence that can come with it."

The classes tend to run small (from two to eight people) and there is no age requirement to attend.

It is a drop-in class, so it is not necessary to sign up beforehand, though by signing up for four classes, there is a discounted price, along with a registration fee for the first time this is done.

A single class costs \$10. Classes are held from 6:00-7:00 Friday nights at Dance Images by Heidi, on 173 York Street in Lyndonville. For any more information, Bergman can be contacted at e.bergman83@gmail.com.



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LSC asks skateboarders to show "respect"

Erin Milne
News Correspondent

If you've noticed more skateboarders on campus this semester, you're not alone.

Record enrollment combined with the increasing popularity of longboarding has led to more skateboarding and, consequently, more skateboarding complaints.

Both George Hacking, director of public safety, and Johnathan Davis, associate dean of student affairs, say that most complaints involve students doing tricks in inappropriate parts of campus, riding to close to pedestrians, or causing excessive noise.

Many of these situations also involve longboards, long, aerodynamic skateboards that can be ridden down hills at high speeds, much like snowboards.

LSC's residential life policies state that students can use skateboards to get from one location to another, but tricks and other recreational riding are restricted to parking lots and the campus's mini ramp.

Wherever students ride, though, they are expected to stay away from vehicles, use caution around pedestrians, and be courteous.

Yet this is subjective, according to Hacking. For example, a pedestrian might complain that a skateboarder

came to close to them while the boarder maintains that he or she was riding at a safe distance, making it difficult for Public Safety to take any action.

Public Safety uses three steps when dealing with those guilty of skateboarding violations.

For a first offense, the department will talk to the skateboarder and attempt to educate him or her about LSC's skateboarding rules.

After a second offense, a boarder will receive what Hacking termed "another talking to", this one sterner than the first, and may also face a judicial hearing by the college.

A third offense leads to

confiscation of the board. LSC does not permanently keep any skateboards, but will decide by judicial hearing when to return them.

Public Safety recently put these measures to use with an individual caught longboarding in the Academic and Student Activities Center, LSC's newest building. The individual was spoken to, and the board was temporarily confiscated.

Boarding violations aren't limited to skateboarders. Public Safety sees similar problems in the winter with snowboarders.

Some snowboarders pile up snow to slide down in parts of campus, such as on building steps, and then

leave it for someone else to clean up.

Despite the increase in complaints, Hacking and Davis both say that problems are few, and most boarders follow the rules.

Both men support skateboarding on campus; Davis says he would much rather see students skateboarding than doing illegal drugs.

Public Safety does not want to discourage skateboarding but simply wants skateboarders to be mindful of the safety and well-being of both themselves and others.

"It comes down to respect," Hacking said.

LSC looking to increase enrollment to 1600

Nicholas Russo
News Correspondent

How would you feel if the student body at Lyndon grew by over 100 pupils in the next four years?

Many current freshmen will likely see this possibility become a reality by their senior year.

The strategic plan at LSC calls for increasing enrollment to 1600 students by 2013.

Currently the college has about 1500 students, although that number is expected to drop next week as people who have not paid outstanding dues are unenrolled.

Wayne Hamilton, dean of administration says the main reason behind plans to in-

crease enrollment at the school is to provide more amenities and resources for the student body.

Among their goals, the administration hopes to recruit abroad in order to provide for even greater diversity among students.

As The Critic reported on in a previous issue, President Moore visited Eastern Asia earlier this year in an attempt to attract students to our institution. Donna Dalton will make a trip to China in the coming week.

The admissions office hopes to look beyond Vermont for new students.

Hamilton claims the number of high school graduates in New England is actually

expected to decline in upcoming years.

In Vermont, Hamilton says, "there may be potential to reach non-traditional students in the area, and we are working alongside businesses in the area to promote higher education."

He believes that monitoring alumni successes, building name recognition and strengthening Lyndon's reputation are vital to attracting first year students.

The next question many people may be wondering is where these new students will live, particularly those from out of state.

Temporary housing is expected to continue on, and off campus, such as the arrange-

ment with the LynBurke Motel to house students.

While there are no plans to build new dorm facilities on campus, he says they are underway with private developers to build off campus rental housing for upperclassmen.

Hamilton points out "it is a common misconception that enrollment increases apply solely to first year students, when in reality a key to enrollment is retaining those already here."

Retention rates at the school have historically been low; however, they are still near the average for a campus LSC's size.

When looking at this year's admissions statistics,

there were a greater number of students rejected than in the past.

For the first time in LSC history, a wait list was created for those students who needed to fix gaps in their education history.

Even though the college is looking to increase enrollment, they plan to maintain Lyndon's mission to provide the opportunity for any qualified person to receive a diploma.

In spite of these changes, Hamilton reassures students that the college will retain the same small campus environment that students have grown accustomed to.

SGA Profile: Liane Carson

Aimee Lawton
Entertainment Editor

As a second year veteran to the position of SGA treasurer, Liane Carson is no stranger to our campus' politics.

A resident of Isle La Motte, Carson is a senior business administration and financial accounting and reporting major.

She is also pursuing an associate's degree in graphic design.

She is a dual citizen of Canada and the United States, giving her knowledge and background in different cultures and languages.

This helps her bring even greater experience to her political position. "I can speak some French, but I understand it better," Carson said.

When she is not devoting her time to the SGA, Carson admits to being a television junkie; some of her favorite shows include Grey's Anatomy, Bones and NCIS.

She also said that her favorite food is breadsticks. Carson said that there has been a lot more participation in the SGA, but she would still like to see more people attend the meetings, and get involved that way.

She would also like to see more people attending meetings with their questions and concerns involving various issues.

"You can't help students if you don't know what they want," Carson said.

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Email submissions to Tricia Pennypacker

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The Buzz: LSC sports come home, earn NAC honors



Photo by Sam Monroe

LSC's senior goalie Ian Oliver collides with an opposing player while scooping up a loose ball in Sunday's 6-3 loss to Thomas College.

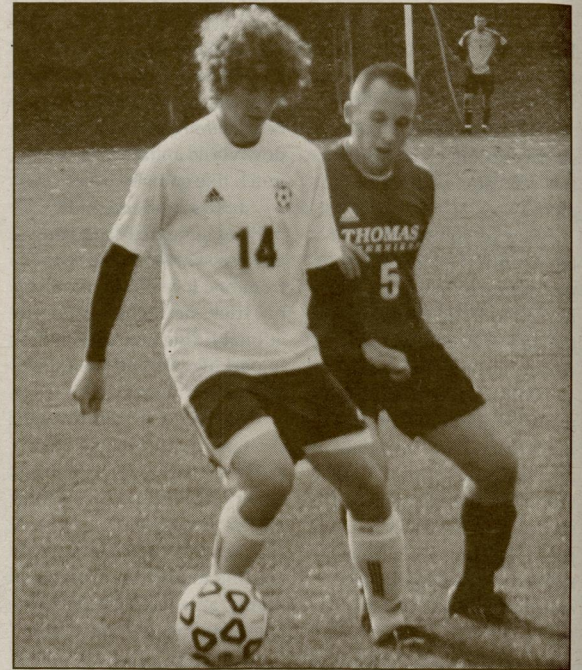


Photo by Sam Monroe

LSC's sophomore forward Dustin Ameden battles for position with a Thomas attacker.

Sam Monroe Managing Editor

The Lyndon State women's tennis team will travel to Castleton to compete in the North Atlantic Conference championships this weekend.

The Hornets are in second place in the conference and will face Johnson State in its first match on Saturday. The winner of that match will play the winner of Castleton and Thomas for the league championship, while the loser will be sent home.

The Hornets had three

athletes receive conference honors for the week ending October 11.

Maria Parr of the women's tennis team was named NAC rookie of the week.

Kayla Brobst of the women's volleyball team was named NAC player of the week. She has 100 kills, 10 assists, 31 aces, 63 digs, and 33 blocks on the season.

Joshua Grant of the men's cross country team was named Runner of the week for the second time this season.

Hornet athletics have

been buzzing as of late. On October 10, every fall athletic team with the exception of the Cross Country team competed at home. Both the men and women's soccer teams took on Thomas college and both teams lost. The men and women were defeated 6-3 and 2-1, respectively.

The tennis team was home for a match against Becker College. They were beaten 5-4.

The only team that emerged from the busy day victorious was the volleyball team. Lyndon hosted a tri-match with Johnson State and

Becker College. The Hornets were able to beat both team's in straight sets.

The Volleyball team had a three game winning streak heading into a match Wednesday night against New Hampshire Tech. The Lady Hornets were not able to extend the streak to four games, losing the match 3-1.

This weekend the Hornets will host a quad-match on Saturday, which is their senior day. Playing in their last home games for Lyndon State will be Morgan Reilly and Michelle Petty.

The men's cross country

team has been sprinting through the season. The team has finished first or second in three of four races, finishing fourth in the other race. The team will travel to St. Michael's this weekend for a meet.

Basketball is slated to begin in the coming weeks. The schedules for both the men and women's teams have been released and are available on the athletic web site.

The Lyndon State Club hockey team is also getting under way. They will open the season next weekend at Roger Williams University.

Are you ready for some football?

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A mandatory captain's meeting will be held on Wed. Oct. 21, at 8 p.m.
in the Rita Bole Community Room.
(At least one member of each team MUST be present in order to be eligible to play).

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The Spirit Squad is hosting a Black & White Dance

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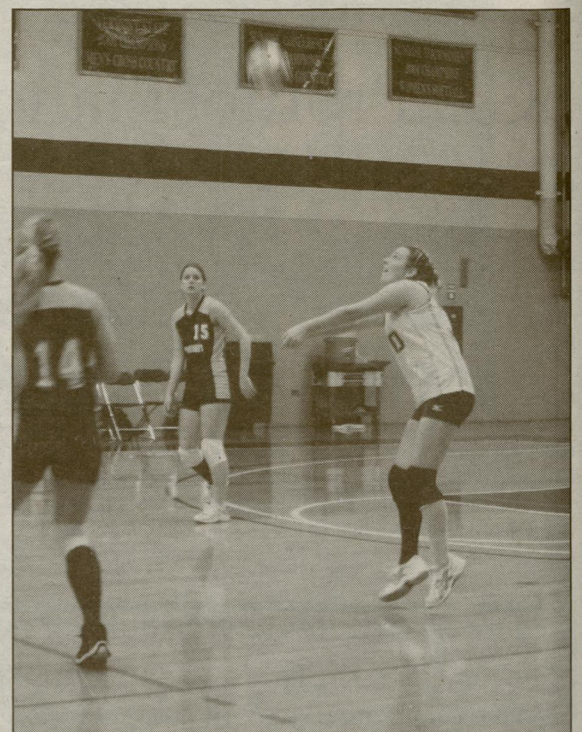


Photo by Sam Monroe

LSC's Ally Ciaramitaro defends an attempt by Johnson State in the Lady Hornet's 3-0 victory Saturday

Hall of famer ready to return home

Sam Monroe
Managing Editor

Rick Sutton's career started at Lyndon State, and now the hall of famer is ready to return to where it all started.

Since graduating from Lyndon State in 1979 there is not much that he hasn't done and on October 9, with his induction to the New England Basketball Hall of Fame, Sutton is now a hall of famer.

"Unbelievable," Sutton said of his induction into the hall. "It was the best feeling you could ever have in your life."

Sutton was on campus Monday through Wednesday talking to different faculty and staff as well as students. He sat down with President Carol Moore to discuss the possibility of returning to the LSC family.

"I know this is a good decision," said Sutton, "there is nothing wrong with me coming back here, even if it's just for a year. There is nothing guaranteed." Sutton would accept a position in almost any field if he could return to LSC. He spoke to Eric Berry of Northeast Sports Network about a possible media job and has expressed interest in helping to coach the LSC basketball teams.

Sutton originally hails from New Jersey but cur-

rently lives in California. He has four children: Ieshia, 30, Jerrel, 28, Nathan, 20, and Myles Edward, 15.

When it came time for Sutton to look for colleges in the mid 1970's, one of the most highly touted recruits in New England never imagined he would be playing his collegiate basketball at Lyndon. The Highland Park, New Jersey native saw himself playing at a bigger school. He was recruited by Seton Hall, St. Joseph's, West Texas State and several other large colleges.

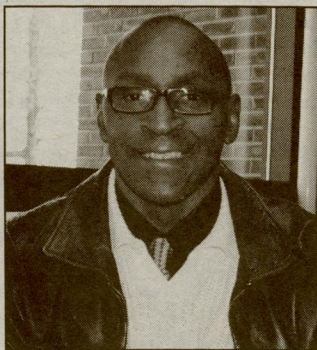
"For some reason at the later part of the recruiting it dropped off," Sutton said, "I had come to Lyndon on a visit, I saw the school it was a beautiful school, it was nice. I had no intention of coming. But when it all dropped down I said 'you know what, I'm going to Vermont'."

Sutton came to Lyndon and for the first three weeks was home sick. He decided to go home. Then the people who were responsible for recruiting him - Dudley Bell, Skip Pound, Graham Newell - called him to let him know he was wanted and needed. He came back and played basketball that year, leading the nation in scoring with 36 points per game. His performance that season got him noticed by the New Orleans Jazz of the NBA who drafted him

hardship.

"I knew I wasn't ready for the pro's," the hall of famer said. "I was just a scoring machine. My second year, I really worked hard that summer, and came back with a flash."

He was featured in Sports Illustrated and again led the nation in scoring. For the second straight year he was drafted hardship, this time by the Los Angeles Lakers. That



Rick Sutton Photo by Sam Monroe

year the nations leading scorer was ready. He sent his letter in to except the draft and be drafted. Seven weeks went by and he had yet to hear from the Lakers, so he withdrew his name from the draft.

After graduating from Lyndon he was once again drafted, this time by the Philadelphia 76ers. He spent two years with that organization.

"It's a humble experi-

ence," Sutton said of his professional days. "You go from being a star to being an average player, because everybody can do the same thing, you think you are the best and you're not."

Sutton had to cut his career short because of injuries.

When the former all-star was inducted into the Lyndon State Hall of Fame in 1985 he was the second class to be inducted.

Since retiring Sutton has done several different things in the world of sports entertainment. There isn't much he hasn't done since then.

"I wasn't on the most wanted," Sutton joked.

No he wasn't but he certainly did do a lot. For 10 years he acted in a few movies. In the late 1990's Sutton produced a radio show called 'Celebrity Sports Talk.' The show was hosted by LA Times' writer J.A. Adande.

From that experience Sutton developed the skills that he would need to step in front of the camera.

"I learned to schedule everyone," said Sutton, "know what you're going to talk about, have them there on time, don't offend anybody and enjoy the interviews."

Some of his bigger accomplishments in front of the camera include hosting the

pre-Oscars and several similar events. The former basketball standout also hosted a 2-hour show on Magic Johnson's 25 years in business celebration. There he interviewed actors, athletes and other celebrity's about Magic's celebration.

"I never thought I would do things like that coming from Lyndon," said Sutton. "I just ran into the right people. It's the relationships, when you say you're going to do something you better do it."

Now Sutton has come full circle and is looking to return to Lyndon like so many of the faculty and staff that are here. Sutton loved his time at Lyndon and wants to return the favor.

"Skip Pound was like a security blanket," he said of his one-time mentor. "He made me feel safe and comfortable here."

When speaking about Graham Newell, Sutton began to choke up: "He did a lot for me."

"That's what this place was built on," chimed in Bill Johnson the athletic sports information director who also returned to his alma mater after graduating from Lyndon in 1987.

"It's what people did for me [that makes Lyndon] so great," Sutton says. "I want to give that back to the students. It's because of my heart, I love the school."

Professional snowboarder set to shred Lyndon State

Sebastian C. Lury
Sports Editor

A professional snowboarder has left the competition on the slopes for the education in the classroom.

Freshman Alex Hernandez, a former professional snowboarder, has begun taking classes at LSC, converting the sport he loves into a hobby rather than a job. Hernandez says that he thinks he's ready to leave professional snowboarding behind.

"I'm excited to gain an education that I can gear toward a career," says Hernandez. "I got to meet a lot of people and travel to some cool places, but I think I'm done. I don't want to get into the industry."

Some of the places that he has traveled to include Australia, New Zealand and Germany. Hernandez also competed in the Junior World

Championships in both his junior and senior years of high school. The competition's were held in Austria and Japan, respectively.

Hernandez was introduced to snowboarding when he was seven or eight-years-old. His father, a snowboard instructor at Mt. Snow, introduced him to the sport.

Hernandez began attending Stratton Mountain School, a snowboarding academy in Stratton, when he was in the seventh grade. The school produced other professional snowboarders, including Louie Veto and Danny Davis. Despite having competed for two years previous to attending the school, Hernandez sees this time as the start of competition for him.

"When I started to really compete," he says, "is when I went there. I competed in all events: half pipe, slope style,

boarder cross and gate racing." Gate racing, he explains, is giant slalom, or G.S., and slalom.

"In tenth grade," he continues, "I switched to just boarder cross and gate racing. The reason I did gate racing was to train for boarder cross."

From here, Hernandez joined the junior national team and started competing professionally. His professional career began when he joined the Pac Sun team in the United States of America Snowboard Association (USASA).

From this competition Hernandez earned sponsorships from Pac Sun, Skull Candy, Dakine, Stratton Mountain School and CreditAngel.com. These sponsorships provided Hernandez with money for equipment and also for travel considerations.

Hernandez says that he was the first American to

finish in giant slalom in Japan, but did not do so well in boarder cross. He finished second last year in giant slalom on the USASA Revolution Tour. Hernandez finds this ironic.

"I did the G.S. and slalom racing to practice for boarder cross," he says. "My main focus of competition was in boarder cross. But I always seem to do way better in those [G.S. and slalom]. It's always a bummer. Boarder cross is six people at a time so a lot of factors go into competing consistently well."

Hernandez says that his two favorite boarder cross courses were in Boreal, Calif. and Sunshine Village in Canada. He explains that the boarder cross course in Sunshine Village was designed by the same people who design the Olympic courses which made it more thrilling for him as well as more challenging.

At LSC, Hernandez has

become a freshman representative in the Student Government Association, is a member of High Society, intends to play lacrosse and is also interested in expanding his role with the College Republicans.

Hernandez chose LSC because he liked the campus, how close it was to Burke Mtn. and Jay Peak, and also the people. An explorations major, he is unsure what he wants to do for a profession, but he does have some ideas.

"I like politics," he says. "So maybe I can see a future as a senator or something like that."



Alex Hernandez and sister. Photo courtesy of Mike Mallon

Mt. Washington: ideal for a weekend getaway

Madison Cox
Critic Staff

The weekend is a time for adventure and exploration, and with a car, anyone can discover amazing places to see within a few hours of the Northeast Kingdom.

As college students, my friends and I are constantly trying to find exciting places to visit. We go to new places each weekend. One trip was recently to Mount Washington, located in Bretton Woods, NH.

The drive to Mt. Washington from Vermont is full of mini-adventures. There are many little shops and restaurants to visit, as well as scenic overlooks. One restaurant along the way, The Water Wheel in Jefferson, NH, offers a variety of breakfast foods and a small gift shop full of trinkets and souvenirs at reasonable prices.

A weekend getaway in this region of the country is not complete without a visit to Mt. Washington. Upon getting to the bottom of the mountain, you will pay \$18 for one person and the car to drive to the top. Each additional passenger in the vehicle pays an admission of \$7, and children between 5 and 12 are \$4 each. The admission includes a tour CD with commentary, a bumper sticker proclaiming "This car climbed Mt. Washington", admission to the museum at the top, and scenic views everyone is sure to enjoy. However, the auto road is only open to personal vehicles from May to October.

Along the windy roads traveling up the mountain, there are numerous opportunities to stop your car and look out over the vast valleys and

wildlife down below. These pull-offs are a great chance for those venturing to the top to note the temperature changes along the way. It can be warm at the base of the mountain, but an ice storm could be forming at the top. Be prepared for wind too. The wind can be extremely cold and powerful. Small children should remain close to an adult.

Upon arriving to the summit of the mountain at 6,288 feet, be sure to put a jacket on if the pull-offs haven't forced you to already. It will be extremely cold when exiting the car, regardless of which month you visit. In fact, it has been known to snow at the top of the mountain every month of the year.

The top of Mt. Washington offers a lot of sight-seeing opportunities. One of the most exciting things to do is to climb a pile of rocks to a small sign that says, "Mt. Washington Summit, 6288 feet". This is a great photo opportunity for family and friends.

There is a cafeteria-style restaurant, observatory, museum, and gift shop at the summit, providing fun for every person. The people who work in each of the places are bursting with information for visitors and are very helpful in answering all types of questions.

Another interesting way to climb to the top of Mt. Washington is the Cog Railway, which runs until the end of October. This train, which runs by coal, travels from the base to the summit, providing high views for those who choose to ride. You can expect the ride to take roughly 80 minutes, which does not include a 20-minute stop at the summit. While slightly expensive (\$49 for adults, \$35 for children ages 6-12, and \$45 for senior citizens), the experience makes it worthwhile.

Traveling by coal train to the summit of Mt. Washington is something everyone should do at least once in their lives.

If visiting in the winter, people can still enjoy what Mt. Washington has to offer. For the athletic folk (and even those who aren't), there are numerous trails for hiking. The steep terrain is not for the faint of heart, but the beauty of the place makes for memorable experiences. There are numerous trails for skiing, however, they are for very advanced skiers and risk-takers. The important thing to remember is that Mount Washington's weather is so changeable that even during its open season, you may not be able to venture to the top every day. The mountain is home to "the worst weather in the world", so expect there to be sudden snowstorms and unstopable winds. For more information about the mountain, go to [HYPER-LINK http://www.mount-washington.org/](http://www.mount-washington.org/), or call 603-356-2137.

Of course, there are other things to do in the area when planning a weekend getaway in New Hampshire. Hotel accommodations are everywhere, but a few nice choices include The Mt. Washington Hotel for those with higher budgets, and the Bretton Woods Motor Inn, which is a bed-and-

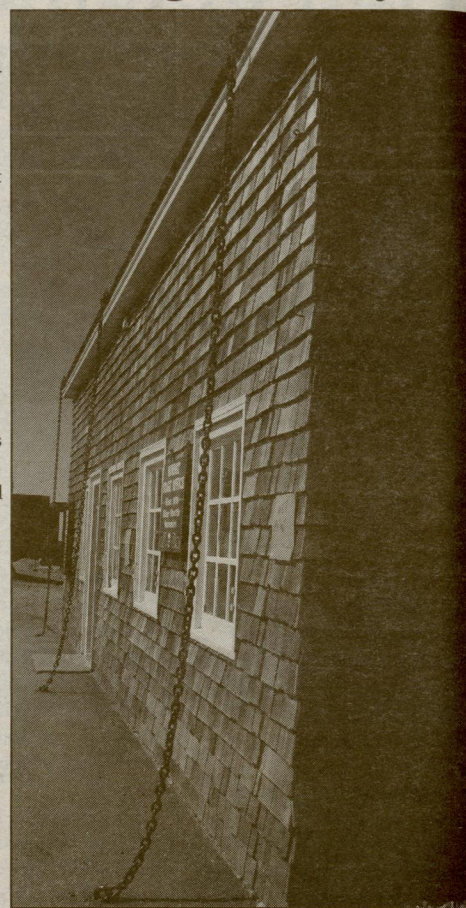


Photo by Madison Cox

breakfast. Through research, it is possible to find places to stay for any size group, at any price.

With multiple skiing areas, cozy hotels, a variety of restaurants, and Mt. Washington, a winter expedition to New Hampshire might be just the solution for those looking for a weekend getaway.

Caledonian-Record: new home for rescued cats



Danielle Drown
Special to the Critic

Photo by Danielle Drown

The old printing room at the Caledonian-Record in St. Johnsbury has become a sanctuary for about 60 cats.

Wanda Senter, an employee at the St. Johnsbury post office and a board member for Caledonia Animal Rescue since 2007, once provided a foster home for close to 40 cats, before use of the old printing room was provided.

"It was getting overwhelming," said Senter about the

number of cats she was housing. "40 cats in someone's house is a lot of cats." Senter began housing these cats in July 2008.

Mark Smith, the owner of the Caledonian-Record and also a board member for Caledonia Animal Rescue, offered the space when the company stopped printing its own paper. The space has been used as a cat shelter since March 2009.

"We take all the cats; not just the sweet cats," said Senter.

ter. Since moving the cats to the Caledonian-Record, more cats have been dropped off; causing the shelter to, presently, close its doors to anymore cats.

"Now we're having a hard time finding volunteers. I'm there seven days a week," said Senter.

Caledonia Animal Rescue (C.A.R.E.), a non-profit organization, was established as an educational source for spaying and neutering animals, in 1996. Now its service includes rescuing animals and providing "foster homes" for them. There was not an actual shelter before the use of the Caledonian-Record was made available.

C.A.R.E. has rescued cats, dogs, and even one ferret, said Senter.

"It was a temporary solution," said Senter about using the Caledonian-Record as a shelter. "It's looking permanent at the moment. It's a long-term, temporary, shelter."

According to Bill Beddie,

account manager at the Caledonian-Record, "It's a de-stressor."

Anytime you get upset you can go down there and spend time with the cats." Aside from the employees who are allergic to cats, "All the employees go and visit the cats a lot," said Beddie.

All of the cats are up for adoption. There is a \$50 adoption fee which includes spaying/neutering, all vaccinations, de-worming and more.

C.A.R.E. will be holding a fundraiser, Nov. 4 at Juniper's restaurant, where it will re-

ceive a percentage of the dinner profits, when people call for reservations. Board members will also be there for people to meet.

Dedicated volunteers are desperately needed and donations, in particular dry cat food, are accepted and can be brought to the Caledonian-Record on Federal Street in St. Johnsbury. All donations are fully tax deductible. For more information visit: www.caledoniaanimalrescue.com or write to P.O. Box #4054 St. Johnsbury, Vt.

Mark Smith was unable to be reached for comment.

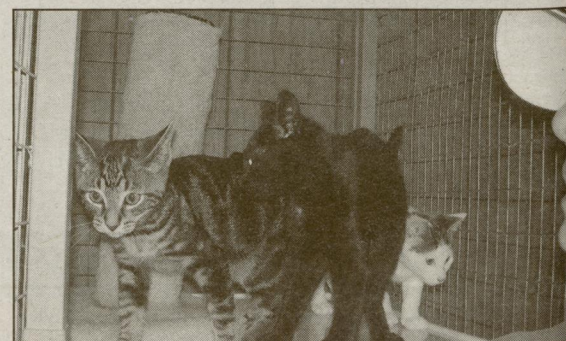


Photo by Danielle Drown

LSC student takes leap of faith

Whats's Inside:

Attrition rates take toll on some majors p. 4
New club investing for LSC's future p. 2
Selling naming rights savvy move p. 3



Joe Rivet with professional skydiver Steve, free fall from 12,000 feet reaching a speed of 130mph before pulling their chute at 5,000 feet.

Photo courtesy of Vermont Skydiving

Joe Rivet News Correspondent

"Oh my god what did I get myself into?"

That's all that was going through my mind when the doors to the plane shut. "I really am going to have to jump out of an airplane." I thought.

I almost felt like I was being locked into a prison cell. "There's no more time to back out," I thought. "Why did I ever say that I wanted to do this?"

A couple weeks ago, I saw a bumper sticker advertising a place called Vermont Skydiving. It seemed like something fun to try out, so I called the number on the bumper sticker.

After doing some research and finding that this particular skydiving business had a good safety record, I made an appointment for a tandem jump on Saturday, Oct. 17. A tandem is when you have a skydiving instructor strapped

onto your back during the jump.

While I was driving down there with my family, the butterflies in my stomach became worse and worse. When we got close enough to see people literally falling out of the sky, I was about ready to turn the car around.

After we arrived, I found out my family had a surprise waiting for me. A professional skydiving camera man was going to be jumping with me to videotape the jump and take photographs of me in the air.

Before I was allowed to fly up in the airplane, I had to sign a waiver saying that if I was seriously injured or killed, Vermont Skydiving was not responsible. This of course was no help to my nerves.

After the waivers, my skydiving instructor, Steve, helped me get into the flight suit and harness. He then put me through a 20-minute tan-

dem jump training program. He showed me the position to put myself in so I would flatten out on my stomach after I left the airplane. You are supposed to tilt your head back cross your arms around your chest and bend your legs back so your heels are on the back of your knees.

Steve was the only one who helped me get my nerves under control. "When we open the door, the noise of the wind, the plane and seeing the ground might be intimidating, but remember it's only noise and you'll be back on the ground real soon," Steve said. "I've done close to one-thousand jumps before so there's no way your going to give me anything I haven't seen before."

Finally, I was getting on the plane. At 8,000 feet, my instructor tied his harness onto mine, and at 12,000 feet, we opened the door. The camera man went outside first, and

hung onto a hook on the wing to film my exit. When I stuck my leg outside, it was thrown back against the side of the plane by the wind, which was so strong it took some real work to get my feet back in front of me. My instructor gave me a nudge on the back to let me know it was time. I leaned forward and rolled out of the plane, which caused me to go through two summersaults before I leveled out on my stomach.

Free falling is the strangest and most exhilarating feeling I have ever had. I could feel a 130 mile an hour wind rushing past my face, making my lips and cheeks flap uncontrollably. It is impossible to completely control your arms and legs while you are falling. Moving at that speed with nothing in front of you to break the wind is like the fastest and most dangerous roller coaster you will ever experience.

Free fall lasts 30 seconds before you reach 5,000 feet and pull the rip cord for the parachute. The parachute slowed me down so much so fast that I could have sworn I was actually moving upward. Floating the rest of the way down with the parachute lasted about two minutes. Though our landing could have gone smoother (we ended up flat on our backs) but skydiving was still one of the best experiences of my life.

After we landed, my instructor went into an office to edit the video and load the still shots while I came down off my adrenaline high.

Skydiving is well worth every cent you spend on it. The experience will not only last a lifetime, but will also give you a new confidence. If you are brave enough to jump out of an airplane, imagine what else you can do.

New club investing for LSC's future

Steve Cormier
News Editor

Donating money to Lyndon State students, in contrast to clubs requesting funds at every Student Government meeting, is the goal of a new campus group.

Studying finance and the stock market, the Lyndon Student Investment Group (LSIG) looks to eventually take gains made from their investments and donate it to the student body.

"When we do decide to disburse a portion of the gains," says group Vice President Christopher Wentworth, "all money must go back to the Lyndon community in some way."

Wentworth is excited about the group making a

"big donation" to LSC despite the fact that he and LSIG's President, Kyle Hessler, know this cannot happen at the moment.

Hessler, stating in an e-mail that he believes it will take "five to ten years" before the group's investments return enough money to donate, is still thinking of what form those donations will take when the time comes.

"We can use the gains and returns as scholarships," says Hessler, "or use them to purchase anything for helping students learn in any way."

Forming this new group was the brain-child of current LSIG advisor Mark Hilton, a professor of Business Administration, and Rick Shonter, a "friend of the college" as de-

scribed by Hessler and Wentworth.

Aside from creating and advising the group, Wentworth says that between the two of them Hilton and Shonter have donated the \$5,000 the group currently has to use in investing.

To begin their foyer into the stock market, investing in Ford and Apple, Hessler says the group has placed "a little under \$2,000" into both companies as "long term investments."

"We bought one-hundred shares of Ford and five shares of Apple," says Wentworth.

The group's next financial move – investing in American Express – is currently pending, according to Wentworth.

What LSIG ultimately wants to do with their money, as the group and its investments continue to mature, is a matter for continued group discussion.

"Professor Hilton is the advisor and has a right to veto any decision made by the group," says Wentworth. "With that said, all decisions are still encouraged to come from members."

In addition to Business, academic majors represented within the group's membership include Atmospheric Sciences, Graphic Design and Mountain Recreation Management according to Hessler and Wentworth.

"We encourage students of any major to participate in this exciting opportunity to practice real-life investment

strategies," says Wentworth.

"It has the potential to be the best experience for anyone who wants to learn or do anything with financing or investing," says Hessler.

And despite the current global economic situation both Hessler and Wentworth believe that now is the time to study finance first-hand.

"After a rough economic crisis," says Wentworth, "new opportunities, strategies and ideas are introduced that would otherwise not have been. This group is a great way to explore these new opportunities."

The group meets at 6 p.m. on Tuesdays and Thursdays nights in the study lounge of the Academic & Student Activities Building.



Students gather in the new student center for the annual awards ceremony.

Photo by Sam Monroe



Madison Cox receives the faculty/staff scholarship

Photo by Sam Monroe

Public Safety Log

Destruction derby

Public Safety responded to a motor vehicle accident in the Stonehenge parking lot last Monday at 5:40 p.m.

A vehicle was hit in the Vail parking lot last Tuesday at 10:30 a.m.

Show me the money

Public Safety responded to a call in Wheelock for stolen money last Tuesday. The incident occurred around 7:06 p.m.

Why so dangerous?

Public Safety responded to a call of endangering behavior in Whitelaw on Saturday at 1:05 a.m.

Hands off

Public Safety responded to Stevens Dining Hall for unwanted physical contact on Saturday at 5:38 p.m.

Underage, under the influence

Public Safety responded to Crevcour for a call of underage drinking last Wednesday at 11:15 p.m.

It's a bird, it's a plane...it's a giant tire?

A large tire located next to the SHAPE facility was rolled through a library window between 11:30 p.m. Monday and 1:30 a.m. Tuesday. Custodial staff reported the damage.

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ASAC naming rights savvy business move

To the Editor,

The letter to the editor entitled "New building should be named for honor, not cash" in the Oct. 16, 2009 edition of the Critic rubbed me the wrong way and I would appreciate the opportunity to share another view on the issue.

While I agree that naming the new building in honor of a Vermont or Vermont State College hero would be a nice gesture, I do not feel that it would be the best choice for Lyndon State College. I wholeheartedly support Dean Bob Whitaker's effort to find an individual who is interested in

purchasing the naming rights for our new building. The reasons that I support these efforts are quite simple.

First and foremost, the College has an opportunity to generate a large amount of capital in exchange for something that would cost them close to nothing. If you consider that the only real expenses the school would have upon the sale of the naming rights are things like a new sign with a plaque honoring the donor and the latest price tag that I've seen is in the neighborhood of \$3 million, you'll see that there is a gross margin of 99 percent—or higher. As a Busi-

ness Administration major, the idea of passing up on this opportunity is appalling.

It is also important to note that, although the administration's efforts have been impressive over the last few years, Lyndon State College does not have the endowment that one may find at Harvard University. Every dollar counts—especially in this economic climate.

As the President of the Student Government, I've spent countless hours working with other student leaders in the VSC system stressing the importance of our colleges to Governor Jim

Douglass and the other members of our great state's government. Quite frankly, the goal of our efforts is to get more money for the VSC from the state. Vermont is the state that provides the least amount of money for higher education per student in the entire country. \$3 million is a lot of money and Lyndon State College is in no position to turn it down.

When you take a step back and look at the big picture, it's only a name. Selling the rights to the highest bidder will not negatively impact the lives of the students on campus, nor will it detract from any student's learning experience. In fact,

it would do the opposite.

In Dr. Timothy Sturm's letter, he calls it "selling an honor to the highest bidder." I call it making a smart decision.

Just as Dr. Sturm did last week, I will ask that the Critic's readers take action. I ask that the members of our student body support our administration as they pursue what is clearly the best option for this College: selling the naming rights of our great new building.

Sincerely,

Andrew J. Chapin Jr.

Do you know where your morals are?

To the Editor:

Just like some cheap brick-suited pimp Lyndon State is giving us the business—edifices and education, both despairingly hideous in Practical America, their faces splattered thick with the cosmetics, and lies, of honor—and everything is for sale.

It is not by the force of any "education"—it is healthy cynicism, the 20/20 Visionary of Reality, which finds me agreeing with Professing Professors. The Processions and Processes of Prostitution, the loosest of "Moral Money Makers" lining up to purchase recognition, and with it, honor—naming rights to dominate community funded buildings for self-actualized ego-soothing for the right price—

is the surface of a grander delusion threatening to take hold of our Trains of Thought and derail us all right into irrelevance.

In America, where education (aka "Democratic Enlightenment of the Involved Citizenry") has been force-fucked into indoctrination (aka "Authoritarian Retardation of Isolated Consumers"), the instructions of "honor for the highest dollar" makes sense: the lives of money we honor with the buildings of education we occupy are the ultimate goals of that "educational" process—and the Lord said, "Wealth forever before Knowledge;" Amen.

In a world where the true force and value of education was set free from markets swamped in slippery standards the honor of a

building's name would itself value the memory of an individual's actions instead of being bequeathed for bribes—instead of honor being voted out by an aristocratic Board of Trustees or handed down from Vail 367 in some dictatorial Presidential Decree, the very masses whom embody and benefit from true education in a democratic society would be held to answer the question: "who deserves such honor?" Would they not likely choose a proponent of their interests (the very examples Professor Timothy Sturm began to list last week) and not some faceless entity or individual, masked behind honor bought with money and not handmade with knowledge?

If Lyndon State College, or any institution of so-called "higher education,"

were to live up to an ever-evolving educational mission instead of living up to an ever-increasing financial one, the multi-storied lives we honor with the multi-storied buildings we hone would logically be the true heroes of that very education—the Captains of the Conscientiousness over Commerce; the Sailors of the Soul over Sale.

But now, at college, where money does indeed take the place of knowledge as the ultimate goal of "education"—learn and you may make a difference; earn and you can buy a difference—honor has no place to be forced upon but the wealthy: the names of honor we see and use everyday will continue to instill in us the real reason why we are here; kids with money going to college

only to make more money, right?

If you don't have money, or access to it through parents or loans, don't expect entrance (the bouncers stepping aside for money) to this club. And once you are in, perusing and partying, if you don't end up making money after being recognized as a Degree Carrying Pimp by America, don't expect entrance (the velvet rope pulled aside for money) to the V.I.P. Lounge where honor is disbursed and ego soothed by plastering your rich name upon a motionless dead building that only so well symbolizes the very indoctrination process that it houses.

Sincerely,

Steve Cormier

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu
or

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Attrition rates take toll on popular majors

Sarah Aube

News Correspondent

Some majors at LSC are experiencing more of a catch and release policy when it comes to holding onto their students.

Drastic changes are seen when looking at the variation in the number of students in each department, starting from their enrollment in 2005 to their graduation in 2009. Most of the numbers decreased, due to the whole class becoming smaller as time went on, but some departments actually showed an increase in students by graduation time.

Among the highest attrition rates seen in departments are atmospheric sciences, with a change from 41 students who entered the program to only eight students who graduated (an 80 percent decrease), television studies,

which changed from 39 students to 16 students (a 59 percent decrease), and education, with a change from 24 students to nine students (a 63 percent decrease).

The lowest attrition rates are found in psychology, which started with 17 students and ended with 26 (a 53 percent increase), English, which started with seven students and ended with 11 (a 57 percent increase), and liberal studies, which began with six students and ended with 11 (an 83 percent increase).

The psychology department, which includes both psychology and human services, had the highest rates among all the departments of holding on to and even gaining students over the four years.

"People are curious as to why people behave the way

they do," said Patricia Shine, psychology department chair and professor. "In terms of keeping students, I'd like to think it's because we are a department who pays a lot of attention to our students... but that's a hallmark of the college at large." She went on to say that the psychology department provides students with many hands-on opportunities that seems to draw them in.

According to the LSC 2008 Graduate Survey Report, 83 percent of 2008 psychology graduates who responded to the survey were employed or continuing their education. Shine said that the placement numbers are lower in this particular year than past years because of the state of the economy.

"You can do such a broad range of things with a degree in psychology and human

services," said Mariah Ogden, who is a sophomore double majoring in psychology and human services. "There are a lot of opportunities."

On the other end of the spectrum, the Atmospheric Science Department (formerly known as meteorology) had the greatest rate of attrition for the class of 2009.

"Some students who start just don't know what meteorology is all about," said Nolan Atkins, who is the chair and professor for atmospheric science.

"Many think it is 'storm chasing' or simply presenting a weather forecast in front of a green screen," Atkins continued. "Based on student perception, it is likely that atmospheric science is the most difficult major for the majority of students on campus."

This is the only major at LSC that requires Calculus I, II,

and III, as well as Classical Physics I and II.

Atkins said that he frequently sees people that leave this major to transfer to others within LSC. These often include business, natural science, television studies, liberal studies, and education.

The difficulties to graduate in this major do pay off. 88 percent of students from the 2008 Graduate Report had jobs or were furthering their studies.

Students who graduated in 2009 included those who came in undecided and picked a major somewhere along the way. Others may have switched majors part-way through or were transfers and re-admits who did not enroll at LSC in 2005. Dropouts as well as all these other factors affected the changes in numbers of students in each department.

Germs not welcome

Moriah Pratt

News Correspondent

With H1N1 still making headline news, LSC has stepped up its hygienic facilities with the installment of more hand sanitizers.

The first things to appear afterwards were the emails warning us to take precautions and be more hygienic. Next the posters appeared in the bathrooms explaining how to properly wash and sanitize our hands.

Now many of you may have noticed the hand sanitizer popping up all over campus. Who's in charge of all these changes?

The Emergency Response Team is responsible for the increased hygienic awareness. The team was assembled last spring during the first outbreak of H1N1.

Wayne Hamilton, Dean of Administration, and Jonathan Davis, Associate Dean of Student Affairs, are co-chairs of the ERT.

"The U.S. Centers for Disease Control and the Vermont Department of Health both recommended frequent and thorough hand-washing as well as using hand sanitizer as measures to reduce the spread of cold and flu viruses," Hamilton said.

"The hand sanitizers are part of our pandemic response plan," said Bob Whitaker, an ERT member. "And the corresponding effort to help students, faculty, and staff protect themselves from H1N1 flu. In this instance, the intent of the new hand sanitizers is to promote good hand hygiene."

dark around campus after many of us have already left the college. This is a legitimate reason to request an escort, and Public Safety would be glad to accommodate students.

Another recent service LSC is offering is the Lyndon State Emergency Alert. This is a notification to students, faculty and parents via PDA's, emails, or cell phones. People seeking these alerts can sign up on the following website: <http://www.lyndonstate.edu/Alert/>

Or you can call Public Safety at 802-626-6452.

LSC offers escort service

Tara Parenteau

News Correspondent

If you haven't heard, Public Safety also doubles as a college escort service.

Public Safety, the department headed by George Hacking, is mostly known for patrolling campus, confiscating drugs and alcohol, and recovering lost cell phones, books and keys. But for those of you who didn't know, Public Safety can also double as an escort service to students.

With all the recent robberies, and numerous thefts in the area, some students may feel unsafe walking in the

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LATEST FEATURES:

Joe Rivet's skydiving slideshow
and video footage of jump
Scholarship award ceremony photos

Two new groups join LSC's club roster

Madison Cox
Critic Staff

Students with interest in photography or community service now have some more opportunities to get involved at LSC.

The Lyndon State Photographers Society and the ROTARACT Club were both voted in during the Oct. 14 meeting of the student government association. With official club status, representatives from both

clubs are expected at the meetings to participate in decision-making, and will be able to request funding.

The Photographers Society's purpose is to allow students interested in photography to get together to critique one another's work, share ideas and learn about the various types, according to president Amanda Racine. The club is planning fundraising events such as a hometown series, club calendar and a Quimby Gallery

show.

With a complete executive board and advisors Linda Bryan, Bob McCann and Tess Conant, the club is meeting this week to discuss an official meeting schedule.

Racine is encouraging anyone interested to join the club. "We plan to do big things and make an impact on the Lyndon Community. We are open to anyone, experience or no. The fun thing is learning, as well as being able to teach others what we

know."

"The ROTARACT Club is an organization on the Lyndon State campus based on community service, professional excellence, and strong leadership skills," said Bennett Sayles, vice president. "When you join ROTARACT you get to meet with local business leaders once a month to build a relationship with them."

The club has already begun its events for the year, starting with the Northeast

Kingdom Youth Services Shelter Walk and the local chapter's Penny Sale. Other possible events include the annual food drive sponsored by the campus activities board, and Relay for Life in St. Johnsbury, according to Sayles. He also added that there will be further meetings to discuss more fundraising activities, as many of the programs the club participates in are voluntary and not for making money.

Annual Scholarship Awards Recipients

Jennifer Adams, Trevor Allen, Benjamin Arsenault, Christopher Arsenault, Charlotte Ausmann, Tyalore Aussiker, Shane Beam, Wesley Bell, Rebecca Bevington, Jennifer Bisson, Kimberlie Blaisdell, Jay Bonneau, Robert Brownell, Uriah Burhans, Amity Burnham, Tim Cappalli, Liane Carson, Nathan Carter, Michelle Clark, Emily Comstock, Angelica Costin, Madison Cox, Samantha Davis, Alaina DelaBruere, Kate Demar, Ryan Doyon, Jillian Dupuis, Tiffany Durkee, Cheryl Edney, Joel Flores, Maegan Fried, Michelle Frizalone, Sam Gaddes, Mary Gagne, Nikia George, Gwendolyn Goehring, Leanne Grigsby, Nadine Grimley, Cindy Hancock, Emily Hazard, Benjamin Holbrook, Randee Hutchinson, Nicholas Irwin-Testa, Michelle Jacobs, Rachel Keller, Rafae Khan, John Kleinhans, Emily Lavalette, Brittany Lavery, Christina Machell, Brittany Maillet, Frank Maloney, Lindsay McCarthy, Nicholas Merlo, Erin Milne, Stephen Noyes, Krista Oberholtzer, Christopher Peltier, Trish Pennypacker, Jackie Perron, Suzanne Proulx, Andrew Prue, George Ramos, Jenny Rossi, Jamie Royer, Courtney Samuels, Christopher Shadrock, Emma Shattuck, Amelia St. John, Ashley Summers, Tyler Tinker, Celia Tremblay, Lauren Turmel, Christopher Watts, Michelle Wilcox, Michael Woodward, Addie Wright

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**The Uphill Review is looking for
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for this year's production!**

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(tricia.pennypacker@lyndonstate.edu)

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Hornettes sting, then get stung

Sebastion C. Lury
Sports Editor

Riddled with injuries and short a player, the women's tennis team finished the year as the runner-up in the North Atlantic Conference (NAC).

Having defeated Johnson State 6-3 in the North Atlantic Conference Tournament semifinals on Saturday, the Hornettes advanced to play top-seeded Castleton State later that day. Castleton State beat LSC without dropping a set, 9-0.

"They're strong," says LSC coach Sue Henry about Castleton State, "they had five players make the all-conference team."

The Hornettes had to battle more than just Castleton, also battling injuries.

"Injuries at this time of year definitely hurt us," Henry says.

Despite being injured, the team does not use this as an excuse.

"We played well," said Henry, "three or four of our players played probably their best tennis."

"I feel that the result could have turned out a little differently had we all been healthy," said junior Rebecca Irwin in an e-mail. "The season was what it was and everyone put their all into every match throughout the season and I couldn't be more happy with the result."

"The one thing that didn't seem to work for us was finishing out the points," says Irwin. "Castleton just seemed to have the better knowledge of when to go for a winner and how to construct each point. This is something that we are still working on as a team."

"Castleton is a strong team," said junior Amber Hartman in an e-mail. "They deserve the win. We played hard; let's not focus on the 'what if.'"

The team also had to bat-

tle without freshman Margaret George. Due to a death in the family, George was in California.

"She was, and is, a very important part of the team," said Irwin. "I think that I can speak for everyone in saying that this was a very difficult situation for all of us. All we can do is wish her and her family the best during this time. She was definitely missed by all."

"She deserved to be there [NAC Tournament] and be a part of our accomplishment," said Hartman. "She worked so hard all season and had seen monumental improvement over the season."

"I truly feel," said Henry, "that our team should have won the sportsmanship award. I truly think that our team showed the best sports-

manship in all the matches, win or lose. I think that our women represented LSC extremely well. They showed up and played and worked hard. Our players showed a lot of heart."

"Our team showed up to each match enthusiastic, excited, and ready to play," said Hartman. "We made fair calls, we were respectful, helpful and most of all, strong competitors."

"This was something that we wanted as a team," said Irwin. "I believe that even though we made sure to show good sportsmanship throughout the season, Johnson won the vote by the coaches and this is something that we need to respect."

"I believe that the strength of this team was our willingness to learn," says Irwin. "From the first day of practice, everyone responded well to recommendations

from Sue [Henry] and was willing to try new things." Hartman believes the strength of the team was also "our diversity, our encouragement of one another and the time we took to laugh."

"I believe that the major weakness of the team was depth," says Irwin. "We began the season with six players and had Erin [Donnelly] come in as the seventh toward the end of the season. Having this small number was great for building the team environment but also gave us a lack of competition during practices, something that other teams in the conference seemed to have."

With no seniors on the team, most players could return next year. Irwin, however, plans to graduate in May.

"The team can only improve from here," said Irwin. "I see them doing great things. With only one person leaving, everyone will come back with more experience, one aspect

that other teams seemed to have that we didn't. With continued practice and the dedication that I know each person has, this team only has good things to come in the future. I'm only sorry that I do not get to be a part of this."

"In all honesty, I've already begun to think about next year," said Hartman.

"I want the Championship more now than ever," she said. "The team will continue to work hard in the off season and come back for another strong year!"

Two players earned honors at the tournament. Junior Danielle Jepsen was named to the All-Conference Singles Team and freshman Maria Parr was named to the All-Tournament Team.

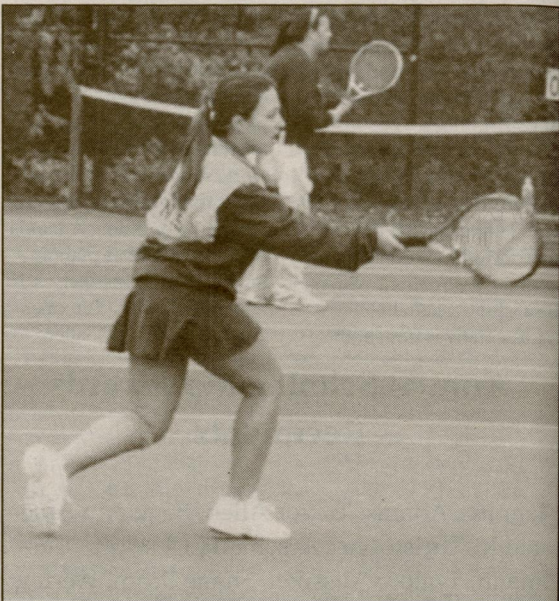


Photo by Melissa Mulhisen
Junior Amber Hartman prepares returns a serve in a match earlier this season

Staff Profile:

The 411 on Bill Johnson

Joe Rivet
Sports Correspondent

Bill Johnson, sports information director (SID) at LSC, has been involved with sports for most of his life.

Johnson is originally from the Adirondack Mountains in northern New York where he became a fan of the Dodgers and developed a "Genetically induced hatred of the Yankees." When Johnson moved to Vermont, he became a Red Sox fan.

"I'm not sure if that's because everyone else here is a Red Sox fan," said Johnson, "or if it's just because it gives me another reason to hate the Yankees."

Johnson graduated from LSC in 1987 with a degree in sports management, and says that it's great to be back.

"I like to watch the students go through what I did when I went to school here," Johnson said.

Before returning to Lyndon to be the SID, Johnson held many jobs. Before he spent time as a basketball coach, Johnson occupied many other sports related positions.

He was the sports editor for the Adirondack Daily Enterprise/Lake Placid News, sports information director at Paul Smith's College and fa-

cility supervisor & intramural athletic director at North Country Community College.

Johnson was a successful basketball coach for 16 years, leading his teams to the playoffs 14 times.

During his time in sports, he has also coached or recruited over 25 conference all-star selections.

During this time, he won more than 200 games, and set a record for the most consecutive wins in the Northern Independence Conference.

Johnson's record still stands today at 31.

Johnson also teaches courses at LSC in the state college sports management and physical education curriculums.

Johnson is excited to be a part of the LSC sports department, and likes the direction it is moving in.

"It's an exciting time to be at LSC," Johnson said. "I'm enjoying making the changes we need to make to be competitive in the NCAA."

In his spare time, Johnson enjoys listening to music. Anything from 70s and 80s to rock and roll to smooth Jazz.

He also takes the opportunity to go to any baseball games and basketball games because he has a lot of experience in the game.

Women's Tennis Season Standings

	Wins	Losses
Castleton State College	13	2
Lyndon State College	7	6
Johnson State College	3	10
Thomas College	0	11

manship in all the matches, win or lose. I think that our women represented LSC extremely well. They showed up and played and worked hard. Our players showed a lot of heart."

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"I believe that the strength of this team was our willingness to learn," says Irwin. "From the first day of practice, everyone responded well to recommendations

Upcoming events

Women's Volleyball

10/24 12 p.m. Tri-Match @ Johnson State

Women's Soccer

10/24 1 p.m. vs. Green Mountain

10/28 TBD NAC Quarterfinals

Men's soccer

10/24 3 p.m. Green Mountain

Hockey

10/ 24 8 p.m. @ Rogers Williams University



The Hornet Report: all the happenings in Lyndon State Athletics

Critic Sports Writers

Women's Tennis

The Hornets finished the season last weekend with a second place finish in the NAC championships. Maria Parr was named to the all tournament team. For more on the tennis team see page 6.

Results

10/17 NAC Semifinals vs. Johnson State

Win, 6-3

10/17 NAC Championships vs. Castleton State

Loss, 9-0



Photo by Mellisa Mulhisen
Maria Parr returns a serve in a match early in the season.

Cross Country

In his freshman season, Joshua Grant is taking the NAC by storm. Grant has now been named the NAC runner of the week in back to back weeks and three times this season. Grant has also been named the NAC rookie of the week once.

Both the men's and women's teams are preparing for the NAC Championship meet which will be held on Oct. 31.

According to coach Chris Ummer, the men are in posi-

tion to defend their title as NAC Champions and the women are looking for at least a second place finish.

Results:

10/16 @ St. Michael's with UVM and Georgia College.

Women 4 of 4; men 2 of 3.

Women's Volleyball

The Lady Hornets are in the postseason and limping towards the finish line. The Hornets have dropped four of their last six matches, giving the Hornets a 9-13 record heading into their final matches at Johnson State this weekend.

On Oct. 17, the Hornet's played their last home game of the season, a quad-match that had the Hornets dropping both of their matches, first against Castleton State and then against Green Mountain. It was the last home game for two seniors on the team.

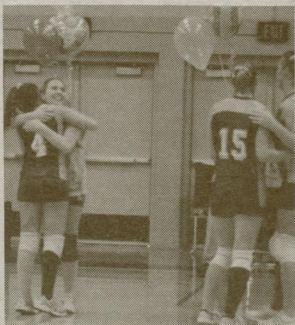


Photo by Sam Monroe
Morgan Reilly receives balloons and a hug from co-captain Alison Ciaramitaro, while Michelle Petty receives balloons from junior Christine Bailey.

Morgan Reilly and Michelle Petty finished their career in the Standard Gymnasium and are looking to make some noise in the post season.

"It would mean a lot," said Petty of her team going to the playoffs and winning a championship.

Results

10/17 vs. Castleton State

Loss, 3-1

10/17 vs. Green Mountain

Loss, 3-0

10/18 vs. U. Maine-Machais @ Johnson State

Win, 3-0

10/18 @ Johnson State

Win, 3-1

10/20 @ Daniel Webster

Loss, 3-0

Standings

Maine Maritime 17-3

Husson 11-12

Castleton 10-7

Farmington 8-10

Green Mountain 9-10

Lyndon 9-13

Thomas 5-12

Johnson 0-14

Women's Soccer

The Lady Hornets face a must win situation this weekend. In order to play past the end of the regular season, the Lady Hornets must beat Green Mountain College on Saturday at LSC. The game will be the last game of the regular season and will also be senior day.

"We will be playing to keep our season alive," said head coach Wendy Elles. The Hornets will be playing the game without Abbey Fadden

and Samantha Smith, both of whom are out with injuries. The team will need some help as well. Thomas College and Johnson State must lose in order for the Hornets to earn a trip to the NAC quarterfinals.



Photo by Sam Monroe

Samantha Smith, who will miss this weekend's regular season finale with a hand injury, attempts to get the ball past a Thomas attacker in a game earlier in the season.

Results

10/17 @ Husson College

Loss, 3-0

10/18 @ Maine Maritime

Loss, 2-0

Standings

Castleton 9-5-2

Husson 12-5

Maine Maritime 8-6-1

Farmington 7-8-1

Green Mountain 5-8-1

Johnson 6-6-1

Lyndon 7-8

Thomas 5-9-1

Men's Soccer

For the men, Saturday will be the last day of a long season. The Hornets are 3-10-3 (0-5-1 conference) entering play against Green Mountain. It will be senior day for the

men as well. Playing in their last game for the Hornets will be Darren Roberge, Ian Oliver, and P.J. Danforth. Roberge was the 2008 NAC player of the year.

Results:

10/17 @ Husson College

Loss, 2-0

10/18 @ Maine Maritime

(OT) Loss, 2-1

Standings

Husson 7-8-2

Castleton 9-6-2

Maine Maritime 8-5-2

Thomas 5-8-2

Johnson 6-7-1

Lyndon 3-10-3

Green Mountain 0-12-1

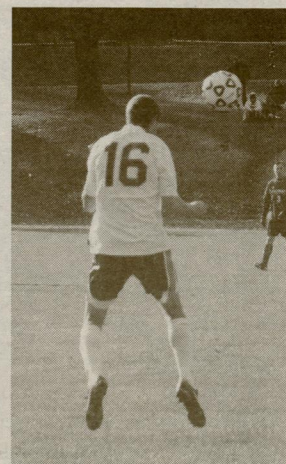


Photo by Sam Monroe

Freshman Bradley Patten goes up for a header in a game early in the season.

The Monroe Doctrine

Sam Monroe
Managing Editor

This is the first of what will be a weekly column designed with the avid sports fan in mind. It will be an opinion column that focuses on everything sports: professional, college, high school and maybe even some good old sports ramblings.

Pressure is a part of life. As college students, we deal with it everyday, but the pressure an athlete has to deal with is intense, especially in the pro ranks.

If your a pro athlete you are just one of about 3,500 rostered on a MLB, NHL, NFL or NBA roster. That's a small number when you look at the 304,000,000 people who live in the United States.

You're playing a game in front of thousands of people and, on TV, you're in front of millions of people. If you screw up, thousands of people scream and yell at you, jaunting you with every move you make. Writers bash you in the local papers and call for you to get traded or released. SportsCenter runs the clip over and over. And now that we have the Internet, you can be bashed on

blog after blog. If you screw up, everyone knows about it and everyone laughs at you. That's pressure.

Try being, however, one of the approximately 278 officials who work in the MLB, NHL, NFL, or NBA. Referees are an important part of sporting events and a lot of the time the refs get some heat for the calls that they make. Just 278 people of the over 304 million that live in the U.S. Now *that* is pressure.

If you have watched any of the 2009 MLB postseason, you have seen one of these 278 people screw up at least once. And its going to happen, but this much? In game four of the ALCS there were three blown calls. In the entire postseason there have been at least a dozen blown calls. None worse than the calls in game four of the ALCS. You have probably seen what I am talking about.

Robinson Cano stood off third base like he is a coach and is tagged out, but somehow called safe. How does that happen? How does the ump miss that call? Not only him but what about the other five on the field? They should have gathered and got it right, instead they let it go. It didn't cost the Angels the game or the se-

ries, but then again neither did Don Denkinger's call in game six of the 1985 World Series. Denkinger called a Royals player safe at first base when he was clearly out at the base, a mistake but it didn't cost the Cardinals the series, they did lose the series and Denkinger received death threats over this call. It was that bad.

Now I am not saying flood Tim McClelland's mailbox with threatening letters. In fact I am saying not to do that; that would be dumb. But come on, in the playoffs you got to get those calls right.

Instant replay has made it so home run calls are correct, but what about scoring plays, or getting into scoring position? Is instant replay going to help that or would it just slow down the game? Baseball fans jump all over ump's for blown calls, but most don't want replay, it will just slow the game down. So what are we going to do?

The greatest part of sports is that humans play them, humans make mistakes. In baseball we call these mistakes errors. I guess we all have to live with it. We all make errors. This year, Orlando Cabrera sure did, 25 to be exact.

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Pittsburgh Zombies attack the Lyndon State campus



Melissa Mulhisen
Critic Staff

The sun began to set as I walked down to the radio station for a meeting with a campus band, The Pittsburgh Zombies. I didn't know what to expect with a band name like that, but I was recommended by a fan of theirs, who assured me they were not going to eat me. It was cold and dark in the radio station lounge as I awaited their arrival. The Halloween theme seemed to loom over the entire awkwardness of the interview. I invited all four members of the band, Two showed up; Joel Mariani, and Ohanga Freddie Losambe.

Q: What's the name of your band?

A: Pittsburgh Zombies.

Q: What's the origin of that name?

Ohanga Freddie Losambe: "One day me and Joe (friend of band) were watching *Land of the Dead*, and we had noticed that many of the zombie movies made by

George Romero are based in Pittsburgh."

Q: Have you changed the band's name before?

Joel Mariani: "Yes, Pittsburgh Zombies was originally Pittsburgh Zombies Wear Flannel. We noticed in George Romero's movies the zombies wore flannel."

Q: Who are the members of your band, and what are your roles in the band?

A: Ohanga Freddie Losambe—lead singer, Bass

Eric Minetti - Guitar, backing vocals

Joel Mariani - Guitar
Zachary "Sonny" Edwards - Drums

Q: What genre of music do you consider your work to be?

Freddie: Experimental and progressive hardcore.

Joel: Similar to Alexisonfire.

Q: Who are your major influences?

Joel: Alexisonfire.

Freddie: Movies, Underoath and early 90's music.

Joel: We really are influenced by movies.

Q: How long have you all known each other?

Freddie: Three years
Joel: Sonny joined a year after the band had already formed.

Q: Do you have a record label?

Freddie: The record label is "Word is Bond".

Joel: It's an Indie record Label that Freddie and I created.

Q: Are you a member of any music organizations?

Joel: Does Myspace count?

Q: Where have you performed?

Freddie: On campus was the first place we played.

Joel: And in Burlington. We played at 242 Main in Burlington, and at the Spectrum, and in Glover Vermont. We have also played in Massachusetts at The West End Theatre. We try to stay local; we like playing in Vermont.

Q: What are your favorite and least favorite venues?

Freddie: We don't really have least favorite.

Joel: Our absolute favorite was The West End.

Q: Which songs do you perform most frequently?

Freddie: Gumbo.

J:

Which is one of our original songs. It has lasted the longest.

Q: Do you ever play any covers?

Joel: We have covered TV theme songs, Misfits, and Jimmy Eat World

Q: Who writes your songs?

Freddie: Joel and I come up with guitar riffs, and Minetti and I write lyrics once the music is created.

Joel: Sonny follows along.

Q: What has been your biggest challenge as a band?

Joel: It's hard getting people's attention. Any band can relate and say getting attention is a problem.

Freddie: We don't really branch out.

Q: What's the ultimate direction you have for your band?

Freddie: To play a barricaded show. [laughs] No we would just like to play to a lot of people.

Joel: We want people to know who we were and who we are. Even if we play a show where no one knows us, we

Photos by Melissa Mulhisen
would like to get them interested.

Q: Are you seeking fame and fortune?

Freddie: No, essentially we will be a working class band. We all plan on getting jobs after college. Sonny though wants to be a studio drummer.

Joel: Most of us want to be in Music Business but not as a band.

Q: How can fans-to-be gain access to your music? Do you have a website with sample songs or a demo CD?

Freddie: myspace.com/pittsburghzombies

Upon finishing the interview, I was inspired to attend a performance of this band. I went to one of their practices and instantly fell in love with their music. The drums beat hard on my chest and the guitars tickled my eardrums as the screaming echoed in my soul. I don't usually enjoy this style of music, but I feel that it was as if before I heard this band I never gave this genre a chance.

Local bars get dressed up for Halloween weekend

Danielle Drown
Special to the Critic

With a free ski pass to Burke Mountain and \$100 gift certificate to Goodfella's Restaurant up for grabs, there is no way you can stay home this Halloween.

Several of the bars and dance halls in and around Lyndonville are gearing up for Halloween with drink specials, costume parties, and prizes galore.

Goodfella's Restaurant and Tavern in Danville, is holding their "Fright Night" on Thursday, Oct. 29th, said Ellen Chase, kitchen manager at the restaurant. There will be \$2 drafts and other drink specials for those people 21 and over.

Goodfella's will also be holding a costume party all evening, with the judging at 10 p.m. Prizes for the best costume include gift certificates for \$100, \$75, and \$50 along with other giveaways

throughout the evening.

"Show up in a unique costume," Chase said, "The more unique, the better."

Meanwhile, Phat Cats in Lyndonville is holding its Halloween party on Friday, Oct. 30th. There will be a costume party and cash prizes for the best costume. The band, NOMAD, will also be playing that night.

Also in Lyndonville, The Packing House will hold its Halloween party in Saturday, Oct. 31st. Dan Sweet, an em-

ployee at The Packing House, said there would be Bacardi specials and prize giveaways. Sweet said that everyone usually shows up in costumes.

With a capacity of about 450 people, Sweet said, "It should be absolutely slammed."

For those who want to have fun and help out a good cause as well, head up to Burke Mountain for their 9th Annual Benefit Halloween Bash on Saturday, Oct. 31st. Participants, who bring a food

item for the food shelf, will pay a \$5 cover charge, instead of \$8.

The party will be held at the Mid Burke Lodge where there will be a costume party and prizes. The prize given out, for the best costume will be a 2009/2010 Season Pass. The band, The Starline Rhythm Boys, will be providing the music. Source: www.skiburke.com/events

Catamount Arts brings entertainment to the local community

Aimee Lawton
Entertainment Editor

Catamount Arts in St. Johnsbury brings art and entertainment to locations both on and off of our college campus.

Catamount Arts features many different galleries. Currently, one is showcasing photographs from photography students at St. Johnsbury Academy, while another is

featuring work from artists who are a part of GRACE (Grass Roots Art and Community Effort). The main art gallery currently showcases pieces from "Art of Vermont: The State Collection." This is a traveling collection of artwork that is owned by and normally displayed in state house buildings. Catamount Arts is fortunate enough to be one of three sites in Vermont that were chosen to display

these pieces until Halloween. Different shows are featured in these galleries every month.

Another feature offered by Catamount Arts is their box office and movie theater. They have two cinemas, able to seat 45 and 105 people. The movies that are shown in these cinemas come from a video library containing a collection of 5,000 different titles of mostly independent and

foreign films. Located just outside of the box office are a coffee bar, concession stand and small internet café, where computers and wireless access are available.

The Cabaret room in Catamount Arts holds both classes and live performances, and can seat about 100 people. This and the other classrooms can be rented out for both public and private classes. In addition, they also teach

classes at off-site locations including St. Johnsbury Academy and the LSC campus.

For events and exclusive performances that they can't offer live, Catamount Arts has a special satellite that allows them to do a live stream. Some of the specific events that are streamed for audiences are the Metropolitan Opera, performances from the London Theater and the New York Times Talks.

LSC community dedicates academic & student activity center

What's Inside:

Curtain closes on Twilight request p. 2

Lady Hornets miss playoffs; will miss
seniors p. 6

Ribbon cutting ceremony photo spread
p. 10 & 11



Vermont State College board of trustees chair, Gary Moore hands out scissors in preparation for the ribbon cutting.

Photo by Ben Holbrook

Curtain closes on Twilight request

Madison Cox
Critic Staff

The curtains came crashing down on the Twilight Players' request for \$750 to pay a musical director for its spring production during Wednesday night's Student Government Association meeting.

After approving a reallocation request of \$250 for the Twilight Players, the other club representatives voted to dismiss the request for funding an additional \$750. Members Nadine Grimley and Dave Daley addressed the room.

"I think that's really fair, in my opinion," Daley said. "It's about seven student activity fees, and we expect over 300 people to attend [the musical]."

The other representatives voiced concerns about the uncertainty over who would be the musical director if the request was granted. The Spirit Squad asked whether the Twilight Players had looked internally at the college to find a staff member

with proper qualifications.

"We've looked within the college and they don't want to help us at all," Grimley said, adding later, "We have contacted Beth Norris but she refuses to support this play in any way, shape, or form."

When it was mentioned that last year's musical director was a student, Chris Arsenault, who was paid for his services, a flurry of comments from the crowd ensued.

"If you have to hire a student as musical director, are you going to pay them? They don't get paid to run student government," Sam Monroe of the Hockey Club said, pointing to the executive board on the stage.

"The editor of the paper doesn't get paid either," said Rachel Keller, sophomore representative.

After a debate that lasted over 30 minutes, the Twilight Players' request was denied.

In other business, Chris Mullen, a student involved in the sustainable food program, addressed the SGA to gather support as the group

makes changes in food services at LSC.

"95 percent of the food we eat could come locally and cheaper than what we have now," Mullen said. "The other 5 percent being spices that don't come from America."

The program's main objective is to buy local products to sell to Aramark at a cheaper price than what is currently being purchased. The foods would then be processed at LSC by students, which might offer more jobs on campus.

"We need support from students to get this ball rolling," said Mullen.

The Lyndon Ultimate club also requested to reallocate funds. The motion passed without debate to move \$200 for a Dartmouth tournament later this year.

American Women in Radio and Television requested changes be made in its constitution regarding dues and the alternative house representative position. These requests were approved.



Photo courtesy of Alan Giese

From Left: Corey Santorello, Danielle Ploof, Madeline Champlin, Miranda Lapierre, Kaytlyn Darling and Kellie Merrell. Alan Giese's ecology class is assessing lake shore buffer vegetation.

Student scam turns sour

Ben Holbrook
Critic Editor

Three Lyndon State students have found the bookstore isn't an easy business to scam.

On Tuesday George Hacking, director of public safety, received a report that a few students had attempted to sell books back to the bookstore that had been acquired from various locations on campus. The two incidents that occurred involved the same student while separate students were involved in each of the incidents, Hacking said.

Anita Little-Drown, bookstore manager, said book thefts are a common occurrence during the

school year which is why the bookstore utilizes special software for tracking who owns what books.

"Each year when we start buying textbooks back people realize they're worth more," Little-Drown said. "It also doesn't take long for word to get around that a book is worth \$100."

In order to prevent your books from being taken and sold, Little-Drown suggests students take the time to mark their books so they can later be identified if someone tries to sell them back.

"Marking your books in a corner of the page won't detract from the value," Little-Drown said. "This isn't the first incident and I'm sure it won't be the last."

Public Safety Log

Must be this old to drink

Public Safety responded to the Crevcour residence hall for underage drinking at 9:45 p.m. last Friday.

Space reserved for athletes only

A vehicle was towed from the varsity field Saturday at 4:40 p.m.

Grand old larceny

Public Safety is investigating a theft of two laptops, an ipod and cash totalling \$3,000 from a room in the Whitelaw residence hall. The incident was reported on Sunday at 4:05 p.m. The state police are also investigating the robbery.

The Uphill Review is looking for submissions for this year's production!

Submissions include: Fiction, Non-Fiction, Poetry and Black and White Art or Photography

Email submissions to Tricia Pennypacker
(tricia.pennypacker@lyndonstate.edu)

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A Moment in Time: Another autumn

Trish Pennypacker
Critic Columnist

There is a certain way which only children see the world.

A favorite childhood memory begins and ends alongside a narrow country road. Here, an ancient stonewall climbs into green pastures beyond the mossy reaches of an icy stream. It is a day of sunshine, perfect for leaf jumping: only a few maple, birch, and oak trees refuse to bare their limbs; the tamarack holds its own torch. Autumn has rolled out her gold and scarlet carpet for our descent, or so it seems. With laughter and delight my sisters and I tilt our faces to the sun as we run, arms full of leaves, scooping and dumping, packing and hauling armful after armful of leaves until the great heaps can no longer be contained.

We watch them overflow like honey onto the gravel road. Of course, even the greatest pile of leaves can't contain our energy. It is a fact that the best leaf piles are created on slopes so that we can gain speed on the down-slope to disappear into the pile with one giant leap, creating the greatest explosion. This burst of leaves is a temporal buffer between the cold air and the bumpy road ahead as we tumble on. Knees and elbows scrape but go unnoticed. There is laughter as the frosty air nips our noses.

Squirrels scurry into their warm nests. Deer feed in the pasture. A ruffed grouse drums nearby in the orchard. The wind stirs, scattering leaves. They dance like fairies. We jump until dusk chases us home.

How quickly the magic of that day was reduced to

memory. Years have past and I find myself walking along a similar roadside. The crisp leaves rustle under my feet. The wind teases rusty wind-chimes hanging in the skeleton of a lilac bush.

The scent of dying leaves reminds me that the woodshed is only half full. In my garden, the dry sunflowers hang their mournful heads; a few blue jays feed on the scattered seed. I must pull the corn stalks from the ground, harvest my carrots, and plant my garlic. I wonder if last year's boots will fit any of my children. As I climb a hillside near my home, I pass new houses with their perfect lawns.

A few rusty cars are abandoned alongside a stone wall. I barely notice that autumn has once again rolled out her carpet for me. It is not until I cross the brook to follow the stone wall that I realize that the pasture has yielded to the thicket: wild berry bushes, scraggly young maples, birch, and thistle compete for territory.

I think twice but follow this wall through the thicket anyway. Thorns tear into my clothing. Branches slap at my face. A few angry welts and bloody scratches make me pause before continuing. What is it I am looking for? My children are home waiting for me to cook dinner; laundry needs folding and our pets need to be fed. My daughter begged to come with me and here I am, desperate for a few moments of solitude, walking through Nature's last colorful hurrah before winter settles in.

I follow this stone wall along the faint reminder of a logging road, stepping cautiously over stumpage and rotting logs, keeping my eyes open for woodland creatures.

Not too far into the thicket, the wall vanishes. Not wanting to get lost, I stop here, where the stone wall tumbles into oblivion.

The woodland beckons me as it must beckon all its creatures into its dark and tangled heart. In the cold grey of this early evening, I rest my hands upon the sharp coolness of the stone wall before I climb into a crevice to sit. I spend the better part of an hour sitting, watching, breathing. I notice rabbit tracks. They disappear into a gap in the wall. A grouse drums nearby. This should be his haven. A flock of wild turkeys scramble through stones and brush, feasting on dropped apples and frost-covered berries. One move from me and the creatures will disappear in a startling whirl. I sit like stone. Silent.

My father taught me how to be silent. He taught me how to watch, too. But we came to the woods with different motives. We rarely could see eye to eye. In those days, these ancient stone walls were rabbit and grouse havens hidden only by nature itself, not obscured by houses or abandoned cars; yet the stone walls were so common to the New England countryside that they nearly went unnoticed by the natives. But my father never failed to notice a stone wall.

On weekend mornings he'd coax our chariot of a station wagon along the sketchiest of country roads as we followed ribbons of stone walls up and down valleys. He'd drive slowly with the windows rolled down (one window never rolled up anyway) and his gun open, shell-ready at his thigh while we bounced and tumbled inside the wagon. To this day, I am not sure how he managed to

keep an eye on the road and an eye on the woodland; but he had enviable eye-sight, glimpsing the slightest twitch or flutter yards into a thicket. My eyesight wasn't too good; I didn't want to see what he might see anyway. Sometimes he'd whisper, "Look at that bear," but I could never look. My heart wasn't strong enough to see a creature alive one second, bloody and dead the next.

My father chuckled at my squeamishness. He said that I would understand the ways of the world someday: we need to eat, animals need to be culled; all things die anyway. I never understood but I learned quickly. At my father's faintest move, I'd squeeze my eyes shut and plug my ears while I sang, "The bear went over the mountain," to drown out the sound of the shell clicking into the cold gun barrel, and the louder roar as the gun kicked my father's shoulder. I never spoke out against him. I sang to myself a lot. We drove many back roads. We never went hungry.

Years passed. My father's generation of hunters gave way to another. The need to put food on the table disappeared as sport took its place. The ancient stone walls still attract the creatures of the earth but the walls are no longer (and perhaps never were) a haven. They have become like an ancient fish net clutching the hillsides and tumbling into the valleys, a tangle of crumbling stone, rotting forest, and the discarded metal, paper, and plastic of human waste.

I wonder if these walls should be preserved or left to tumble back into the earth; how exhausting the creation; how little effort the destruction. I kick aside an empty

Styrofoam cup before stooping to pick it up. The wind stirs. A rusted tire rim teeters on a branch. A broken beer bottle catches the early evening sun, turning my attention to the sky. The sun is shrinking beyond the treetops. My children are probably hungry, watching for me to come out of the woods. It's time to walk home.

I follow slivers of sunlight back to the pasture. Shadows dance before my eyes. I turn one last time to look: the dead deciduous trees with their wild mushrooms grow in the ruins of the stone wall; the young oaks thrust through the crevices, their first leaves dry curlicues of hope; squirrels scurry, flocks of geese sound somewhere in the distance, obscured by clouds and mist. It is the distance between where I stand now and childhood, like the ephemeral sound of my breathing, my father's breathing, mingling with the ancient cry of the wind. I breathe in deeply. And out. Time is irrelevant.

In a space between the house and woods, I bend to push together a pile of leaves. Scooping fragrant armfuls, I don't stop pushing and scooping leaves until I have a mound that rivals the leaf mounds of my childhood. I hear laughter in the distance. My daughter and her puppy have spotted me.

They run with delight toward the pile of leaves. My daughter's eyes meet mine and in a single knowing glance, we leap. Like the drumming of wings or the thumping of feet, the earth seems to tremble within our tangled arms, legs, and spirits. The frozen ground cannot contain us as we tumble down.

Letter to the editor: Naming rights not for sale

To the Editor:

Several responses are in order in connection with Professor Sturm's letter to The Critic appearing in the October 16, 2009 issue. In that letter, Prof. Sturm repeats a mischaracterization in a September 11, 2009 Critic article that naming rights at LSC are for sale to the highest bidder.

First, we understand from the reported source of that characterization, Lyndon Dean of Institutional Advancement Bob Whittaker, that he never said naming

rights were for sale. To be clear, naming rights are in the province of the Vermont State Colleges Board of Trustees. VSC Policy 413 specifically provides that the "Vermont State Colleges Board of Trustees shall approve names for major facilities." The Policy contains four criteria for selection of building names. The name selected under the terms of the Policy "shall: (a) Designate the function of a facility or property. (b) Reflect natural or geographic features. (c) Reflect a traditional theme of the college, and/or

(d) Honor an individual or an organization that has made a significant contribution to the VSC, higher education in general, or public service." Under the Policy, such contribution may be a "substantial gift," either monetary or in-kind. These four criteria are consistent with college and university naming policies across the country and we make no apologies for including a criterion that could result in the naming of a building after a major donor. While no donor may expect the naming of a building as a

quid pro quo, donors should not be excluded from consideration for their contribution. Contributions of substantial sums of money are no less important to the vitality of a college than are the qualities Prof. Sturm attributes to his suggested nominees. At this point, no proposal has been made to the VSC Board of Trustee nor has the Board addressed this particular circumstance. So, please watch the process of naming unfold, which may take several years. At an appropriate time, as President of Lyndon, Carol A.

Moore will make a request to the VSC Board of Trustees to officially name the new building. Please direct your comments to either of us before any final decision is made by the VSC Board of Trustees.

Sincerely,

Carol A. Moore, President,
Lyndon State College

and

Gary W. Moore, Chair, Vermont State Colleges Board of Trustees

What makes a man irresistible?

S.E.X.
Critic Columnist

Men are always asking me what I look for in a man.

Usually I give them the same old generic answers that include personality and humor. However, there is a difference in what I look for in a man and what makes a man irresistible to me. For a man to be irresistible he has to be too powerful, tempting, attractive or convincing to resist. Now there are many aspects of a man that

make him magnetic, so I will list off the first five in my view.

The first thing that makes a man desirable is in his eyes, and no I don't mean just the color. I can tell at first glance when a man is irresistible just by the wave of feeling that comes over me when our eyes first meet. What really gives it away is when they flush just a little and a really dorky smile flashes across their face.

The number two trait is non-verbal communication.

When that man is around you and you can tell that he is looking at you, but he quickly looks away as you glance over.

When you are in a room with 20 other people, but you can tell that the only girl he has his eyes on is you. The nervous twitches he gets when you are around and when you flirt with him and somehow he is still clueless.

Number three...strength. Physical strength is a plus, I mean who doesn't like to be thrown up against a wall in

a pleasurable manner or swept off your feet. However the most desirable strength is the strength enough to show emotion. The most attractive thing a man could do is cry in front of you.

Standing strong at number four is humor. If a guy can't make me laugh he isn't worth more than a millisecond of my time. The more you make me laugh, the more into you I am. He has to be able to act a little dorky and will dance with you in

the middle of a parking lot. And last but not least...intelligence. I need to be able to have an intellectual conversation. If I cannot communicate verbally with a man then there is no attraction whatsoever.

Those are the main five things that make a man irresistible in my eyes. If you have something that you would like to read about please e-mail critic@lyndonstate.edu. Have fun and play safe.

Letter to the editor: *Thanks for the leadership conference*

To the editor:

The Leadership Conference this year was beneficial, because I have never in my life learned so much useful and practical information in seven hours! To add to that, I mostly learned things about myself (which I didn't know was possible after 19 years of knowing myself!)

The conference kicked off with the amazing Michael Weber using all sorts of rare instruments to make us think. Eggs, tennis balls, circles on a piece of paper, orange duct tape, and thumbs were his recipe for teaching us the 5 Changes to embrace in order to acquire leadership abilities. I really appreciated his visit and I'm more than sure the rest of the conference wouldn't went so smooth if it was someone else up there trying to amuse a sleepy bunch of teens at 9:30 a.m. on a Saturday. He truly did a great job waking us up, and motivating us to learn how we can lead.

Something I am really grateful for is how specific the workshops were. I mean they even had a leadership workshop for martial arts and porn (incase you're into those kind of things). I think I most benefited from my second workshop: Balance and Focus in College: Making the Most of Your Time hosted by Leah Charpentier. I appreciate how they took the time to make sure everything was designed with me in mind.

While in a couple of my workshops, I got the chance to really enjoy the new building and all its awesome abilities. I think the annex is

simply beautiful, and I'm glad people from all around got a chance to experience the newness too!

The whole conference wasn't perfect, if I had to suggest one thing to improve it would be to make sure each workshop had something to do with leadership, because it's a leadership conference. Like the porn one, I didn't have that workshop, but a few of my friends said the "Porn Culture" workshop was really just a sexist women group, complaining about all the domestic and violent "abuse" female porn stars endure. Surprisingly they said that the workshop didn't even relate itself to leadership. I'm sure there was a bunch of little glitches but for the most part I'm very impressed to walk away with all this free knowledge and plus my free shirt, water bottle, and many other goodies. It was definitely worth waking up early. I'm most appreciative of the feeling I had once it was over. It seems now that any problem is solvable, and I can't wait to have a situation or a predicament where I can think unrestrictedly to get to the solution.

I truly thank Laura McNaughton, and all the volunteers who pulled all this together. I hope to one day return the favor by volunteering my time and hosting a workshop. I am already looking forward to next year's Leadership Conference!

Sincerely,

Arianna Millington
Critic Staff

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critic@lyndonstate.edu
or

The Critic

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Paranormal interview with Grace Young

Arianna Millington
News Correspondent

Q: Why is paranormal activity so fascinating to you?

A: "Paranormal activities are fascinating to me, because I like to believe there's more than just one world or dimension than our own. I like to believe there's more than the eyes can see, and I like to think outside the box."

Q: What exactly persuaded you to get into these activities?

A: "I had a paranormal experience when I was eight years old, at least that's the first one I remember. My deceased grandma kept visiting me, then I asked her to stop, cause she was scaring me, and since then I enjoy finding paranormal activity and questioning why all this happens. Are they lost? Do they need help? Or is it their choice to come back and haunt people?"

Q: What religious belief do you affiliate yourself with,

and does it conflict with paranormal activity?

A: "I am Catholic, and yes, it does conflict with my religion. We believe that there's life after death, but only in Heaven, Purgatory, or Hell. We don't believe that there's life on Earth after death, but we also believe that there are demons that can walk on Earth; they try to possess you to act against God! We do believe in demon-like spirits, but not human like spirits. So yes it does con-

flict with my religious beliefs."

Q: In your opinion, is it scientifically important to study this?

A: "Yes! I believe so, because it's just like trying to figure out whether or not there was evolution. It's kinda like evolving after you passed away. We should be in touch with the other realms or dimensions that exist to benefit us in a way that we can really know what is out there."

Q: What point do you hope people will get from this interview?

A: "I do think that paranormal investigation is very fascinating, and I'm actually interested in starting a paranormal club. I'm open to all opinions, and I also want to prove my point that paranormal activity and another dimension besides our own exists!"

President Moore goes to Washington

Ben Holbrook
Critic Editor

President Carol Moore, visiting Washington, DC on Wednesday, had a chance to discuss funding opportunities for Lyndon State with Vermont's congressional delegation.

More was in the nation's capital to meet with the American Council on Education Commission on Women, of which Moore is the chairperson.

She meets with the council twice a year presenting her the opportunity to meet

with Vermont's Senators, Patrick Leahy and Bernie Sanders, along with Congressman Peter Welch. "The purpose of the meeting was two fold," Moore said. "It was to inform them as to what is going on at Lyndon and to tell them about where we could use financial assistance."

Both Leahy and Sanders were instrumental in getting funding for certain projects such as the Center for Rural Students, Moore said. "I also wanted to thank them for their support," says Moore. Moore was able to meet with all three legislators for about 10 minutes before meeting with their staffs to discuss project funding in greater detail.

A few of the projects the college is looking to receive funding for includes a Center for Rural Business and Entrepreneurship, a solar/wind demonstration and equipment for the atmospheric science department, Moore said.

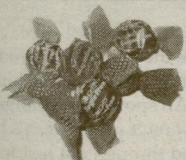
The three members of Vermont's congressional delegation were not able to attend the ribbon cutting ceremony for the new academic building but all three were able to attend the initial ground breaking ceremony for the building, Moore said.



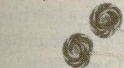
Picture drawn by Pat McAree

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www.lyndonstatecritic.com

Lady Hornets miss playoffs; will miss seniors

Sam Monroe
Managing Editor

Senior day was supposed to be a day of celebration; instead, it rained on the party and hopes of a playoff berth were washed away.

For the seniors, it was their last regular home game, for the entire team, it was the potential to clinch a spot in the North Atlantic Conference (NAC) playoffs. Instead of a week of celebrating and preparing for their second straight NAC playoff appearance, the Hornets are reflecting on the season after a 1-0 loss to Green Mountain on the last day of the season.

The loss marked the sixth straight for the Hornets and knocked the team's record to 7-9 and 1-6 in conference play.

The Hornets started the season on fire, going 4-0 against non-conference opponents and outscoring them 17-2. The struggles began against Becker College. The team arrived late to the game after sitting in traffic on the way to the game. They would lose the game, 2-0. Conference play began two games later, when the team hosted rival Castleton State. The Hornets fell at home to the Spartans 7-

0 which sent Lyndon into a tail spin for the rest of the season. That chain of losses really brought down the team according to junior goalkeeper Natalia Shams.

After putting up 17 goals in the first four games, the Hornets struggled to score the rest of the season. The team managed to put the ball in the net only eight times through the final 12 games. With this disparity, the Lady Hornets finished the season having been outscored 31-26.

Shams and sophomore goalkeeper Samantha Smith combined to give up zero goals in the first four games, shutting out their opponents. The two keepers were scored on 31 times in the final 12 games of the season.

Freshman Abby Fadden led the team in goals with seven. Senior Shauna Buck and senior Kathy Kline tied for second, both having scored six goals of their own.

"We had really good chemistry as a team, we played well in the first half, we just weren't able to bring it all together," said Shams.

The team was close to bringing it all together in the final game. According to Shams, the Lady Hornets

dominated most of the game.

"We should have won that game 10-0, it was just a game of bad luck," she said.

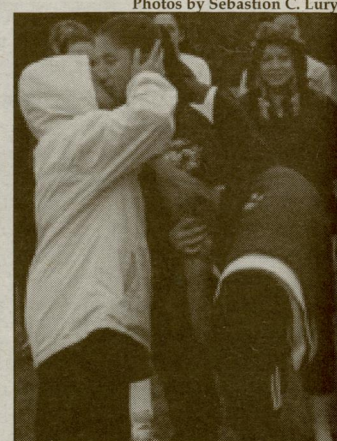
The entire season turned into a year of bad luck for the Hornets. Six of the team's nine losses came by two goals or less.

Despite not returning to the NAC playoffs, Shams saw the season as an improvement under first year coach Wendy Elles.

"She is a great coach," Shams said, "it was a good season."



Photos by Sebastian C. Lury



Seniors Shauna Buck, top, Cara Dolan, bottom left, and Kathy Kline, bottom right, receive flowers, hugs, and recognition on Senior Day with their families in attendance before Saturday's 1-0 loss to Green Mountain College, eliminating them from NAC playoff contention.

Women's basketball sets goal for year: Championship

Nicholas Russo
News Correspondent

This year's women's basketball team at Lyndon will feature more younger players than usual, but do not call this a rebuilding season.

Head coach Vincent Maloney certainly won't call it a rebuilding year.

"Our goal every season is to win the NAC championship," said the third year head coach.

The team graduated five seniors last year, and has only one junior. Therefore, it will be up to the freshman and sophomores to lead the team forward this year.

Maloney says the inexperience will show early in the season, but by the second semester, when conference games begin, he expects the team to be comfortable competing at the college level.

Many of the basketball players also play soccer and as a result, it is too early to know who the leaders of the squad will be. Their longest-

tenured veteran, junior guard Stephanie Barclay, says that she is intrigued to see how the year will unfold.

"It will be interesting to

"It's an exciting time to be a coach and I think our program will only get stronger," says coach Vincent Maloney.

see how the season plays out. It's going to be tough, but I expect it will be a fun year as well."

"We'll be trying to run more fast breaks, fast plays in general, and focusing on speed as the team's main strength," said sophomore

Naomi White. She acknowledges that the Hornets lack significant height.

White says she hopes the team is prepared to work hard in practice toward improvement. Injuries may have an impact on the team at the start of the season. Several of the players, including White, are expected to be sidelined for the first few games of the year.

The team as well as the coaching staff have high hopes for the incoming freshman. Maloney spent some time in the off-season on recruitment.

The majority of players currently on the team have been recruited by Maloney. In the future, he is looking to increase the recruiting budget. For now, however, he thinks that they have a good system.

"I can't wait until Nov. 15 when we will get out there and play our first opponent," he says. "It's an exciting time to be a coach, and I think our program will only get stronger this year."

The Monroe Doctrine: For the love of the game



Sam Monroe
Managing Editor

Sports are about the love and the passion for the game. Sometimes it seems like the athletes have forgotten about that.

They are about the dive for the pylon with every last ounce of effort, or the extra energy it takes to leg out a close base hit.

Sports are about playing through the pain of a sprained ankle, a broken foot, a bruised hand, a separated shoulder. You know, the little things. They are about giving everything you got.

Sometimes, okay, most of the time, it is like the professionals forgot about this.

With Andre Agassi admitting in his book that he used crystal meth and that he lied for most of his career, the sports fan is left to wonder who they can trust. I mean if you can't trust a tennis player

who can you trust to play the game the way you played it when you were a little kid?

All sports have things they aren't proud of. It's happened through out history. As far back as the Black Sox scandal in 1919 and even today, professional sports are trying to rid themselves of things that disgrace the game. Baseball has steroids, hockey has the player strike, football has Michael Vick, Donte Stallworth, Plaxico Burress and many others and the NBA has the referee scandal. Is there a clean sport out there? Who is worth being a role-model? Who is worth the title of "favorite player," is anybody?

It seems that athletes have forgotten why sports were invented in the first place.

While playing sports at a young age, almost everyone was told that nobody is bigger than the team. Some, if not most, pro athletes have forgotten that as well.

So no, there is nobody out there who earns the title of favorite player. Love your team, like the players.

And can anyone explain to me how the Bronco's are still undefeated?

Hockey club enters season with lessons learned

Sebastian C. Lury
Sports Editor

The hockey club looks to begin the season by learning from its preseason loss.

The Hornets lost 8-6 on the road Saturday in their preseason game against Roger Williams University. Coach Jonathan Davis says that the team can learn from this loss.

"Playing better team defense," he says, "is certainly the biggest issue we can take away from that. Our defensive zone was a little bit lacking." Davis also mentioned that the team can also improve their stamina.

"It's going to be a big test this weekend," says Davis. "120 [total] minutes of hockey that we have to play."

Another thing that the team will have to avoid is penalties.

"We have to stay out of the penalty box as well," says Davis. "When you're in the penalty box, you're constantly in a state where you can't roll over your entire bench."

"That hurts our ability to be out there and get everyone the proper amount of rest between shifts," he continued.

"Penalties will destroy any team's chance of winning a game."

The team did show positive aspects as well.

"We have some great team speed," says Davis. "We put a lot of shots on their goaltender and had a lot of oppor-

guys have a lot of respect for them."

The club currently has 25 members, but can only dress as many as 19 skaters and 2 goaltenders or 18 skaters and 3 goalies. Davis says that this is "a good problem to have."

Davis says that the beauty

for the club, but that they are welcomed.

"Women are encouraged and welcome to be a part of the club and compete," he says. "We haven't seen a lot of sustained interest over the years, but we have had women compete in the hockey

having to pay for the upkeep of their equipment. There's a lot of sacrifice going on for the passion of the game.

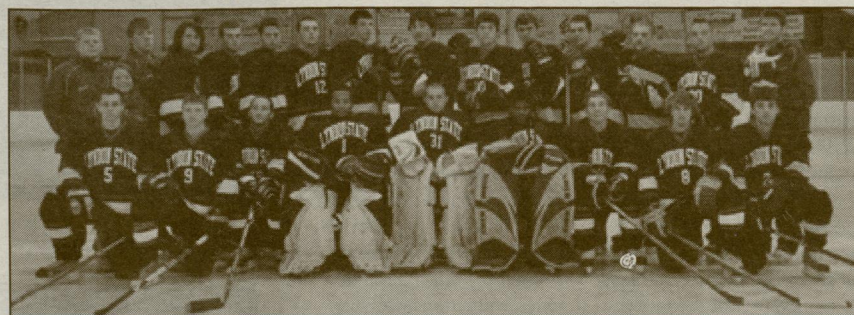
"The fact that they are all passionate and want to compete makes me happy as a coach, really energizes me."

The hockey club is also looking to work with the Campus Activities Board to co-host a night of free skating.

Davis says that another part of the team that contributes to their success is the people behind-the-scenes.

"We have a new assistant coach, a graduate from last year, Tucker Labare," he says. "He was a senior goaltender last year and he's come on this year to help with our three freshman goaltenders."

"The other person, junior Sam Monroe, working behind the scenes is our team president and the representative to Student Government," continued Davis. "[He] is also a crucial part to the puzzle in terms of making sure that we are running smoothly. There's a lot of behind-the-scenes work that goes on to make this season a possibility."



The 2009-2010 LSC Hockey Club.

Photo courtesy Jonathan Davis

of the club is the diverse options it provides.

"We have a lot of people who have an interest in hockey and just want to be a part of the club and help out in any way they can. We also have players that don't necessarily want to compete that will come to practice with us just so that they get a chance to play the game and be out there."

Davis says that there are no women currently playing

club. We have two or three women who are interested in managing with the team."

Davis says that the team plays for the love of the game and that they forfeit time and money to do so.

"They practice three times a week and most of their weekends are taken up by games," he says. "They sacrifice a lot financially by paying more than \$200 each in dues every year and on top of that

The Hornet Report: Conference championships loom

Cross Country

Both the men and women's cross country teams had a week off and prepare to compete in Saturday's NAC Championships at Green Mountain at 11 a.m. and 12 p.m. respectively.

Women's Volleyball

The Lady Hornets finished the regular season going on the road to Johnson State College to defeat JSC and Southern Vermont College in back-to-back games as part of Saturday's tri-match. The team will begin postseason play on the road against Castleton on

Saturday at 12 p.m.

Results:

10/24 @ Johnson State Win, 3-0
10/24 vs. Southern Vermont College @ JSC Win, 3-0
Standings:
Maine Maritime 19-5
Husson 13-14
Castleton 13-7
U. Maine-Farmington 9-10
Green Mountain 10-11
Lyndon 11-13
Thomas 7-16
Johnson 1-17

Women's Soccer

The team lost to Green Mountain College, thus eliminating them from postseason contention. For more, see page 6.

Results:

10/24 vs. Green Mountain College Loss, 3-0
Standings:
Castleton 10-5-2
Husson 13-5
Maine Maritime 10-6-1
U. Maine Farmington 8-9-1
Green Mountain 6-9-1
Johnson 6-8-1
Lyndon 7-9
Thomas 5-10-1

Men's Soccer

The men ended the season on Senior Day with only their fourth win of the season, defeating Green Mountain College 3-0 on Saturday. Seniors Darren Roberge, Ian Oliver, and P.J. Danforth played their final game with the Hornets. Freshman striker Patrice Lumumba was honored as NAC rookie of the week.

Results:

10/24 vs. Green Mountain College Win, 3-0
Standings:
Husson 8-8-2
Castleton 10-6-2

Thomas 5-8-4

Maine Maritime 8-5-3
Johnson 6-8-2
Lyndon 4-10-3
Green Mountain 0-13-1

Hockey

The Hockey Club lost in preseason action to Roger Williams University on Saturday. They will open the regular season at home against Tufts University on Friday at 7:30 p.m. at the Fenton W. Chester Arena. For more information, see the above story.

Letter to the editor: Why isn't there a lacrosse team?

To the editor:

There is one question I would like to ask. Why is there no lacrosse team for women at Lyndon State College? This is one of my favorite sports. I have played lacrosse for four years and I did not want to stop when I came to college but there was no team here for women.

I don't know if there were not enough women who wanted to play or if students and faculty think it is a male sport. It is not just a male sport. My freshman year at St. Johnsbury Academy is when I started to play lacrosse. The faculty and the headmaster

wanted to get rid of the women's lacrosse team even though there were plenty of women who wanted to play. The women lacrosse players were very upset with the headmaster. So the lacrosse players went out and fundraised money so we could get uniforms and equipment.

Our uniforms were used because we did not make enough money but the uniforms worked. We found our own coach. After the lacrosse players went through all this trouble to get uniforms, equipment, and a coach, the headmaster decided that the school could have a women's lacrosse team.

It does not matter to me if I will have to fundraise to make money for a women's lacrosse team. I will do it. I will do whatever it takes to play this sport again. Some of the students here asked me why I won't just join the men's team. I do not want to play on the men's team.

I want a team for women here. I think that would be non-discriminatory towards women. Besides, I am sure that the men on the lacrosse team do not want a woman on their team. The staff and faculty at the college seem very nice and understanding so I honestly do not think I will have a problem trying to incorporate

a women's lacrosse team here.

A couple of my friends from high school are attending Lyndon State College and they played lacrosse with me at St. Johnsbury Academy. So I know there are women here at the college who do want to play lacrosse. It is not just me. So I think it is worth an attempt to try and get a team here at Lyndon State.

The only problem is that I do not know if other colleges have women lacrosse teams. I will have to find that out. I am sure if there was a team here at Lyndon State, the women would want competition. I do know that many high schools in Vermont have lacrosse

teams for women. I know this because I have competed against many teams in Vermont. So if I could not find a college team, there are plenty of high school teams. The only problem is that I do not know if there are regulations for playing high school teams.

There are a few problems that I need to figure out before actually assembling a women's team here. I will do that but I need everyone's support to actually make this happen.

Thank you,

Felicia Staib

Artist shows Lyndon his talent

Arianna Millington
News Correspondent

Calef Brown, an artist notorious for his children's books and illustrations, visited Lyndon State College Oct. 14. His art is unique and inspirational.

The Vermont born, Portland, Maine resident started off by displaying a slideshow of his kindergarten art, which looked no different than the average grade schooler's today. He sarcastically stated "I was a child prodigy as an artist."

As the crowd took notice of his joke and laughed, the atmosphere in Rita Bole Community Room was set as the artist took them on a journey through his life's masterpieces.

Brown says he was inspired a lot by visiting India, where he gained his extensive knowledge of color. His love for elephants, something also inspired and elaborated in India, is often displayed in his

artwork. He admits that his nephew and niece contributed to most of his creative stories and illustrations, which resulted in small poetic children's story books. His reasoning for investing so much into this genre is that he loves creating characters and short rhyming stories.

In his presentation he informed the audience about working with different types of media, such as oil pastels, and ink. He went on to describe his favorite as acrylic paint, stating that he finds it easier to work with when he needs to change things in the picture. While on the subject of a favorite creation, he says, "I am really proud of a piece I did in The New Yorker for a story written by Henry Lewis Gates. It's titled 'The Kitchen'."

He stated that his busy pictures are not so much of a dramatic projection of his busy life, but of his busy mind. "My daily life isn't normally too stressed or busy, but

my mind is always kinda crowded."

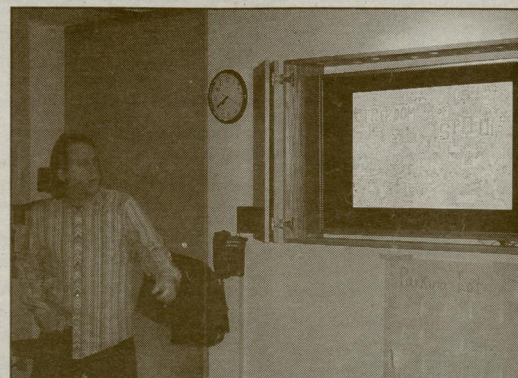
According to his official website, Calef has been working as an illustrator since 1992. His clients include Time, Newsweek, Rolling Stone, The New Yorker, and various other newspapers and magazines. His work has been used for advertising, books, CD covers, murals, and packaging, and he also worked for several years at an animations studio, which he did not enjoy very much. He stressed that part of being an artist is you have to make smart decisions. He says it's important to still follow your dreams and get the bills paid. For him, productions were boring, but got the bills paid. Even now he says illustration is a compromise. "It's good to find something that can do both, if you can."

He ended with a word of encouragement for all the artists at LSC, "Just work hard and try to be inspired by daily life."



Photo's by Arianna Millington

Calef Brown shows off some of his artwork in the RBC community room.



Cooking with Cook: ghoulishly good treats



Gwen Cook
Critic Columnist

Halloween is the perfect holiday for parties. No themed party is complete without the appropriate "scary" food. The best part about the whole thing is there is no way to ruin the food. If it doesn't come out right it's a good thing, it's meant to be scary.

Dirt cake

- 1 package of regular Oreo cookies
- 2 boxes of instant vanilla pudding mix
- 1 tub of cool whip
- 1 package of cream cheese
- 1 cup of powdered sugar
- ¼ cup of butter
- 3 ¼ cups of milk
- 1 plastic flowerpot
- 1 bag of gummy worms

Directions-

Crush the Oreos by rolling them with a rolling pin. Mix the cream cheese, sugar, and butter together until smooth. In a different bowl mix the cool whip, pudding mix, and

milk together until it's a thicker consistency. In a large bowl, mix both bowls together. Layer the Oreos and whipped mixture in the flowerpot being sure to end with the Oreos. Arrange the gummy worms on top.

Mummy dogs

- 1 package of crescent rolls, cut into thin strips
- 1 package of hot dogs

Directions-

Preheat the oven to 375 degrees. On a cookie sheet wrap the strips of crescent rolls around the hot dog so they resemble mummies. Taking a toothpick, make little eye dots with ketchup and then cook for about 10-12 minutes or until golden brown.

eyeball cookies

- 1 package of place-and-bake sugar cookies
- 1 tub of vanilla frosting
- 1 red frosting pen
- 1 black frosting pen

Directions-

Preheat the oven to 350 degrees. Cook all the cookies according to the directions on the package. Allow them to cool completely. Frost one side of the cookies entirely with the vanilla frosting and then with the pens make the black dot for the iris and the red veins around it.

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Friday October 30th

Halloween Party

featuring: NOMAD

Ennui: A man displaced within 'a "what if" theory nightmare'

Cameron Bock
Critic Staff

I dreamt that you came back. In the morning, I woke up in your body.

This is your hair across my face. These are your eyes, set a foot below the level of mine. These are your breasts, sitting heavy on my chest. This is your house, a place I haven't been for months since I packed up a few boxes of my things you still had. This is you looking back at me in the mirror, concerned.

I try to recall any of her recent thoughts that I may have received in this unintentional body snatching. All I remember are my own memories, looking at porn before going to bed at four in the morning. A disappointed expression flashes across her face, my face. Our face?

This is your phone in my hand. This is my own number I'm calling.

"Hello?"

This is my voice I hear on the other end of the phone.

"Hello."

This is your voice coming out of my mouth, which is also yours. Your teeth taste funny.

"How are you? We haven't talked in months. I thought you hated talking on the phone."

"I do. I mean, she does. We do. I do. I am her now, but I was you." I'm getting frustrated. "I don't know what's going on."

"What are you talking about?"

I think about what I'd want to hear. What I'd want her to say to me. I guess now that I am her, I can do what I'd want her to do.

"I want you back." I cough a little.

"You do?"

"I'm coming to see you. I'll be there in 20 minutes."

"O-okay. I'll see you soon!"

I can hear the joy in his voice. My voice. The voice that used to be mine. Now her's is mine.

I urinate sitting down. I wipe after, for the first time. I hit the flusher, which is at a much more convenient height. I consider the idea of tampons.

I get in her car. My car. The seat is pulled up close to the wheel. My legs aren't as long as they were last night. I guess they never will be again.

I am pulling out of her driveway, slowly, as if watching from a distance. I can't help but feel guilty. But for what?

I am pulling into my driveway, which is not my

driveway anymore. I am walking up to my door, which is not my door anymore, and ringing the doorbell, something I've never actually done before. Something she's done before. Something I've done.

I—he answers the door. He looks as I expected myself to. Like usual. He looks so happy. I guess I'm happy for him too, as myself. If she were in my body, would she do the same thing? I briefly wonder if that's what has happened, that she is in my body as I am in her's, but my doubts are dashed quickly; he says I'm walking funny. I'm not used to this body yet. He walks like he always does, like I always did. It's not her. It's just me under those clothes and bones.

This is me holding hands with myself. This is me making a selfish, vile sacrifice to ensure myself, as the original me, happiness.

This is me having sex with myself, realizing now how ugly I look when I cum, what horrible grunts I make.

This is me cleaning myself in the bathroom, remembering I am on birth control and he doesn't like to use condoms, grimacing.

This is me answering calls from her work, asking why I haven't been in for so long. This is me telling them I quit.

I don't know how to pick up the profession she was in; I have retained none of her memories or skills. This is me getting a job at a bookstore, part time, for the 30% discount.

This is me selling my house, her house, for the cheapest and fastest price offered. There is nothing there for her anymore. Nothing there for me.

This is me five weeks later, doing the laundry and watching movies, brushing against my old hand as I reach for more popcorn.

This is me looking at him every morning, breathing softly, wondering if he knows. Wondering if I can keep this up forever. No longer wondering why she left me in the first place. He passed out, drunk, while clownishly complaining about 'corporate America' again, something of which he has no real knowledge. I'm a ridiculous mess.

This is me realizing I can never walk away from myself, to lead another life wholly separate from the one I once had. This is me six months later, engaged to myself.

This is me at my wedding, pretending I know her family intimately, trying not to shoot yearning glances at my own parents, knowing I will never be able to tell them

I love them and have it mean what it used to, ever again.

He tells me I look 'absolutely gorgeous', as I knew he would. It's something I used to tell her a lot. He used to tell me. He smiles genuinely and I smile back as convincingly as I can. I'm truly happy for me.

This is me three years later, spitting up blowjobs in the sink and smiling in an unspoken exchange for dinner at my favorite restaurant, with desert, trying to keep the romance alive.

This is my child, cradled in my arms in the hospital bed. He looks like me. Both of me. He looks like God. He looks like the holocaust of my souls. His life will be a one sided argument, two parents of like mind and spirit. No good cop, bad cop. No 'ask your mother.' No woman's perspective on life. Just a confused youth under the rule of two fathers.

This is me, resigning to a life of myself twice over, living out a "what if" theory nightmare. I am the maiden, he is my star youth suitor, fool as he may be, and I have chosen the leaden casket. It's a shame I never had a preference for more precious metals.

Twilight prepares to spread the Rumors

Sarah Aube
News Correspondent

"A tie is a tie is a tie."
"Anybody have duct tape?"

"I feel so pretty!"
Exclamations of last minute preparations echoed across the room.

The Twilight Players were getting ready for their photo shoot for "Rumors", their upcoming play.

Everyone was busy with something; the cast was setting a scene, adjusting their costumes, and fretting over their makeup.

The attire of the cast reflected the elegance of the characters. The ladies were wearing fancy dresses with high-heeled shoes, pearl necklaces, and perfect lipstick, while the men were sporting impressive suits and double-Winsor-knotted ties.

The photographer arrived and he was ready to work. He crouched down low, stood on tables, and moved from side to side looking for the perfect angles as the cast switched in and out of the scene posing to represent their characters.

"Look shocked! Look bemused!" directed Melissa Leonard, professor of theater and faculty advisor to the Twilight Players. "There you go. Big Faces, big faces!" Picked by the Twilight Players for its fun and comedic values, "Rumors", written by Neil Simon, is about four high society couples who gather for what is intended to be a



celebration but turns into a mystery of murder.

This play requires a lot of dedication. All members of the theater group, cast, crew, and director, are putting a great amount of work into their production. The cast of the play started working on it eight weeks before the production, says Leonard. For the first six weeks, they put in about ten hours a week. For the two weeks right before the

play takes place, they will put in from 20 to 30 hours of work per week.

Besides a sense of accomplishment, there can be another bonus to helping with the play — credits. If the students cast in roles enroll in a course tied to the play, THA-2840, they receive three credits. Students who are interested in working behind the scenes can enroll in a second half semester mini-course, THA-2845, and they receive from one and a half to three credits depending on the amount of time they work.

The Twilight Players will be performing this play on Nov. 12 at 7 p.m., Nov. 13 at 7 p.m., Nov. 14 at 2 p.m. and 7 p.m., and Nov. 15 at 2 p.m.

Cast

Character - Played By

Chris Gorman - Jenn Morin
Ken Gorman - Dave Daly
Claire Ganz - Caitlin Kolson
Lenny Ganz - Daniel Hollis
Ernie Cusack - Owen Fogg
Cookie Cusack - Angela Miller-Brown
Glenn Cooper - Johnny Gallagher
Cassie Cooper - Megan Hinds
Officer Welch - Dave Lewis
Officer Pudney - Teddy Fournier



Photo's courtesy of Herb Swanson

The cast of Rumors, poses for a photo shoot in preparation for the upcoming play.





Cutting into new opportunity



Top: Tom Archer, director physical plant, Carol Moore, president and Tim Cappalli, SGA vice president cut the ribbon during Thursday's ceremony.

Photos by Ben Holbrook

Above: Wayne Hamilton, dean of administration, is handed a plaque by President Moore for his work on the new academic building.

Right: VSC Chancellor Tim Donovan thanks contributors to the new building.





Photos by Ben Holbrook

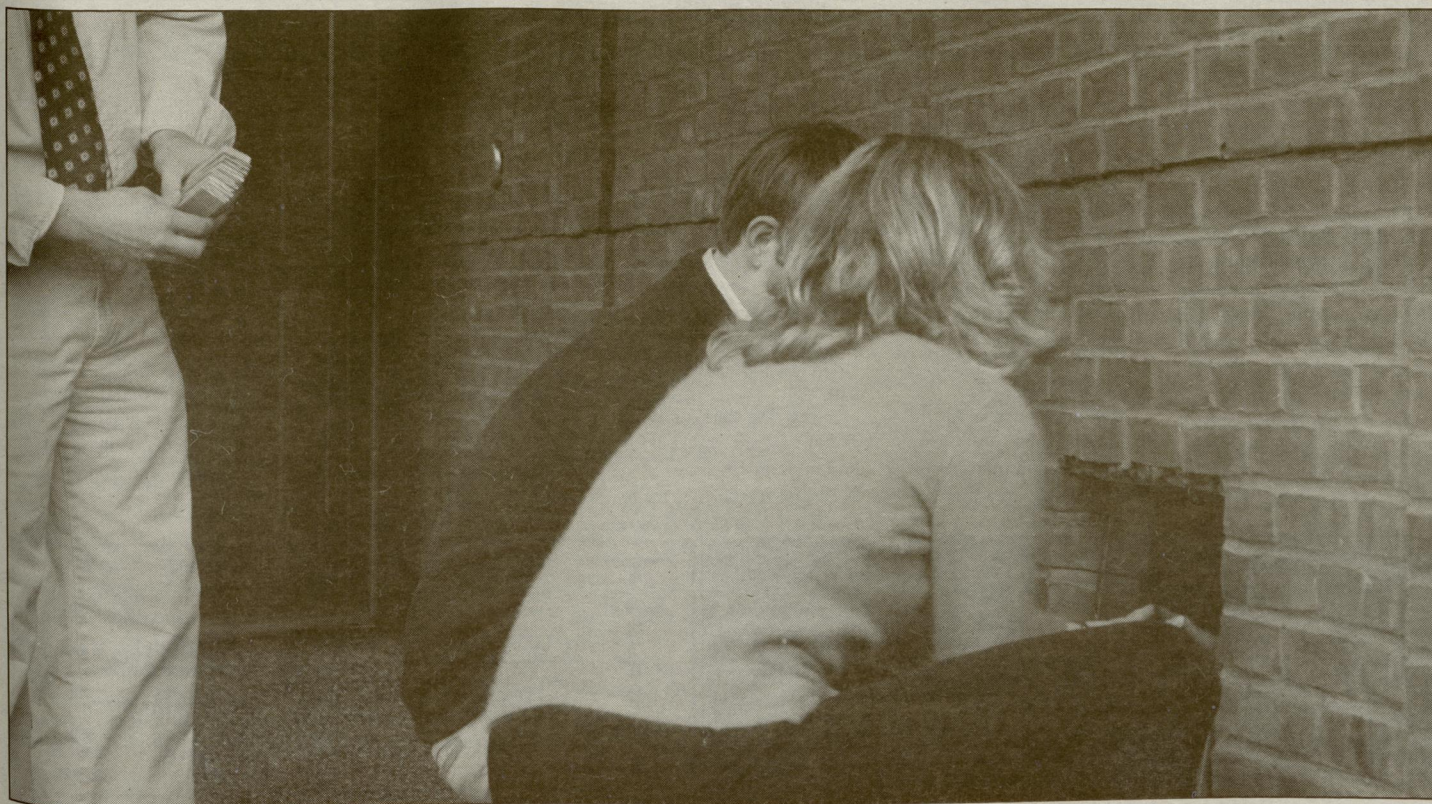
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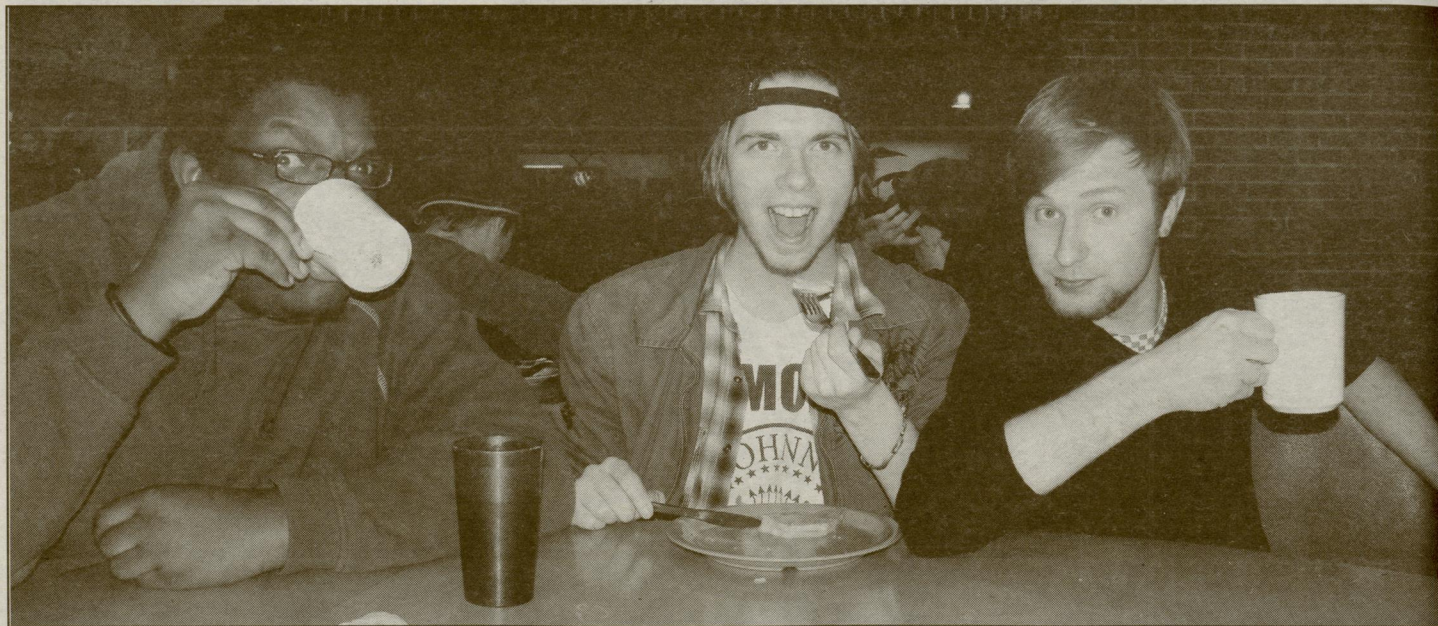
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Top: Members of the LSC community and contributors to the new academic building gather for the ribbon cutting ceremony.

Bottom: Hannah Manley, director of alumni relations and development, along with Andrew Chapin, president of SGA, place a time capsule into the wall of the new academic building.



Campus band interviews: Pittsburg Zombies



Melissa Mulhisen
News Correspondent

This is part two of an interview with the on campus band Pittsburg Zombies.

Each month a different campus band will be featured. There will be an interview so you learn more about the band, and updates on the band if you would like to check them out.

Interviewed this week was Joel Mariani and Ohanga Freddie Losambe, though all four members were invited.

Q: How did everyone in the band meet?

Joel: I knew Freddie first semester before Minetti. Freddie and I put the band together, and Minetti was the first member to join after we created it. Then I found Eric and we became a band.

Ohanga: I met Joel through Gina (Joel's girlfriend).

Joel: I came to campus a semester after our freshman year, but I already knew Freddie. I met Minetti in a class in which we had to edit a song and turn it into an ad. Minetti was using Scary Kids Scaring Kids and I was like "This is awesome!" Then I asked him if he wanted to be in a band after a long discussion we had about music taste, and he said yes. I met Zawada (original drummer) because we were both transfer students, signing up for classes in Beth Norris's office at the same time. After talking, and getting to

know each other, he told me he was a drummer. I met Sonny my second year in collaborative. Beth announced him as a drummer looking for a band. We told him we needed a drummer after Zawada left. Now we are all good friends.

Q: What inspired you to make music together?

Joel: Freddie and I wanted to start a hardcore band, because we really liked that type of music. It's a fun type of genre of music to play. It's not difficult to play, but it's not easy.

Q: How would you describe hardcore music?

Ohanga: It is a loud form of music, that pulls on different types of genres depending on the people.

Q: What can you tell me about your instruments? What made you choose the instruments you have now? Was it cost or was it a style/model/brand/color preference?

Joel: Eric and I both play telecaster style guitar, but we only use bridge pick up. Which is humbucker, a sound we really like to use. We have a dynamic guitar style, we take a very modern into a more blues tone. Brand wise we both have unique guitars because they are both discontinued, and you can't buy them anymore.

Ohanga: I use an SX PJB. I usually use both my pickups, which is a combination of jazz and precision. Together tones give you a punchy low end

type sound.

I really like red when it comes to the color of a guitar.

Joel: We are very tone conscious; as far as brands go we don't go for them. If we play an instrument and it sounds good, we could care less what name is on it.

Sonny uses a Sonor drum set with a wood finish called Sunburst. He likes to have all three (tom) drums and two crash symbols. He uses Sabian symbols. He is the same way when it comes to tones. That's why he has the Sabian symbols.

Q: Do you have a set play list?

Joel: Yes, We have ten songs total but we only play eight.

Q: What are the main topics for most of your songs?

Ohanga: It depends on who writes the song. My songs are influenced by movies, vampires and zombies. Minetti's songs are about life.

Joel: Usually Minetti writes songs about hard life situations.

Q: Do you think these topics for your songs will change over time?

Joel: Yes, already our songs have slowly changed from when we started.

Q: Could you briefly describe the music-making process?

Joel: We start out with guitar riffs and then bass line, and melodic ideas are brought together. We try to finish a whole piece at once.

Minetti will write a whole song melodic. Sonny will add the drumming, which ties everything together. When the music makes sense, we add lyrics. Minetti sometimes comes in with a song completely done.

Q: What are your rehearsals generally like?

Ohanga: At first, we start to set up, until everyone shows up

Joel: We go through old stuff first and build on the old songs. For the last twenty minutes, we usually are burned out and we start messing around.

Ohanga: The guys usually have to run to their girl friends after practice.

Q: Do you have a set time each week in which you practice or are rehearsals more spontaneous?

Joel: We try to have a set time. Usually Tuesdays and Thursdays, but it changes yearly. We figure out schedules and we try to practice twice a week. After every show, we wait a week before we play again.

Q: How has your music evolved since you first began playing music together?

Ohanga: As far as song writings goes, we have gotten a lot better.

Joel: We have grown to know each other. We are not afraid to make things more complex. We can push the limit a little more, because we know each other's weakness and strengths.

Q: What advice do you

have for people who want to form their own bands?

Ohanga: Make sure you know what you want to sound like. Make sure everyone who is in the band is on the same page.

Joel: Weak links will fall apart. Just remember to choose the right people. Find the direction you want, and do not change it unless everyone wants to. Starting a band is like starting a business.

Q: Is there anyone you'd like to acknowledge for offering financial or emotional support?

Ohanga: Shout out to Joe Gittleman and my mom

Joel: The Elderstatesmen (a band the Pittsburg Zombies played with, but is currently broken up), and Jim Gray for being a maniac and booking us shows.

Ohanga: Frankie Andrews for letting us play 242, and Riley for paying us.

Q: Do you have any upcoming shows?

Ohanga: We are playing the new auditorium in ASAC on campus Halloween night at 9pm

Q: Any last words?

Ohanga: Apples, Oranges, put em in ya mouth, make a fruit salad.

If you would like to see this band live, come to the New Student Activity room at 9pm on Halloween. Other campus bands will be playing as well, such as Caledonia, Rush Angel, and The Rêves.



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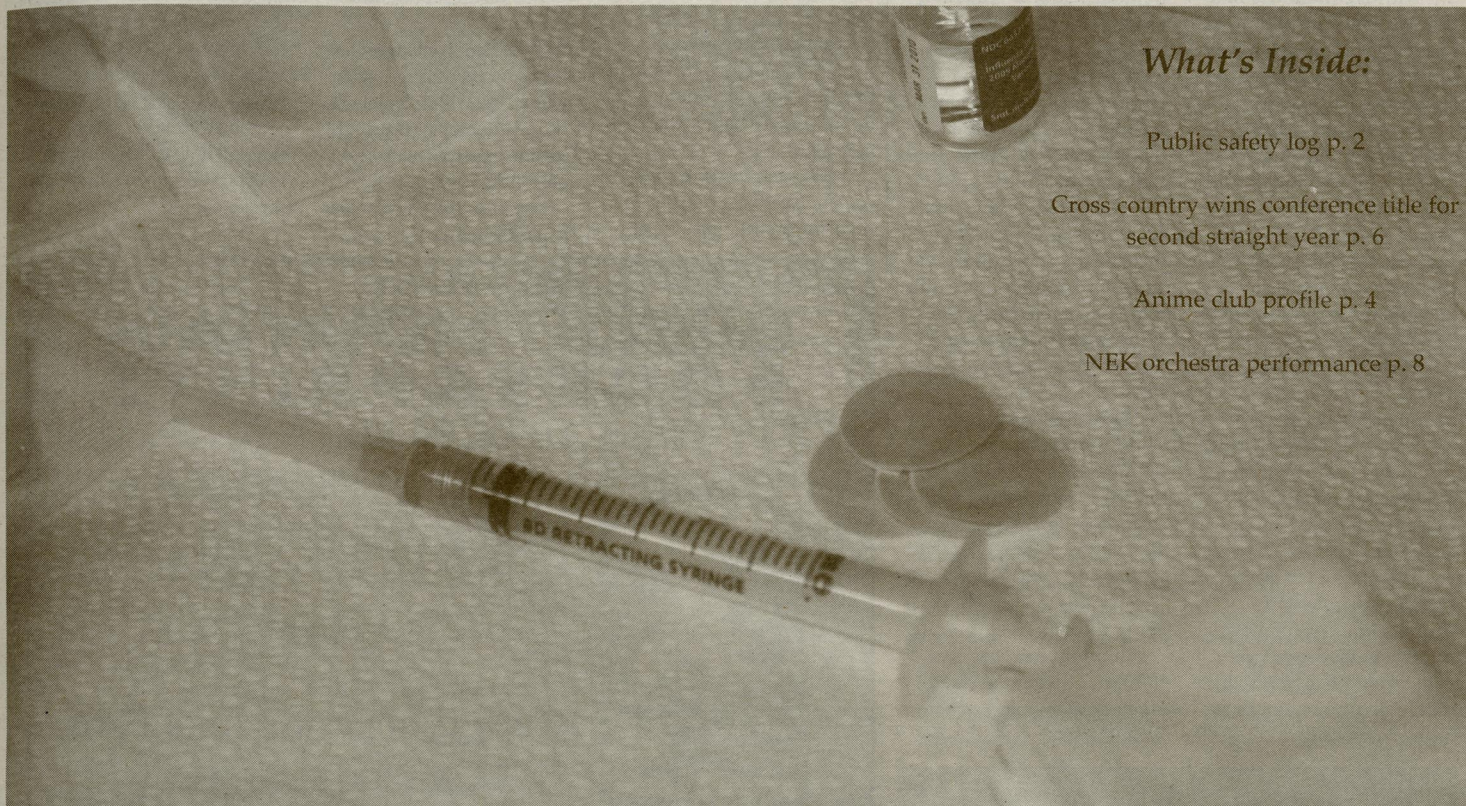
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Influenza hits campus; closes local schools



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Above is the H1N1 vaccine that has been available to students in limited doses. The Brown House received 100 doses of the vaccine and as of yesterday, were down to 46 doses. The vaccine is only available to students.

Photo by BenHolbrook

Reporting by Sam Monroe and Ben Holbrook

Possible school cancellations have been on the mind of many as the influenza like illness makes its breakout.

Jonathan Davis, associate dean of student affairs, explains that at Lyndon State, "there is absolutely no thought of closing at this time."

Davis said that there is an estimated 70 students at LSC experiencing flu like symptoms. As of now it can only be assumed that those students are suffering from H1N1.

The school is taking it "day by day," says Davis, and doing everything it can to stay ahead of the situation. He has been speaking with his counterparts from the other schools of the Vermont State College system, along with other schools in Vermont, on a weekly basis and has been part of several conference calls about the influenza outbreak.

In response to the outbreak LSC has formed an emergency response team to stay updated on relevant information as it becomes available, such as vaccination statistics

and the number of students who have reported symptoms. The team will meet for the first time today.

In October the college requested 1,400 doses of the H1N1 vaccination for students but received only 200 doses, holding a clinic to administer the vaccine on a first come first serve basis. On Nov. 4 the State of Vermont sent another 100 doses to the college with more

outbreak of H1N1 in March all those who received the vaccine this time around would no longer be protected.

"It's (the flu) so new that there are still so many questions about it that have yet to be answered," said Provost, who also said she saw more than 40 people who had flu symptoms last Tuesday while working a shift at the hospital in St. Johnsbury.

"There is absolutely no thought of closing at this time."

-Jonathan Davis

clinics planning to be held.

Yesterday Abby Provost, a registered nurse at the campus' brown house, administered more than 50 doses. The final opportunity to get this set of vaccinations is today from 11 a.m. to 2 p.m.

According to Provost the vaccine takes up to two weeks to begin working, which means if is possible to get the flu after getting the shot. She also said that the vaccine may only be good for three months, meaning if there is another

Students experiencing flu like symptoms are encouraged to isolate themselves from others and not attend classes or meetings.

"Faculty are very understanding that this is out there and it could affect student's, as well as themselves," said John Kascenska, dean of academic affairs, also stating that faculty are willing to work with students who may end up violating specific attendance policies due to flu like symptoms.

Kascenska reiterated what

Jonathan Davis has been saying, that students who feel sick need to isolate themselves and not attend class.

Davis said that most everyone is being cooperative about reporting symptoms and following the recommendations made by the brown house.

The doors at Lyndon Institute remain closed as officials responded to a recent flu outbreak at the school.

On Tuesday LI decided to cancel classes for the remainder of the week after 108 students became sick with flu-like symptoms, reported the Caledonian-Record.

Headmaster Rick Hilton told the Caledonian-Record that he chose to cancel classes as a "preventive measure to safeguard the health of our students."

LI officials were not immediately available to comment in The Critic at the time of publication.

St. Johnsbury Academy is also canceling classes today due to a large outbreak of flu in students and faculty, said school officials Thursday.

Sandra Wright, health faculty at the Academy, said all the information about the H1N1 influenza has been available on their website as well as weekly newsletters being sent to parents both locally and internationally. The policy for handling the flu as stated on the St. Johnsbury Academy website is as follows: "Those who have been diagnosed with the flu, or have flu-like symptoms (fever and one or more of the following respiratory symptoms: cough, nasal congestion, or sore throat) should not come to campus until 24 hours their temperature has returned to normal without the use of fever-reducing medications."

The Center for Disease Control's website cautions those who are at high risk - children under the 5 and especially younger than 2, anyone with a blood disorder, chronic lung disease, diabetes, heart disease, kidney disorders, liver disorders, neurological disorders, neuromuscular disorders or a weakened immune system should get vaccinated.

Influenza continued on
pg. 4

Swine flu vaccine

More parking, less classes

Moriah Pratt
News Correspondent

As the H1N1 virus ("swine flu") spreads like wildfire across the United States, vaccinations for students are finally arriving on the Lyndon State campus.

With Wednesday's new shipment of vaccinations arriving, a clinic is being held today at the LSC Brown House from 11 a.m. to 2 p.m.

Prior to yesterday's clinic the Brown House was forced to send out a message saying that it did not know when to expect more vaccinations after the H1N1 vaccination was administered to students at clinics held on Oct. 27, 28, 30.

In October LSC ordered a large amount of the vaccination but only 200 doses were received in last week's shipment. That is why it has only been made available to students and not the college's faculty or staff.

The Brown House encourages people with chronic illnesses (diabetes, asthma, etc.) to get vaccinated first. Miriam Abu Shurajja, sophomore, got in as soon as possible.

"I have asthma and I'm already getting a cold. I just didn't want it to develop into something worse," Shurajja said.

There are two different types of vaccination: the nasal spray and the injection. The nasal spray is not popular with the students, several saying they would not get the vaccination if it were the spray. The main reason is because students are nervous about the fact that it has a live strand of the flu in it.

The nurses also waited to use the spray until the Brown House ran out of the shots. In addition, to be able to give women the nasal spray vaccine they would have to get a pregnancy test first.

"I really hate needles," said Miranda Machia, sophomore education major, who was pale and shaking while waiting in line to get the shot.

Her fear was not enough to push her towards the spray though.

"I might hate needles but I don't want anything shoved up my nose either," Said Machia.

Sebastian C. Lury
Sports Editor

By balancing the class schedule, Lyndon State may be able to better utilize its facilities.

Rumors leaked this week that the administration was looking to move classes because parking was limited. Donna Dalton, dean of academic and student affairs, says that this is only a rumor, though it does have elements of truth.

"We tried to move some classes to ease the parking problem at peak times," Dalton

said in an e-mail. "We have plenty of parking, but not at peak times, like Thursdays at 11:00 a.m. and Mondays and Wednesdays at 1:30 p.m."

There was an attempt to make changes to the pending semester, but the most change will not manifest until future semesters.

"We tried to change a few courses for the spring," said Dalton. "We will definitely try to do a better job of distributing courses across all time slots for the fall."

The idea behind balancing the class schedule is to get

more out of the resources that LSC has to offer – not just in parking, but also in academics.

"The reason for doing this," said Dalton, "is so that we are better using our facilities throughout the week. By doing so, parking is less of a problem and students have more options. I am sure you've had the experience of wanting to take two different courses that were offered at the same time. If one had been offered at a different time (and maybe a time that is less used), you could do both, rather than have to choose."

Public Safety Log

Student smash

Public Safety responded to a call of vandalism/destruction of property on the 4th floor of Arnold residence hall at 3:15 a.m.

Safety first

Public Safety responded to the Wheelock residence hall at 2:48 a.m. for four incidents involving underage drinking and failure to leave during a fire evacuation on Saturday

Please sir, I want some more Food was stolen from Aramark on the 2nd floor of Vail on Wednesday at 11:00 a.m.

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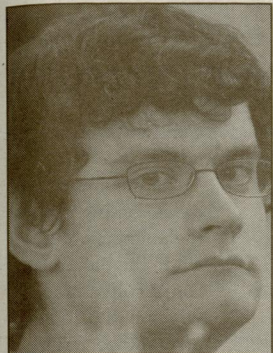
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Nameless fault over ASAC



Ben Holbrook
Critic Editor

For those of you who have read the past couple issues of The Critic, you have most likely noticed the controversy surrounding the naming rights for ASAC

(Academic Student and Activities Center).

As reported in the Sept. 11, 2009 issue of The Critic, there was never any mention that the naming rights "are for sale to the highest bidder," as stated in the Oct. 30 edition of The Critic in a letter to the editor from

Lyndon State President Carol Moore and the Vermont State College's Board of Trustees Chairman Gary W. Moore.

The issue surrounding naming rights is actually a matter of misunderstanding

and not one of mischaracterization. The Critic never re-

ported ASAC's naming rights were for sale. The article in question states the following: Got \$3 million? Know somebody who does? That's what it will cost a private donor to name the new

Academic and Student Activities Center, says Bob Whittaker, dean of institutional advancement.

Please, point out to me where it says the naming rights are for sale.

Another point to consider: Whittaker gave the \$3 million figure via e-mail. I find it hard to believe The Critic "mischaracterized" a number and a statement issued through an e-mail, which was later repeated verbatim in the actual article.

There is, however, talk of the naming rights being

sold in Professor Timothy Sturm's letter to the editor in the Oct. 16, 2009 issue of The Critic. It should be noted that Professor Sturm only says it *seems* like the naming rights are being sold, not that they actually are being sold.

Ultimately, the whole issue surrounding the naming rights can't be blamed on anyone because The Critic reported what it was told, Professor Sturm responded based on the information he read, keeping in mind his letter is an opinion and the administration responded in kind to squelch any rumors ASAC was for sale per se.

"The Critic never reported ASAC's naming rights were for sale."

-Ben Holbrook

We are all doomed, I guess

Cameron Bock
Critic Staff

We're all doomed. My grandfather said that yesterday in the hospital, staring up at me through a morphine fog, thumb wearily resting on the button giving him the injections. I guess he was right. Julia was doomed as soon as I invited her into my apartment in March, shoulders back, smiling. I was doomed the moment I found her toothbrush in my bathroom cabinet. We were doomed the moment she turned over in bed, away from my touch, feigning sleep, eyes clearly open in that last moment before her face rolled under the covers. I get out of bed to get a glass of water but instead end up accidentally sitting at the computer and listening to Lemuria on iTunes all night, half-awake, swirling glass of whiskey in hand, thinking about wanting to cry but not being able

to fully bring myself to it. Birds chirp and I shoulder the mid-morning colloquy of her last night's dreams with a nod and the occasional non-committal noise like "huh," and "uh-hmm." She doesn't even see the shattered bottle of Maker's Mark in the corner soaking into the carpet.

Somewhere, a dog barks at a car and feels powerful.

We walk to the park a few blocks down and sit, waiting for something to happen. "I am doomed," I think out loud, muttering. She asks me what I just said and I say I don't know. Sometimes I lay on the floor in my bedroom and think about how doomed I am, how screwed. I work at a Barnes and Nobel, more for the discount than the money. When I am not working, I am thinking about my book, thinking about writing my book, thinking about what I would look like sitting at

my desk, writing my book, sipping wine in front of shelves upon shelves of books, my collections, a vast library, a roaring fire. But none of that exists. I am doomed.

Somewhere, a bird flies into a window, survives, and is no longer afraid.

Rich people have mansions. Donald Trump owns countless buildings, streets, businesses, whatever. Donald Trump also has a horrible comb-over. I still have all my hair; at least I have that going for me. I ask Julia if I have a good haircut and she laughs and says, "What a stupid thing to ask," and takes another drag off her cigarette. I walk to a coffee shop and sit in the back with an empty cup, people watching. I get a text from my sister. "grampa died". No punctuation. Not even the courtesy or respect to capitalize "grampa." Julia walks in and sits next to me. She asks me how long we've been dating. I say I don't know. She sighs and orders a coffee. I gave my grandfather a hug and said goodbye when I left him yesterday. I feel good about that, I guess. I don't know how I feel. I feel doomed. Grampa

was doomed the moment I said goodbye to him.

Somewhere, a homeless man eats at Olive Garden, treated by a golden-hearted stranger, and feels young again.

Me and Julia have been fighting. We go to my parents' house for Thanksgiving. On the drive we communicate solely through battling silently over what radio station to listen to. I push the button auto-tuned to NPR then she pushes the button next to it to go to some crappy pop station where fourteen year old girls in a twenty-four year old's clothing and makeup sing songs describing things they don't know anything about like love and credibility and "being real." All pop stars are doomed from their first moment on a stage or behind a microphone or in a recording studio for tryouts, whatever. Michael Jackson was doomed since before A B C. Now he's dead. I wonder if they botoxed his corpse one last time before the funeral.

Somewhere, a battered prostitute boards a bus to Memphis, terrified and hopeful and free.

My father is carving the

turkey and my mother is watching a baseball game, shrieking. The house is warm. Their dog wags her tail when she sees me. Me and Julia are still fighting about something. I don't remember what started it, probably something I said maybe. Maybe something I didn't say. Maybe she started it. Regardless, she's yelling at me now about "communication" and I'm blinking slowly and shaking my head just a little and she says, "Go to hell." That's all she says. "Go to hell." Then she steals the Thanksgiving turkey and leaves. That turkey was doomed the moment it was packaged up in its Butterball wrapping and yellow netting. Thanksgiving was doomed when the first musket ball blew hot through some poor native American's chest and into the heart our forefathers assumed they didn't have. My father looks up from his bowl of cranberry sauce and mutters, "Dad was right." We're all doomed, I guess.

Somewhere, a man runs a stoplight and a police officer does nothing, shrugging, too content with the weather to care.

Kappa Delta Phi thanks Pink Party attendees

Kappa Delta Phi NAS wishes to thank all the students, staff and community members who joined us for the Pink Party to support breast cancer awareness. A special thank you goes out to all of the local businesses

that made donations to our raffle: Shear Sensations, Kathryn Sloan, Hoagies, Green Mountain Books, The Pizza Man, The Freight-house, Tanglez and ToeZ Salon, New England Video, Don's Tats, The Scrap Box,

Dunkin Donuts, Dylan's Cafe, Elizabeth's Large Size Fashions, Mucca's Place, 1st Nail Care, All about Flow-ers, Connect with Kids Inc., Second Hand Pros, Fusion 134 and Paddy Cakes & Candy.

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Brought together by Anime

Students meet up on Thursdays and Fridays for Japanese cartoons

Aimee Lawton
Entertainment Editor

It all started with two friends watching anime...

This led to the beginning of the anime club, which started meeting in March 2009 when it was approved for SGA budgeting after Phil Parisi got on board as adviser.

Although the anime club did not gain the initial popularity that some other clubs on campus have, it is described by one of its members as "the biggest little

club on campus."

The anime club meets in a very laid back atmosphere that makes members feel comfortable while they are there.

They are also very welcoming as the club is open to anyone, whether they are avid anime fans or unfamiliar with any anime at all.

"This is a good club," said rookie member Robert Joseph. "It offers strong support for a subculture."

Many of the club members seemed very impressed with the expansion that the anime club has seen since last semester, with their membership currently at 12 regular members; as well as frequent drop-ins who stop by the meetings to see what the club is all about.

For anyone who is unfamiliar

with anime, it is Japanese animation that

should be brought together so they could all enjoy it together,"

so don't bother trying to suggest it).

Some important dates coming up for the anime club include the Bakuretsu con; a convention which will take place on Halloween (Oct. 31) in Colchester, Vt.

-Joe Biega

They are also planning to hold an anime-themed bake sale, with a date and time to be announced later.

The anime club meets every Thursday and Friday at 7 p.m. in LAC 343.

Anyone who is interested in more information about the club is asked to contact President Joe Biega at joseph.biega@lyndonstate.edu

"I felt that these people should be brought together so they could all enjoy it together,"

comes in the form of games, movies, TV series', comic books, and other such media forms.

Anime genres are similar to those of American media, just with a different twist.

Joe Biega, President of the anime club said that the idea for the club came about when people were seen reading anime and manga around campus.

"I felt that these people

together," Biega said.

During their club meetings, members watch various anime series', and often offer their own commentary while doing so.

Members are encouraged to bring their own anime if they have it, as decisions are made at the beginning of each meeting about what is going to be viewed that night. (They have a zero-tolerance for any type of porn,

Influenza

continued from page one...

However, those who have serious allergies to chicken eggs, people who have had a severe reaction to an influenza vaccination, people who have developed Guillain-Barre syndrome, children younger than 6-months-old and people who have moderate-to-severe illness with a fever should wait to get vaccinated until they recover.

For adults the side effects from the vaccine (flu shot): soreness, redness, or swelling at injection site, fever (low grade) or aches.

Reactions to the vaccines usually occur shortly after being administered and typically last one to two days. Side effects for the nasal spray include: runny nose, headache, sore throat or a cough.

Tara Parenteau
News Correspondent

Each year, Public Safety provides a report to raise awareness of crimes on and around campus.

The categories are as follows: Murder/Non-negligent manslaughter, negligent manslaughter, forcible and non-forcible sex offenses, robbery, aggravated assault, burglary, motor vehicle theft and arson.

Last year in 2008, out of these categories, there were two forcible sex offenses on campus. These offenses occurred in the residence halls. None of the listed offenses took place on public property, or were reported to have manifested evidence of prejudice based on race, gender, religion, sexual orientation, ethnicity/national origin or disability.

Sixty-two people guilty of violating drug laws were referred to disciplinary action.

One was arrested. One hundred twenty-eight students were referred to disciplinary action for violation of liquor laws. Three were arrested.

Considering it is only halfway through the semester, and two sexual assaults have already taken place this year,

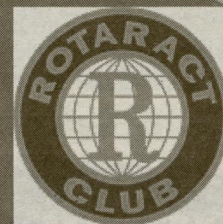
2009 is not looking good in some categories. This information is available to the public through Public Safety's homepage: <http://www.lyndonstate.edu/AboutLyndon/PublicSafety/tabid/172/Default.aspx>. A daily log is also kept and available upon request.

LSC Public Safety raises awareness over crimes committed on campus

Lyndon State College

Event:

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PLEASE CONTACT CLUB PRESIDENT, CURTIS MATHEWSON, FOR MORE INFORMATION.

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ROTARACT

Whitelaw break-in lends no leads

Arianna Millington
News Correspondent

Last week a room in Whitelaw was broken into and had \$3,000 worth of cash and electronics stolen.

Christopher Braiewa is an 18-year-old snowboard-loving, Connecticut born, LSC student, and is one of the victims of last weekend's campus robbery.

Braiewa said that he, his roommate, and a few other friends left at about 3 p.m. to go to Middlebury College. He also says that they didn't let anyone know they were going, and said that their door didn't close right.

Braiewa states, "When we got back around 3 p.m. in the afternoon on Sunday, our door was open, and all our stuff was gone. We really didn't notice anything until like five minutes after getting settled in. The laptops were missing, my Mac-book pro and he (roommate Ry Wolfel) had a Sony vio, the X-box 360 was gone, and I really think the person who stole it knew what he was doing, because he didn't take any of the games or controllers, just the box, so whoever stole it was selling it. They took two iPods, the iPod nano, and the regular video iPod. Mine he didn't take, I guess because he knew you could track the new

iPods, but I don't know why he would take the laptops."

Braiewa goes on to say that to his knowledge he has no enemies and can't imagine why someone would steal from him. "People are so scummy! There's dope going around, so someone might've taken it to sell for drugs. We have ideas of who it is, but it's not like we can really prove it."

As far as locking the door Braiewa responded: "before, yeah, we normally locked it, but the door never shuts, so it's like we never thought someone would steal from us here at Lyndon State. I wasn't usually really cautious, but now I am, and we definitely

wouldn't leave for the weekend and not lock the door. We're guessing whoever did it went through the window, or someone kept knocking on the door, and after noticing no one was in there eventually came inside and took all our stuff."

After going through this process, he tells what he hopes to happen; in both worst and best case scenarios. "If I can't get anything back, worst case scenario, if they turn the laptop on we could track it. If this happened 11 days earlier, my credit card company would give me my money back. So hopefully we'll hear about someone selling an iPod. There's only two

kids here who do dope at our school, and I've seen the kid walking around the courtyard with a VCR, and I'm pretty positive it's that kid."

"It's none of our friends, and I hope all my stuff will come back, so on a positive note it's kind of a good thing, because normally I try to study with a million people in my room, but now that I have to go to the computer lab, and it really makes me focus, makes me get my work done."

Braiewa concludes with hopes to find out who did it.

If anyone has any information about the break-in, public safety encourages you to contact them.

LSC attends renewable energy conference

Last week several LSC students and Physics Professor Ben Luce attended the 8th Annual Renewable Energy Vermont (REV) Conference and Tradeshow in Burlington, VT. The students attending were Sustainability Studies majors Lauren Driscoll, Ryan Jean, and Danielle Jepson, and master degree in education student Chris Rapoza.

Danielle Jepson applied for and won one of only five scholarships offered to cover her registration at the event from "The Vermont Chapter Women of Wind Energy" (WOWE). During the summers, Jepson works with the Appalachian Mountain Club in New Hampshire, which utilizes renewable energy in their huts in the White Mountains, and told WOWE that

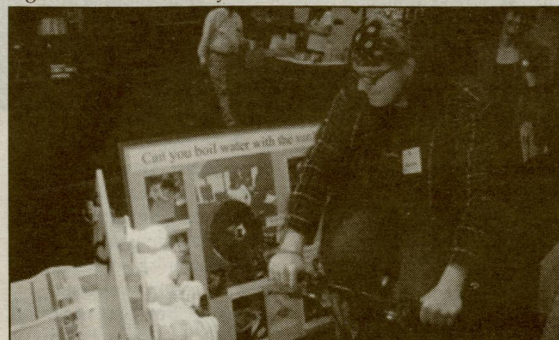
she is interested in "studying what businesses and corporations can do in order to become more 'green'", and "learning about new methods that I could possibly bring back to the AMC".

The Conference featured speakers on topics including new solar energy tracking systems, energy policy, transportation development (including plug-in hybrid electric cars and rail transport), wind power development, and much more.

A major topic of excitement at the Conference though was Vermont's recent adoption of a new law establishing a special new incentive called a "feed-in rate" that pays those who generate and feed renewable energy into the grid at prices that

make the projects very affordable. So popular is this new law, that when the state opened up applications for this incentive, over 200 million watts of renewable energy projects were applied for within hours (many in the first few minutes!). The law supports up to just 50 million watts (still enough power for well over 10,000 homes), so the state ended up using a lottery type process to select the winning applications.

While Vermont's feed-in law is one of the first in the nation, Professor Luce, before relocating to New Mexico, advocated successfully for a similar program in New Mexico, which is helping to catalyze growth of the solar industry in that (very sunny) state.



Photo's courtesy of Ben Luce

Top: LSC Student Ryan Jean tries out the bicycle (human-solar) powered lights at the Vermont Energy Education Program.

Bottom: The LSC Contingent, from left-to-right: Danielle Jepson, Professor Ben Luce, Ryan Jean, Lauren Driscoll, and Chris Rapoza.



Faculty Profile:

New face in alumni house

Aimee Lawton
Entertainment Editor

Belinda Plymak brings many years of experience to the position of database manager for the Alumni House at Lyndon State College.

A native from Maine and recent Lynchburg, Va. Presbyterian Home and Family services worker, Plymak specializes in the cleanup and maintenance of the Raiser's Edge Software, used exclusively by non-profit organizations.

"Raiser's Edge is state-of-the-art, premier non-profit donor related software," Plymak said. "Most non-profits use it

and very few software programs can compete."

Plymak also said that Raiser's Edge offers special tools that are used for donor database management. It helps keep track of alumni so they can be sent special mailings and the school can keep in contact with them. This helps people identify with what the software is used for.

Donor database research can also be used when you want to look someone up, and find things out about them.

Having only been in Vermont for about seven weeks, Plymak says that she enjoys the winter and is happy to be here.

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Men's cross country wins second straight conference title



The 2009 men's cross country NAC Champions.

Photo courtesy the LSC Athletic Department

Sebastian C. Lury Sports Editor

For the second straight year, LSC's men's cross country team has won the North Atlantic Conference championship.

After defeating Maine Maritime Academy, the LSC's men's cross country team has earned their second NAC Championship in a row. But they're not done yet; the Eastern College Athletic Conference Championships await them in Williamstown, Mass. at 11 a.m. on Saturday.

"You're talking almost 50 teams being at this race," says 17-year head coach Chris Ummer. "It's the northeast regional championships for the ECAC. It won't be a national championship, but as far as the volume of runners and the talent, it'll be the next best thing."

Ummer explains that the team has run well all year, despite some early setbacks.

"We haven't been completely healthy all year," Ummer says. "We had a couple people come in with not

ideal fitness. Then we had one person in particular come in with a summer injury. Because of that he didn't have fitness. So we haven't been 100 percent healthy and fit. We've still done well, but we're not where we could have been had the summer mileage been done and if there were no summer injuries."

Ummer says that the team's success stems from their abilities and desire.

"We've got good talent," he says. "We have guys that are willing to commit. We have people that embrace everything that needs to be done."

"One example of that," said Ummer, "is committing and really diving into a strength and conditioning program. We're lucky this year because we have a new strength and conditioning coach, Maureen Khairallah, and they embrace that. That has helped them be successful this year; embracing and committing to that strength and conditioning program."

Another reason the team has done so well is their work

outside the competition as well as their ability to cooperate with one another.

"They commit to what needs to be done every week," says Ummer, "getting good rest, getting good sleep. They commit to what needs to be done with rest and recovery. We have good team dynamics. The team gets along well. They're respectful of everyone on the team. They're respectful of differences; they're respectful of individual academic needs. They're supportive, too."

One of the highlights of the season has been freshman Joshua Grant. For the second year in row, the cross country team boasts the NAC Male Runner of the Year as well as the NAC Male Rookie of the Year. Grant, like Craig Johnson a year ago, earned both of these honors.

"It's fabulous," says Ummer. "He's obviously got a lot of talent. He's pretty low-key about it. Although I understood he had good talent, it was a pleasant surprise that his talent was at the level it is. He's

a pretty humble person."

The team would like to add ECAC honors to the list of accolades as well, but know that this will be no easy task.

"The northeast is the strongest Division III area in the country as far as cross country," says Ummer.

He adds that there will be nearly 50 teams competing.

"You've got the best Division III teams in New England," says Ummer. "You've got Williams [College], Keene [State College], the University of Southern Maine, Middlebury [College], and MIT [Massachusetts Institute of Technology]; those are all top ten teams in New England. If we could get top 20 or in the teens somewhere, that'd be a very, very good result."

Ummer says that the key to success will be to get all members of the team to "peak" at the same time, but he thinks that the team will give a little more due to the fact that it's the end of the year.

"They're not going to hold back. [They will] leave it on the course," he says.

One player in particular, senior Jeremiah Powell, will participate in his final collegiate race.

"He'll put in a top-notch performance," says Ummer. "He's going to put in the best he can put in. This will be a special performance for him because it is his last race."

Ummer says that the best way to succeed in cross country is to overcome the pain that you must go through.

"It's a hard sport mentally," he says. "The success of cross country, no matter what your ability is, is about suffering. It's suffering for 28, 29 minutes. It's about how much can you suffer. If you can suffer more than that guy, you'll do better. Everyone suffers at their own ability. They all suffer the same, it's just some people suffer a little bit longer."

Ummer says that he is looking forward to the race on Saturday and he is hopeful of the outcome.

"I'm optimistic. I think it could be a good result for us."

Men's basketball welcomes new players, lacks wealth of experience

Nicholas Russo News Correspondant

The LSC men's basketball team is looking ahead to what they expect will be a difficult season on the hardwood.

In just his second year as head coach of the Hornets, Joe Krupinski is trying to set reasonable goals for his squad.

"Our goal is basically to improve every day in practice," he said, "because if we improve every day, we'll feel confident about our play when it comes to game day."

As with almost every new

season, the team will need to adjust to the loss of seniors.

Last spring, the team graduated two seniors and Kali Stoddard-Imari, who is still a student, is no longer eligible to play due to NCAA limitations. Coach Krupinski says he thinks he and the rest of his coaching staff did a good job recruiting, as they have nine new players joining the team this year. This year's unit is a nice mix of freshmen, sophomores, juniors, and seniors.

The team's co-captains are seniors Noah Fink and Pat McCarthy. McCarthy says he ex-

pects the tempo of the game will be revved up this year. He is prepared to participate this season in whatever role will best help the team.

"My personal goals are to help my team win games," says McCarthy. "It's my last year and I want this team to make a strong impact and if that means I have to sit the bench for the season or play 40 minutes a game I am prepared to do so as long as we have done everything we could to get that 'W' in the win column."

The team has a more difficult schedule this season than

they have had in recent years. Despite this, Krupinski is cautiously optimistic about Lyndon's chances. This year, he said he expects the team to put forth a lot of effort.

"The guys will go out and give it their all," he says. "If we do that, when we get into our particularly competitive conference schedule, we'll have the experience necessary to keep up."

Krupinski is "excited about the upcoming season. Hopefully we'll put a solid team out there, one that the school can be proud of, and a team that gets

the most out of the season. Last year, I did not have the feeling that we fulfilled our potential."

The first step on their way to fulfilling that potential is at Plattsburgh State University on Nov. 15. McCarthy says he and the rest of the team love to see LSC students come out to support them.

"You all have no idea what your support means to us. We appreciate the Students, Faculty, and Staff coming out to games, we feed off of it."

The team will have a pre-season match up with Bishop University tonight.

Why there isn't a women's lacrosse team

Sebastian C. Lury
Sports Editor

The existence of a women's lacrosse team at LSC doesn't seem likely in the immediate future.

"It doesn't necessarily work that way," says Chris Ummer, LSC's director of athletics. "For example, why don't we have a men's volleyball team?"

Ummer says that there are many things the college must consider before inducting a team. They do not run what he dubs as "simply counter-part sports," that is, a men's team and women's team of the same sport.

According to Ummer, some of these factors include, but are not limited to, inquiries, compatibility with competition and logistics.

Ummer explains that the inquiries must come from the interest of students while they are being recruited to LSC. Compatibility, he says, is the availability of competition.

"Are there teams in the

area that we could actually play the sport against?" asks Ummer. He also looks at the "conference needs," saying that they would consider it now "if the NAC came to us and said 'wow, we really need you to sponsor such and such a sport because we need an automatic qualifier for that.' But we're not at that point."

The other piece of the puzzle is whether or not it would make sense for LSC to enact another team.

"We have a very, very busy early spring, late winter season here," says Ummer. "We've got a baseball team, a softball team, a tennis team, a lacrosse team, and two basketball teams all practicing at the same time in February. We add another team into the mix right there and that becomes very difficult."

Ummer says that there is a way for this to improve.

"Things that could change that might provide for better logistics for practices and games is if we had an artificial field," he says. "Then you

could have baseball, softball, and lacrosse practicing early, outside when the weather's good, on a large surface. But right now, we rely so much on everything being indoors. We can't plow a grass field where we could plow and blow an artificial field."

Another thing that LSC must contend with is knowing its limits.

"The size school we are, in the NCAA, we need to sponsor 12 sports: 6 men's and 6 women's sports," says Ummer. "We have our six and six and we have our twelve total sports. Lacrosse and volleyball were added to make it twelve for us because that seemed to be where the inquiries were."

Ummer says that there has been recent interest in a women's lacrosse team.

"Over the last three or so years, a number of women inquire once they're here as to why we don't have a [women's] lacrosse team. We've had a number of women interested, but we

haven't had seven or eight or ten women at a time knocking on the door. There's been one or two every year."

Ummer says that the athletic department has goals for the teams currently in existence.

"We feel as though before we start adding any more sports at Lyndon State College," he says, "we need to solidify and make the present sports we have that much stronger, to make them as strong as they can be before we start adding sports."

For now, women interested in playing lacrosse would have to try out for the men's team. However, the two games are not exactly similar.

"[Men's lacrosse] is a whole different game," says Ummer. "Women's lacrosse is a non-contact sport. Men's lacrosse is a contact game. In women's lacrosse, they don't wear helmets. There are differences."

"There are completely different rules," he says. "Beside the ball going into the

net, there are many, many differences. Some people think 'oh, it's the same thing.' It's not. It's not even close. Look at the field measurements and dimensions, it's different."

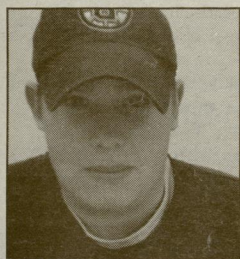
Ummer thinks that the differences between the two games may drive some women away from trying out for the men's team.

"I think that the women that come from high school programs realize it's a different game. I think the women that are true high school women's lacrosse players would want women's lacrosse here."

Ummer thinks that it would be nice to expand, but that it just isn't feasible now.

"I don't think we could do anything with that until we had a better area for all the spring sports to practice in," he says. "As it is now, we absolutely pull our hair out for the sports we have practicing. It's next to impossible to do what we're doing now."

The Monroe Doctrine: the decade's best



Sam Monroe
Managing Editor

With the New York Yankees winning title number 27 this week and their second this decade, it's time to see which teams are the best of this decade. I'm talking about 2000-2009 and the best teams in the four major sports, MLB, NFL, NBA and NHL.

Some of these decisions are painful to make, but I am trying my best not to be biased. Here we go:

MLB: The Yan...Yan...Yankees. Damn. That was painful. Winning the first title of the decade and the last is a good way to put yourself on the top of the charts. The Yankees wrap the decade with two World Series titles, four AL Championships, eight division titles and one wild card birth, making the playoffs nine out of ten times. The Yankees also appeared in the ALCS in 2004.

A close second are the Boston Red Sox, with two World Series. The Sox also appeared in the ALCS in 2003 and 2008.

NFL: When you win three

Super Bowls in the first four years of the decade, you don't have to do much else to earn the right to be called the best football team since 2000. Yep, it's the New England Patriots. With three Super Bowls, four AFC Championships, six division titles, an undefeated regular season and numerous team records throughout the decade, not many teams come close to challenging for the top spot in the NFL.

Second place would have to be the Indianapolis Colts. The Colts could have just as easily flipped spots with the Patriots. The Colts won the Super Bowl in 2006 and if it wasn't for the Pats they probably would have won in 2003 and 2004.

NBA: This is another one that stings to write; the Los Angeles Lakers. The Lakers have owned the decade with four NBA titles. They managed to rack up six conference titles and five division titles. From 2004 to 2008, the Lakers were silent in terms of titles but always competitive.

Not far behind the Lakers are the San Antonio Spurs and the Detroit Pistons. Those few years that the Lakers were silent, the Spurs took advantage in the west. The Spurs won three NBA titles and three conference titles, as well as wrapping up seven division titles in the decade.

However you can't count out the Pistons in the East who went to six straight conference championships, even though

they only won one NBA title and two conference titles in that span. The Pistons were still a powerhouse during the decade, even if they are comparable to the Buffalo Bills of the early 90's. The Pistons wrapped up six division titles on their way to those conference title tilts.

NHL: With the NHL taking a year off they have a smaller sample than other sports. With that being said I am going to have to go with the New Jersey Devils. The Devils raided the Stanley Cup in 2000 and again in 2003. They made another appearance in the Cup Finals in 2001, losing to Colorado. New Jersey has won five division titles since 2000 and the greatest goaltender to hit the ice: Martin Brodeur. The future hall of famer has kept the Devils competitive in every season.

Coming in second are both the Detroit Red Wings and the Pittsburgh Penguins. These two teams have played each other in consecutive Stanley Cup finals, with both teams winning once. The Wings won the cup in 2002 as well as 2008. While the Penguins spent time in the basement of the league, they prepared for the future by drafting good young players and utilizing them to turn into a powerhouse. Look for the Penguins to be a Cup Contender again in the next decade.

Until next time, here's to hoping the Colts' undefeated season ends in Houston this weekend.

The Hornet Report: NAC Champions and wrap-ups

Cross Country

The men and women's teams will head to the ECAC Championships after a successful weekend at the NAC Championships. For more see page 6.

Women's Soccer

The Hornets were given the Team Sportsmanship Award for the 2009 season. It was a season in which the Hornets started 4-0 but finished 7-9, missing the playoffs by one win.

Abby Fadden was named to the NAC All-Conference second team for her superb freshman season. Fadden led the team in goals with seven and recorded 19 points on the season.

Volleyball

The Hornets season came to an end in the conference quarterfinals last weekend with a 3-1 loss to Castleton State.

The Hornets ended the season with a record of 11-14. Kayla Brobst, a sophomore middle hitter has been named to the to the All-NAC second team. Brobst led the Hornets with 169 kills, 52 aces, and 64 blocks. She also had 15 assists and 105 digs.

Women's Tennis

Danielle Jepson was named to the All-NAC first team. Jepson led the Hornets to conference runner-up honors in the NAC tournament. The Hornets put together a 7-6 record on their way to second place.

Hockey

The hockey club opened up its season last weekend with two losses at home. The Hornets lost 8-7 in overtime against Tufts University on Friday. The Hornets had two different three goal leads in the game but were unable to shut down the Jumbos' attack.

On Saturday the Hornets lost once again by one goal, 5-4 to Daniel Webster.

The Hornets will take on WPI this Saturday at Fenton Chester Arena.

Men's Basketball

The Hornets will play an exhibition game against Bishop University tonight at 7 p.m. It will be the first test of the season for the new-look Hornets. The first regular season matchup for the Hornets will be at Plattsburgh State on Nov. 15. For more on the Hornets see page 6.



NEKCO plays fall concert in Alexander Twilight Theatre

Aimee Lawton
Entertainment Editor

The Northeast Kingdom Community Orchestra (NEKCO) helped listeners get into the spirit of fall.

On Sunday, Nov. 1, NEKCO put on their annual fall performance in the Alexander Twilight Theatre, where they played five classical pieces.

The NEKCO features performers of all ages, ranging from children to older adults, and including some LSC students. The LSC students in this year's orchestra are Karen Sague, Adam Rutt, Ian

MacKenzie, Debi Smith, Brittany Rogers, Samantha Lubke, Issac Tanney, and Uriah Burhans.

The very first NEKCO rehearsal was held on Feb. 29, 2004,

which puts them close to their six year anniversary. In that time, conductor Beth Norris said that they have performed a concert every spring and fall totaling 12 concerts, including



NEKCO performs in ATT Photo courtesy of Beth Norris

this Sunday's show.

Norris also said that LSC is the orchestra's "home" by invitation of President Moore. All of the concerts have been held at LSC, at the orchestra

has never tried to play anywhere else.

For anyone who may be interested in joining the orchestra in the spring, Norris says that there is an "open-door" policy for all string players, but limited positions for wind, brass, and percussion.

"If someone is interested, they could contact me and we'll go from there," Norris said.

In addition to the NEKCO, Norris said that she would also be interested in seeing if students would be interested in forming a concert or symphonic band right

here on campus.

"I think we have tons of instrumentalists on campus who would love to continue their high school band experience," Norris said. "Because there are such limited [orchestral] positions for wind and brass, I have to turn students away, but I really think we are at a point where we could have a wonderful concert band."

Rehearsals for the NEKCO take place on Sunday nights from 6-8 p.m. right here on campus. Their 13th performance will take place in the spring 2010 semester.

Catamount Arts offers off-campus entertainment

Aimee Lawton
Entertainment Editor

Mark your calendars! On Saturday, Nov. 14, Catamount Arts will be holding their 2009 Benefit Auction. The pre-auction party will begin at 6 p.m. This event will have food, and feature

spirits and both live and silent auction items. It costs only \$20 per person, and all proceeds support Catamount Arts. For more details, visit www.catamountarts.com.

Tuesdays at Catamount Arts are now Latin Culture Days with Instructor Isabel Costa. Each day features

three Latin-themed classes; Spanish language from 3:15 to 4:15 p.m., Salsa dance lessons from 4:30 to 5:30 p.m., and Tango lessons from 5:30 to 6:30 p.m. (No partner is needed for either dance class). The cost of one class is \$10, two classes for \$15, or all three classes for \$20. For more information,

contact Isabel Costa at (603) 823-8163 or isabelwm@gmail.com.

Starting Nov. 6 and running until the 12th, Catamount Arts will be showing the feature film "Not Quite Hollywood."

This is a 2009 Australian film directed by Mark Hartley, and starring Alan Arkin,

Jamie Blanks, Gary Bond, Broderick Crawford, Jamie Lee Curtis, David Hemmings, and Rod Hardy.

Winner of the 2008 Australian Film Institute award for Best Documentary, "Not Quite Hollywood" is rated R and has a running time of 103 minutes.



Gwen Cook
Critic Columnist

Cooking with Cook: Hot home-made soups

The weather is getting colder and soon our coats will make their way out of storage. Salads and barbecues are being replaced with warm comfort foods that can lift the chill from our bones. One of my favorite comfort foods is soup. Here are some recipes that I particularly enjoy.

Hamburger veggie soup
Ingredients-
2 cans of beef stock
1 large can of tomato puree
1-2 cans of tomato paste
1 packet of onion soup mix
1 pound of hamburger, browned
1 bag of mixed veggies
1 cup of minute rice, uncooked
1 cup of water
salt and pepper, to taste
Directions-

In a large pot, add all of the ingredients except the veggies and the rice. Cook on medium heat until bubbling, stirring occasionally. Add the rice and cook for about 5 minutes, or until

the rice is cooked. Add the vegetables and cook for another couple of minutes or until they are warm.

Chicken and rice soup
Ingredients-
1 lb of chicken, cut into small pieces
2 tbsp vegetable oil
½ onion, diced
1 bag of mixed veggies
2 cans of chicken stock
5 chicken bullion cubes
1 cup of water
1 packet of chicken gravy
1 cup of minute rice, uncooked
salt and pepper, to taste
Directions-
In a large pot, sauté the onion and oil until translucent. Add the water and bullion cubes and cook until dissolved. Mix in the chicken gravy and whisk until it has a thick consistency. Put in all of the remaining ingredients and cook until bubbling, stirring occasionally. Add the rice and cook for about 5 minutes, or until the rice is fully cooked.

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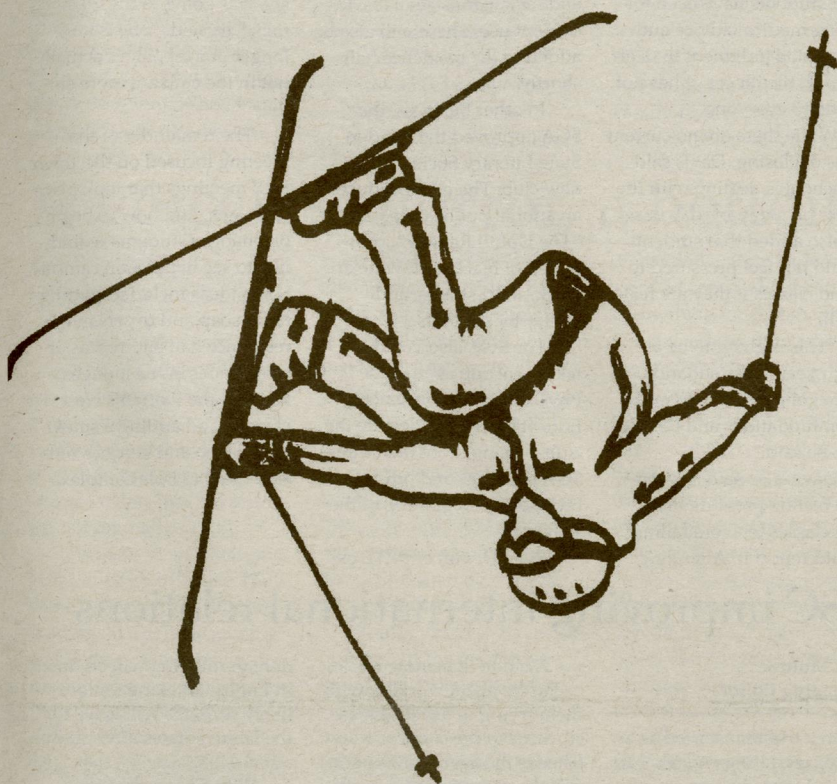
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Winter
Edition
09-10



SGA gets the squeal on H1N1; faculty and staff campaign looks for student feedback

Madi Cox
Critic Staff

Student feedback and the H1N1 virus were the hot topics of the night during this week's student government meeting.

Tracy Sherbrook, assistant to the dean of academic affairs, and Professor Barry Hertz addressed the representatives, asking for help with the Faculty and Staff Campaign. It is designed to be a fundraiser for the Faculty and Staff scholarship, as well as funds to help students financially to attend conferences for professional development and during times of crisis. This project involves asking faculty and staff for donations.

According to Hertz, about half of the faculty is currently donating. "We're really looking for 100 percent participation from faculty and staff,"

he said.

The purpose of coming before the SGA was to gather student support, according to Sherbrook. "We need your brainstorming and perspectives," she said.

Those interested can email tracy.sherbrook@lsc.vsc.edu, or barry.hertz@lsc.vsc.edu.

Jonathan Davis, the assistant dean of student affairs, spoke about the H1N1 virus on campus.

"Last week there was a spike of students with flu-like symptoms," he said. There are currently about 120 students affected with symptoms, both on and off campus.

According to Davis, most of the people with symptoms have lived in the residence halls, with the Rita Bole complex being hit the hardest.

"We are hoping that the number of people experiencing symptoms will go down,"

he said.

When asked about the possibility of the college closing down for a period of time, Davis explained there are no plans of that happening as of now. He added that because most students have been following medical advice and using good judgment in dealing with the illness, it has not spread to everyone.

While there are no current plans of closing, Davis said the school is dealing with the illness on a day-by-day basis. He also added that students should not feel pressured to attend classes if they are feeling ill.

"This is going to be a tough year for attendance. We're going to have to make accommodations and be flexible," he said.

Davis also said any student feeling pressure to attend classes to avoid failing should report it. Attending

classes while experiencing flu symptoms is discouraged.

Davis also spoke about upcoming developments in the new and improved student center. There will soon be a pool table, foosball table, and table tennis available for student use. These will also be added to the residence halls shortly.

In other business, the SGA approved the Lyndon State Literary Society as a new club. The club produces an annual publication called "The Uphill Review", comprised of black and white artwork, short stories, and poetry by students.

The SGA also voted to take no action against the Physical Education Teacher Education (PETE) despite the club missing more than three SGA meetings and office hours at the beginning of the semester.

Ryan Doyon of PETE ex-

plained that the original club representative was lying to the club about attending SGA, but the club has since gotten a new representative and it will not happen again.

"Our club rep was saying she was going to the meetings," he said. "She is no longer our rep. She's actually not in the club anymore either."

The remainder of the meeting focused on the Town Hall meetings that took place last week, and how to begin on changes students would like to see happen on campus. Some ideas included putting hand soap and dryers in the residence hall bathrooms, internet jacks in the lounges, keeping the Hornet's Nest cleaner, and adding a smoking gazebo and benches outside the Rita Bole complex.

Public Safety Log

Reefer madness

Public Safety responded to a marijuana investigation at 8:45 p.m. last Thursday on the second floor of the Arnold residence hall.

Dude, where's my plant?

On Saturday at 1:10 a.m. Public Safety responded to four cases of plant theft/underage drinking on the first floor of Whitelaw.

Drunken disorder

Public Safety responded to three incidents on Saturday to non-residents being drunk and disorderly on the third floor of Vail at 7:00 p.m.

LSC improving international relations

Sam Monroe
Managing Editor

In a trip that started as a simple recruiting endeavor to China, Donna Dalton returned to Vermont with many more ideas to improve Lyndon's international standing.

Dean of Academic and Student Affairs Donna Dalton went on a recruiting trip to China last month that lasted two weeks. The trip was part of the Study Vermont Inc. that Lyndon is involved in with St. Michaels College in an attempt to bring international students to the United States and Vermont in particular.

Dalton gave a presentation of her trip on Thursday in T202.

Lyndon State now has an exclusive agent working with them trying to bring Chinese students to the country. Karen Chen is the agent for Lyndon and the woman with whom Dalton spent the majority of her trip.

The city that the efforts were focused most on was Shenzhen, a city of 14 million and which has just one university. With a population of that size and only one school of higher education, the high school graduates have to go somewhere.

"China makes a huge push to make sure the students are fluent in English upon graduation," Dalton said, noting that in the next 10 years China hopes every stu-

dent graduating will be fluent in English, making it more likely students will leave for the United States after graduation.

With Chinese families only allowed to have one child, education is a large part of their society. According to Dalton, education is the second highest expense in the country, only sitting behind food. From an early age parents plan on how to get their one child the best possible education. The parents make all the decisions about what school their child will attend and also play a big role in what major they will choose.

LSC continued on pg. 12

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LSC needs cheerleading, not just spirit squad

To the editor:

Lyndon State College has a lot of sports and clubs, but what doesn't make sense to me is how our school considered some sports not varsity level, but a club. Also how our school combines two different passions. The spirit squad is one of these teams. First of all dancing and a cheerleading squad are completely different. When I asked if Lyndon had cheer-

leading I was informed about the spirit squad and was considering it until I found out it was a dance team. I think that we should have a cheerleading team that is differentiated from dancing, because cheerleading has so many different aspects to it. I have personally done cheerleading for four years, all of my high school years, and know very well that my school's dance team and cheerleading team are completely different. There is

a reason why both sports have different competitions they attend. I think that Lyndon State should have a cheerleading team. I would be willing to help create this team. I know people who are freshmen who would like to join another cheer squad and people who would just like to try it out. And my second concern is why cheerleading and dance are not considered varsity level sports? My experience with cheerleading is

that it was always considered a varsity level sport. My high school respected our team for our hard work and dedication. When someone wants to be a cheerleader they are putting a lot out there. You have to be in shape, work out at least three times a week, have practices and learn more about balance and your whole body so that stunting and motions can advance and help to become better just like any other varsity sport.

Overall I would definitely like to help create a cheerleading squad here at LSC because this is truly an amazing sport that has a lot to it and takes a lot of talent. If this is possible then I would also like to see some of the clubs here to be considered a sport especially when they are working just as hard as any of the others.

Thank you,

Katelyn Thomas

A voiceless horror, a bottomless hunger

Cameron Bock
Critic Staff

Aliens made peaceful contact with humans a number of years ago. Well, it wasn't so much peaceful contact as it was passive indifference; they didn't really give a damn about us, they just wanted to eat our animals.

This was at an exhausted point in Earth's history. They came to Springfield, Illinois, landing on a private air strip and were greeted by a weary farmer. They were lumbering, dark creatures. Bipedal. Big bodies with lanky arms. He tried shaking one of their hands but they brushed him off, completely silent, in a way that seemed like they

knew the connection he was attempting to establish but just didn't care. They walked off in a direction with no apparent destination. In the morning, they and their ship were gone, as were six of the farmer's pigs.

Next week, four of them landed, scattered across Europe. The situations played out similar to the first contact. Numerous animals were reported missing.

Word got out to the media quickly but the people were failing, governments were nothing more than tired behemoths wheezing quietly in their rocking chairs. It was too difficult to find the drive to dispel these meandering creatures from the planet; all military forces had been

disbanded since people just stopped caring about conflict, or anything for that matter. The planet was dying. Maybe the creatures knew that.

Animals were disappearing here and there, mostly cows. Old movies and fictional accounts of space craft from other planets told us that aliens loved abducting cows, so it was to be expected. Nobody thought anything of it; we were accommodating. The Earth could spare a few cows. The creatures weren't hurting anyone.

Soon, reports of mass animal disappearances were on the news. Peoples' pets would go out at night and never come back. Aquariums were found empty in the morning. The favored fishing spots of

retired old men were barren, forcing them home with empty hands. Hunters came home smelling like sweat and deer piss for nothing. The wild cries of monkeys and birds in the rainforests were quieted more and more. Animals were vanishing, worldwide. But we were weak. We weren't careful.

Finally, a man in India actually witnessed one of the creatures running across a plain with a cow under each arm late at night, hastily, nervously. The media exploded but we were helpless.

The creatures became less cautious with their motives, working openly in the day collecting mammals, reptiles, fish and everything else, even insects, filling their great in-

terstellar arcs like some bizarre Biblical tale gone horribly backwards. People gathered to watch their intricate organization methods, caging and storing devices, and the subsequent devouring of various animals raw as the days grew long, their stomach grew hungry. PETA had a conniption over the whole thing. Some people tried to fight them, tried to free the poor beasts, but anyone who got close seemed to lose all motivation, like a spell had been cast over them, and just walked away with blank expressions. These were powerful beings we were dealing with.

Horror continued on pg. 11

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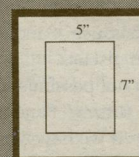
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5 x 7 Art Auction & Reception



Let's have a 5x7 art exhibit and silent auction, benefiting Outside the Box Design Group on campus, so that we can design and host future events. This event is open to all LSC Faculty, Students, Staff, and Friends. Theme is *Winter Escape*.

Obtain a mat board from Harry Mueller, which has a pre-cut window for you to place and mount your creative work. Your creative work should be no larger than a 5"x7" space; it can be a painting, drawing, collage, or any other form of art you wish.

Event Date:	December 1, 2009 from 10-2 in the Hornets Nest, all the art will be on display for Auctioning.
Material	Mat board, 2 pieces, bottom base and top with pre-cut window. Ready for pick-up from Harry Mueller. \$5.00 mat expense-mats are available.
Auction	Art submitted will be auctioned off during the event.
Proceeds	Auction proceeds benefit Outside the Box Group for future events.
Step #1	Go ahead and create your art on whatever medium you wish and have it ready for your mat board to arrive.
Step #2	Place your mat order with Harry Mueller, via e-mail or in person harry.mueller@lyndonstate.edu
Step #3	Pick up your pre-cut mat from Harry in HAC 104
Step #4	Bring your art to the event, all ready and assembled.

Come to the reception December 1st and bid, at the Hornets Nest from 10 to 2. This event is open to all Faculty, Staff and Students.

Let's have fun and let your creative side flow!

Congress goes to college

Steve Cormier
News Editor

Free higher education, as opposed to graduating college with enormous debt, is what many Lyndon State students and faculty would like to see.

This seemed to be the case after Sen. Bernie Sanders asked if those present believed the United States should copy what Germany has done concerning higher education – free college – with 50 or so people raising their hands in agreement.

"We are the only country in the industrialized world where you leave school with that much debt," Sanders said, noting on average a student in Vermont has \$25,000 to pay back after college.

Getting away from the nation's capital Sanders came to rural LSC to take questions and talk issues with students and faculty.

Along with the costs of higher education, the health care crisis, a troubled economy and changes in U.S. foreign policy under President Barack Obama were "just a few of the issues" Sanders wanted to discuss.

"I am not pessimistic about the future," Sanders stressed. "If we have young people involved in the political process we can turn this around."

When Philip Parisi, professor of visual arts, asked how the Senate was going to

"We are the only country in the industrialized world with no national healthcare," Sanders explained.

Addressing the economy, Sanders defended the Obama stimulus plan saying that it has prevented a serious recession from becoming a depression.

Bob Patton, a non-traditional student, asked Sanders why he thought throwing more money at the economy was a good idea: "A Republican threw money at the problem and a Democrat, elected for promising change, throws money at it as well."

Sanders responded that there was already proof that this was working.

"Where a year ago we were close to collapse you can go around Vermont and see people rebuilding today," said Sanders. He counted road projects and moving forward with new energy initiatives as proof of the stimulus working.

Moving into foreign policy Alexandre Strokanov, professor of history, asked the senator if he had any new comments or ideas concerning Afghanistan as President Obama is currently weighing the option of sending 40,000 additional troops to the country.

"What I dread and fear most," said Sanders, "is that we are in our ninth year in this war. What we don't want to do is get caught in a quag-

"I am not pessimistic about the future. If we have young people involved in the political process we can turn this around."

- Sen. Bernie Sanders

tackle the healthcare debate, Sanders both lamented the Republicans' "obstructionist" efforts and offered his own opinion.

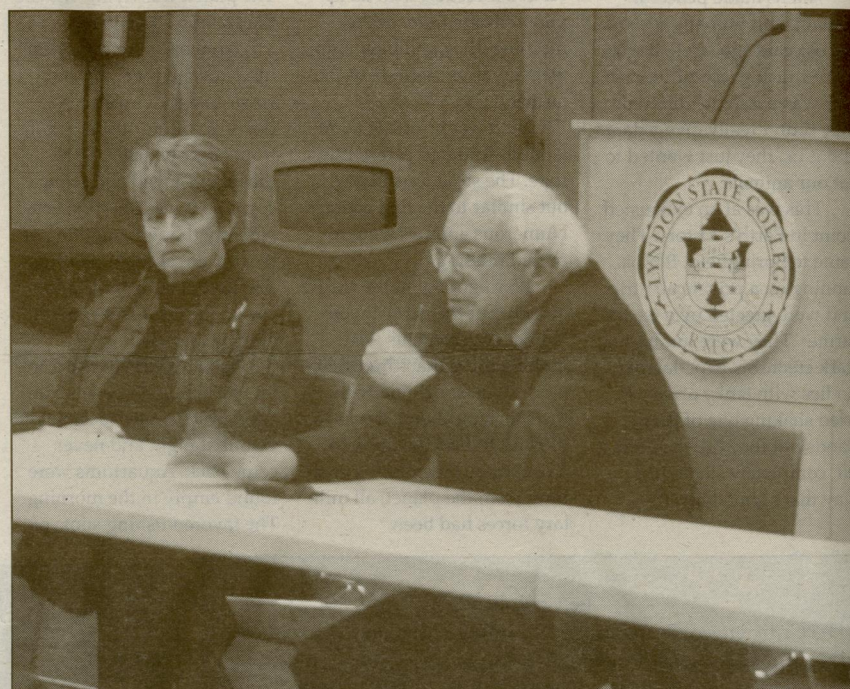
"They are really not engaged in this healthcare debate," said Sanders, referring to the continued Republican threat to filibuster any major healthcare legislation.

Sanders says that the United States should join most of the world's other countries and move towards a single-payer system.

mire and, ten years from now, still be in that country."

Sanders, though making it clear that he is not sympathetic about sending 40,000 additional troops, does understand that the Afghan problem is related to Pakistan and the nuclear weapons the country possesses.

"It is clear that we don't want groups like Al-Qaeda getting a hold of the nukes that they have in Pakistan," said Sanders.



Middle: Dean of Academic and Student Affairs Donna Dalton and Sen. Bernie Sanders.

Photos by Sam Monroe

Grant energizes energy revolution

Steve Cormier
News Editor

Delivering a \$32,500 grant Sen. Bernie Sanders used the occasion to explain that Lyndon State students are at the center of the emerging energy revolution.

"This is the revolution of your lifetime – the transformation of the American energy need," said Sanders at Wednesday's press conference on campus.

The money, coming from the US Department of Energy, is part of a \$50,000 program LSC is participating in concerning the future of alternative forms of energy, particularly solar energy.

"This grant is about engaging students," said Sanders, "engaging them in the monitoring, construction, and overall development of this project."

Pointing to a photovoltaic display in the classroom – solar cells that collect energy from the heat of the sun – Sanders said that it was a part of Vermont's future energy supply, along with wind related energy sources.

"I'm excited that here at LSC you are involved with this stuff," said Sanders. "When you leave school, you're going to go out and

plants," Sanders said.

Sanders explained that there is however considerable room for improvement in Vermont concerning sustainable energies.

Though Sanders pointed out that 45 area schools are already using wood chips for power – "Five years from now people will be using that a lot" – the state remains very weak in terms alternative energies.

Turbines harnessing wind for power is an option but this is something you won't see on a larger scale for another 20 years, said Sanders.

In terms of nuclear energy many senators in Washington are pushing for a "nuclear renaissance," Sanders said.

The problems with this, he says, is that nuclear is very expensive, especially compared to solar, and there is always the ongoing issue of where to deposit nuclear waste.

Underlining the fact that the United States currently spends \$350 billion a year bringing in oil from "countries not sympathetic to the United States," Sanders said one of the goals of alternative energies is energy independence.

"It creates a situation where we don't have to go to

"If the rest of the country was at the level Vermont is concerning energy efficiency we could stop the construction of 390 coal burning plants."

- Sen. Bernie Sanders

continue with this effort."

Sanders says that LSC and other state institutions are receiving grants – Vermont Technical College in Randolph is receiving funds to install a pellet boiler – in part because Vermont has been one of the leaders in energy efficiency nationwide.

"If the rest of the country was at the level Vermont is concerning energy efficiency we could stop the construction of 390 coal burning

war overseas for oil," said Sanders.

Still, the priority of grants like this is combating global warming and creating alternative energy with Sanders hopeful that colleges like LSC will present a good example.

"We think that the communities will pay attention if you become energy efficient," said Sanders. "Universities and college should be, with your help, the center of these revolutions."

Top: Sen. Bernie Sanders speaking before a class.

Bottom: Sen. Bernie Sanders and Professor of Physics Ben Luce discussing alternative energies.

Photos by Ben Holbrook

Young Hornet's hope to start season with a buzz

Bill Johnson
Special to The Critic

Having lost more than 60 percent of its offense to graduation, a young Lyndon State College men's basketball team sails into 2009-10 season focused on improvement and perhaps a postseason berth.

Despite the loss of starters Brad Durr, Kali Stoddard-Imari and Cesar Martinez, the Hornets will field a deeper, quicker squad than that which finished 10-14 overall - with a mark of 5-9 in the NAC last year.

"We will look to get better as a group every day and work toward improving individually as well," said LSC Head Coach Joe Krupinski. With the loss of three seniors from last year's squad "we've had to change our style, decide who we are going to rely on and who is going to be in the game at certain times.

"It's been different for everyone," he added. "Even though it's only our second year together, everyone, including the returnees, has had to learn new stuff. It's been a little slow the first two weeks, but our goal is to simply get better, compete, and hopefully, come January, play well when we get into the conference schedule."

Gone is the slow tempo,

half-court sets where the ball was pounded into Durr, Stoddard-Imari and Martinez, who could post-up well at the guard position. In its place will be more of an up-tempo attack which features more of-

ing players are senior forward Noah Fink and sophomore guards Ben Sackett, Logan Calkins and Jose Fortunato. All saw significant minutes in the 2008-09 season.

"Noah showed flashes of

solid player for us."

Joining the LSC backcourt this season are freshmen Avery King and Dan Nichols. The pair has been impressive in pre-season play and, in doing so, caught the eye of

lineup features the talents of freshman Jason Gray, an All-State forward from nearby Thetford Academy. A unique combination of size and strength with a soft shooting touch, he has the ability to become one the team's inside options along with fellow first-year players Michael Norcross, O'Bee Byrd and Taylor Burke.

"Jason is certainly one of our most talented players and he is good enough to make an impact this season," said Krupinski. "Mike and O'Bee could be good players if they can keep up with the game, and Taylor always comes to play. We have a lot of different pieces now and what we need to figure out is who is going to play on what day."

With increased depth and quickness, Krupinski has the ability to mix and match his lineup to meet the challenges of conference play. A luxury he did not have a year ago in his first season at Lyndon.

"I think we have a lot of guys who can give us a number of different looks depending on what other teams throw at us," he said. "We can play big against teams like Husson or go with four guards against quicker teams like Thomas. Simply put, we can afford to be more versatile."



The 2009-2010 men's basketball team.

Photo by Bill Johnson

fense from the perimeter and a full-court pressing defense.

"We will be much more of an up-tempo team this season," said Krupinski. "It'll look a little chaotic, but there is a method to it. Also, we will be more perimeter-oriented this year and there will be more movement and freedom in our offense. We're going to let our guys go and use their quickness, which is our strength right now."

Heading the list of return-

being a good forward at our level last season and now he has to give us that effort every day," said Krupinski. "Ben is a large part of our offense.

"Logan has gotten much better offensively in our first three outings this year and we're very happy with that," he continued, "but the guy we need to take the next step in his game is Jose. I'd like to see him play with the confidence he had early on last season. If he does, he could become a

Krupinski who feels they have a tremendous amount of potential.

"Avery has as much talent as anyone in the backcourt. It's just a matter of him harnessing that talent," he said. "He's a scorer who can also slide over and play point guard if need be. Dan, on the other hand, is a good shooter with range. He's a decent athlete and a smart player who gives us depth."

Up front the Hornets

Young Hornets look to learn on the fly

Courtney Samuels
Special to the Critic

The Lyndon State College women's basketball team heads into the 2009-10 season with a young, inexperienced squad which features six first-year players, including five freshmen. Having lost four starters to graduation, the Lady Hornets will use its non-conference schedule to prepare themselves for the always-competitive North Atlantic Conference campaign.

"We're taking it game-by-game," said Head Coach Vinnie Maloney. "Our first

semester we'll play a number of non-conference games which will be a good way to get acclimated to playing at a high level before the conference season begins in the second semester."

Leading the core of returnees is Naomi White, sophomore from Danville, Vt. She is the only returning starter from last season, averaging 7.6 points and 6.1 rebounds in 27.1 minutes per game. Junior Stephanie Barclay and sophomore Danielle LaFont also return to the LSC backcourt and will be asked to improve upon their com-

bined seven points and 26 minutes per game averages from a year ago.

"I'm expecting a lot from them and they realize that as well," said Maloney. "They are setting the tone for the next three or four years."

Lost to graduation were starting guards Elizabeth Hall and Jackie Wetzel, center Sara Fetterhoff, forward Jen Stoddard-Imari, and guard/forward Kelly Warren. Wetzel was a 1,000 point scorer at Lyndon while Fetterhoff and Stoddard-Imari tallied over 900 points each in their careers.

Leading the class of in-

coming freshman is Abby Fadden, a forward from North Haverhill, N.H. She was a first-team All-State performer at Woodsville High School and will be counted on to carry her share of the scoring responsibilities.

Marissa Harris, a 5'2" guard from South Burlington, Vt., Jasmine Harrington, a 5'8" center from East Corinth, Vt., Liz Pavlik a 5'10" center from Bridgeport, Conn., and Kasey Steinmetz, a 5'11" forward from Lebanon, N.H., round out the Lyndon State's recruiting class.

"How they handle adversity will be important because

there will be bumps in the road," said Maloney. "Even as freshman, they will be thrown into the fire and expected to get playing time."

Sam Smith, another returning sophomore, is currently recovering from a hand injury sustained during the soccer season and will return in several weeks. First-year senior Shauna Buck has also joined the team for the 2009-10 season.

"With so many new faces in little amount of time, it's important to grow and get better throughout the season," said Maloney.



The 2009-2010 women's basketball team.

Photo by Bill Johnson

Teddy Bear Drive

Please bring ANY stuffed animals (not only bears) that you no longer have use for back to school with you after Thanksgiving break. We will be collecting these stuffed animals and distributing them to local organizations that will be giving them to less fortunate children during Christmas time as well as using them in their family rooms and shelters.

Collection Sites: Starting November 16th
Any RA room or RHD office
Student Life Office (Rita Bole)
Student Services

We will be collecting until Wednesday December 9th!

Sponsored By: Alpha Lambda Delta Honor Society
Participating Organizations Include: Umbrella, and Northeast Kingdom Youth Services



The Hornet Report

Critic Sports Writers

It has been a slow week in Hornets athletics as the campus gets ready to turn from fall sports to the comfort of winter sports.

Cross Country

The men's team competed in the ECAC Championships last weekend. The NAC Champs finished a respectable 10 out of 50 teams.

Josh Grant of the men's team was named the Runner of the Year and the Rookie of the Year for the NAC.

The women's team was awarded the NAC Sportsmanship Award, they also attended the ECAC Championship last weekend and finished 37 out of 42, after coming in 3 of 6 at the NAC Championships the week before.

Mens Basketball

The Hornets played a pre-season game at home last weekend, losing to Bishops University 86-70. The Hornets will open up the regular season on Sunday at Plattsburgh. The Hornets don't play at home until Dec. 3 against Vermont Tech.

Women's Basketball

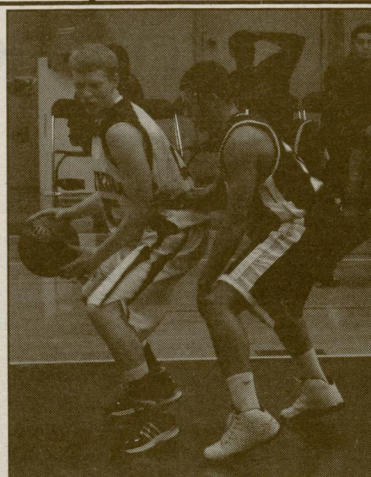
The Lady Hornets are preparing for their first game of the season, a match up against the College of St. Joseph on Sunday in the Standard Gymnasium on the Lyndon Campus. It will be the only chance to catch the Hornets in action as they won't be back in Lyndonville until Dec. 3 also to play Vermont Tech, after a grueling six game road trip.

Hockey

The Hornets hit the ice this weekend for two tough games. Friday they will take on Castleton State in a non-conference game and then on Saturday the Hornets will take on Coast Guard Academy on Saturday.

Entering the weekend the Hornets own a 1-2 record. Picking up its first win of the season against WPI, 5-1. Matt Rice picked up the win in his first collegiate start.

Freshman Tim Patten and sophomore Corey Pronto lead the team with five goals apiece so far while Ricky Paparo is tied with Pronto for the team lead in points with 8.



Freshman Dan Nichols looks to move the ball in the Hornets preseason loss.

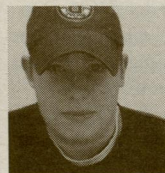


Freshman Taylor Gerrish controls the puck in the Hornets game last weekend.

Photos by Melisa Mulhisen

The Monroe Doctrine:

Show me the money



Sam Monroe
Managing Editor

I am sure by now you have all heard about the terrible event that took place last week; the New York Yankees won the World Series. All though a bad thing for Red Sox fans its good for our country, they should have won, it shows that the value of the dollar in America is back on the rise, or maybe its not. In 2008 the Yankees opening day roster was worth more the \$209 million. In the World Series year the Yanks only spent \$201 million.

The team the Yanks beat in the ALCS shelled out just over \$113 million this year. The NL Champion Philadelphia Phillies spent \$113,004,046. The Dodgers barely broke \$100 mill. The Boston Red Sox spent \$121,745,999. Want a good sign the dollar is going up? The Mets crashed to the bottom of the division, good thing they only shelled out \$149 million. The Tigers didn't make the playoffs, they should have spent more than \$115 million.

In the NFL, teams can only spend \$128 million before violating the salary cap, although it looks like 2010 will be an uncapped season. In the NBA, teams have to spend under \$57.7 million. In the NHL, teams can only spend about \$44 million, and that is expected to go down next season.

Now guys coming out college make \$15 million right away. Let's face it, unless we get really lucky, none of us will make that much dough.

So you're thinking that I am all for a salary cap in professional sports right? Lets get those baseball salaries down, let's pay them what we pay our cops and firefighters, you know the real heros. Wrong! I agree that athletes make far too much money, and the real heros, like soliders and fire fighters should be paid more because of the risk they face every day to keep us safe. However I don't think we should force teams to spend a certain amount of money.

I hate salary caps, they are just plain un-American.

The cap goes against everything our founding fathers fought and died for. To tell people how much money they can spend is wrong. Let's start with the Red Sox and Yankees. Most of the time these two teams top the league in payroll. And it makes sense. They make the most money so they can spend the most. If the Red Sox sell out every game they play at Fenway Park since 2003, then they have money to spend. So let them spend it. Yes, you're going to have teams near the bottom of the league that have a low payroll. But let them develop a business plan that will help them get back into the green. Draft young players that fans want to see, get some young talent and make a run at the title. The Tampa Bay Ray's did it with a low payroll (\$43,745,597 to be exact in 2008). Why can't other teams? The Rockies only spent \$54 million in 2007, their World Series year.

Our world runs on natural selection. Survival of the fittest. And this year in baseball the New York Yankee's were the fittest. It's just how it goes, weed out the weak and let the strong take over. In baseball the Montreal Expos could no longer function so

they got moved to Washington in hope of finding a better fan base that would help make the team money. Does it work? Well it hasn't yet. But maybe it will soon. If it doesn't I say slice them. It may not be the popular thing to say, but get rid of them. Just cut the crap from the league. What does it matter if you have 30 teams and only 20 are competitive or if you just have 20 competitive teams.

The salary cap is designed to even the playing field, but it doesn't. The NFL, NBA, and NHL all have salary caps and they all have teams that are in the basement of the league every year. And each league has a few teams that are competitive each year.

Its just the way it works. The salary cap doesn't mean teams will have money to spend, it just limits the successful teams from spending the money they do have. Now how is that fair?

I say let them spend, let teams spend till they have no money left to spend. If a team wants to write a player a ridiculous contract, let them. Let them spend their cash on guys they shouldn't. Let the Red Sox write JD Drew a \$14 million check, let the Redskins give DeAngelo Hall \$22.5 million, let the New York Islanders sign Rick DiPietro to a 16 year contract worth more than \$4.5 million a year (high for the NHL), let teams sign overweight pitchers to seven year deals. Let teams sign players to 10 year contracts or 15 years or what ever they want to do. Let teams screw up and let them fall flat on their faces. Although if that happens the government might step in and bail them out. Let's hope AIG never buys a professional sports team.



Lyndon's Jason Gray goes up for a shot in traffic in the Hornets 86-70 loss against Bishop's in a scrimmage last week.

Photo by Melisa Mulhisen



Sophomore Alex Diagle (8) battles for the puck, in the Hornets home opener against Tufts.

Photo by Melisa Mulhisen

Ice climbing offers excitement and danger

Joe Rivet
News Correspondent

Ever wonder what it's like to climb up an ice covered cliff with nothing holding you up but a pair of axes and a spike coming out of your toe? One LSC professor knows exactly what it's like. John Kascenska has been going ice climbing for 30 years now. "Ice climbing gives me a sense of adventure a sense of accomplishment," Kascenska said. "I also love the outdoors and I have met many other climbers who turned out to become lifelong friends and good climbing partners." Kascenska first got interested in ice climbing when he mastered rock climbing. "After rock climbing, ice climbing seemed like an extension of it that I could try."

Kascenska is aware of the high risk factor involved in ice climbing, but has never been seriously hurt while he

was climbing. "Sure I've been whacked on the head a few times by falling ice, and there has even been an occasional small avalanche," Kascenska said. "But I'm always wearing a helmet and some other protective gear, so I've never been hurt."

Kascenska has many different locations he finds enjoyable for ice climbing. A few of his favorites are Lake Willoughby, Crawford Notch New Hampshire, Smuggler's Notch and Mount Washington. Lake Willoughby is a premier ice climbing location in the country, attracting many ice climbing enthusiasts during the winter.

While ice climbing, a climber has two specially designed axes for both hands. These axes have special curves designed to easily get into the ice and hold the climber up. On their feet the climber has boots with a spike in the front and crampons on the bottom of the boots. By

kicking their toes into the ice, they can keep themselves stable.

Kascenska is also a teacher of ice climbing. He has been teaching for 27 years, almost as long as he has been climbing. Every spring semester at LSC, he offers a class to teach anyone about ice climbing. You do not need to have any sort of skill to sign up for this class because there are many different degrees of difficulty in ice climbing. "For anyone who likes the outdoors and enjoys adventure, this is a great activity to take up," Kascenska said. He encourages outdoor enthusiasts to take his class in the spring semester.

Kascenska doesn't plan on quitting ice climbing any time soon. "I'm going to stick with this as long as it is fun for me," he says. "Ice climbing lets me feel like I'm overcoming challenges each time I go."



Ice climbing is an exhilarating experience but there is an element of danger from falling ice.

Photo courtesy of
John Kascenska

Snowshoeing and skiing in the NEK

Danielle Drown
News Correspondent

Cold weather enthusiasts can experience all the thrills of winter by heading over to Kingdom Trails in East Burke. There the winter activities range from snowshoeing to Nordic skiing with two separate locations during the winter and totaling about 37 miles of groomed trails.

According to Tim Tierney, the executive director of Kingdom Trails, people can pay for their trail passes and access the different trails from two separate locations. The first is off from Darling Hill Road in Lyndonville, just after the children's theater. The second trail access is on Dashney Road which is off from Mountain Road in East

Burke.

"It offers great views," said Tierney about the access off from Darling Hill Road which has about 12 miles of groomed trails. The Dashney Road access allows for more skiing with a wider groomed trail.

"It gives college students a chance to get away from the noise and get out and experience the Northeast Kingdom," said Tierney.

While the trails encompass the surrounding area around East Burke, the main 'welcome center' of Kingdom Trails is located behind Bailey's and Burke General Store in East Burke.

Ski passes to Kingdom Trails are \$10 for a day pass or \$50 for a season pass with unlimited use of the trails. Snow-

shoeing passes are half price.

"I love to snowshoe with my dog, find some pretty views and get some fresh air," said Holly Reed, a sophomore in Exercise Science. "Hopefully I'll get up to the Kingdom Trails this winter with some friends."

Kingdom Trails does not offer ski or snowshoe rentals, but rentals are available at the Village Sport Shop in Lyndonville or East Burke Sports in East Burke. Kingdom Trails also opens their trails during the summer for biking, hiking and trail running.

"It's worth the trip," said Tierney.

For more information call 626-5862 or visit their website at <http://www.kingdom-trails.org/>

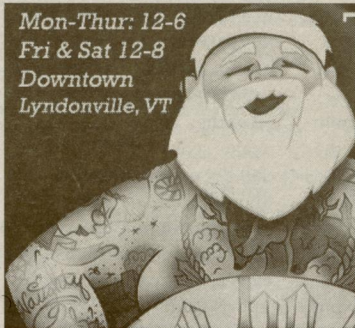


Photo courtesy of Tim Tierney

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Any ads received after Wednesday will not be considered for publication

Contact Joe Reedy for more information at joseph.reedy@lyn-donstate.edu

LSC students enjoy the hunting season

Sarah Aube
News Correspondent

They are awaiting the pull of the trigger.

Deer, bears, squirrels, rabbits, foxes and raccoons—they're all aware of your intent.

The tranquility, the solitude, and eventually (cross your fingers) the big kill leads people to wake up at the crack of dawn to go hunting.

"There's definitely a huge adrenaline rush when you see an animal that

you're allowed to shoot," says Andrew Cochran, a freshman majoring in psychology. "A lot of people who don't hunt think it's cold-blooded, but it's to be with people and to be in peace."

Cochran has been hunting for six years. His achievements include a 120-pound deer and a 532-pound moose, which he says was huge. He especially enjoys the time he hunts because he shares the experience with his family - most often with his dad.

Ethan Mitchell, who is a freshman majoring in English, said he enjoys hunting because it gives him time to get away and think.

"It is a tradition in my family," he says. "My father hunts, as did his father, and his father and so on."

Mitchell says as soon as his father felt he was old enough, he took him through the required steps to get his license, and took him hunting. He's been doing it ever since.

"The backwoods of Vermont is one of the best places

to find relaxation," Mitchell said. "Then of course, there is the thrill of the hunt, the smell of the cold crisp wind. I love it all."

He is looking forward to exploring new northeast VT hunting territory this year, including Victory State Forest. It's not difficult to get involved in hunting. It costs \$20 to get a license for the season if you are a resident of Vermont, and \$90 if you are not a resident. A hunter safety course is required before a license can be obtained.

Hunting Seasons

Sept. 1 - Nov. 19 — Black Bear Hunting
Nov. 14 - Nov. 29 — Rifle Deer Hunting
Dec. 5 - Dec. 13 — Muzzle-loader Deer and Second Split Bow and Arrow Deer Hunting
Oct. 10 - Dec. 31 — Raccoon Hunting
Oct. 24 - Feb. 14 — Red and Gray Fox Hunting
Sept. 1 - Dec. 31 — Gray Squirrel Hunting
Sept. 26 - Dec. 31 — Ruffed Grouse Hunting
Sept. 26 - March 14 — Hare and Rabbit Hunting
Oct. 8 - Nov. 6 — Woodcock Hunting

Stay safe on the slopes Protect your ski gear from thieves

Moriah Pratt
News Correspondent

With winter and snow on the way, skiers and snowboarders are preparing to ride.

When participating in these activities it is important to make sure that you take the proper safety steps to keep yourself and others safe.

The basic but important things are proper equipment and clothing. Make sure that all of your gear fits properly. The wrong sized boots, helmet or any other piece of equipment could cause problems and/or injury during a day on the mountain.

There are a few health preparations that any person planning on participating in winter sports should take into consideration.

The cold weather takes a toll on our skin and it is important to keep it protected from wind and sun burns. While some people might assume after the summer months sun screen is no

longer important, they would be wrong. The sun is still out and can reflect off the snow and give you a bad burn. Sunscreen with a minimum of 15 SPF is critical. This includes lip balm; your lips can burn and get chapped.

Another common burn during winter is a wind burn. Though it is not an actual burn and is less harmful than sunburn it can still cause pain and discomfort. There are several ways to prevent it.

The first is to simply keep covered up. Wear a hat, gloves, scarf, coat, boots etc. Keep your neck covered especially; this is where the skin is thinnest.

Also if you know that you are going to be outside for a long period of time do not wash or shave your face. It removes your face's natural oils that protect it.

For further information go to <http://health.learning-info.org/windburn.htm>

Tara Parenteau
News Correspondent

During the busy ski season it is extremely easy to lift more than just the chairs.

By not taking proper precautions when planning to spend the day on the slopes, it is easy for someone else to make off with your ski and snowboard equipment. To prevent ski theft, always keep your skis locked, either with your own lock, or some resorts make it possible to rent them out. Lock them to the rack, or look to see if resorts have lockers skiers can keep them in. Steven Wright, who is part of the marketing and sales team at Jay Peak suggests splitting skis on the rack with a friend. Most of the time, a thief will be in too much of a hurry to look for the other matching ski.

"The best way to keep equipment safe is to buy a lock," Wright says.

Wright says to keep your ski equipment in view of where you are sitting, if

going inside to grab a bite to eat. Locking your equipment in a vehicle when not in use is another way to prevent theft, just make sure the equipment is out of view. Recording the make, model and serial number of your equipment will help identify items if they are in fact stolen. Wright added Jay Peak is offering a new service to ensure safety.

"For six dollars, people

can check their ski equipment in and out of the lodge all day long, like you would a coat."

People wishing to use this service are given a tag to identify their equipment. In the event of a theft, double check the area where you last left your equipment, report the theft immediately to the resort and have them contact the police.

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"Rumors" takes the stage



Jennifer Morin as Chris



Caitlin Kolson as Claire



Angela Miller-Brown as Cookie



Megan Hinds as Cassie



Teddy Fournier as Officer Putney



The "Rumors" cast on stage at Wednesday night's dress rehearsal.

Photos by Aimee Lawton

Aimee Lawton Entertainment Editor

Last night, the Alexander Twilight Players made their 2009-2010 debut with the opening night of the Neil Simon play "Rumors."

I was lucky enough to be able to attend their dress rehearsal Wednesday, where I watched as this talented group of young actors and actresses took over the stage as though they had been doing this play for years. I felt like the cast connected well together, and will give their audiences a performance to remember.

For anyone who may be unfamiliar with the story, "Rumors" brings four wealthy couples together at the home of Charlie and Myra Brock to celebrate their 10th wedding anniversary.

This celebration turns in to a night gone astray when Charlie is found with a bullet hole through his ear after an attempted suicide, and Myra is nowhere to be found. The dinner guests spend the evening trying to hide the shooting, and protect

Charlie, the deputy mayor of New York from facing a life of crime.

I was impressed with how the cast was able to personally connect with their characters and with each other. Each of the actors brought a unique personality to the stage that shone through in their roles.

The combined plot of drama and comedy showed their versatility as actors; as they made their audience laugh while still keeping them in suspense about what would happen next.

Though all of the actors and actresses displayed great talent, I was personally impressed by the acting of Daniel Hollis, who played both the characters of Lenny, and Lenny acting as Charlie; where he gave a long speech and was the only one speaking on stage.

This displayed not only his abilities as an actor and stage performer, but also demonstrated solid memorization skills. Hollis is no stranger to the stage at LSC, and I certainly hope to see him in future Twilight produc-

tions.

I was also very impressed by Dave Daly (Ken), who made it seem as though his role came naturally to him. His overall stage presence, and the exuberance and antics displayed by his character demonstrated his abilities as a natural stage performer. Another veteran Twilight performer, I look forward to seeing Daly in future productions as well.

I certainly cannot take away from the abilities of the remainder of the "Rumors" actors, as they all brought unique personalities to their characters that lit up the stage. I hope to see all of them return to the Alexander Twilight Theatre stage as well.

I would suggest that everyone get out and see "Rumors" if they have the chance, and not miss out on the Twilight Players' premiere performance.

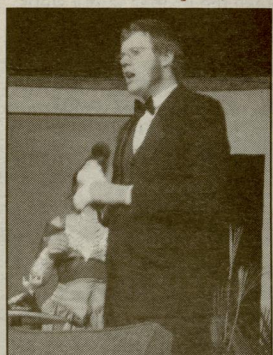
"Rumors" plays tonight at 7 p.m., Saturday at 2 and 7 p.m., and a special matinee performance Sunday at 2 p.m.; all held in the Alexander Twilight Theatre.



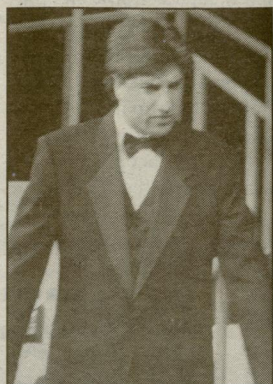
Dave Daly as Ken



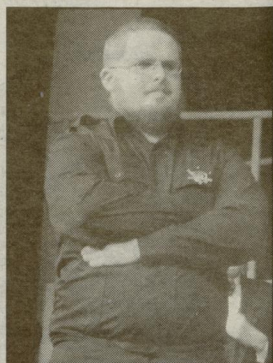
Daniel Hollis as Lenny



Owen Fogg as Ernie



Johnny Gallagher as Glen



Dave Lewis as Officer Welch



The cast takes a bow at the end of their final dress rehearsal

Cooking with Cook



Gwen Cook
Critic Columnist

Tasty Gobbler Goods

Many students are looking forward to Thanksgiving break. There are some, however, who aren't able to go home and are stuck at school for the holiday. This shouldn't mean that a simple dinner couldn't be had in the comforts of the college. Being thankful can happen anywhere.

Turkey and stuffing
casserole

3 cups of turkey chunks
4 cups of precooked stuffing
2 cups of turkey gravy
2 cups of mixed veggies
1 cup of cranberry cubes

Directions-
Preheat the oven to 375 degrees. Line the bottom of the pan with the turkey chunks. Pour the gravy evenly over the turkey. Spread the stuffing on top. Place the cranberry on top of the stuffing and bake for 20 minutes or until the sides bubble.

Leftover thanksgiving sandwich

2 slices of turkey
½ cup stuffing

¼ cup cranberry sauce
¼ cup mashed potatoes
1 tbsp gravy
1 sub roll

Directions-
Slice the sub roll open only half way, so one side is still connected. Add the turkey, stuffing, mashed potatoes, and cranberry sauce to the roll. Drizzle with gravy.

Pumpkin pie parfait

The filling out of an already cooked pumpkin pie
1 cup pie crust, crumbled
1 cup pound cake, cubed
1 tub of whipped cream
1 tsp cinnamon
1 can of cranberry sauce

Directions-
Mix together the piecrust and the pound cake. Blend half of the whipped cream with the pumpkin pie filling. Mix the other half with the cinnamon. Whip the cranberry sauce up so it's creamy. Layer the crust, the filling, and the whipped cream until the ingredients run out. Top with cranberry sauce.

Horror

(Continued from page 3)

No, we weren't even actually dealing with them, we just watched with silent mouths and blurry eyes as they took the majority of our planet from us, hands hanging uselessly at our sides.

I remember my father weeping quietly as the news reported the last ship had departed, all evidence of sentient life on our planet, besides our own, gone forever down the throats of those rav-

enous celestial wayfarers. It's been a year since they've gone and we have no animals left. Not one. No fish in the oceans, no birds in the sky, no moles in the ground, no horses in the fields, no bees in the flowers, no sloths in the trees, nothing. We are a planet of wasted, fragile vegans and sometimes the silence is so agonizing you can hear the rest of the universe laughing at us, breathlessly, from the depths of infinity.

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★ ★ ★ ★ ★ Could You Be This Talented?!? ★ ★ ★ ★ ★



★ ★ ★ ★ ★ Prove It!!! ★ ★ ★ ★ ★

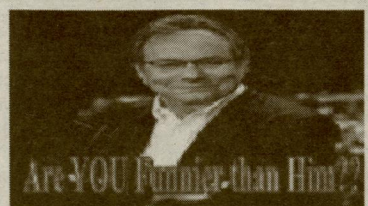
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Sunday: Sunday Night FOOTBALL



Hunters have to leave guns at home

Steve Cormier
Critic Staff

Lyndon State students will not be allowed to bring weapons onto campus if they are planning to go hunting before class or during breaks in classes.

Noting that LSC is a state building – weapons not allowed on state property – George Hacking, director of public safety, said that people cannot store their hunting weapons on campus or store them in their cars while

parked on campus.

"Practically," said Hacking, "I just don't have any place to store weapons."

How Public Safety would deal with someone bringing a firearm, or any other type of weapon, onto campus depends on the circumstances surrounding the violation.

"If someone is violating the law just to violate the law," said Hacking, "they are going to have to face the full consequences of their decision."

If the situation was dan-

gerous enough instead of having Public Safety, a campus safety service, deal with it Hacking says he would absolutely get the Vermont State Police involved.

However Hacking cannot remember the last time someone brought a weapon on campus.

"It has not happened in quite a while," Hacking said.

"Public Safety and Campus Crime Awareness," an online LSC document that individuals may have come across which states that the,

"Public Safety Office will make storage arrangements for firearms during hunting season only," is outdated and should be fixed by today, said Hacking.

"In the student handbook, under the student life section, this has been changed," said Hacking.

The federal government, through the "Gun-Free Schools Act," requires state governments receiving federal money to enact certain laws. These laws must require schools to expel stu-

dents who have brought a firearm, or who have possessed firearms on school grounds for no less than 1 year.

According to Title 13 of the Vermont Statutes, subsection 4004, the first offense of an individual who knowingly brings a firearm into a school building is no more than 2 years in prison and a fine of \$1,000, or both. A second offense brings a prison sentence of no less than 3 years and a fine of \$5,000, or both.

Shine awarded for being social worker of the year

Hollie Gaboriault
Critic Staff

Patricia Shine, human services professor, recently received the NSW award for social worker of the year. Patricia Shine has been a professor at LSC for almost

seven years teaching human services.

A person doesn't know that they are nominated until they have won, which was professor Shine's case. She received a plaque and did a speech with her regards to winning social

worker of the year.

Patricia Shine was in great honor, but felt uncomfortable at the same time because she said that there were others just as great and qualified to win. She didn't want to be looked at as being the best social worker

in this community, instead she looks at this award as being a collective celebration for all social workers. Shine also looks at this award as a means for LSC students and the community to become more aware of social work and the kind of

services they provide for the community.

NSW has a website for those who want to get more familiar with this organization at <http://www.industrialrelations.nsw.gov.au/Home.html>

LSC improving relations

(Continued from pg. 2)

According to Dalton in the 1990's only three percent of high school graduates went onto higher education in China.

"We have a name problem," said Dalton, citing that in China, universities and colleges are not the same as we view them in the United States. In China, college is the same thing as high school. "To us it is nothing, to them it is something," said Dalton who explained she spent her entire trip referring to Lyndon State College as simply Lyndon.

Speaking to students at high schools was nearly impossible during the trip because of the H1N1 virus. The government has a regulation because of the virus saying that foreigners cannot speak to students. Because of the regulation Dalton spent much of her trip speaking with faculty and principals of the different high schools and universities.

Many of the schools seemed to have a high interest in Lyndon because of the pro-

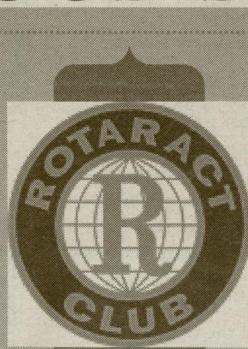
grams that are offered here. The highest area of interest seemed to be television studies, journalism and e-journalism. However, that isn't the only interest schools have in the U.S. Many schools expressed interest in doing faculty swaps and professional development.

Dalton described the trip as turning into "more than a recruitment trip."

The trip included visits to many different Universities as well. Some of the things the college is looking to do are what was described as a two plus two program. This program would have students start at a University in China and do two years there, they would then transfer to a university or college in the United States to finish the final two years of the program. It is a program that Dalton said the college is interested in.

However, that is not the program the college is most interested in. The biggest goal is to recruit students fresh out of high school. "Those are the students who pay for four years," said Dalton.

FOOD DRIVE



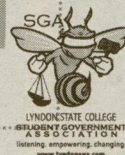
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ROTARACT

Lyndon State to host breakfast with the C.E.O. event

Lyndon State College will host their 7th Breakfast with the C.E.O. event on Wednesday, December 2, 2009. The speaker for the event will be Cairn Cross, managing partner of Fresh Tracks Capital located in Shelburne, VT. Breakfast with the C.E.O. is a

program designed to give students the opportunity to meet and learn from experiences of the area's top business leaders.

Fresh Tracks Capital manages \$25 million in venture capital and has been involved with a number of businesses in Vermont, New Hampshire,

New York, and Massachusetts. Companies that Fresh Tracks Capital has worked with include Vermont Teddy Bear, Applied NanoWorks, Brighter Planet, SolarOne, and Native Energy.

The event will be held in room T202, above the Alexander Twilight Theater, starting

with breakfast at 7:30 am. The presentation by Cairn Cross will begin at 8:00 am, followed by a question and answer session. The event is sponsored by the Lyndon State Business Administration, Natural Sciences, and Visual Arts departments. To reserve a seat, please contact

any either member of the planning committee, Brandy Cole at brandy.cole@lsc.vsc.edu, or Chris Wentworth at chris.wentworth@lsc.vsc.edu. You may also contact Professor Linda Mitchell at 626-6468.

Lady Hornets start season on a high note pg. 6

What's inside:

Rugby incident exposed at SGA; Santa Fund gets \$1500 pg. 2

Staff & Faculty campaign going strong pg. 2

Masters program to be offered at Lyndon pg. 4

Lyndon's Jasmine Harrington shoots a free throw in the Lady Hornets 75-40 win Thursday night.

Photo by Sebastian C. Lury

Staff and faculty campaign going strong

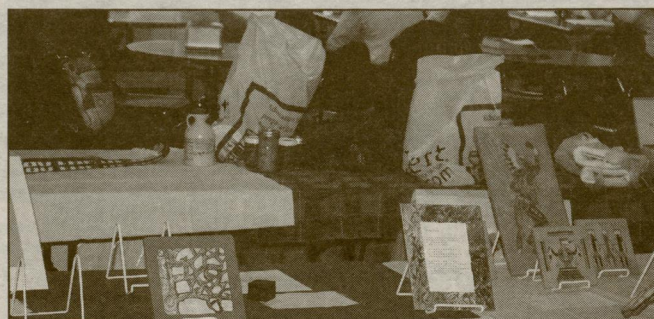
Ben Holbrook
Critic Editor

The faculty and staff campaign, a group dedicated to raising money to help students pay for college, is the largest campaign ever to be conducted at Lyndon State College, Barry Hertz, professor of elementary education said. "Our goal is ten million and we're at five or six million," Hertz said. Bob Whittaker, dean of institutional advancement, couldn't confirm an exact number for the amount of money raised so far. However, participation for the campaign now includes 100 out of 180, or 55 percent of the staff and faculty employed at Lyndon.

The Faculty & Staff Scholarship Endowment, which is the fund the faculty and staff campaign are fundraising for, was established

in 1999 and all recipients are chosen by the Faculty-Staff Scholarship Committee. Eligible students must have completed

two semesters of full-time study at Lyndon, be eligible for financial aid and have a minimum GPA of 3.0, says the pledge form for the Staff & Faculty Scholarship.



Thursday's campaign to help raise money for the Faculty & Staff Scholarship Fund.

Photo by Sam Monroe

The focus of the faculty and staff campaign is on students they want to donate to, Hertz said. "A monetary goal is not the point," Tracy Sherbrook, assistant to the academic dean, said.

In order to get greater participation from staff and faculty, a payroll deduction

of 50 cents from each paycheck is able to be made in biweekly installments, or as a one-time amount. "Maximum participation is to say to other donors that the faculty and staff support this [faculty staff campaign]," Hertz said.

The goal to get maximum participation from the faculty and staff has ruffled feathers as some staff and faculty feel they are being pressured to donate, especially untenured faculty.

"It isn't our intent to pressure faculty," says Hertz. The complaint stems from pledge forms which were handed out during an event advertising the staff and faculty campaign, Hertz said. "Some people felt like they were pressured

to give," Hertz said.

In order to address these concerns, the faculty and staff campaign board, consisting of Barry Hertz, Tracy Sherbrook, Nolan Atkins, Jonathan Davis, Terry Dwyer, Chandler Gilman, Patricia Webster, Donna Wheeler, Jason Shafer and Patricia Shine, are taking all concerns and worries seriously and working on addressing them, says Hertz.

The money the faculty and staff campaign raise will be available as early as next semester. Both Hertz and Sherbrook acknowledge the complications the campaign has encountered as a result of the group being new at fundraising, Hertz said. "Our culture is moving from one where we don't contribute to contributing," Hertz said.

Men's rugby incident exposed at SGA; Santa Fund receives \$1500

Madison Cox
Critic Staff

The men's rugby team came before the student government association after an incident over Halloween weekend that questioned its status as a club during Wednesday night's meeting.

During a match at Merrimack College, an LSC player received a red card and as a result, ran naked through the audience, according to Stephanie Tyler. This player was later identified as Kyle St. John, the club's treasurer. Chris Arsenault, president of the men's rugby team, addressed the room.

"What this individual did...we are very upset; very apologetic. It's upsetting to us because we've been doing very well. There has been no hazing since we were suspended three years ago," he said. "We told the cop if he needed to arrest him to do it. We just wanted to keep playing."

The club representatives

agreed that enough action had been taken by removing the player from the team and as treasurer of the club. A motion to take no action was approved.

The SGA voted to donate \$1500 to the Santa Fund charity despite opposition from American Women in Radio and Television representative Suzanne Proulx.

The SGA makes an annual donation typically between \$1000 and \$1500, according to president Andrew Chapin. The fund is used to assist people in the community during the holiday season.

"I understand it's a nice thing to donate, but with only [roughly] \$27,000 in the general fund, we don't know what we're getting for next semester. I know my club might need to request money in the future for things we had to cut out of our budget," Proulx said.

This statement was not received well by Chapin, who urged Proulx not to make decisions based on what she

thinks her club might get from the SGA in the future. Other club representatives were enthusiastic about the donation. The request for \$1500 for the Santa Fund was approved.

The SGA executive board and the campus activities board joined together to request money for a new computer in their office.

According to Chapin, the computers the office currently houses are old and slow, making the process of creating posters and flyers difficult. The computer the boards are looking at is a 24-inch iMac, complete with the entire Adobe Suite collection. The total cost of these items is \$1575.42.

Stephanie Tyler, advisor to SGA, explained that CAB is willing to pay \$200 toward the cost of the computer because the club would be using it as well.

The SGA executive board was divided on the issue. Tim Cappalli, vice president of the

club, expressed hesitation about maintenance on the iMac. He said that if something malfunctioned, the computer would have to be sent to California in order to be fixed; IT would be unable to do anything. He also explained that it would be about \$100 to get a larger screen for the current computer in the office.

Club representatives were divided on the issue, with many opinions about Macintosh computers and PC computers coming forth. There were also concerns that club members would not have the skills to use all the Adobe programs without an informational workshop.

The representatives voted for the executive board to come back with more information and pricing options.

In other business, the Lyndon State Track and Field club was approved. There are currently 21 members, with over half not participating in cross-country. Chris Ummer will be the advisor.

Jorge Chojolan, the director of the Miguel Asturias Academy in Guatemala addressed the SGA through a translator, thanking LSC students for their work at the school. As a gift, he presented LSC with a Guatemalan hammock to place on campus for students to enjoy.

Samantha Wolf and Madeline Champlin presented an ecological management plan for the LSC campus. Their project is being led by Professor Alan Geise.

"The goal is to manage the pond and forest areas better," Champlin said. The class is focusing on four areas of campus: the forest behind President's Hill, the plantation area, the meadow by the Brown House, and the pond in front of the SHAPE center. The plan is to increase biodiversity and ecological integrity of the natural areas on campus. This may include limiting recreation in certain areas at different times throughout the year, according to Champlin.

Public Safety Log

Five finger discounts

Public Safety responded to a theft from the SHAPE facility at 7:45 p.m. on Nov. 12

A theft from the snack bar occurred on Nov. 13 at 10:00 a.m.

Public Safety responded to a call for a missing bike from the Wheelock storage facility on Nov. 21 at 1:00 p.m.

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Nothing will ever be the same again

Cameron Bock
Critic Staff

Jordan and Cait had been dating for two weeks. Her name was actually spelled 'Kate' but Jordan hated the way that looked. K is such a bitchy letter, he thought. Jordan thought of all that 'Kathrine's and 'Katrina's and 'Kitty's he had known. They were all bitches. K is such a bitchy letter, he thought again. He thought about tearing off its legs and making it an I. He thought of the letter K whimpering pitifully, legless, still thinking bitchy thoughts.

Cait was not aware of how Jordan spelled her name in all his texts and emails to friends, how he saw it in his head. Cait probably would have been okay with it, had she known. She always wanted to be an 'Ashley'. She never told anyone. Cait was afraid to change her name.

They were going to see a movie. A chick flick. The one where the 'nerdy girl' who is 'unattractive' because she wears 'glasses' and 'uncoordinated outfits' likes a guy who is 'physically attractive and intellectually inclined despite his jockish nature' but 'does not know she exists,' so her 'best friend,' who is either 'fat' or 'ethnic,' consoles her and they eat ice cream and cry or something. Then there is a montage where the 'nerdy girl' gets her 'guy friend who is flamboyantly gay' to give

her a makeover and then 'the guy she likes' asks her out and the 'best friend' is happy for her despite her own physical or emotional shortcomings and everything ends happily for everyone, except for the 'best friend.' Jordan fell asleep around the time the two girls were watching the guy and his best friend play basketball shirtless. Cait was too enthralled to notice.

Somewhere in the Midwest, a fat girl in her twenties finishes watching *The Ugly Truth* and cries because she is fat and unsuccessful and unloved and will never have a Mike Chadway come and sweep her off her fat feet with playful insults and a dusting of manly stubble. Then she finishes reading *Twilight* and dreams of sparkly undead virgins with severe emotional and social baggage.

Jordan left the theater feeling hopeless and doomed. The girl in the movie, pre-makeover, reminded him of his ex Ellie Whitmore. She was the last place he felt certain. She was the only time he felt safe. The only time he felt a sense of completion. Something about the feel of her hips. The way her breasts would hang over his chest, softly. The way her hair fell across her glasses, eyes half above the rims, curious. Her voice vibrating in his ear from the passenger seat, those late night drives to the gas station for cheap beer. Her steady stride, never tripping, never

slowing. That feeling had yet to be replicated and had never existed prior. He doubted it ever would again. It was difficult to resist the urge to lay down in the parking lot and wait for a car to crush his skull under tire, smearing, black and red and screeching and done forever, teeth scattering across the pavement like ivory dice, snake eyes. Jordan had developed an intense headache.

Cait left the theater feeling light and horny. She planned on nailing Jordan when they got to his house. She thought about sex on the drive back. She thought about his bed and sex and shivered a little. She had an inexplicable craving for eggs.

Jordan enjoyed the sex, abstractly. It made him stressed, then significantly less stressed; therefore, he liked it. What he did not like was sex with Cait. Not with Cait specifically but with anyone who's first name was not Ellie. And last name wasn't Whitmore. And didn't look like Ellie and didn't have Ellie's voice and didn't have Ellie's natural smell and didn't watch the shows Ellie watched and didn't like the bands that Ellie liked and didn't live in the house Ellie lived in and basically wasn't Ellie herself. This limited Jordan's enjoyment of the act. Jordan's headache did not go away.

Cait liked sex with Jordan very much. She liked that he

knew what he was doing. She did not like that he kept his eyes closed. She did not like that he mouthed words sometimes, dreamlike. She did not like that these mouthed words looked like a name. Sometimes she would close her eyes too and things would be okay. Then they would finish and she would go to the bathroom and pretend the carnality she pushed out was the name she could not decipher and that she did not care anymore and that Jordan liked her the best, wiping, flushing, gone.

Jordan liked her enough. He liked that she ate weird things after sex. Cait ate eggs this time. Deviled. She went right from the bathroom to the kitchen and Jordan made a joke about women and their use around the house and Cait laughed because it was funny and she was pretty sure he didn't mean it. Jordan didn't mean it. Jordan liked her. But Jordan missed Ellie. He saw Ellie eat deviled eggs once, he thought.

Cait went home and Jordan had a beer and looked at old pictures of himself with Ellie on Facebook. He talked to a friend on Facebook chat about something, unimportant, forgettable. He laid on the still-warm bed for a few hours, staring at the ceiling, regretting, appreciating, regretting some more. Ellie had told him he was a burden, an 'obligation.' Jordan did not want to be anyone's obliga-

tion. Jordan wanted to be someone's unwavering stability. He and Ellie had not talked in weeks.

Jordan did not like iPod commercials. They were too colorful. The music they chose to use was too self-aware of its 'indie' credibility, which was ironic because as soon as the song was played in the commercial, it became mainstream. The actors and actresses were too happy in their bright, mainly-American-Apparel-focused outfits. Jordan briefly considered the idea of cannibalism. Jordan got bored and lonely. Jordan said out loud, "I am bored and lonely," but did not believe himself. The tone was not right. He did not sound lonely. He sounded anxious. Jordan decided he was bored and anxious. Jordan called up Cait and dumped her without giving a concrete reason. Cait cried a lot. Jordan apologized. Cait cried some more. Jordan expressed interest in staying friends. Cait told him to go away and hung up. Jordan was now bored and offended.

That night, Jordan looked at Asian pornography and went to bed at five in the morning. When he woke in the afternoon his headache had not gone away. At the exact moment he got in the shower, nobody anywhere was thinking positive thoughts about him. Jordan felt a chill despite the heat. Jordan's urine was clear as it swirled down the drain.

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

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Caledonia: the band and not the county

Melissa Mulhisen
News Correspondent

Upon printing my last interview in the critic, several emails were waiting for me in my inbox suggesting other local bands for me to pester. A few of the emails insisted on hearing some information about a band called Caledonia. I had heard of these guys from some friends. Although I had never listened to them, I am willing to interview whoever my readers would like. The band had a very hectic schedule and the only time they could meet with me all at once was at their practice times. To avoid being a nuisance and taking up their precious band time, I interviewed them via email.

What's the name of your band?

-Caledonia

What is the name, age, and instrument of each band member?

-Rik - Vocals, 21

-David - Kazoo and Guitar, 20

-Aaron- Drums, 19

-Kenny - Bass, 19

-Andrew - Guitar, 18

What's the origin of that name?

-David: Since we all met here in Caledonia County, we thought it appropriate to have our name reflect it.

Where is everyone from originally?



The Lyndon based band Caledonia.

From Left: Aaron on drums, Kenny on base, Rik on vocals, and David on guitar

-Aaron: Kenny, Rik and I are from Vermont, David lives in New Hampshire and Andrew lives in Connecticut.

How long have you been a band?

-Aaron: Caledonia was born two years ago.

When did you form your band?

-Aaron: The line-up has had a few changes spanning the 2 years, however slowly but surely we have finally come to a full lineup that seems to feel right.

What inspired you to make music together?

-Aaron: We all have similar tastes in music, and in our personalities. We all get along and love what we do.

What genre of music do you consider your work to be?

-Aaron: Hardcore, Metal-core, Applecore... Pretty much any "core" you can think of.

Who are your major influences?

**-All: Every Time I Die
-Andrew: Lamb Of God
-Kenny: Coheed And**

Cambria

-Rik: Blink 182

-David: The Empire Strikes Back

-Aaron: Christopher Walken, and Chill Zone Cruises.

How long have you all known each other?

-Aaron: Well Rik and

Dave are juniors, while Kenny and I are sophomores and Andrew is a freshman, so we all were introduced to each other at different times.

How did you meet?

-Rik: We have met each other on campus here at Lyndon State.

Do you have a record label?

-Kenny: No

What can you tell me about your instruments? (i.e., Are you subject to brand loyalty or will you play with whatever's available? What made you choose the instruments you have now? Was it cost or was it a style/model/brand/color preference?)

-David: I received my guitar at "The Crossroads" for free. The old gentleman who gave it to me said it was made from the heart of a mighty oak.

Where have you performed?

-Kenny: Everywhere; Campus shows, Burlington, and one show in Lancaster, NH.

What made you decide to become musicians?

-Rik: I'm not good at sports

-Aaron: I was sick of getting touched in the locker room. Just kind of happened.

-Kenny: My friend Eric was like, "Dude, no joke I got a guitar, get a bass and we'll start a band."

-David: My acting career went south.

-Andrew: I started doing it because I wanted to be good at something but I didn't start taking it seriously until I started listening to Metallica.

What are your favorite and least favorite venues?

-David: The Super Bowl would have been lots of fun, but Aaron had a dance recital. Maybe next year.

Do you have any upcoming shows?

-Kenny: Coming soon to a town near YOU

Caledonia continued on page 8

Masters program to be offered at Lyndon State

Leani Lopez
Critic Staff

The Masters in Liberal Arts is a new program that will be offered at Lyndon State College.

The program was proposed by the Graduate Council and is designed to serve an audience which is small but steady.

"I'm very pleased to see the new M.A. program in Liberal Studies," said Professor Richard Moye. "For years, we have had students, particu-

larly those who have completed the licensure program to teach secondary English, asking for an M.A. program in English specifically since that's their content area, and Social Sciences and other departments have had the same request."

Requests to start masters programs at Lyndon have been filed for years. These requests mostly have been from graduates who completed the secondary school licensure programs and are teaching in local high schools.

The M.A. in Liberal Studies program would serve these licensed teachers in their subject areas such as English, Social Sciences, and Math.

"Given our faculty numbers and the number of students who might enroll in the program at any one time," says Moye, "it really has never been feasible to offer a masters program in each or even any of the content areas. The M.A. in Liberal Studies allows us to create individually designed programs to

serve those students, so we can consolidate faculty numbers and student numbers to make it work."

There are not enough people to establish independent masters programs in a multiple fields, so Lyndon is willing to provide an "umbrella" program. This would allow each individual student to design a masters program in their area of interest.

"It allows us to offer interdisciplinary and multidisciplinary programs," says Moye, "and to expand op-

tions in other ways as well, with creative writing programs, for example. The great thing about it is the flexibility that allows us to create individual programs designed to serve a wide variety of interests and purposes."

It will be the responsibility of the individuals and the professors to make sure that courses and programs are designed for masters-level achievement. As the program grows in the future, there are talks that graduate-only courses may be established.

Outing Club prepares for winter activities

Madison Cox
Critic Staff

For those seeking adventure and exercise this winter, joining the Outing Club is the way to find it.

With roughly 50 members participating, the Outing Club offers all stu-

dents a way to go off campus to experience the great outdoors.

In the past, students have gone white-water rafting, rock climbing in Wheeler and local areas, hiking, and backpacking around the Northeast Kingdom. The club plans to continue those activi-

ties, according to president Brian Wilcock. These activities occasionally have fees that are subsidized by the club's trip budget. While experience and equipment are not required, it is helpful. Wilcock said that each trip has leaders either from the college or the local area with

experience.

According to Wilcock, the club is planning another white-water rafting trip in the spring. They are also considering a trip to the Long Trail to snowshoe and ski. The group would then camp in huts from the Green Mountain Club.

The Outing Club also organizes climbing on the rock wall in the Rita Bole gym every Thursday at 8:00 p.m. This is a free event, with no experience or equipment necessary. Wilcock said that the rock wall will be expanded sometime in the next two semesters.

Clubs get into season of giving

Sarah Aube
News Correspondent

"Tis the season to give. Anything is appreciated: your time, your money, your old stuffed animals, some flour.

This is the time of the year when everyone starts to catch the holiday fever and suddenly feels a little more generous. Many individuals and clubs around campus are putting in the effort to help others and they want your help as well.

Can it all be done simultaneously?

Alpha Lambda Delta Honor Society (ALD) is sponsoring a Teddy Bear Drive. They are asking that any unwanted stuffed animals be brought in to be distributed to local

organizations to be used in their family rooms or in shelters, and given to needy children for Christmas.

"I believe the fundraiser will have support because we are not asking for donations or asking anyone to purchase anything," said Amber Hartman, president of ALD. "Stuffed animals are comfort items that often people store away in their houses because they were gifts or because they have special meaning."

Many of us have bags full of stuffed animals. This is a way to pass on the keepsakes of your childhood memories and give a child a chance to make new memories of their own with them. If you want to donate any of your stuffed animals, drop off spots include any RA room, RHD of-

fices, Student Life Office in Rita Bole, and Student Services. Collections end December 9th.

Another charity fundraiser was being put on by ROTARACT, a community service club. For all of November, they collected nonperishable boxes and cans for the Lyndon Food Pantry. According to Curtis Mathewson, president of ROTARACT, they have received plenty of support and numerous food and cash donations.

"It isn't surprising to see many groups trying to give back to the community," said Mathewson. "I feel that each cause is important, and no support, whether it be for our cause or another organization's, is too small to be appreciated."

ROTARACT has had food

drives like this is the past, and plans to continue having them every fall.

Danielle Nunez, an RA, is working to get people involved in baking treats to send to troops overseas. She got the idea from www.treatthetroops.org and decided to try to do the same thing at LSC, though on a smaller scale. With the help of a couple other students, almost seven dozen cookies have been baked and shipped so far.

"I set it up as a program to try and get students involved in a community bigger than just this campus," said Nunez. "There wasn't as much support as I had hoped for, but I was very thankful for those who did help."

Nunez is hoping for more

donations of ingredients, money, and time to help send out some more treats to the troops.

Bringing soldiers home for the holidays is another goal people are trying to achieve. There are tins scattered around campus to collect pennies to go towards this. The goal is to charter planes to bring home members of the Vermont National Guard who cannot otherwise afford to come home for the holidays.

There are 1,500 men and women of the National Guard that are in training in the south before their deployment to Iraq and Afghanistan in early 2010. Operation Holiday homecoming wants to give them a chance to come home before they have to go overseas.

LSC students share Christmas traditions

Danielle Drown
News Correspondent

As the fall semester winds down, LSC students are awaiting the end of the semester with bated breath, not only for vacation but also for the upcoming holidays.

Many students associate the holiday season with certain traditions in their home towns and their households which make the holidays even more special and memorable.

"Christmas, for me, involves three things: family, friends, and food. Oh, and Alpine skiing," said Ian Sullivan, a sophomore social science and secondary education major from Stafford Springs, Conn. Sullivan says that there is also a tree by a war memorial in Stafford Springs that is always decorated every year.

Austin Sullivan, a sophomore digital media major and Ian's brother, also associates the holiday season with home.

"I enjoy being home for the holidays and helping my parents set up," Austin said. He says their Christmas is more traditional and family oriented.

Kira Alexander, a freshman environmental science major, is originally from

Plattsburg, N.Y. She celebrates Christmas in Lisbon, N.H. with her grandmother and parents. Every year, she spends the week before Christmas with her grandmother and come Christmas morning, her parents join them to put the presents under the tree.

Alexander says that her grandmother is usually awake at 2 a.m. Christmas morning cooking German delicacies and decorating. For Alexander, however, her first thought about Christmas is about something more sentimental.

"I usually think of my little Christmas tree from when I was a kid. My grandmother got me Mary's Angels ornaments to put on the tree," said Alexander.

Brittany Tinkham, an elementary education major, is from Peachum. For her, the upcoming holidays are centered on her younger siblings.

Tinkham likes to spend the holidays making snowmen (when there is snow), paper snowflakes, and gingerbread men with her younger siblings.

"Every year we try to make gingerbread houses, but we give up after they collapse. However, buying the kits is cheating, just so you know," said Tinkham.



Photo by Aimee Lawton

New soap dispensers have been installed in the residential bathrooms in all residence halls. This project was overseen by Housekeeping Supervisor and Maintenance Technician Terry Dwyer, who said that the health and safety committee on campus decided that soap dispensers were needed in all the restrooms in student housing. Tom Archer added that the soap dispensers were suggested by health services as they wanted to make sure that students had the ability to adequately clean their hands. Up until this occurred, students in the residence halls were responsible for providing their own hand soap. Dwyer said he contacted a product supplier, and had the soap dispensers installed over Thanksgiving break.

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Lady Hornets start season on high note

Sebastian C. Lury
Sports Editor

The Lady Hornets started the season with a buzz, stinging the competition for four straight wins before losing a game.

"So far it's been good," says third-year head coach Vincent Maloney. "It's been a good transition so far. Last year we were a big senior-laden club and this year we're relying on a lot of freshman and a few returning players."

The team won its first four games by a combined total of 99 points before losing by 45 points to Norwich University on Wednesday.

"There's been some ups and downs," says Maloney. "It's been ugly at times and we have a lot to work on. Through the first four games, I'm excited about how they've come along."

The blowout wins have given the team some assurance about their abilities.

"It makes me feel confident that we can score the basketball at times," says Maloney. "Fortunately for us

we've played some teams that are in the rebuilding stage as well, just like we are. We haven't hit the toughest part of the schedule to this point. With that said, a win's a win and you go from there and be happy with that."

Just because the team has had success so far, Maloney warns that the team is not playing at its peak just yet.

"It wasn't always pretty. Even in those blowout wins there's a lot of stuff you can get away with, because the other team isn't as strong, that doesn't show up as [something] you're doing poorly. When we play the better teams, it kind of comes to the surface. Hopefully we can take care of those before we get into the conference games."

Of the four wins, Maloney feels that the Lady Hornets 64-61 victory over the University of Maine-Augusta was the most educational game of the season.

"I was excited with the way we handled ourselves in the close ballgame, the three-point win," he says. "The

other team started to come back and the ladies held their composure pretty well and were able to put the game away down the stretch."

Maloney says that close wins, and even close losses, can sometimes be more beneficial than the easy wins.

"There's some things we get to work on in the blowout wins here and there but the close games are what's really going to get you ready for the conference games," he says. "I'd much rather the play the close, three-point games—obviously we'd like to win them—but I'd rather play those even if we lose then blowing teams out all the time."

Maloney feels that the team is centered on their perimeter play, rather than their presence in the paint.

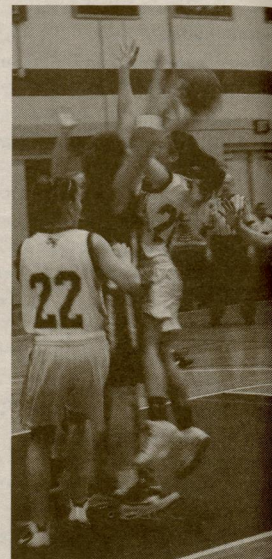
"The strength of our team is the guard position," he says. "One of our weaknesses is we don't have a lot of height at the post positions, but we create a lot of match-up problems with our line-ups. A lot of the time, we're going to go with a four guard,

one post situation on offense. So it's going to be to our advantage to spread the floor and get some mismatches on the basketball court that way."

According to Maloney, one of the challenges a young team faces is "understanding and working to the transition from the high school to the college game: the speed of it, the intensity, the importance of every possession and the little things that they need to learn."

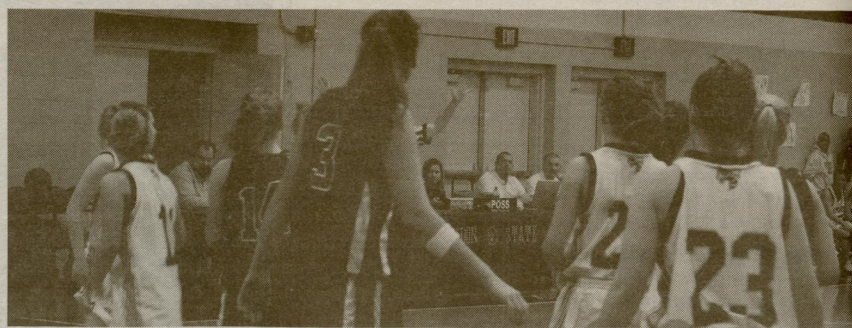
Another of the challenges facing the team is injuries. Freshman Liz Pavlik has missed time due to what Maloney calls a "severe ankle sprain" and sophomore Naomi White has been slowed down by a sore ankle as well.

"Besides those two, we're doing ok," says Maloney. "People are banged up this time of year especially as things start to wind on everyone's a little banged up here and there. No one's completely healthy even this early in the season."



Photos by Sebastian C. Lury

Above: Naomi White battles toward the hoop while teammate Jasmine Harrington looks to assure a rebound. Below left: Kasey Steinmetz reverses her dribble on offense. Below right: both teams look on as the referee whistles a foul during the LSC's 75-40 win over Vermont Tech Thursday night.



New LSC club

Leaves you sweaty

Joe Rivet
Sports Correspondant

The newest club sport at LSC is the Lyndon State College track and field club, or the LSC TFC as its members like to call it.

After the long process to create a new club, the TFC is finally off the ground and gaining support everyday.

"This is my senior year here and I have heard numerous people say that they wish they had a track and field club these past few years," Jeremiah Powell, SGA representative said. Those student's comments gave him encouragement to help form the club.

Powell brings a lot of experience to the new club. He has been on the LSC cross country team for four years and has participated in every race from the 100 yard dash to the two mile run.

The club has been getting noticed by many students.

"It's been a pleasure to see that as of now, more than half of our roster consists of non-cross country members," Powell said. He feels it is important to let students know that track and field is not only about running long dis-

tance.

"There are short distances for sprinters, such as the 100 meter dash, and there are field events for throwers, such as the javelin." With this variety of events, the club hopes to attract more members.

The club will soon be competing against other schools in the area.

"Some of the schools we can compete against are University of Vermont, Middlebury, and University of Maine-Farmington," Powell said.

The track club is currently using a few fundraisers to pay for supplies, but another avenue they might consider taking is searching for some potential sponsors.

Anyone interested in joining the club can contact Jeremiah Powell. The club meets for practice on Monday, Wednesday and Friday of every week, but Powell calls this schedule tentative and explains that it is subject to change.

"The club is open to everyone with some athletic ability and I encourage everyone to join and try out this great experience," said Powell. "No prior track and field experience is needed."

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Two Hornets named to NAC weekly honors

Naomi White, a sophomore forward on the Lyndon State College women's basketball team, and Avery King, a freshman guard with the LSC men's basketball program, were recently honored by the North Atlantic Conference for their performances in the week of Nov. 15-22. White was named the NAC's Player of the Week for the period while King garnered Rookie of the Week honors.

White, a native of Danville, Vt., averaged 16.0 points and 8.3 rebounds for the

week as Lyndon State opened its season with a record of 4-0. She scored 16 points and had eight rebounds in Lyndon's 90-49 victory over the College of St. Joseph (Vt.) on Sunday, Nov. 15 before amassing 13 points and 11 rebounds in a 69-39 win over the Fighting Saints three days later.

At the University Credit Union Tournament, held Nov. 21 and 22 in Augusta, Maine, White poured in 19 points to go with eight rebounds, as the Lady Hornets squeezed by UMaine-Augusta 64-61 on Sat-

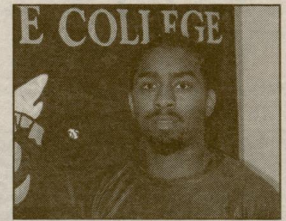
urday, Nov. 21. She wrapped up the event the following day with a 16-point, six-rebound effort in a 73-37 win over Hesser College.

King, who hails from Pawtucket, R.I., averaged 22.0 points and 4.5 rebounds for the week as Lyndon State opened the season with a record of 2-2. He scored 15 points and had four assists in Lyndon's 103-81 loss to Plattsburgh State on Sunday, Nov. 15 before erupting for 29 points, three assists and four steals in a 111-97 victory over the College of St.

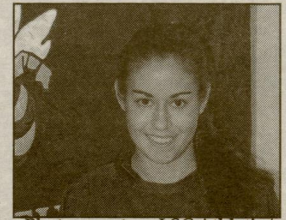
Joseph on Wednesday, Nov. 18.

At the 14th annual Wheaton Tip-off Tournament, held Nov. 20 and 21 in Norton, Mass., King poured in 34 points to go with three assists and three steals, as the Hornets fell 97-84 to tourney host Wheaton College. In the consolation game, he tossed in 10 points and dished out three assists as Lyndon salvaged an 85-67 win at the expense of Salve Regina.

King's efforts landed him a selection on the all-tournament team.



Above: Avery King
Below: Naomi White



Photos courtesy LSC Athletics

The Hornet Report: Hornets return from break

Sebastian C. Lury
Sports Editor

Lyndon's winter sports look to come back from Thanksgiving break refreshed and ready to play.

Women's Basketball

The Lady Hornets began the season winning four straight games by a combined margin of 99 points before falling to Norwich University 94-49 on Wednesday and beating Vermont Technical College 70-45 on Thursday.

The winning streak began when the Lady Hornets defeated the College of St. Joseph-Vt (CSJ) both at home and on the road in back-to-back games on Nov. 15 and 18, 90-49 and 69-39, respectively. The streak continued when the team competed in the University Credit Union Tournament at the University of Maine-Augusta (UMA) on Nov. 21 and 22, defeating host UMA 64-61 and Hesser College 72-37, respectively. For more, see Page 6.

Upcoming Events:

Dec. 12 @ Plymouth State, 5:30 p.m.

NAC Standings

Lyndon	4-1
Green Mountain	2-2
Castleton	2-3
Maine Maritime	1-2
Johnson	1-3
UMaine-Farm.	1-3
Husson University	0-3
Thomas College	0-5

Men's Basketball:

The men's basketball team did not fare as well, splitting their games and going into Thursday night's home opener against VTC with a 4-4 record. The team opened the season on Nov. 15

with a 103-81 loss at Plattsburgh State before defeating CSJ on the road on Nov. 18, 111-97. The team then fell to Wheaton in the Wheaton Tournament, 97-84 on Nov. 20. The team would bounce back the following day with a tournament win against Salve Regina, 85-67. The men's home opener against the VTC Green Knights was still in progress at press time.

Upcoming Events:

Dec. 5 vs. Western New England College, 1 p.m.

Dec. 10 @ Plymouth State University, 7:30 p.m.

NAC Standings:

Thomas College	4-1
Husson University	2-2
Lyndon	2-2
Castleton	2-3
Maine Maritime	1-3
Johnson	1-5
Green Mountain	0-3
UMaine-Farm.	0-3

Hockey: The hockey team went into the break with a 2-4 record and look to build off a win heading into their Friday night's game at home against Springfield College. The club lost on Nov. 13 to Castleton, 7-5, before defeating the US Coast Guard Academy on Nov. 14, 7-4.

Upcoming Events:

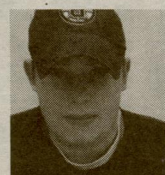
Dec. 4 vs. Springfield College, 7:30 p.m.

Dec. 5 @ Daniel Webster College, 8 p.m.

NECHA Colonial North Standings

Daniel Webster	5-1
Norwich University	2-1
Lyndon	2-2
Springfield College	1-1

The Monroe Doctrine: Digesting the sports leftovers



Sam Monroe
Managing Editor

The sports world doesn't stop for holidays and because of that there was way too much going on in this past week and a half for this column to focus on just one topic. So enjoy this smorgasbord of sports ramblings.

With just two undefeated teams remaining in the NFL and both looking to be strong teams, it's time to start wondering if this is the year the 1972 Dolphins get a neighbor in Perfectville? If any team is going to do it, it's not going to be the Colts. The Colts have all ready peaked. They are barely winning games. Even with a cupcake schedule for the rest of the season, the Colts won't be undefeated come wild card weekend. The rolling Titans will beat them this weekend 31-24. Vince Young is just too hot after a 99-yard game winning drive and a 5-0 record since replacing Kerry Collins as the starter, he will beat the Colts defense and the Titans defense of last season will return to shut down Peyton and the offense.

The Saints have a tougher schedule, but unlike the Colts they have yet to peak. If any team is going to go unbeaten it will be the Saints. After dismantling the Patriots 38-17 last week, the Saints march into Washington who is a whopping 3-8. Then, the Saints head to Atlanta, probably their best chance to lose. But if Matt Ryan can't play, the Saints should destroy the Falcons. Then the 8-3 Dallas Cowboys come to town, a

tough test, but in the Super Dome the Saints prevail 24-14.

Then it's easy. They have Tampa Bay and Carolina, both in division games. The only thing those two teams will have going for them is a chance to be remembered as the team who beat the Saints and saved the 1972 Miami Dolphins.

It may be time to file a missing person's report; Mercury Morris, where are you?

In other news Tiger Woods got his first black mark against his reputation this week. Just when you were beginning to think we finally found an athlete who was above all the crap, this happens. It's time Tiger's name gets tossed in with those of Andre Agassi, A-Rod, OJ, Bonds, Clemens, and the Vick brothers. I always thought we should leave off-the-field issues alone, but when you think about it, these guys are role models and need to keep their noses clean on and off the field. These guys are sending a message to kids that we don't want sent: "Hey, don't worry. It's okay to lie, cheat and steal. You can still be rich and famous and you won't be held accountable for your actions. Come on Tiger, your one in a million, you have a beautiful wife, lots of money, what else do you want?"

Oh and speaking of idiot athletes, just when you thought it couldn't get any worse, Ron Artest comes out and admits that he drank at half time of NBA games. Need I say more?

Thanksgiving means one thing in the sporting world, FOOTBALL. But how much longer do fans have to suffer through the Detroit Lions, who have not won a turkey day game since 2003. They're better than they were last season, but still it's the Lions. Wouldn't the NFL make more money if they had the Colts,

Patriots or someone like that playing on turkey day? They do have the Cowboys but they pin them against the Oakland Raiders. This could be something huge like the NHL's winter classic. I understand tradition but when does it stop being tradition and start being painful (answer: six years ago). It's time to switch things up and make it fun to watch again. Right now, the only way people watch this game is if their team is beating up the Lions. The Cowboys game is good when it's against a good opponent, and I like the rotating night game, but lets slay the Lions.

Speaking of the Lions, if you thought 0-16 was painful last season, be prepared for the New Jersey Nets to go 0-82. But good news for the Nets the last team to lose 18 straight won the Championship the next year.

AI is back in a 76er's uniform, that's a joke.

If you didn't know the name Keith Ballard before this week, you probably do now. Ballard plays for the NHL's Florida Panthers. This week in a game against the Thrashers, Ballard was on the ice when the Thrashers scored. In a fit of rage, Ballard swung his stick at the goal post. He missed the goal post the first time and accidentally chopped his goaltender, Tomas Vokoun, in the back of the head. He then wound up again and broke his stick on the post with Vokoun laying on the ice bleeding and dazed. This is just a idiotic move. If he hit him harder, he probably could have given him a concussion good enough to end his season.

The league won't suspend him, but the Panthers should as well as force him to play the rest of the season for free, just for making an all-star goalie miss a week or maybe more of games.

Restaurant Review: Hoagies gets disappointing rating

Nicholas Russo
News Correspondent

Hoagies is one of several restaurants in the Lyndonville area specializing in pizza, subs, and sandwiches. The question: is it better than just an average pizza parlor? Find out in this restaurant review.

The atmosphere at Hoagies is traditional, with nothing out of the ordinary for pizza places. They feature seasonal decorations, such as scarecrows for the fall, which help make the dining area inviting. The menu features a standard assortment of

soups, specialty pizzas, and hoagies, from which the eatery gets its name. The atmosphere and menu receive a combined score of 15/20.

To start the meal off, the steak and cheese sub was nothing less than a disaster. While removing the wrapper, it was apparent that the cheese was cooked on the outside of the sub. There is nothing wrong with trying to be different, especially if it lends some sort of advantage to the taste. Unfortunately, the sandwich proved to be horrible, as the steak was so dry it was nearly impossible to

chew. Attempting to finish the sub was a futile effort, and this critic was unable to consume the entire sub. It is extremely rare that a meal is so bad it cannot be completely eaten; even Aramark is not that bad. The 'hoagies' receive a score of 2/10.

Continuing with caution, an individual sized buffalo chicken pizza was a vast improvement, featuring a spicy sauce which when combined with cheese and chicken, made for a satisfying pizza pie. Pizzas receive a 7/10. Dessert doesn't exist at hoagies, however after the steak

and cheese debacle, dessert did not seem appetizing. A glass of hot chocolate with whipped cream was not bad, and proved to be a comforting end to the meal.

Portions at hoagies are customizable depending on how much food one wants, with the option of small or large subs, and multiple sized pizzas. Service is fast, as waitresses waste no time getting food out to customers. Cleanliness is fine, as the restrooms were well equipped and the carpets free of crumbs. If the food was better, Hoagies would be a solid

value, with subs ranging from \$5-7 and pizzas running from \$5 for an individual to \$15 for a large. Portions, cleanliness, value, and service receive a combined score of 29/40.

The Hoagies nearest to LSC is located in the White Market Plaza off route 5 in Lyndonville, with other locations in Essex, Derby, Newport, and Morrisville VT. Hoagies receives a 67 out of 100, which makes it a flop according to the taste buds of this critic.



Kenny: Base

(Continued from page 4)

Which songs do you perform most frequently?

-Rik: All of them.

Do you ever play any covers?

-Aaron: We used to play Floater, by Every Time I Die, but we decided to focus on our own songs for the time being.

Do you have a set play list?

-Kenny: We really only have a couple of songs, so we play all of them usually.

Who writes your songs?

-Kenny: Well it usually starts off with Dave getting an idea for some riffs, and then we all collaborate at practice on it after the initial riffs are made, and then Rik (and everyone else really) writes the lyrics.

What are the main themes or topics for most of your

songs?

-Kenny: They all kind of have their own story within the song itself, but I don't feel like our songs have a general theme.

Do you think these topics will change over time?

-Kenny: I think that the writing process will stay the same, but so far our songs have evolved and (at least to us) gotten better.

Could you briefly describe the music-making process?

-David: We begin by forming a drum circle. Once we have reached a state of sheer enlightenment, we all play each-others instruments and shout.

What are your rehearsals generally like?

-Rik: Going over any new songs, hanging out.

Do you have a set time each week in which you prac-

tice or are rehearsals more spontaneous?

-Aaron: We used to have a set time, two days a week but ever since David discovered himself in the mirror, we really just take any time we can get.

How has your music evolved since you first began playing together?

-Kenny: Well since Andrew joined the band we had to really reshape our sound. He wasn't really into the whole "Japanese Pop" scene.

What has been your biggest challenge as a band?

-Rik: Finding enough members to complete our band.

What's your ultimate direction for your band?

-David: I suppose we'll be performing on the moon within the next few years, depending on how far technology has advanced.

Are you seeking fame and fortune?

-David: Enough fortune to fuel my music addiction.

What advice do you have for people who want to form their own bands?

-Andrew: Stick with it. No matter what stage of progress you and your band are in you should try to be learning as much as you can. Most people have different styles of playing, it's helpful to use your differences to compliment one another's styles.

How can fans-to-be gain access to your music?

-All: Through our myspace page www.myspace.com/caledonia or coming to a show.

Do you have a demo CD?

-Aaron: Yes, we released our debut EP on May 15th, 2009, and we are currently in the writing process for our

full-length album.

Is there anyone you'd like to acknowledge for offering financial or emotional support?

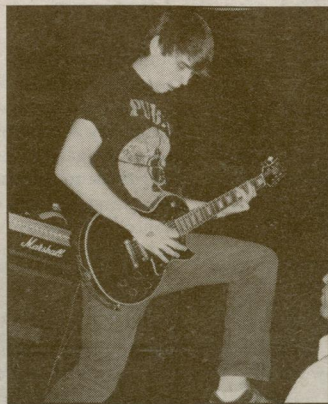
-Aaron: We'd actually prefer to make a list of people we DON'T want to thank. In particular Bruce Willis for killing John Travolta in Pulp Fiction.

Any last words?

All -Pancakes. Thin pancakes. Crepes I guess they're called.

I really enjoyed this adventure. The band was very honest, funny, and informative. This was one of my most humorous interviews I've done in my life and I was happy to do it. Thanks are in order to those of you who suggested them to me. I look forward to any more requests you have. You can contact me at Melissa.mulhisen@lyndonstate.edu.

Caledonia



David: Guitar and Kazoo



Rik: Vocals



Aaron: Drums

Photos by Melissa Mulhisen



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What's Inside?

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New SGA club looks to get radical

Madison Cox
Critic Staff

The Lyndon campus will be getting a little more radical now that Club Action! Students for Change has become a club recognized by the student government association.

Andrew Glynn came before the SGA Wednesday night, explaining that his goal for the new club is to create a "zine", which is a magazine featuring politics, sociology, music, and other topics.

One of the main goals, according to Glynn, is to bring some student radicalism to campus.

"We had a really good sustainability drive this year," said Sigma Zeta representative Joe DiTommaso. "I was wondering if instead of photocopies, could you do it online?"

Glynn's response drew

some giggles from the crowd when he replied, "I don't really know what to say to that, so I'm just going to say what's in my head: Us at this college not using as much paper as we could is not going to save any amount of forest."

According to Glynn, the purpose of the club is to create a forum to discuss social and political issues. He stressed that it is not a Democratic or Republican club, and the only stance it would take would be anti-war.

He also added that he believed the reason Students for Global Change failed as a club was because it was "too wishy-washy".

"We're a college. We're all between the ages of 18 and 25. We should have some fire in our hearts about this type of stuff. We want to be controversial. We're students. This is what we're supposed to do," he said.

Despite some worries from the club representatives about sustainability and recycling, Club Action! Students for Change was approved.

The second time was the charm for the Twilight Players, when the SGA voted to give the club \$750 toward the \$1000 cost of a musical director without much debate.

"We have a list of names of people interested in being the musical director of the show from St. Johnsbury and the community at large," advisor Melissa Leonard said, "but we cannot get them into contract without being able to guarantee the money."

The request for \$750 was approved.

Student Investment Group representative Kyle Hessler requested \$200 from the SGA to give prizes to the top two investors of the

club.

Students involved in the club participate in a virtual stock-exchange game, which is realistic to what the real-world stock market is like.

According to Hessler, the amount requested makes up 0.7 percent of the overall general fund. Despite the small amount, some representatives were hesitant to give money toward prizes.

"I know that when other clubs give prizes for participating in events like this, the money does come from entry fees and fundraising they've done in the past so I'm a little bit iffy about this," Samantha Couture of AMS said.

Hessler's request for \$200 was approved, but club representatives did suggest the Student Investment Group look into buy-ins or dues in order to pay for prizes in the future.

The SGA voted to pur-

chase a Dell Vostro 430 computer for the Student Activities and Leadership Center for \$1917.34.

Although another cheaper iMac with a larger screen was an option, the representatives voted for the Dell with the faster processor.

"Aren't you guys proud we had a civil conversation about this?" Tim Cappalli, vice president of SGA asked the representatives, referring to the previous discussion about computers at the last meeting.

Although a request from Outside the Box was made to reallocate \$200 from the speaker fund to the AIGA (American Institute of Graphic Arts) fund, a representative failed to appear during this week's meeting. Club representatives voted to move on without considering the request.

Public Safety Log

Public Safety responded to a theft in the Vail parking lot Dec. 3 at 10:15 p.m.

On Dec. 4 at 2:00 a.m. a report of vandalism and destruction of property in Whitelaw was filed.

Public Safety responded to two incidents of underage drinking in Whitelaw on Dec. 4 at 3:10 a.m.

A backpack was reported stolen from the Stevens Dining Hall on Dec. 4 at 4:05 p.m.

Public Safety responded to two calls of underage drinking and unlawful mischief in Whitelaw at 1:43 a.m.

Unlawful mischief and destruction of property was reported at 6:40 a.m. on Saturday on the first floor of ASAC.

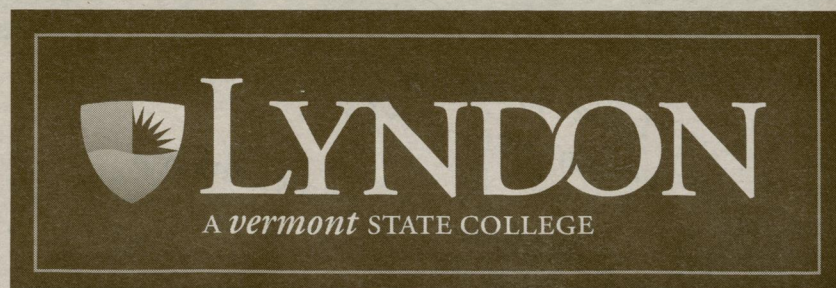
Public Safety responded to a student worker parking issue on Sunday at 7:50 p.m.

Two incidents of underage drinking occurred in the parking lot of Wheelock on Tuesday at 11:40 p.m.

Public Safety responded to a verbal dispute on Tuesday at 11:45 p.m. in Crevecoeur.

Public Safety found a homemade bong in a classroom on the third floor of ASAC on Wednesday at 5:35 a.m.

New logo shifts focus away from "state"



Danielle Drown
News Correspondent

Lyndon State College has a new appearance for all to see not only on paper and the web, but essentially everywhere else as well.

A new logo for the college has been released, with a greater emphasis on just the word Lyndon compared to prior logos that put equal emphasis on Lyndon State College.

Susan Gallagher, the coordinator of public information at Lyndon, said the college's Uniform Messaging Committee had been working on designing the new logo.

"This group plans to be sure that Lyndon presents a consistent positive image to the public," said Gallagher.

The new logo was shortened to Lyndon to help emphasize the college and to present a more current image.

"We felt shorter was better, especially in Web applications," said Gallagher. "We also thought it would pack a bigger punch."

The Uniform Messaging Committee, along with the college deans and president, have been working with the college's graphic design

consultant, FLEK, for the last year to create the new logo. The prior logo had been altered so many times that a consistent logo had been lost, said Gallagher.

"The logo has changed more in the last 10 years than in the last 20," said Donna Wheeler, the director of conferences and events, who has been at the college for 30 years.

Wheeler's favorite aspect is the sunshine graphic, to the left of 'Lyndon', but fears the logo will lose something by becoming black and white during the photocopying process.

The new logo will begin its appearance on letterhead as soon as the old letterhead has run out. The official, round seal will still be used for certain situations.

About the new logo, Gallagher said, "I really like it. I believe it is the best one the college has had. It is not gimmicky and I think it projects a solid image to represent Lyndon."

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Letter to the Editor: Are exit essays necessary?

To the Editor:

I am writing to the editor to ask why all students have to take an exit essay. Every freshman has the pressure to work hard and pass courses.

Even if we work hard and get a good grade we can still lose a letter grade at the

end of the semester. This is because the exit essay drops a letter grade if they don't pass. How is this fair?

If someone has a good grade throughout the semester and then freak out on a final essay they lose a letter grade. And it shouldn't work that way. Another issue with this exit essay is

the time someone gets to write the essay. Some people take a long time to do their best on a paper. For some people they have to write one part, take a break, and then go back to it. For this essay they are only given 55 minutes and one day to do it. I personally need to do a paper in a couple days to do

my best. And I have a hard time doing things when I am timed.

When someone is timed another factor plays a part. This other part is called anxiety; how is someone supposed to do their best if they are too worried about how much time they have left? Either way this exit essay

should have some adjustments made.

It shouldn't have such a big affect on their final grade and the writer should have as much time as they need to do their best and succeed.

Sincerely,
Katelyn Thomas

Letter to the Editor: the monster that is the Jonas Brothers

To the Editor:

The Jonas Brothers: no matter how much you despise them or how much you love them, there is no avoiding them. They have exploded onto the music scene within the past few years and have surprisingly become one of the most successful bands in the industry. It seems like their faces are showing up wherever I turn, even on the cover of Rolling Stone. Since the very first time I encountered the Jonas Brothers, I knew they would be no different from any other boy band; they were specifically engineered to devour the money of naïve young girls. There is no denying that they have become a corporate empire, and

abomination spawned from the bowels of one of the most powerful entities in the world today: the Walt Disney Company.

We all know how boy bands thrive, and that is through sexuality. As if it is not ironic enough that the family-friendly conglomerate endorses this sexuality, the Jonas Brothers have vowed to God that they will remain pure until marriage. Kevin, Joe, and Nick each wear a purity ring symbolizing the promise they keep to abstain from sex until marriage. I respect the boys' religious views; however, boys will be boys and by the age of twenty, it is not unreasonable to assume that Joe has had relations with a woman

(or a man for that matter). To me, the purity rings are suspicious. I would even go out on a limb to say that they were a publicity stunt put in place by their overlord. Regardless of the truth behind the rings, it is painfully obvious that the Jonas Brothers are extremely sexual, or at least used as sexual icons. Certainly, this claim cannot be denied when the clear proof is printed on the cover of Rolling Stone.

I appreciate music in all forms, but don't exactly enjoy it all. As an art form, music challenges us to go through the process of analysis called criticism. This way, we can understand the art in order to assign judgment. Listening to the Jonas

Brothers is quite possibly the cruelest form of torture possible, but putting my mental state aside, I listened to the Jonas Brothers so that I could make a legitimate judgment. The Jonas Brothers' material sounds awfully similar to the worn out pop music of Hanson and other boy bands of the era. Listening to "Burnin' Up," I had mistaken it for a cover when in fact, it was an original. It was easy to mistake it as a cover because it sounds so much like everything other song in the pop genre.

I have a vendetta against this monster. It appears as though they are simply bent on sucking teenyboppers' wallets bone dry across the country. They have made

millions of dollars from touring alone, yet for some reason they have taken each and every opportunity to make more money. They have starred in several films, and recently, the brothers have even established their own television series titled: Jonas. It sounds to me like somebody enjoys being in the spotlight a little too much; either that or they like their money an awful lot. Surely I cannot be the only one who sees that the Jonas Brothers are killing the music industry. Seeing them on the cover of such a prestigious music magazine sickens me.

Sincerely,
Ethan Mitchell

Words of wisdom: It is all about self-respect

Arianna Millington
Critic Staff

"Respect yourself and others will respect you" – Confucius.

Many people who don't know me very well will often mis-pronounce my name. Up until middle school I didn't really care, you know? "Air-E"

"R-E" big difference. It took my father telling me to gently correct, and to not tolerate or compromise my own name, especially since part of my name is his name (Arie).

He told me that by not letting people call me anything, that's respecting myself, and the more I cor-

rect, even here today at LSC, the more I feel respected. My friends will often tell you: "yeah she's high maintenance" and "she's serious about her schedule, and won't waste her time with foolishness." People know I don't play.

Even my boss will tell you that when I'm in a professional setting, I'm all business, and I appreciate her trust, seriousness, and respect she gives me at work, and I know that's all because I won't even let people mispronounce my name! Some people confuse it with conceitedness, but I figure it this way: if I don't love and respect myself, no one else will.

People (especially jerky guys) can smell low self-esteem like a dog picks up any other scent. Respect for one's self is like a perfume that makes you irresistible to good people and repellant to people who know they can't take advantage of you. Try this:

Application: Think of something

you never liked that a close friend or even a teacher does that offends you. Either privately or with audacity publicly address the issue and let that person know that you feel negatively towards it. Even if it doesn't change rapidly, or much, or even at all, you still stood up for yourself and your morals and that person will always think differently of you; respect is contagious!

Example: I DO NOT like profanity. I never use it, and I don't tolerate when people speak it to me. By simply expressing this to people who hang around me, even strangers know I don't like to hear it, and apologize when they use it around me. That's respect!

Report your progress- If you try this application, and you like what you've done then please, let me know. Positive feedback is more proof that slowly persuades someone else to try, slowly improving our world!

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

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Cell phones shut down during finals Hiked-off enlightenment

Aimee Lawton
Entertainment Editor

As final exams approach professors are cracking down on policies regarding the use of cell phones and other portable electronic devices in class.

During previous years several professors have had incidents with students using cell phones, iPods, and other electronic devices during inappropriate times, forcing them to take disciplinary action, which has included failing students on their exams.

As a way to avoid this from having to happen in the future, policies have been developed by individual professors that prohibit cell phone use during final exams, as well as regular classes.

Mike Dente, chief technology officer at Lyndon developed a policy last year after what he refers to as "a frustrating incident with a student and his cell phone."

According to an e-mail that he sent out to faculty and staff this policy is used during both regular classes and exams, with different rules accompanying each. Cell phone use results in students receiving absences after being asked to leave, and losing 5 points off of their final grades if they answered them. These same rules apply during finals week with added consequences such as receiving an "as is" grade if a phone goes off, and a zero if it is used.

Other professors also have policies this year that are prohibiting cell phones. Most of them do not apply just for finals, but all of their regular classes as well, and are specified as a part of their syllabi and class requirements.

Philip Parisi, professor of visual arts, has a policy targeted at the use of both internet and cell phones.

According to Parisi's syllabus, "students are going to be working on and off the in-

ternet in [his] class. Using the internet during class time that is outside of instructor instructions or parameters will result in an absence. Students are to have cell phones turned off. NO TEXT MESSAGING. If a student has a business or personal situation requiring that a cell phone be on [they are asked to] please advise the instructor. Any unauthorized use of cell phones will also result in an absence."

Alan Giese, professor of natural science and biology, says that students' cell phones should not go off unless they have an emergency, and are then asked to leave the classroom upon receiving the call.

Meghan Meachem, professor in the television studies department, requests that cell phones be turned off during her classes, and for final exams and presentations. If a cell phone is to go off, a student receives an immediate absence and is asked to leave class.

Steve Cormier
News Editor

Welcoming winter on a slowly snowing stroll in the woods the void of voices – summer's song sung – was still more beautiful to him than any company. In loud crowds it was loneliness that he bought drinks for. That lusting for comings and goings ceased to exist as soon as he crossed the tameness of the towering trees glancing over man's manifested madness.

Far from the congregating college, its domed domain disappearing behind a senate of silence, the wisdom of weathering nature debated in infinity its own completeness. He would always say he was intrigued by this forested philosophy.

And it was in nature on this winter's day that there occurred a stream before him, striking prose against the semantics of the soil's stand. He had opened its company when he made his way between that rock and this tree. It was a friend to him.

When he huddled down next to the waters, squatting in its colleague the brush, he enjoyed listening to its hushed words – not so much words but more a rushing and gushing over itself, over the inevitable, over the ocean. The depth of its well was far greater to him than the rambling and gambling of civilization.

These two hemispheres – eastern nature and western man – had become such to him that he merely strode the aisle between as they too merely disappeared into the world. Yeah, he strived to believe that, desperately. He strived to believe the aisle more forgiving the man with no earthly goals. And the path was so struck by him, and he by it, that he no longer needed the two-faced guidance anyways. After some

rises of earth and sun it would be within transition, of the wooded camp to cathedral, where he could cease his mechanics.

A clearing at the crossroads – in the pines and in the hike – always allowed the dim glow of the snow gods to lazily lounge so that time ceased. That is why he found this place so holy. Had not the floor given to the late hour's cold touch he would sit in wonder, but his own life inevitably peering in had made him a lapsed practitioner.

Despite nature's choir swiftly rustling high branches, moaning goodbye to the summer's sun, his attention was periodically perverted by noxious noisy cars in the distance. He had to curse over the break in this personal program by commuting commotion. He knew his presence too would be perverted: crossroads always the transition.

Leaving the cathedral gave way to that Sunday sensation – sunken regret. A swift sun fell, shining behind him, no longer with him, over the colder pond. And though the once flowing colors of autumn that surrounded its shores now lay individually below its voided surface his mind loved the colors anyways – he would violently avoid turning around to let the brittle barren reality prove him wrong.

The twisting trek as it would become, as it always did, would transform darker and darker, always rigidly righting him to the level of paths he was not welcome on nor had the drive for.

And as he cleared the last triumphed "timbered" trunk and emerged over the surface street, over the finished fence, he tried to remind himself of something but disappeared too, somewhere in the falling snow of the soccer field's own white embrasure.

Textbook returns yield needed holiday cash

Tara Parenteau
News Correspondent

Selling your used textbooks is an easy way to earn quick cash before the holidays, but the bookstore is on the lookout for people trying to sell books back that are not theirs.

Bookstore manager Anita Little-Drown has some useful tips for students and the safety of their textbooks.

In an e-mail Little-Drown said to sell a book a customer needs to have their picture ID and the book they intend to sell. The bookstore will scan the book and tell students what they can offer for that particular book. Students will be asked to fill out paperwork and the receive given cash on the spot.

Little-Drown says no receipts are needed for the transaction. The bookstore

buys books that they have a need for year round, and the best time to sell is before an upcoming semester. If the bookstore has an open order for the book trying to be sold, and the book is in good shape, the price they offer is generally about half of the retail price.

Selling textbooks also comes with the worry of stolen items trying to be sold back to the bookstore.

Little-Drown recommends students place a small mark in their book so that they can identify it easily. Some examples include to write initials on the page of your favorite number, or to circle a specific page number in each book. She feels students books are assets and should be treated as such. Books should be treated with the same care as an iPod.

Consequences of selling

stolen books are handled by the college, Little-Drown says. She could not cite specific numbers of stolen textbooks this year or give specifics on identifying stolen books, but the software in the bookstore can assist in the process.

George Hacking, director of public safety, said all he can do is investigate and send information to student life for a judicial hearing.

Also in an e-mail, Hacking said they always have the option of sending it to the State Police if the school decides it is a better venue.

Little-Drown says the bookstore also buys books that are needed by a wholesaler, those titles they ship to the appropriate vendor. Those titles the bookstore does not generally pay half for, they offer the current wholesale price.

Incoming applications for Lyndon State College down from last year

Joe Rivet
News Correspondent

Despite a lack of applications, the Lyndon State College admissions office remains optimistic about the upcoming semester.

"The spring semester's new students are predominantly transfer students. We have been advertising in print and on the radio to attract students," Dean of Admissions Patricia Krahnke

said.

As of this week the admissions office has not received as many applications as it had last year at this time, but Krahnke insists it is not a cause for concern.

"We have plenty of applicants," said Krahnke, "we just not received every part of their applications yet."

Until the application is received in full the student can not be counted as an applicant.

"We are more interested in seeing intention behind the applications more than anything else," Krahnke said.

Deposits from prospective students are higher than they were at this time last year, showing that more of the applicants are seriously considering coming here instead of thinking of Lyndon as a fallback. Krahnke feels that the increased number of deposits makes up for the lack of applications.

New students are not the only group that admissions is working on recruiting. The admissions office is happy to see so many current students registering for the next semester.

"There have been more current students registering for next semester than there were last semester," said Krahnke. "That's certainly encouraging. We do our best to get students by keeping costs low and giving finan-

cial aid."

Krahnke also noted that for many students, money is the biggest factor when choosing a college.

"We do the best we can with financial aid," said Krahnke. "We are a small college so we do not always have the funds to meet people's needs. We look at each family individually and determine how much they would need and how much we can give them."

Students and faculty cautioned about phone and e-mail scams

Erin Milne
News Correspondent

In light of recent problems, Lyndon State College Public Safety and Information Technology departments are urging the college community to be alert for e-mail and phone scams.

E-mail scams have been prevalent on campus this semester, according to Michael Dente, Lyndon's chief technology officer.

In the most recent scam, hackers send e-mails telling recipients that they are part of a "State Wide H1N1 Vaccination Program." These e-mails provide a link to a fake Centers for Disease Control and Prevention Website, where recipients are asked to create a "vaccination pro-

file."

Once recipients click on the link, malware automatically installs itself on their computers, giving the hackers complete control of these computers.

Also common are so-called "phishing" scams, in which scammers posing as Lyndon's IT department send e-mails asking recipients for their usernames and passwords. The scammers then use this information to send more scam e-mails from their victims' e-mail accounts.

IT's spam filters block many of these e-mails, but some still find their way through, and several people have fallen for the scams this semester. According to Dente, IT will never ask for

usernames and passwords through e-mail, and the department encourages people never to respond to an e-mail request for this information.

Phone scams have also been a problem. According to George Hacking, director of public safety at Lyndon, the family of an Lyndon student was recently contacted by a scammer who claimed that one of the family's relatives had been arrested in Canada and asked them to send bail money.

This scam has been attempted on many other area residents, most of them elderly, and the Vermont State Police are currently investigating it. While this is the most serious phone scam to affect the Lyndon community this semester, many of

the college's departments have received harassing calls from a belligerent person.

After being hung up on, the person will often call back, become more aggressive, and pretend to be a sheriff from a small Midwestern town, according to Hacking.

The reason for this scam is unknown. Hacking believes it may simply be a prank, though he says the scammer may possibly be looking to put together a reality TV show based on the responses of the people they have called.

Hacking says that similar scams have plagued LSC for years, and the college has not received any more scams than usual this year. He admits there is little the college

can do about these scams other than educate its students and staff on how to protect themselves. For scams involving money, however, Lyndon will often alert the Vermont Attorney General's office.

Hacking also advises students to beware of identity theft, which he calls "one of the worst things, nonviolent, that can happen to you."

Hacking warns people to protect themselves against this by shredding personal documents before throwing them in the trash and by making sure their information is secure when shopping online.

Identity theft can ruin a person's credit and reestablishing good credit can take years.

Being from outside Vermont may increase your car insurance rates

Sarah Aube
News Correspondent

Don't let your car insurance provider in on the secret that you're keeping your car in a crowded parking lot away from home.

I did, and they are making me pay. I heard stories of students having to pay more for their car insurance while staying on campus.

I couldn't seem to find any verifiable facts of this anywhere, so I did the only practical thing. I called my insurance company, Geico, and asked if there was any difference.

I meant to do this anonymously, but things got

tangled up quickly. The customer service man asked me my name, and upon typing it into his machine, he quickly found that I have an existing policy with them.

He then transferred me to a customer service woman named Andrea, who coerced me into admitting that, yes, I was the college student I was speaking of and that I had my car on campus.

In return for my honesty, she upped my policy by \$25 every six months. She said that this was because the rates that applied were different for every area.

"The area could have higher animal population,

higher theft rates, more crashes, worse intersections, or a number of other things to make the rate higher," Andrea said.

I was curious so I got a quote from Geico online using my home address and another one using the school

address. I got the same exact premium for both.

The real reason, which Andrea briefly explained to me, is because I'm on my parent's insurance and I'm away from home.

"It's because now you're the one keeping the vehi-

cle," she told me, "and because you're under 25."

They had never before asked me or my parents where my vehicle was being kept. If I would have just kept quiet, they would've never known.

Don't drink and drive or walk

Moriah Pratt
News Correspondent

Don't drive or walk when drinking.

Drinking is a common pastime among students on college campuses, which can be a safe activity with the right precautions and control. But when does drinking become binge drinking?

Binge drinking is when you drink a lot of alcohol in a short amount of time.

"Most studies consider a 'large amount' of alcohol to be four drinks for a woman and five for a man, but we all know that everyone has a different tolerance level," said Abby Provost, a registered nurse.

Binge drinking can affect so many things, both physically and mentally. Being drunk in general affects basic judgment skills, which is why you should not drink and drive.

"One study states that it is eight times more dangerous to walk a mile while drunk than it is to drive a mile while drunk. With this said - I would never recommend a drunk to drive," says Provost. "However, the study shows that a person is more at risk to fall while walking a mile drunk - possibly getting a head injury, hit by a car or simply passing out and becoming hypothermic, which can cause death."

While binge drinking is dangerous for everyone, it has increased risks for diabetics.

"Diabetics are unable to control blood sugars when drinking and tend to make poor diet choices," says Provost. "By having fluctuating blood sugar it puts increased stress on the kidneys and pancreas which are already compromised by being a diabetic."

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Young Hornets look to gain experience

Nicholas Russo
News Correspondent

The Lyndon State College men's basketball team is looking to learn from a recent loss.

The Hornets fell to an even 3-3 on the season after losing a four-point game to the Western New England College Golden Bears. The Hornets started the game on a roll, jumping out to lead and showing signs of a possible blowout.

"I thought we came on fire in the first few minutes of the [first] half," said Avery King, a freshman guard. "We were really going on all cylinders. Then, once they got warmed up, they were getting in a groove around the five minute mark."

Joe Krupinski, the team's second-year head coach, echoed this sentiment, claiming that the team "didn't play a full forty minutes again, played in spurts and played like the young team that they are."

According to King, a combination of factors led to Lyndon's demise in the game.

"Everyone was contributing until the end," said King. "But a few bad turnovers by us and three successful shots

by WNEC in the final minutes put the game away."

Going into last night's contest on the road against Plymouth State University, the team expected to face a challenging environment.

"Plymouth is a veteran team, which we are obviously not," said Krupinski. "As a result, the game will be a good test for us. That's why we wanted to play such a difficult non-conference schedule, so when we get back from semester break we will be ready for conference play."

King said the game will be interesting, since both Lyndon and PSU beat Salve Regina in the Wheaton tournament by double digits.

"If we come out blazing and can keep it up throughout the game, everything will be alright" said King.

With the most important part of the season yet to play, the 3-3 Hornets are in a position to get stronger. The last chance to see them in action at home before break will be this Saturday at 2 p.m. as they take on New England College.

The results of the men's game versus PSU were not available at the time of publishing.



Photo by Aimee Lawton

The men's basketball team huddles during its loss to the Golden Bears.

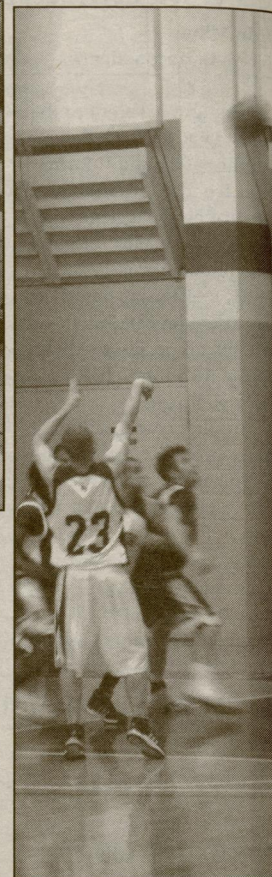


Photo's by Aimee Lawton

Top: Senior Pat McCarthy watches his shot while Jason Gray (15) looks for a rebound. Gray picked up 18 rebounds in the game.

Right: Sophomore Logan Calkins shoots a free throw in the Hornets loss last Saturday. Calkins had 14 points and nine rebounds in the loss.

Left: Pat McCarthy takes a jump shot during Lyndon's 86-82 loss to Western New England College.



Dartmouth dishes dough to Hornets

Sam Monroe
Managing Editor

The Lyndon State College men's basketball team is holding a fundraiser this weekend, but they are not looking for your money.

Dartmouth College will be contributing to this fundraiser. The Division I team has invited the Division III Hornets down to play a game this Sunday, Dec. 13. Hornets Head Coach Joe Krupinski declined to comment on the amount of money Dartmouth is contributing to the game, saying he wasn't sure if the officials at Dartmouth would be comfortable with the number being released.

"A lot of teams are forced to do other things for fundraising, we can do it by playing a game," Krupinski said, "It is a win-win."

The game could be a good measuring stick for the young Hornet's who currently sit at 3-3 with a game last night (results were not available at time of printing) and a contest Saturday against Plymouth State. The game could provide a boost of motivation for the Hornets who will be facing a 1-5 Big Green team. Dartmouth will play Army on Saturday before playing the Hornets.

According to Krupinski, Dartmouth hosts a DIII team every season. Last season Plymouth State played the Big

Green and lost 96-47. For the 2007-2008 season, Dartmouth invited Daniel Webster to play, promptly beating them 88-52. Last season, the Hornet's defeated Plymouth State 59-55.

Krupinski said that Plymouth State was unavailable and that he knows the former assistant at Dartmouth and he tossed the idea out there of being interested in playing Dartmouth for their DIII game.

The coach said things just ended up coming together and working out, "it is a great thing for our program. We are striving to play the best competition we can in the non-conference games and this is one of those games."

"We will have our hands full, but we are going to go down and compete on every possession like we do in any game," said Krupinski. "We are just going to take it as a good challenge. We are going to play like we play and see how we do."

It will be the last game of the semester for the Hornet's. Krupinski said no matter what happens, the team will have a break and be able to regroup.

"All the pressure is on them, they are supposed to win and by a lot. That's why they are playing the game," said Krupinski of the Dartmouth team, who is also a very young team and seem to be struggling at the start of

the season.

The Hornets have yet to play a conference game this season and are looking ahead to the second semester schedule, where they will play all of their conference games.

According to Krupinski, Husson and Thomas have separated themselves as the favorites in the conference.

"We are a dangerous team, I don't know if we are a good team yet because we still have some lapses and do things that really good teams don't do. But I think we are a dangerous team and if we can keep improving on that and become a good team by the end of the year, then nobody will want to play us," Krupinski said of his team's first semester performance. "It has been a learning experience, and were not happy, but we are okay with where we are right now."

"The crowd has been terrific (during home games). I was proud of the support the community and school showed the team," Krupinski said of the first home game. "I think the crowd has an affect on our performance. It was a good atmosphere to play in and hopefully we can make it like that every time. We try to encourage our guys to go to all the athletic events they can, and I think we should encourage the student body to support all of the teams."

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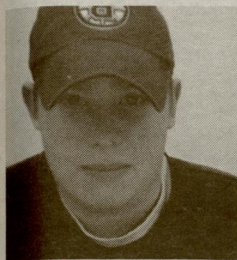
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The Monroe Doctrine: *Love hurts*



Sam Monroe
Managing Editor

Fans fall in love so easily. We devote so much of our time and even our money to the teams and players that we love.

Sometimes, our teams and our players break our hearts, it is just the sad truth.

Players leave for different teams, they leave in search of more money to fuel their spending habits and sometimes they leave us just because they don't like us anymore. But they can hurt us in other ways, too. Lot's of times, especially in baseball, we find out that our childhood hero has cheated or lied to us. How could they? Well I will tell you why, it is because a lot of them don't care about us.

Sometimes players don't want to leave us, sometimes they get traded for the better

of our team, but it hurts just the same, doesn't it?

If you don't know by now, I am a Boston fan, I have watched so many of my favorite players walk away, lie, cheat or get traded. From Mo Vaughn to Ray Bourque, Johnny Damon, Manny Ramirez, Pedro Martinez, Phil Kessel, and Adam Vinatieri just to name a few. In the national spotlight, guys like Brett Favre, Alex Rodriguez and many others have torn the hearts out of fans.

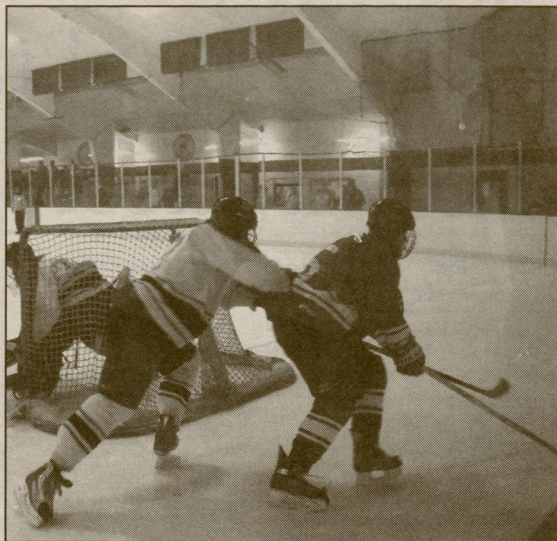
The players are not the only ones who hurt us. The teams do it too. The Red Sox and Cubs have broken hearts for decades. The 2003 Red Sox were supposed to win it all, instead they ripped hearts out. The 1996 Patriots were poised for a Super Bowl Championship, that ended in broken hearts. Or the Bruins from the late 80's and early 90's, or the Bruins of a the early 2000's and even last year. They were first place in the conference and ready to end a drought. But instead of that shiny trophy riding through the town on duck boats, fans across the country are left with wet eyes and a Kleenex box when their team doesn't deliver.

But there is a difference

between players and teams. Yes they both break hearts, but when a player does it, most of the time, they are gone and never look back; they ride off into the sunset with the new contract and the new uniform.

But the team, they never leave you. Every year, they keep coming back for more, ready to give you what you deserve. It doesn't always work. In fact, most of the time it doesn't work. But they are still there for you. In Green Bay, Favre left, but the Packers didn't. Ray Bourque went elsewhere to find his Stanley Cup, but the Bruins still skate in the Garden. Manny Ramirez went to Hollywood to give it his 'best' effort, but the Red Sox still play their guts out in front of that green wall. A-Rod left Seattle for the Texas money and then left Texas for the Yankee money, but the Mariners and the Rangers still put a team out every summer. Theo Epstein shipped Mike Lowell to the Rangers, yet the Red Sox will still put someone at third base.

In sports love is a dangerous game. Never fall in love with your favorite players because it's not the fall that kills you.



Photos by Melissa Mulhisen

Above: Ricky Paparo battles for the puck behind the net. Below: Ben Sampson denies Springfield a goal with Christian Henault (3) and Brian Parish (4) back checking during Lyndon's 5-4 overtime last Friday.



Photos by Melissa Mulhisen

Above: Corey Pronto (20) brings the puck down the ice. Below: Christopher Martin (7) battles a Springfield player for the puck in the corner during Lyndon's 5-4 overtime win last Friday.



The Hornet Report: *Rest coming for the weary*

Sebastian C. Lury
Sports Editor

Women's Basketball

After defeating Vermont Technical College at home last week, 70-45, the Lady Hornets took a week off from games before hitting the court again last night. The Lady Hornets took the court in Plymouth for a showdown with Plymouth State University. Results were not available at time of publishing. For updated scores, go the www.lyndonstatecritic.com

Upcoming events:

Dec. 12, 2009

12 p.m. vs.

New England College

Jan. 10, 2010

2 p.m. vs.

Middlebury College

Jan. 12, 2010

7:30 p.m. vs.

Green Mountain College

Jan. 19, 2010

7:30 p.m. vs.

Castleton State College

Standings (as of Dec. 10):

Lyndon State 5-1

Green Mountain 3-3

Maine Maritime 2-3

Castleton State 3-5

Johnson State 2-4

University of Maine-

Farmington 1-4

Husson University 0-5

Thomas College 0-6

Men's Basketball

Having won two straight

games, the men's basketball team fell last Saturday 86-82 at home to Western New England College. The men tried to shake the loss last night at Plymouth State University, results were not available at time of publishing. For updated scores, go the www.lyndonstatecritic.com

Freshman guard, Avery King earned North Atlantic Conference honors for a second time this season. King was named NAC player of the week for the week of Nov. 13 through Dec. 6.

Upcoming events:

Dec. 12, 2009

2 p.m. vs.

New England College

Dec. 13, 2009

2 p.m. @

Dartmouth College

Jan. 10, 2010

4 p.m. vs.

Middlebury College

Jan. 12, 2010

5:30 p.m. vs.

Green Mountain College

Jan. 19, 2010

5:30 p.m. vs.

Castleton State College

Standings (as of Dec. 10):

Thomas College 5-1

Husson University 3-3

Lyndon State 3-3

Castleton State 3-3

Maine Maritime 2-5

Johnson State 2-6

Green Mountain 1-4

University of Maine-

Farmington 0-5

Hockey

The Lyndon State College hockey club is in second place in the Colonial North division heading into a weekend match-up with the fourth place Norwich Cadets.

The Hornets are looking to put an embarrassing loss to first place Daniel Webster behind them. The 11-2 drubbing came Saturday just one day after the Hornets pulled off a thrilling 5-4 overtime victory of the Springfield College Pride.

Sophomore forward Corey Pronto scored the overtime game-winner, his second goal of the game. He also netted both of the goals in the Daniel Webster loss. The loss snapped the Hornet's two game winning streak.

Heading into this weekend's game, the Hornets have netted 30 goals in six conference games with the Cadets getting 15 in three conference games. The Hornet's have been scored on 33 times and the Cadets have had 18 goals scored against them.

Upcoming Events:

Dec. 13, 2009

5 p.m. @

Norwich University

Dec. 18, 2009

7:30 p.m. vs.

Rhode Island College

Standings (as of Dec. 10):

Daniel Webster 6-1

Lyndon State 3-2-0-1

Springfield College 2-1

Norwich University 2-1

AMS annual talent show a success

Aimee Lawton
Entertainment Editor

The AMS annual talent show featured 12 performers who showcased a variety of talents.

This year's show was held on Dec. 4 in the Alexander Twilight Theatre. While some chose to sing, dance, and play musical instruments, others chose to display more unique talents such as unicycle riding and a "full body traverse."

The show kicked off at 7 p.m. when hosts Garrett Combs and Samantha Couture took the stage. Combs and Couture, both members of the AMS executive board, worked well together to entertain the audience and provide creative introductions to each of the 12 performances. They were also able to communicate well with the judges; including guest judge

Scott Baker who was randomly chosen from the audience prior to the first performance.

Performers were judged in a variety of different categories based on different characteristics that they brought to the stage. They were judged not only on how well they performed, but also on originality, comfort level, and audience approval. Scores were rated on a scale from 1-10, with 1 being the lowest and 10 being the highest.

The show lasted just under two hours, with a 15-minute intermission half way through, when the raffle for a Pizza Man gift certificate took place. Each performer's talents shone through on stage, leaving the audience far from disappointed. At the conclusion of the show, all performers were asked to return to the stage

while the judges tallied up their scores. The third place winners and recipients of a Price Chopper gift certificate were Sam Gaddes and host Samantha Couture, who performed a "full body traverse." The second place winner and recipient of a \$25 Applebees gift card was Samantha Singer, who performed an original dance routine to Christina Aguilera's "Keeps Gettin' Better." The first place winners and recipients of 2 \$25 Exxon Mobil gas cards were the Lyndon based band "Double Downs."

Other performers included Bethany Card, Adam Rutt, Christopher Arsenault, Paul Thibault, Jennifer Falsetti, Teddy Fournier, Karen Sague, John Hickey, Matt DiPirro, Grace Young, Michael Farmer, and Eva Besette.



Winners- "Double Downs"

Photos by Aimee Lawton



Second place winner Samantha Singer



Third place winners Sam Gaddes and Samantha Couture

'Tis the season to be... naughty!

S.E.X
Critic Columnist

So you've been good all year through, but what Santa really wants is a little naughty side too. For those of you who are single....get ready to mingle. New Years is right around the corner and you're going to want someone to share that special

midnight smooch.

And for all the couples out there, make sure the one you're with knows how special they really are. Snuggle up by a warm fire (dressed up or down). Don't fret about gifts because whatever you get the other is something they will love. Plus the best gift in the world is each other. Spice up your sex life,

it's the most wonderful time of the year. And when it's time to count down the clock be sure to leave an everlasting mark. Be safe, and I'll write you in the New Year. Happy Holidays!

Also ladies, don't leave his chestnuts roasting.



All performers on stage at the end of the show

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